

Supplementary section A

In the tables below, we summarize the means and the standard deviations for each variable measured in our study

Positive emotions			
		Mean	SD
Joviality			
Happy		3.30	1.05
Joyful		3.25	1.07
Delighted		3.14	1.13
Cheerful		3.27	1.12
Excited		3.06	1.17
Enthusiastic		3.03	1.21
Lively		3.13	1.17
Energetic		3.12	1.18
Self-assurance			
Proud		3.18	1.26
Strong		3.26	1.23
Confident		3.28	1.18
Bold		3.03	1.25
Daring		2.90	1.23
Fearless		2.84	1.21

Negative emotions			
		Mean	SD
Guilt			
Guilty		2.25	1.24
Ashamed		2.15	1.21
Blameworthy		2.15	1.25
Angry at self		2.39	1.25
Disgusted with self		1.95	1.19
Dissatisfied with self		2.31	1.23
Sadness			
Sad		2.48	1.21
Blue		2.45	1.26
Downhearted		2.35	1.26
Alone		2.33	1.33
Lonely		2.29	1.31

		Mean	SD
Happiness		6.40	2.18
Happy		47.30	25.49
Unhappy		28.49	22.64
Neutral		35.01	22.94
Life satisfaction		4.32	1.29
Meaning in life		4.24	1.03
Optimism		3.95	0.68
Relationship satisfaction		4.58	0.92

Supplementary section B

This section summarizes the analysis on the effect of relationship status on emotional wellbeing and life satisfaction, individually for each country in the sample. Please note that the capital letters indicate the groups from which a mean score was NOT significantly different with (based on the results of post-hoc analysis using Bonferroni). We used the following letters for each group: (I) Single (difficulties in attracting mates), (P) Single (by choice), (B) Single (between relationships), (Ir) In a relationship, (Ma) Married, (O) Other.

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China

Table 1 China

The effect of relationship status on “Joviality” and “Self-assurance”

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.287	.021
Happy	3.14 (1.01) P, B, Ir, M, O	3.22 (.93) I, B, Ir, M, O	3.35 (1.02) I, P, Ir, M, O	3.46 (.90) I, P, B, M, O	3.46 (.97) I, P, B, Ir, O	3.08 (.94) I, P, B, Ir, M		.313	.014
Joyful	2.95 (1.05) P, B, Ir, M, O	3.07 (1.03) I, B, Ir, M, O	3.26 (1.00) I, P, Ir, M, O	3.32 (.96) I, P, B, M, O	3.32 (1.00) I, P, B, Ir, O	2.85 (.97) I, P, B, Ir, M		.158	.019
Delighted	3.08 (.96) P, B, Ir, M, O	3.20 (1.06) I, B, Ir, M, O	3.33 (.94) I, P, Ir, M, O	3.32 (.98) I, P, B, M, O	3.32 (.96) I, P, B, Ir, O	3.00 (1.06) I, P, B, Ir, M		.633	.008
Cheerful	2.98 (1.10) P, B, Ir, M, O	3.09 (.97) I, B, Ir, M, O	3.24 (1.06) I, P, Ir, M, O	3.29 (1.03) I, P, B, M, O	3.34 (.96) I, P, B, Ir, O	2.88 (1.21) I, P, B, Ir, M		.413	.012
Excited	2.54 (.93) P, B, Ir, M, O	2.24 (1.05) I, B, Ir, M, O	2.78 (1.03) I, P, Ir, M, O	2.75 (1.07) I, P, B, M, O	2.58 (.97) I, P, B, Ir, O	2.27 (1.19) I, P, B, Ir, M		.214	.017
Enthusiastic	2.62 (.94) P, B, Ir, M, O	2.33 (1.02) I, B, Ir, M, O	2.72 (.91) I, P, Ir, M, O	2.81 (1.00) I, P, B, M, O	2.93 (.98) I, P, B, Ir, O	2.81 (1.10) I, P, B, Ir, M		.129	.020
Lively	2.73 (1.21) P, B, Ir, M, O	2.67 (1.04) I, B, Ir, M, O	2.91 (1.07) I, P, Ir, M, O	2.94 (1.05) I, P, B, M, O	3.04 (1.01) I, P, B, Ir, O	2.69 (1.09) I, P, B, Ir, M		.208	.017
Energetic	2.73 (1.11) P, B, Ir, M, O	2.67 (1.00) I, B, Ir, M, O	2.87 (1.09) I, P, Ir, M, O	2.81 (.98) I, P, B, M, O	3.02 (1.06) I, P, B, Ir, O	2.50 (1.33) I, P, B, Ir, M		.745	.007
Self-assurance								.229	.017
Proud	2.22 (1.04) P, B, Ir, M, O	2.36 (1.03) I, B, Ir, M, O	2.65 (1.14) I, P, Ir, M, O	2.49 (1.09) I, P, B, M, O	2.76 (1.03) I, P, B, Ir, O	2.27 (1.22) I, P, B, Ir, M		.201	.017
Strong	2.51 (1.00) P, B, Ir, M, O	2.51 (1.18) I, B, Ir, M, O	2.91 (1.01) I, P, Ir, M, O	2.74 (1.22) I, P, B, M, O	2.93 (1.06) I, P, B, Ir, O	2.73 (1.43) I, P, B, Ir, M		.470	.011
Confident	2.49 (1.00) P, B, Ir, M, O	2.91 (1.16) I, B, Ir, M, O	3.09 (.99) I, P, Ir, M, O	2.75 (1.06) I, P, B, M, O	3.09 (1.02) I, P, B, Ir, O	2.73 (1.28) I, P, B, Ir, M		.088	.023
Bold	2.14 (.98) P, B, Ir, M, O	2.42 (1.23) I, B, Ir, M, O	2.76 (1.06) I, P, Ir, M, O	2.45 (1.16) I, P, B, M, O	2.92 (1.10) I, P, B, Ir, O	2.50 (1.27) I, P, B, Ir, M		.055	.026
Daring	2.63 (1.10) P, B, Ir, M, O	2.31 (1.08) I, B, Ir, M, O	2.80 (1.05) I, P, Ir, M, O	2.55 (1.12) I, P, B, M, O	2.71 (1.10) I, P, B, Ir, O	2.62 (1.13) I, P, B, Ir, M		.739	.007

Fearless	2.44 (1.09) P, B, Ir, M, O	2.20 (1.12) I, B, Ir, M, O	2.67 (.97) I, P, Ir, M, O	2.56 (1.07) I, P, B, M, O	2.71 (1.19) I, P, B, Ir, O	2.38 (.98) I, P, B, Ir, M	.401	.012
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Table 2 China

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.126	.019
Guilty	2.56 (1.18) P, B, Ir, M, O	1.69 (.93) I, B, Ir, M, O	2.46 (1.22) I, P, Ir, M, O	2.32 (1.14) I, P, B, M, O	2.09 (.96) I, P, B, Ir, O	2.00 (1.10) I, P, B, Ir, M	.101	.022
Ashamed	2.51 (1.20) P, B, Ir, M, O	1.69 (1.00) I, B, Ir, M, O	2.26 (1.16) I, P, Ir, M, O	2.15 (1.11) I, P, B, M, O	1.92 (.97) I, P, B, Ir, O	1.88 (1.03) I, P, B, Ir, M	.131	.020
Blameworthy	2.25 (1.05) B, Ir, M, O	1.42 (.81) B, Ir, M, O	2.22 (1.26) I, P, Ir, M, O	1.86 (1.04) I, P, B, M, O	1.63 (.84) I, P, B, Ir, O	1.62 (1.10) I, P, B, Ir, M	.005	.040
Angry at self	2.67 (1.19) P, B, Ir, M, O	1.87 (1.14) I, B, Ir, M, O	2.57 (1.33) I, P, Ir, M, O	2.35 (1.11) I, P, B, M, O	2.00 (.99) I, P, B, Ir, O	2.19 (1.33) I, P, B, Ir, M	.062	.025
Disgusted with self	2.29 (1.18) P, B, Ir, M, O	1.76 (1.19) I, B, Ir, M, O	2.13 (1.26) I, P, Ir, M, O	1.93 (1.14) I, P, B, M, O	1.60 (.86) I, P, B, Ir, O	2.08 (1.32) I, P, B, Ir, M	.183	.018
Dissatisfied with self	2.73 (1.17) P, B, Ir, M, O	1.98 (1.16) I, B, Ir, M, O	2.50 (1.28) I, P, Ir, M, O	2.44 (1.21) I, P, B, M, O	1.99 (1.01) I, P, B, Ir, O	2.42 (1.27) I, P, B, Ir, M	.134	.020
Sadness							<.001	.027
Sad	2.22 (1.01) P, B, Ir, M, O	1.84 (1.11) I, B, Ir, M, O	2.50 (1.21) I, P, Ir, M, O	2.18 (.98) I, P, B, M, O	2.02 (.97) I, P, B, Ir, O	2.27 (1.31) I, P, B, Ir, M	.121	.021
Blue	2.33 (1.05) P, B, Ir, M, O	2.13 (1.25) I, B, Ir, M, O	2.35 (1.27) I, P, Ir, M, O	2.14 (1.02) I, P, B, M, O	1.96 (1.00) I, P, B, Ir, O	2.50 (1.36) I, P, B, Ir, M	.360	.013
Downhearted	2.33 (1.08) P, B, Ir, M, O	2.13 (1.29) I, B, Ir, M, O	2.24 (1.29) I, P, Ir, M, O	2.08 (.99) I, P, B, M, O	1.95 (1.01) I, P, B, Ir, O	2.23 (1.37) I, P, B, Ir, M	.742	.007
Alone	2.63 (1.21) P, B, O	1.98 (1.22) I, B, Ir, M, O	2.52 (1.30) I, P, Ir, O	2.06 (1.04) P, B, M, O	1.78 (.88) P, Ir, O	2.27 (1.37) I, P, B, Ir, M	.001	.052
Lonely	2.43 (1.15) P, B, Ir, O	1.98 (1.22) I, B, Ir, M, O	2.48 (1.28) I, P, Ir, O	1.98 (1.06) I, P, B, M, O	1.67 (.87) P, Ir, O	2.00 (1.33) I, P, B, Ir, M	.005	.040

Table 3 China

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.84 (1.74) P, B, Ir, O	7.22 (1.81) I, B, Ir, M, O	7.17 (1.68) I, P, Ir, M, O	7.22 (1.65) I, P, B, M, O	7.82 (1.64) P, B, Ir, O	6.85 (1.93) I, P, B, Ir, M	.022	.031
Happy	38.32 (21.46) P, B, Ir, M, O	45.44 (24.63) I, B, Ir, M, O	45.00 (22.11) I, P, Ir, M, O	39.47 (19.23) I, P, B, O	51.92 (23.98) I, P, B, O	40.19 (24.06) I, P, B, Ir, M	.023	.031
Unhappy	26.23 (15.07) P, B, Ir, M, O	25.96 (16.34) I, B, Ir, M, O	24.13 (17.87) I, P, Ir, M, O	23.60 (11.38) I, P, B, M, O	22.33 (14.52) I, P, B, Ir, O	26.54 (18.15) I, P, B, Ir, M	.632	.008
Neutral	36.47 (20.90) P, B, Ir, M, O	29.04 (19.11) I, B, Ir, M, O	33.91 (17.92) I, P, Ir, M, O	38.88 (17.43) I, P, B, O	31.30 (20.69) I, P, B, O	33.46 (19.17) I, P, B, Ir, M	.005	.041
Life satisfaction	3.83 (1.15) P, B, Ir, O	4.03 (1.26) I, B, Ir, M, O	4.42 (1.17) I, P, Ir, M, O	4.21 (1.27) I, P, B, M, O	4.71 (1.18) P, B, Ir, O	3.91 (1.49) I, P, B, Ir, M	.010	.036
Meaning in life	3.69 (.69) P, B, Ir, M, O	3.84 (.91) I, B, Ir, M, O	3.93 (.82) I, P, Ir, M, O	3.92 (.81) I, P, B, M, O	4.27 (.61) I, P, B, Ir, O	4.13 (.94) I, P, B, Ir, M	.211	.017
Optimism	3.84 (.51) P, B, Ir, M, O	3.99 (.56) I, B, Ir, M, O	3.95 (.63) I, P, Ir, M, O	3.97 (.56) I, P, B, M, O	4.14 (.52) I, P, B, Ir, O	3.88 (.70) I, P, B, Ir, M	.645	.008

Egypt

Table 1 Egypt
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.535	.018	
Happy	3.36 (1.21) P, B, Ir, M, O	3.28 (1.03) I, B, Ir, M, O	3.00 (1.41) I, P, Ir, M, O	3.29 (.95) I, P, B, M, O	4.00 (1.23) I, P, B, Ir, O	2.69 (1.25) I, P, B, Ir, M	.205	.017	
Joyful	3.08 (1.16) P, B, Ir, M, O	3.20 (1.11) I, B, Ir, M, O	3.14 (1.38) I, P, Ir, M, O	3.36 (.96) I, P, B, M, O	3.11 (1.22) I, P, B, Ir, O	3.21 (1.27) I, P, B, Ir, M	.464	.011	
Delighted	2.82 (1.05) P, B, Ir, M, O	3.06 (1.03) I, B, Ir, M, O	2.79 (1.01) I, P, Ir, M, O	3.29 (.94) I, P, B, M, O	3.04 (1.17) I, P, B, Ir, O	2.85 (1.29) I, P, B, Ir, M	.104	.022	
Cheerful	3.32 (1.27) P, B, Ir, M, O	3.47 (1.11) I, B, Ir, M, O	3.41 (1.27) I, P, Ir, M, O	3.55 (.89) I, P, B, M, O	3.13 (1.15) I, P, B, Ir, O	3.35 (1.41) I, P, B, Ir, M	.850	.005	
Excited	3.60 (1.22) P, B, Ir, M, O	3.37 (1.19) I, B, Ir, M, O	3.31 (1.23) I, P, Ir, M, O	3.45 (1.13) I, P, B, M, O	3.30 (1.28) I, P, B, Ir, O	3.35 (1.23) I, P, B, Ir, M	.687	.007	
Enthusiastic	3.05 (1.25) P, B, Ir, M, O	3.25 (1.27) I, B, Ir, M, O	2.97 (1.15) I, P, Ir, M, O	3.67 (.95) I, P, B, M, O	3.02 (1.27) I, P, B, Ir, O	3.29 (1.41) I, P, B, Ir, M	.184	.018	
Lively	2.89 (1.31) P, B, Ir, M, O	3.20 (1.23) I, B, Ir, M, O	2.93 (1.10) I, P, Ir, M, O	3.31 (1.12) I, P, B, M, O	2.89 (1.23) I, P, B, Ir, O	3.33 (1.29) I, P, B, Ir, M	.806	.006	
Energetic	3.10 (1.26) P, B, Ir, M, O	3.24 (1.33) I, B, Ir, M, O	2.72 (1.07) I, P, Ir, M, O	3.55 (1.02) I, P, B, M, O	2.89 (1.18) I, P, B, Ir, O	3.29 (1.37) I, P, B, Ir, M	.897	.004	
Self-assurance							.381	.015	
Proud	3.24 (1.24) P, B, Ir, M, O	3.48 (1.21) I, B, Ir, M, O	3.28 (1.19) I, P, Ir, M, O	3.52 (1.19) I, P, B, M, O	3.04 (1.35) I, P, B, Ir, O	3.25 (1.39) I, P, B, Ir, M	.661	.008	
Strong	3.31 (1.18) P, B, Ir, M, O	3.45 (1.17) I, B, Ir, M, O	3.31 (1.14) I, P, Ir, M, O	3.50 (1.22) I, P, B, M, O	2.72 (1.31) I, P, B, Ir, O	3.13 (1.27) I, P, B, Ir, M	.431	.012	
Confident	3.40 (1.15) P, B, Ir, M, O	3.76 (1.11) I, B, Ir, M, O	3.28 (1.36) I, P, Ir, M, O	3.52 (1.13) I, P, B, M, O	3.04 (1.35) I, P, B, Ir, O	3.52 (1.29) I, P, B, Ir, M	.279	.015	
Bold	2.97 (1.16) P, B, Ir, M, O	3.08 (1.06) I, B, Ir, M, O	3.07 (.92) I, P, Ir, M, O	3.19 (.86) I, P, B, M, O	2.72 (1.24) I, P, B, Ir, O	2.69 (1.13) I, P, B, Ir, M	.075	.024	

Daring	3.05 (1.38) P, B, Ir, M, O	3.04 (1.20) I, B, Ir, M, O	3.28 (1.13) I, P, Ir, M, O	3.10 (1.25) I, P, B, M, O	2.67 (1.23) I, P, B, Ir, O	2.73 (1.20) I, P, B, Ir, M	.419	.012
Fearless	2.79 (1.23) P, B, Ir, M, O	2.99 (1.19) I, B, Ir, M, O	2.69 (1.17) I, P, Ir, M, O	3.12 (1.11) I, P, B, M, O	2.37 (1.12) I, P, B, Ir, O	2.71 (1.13) I, P, B, Ir, M	.118	.021

Table 2 Egypt

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.819	.011
Guilty	3.55 (1.28) P, B, Ir, M, O	3.43 (1.27) I, B, Ir, M, O	3.69 (1.23) I, P, Ir, M, O	3.40 (1.25) I, P, B, M, O	3.37 (1.53) I, P, B, Ir, O	3.37 (1.51) I, P, B, Ir, M	.749	.006
Ashamed	3.60 (1.21) P, B, Ir, M, O	3.67 (1.18) I, B, Ir, M, O	3.45 (1.24) I, P, Ir, M, O	3.45 (1.11) I, P, B, M, O	3.43 (1.29) I, P, B, Ir, O	3.58 (1.27) I, P, B, Ir, M	.379	.013
Blameworthy	2.81 (1.30) P, B, Ir, M, O	2.66 (1.21) I, B, Ir, M, O	2.86 (1.27) I, P, Ir, M, O	2.88 (1.13) I, P, B, M, O	2.59 (1.26) I, P, B, Ir, O	2.67 (1.31) I, P, B, Ir, M	.967	.002
Angry at self	3.29 (1.29) P, B, Ir, M, O	2.76 (1.28) I, B, Ir, M, O	2.90 (1.37) I, P, Ir, M, O	2.79 (1.09) I, P, B, M, O	2.93 (1.48) I, P, B, Ir, O	2.85 (1.46) I, P, B, Ir, M	.344	.013
Disgusted with self	2.35 (1.40) P, B, Ir, M, O	2.08 (1.21) I, B, Ir, M, O	2.28 (1.46) I, P, Ir, M, O	2.00 (1.10) I, P, B, M, O	2.41 (1.48) I, P, B, Ir, O	2.33 (1.36) I, P, B, Ir, M	.573	.009
Dissatisfied with self	2.94 (1.42) P, B, Ir, M, O	2.45 (1.28) I, B, Ir, M, O	2.14 (1.43) I, P, Ir, M, O	2.29 (1.09) I, P, B, M, O	2.58 (1.44) I, P, B, Ir, O	2.51 (1.34) I, P, B, Ir, M	.228	.016
Sadness							.184	.015
Sad	3.23 (1.21) P, B, Ir, M, O	3.09 (1.22) I, B, Ir, M, O	3.38 (1.29) I, P, Ir, M, O	3.02 (1.09) I, P, B, M, O	3.09 (1.30) I, P, B, Ir, O	2.98 (1.44) I, P, B, Ir, M	.948	.003
Blue	3.00 (1.37) P, B, Ir, M, O	2.89 (1.30) I, B, Ir, M, O	3.52 (1.27) I, P, Ir, M, O	2.69 (1.32) I, P, B, M, O	3.02 (1.48) I, P, B, Ir, O	2.65 (1.42) I, P, B, Ir, M	.650	.008
Downhearted	3.08 (1.43) P, B, Ir, M, O	2.75 (1.42) I, B, Ir, M, O	3.90 (1.26) I, P, Ir, M, O	2.67 (1.18) I, P, B, M, O	2.89 (1.46) I, P, B, Ir, O	2.83 (1.48) I, P, B, Ir, M	.449	.011
Alone	2.69 (1.40) P, B, Ir, M, O	2.98 (1.36) I, B, Ir, M, O	2.69 (1.37) I, P, Ir, M, O	2.83 (1.29) I, P, B, M, O	2.54 (1.38) I, P, B, Ir, O	2.67 (1.48) I, P, B, Ir, M	.674	.008
Lonely	2.63 (1.50) P, B, Ir, M, O	2.32 (1.38) I, B, Ir, M, O	3.03 (1.30) I, P, Ir, M, O	2.21 (1.18) I, P, B, M, O	1.96 (1.19) I, P, B, Ir, O	2.23 (1.45) I, P, B, Ir, M	.083	.023

Table 3 Egypt

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.61 (2.31) P, B, Ir, M, O	5.59 (2.25) I, B, Ir, M, O	5.03 (2.84) I, P, Ir, M, O	6.29 (1.90) I, P, B, M, O	5.59 (2.58) I, P, B, Ir, O	5.02 (2.79) I, P, B, Ir, M	.294	.015
Happy	42.98 (20.19) P, B, Ir, M, O	44.32 (21.39) I, B, Ir, M, O	37.07 (16.50) I, P, Ir, M, O	48.93 (17.96) I, P, B, M, O	47.20 (23.92) I, P, B, Ir, O	41.78 (21.23) I, P, B, Ir, M	.130	.020
Unhappy	40.79 (19.37) P, B, Ir, M, O	41.73 (21.98) I, B, Ir, M, O	46.21 (18.98) I, P, Ir, M, O	33.81 (19.09) I, P, B, M, O	33.24 (18.60) I, P, B, Ir, O	39.03 (23.05) I, P, B, Ir, M	.245	.016
Neutral	34.35 (21.99) P, B, Ir, M, O	36.38 (21.15) I, Ir, M, O	39.97 (21.86) I, Ir, M	31.67 (14.55) I, P, B, M, O	34.46 (15.61) I, P, B, Ir, O	32.36 (21.12) I, P, Ir, M	.042	.027
Life satisfaction	3.98 (1.28) P, B, Ir, M, O	4.05 (1.13) I, B, Ir, M, O	3.62 (1.12) I, P, Ir, M, O	4.27 (1.21) I, P, B, M, O	3.98 (1.38) I, P, B, Ir, O	3.79 (1.39) I, P, B, Ir, M	.531	.010
Meaning in life	3.65 (1.03) P, B, Ir, M, O	3.80 (.80) I, B, Ir, M, O	3.82 (.88) I, P, Ir, M, O	4.50 (.71) I, P, B, M, O	4.11 (.96) I, P, B, Ir, O	3.76 (.90) I, P, B, Ir, M	.651	.008
Optimism	3.75 (.71) P, B, Ir, M, O	3.80 (.59) I, B, Ir, M, O	3.76 (.58) I, P, Ir, M, O	3.90 (.51) I, P, B, M, O	3.73 (.54) I, P, B, Ir, O	3.69 (.73) I, P, B, Ir, M	.838	.005

Greece

Table 1 Greece
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality							<.001	.028
Happy	2.88 (1.13)O	3.38 (1.08)B, Ir, M, O	3.62 (1.07) P, Ir, M, O	3.70 (1.05)P, B, M, O	3.59 (1.04) P, B, Ir, O	3.33 (1.05)I, P, B, M, Ir	<.001	.074
Joyful	3.04 (1.18)O	3.56 (1.08) B,Ir,M,O	3.74 (1.09) P,Ir,M,O	3.78 (1.07) P,B,M,O	3.70 (0.97) P,B,Ir,O	3.42 (1.13) I,P,B,M,Ir	<.001	.064
Delighted	3.04 (1.14) O	3.49 (0.91) B,Ir,M,O	3.70 (1.07) P,Ir,M,O	3.63 (1.06) P,B,M,O	3.59 (1.06) P,B,Ir,O	3.29 (1.12) I,P,B,M,Ir	<.001	.047
Cheerful	3.8 (1.18)M, O	3.31 (1.05) B,Ir,M,O	3.57 (1.16) P,Ir,M,O	3.61 (1.13) P,B,M,O	3.49 (1.01) I,P,B,Ir,O	3.40 (1.10) I,P,B,M,Ir	<.001	.031
Excited	2.92 (1.24) M,O	3.19 (1.10) B,Ir,M,O	3.56 (1.15) P,Ir,M,O	3.51 (1.19) P,B,M,O	3.37 (1.01) I,P,B,Ir,O	3.38 (1.15) I,P,B,M,Ir	<.001	.038
Enthusiastic	3.26 (1.25) P,B,Ir,M,O	3.39 (1.05) I,B,Ir,M,O	3.74 (1.16) I,B,Ir,M,O	3.52 (1.17) I,P,B, M,O	3.52 (1.14) I,P,B, Ir,O	3.56 (1.15) I,P,B,M,Ir	.083	.013
Lively	2.95 (1.29) P,B,Ir,M,O	3.06 (1.17)I,B,Ir,M,O	3.29 (1.27) I,P,Ir,M,O	3.12 (1.26) I,P,B, M,O	3.25 (1.16) I,P,B, Ir,O	3.49 (1.09) I,P,B,M,Ir	.121	.012
Energetic	3.32 (1.27) P,B,Ir,M,O	3.37 (1.08) I,B,Ir,M,O	3.76 (1.20) I,B,Ir,M,O	3.51 (1.17) I,P,B, M,O	3.68 (1.07) I,P,B, Ir,O	3.51 (1.10) I,P,B,M,Ir	.092	.013
Self-assurance							.035	.012
Proud	3.31 (1.15)P,B,M,O	3.59 (1.09)I,B,Ir,M,O	3.69 (1.24)I,P,Ir,M,O	3.69 (1.15)P,B,M,O	3.86 (0.99)I,P,B,Ir,O	3.65 (1.22)I,P,B,Ir,M	.021	.018
Strong	3.37 (1.26) P,M,O	3.70 (1.04) I,B,Ir,M,O	3.89 (1.09) P,Ir,M,O	3.78 (1.11) I,P,B,M,O	3.74 (1.10) I,P,B,Ir,O	3.80 (1.24) I,P,B,Ir,M	.003	.024
Confident	3.05 (1.22) P,M,O	3.39 (1.11) I,B,Ir,M,O	3.57 (1.09) P,Ir,M,O	3.47 (1.09) I,P,B,M,O	3.50 (1.00) I,P,B,Ir,O	3.40 (1.27) I,P,B,Ir,M	.002	.026

Bold	3.15 (1.20) P,B,M,O	3.25 (1.22) I,B,Ir,M,O	3.64 (1.19) I,P,Ir,O	3.40 (1.21) I,P,B,M,O	3.10 (1.13) I,P,Ir,O	3.31 (1.23) I,P,B,Ir,M	.008	.021
Daring	2.56 (1.38) P,B,Ir,M,O	2.47 (1.21) I,B,Ir,M,O	3.01 (1.33) I,P,Ir,M,O	2.65 (1.33) I,P,B,M,O	2.48 (1.29) I,P,B,Ir,O	2.96 (1.28) I,P,B,Ir,M	.024	.018
Fearless	2.87 (1.21) P,B,M,O	3.09 (1.15) I,B,Ir,M,O	3.35 (1.15) I,P,Ir,M,O	3.16 (1.25) P,B,M,O	2.88 (1.18) I,P,B,Ir,O	3.22 (1.08) I,P,B,Ir,M	.005	.022

Note. There were no significant effects for the positive emotion scale ‘Attentiveness,’ so it is not reported in the table.

Table 2 Greece

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.009	.014
Guilty	2.27 (1.35)P,B,Ir,Mr,O	1.74 (1.09) I,B,Ir,Mr,O	1.99 (1.19) I,P,Ir,Mr,O	1.88 (1.15) I,P,B,Mr,O	1.97 (1.14) I,P,B,Ir,O	1.91 (1.14) I,P,B,Ir,Mr	.011	.020
Ashamed	2.09 (1.35) P,B,Ir,Mr,O	1.80 (1.10) I,B,Ir,Mr,O	1.76 (1.01) I,P,Ir,Mr,O	1.80 (1.09) I,P,B,Mr,O	1.64 (1.00) I,P,B,Ir,O	1.93 (1.20) I,P,B,Ir,Mr	.152	.011
Blameworthy	2.33 (1.23) P,B,Ir,Mr,O	1.93 (1.14) I,B,Ir,Mr,O	2.13 (1.13) I,P,Ir,Mr,O	2.09 (1.11) I,P,Ir,Mr,O	2.14 (1.22) I,P,B,Ir,O	2.38 (1.24) I,P,B,Ir,Mr	.074	.014
Angry at self	3.02 (1.37) Mr,O	2.21 (1.17) B,Ir,Mr,O	2.33 (1.31) P,Ir,Mr,O	2.33 (1.28) P,B,Mr,O	2.43 (1.35) I,P,B,Ir,O	2.54 (1.29) I,P,B,Ir,Mr	<.001	.041
Disgusted with self	1.96 (1.29) B,Mr	1.43 (0.91) B,Ir,Mr,O	1.62 (1.00) P,Ir,Mr,O	1.54 (1.06) P,B,Mr,O	1.55 (1.08) I,P,B,Ir,O	1.93 (1.19) I,P,B,Ir,Mr	.002	.026
Dissatisfied with self	2.89 (1.23) I,P,B,Ir,Mr	2.21 (1.20) B,Ir,Mr,O	2.26 (1.25) P,Ir,Mr,O	2.32 (1.25) P,B,Mr,O	2.43 (1.24) I,P,B,Ir,O	2.38 (1.26) I,P,B,Ir,Mr	<.001	.034
Sadness							<.001	.047
Sad	3.20 (1.28)O	2.39 (1.14) B,Ir,Mr,O	2.67 (1.28) P,Ir,Mr,O	2.64 (1.26) P,B,Mr,O	2.71 (1.21) P,B,Ir,O	2.80 (1.33) I,P,B,Ir,Mr	<.001	.039
Blue	3.41 (1.35)P,B	2.94 (1.29) I,B,Ir,Mr,O	2.90 (1.26) I,P,Ir,Mr,O	2.72 (1.30) P,B,Mr,O	2.68 (1.18) P,B,Ir,O	2.70 (1.36) P,B,Ir,Mr	<.001	.041
Downhearted	3.05 (1.24)	2.43 (1.17)	2.63 (1.31)	2.60 (1.26)	2.62 (1.23)	2.54 (1.22)	.002	.025
Alone	3.66 (1.43)	2.93 (1.38)	3.01 (1.31)	2.19 (1.32)	2.11 (1.29)	3.04 (1.51)	<.001	.158
Lonely	3.58 (1.35)	3.13 (1.31)	3.15 (1.31)	2.35 (1.33)	2.37 (1.27)	3.21 (1.41)	<.001	.119

Table 3 Greece

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.53 (2.36)	6.52 (2.14)B,Ir,Mr,O	6.78 (2.29) P,Ir,Mr,O	6.98 (2.22)P,B,Mr,O	6.99 (1.85) P,B,Ir,O	6.68 (2.16) P,B,Ir,Mr	<.001	.061
Happy	36.92(23.36)O	48.01(26.28) B,Ir,Mr,O	55.20 (25.03) P,Ir,Mr,O	52.06 (25.77) P,B,Mr,O	50.56 (24.23) P,B,Ir,O	46.57 (27.16) I,P,B,Ir,Mr	<.001	.055
Unhappy	36.21 (25.01)O	25.12 (20.18)B,Ir,Mr,O	27.11 (21.97) P,Ir,Mr,O	24.16 (21.18)P,B,Mr	25.06 (19.44)P,B,Ir,O	32.32 (24.45)I,P,B,Mr	<.001	.047
Neutral	42.07 (23.92)P,B,Mr,O	41.40 (21.77) I,B,Ir,Mr,O	34.31 (21.25) I,P,Ir,Mr,O	34.37 (21.51) P,B,Mr,O	35.52 (22.06) I,P,B,Ir,O	43.47 (23.60) I,P,B,Ir,Mr	.001	.027
Life satisfaction	3.90 (1.35)O	4.46 (1.16) B,Ir,Mr,O	4.63 (1.23) P,Ir,Mr,O	4.57 (1.23) P,B,Mr,O	4.88 (1.17) P,B,Ir,O	4.34 (1.31) I,P,B,Ir,Mr	<.001	.054
Meaning in life	3.82 (1.24)P,O	4.17 (1.10) I,B,Ir,Mr,O	4.43 (1.14) P,Ir,Mr,O	4.39 (1.19) P,B,Mr,O	4.91 (1.09) P,B,Ir,O	4.23 (1.14) I,P,B,Ir,Mr	<.001	.049
Optimism	3.58 (0.78)Mr,O	3.85 (0.75) B,Ir,Mr,O	3.95 (0.71) P,Ir,Mr,O	3.84 (0.69) P,B,Mr,O	3.87 (0.66) I,P,B,Ir,O	3.77 (0.65) I,P,B,Ir,Mr	<.001	.031

Japan

Table 1 Japan
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.033	.019	
Happy	2.13 (1.08) P, B, Ir, O	2.37 (1.19) I, B, Ir, O	2.51 (1.17) I, P, Ir, M, O	2.74 (.95) I, P, B, M, O	2.82 (1.07) B, Ir, O	2.32 (1.22) I, P, B, Ir, M	<.001	.041	
Joyful	2.32 (.98) P, B, Ir, O	2.64 (1.23) I, B, Ir, M, O	2.62 (.98) I, P, Ir, M, O	2.94 (1.06) I, P, B, M, O	2.83 (1.02) P, B, Ir, O	2.40 (1.19) I, P, B, Ir, M	.007	.026	
Delighted	2.28 (.97) P, B, Ir, O	2.60 (1.21) I, B, Ir, M, O	2.54 (.93) I, P, Ir, M, O	2.69 (1.02) I, P, B, M, O	2.79 (1.02) P, B, Ir, O	2.28 (1.10) I, P, B, Ir, M	.006	.027	
Cheerful	2.25 (.98) P, B, Ir, O	2.44 (1.23) I, B, Ir, M, O	2.51 (1.02) I, P, Ir, M, O	2.77 (.88) I, P, B, M, O	2.79 (1.02) P, B, Ir, O	2.48 (1.26) I, P, B, Ir, M	.003	.030	
Excited	2.01 (.93) P, B, Ir, O	2.27 (1.22) I, B, Ir, M, O	2.57 (1.09) I, P, Ir, M, O	2.57 (1.07) I, P, B, M, O	2.48 (1.11) P, B, Ir, O	2.32 (1.31) I, P, B, Ir, M	.027	.021	
Enthusiastic	1.77 (.93) P, B, Ir, M, O	1.76 (1.07) I, B, Ir, M, O	2.35 (1.06) I, P, Ir, M, O	1.94 (1.21) I, P, B, M, O	1.88 (1.03) I, P, B, Ir, O	1.68 (1.07) I, P, B, Ir, M	.071	.017	
Lively	2.11 (1.09) P, B, Ir, M, O	2.15 (1.16) I, B, Ir, M, O	2.51 (1.12) I, P, Ir, M, O	2.31 (.99) I, P, B, M, O	2.36 (1.07) I, P, B, Ir, O	2.16 (1.25) I, P, B, Ir, M	.313	.010	
Energetic	1.94 (.92) P, B, Ir, M, O	1.83 (1.07) I, B, Ir, M, O	2.38 (1.14) I, P, Ir, M, O	2.17 (1.10) I, P, B, M, O	2.13 (1.03) I, P, B, Ir, O	2.12 (1.30) I, P, B, Ir, M	.071	.017	
Self-assurance							.242	.011	
Proud	1.76 (.96) P, B, Ir, M, O	1.94 (1.07) I, B, Ir, M, O	2.43 (1.02) I, P, Ir, M, O	2.23 (1.26) I, P, B, M, O	2.17 (1.02) I, P, B, Ir, O	2.10 (1.04) I, P, B, Ir, M	.021	.022	
Strong	1.75 (.91) P, Ir, M, O	1.91 (1.07) I, B, Ir, M, O	2.46 (.96) P, Ir, M, O	1.94 (.91) I, P, B, M, O	2.08 (1.02) I, P, B, Ir, O	2.04 (1.14) I, P, B, Ir, M	.031	.020	
Confident	1.86 (.92) P, B, Ir, M, O	1.99 (1.12) I, B, Ir, M, O	2.41 (1.07) I, P, Ir, M, O	2.11 (.93) I, P, B, M, O	2.23 (1.04) I, P, B, Ir, O	2.04 (1.10) I, P, B, Ir, M	.092	.015	
Bold	1.76 (.92) P, B, Ir, M, O	1.69 (.96) I, B, Ir, M, O	2.35 (.89) I, P, Ir, M, O	2.17 (1.12) I, P, B, M, O	1.91 (1.01) I, P, B, Ir, O	1.84 (1.07) I, P, B, Ir, M	.067	.017	

Daring	1.62 (.76) P, Ir, M, O	1.72 (1.06) I, Ir, M, O	2.54 (1.19) Ir, M, O	2.00 (1.06) I, P, B, M, O	1.97 (1.02) I, P, B, Ir, O	1.84 (1.03) I, P, B, Ir, M	.002	.031
Fearless	1.76 (.95) P, B, Ir, M, O	1.65 (.91) I, Ir, M, O	2.35 (.95) I, Ir, M, O	1.97 (.99) I, P, B, M, O	1.85 (.97) I, P, B, Ir, O	1.88 (1.20) I, P, B, Ir, M	.074	.016

Table 2 Japan

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.024	.015
Guilty	2.23 (1.16) P, B, Ir, M, O	2.21 (1.31) I, B, Ir, M, O	2.43 (1.14) I, P, Ir, M, O	2.40 (1.24) I, P, B, M, O	2.00 (1.05) I, P, B, Ir, O	1.96 (1.02) I, P, B, Ir, M	.001	.053
Ashamed	2.28 (1.14) P, B, Ir, M, O	2.03 (1.09) I, B, Ir, M, O	2.46 (1.02) I, P, Ir, M, O	2.43 (1.27) I, P, B, M, O	1.96 (.971) I, P, B, Ir, O	1.88 (.97) I, P, B, Ir, M	<.001	.057
Blameworthy	2.23 (1.21) P, B, Ir, M, O	2.01 (1.26) I, B, Ir, M, O	2.49 (1.02) I, P, Ir, M, O	2.23 (1.17) I, P, B, M, O	1.87 (1.07) I, P, B, Ir, O	2.16 (1.34) I, P, B, Ir, M	.001	.055
Angry at self	2.54 (1.14) P, B, Ir, M, O	2.46 (1.26) I, B, Ir, M, O	2.35 (1.09) I, P, Ir, M, O	2.46 (1.36) I, P, B, M, O	2.16 (1.12) I, P, B, Ir, O	2.04 (1.14) I, P, B, Ir, M	.050	.034
Disgusted with self	2.65 (1.20) P, B, Ir, M, O	2.55 (1.48) I, B, Ir, M, O	2.38 (1.09) I, P, Ir, M, O	2.71 (1.43) I, P, B, M, O	2.21 (1.11) I, P, B, Ir, O	2.24 (1.23) I, P, B, Ir, M	.001	.054
Dissatisfied with self	2.86 (1.22) P, B, Ir, M, O	2.60 (2.32) I, B, Ir, M, O	2.32 (.94) I, P, Ir, M, O	2.46 (1.34) I, P, B, M, O	2.35 (1.12) I, P, B, Ir, O	2.48 (1.33) I, P, B, Ir, M	.011	.041
Sadness							<.001	.023
Sad	2.69 (1.34) P, B, Ir, M, O	2.29 (1.29) I, B, Ir, M, O	2.70 (1.05) I, P, Ir, M, O	2.71 (1.38) I, P, B, M, O	2.26 (1.12) I, P, B, Ir, O	2.16 (1.25) I, P, B, Ir, M	.097	.015
Blue	2.73 (1.33) P, B, Ir, M, O	2.49 (1.38) I, B, Ir, M, O	2.32 (.97) I, P, Ir, M, O	2.60 (1.19) I, P, B, M, O	2.15 (1.12) I, P, B, Ir, O	2.28 (1.34) I, P, B, Ir, M	.073	.016
Downhearted	2.63 (1.33) P, B, Ir, M, O	2.35 (1.35) I, B, Ir, M, O	2.43 (1.09) I, P, Ir, M, O	2.57 (1.42) I, P, B, M, O	2.23 (1.13) I, P, B, Ir, O	2.36 (1.29) I, P, B, Ir, M	.455	.008
Alone	2.93 (1.31) P, B, Ir, O	2.64 (1.47) I, B, Ir, O	2.81 (1.29) I, P, Ir, O	2.29 (1.30) I, P, B, M, O	2.01 (1.03) Ir, O	2.32 (1.11) I, P, B, Ir, M	<.001	.073
Lonely	2.76 (1.28) P, B, Ir, O	2.38 (1.45) I, B, Ir, M, O	2.65 (1.23) I, P, Ir, M, O	2.51 (1.20) I, P, B, M, O	1.99 (1.06) P, B, Ir, O	2.40 (1.26) I, P, B, Ir, M	<.001	.039

Table 3 Japan

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.38 (2.26) P, Ir, O	5.15 (2.49) I, B, Ir, O	5.89 (2.61) P, Ir, M, O	5.74 (2.03) I, P, B, M, O	6.27 (1.91) B, Ir, O	5.20 (2.90) I, P, B, Ir, M	<.001	.068
Happy	25.77 (20.17) P, B, Ir, O	32.04 (27.30) I, B, Ir, O	38.14 (31.86) I, P, Ir, M, O	37.20 (23.39) I, P, B, M, O	44.40 (28.71) B, Ir, O	34.20 (33.06) I, P, B, Ir, M	<.001	.044
Unhappy	33.70 (23.31) P, B, Ir, O	25.90 (26.34) I, B, Ir, M, O	30.16 (30.63) I, P, Ir, M, O	25.54 (22.56) I, P, B, M, O	20.36 (22.61) P, B, Ir, O	28.20 (28.35) I, P, B, Ir, M	.002	.030
Neutral	40.52 (25.83) P, B, Ir, M, O	42.06 (28.94) I, B, Ir, M, O	31.70 (31.07) I, P, Ir, M, O	37.26 (21.78) I, P, B, M, O	35.24 (27.36) I, P, B, Ir, O	37.60 (35.86) I, P, B, Ir, M	.433	.008
Life satisfaction	2.60 (1.13) P, Ir, O	3.19 (1.40) I, B, Ir, O	3.61 (.99) P, Ir, M, O	3.48 (1.45) I, P, B, M, O	3.82 (1.28) B, Ir, O	3.06 (1.42) I, P, B, Ir, M	<.001	.078
Meaning in life	3.60 (.93) P, B, Ir, O	3.75 (.89) I, B, Ir, M, O	3.94 (.80) I, P, Ir, M, O	3.80 (.50) I, P, B, M, O	3.99 (.70) P, B, Ir, O	3.83 (.84) I, P, B, Ir, M	.003	.029
Optimism	3.43 (.91) P, Ir, O	3.63 (1.09) I, Ir, O	4.14 (.73) Ir, M, O	3.94 (.95) I, P, B, M, O	4.05 (.87) B, Ir, O	3.92 (.99) I, P, B, Ir, M	<.001	.040

Oman

Table 1 Oman
Significant effects of the marital status on positive emotions

Positive emotions		<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
		Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.367	.024
Happy		3.42 (.95) P, B, Ir, M, O	3.51 (1.00) I, B, Ir, M, O	3.25 (1.00) I, P, Ir, M, O	4.11 (.78) I, P, B, M, O	3.81 (.86) I, P, B, Ir, O	3.74 (.89) I, P, B, Ir, M	.035	.034
Joyful		3.32 (.96) P, B, Ir, M, O	3.54 (.93) I, B, Ir, M, O	3.50 (1.10) I, P, Ir, M, O	3.89 (.93) I, P, B, M, O	3.66 (1.01) I, P, B, Ir, O	3.60 (.86) I, P, B, Ir, M	.296	.018
Delighted		3.34 (.96) P, B, Ir, M, O	3.60 (.95) I, B, Ir, M, O	3.31 (1.08) I, P, Ir, M, O	4.00 (1.00) I, P, B, M, O	3.69 (1.02) I, P, B, Ir, O	3.68 (1.00) I, P, B, Ir, M	.310	.017
Cheerful		3.44 (1.05) P, B, Ir, M, O	3.66 (.95) I, B, Ir, M, O	3.56 (1.09) I, P, Ir, M, O	3.89 (1.05) I, P, B, M, O	3.69 (.93) I, P, B, Ir, O	3.66 (1.04) I, P, B, Ir, M	.315	.017
Excited		3.18 (1.12) P, B, Ir, M, O	3.36 (1.09) I, B, Ir, M, O	2.69 (1.25) I, P, Ir, M, O	3.56 (1.13) I, P, B, M, O	3.46 (.93) I, P, B, Ir, O	3.47 (1.09) I, P, B, Ir, M	.716	.008
Enthusiastic		3.26 (1.08) P, B, Ir, M, O	3.45 (1.03) I, B, Ir, M, O	3.81 (.91) I, P, Ir, M, O	3.89 (1.27) I, P, B, M, O	3.61 (1.00) I, P, B, Ir, O	3.52 (1.02) I, P, B, Ir, M	.211	.021
Lively		3.12 (1.17) P, B, O	3.37 (1.07) I, B, Ir, M, O	3.63 (1.26) I, P, Ir, M, O	4.11 (1.05) P, B, M, O	3.80 (.92) P, B, Ir, O	3.52 (1.01) I, P, B, Ir, M	.008	.045
Energetic		3.18 (1.00) P, B, Ir, M, O	3.48 (1.04) I, B, Ir, M, O	3.25 (1.07) I, P, Ir, M, O	3.89 (1.05) I, P, B, M, O	3.61 (.95) I, P, B, Ir, O	3.61 (.99) I, P, B, Ir, M	.079	.028
Self-assurance								.662	.015
Proud		3.46 (1.09) P, B, Ir, M, O	3.65 (1.09) I, B, Ir, M, O	3.63 (.96) I, P, Ir, M, O	4.11 (.93) I, P, B, M, O	3.73 (.98) I, P, B, Ir, O	3.73 (1.18) I, P, B, Ir, M	.348	.016
Strong		3.36 (1.08) P, B, Ir, M, O	3.78 (.96) I, B, Ir, M, O	3.50 (1.16) I, P, Ir, M, O	4.00 (1.12) I, P, B, M, O	3.81 (1.03) I, P, B, Ir, O	3.69 (1.11) I, P, B, Ir, M	.218	.020
Confident		3.54 (1.20) P, B, Ir, M, O	3.77 (.97) I, B, Ir, M, O	3.75 (1.07) I, P, Ir, M, O	4.33 (.87) I, P, B, M, O	3.78 (1.04) I, P, B, Ir, O	3.67 (1.14) I, P, B, Ir, M	.368	.016
Bold		3.34 (1.04) P, B, Ir, M, O	3.45 (.90) I, B, Ir, M, O	3.38 (1.09) I, P, Ir, M, O	3.33 (1.32) I, P, B, M, O	3.53 (1.04) I, P, B, Ir, O	3.41 (1.07) I, P, B, Ir, M	.845	.006

Daring	3.34 (1.04) P, B, Ir, M, O	3.46 (.98) I, B, Ir, M, O	3.31 (1.08) I, P, Ir, M, O	3.78 (.97) I, P, B, M, O	3.71 (1.05) I, P, B, Ir, O	3.35 (1.12) I, P, B, Ir, M	.211	.021
Fearless	3.20 (1.11) P, B, Ir, M, O	3.21 (1.01) I, B, Ir, M, O	3.69 (1.01) I, P, Ir, M, O	3.33 (1.12) I, P, B, M, O	3.44 (.99) I, P, B, Ir, O	3.28 (.97) I, P, B, Ir, M	.314	.017

Table 2 Oman

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.201	.021
Guilty	3.50 (1.11) P, B, Ir, M, O	3.29 (1.16) I, B, Ir, M, O	3.56 (1.21) I, P, Ir, M, O	3.33 (1.23) I, P, B, M, O	3.20 (1.13) I, P, B, Ir, O	3.39 (1.11) I, P, B, Ir, M	.811	.007
Ashamed	3.04 (1.09) P, B, Ir, M, O	2.98 (1.07) I, B, Ir, M, O	3.25 (1.24) I, P, Ir, M, O	3.11 (.93) I, P, B, M, O	3.15 (1.20) I, P, B, Ir, O	2.92 (1.15) I, P, B, Ir, M	.951	.003
Blameworthy	2.92 (1.10) P, B, Ir, M, O	2.57 (1.22) I, B, Ir, M, O	2.88 (1.20) I, P, Ir, M, O	3.00 (1.50) I, P, B, M, O	2.58 (1.13) I, P, B, Ir, O	2.42 (1.06) I, P, B, Ir, M	.384	.015
Angry at self	3.14 (1.05) B, Ir, M, O	2.53 (1.19) B, Ir, M, O	3.44 (1.32) I, P, Ir, M, O	2.56 (1.13) I, P, B, M, O	2.59 (1.29) I, P, B, Ir, O	2.80 (1.25) I, P, B, Ir, M	.039	.033
Disgusted with self	2.66 (1.71) P, B, Ir, M, O	2.12 (1.18) I, B, Ir, M, O	2.63 (1.20) I, P, Ir, M, O	1.89 (.60) I, P, B, M, O	2.05 (1.20) I, P, B, Ir, O	2.07 (1.15) I, P, B, Ir, M	.145	.024
Dissatisfied with self	2.90 (1.22) P, B, Ir, M	2.42 (1.19) I, B, Ir, M, O	2.94 (1.34) I, P, Ir, M, O	2.22 (1.20) I, P, B, M, O	2.19 (1.24) I, P, B, Ir, O	2.38 (1.19) P, B, Ir, M	.029	.036
Sadness							.011	.025
Sad	2.82 (1.00) P, B, Ir, M, O	2.53 (1.11) I, B, Ir, M, O	3.13 (1.20) I, P, Ir, M, O	2.78 (1.30) I, P, B, M, O	2.36 (1.01) I, P, B, Ir, O	2.36 (1.07) I, P, B, Ir, M	.267	.019
Blue	2.78 (1.25) P, B, Ir, M	2.29 (1.21) I, B, Ir, M, O	2.75 (1.24) I, P, Ir, M, O	2.22 (1.20) I, P, B, M, O	2.14 (1.14) I, P, B, Ir, O	2.00 (1.14) P, B, Ir, M	.038	.034
Downhearted	2.62 (1.34) P, B, Ir, M, O	2.22 (1.18) I, B, Ir, M, O	3.25 (1.34) I, P, Ir, M, O	2.78 (1.48) I, P, B, M, O	2.08 (1.19) I, P, B, Ir, O	2.13 (1.25) I, P, B, Ir, M	.148	.023
Alone	2.78 (1.42) P, B, Ir, O	2.56 (1.40) I, B, Ir, M, O	3.25 (1.39) I, P, Ir, M, O	2.89 (1.61) I, P, B, M, O	1.97 (1.13) P, B, Ir, O	2.51 (1.27) I, P, B, Ir, M	.062	.030
Lonely	1.94 (1.15) P, B, Ir, M, O	1.83 (1.07) I, B, Ir, M, O	2.88 (1.41) I, P, Ir, M, O	2.44 (1.74) I, P, B, M, O	1.85 (1.26) I, P, B, Ir, O	1.87 (1.09) I, P, B, Ir, M	.180	.022

Table 3 Oman

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.66 (2.02) P, B, Ir, M, O	6.81 (1.89) I, B, Ir, M, O	7.25 (1.92) I, P, Ir, M, O	6.67 (2.83) I, P, B, M, O	7.32 (1.92) I, P, B, Ir, O	7.27 (1.84) I, P, B, Ir, M	.384	.015
Happy	47.60 (21.15) P, B, Ir, M	53.15 (21.65) I, B, Ir, M, O	45.31 (23.91) I, P, Ir, M, O	57.44 (23.00) I, P, B, M, O	59.27 (19.30) I, P, B, Ir, O	59.19 (23.59) P, B, Ir, M	.029	.036
Unhappy	31.34 (20.69) P, B, Ir, M, O	25.44 (17.13) I, B, Ir, M, O	32.19 (16.22) I, P, Ir, M, O	28.00 (16.16) I, P, B, M, O	26.34 (17.37) I, P, B, Ir, O	25.16 (18.13) I, P, B, Ir, M	.331	.017
Neutral	38.24 (22.01) P, B, Ir, M, O	30.94 (18.94) I, B, Ir, M, O	30.31 (12.04) I, P, Ir, M, O	35.22 (17.61) I, P, B, M, O	33.69 (18.16) I, P, B, Ir, O	33.75 (20.89) I, P, B, Ir, M	.734	.008
Life satisfaction	4.13 (1.27) P, B, Ir, M, O	4.41 (1.05) I, B, Ir, M, O	4.04 (1.28) I, P, Ir, M, O	4.96 (1.07) I, P, B, M, O	4.78 (1.08) I, P, B, Ir, O	4.51 (1.08) I, P, B, Ir, M	.178	.022
Meaning in life	4.16 (.75) P, B, Ir, M, O	4.15 (.71) I, B, Ir, M, O	3.94 (.47) I, P, Ir, M, O	4.72 (.77) I, P, B, M, O	4.37 (.59) I, P, B, Ir, O	4.24 (.80) I, P, B, Ir, M	.103	.026
Optimism	3.78 (.56) P, B, Ir, M	3.94 (.57) I, B, Ir, M, O	3.71 (.33) I, P, Ir, M, O	3.90 (.25) I, P, B, M, O	4.07 (.47) I, P, B, Ir, O	4.08 (.49) P, B, Ir, M	.028	.036

Peru

Table 1 Peru
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.001	.019	
Happy	3.35 (.86) P, B, O	3.65 (.94) I, B, Ir, O	3.73 (.87) I, P, Ir, M, O	3.82 (.93) P, B, M	4.05 (.78) P, B, Ir	3.34 (1.05) I, P, B	<.001	.037	
Joyful	3.41 (.86) P, B, O	3.71 (.95) I, B, Ir, M, O	3.74 (.88) I, P, Ir, M, O	3.88 (.87) P, B, M	4.09 (.79) P, B, Ir	3.38 (1.05) I, P, B	<.001	.037	
Delighted	3.27 (1.10) P, B, Ir, O	3.59 (1.01) I, B, Ir, M, O	3.67 (.90) I, P, Ir, M, O	3.68 (1.05) I, P, B, M, O	3.92 (.86) P, B, Ir	3.28 (1.04) I, P, B, Ir	.001	.028	
Cheerful	3.65 (.83) P, B, Ir, M, O	3.82 (.94) I, B, Ir, M, O	3.82 (.85) I, P, Ir, M, O	3.89 (.94) I, P, B, M	4.10 (.77) I, P, B, Ir	3.45 (1.00) I, P, B	.002	.024	
Excited	3.24 (1.09) P, B, O	3.60 (1.08) I, B, Ir, M, O	3.58 (.92) I, P, Ir, M, O	3.75 (1.07) P, B, M, O	3.89 (.87) P, B, Ir, M	3.36 (1.07) I, P, B, Ir, M	.004	.023	
Enthusiastic	3.16 (1.03) B, O	3.66 (1.03) B, Ir, M, O	3.69 (.89) I, P, Ir, M, O	3.75 (1.10) P, B, M	4.03 (.83) P, B, Ir	3.30 (1.10) I, P, B	<.001	.038	
Lively	3.02 (1.01) O	3.60 (1.12) B, Ir	3.77 (.90) P, Ir, M, O	3.81 (1.05) P, B, M	4.11 (.78) B, Ir	3.30 (1.12) I, P, B	<.001	.054	
Energetic	3.31 (1.16) P, B, Ir, M, O	3.65 (1.12) I, B, Ir, M, O	3.60 (.88) I, P, Ir, M, O	3.66 (1.05) I, P, B, M, O	3.87 (.85) I, P, B, Ir, O	3.28 (1.28) I, P, B, Ir, M	.010	.020	
Self-assurance							.027	.012	
Proud	3.14 (1.32) B, O	3.74 (1.16) B, Ir, M, O	3.57 (1.07) I, P, Ir, M, O	3.79 (1.07) P, B, M, O	4.00 (.86) P, B, Ir, O	3.60 (1.08) I, P, B, Ir, M	.002	.025	
Strong	3.59 (1.21) P, B, Ir, M, O	3.89 (1.07) I, B, Ir, M, O	3.92 (.93) I, P, Ir, M, O	3.98 (1.02) I, P, B, M, O	4.22 (.74) I, P, B, Ir, O	3.77 (1.03) I, P, B, Ir, M	.106	.012	
Confident	3.22 (1.25) O	3.76 (1.11) B, Ir, M, O	3.92 (.84) P, Ir, M, O	3.89 (1.01) P, B, M, O	4.17 (.87) P, B, Ir, O	3.74 (1.01) I, P, B, Ir, M	<.001	.031	
Bold	3.47 (1.23) B, O	3.98 (1.05) B, Ir, M, O	3.93 (.93) I, P, Ir, M, O	4.01 (.99) P, B, M, O	4.31 (.76) P, B, Ir, O	3.87 (.97) I, P, B, Ir, M	.002	.024	

Daring		3.02 (1.23) B, M, O	3.58 (1.12) B, Ir, M, O	3.29 (1.08) I, P, Ir, M, O	3.50 (1.15) P, B, M, O	3.60 (.92) I, P, B, Ir, O	3.48 (1.12) I, P, B, Ir, M	.003	.023
Fearless		2.98 (1.23) B, O	3.54 (1.11) B, Ir, M, O	3.43 (.88) I, P, Ir, M, O	3.53 (1.08) P, B, M, O	3.60 (.89) P, B, Ir, O	3.36 (1.07) I, P, B, Ir, M	.002	.025

Table 2 Peru

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.113	.010
Guilty	3.04 (1.26) P, B, M, O	2.53 (1.26) I, B, Ir, M, O	2.52 (1.26) I, P, Ir, M, O	2.43 (1.23) P, B, M, O	2.34 (1.15) I, P, B, Ir, O	2.45 (1.12) I, P, B, Ir, M	.118	.012
Ashamed	3.20 (1.15) B, M, O	2.62 (1.24) I, B, Ir, M, O	2.74 (1.22) I, P, Ir, M, O	2.44 (1.31) P, B, M, O	2.38 (1.31) I, P, B, Ir, O	2.43 (1.04) I, P, B, Ir, M	.010	.020
Blameworthy	2.53 (1.04) P, B, Ir, M, O	2.37 (1.19) I, B, Ir, M, O	2.51 (1.10) I, P, Ir, M, O	2.36 (1.25) I, P, B, M, O	2.17 (1.17) I, P, B, Ir, O	2.45 (1.00) I, P, B, Ir, M	.797	.003
Angry at self	3.16 (1.38) P, B, M, O	2.64 (1.30) I, B, Ir, M, O	2.61 (1.15) I, P, Ir, M, O	2.45 (1.34) P, B, M, O	2.20 (1.23) I, P, B, Ir, O	2.81 (1.33) I, P, B, Ir, M	.022	.017
Disgusted with self	2.94 (1.35) P, B, Ir, M, O	2.50 (1.23) I, B, Ir, M, O	2.60 (1.21) I, P, Ir, M, O	2.36 (1.30) I, P, B, M, O	2.16 (1.30) I, P, B, Ir, O	2.72 (1.33) I, P, B, Ir, M	.026	.017
Dissatisfied with self	2.96 (1.40) P, B, M, O	2.53 (1.27) I, B, Ir, M, O	2.57 (1.28) I, P, Ir, M, O	2.36 (1.32) P, B, M, O	2.27 (1.27) I, P, B, Ir, O	2.68 (1.22) I, P, B, Ir, M	.034	.016
Sadness							<.001	.023
Sad	3.00 (1.31) P, B, M, O	2.46 (1.19) I, B, Ir, M	2.46 (1.19) I, P, M, O	2.73 (1.17) P, M	2.32 (1.25) I, P, B, Ir	3.15 (1.35) B	<.001	.044
Blue	2.88 (1.31) P, B, Ir, M, O	2.52 (1.23) I, B, Ir, M	2.75 (1.23) I, P, Ir, M, O	2.45 (1.19) I, P, B, M	2.23 (1.25) I, P, B, Ir	3.11 (1.27) B	<.001	.029
Downhearted	2.90 (1.43) P, B, O	2.47 (1.22) I, B, Ir, M, O	2.45 (1.17) I, P, Ir, M, O	2.25 (1.25) P, B, M	2.05 (1.15) P, B, Ir	2.94 (1.29) I, P, B	<.001	.034
Alone	3.61 (1.22) B, O	2.54 (1.34) B, Ir, M, O	2.96 (1.29) P, Ir, M	2.26 (1.35) P, M	1.95 (1.22) P, Ir	3.00 (1.27) I, P, B	<.001	.081
Lonely	3.49 (1.14) B, O	2.71 (1.40) B, M, O	2.83 (1.26) I, P, O	2.28 (1.38) M	1.94 (1.16) P, Ir	3.15 (1.27) I, P, B	<.001	.065

Table 3 Peru

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> - value	η_p^2
Happiness	5.94 (2.42) B, O	6.76 (2.03) I, B, Ir, M, O	6.64 (2.07) I, P, Ir, M, O	7.09 (1.95) P, B, M, O	7.66 (1.47) P, B, Ir	6.34 (2.25) I, P, B, Ir	<.001	.034
Happy	48.08 (25.22) P, B, M, O	57.44 (25.60) I, B, Ir, M, O	57.00 (25.01) I, P, Ir, M, O	59.25 (24.60) P, B, M, O	64.09 (23.47) I, P, B, Ir, O	49.85 (27.95) I, P, B, Ir, M	.009	.020
Unhappy	33.12 (21.48) P, B, Ir, M, O	31.49 (27.79) I, B, Ir, M, O	29.24 (23.14) I, P, Ir, M, O	25.90 (25.19) I, P, B, M, O	18.70 (19.40) I, P, B, Ir, O	29.81 (24.70) I, P, B, Ir, M	.343	.007
Neutral	41.06 (27.21) P, B, Ir, M, O	40.31 (26.16) I, B, Ir, M, O	37.79 (25.19) I, P, Ir, M, O	37.43 (24.44) I, P, B, M, O	32.15 (22.93) I, P, B, Ir, O	41.26 (29.33) I, P, B, Ir, M	.278	.008
Life satisfaction	4.26 (1.24) P, B, O	4.69 (1.19) I, B, Ir, O	4.85 (1.12) I, P, Ir, M, O	4.88 (1.21) P, B, M, O	5.47 (.92) B, Ir, O	4.75 (1.33) I, P, B, Ir, M	<.001	.030
Meaning in life	3.81 (.91) B, O	4.39 (1.08) B, Ir, M, O	4.38 (.78) I, P, Ir, M, O	4.52 (1.04) P, B, M, O	4.96 (.90) P, B, Ir, O	4.34 (1.02) I, P, B, Ir, M	<.001	.030
Optimism	3.86 (.69) B, O	4.10 (.54) B, Ir, M, O	4.18 (.53) I, P, Ir, M, O	4.15 (.56) P, B, M, O	4.33 (.45) P, B, Ir, O	4.05 (.59) I, P, B, Ir, M	.020	.018

Poland

Table 1 Poland
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.001	.028
Happy	2.78 (.96) P	2.87 (1.02) I, B	3.29 (.80) P, Ir, M	3.38 (.97) B, M	3.36 (.91) B, Ir	-		<.001	.050
Joyful	2.91 (1.00) P	2.93 (.98) I, B	3.45 (.89) P, Ir, M	3.48 (.95) B, M	3.37 (.93) B, Ir	-		<.001	.044
Delighted	2.41 (1.02) P	2.70 (1.03) I, B, Ir, M	3.08 (.88) P, Ir, M	2.98 (1.06) P, B, M	2.92 (1.04) P, B, Ir	-		.003	.029
Cheerful	2.91 (1.01) P, B	2.72 (.98) I	3.37 (.94) I, Ir, M	3.44 (1.01) B, M	3.32 (.97) B, Ir	-		<.001	.048
Excited	2.46 (.94) P, Ir, M	2.57 (1.00) I, B, Ir, M	3.16 (.86) P, Ir, M	2.94 (1.03) I, P, B, M	2.84 (1.04) I, P, B, Ir	-		.005	.027
Enthusiastic	2.57 (1.13) P	2.65 (.99) I, M	3.34 (.91) Ir, M	3.18 (1.06) B, M	3.03 (.98) P, B, Ir	-		<.001	.043
Lively	2.74 (1.06) P	2.87 (1.02) I, B, Ir, M	3.39 (.86) P, Ir, M	3.23 (1.05) P, B, M	3.17 (.96) P, B, Ir	-		.001	.032
Energetic	2.76 (1.06) P	3.00 (.99) I, B, Ir, M	3.42 (.83) P, Ir, M	3.35 (1.09) P, B, M	3.23 (.98) P, B, Ir	-		.001	.033
Self-assurance								.004	.021
Proud	2.61 (1.04) P	2.87 (1.02) I, B, Ir, M	3.37 (.75) P, Ir, M	3.10 (1.12) P, B, M	3.23 (1.07) P, B, Ir	-		<.001	.041
Strong	2.85 (1.01) P	3.00 (1.03) I, B, Ir, M	3.42 (.83) P, Ir, M	3.36 (1.07) P, B, M	3.26 (.98) P, B, Ir	-		.004	.028
Confident	2.87 (1.05) P, B, Ir	3.07 (1.12) I, B, Ir, M	3.29 (.93) I, P, Ir, M	3.25 (1.11) I, P, B, M	3.31 (.95) P, B, Ir	-		.022	.021
Bold	2.00 (.97) P, Ir, M	2.20 (1.07) I, B, Ir, M	2.71 (1.04) P, Ir, M	2.33 (1.00) I, P, B, M	2.25 (1.06) I, P, B, Ir	-		.023	.20
Daring	2.50 (.98) P	2.78 (1.03) I, B, Ir, M	3.26 (.83) P, Ir, M	3.04 (1.08) P, B, M	2.95 (1.00) P, B, Ir	-		.003	.029

Fearless		2.33 (1.06) P, Ir	2.70 (1.11) I, B, Ir, M	2.97 (.97) P, Ir, M	2.81 (1.13) I, P, B, M	2.80 (.99) P, B, Ir	-	.035	.019
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Table 2 Poland

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.074	.016
Guilty	1.76 (.95) P, B, Ir, M	2.02 (1.11) I, B, Ir, M	2.16 (.92) I, P, Ir, M	1.84 (1.02) I, P, B, M	1.72 (.87) I, P, B, Ir	-	.018	.022
Ashamed	1.91 (.99) P, B, Ir, M	1.96 (.99) I, B, Ir, M	2.21 (.88) I, P, Ir, M	2.02 (1.04) I, P, B, M	1.86 (.92) I, P, B, Ir	-	.164	.012
Blameworthy	1.54 (.89) P, B, Ir, M	1.76 (.97) I, B, Ir, M	1.84 (.95) I, P, Ir, M	1.54 (.99) I, P, B, M	1.47 (.85) I, P, B, Ir	-	.014	.023
Angry at self	2.20 (1.05) P, B, Ir, M	2.22 (1.11) I, B, Ir, M	2.32 (1.04) I, P, Ir, M	2.02 (1.07) I, P, B, M	1.98 (1.02) I, P, B, Ir	-	.150	.012
Disgusted with self	1.96 (1.01) P, B, Ir, M	2.04 (1.17) I, B, Ir, M	2.03 (1.03) I, P, Ir, M	1.74 (1.09) I, P, B, M	1.70 (.94) I, P, B, Ir	-	.047	.017
Dissatisfied with self	2.28 (1.15) P, B, Ir, M	2.22 (1.07) I, B, Ir	2.11 (1.06) I, P, Ir, M	1.97 (1.10) I, P, B, M	1.81 (.92) I, B, Ir	-	.003	.028
Sadness							<.001	.052
Sad	2.39 (1.11) P, B, Ir, M	2.48 (1.07) I, B, Ir, M	2.26 (1.18) I, P, Ir, M	2.11 (1.07) I, P, B, M	2.03 (1.00) I, P, B, Ir	-	.025	.020
Blue	2.28 (1.19) P, B, Ir, M	2.33 (1.08) I, B, Ir, M	2.21 (1.09) I, P, Ir, M	2.05 (1.08) I, P, B, M	1.94 (1.03) I, P, B, Ir	-	.058	.017
Downhearted	2.20 (1.19) P, B, Ir, M	2.30 (1.07) I, B, Ir	2.11 (1.13) I, P, Ir, M	1.95 (1.13) I, P, B, M	1.83 (1.06) I, B, M	-	.017	.022
Alone	3.07 (1.27) P, B	2.76 (1.18) I, B	2.63 (1.17) I, P	1.97 (1.09) M	1.78 (1.00) Ir	-	<.001	.136
Lonely	3.09 (1.31) P, B	2.48 (1.11) I, B	2.66 (1.19) I, P	1.88 (1.12) M	1.70 (.97) Ir	-	<.001	.150

Table 3 Poland

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.41 (2.00) P, B	6.30 (2.17) I, B, Ir, M	6.13 (2.23) I, P, Ir, M	6.47 (2.12) P, B, M	6.70 (2.00) P, B, Ir	-	.001	.034
Happy	34.37 (24.05) P, B	43.59 (29.73) I, B, Ir, M	45.97 (25.31) I, P, Ir, M	51.53 (25.35) P, B, M	52.54 (26.56) P, B, Ir	-	<.001	.044
Unhappy	34.67 (24.94)	17.57 (14.46) B, Ir, M	22.84 (18.36) P, Ir, M	21.64 (19.44) P, B, M	19.15 (18.05) P, B, Ir	-	<.001	.048
Neutral	30.96 (25.82) P, B, Ir, M	38.85 (26.47) I, B	31.18 (22.03) I, P, Ir, M	26.06 (19.90) I, B, M	28.00 (22.28) I, B, M	-	.020	.021
Life satisfaction	3.50 (1.24) P	3.91 (1.44) I, B, Ir, M	4.49 (1.23) P, Ir, M	4.28 (1.46) P, B, M	4.40 (1.23) P, B, Ir	-	<.001	.046
Meaning in life	3.82 (.98) P, B	4.28 (1.11) I, B, Ir, M	4.24 (.91) I, P, Ir, M	4.35 (1.02) P, B, M	4.49 (.98) P, B, Ir	-	.001	.033
Optimism	3.61 (.64) P	3.86 (.61) I, B, Ir, M	4.10 (.41) P, Ir, M	3.98 (.63) P, B, M	3.97 (.51) P, B, Ir	-	<.001	.041

Russia

Table 1 Russia
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.270	.023	
Happy	2.46 (1.07) P, B, Ir, O	2.74 (1.21) I, B, Ir, M, O	2.83 (1.78) I, P, Ir, M, O	2.65 (.94) I, P, B, O	3.07 (1.01) P, B, O	2.67 (1.05) I, P, B, Ir, M	.005	.042	
Joyful	2.62 (1.16) P, B, Ir, M, O	2.65 (1.05) I, B, Ir, M, O	2.93 (1.17) I, P, Ir, M, O	2.76 (.88) I, P, B, M, O	3.02 (.98) I, P, B, Ir, O	2.67 (1.05) I, P, B, Ir, M	.084	.025	
Delighted	2.05 (1.03) P, B, Ir, M, O	2.32 (1.17) I, B, Ir, M, O	2.50 (1.33) I, P, Ir, M, O	2.11 (1.06) I, P, B, M, O	2.51 (1.12) I, P, B, Ir, O	2.00 (1.20) I, P, B, Ir, M	.033	.031	
Cheerful	2.76 (.93) P, B, Ir, M, O	2.68 (1.11) I, B, Ir, M, O	2.63 (1.13) I, P, Ir, M, O	2.63 (1.06) I, P, B, M, O	2.88 (1.05) I, P, B, Ir, O	2.40 (1.12) I, P, B, Ir, M	.595	.009	
Excited	2.59 (1.19) P, B, Ir, M, O	2.45 (.96) I, B, Ir, M, O	2.97 (1.10) I, P, Ir, M, O	2.65 (1.10) I, P, B, M, O	2.57 (1.18) I, P, B, Ir, O	1.80 (.78) I, P, B, Ir, M	.366	.014	
Enthusiastic	2.27 (.99) P, B, Ir, M, O	2.32 (1.19) I, B, Ir, M, O	2.73 (1.08) I, P, Ir, M, O	2.53 (.95) I, P, B, M, O	2.75 (1.06) I, P, B, Ir, O	2.27 (1.03) I, P, B, Ir, M	.066	.026	
Lively	2.38 (.98) P, B, Ir, O	2.65 (1.17) I, B, Ir, M, O	2.87 (1.14) I, P, Ir, M, O	2.77 (.98) I, P, B, M, O	2.90 (.96) P, B, Ir, O	2.47 (1.19) I, P, B, Ir, M	.040	.030	
Energetic	2.49 (1.02) P, B, Ir, M, O	2.77 (1.09) I, B, Ir, M, O	2.87 (1.17) I, P, Ir, M, O	2.73 (1.07) I, P, B, M, O	2.82 (1.00) I, P, B, Ir, O	2.53 (1.19) I, P, B, Ir, M	.651	.009	
Self-assurance							.592	.014	
Proud	2.24 (1.26) P, B, Ir, M, O	2.32 (1.05) I, B, Ir, M, O	2.73 (1.17) I, P, Ir, M, O	2.58 (1.15) I, P, B, M, O	2.62 (1.16) I, P, B, Ir, O	2.20 (1.08) I, P, B, Ir, M	.431	.013	
Strong	2.54 (.99) P, B, Ir, M, O	2.68 (1.14) I, B, Ir, M, O	2.73 (1.20) I, P, Ir, M, O	2.50 (1.02) I, P, B, M, O	2.80 (1.02) I, P, B, Ir, O	2.67 (1.23) I, P, B, Ir, M	.275	.016	
Confident	2.70 (1.08) P, B, Ir, M, O	3.00 (1.00) I, B, Ir, M, O	3.00 (1.15) I, P, Ir, M, O	2.90 (1.00) I, P, B, M, O	3.04 (1.00) I, P, B, Ir, O	3.07 (1.16) I, P, B, Ir, M	.312	.015	
Bold	2.51 (.99) P, B, Ir, M, O	2.61 (.96) I, B, Ir, M, O	2.90 (1.06) I, P, Ir, M, O	2.97 (1.04) I, P, B, M, O	2.91 (1.02) I, P, B, Ir, O	2.67 (1.18) I, P, B, Ir, M	.175	.020	

Daring		2.24 (1.04) P, B, Ir, M, O	2.39 (.92) I, B, Ir, M, O	2.80 (1.19) I, P, Ir, M, O	2.76 (1.02) I, P, B, M, O	2.72 (1.06) I, P, B, Ir, O	2.33 (1.05) I, P, B, Ir, M	.044	.029
Fearless		2.16 (1.19) P, B, Ir, M, O	2.26 (.93) I, B, Ir, M, O	2.67 (1.16) I, P, Ir, M, O	2.61 (1.14) I, P, B, M, O	2.46 (1.06) I, P, B, Ir, O	2.27 (1.22) I, P, B, Ir, M	.244	.017

Table 2 Russia

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.378	.016
Guilty	1.92 (1.14) P, B, Ir, M, O	2.06 (1.32) I, B, Ir, M, O	2.03 (1.00) I, P, Ir, M, O	1.97 (1.02) I, P, B, M, O	1.92 (1.06) I, P, B, Ir, O	1.60 (.91) I, P, B, Ir, M	.826	.006
Ashamed	1.81 (1.22) P, B, Ir, M, O	1.65 (1.05) I, B, Ir, M, O	1.53 (1.01) I, P, Ir, M, O	1.50 (.83) I, P, B, M, O	1.50 (.90) I, P, B, Ir, O	1.20 (.56) I, P, B, Ir, M	.073	.026
Blameworthy	1.84 (1.07) P, B, M, O	1.74 (1.18) I, B, Ir, M, O	1.70 (1.09) I, P, Ir, M, O	1.39 (.64) P, B, M, O	1.56 (.88) I, P, B, Ir, O	1.13 (.52) I, P, B, Ir, M	.032	.031
Angry at self	2.46 (1.30) P, B, Ir, M, O	2.16 (1.29) I, B, Ir, M, O	2.13 (1.11) I, P, Ir, M, O	2.18 (1.17) I, P, B, M, O	1.98 (1.03) I, P, B, Ir, O	1.73 (1.16) I, P, B, Ir, M	.123	.022
Disgusted with self	1.78 (1.18) P, B, Ir, O	1.81 (1.38) I, B, Ir, M, O	1.60 (1.16) I, P, Ir, M, O	1.55 (.90) I, P, B, M, O	1.42 (.83) P, B, Ir, O	1.40 (1.06) I, P, B, Ir, M	.037	.030
Dissatisfied with self	2.32 (1.25) P, B, Ir, M, O	2.32 (1.42) I, B, Ir, M, O	2.17 (1.15) I, P, Ir, M, O	2.06 (1.11) I, P, B, M, O	1.90 (1.04) I, P, B, Ir, O	1.80 (1.08) I, P, B, Ir, M	.109	.023
Sadness							.036	.020
Sad	2.76 (1.16) P, B, Ir, M, O	2.52 (1.34) I, B, Ir, M, O	2.33 (1.24) I, P, Ir, M, O	2.42 (1.05) I, P, B, M, O	2.19 (1.08) I, P, B, Ir, O	2.27 (1.28) I, P, B, Ir, M	.163	.020
Blue	2.76 (1.21) P, B, Ir, M, O	2.52 (1.41) I, B, Ir, M, O	2.43 (1.22) I, P, Ir, M, O	2.44 (1.07) I, P, B, M, O	2.19 (1.13) I, P, B, Ir, O	2.13 (1.19) I, P, B, Ir, M	.151	.021
Downhearted	2.54 (1.39) P, B, Ir, M, O	2.13 (1.41) I, B, Ir, M, O	2.07 (1.29) I, P, Ir, M, O	2.10 (1.18) I, P, B, M, O	1.90 (1.18) I, P, B, Ir, O	1.67 (1.29) I, P, B, Ir, M	.295	.016
Alone	2.35 (1.36) P, B, Ir, O	1.87 (1.20) I, B, Ir, M, O	2.10 (1.13) I, P, Ir, M, O	1.95 (1.15) I, P, B, M, O	1.69 (1.09) P, B, Ir, O	1.73 (1.17) I, P, B, Ir, M	.059	.027
Lonely	2.84 (1.39) B, Ir, O	1.90 (1.27) B, Ir, M, O	2.47 (1.25) I, P, Ir, O	2.11 (1.18) I, P, B, M, O	1.67 (1.04) P, Ir, O	1.80 (1.15) I, P, B, Ir, M	<.001	.079

Table 3 Russia

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.32 (2.13) P, B, Ir, O	6.13 (2.51) I, B, Ir, M, O	6.07 (2.72) I, P, Ir, M, O	6.37 (2.03) I, P, B, M, O	6.97 (1.78) P, B, Ir, O	6.13 (2.42) I, P, B, Ir, M	<.001	.053
Happy	32.81 (23.72) P, B, Ir, O	36.13 (28.48) I, B, Ir, M, O	40.83 (30.17) I, P, Ir, M, O	42.71 (24.77) I, P, B, M, O	49.58 (26.61) P, B, Ir, O	33.40 (26.01) I, P, B, Ir, M	.002	.049
Unhappy	34.78 (22.82) P, B, Ir, M, O	29.57 (28.68) I, B, Ir, M, O	36.40 (28.51) I, P, Ir, M, O	31.58 (22.42) I, P, B, M, O	23.40 (21.02) I, P, B, Ir, O	23.07 (27.83) I, P, B, Ir, M	.021	.034
Neutral	37.41 (21.25) P, B, Ir, M, O	35.52 (23.21) I, B, Ir, M, O	38.70 (25.28) I, P, Ir, M, O	31.35 (18.77) I, P, B, M, O	34.01 (22.29) I, P, B, Ir, O	42.67 (30.05) I, P, B, Ir, M	.500	.011
Life satisfaction	3.08 (1.18) P, B, Ir, M, O	3.36 (1.34) I, B, Ir, M, O	3.26 (1.21) I, P, Ir, M, O	3.37 (1.21) I, P, B, M, O	3.71 (1.23) I, P, B, Ir, O	3.27 (1.29) I, P, B, Ir, M	.122	.022
Meaning in life	3.71 (.71) P, B, Ir, O	4.18 (1.16) I, B, Ir, M, O	4.19 (.90) I, P, Ir, M, O	4.09 (.75) I, P, B, M, O	4.34 (.82) P, B, Ir, O	4.46 (.66) I, P, B, Ir, M	.011	.038
Optimism	3.85 (.76) P, B, Ir, M, O	3.92 (.73) I, B, Ir, M, O	4.10 (.72) I, P, Ir, M, O	4.03 (.57) I, P, B, M, O	4.10 (.64) I, P, B, Ir, O	4.23 (.59) I, P, B, Ir, M	.211	.018

Spain

Table 1 Spain
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.139	.026	
Happy	3.40 (.95) P, B, O	3.83 (.75) I, B, Ir, M, O	3.37 (1.01) I, P, Ir, M, O	3.81 (.75) P, B, M, O	3.94 (.66) P, B, Ir, O	3.50 (.80) I, P, B, Ir, M	.001	.052	
Joyful	2.46 (1.04) P, B, Ir, M, O	2.78 (.86) I, B, Ir, M, O	2.42 (.96) I, P, Ir, M, O	2.71 (1.13) I, P, B, M, O	2.82 (.91) I, P, B, Ir, O	2.45 (1.18) I, P, B, Ir, M	.369	.014	
Delighted	3.03 (1.01) P, B, Ir, M, O	3.42 (.96) I, B, Ir, M, O	2.79 (1.32) I, P, Ir, M, O	3.45 (1.03) I, P, B, M, O	3.59 (.90) I, P, B, Ir, O	2.91 (.92) I, P, B, Ir, M	.053	.028	
Cheerful	3.43 (.98) P, B, O	3.93 (.83) I, B, Ir, M, O	3.42 (.90) I, P, Ir, M, O	3.96 (.81) P, B, M, O	3.93 (.76) P, B, Ir, O	3.50 (.86) I, P, B, Ir, M	.001	.050	
Excited	2.60 (1.12) P, B, Ir, O	2.98 (1.07) I, B, Ir, M, O	2.74 (.93) I, P, Ir, M, O	3.03 (1.03) I, P, B, M, O	2.89 (.94) P, B, Ir, O	2.95 (1.29) I, P, B, Ir, M	.032	.031	
Enthusiastic	3.06 (1.16) P, B, Ir, M, O	3.20 (.76) I, B, Ir, M, O	3.11 (1.20) I, P, Ir, M, O	3.43 (1.04) I, P, B, M, O	3.56 (.90) I, P, B, Ir, O	3.09 (1.15) I, P, B, Ir, M	.045	.029	
Lively	3.46 (1.04) P, B, O	3.75 (.84) I, B, Ir, M, O	3.68 (.89) I, P, Ir, M, O	3.98 (1.00) P, B, M, O	4.14 (.82) P, B, Ir, O	3.64 (1.09) I, P, B, Ir, M	.012	.037	
Energetic	3.00 (1.00) P, B, Ir, M, O	3.33 (.97) I, B, Ir, M, O	3.26 (1.20) I, P, Ir, M, O	3.41 (1.01) I, P, B, M, O	3.59 (.94) I, P, B, Ir, O	3.14 (.99) I, P, B, Ir, M	.309	.015	
Self-assurance							.003	.028	
Proud	3.23 (1.26) P, B, O	3.56 (1.23) I, B, Ir, M, O	3.68 (1.11) I, P, Ir, M, O	3.72 (.98) P, B, M, O	3.87 (.93) P, B, Ir, O	3.18 (1.05) I, P, B, Ir, M	.001	.054	
Strong	3.46 (1.01) P, B, Ir, M, O	3.39 (1.05) I, B, Ir, M, O	3.95 (1.08) I, P, Ir, M, O	3.63 (1.03) I, P, B, M, O	3.90 (.86) I, P, B, Ir, O	3.68 (.95) I, P, B, Ir, M	.078	.025	
Confident	2.97 (1.25) P, B, O	3.61 (.83) I, B, Ir, M, O	3.32 (1.16) I, P, Ir, M, O	3.51 (.67) P, B, M, O	3.81 (.94) P, B, Ir, O	3.00 (1.02) I, P, B, Ir, M	.018	.034	
Bold	2.74 (.95) B, O	3.49 (1.08) B, Ir, M, O	3.37 (.83) I, P, Ir, M, O	3.52 (.95) P, B, M, O	3.41 (.88) P, B, Ir, O	3.41 (1.14) I, P, B, Ir, M	.008	.029	

Daring		2.89 (1.18) P, B, Ir, M, O	3.27 (1.10) I, B, Ir, M, O	3.26 (1.15) I, P, Ir, M, O	3.39 (1.10) I, P, B, M, O	3.24 (.97) I, P, B, Ir, O	3.23 (1.27) I, P, B, Ir, M	.112	.023
Fearless		2.63 (1.11) P, B, Ir, M, O	3.15 (1.11) I, B, Ir, M, O	2.47 (.96) I, P, Ir, M, O	2.99 (1.04) I, P, B, M, O	2.97 (1.00) I, P, B, Ir, O	2.91 (.97) I, P, B, Ir, M	.153	.020

Table 2 Spain

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.287	.017
Guilty	2.26 (1.31) P, B, Ir, M, O	2.41 (1.18) I, B, Ir, M, O	2.90 (1.25) I, P, Ir, M, O	2.26 (1.19) I, P, B, M, O	2.04 (1.03) I, P, B, Ir, O	2.29 (1.23) I, P, B, Ir, M	.422	.013
Ashamed	2.23 (1.14) P, B, Ir, M, O	2.15 (.99) I, B, Ir, M, O	2.25 (1.12) I, P, Ir, M, O	2.08 (1.06) I, P, B, M, O	1.72 (.92) I, P, B, Ir, O	2.14 (1.15) I, P, B, Ir, M	.405	.013
Blameworthy	3.86 (1.00) P, B, Ir, M, O	4.10 (.94) I, B, Ir, M, O	4.15 (.81) I, P, Ir, M, O	4.11 (.92) I, P, B, M, O	4.34 (.72) I, P, B, Ir, O	3.81 (.81) I, P, B, Ir, M	.430	.013
Angry at self	2.26 (1.17) P, B, Ir, M, O	2.20 (1.23) I, B, Ir, M, O	2.90 (1.29) I, P, Ir, M, O	2.35 (1.20) I, P, B, M, O	1.94 (1.00) I, P, B, Ir, O	2.38 (.97) I, P, B, Ir, M	.080	.025
Disgusted with self	2.37 (1.29) P, B, Ir, M, O	2.10 (1.11) I, B, Ir, M, O	2.75 (1.45) I, P, Ir, M, O	2.22 (1.18) I, P, B, M, O	1.86 (1.03) I, P, B, Ir, O	2.24 (1.09) I, P, B, Ir, M	.134	.022
Dissatisfied with self	2.71 (1.34) P, B, Ir, O	2.20 (1.10) I, B, Ir, M, O	2.75 (1.52) I, P, Ir, M, O	2.30 (1.23) I, P, B, O	1.74 (.94) P, B, O	2.43 (1.25) I, P, B, Ir, M	.008	.039
Sadness							<.001	.031
Sad	2.63 (1.22) P, B, Ir, O	2.34 (.97) I, B, Ir, M, O	3.10 (1.41) I, P, Ir, M, O	2.26 (1.16) I, P, B, O	1.80 (.93) P, B, O	2.45 (1.18) I, P, B, Ir, M	.003	.045
Blue	2.00 (1.28) P, B, Ir, M, O	1.80 (.95) I, B, Ir, M, O	2.70 (1.34) I, P, Ir, M, O	1.78 (1.06) I, P, B, M, O	1.62 (1.01) I, P, B, Ir, O	1.91 (1.07) I, P, B, Ir, M	.280	.016
Downhearted	2.11 (1.26) P, B, Ir, M, O	1.83 (1.16) I, B, Ir, M, O	2.75 (1.55) I, P, Ir, M, O	1.89 (1.07) I, P, B, M, O	1.61 (.99) I, P, B, Ir, O	1.95 (1.21) I, P, B, Ir, M	.154	.020
Alone	2.77 (1.46) P, B, O	2.02 (1.13) I, B, Ir, M, O	2.55 (1.40) I, P, Ir, M, O	1.82 (1.13) P, B, M, O	1.65 (1.11) P, B, Ir, O	2.36 (1.43) I, P, B, Ir, M	<.001	.056
Lonely	2.63 (1.26) P, B, Ir, O	2.37 (1.16) I, B, Ir, O	2.65 (1.23) I, P, Ir, M, O	2.12 (1.20) I, P, B, O	1.73 (1.06) B	2.86 (1.17) I, P, B, Ir	<.001	.075

Table 3 Spain

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.29 (1.98) P, B, O	7.39 (1.36) I, B, Ir, M, O	6.55 (1.57) I, P, Ir, M, O	7.25 (1.46) P, B, M, O	7.57 (1.32) P, B, Ir, O	6.59 (1.89) I, P, B, Ir, M	.001	.049
Happy	45.00 (22.06) P, B, Ir, M, O	53.66 (19.54) I, B, Ir, M, O	47.10 (23.05) I, P, Ir, M, O	55.77 (20.68) I, P, B, M, O	60.88 (22.09) I, P, B, Ir, O	53.32 (27.57) I, P, B, Ir, M	.090	.024
Unhappy	23.00 (15.86) P, B, Ir, M, O	17.58 (10.37) I, B, Ir, M, O	25.15 (16.02) I, P, Ir, M, O	21.02 (18.14) I, P, B, M, O	14.69 (14.04) I, P, B, Ir, O	27.36 (27.24) I, P, B, Ir, M	.078	.025
Neutral	34.23 (19.30) P, B, Ir, M, O	32.08 (15.76) I, B, Ir, M, O	34.25 (18.80) I, P, Ir, M, O	29.26 (18.83) I, P, B, M, O	29.04 (20.40) I, P, B, Ir, O	31.67 (16.30) I, P, B, Ir, M	.623	.009
Life satisfaction	4.43 (1.12) P, B, O	4.95 (.94) I, B, Ir, M, O	4.65 (1.15) I, P, Ir, M, O	5.00 (.98) P, B, M, O	5.32 (.89) P, B, Ir, O	4.48 (1.19) I, P, B, Ir, M	.001	.052
Meaning in life	3.93 (1.02) P, B, Ir, O	4.47 (.87) I, B, Ir, M, O	4.20 (1.12) I, P, Ir, M, O	4.34 (.97) I, P, B, M, O	4.97 (.89) P, B, Ir, O	4.54 (1.25) I, P, B, Ir, M	.013	.037
Optimism	3.94 (.63) P, B, Ir, M, O	4.36 (.54) I, B, Ir, M, O	4.08 (.72) I, P, Ir, M, O	4.06 (.64) I, P, B, M, O	4.36 (.68) I, P, B, Ir, O	3.98 (.65) I, P, B, Ir, M	.105	.023

Turkey

Table 1 Turkey
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.003	.019	
Happy	3.01 (.90) P, B, O	3.25 (.99) I, B, Ir, O	3.25 (1.0) I, P, Ir, M, O	3.50 (.93) P, B, M, O	3.67 (.90) P, B, Ir, O	3.12 (.97) I, P, B, Ir	<.001	.055	
Joyful	2.85 (.91) P, B, O	3.17 (1.06) I, Br, Ir, M, O	3.17 (1.12) I, P, Ir, M, O	3.31 (.95) P, B, M, O	3.45 (.92) P, B, Ir	3.02 (1.16) I, P, B, Ir	<.001	.041	
Delighted	3.01 (1.05) P, B, Ir, O	3.18 (1.07) I, B, Ir, M, O	3.10 (1.06) I, P, Ir, M, O	3.34 (1.08) I, P, B, M, O	3.62 (.95) P, B, Ir, O	3.14 (1.05) I, P, B, Ir, M	.003	.025	
Cheerful	3.01 (.98) P, B, O	3.24 (1.09) I, B, Ir, M, O	3.29 (1.14) I, P, Ir, M, O	3.53 (.94) P, B, M, O	3.53 (.99) P, B, Ir, O	3.17 (1.32) I, P, B, Ir, M	<.001	.035	
Excited	2.92 (1.21) P, B, O	3.13 (1.19) I, B, Ir, M, O	3.17 (1.09) I, P, Ir, M, O	3.31 (1.19) P, B, M, O	3.26 (1.13) P, B, Ir, O	3.12 (1.29) I, P, B, Ir, M	.005	.024	
Enthusiastic	2.54 (1.07) P, B, O	2.90 (1.11) I, B, Ir, M, O	2.94 (1.16) I, P, Ir, M, O	3.10 (1.22) P, B, M, O	3.13 (1.17) P, B, Ir	2.69 (1.22) I, P, B, Ir	<.001	.036	
Lively	2.82 (1.09) P, B, Ir, O	3.12 (1.15) I, B, Ir, M, O	3.13 (1.13) I, P, Ir, M, O	3.18 (1.18) I, P, B, M, O	3.44 (1.08) P, B, Ir, O	3.10 (1.28) I, P, B, Ir, M	.003	.026	
Energetic	2.69 (1.19) P, B, Ir, M, O	3.28 (1.20) I, B, Ir, M, O	3.16 (1.19) I, P, Ir, M, O	3.20 (1.20) I, P, B, M, O	3.42 (1.07) I, P, B, Ir, O	3.33 (1.14) I, P, B, Ir, M	.184	.011	
Self-assurance							.016	.014	
Proud	3.28 (1.20) P, B, O	3.50 (1.18) I, B, Ir, O	3.55 (1.30) I, P, Ir, M, O	3.61 (1.21) P, B, M, O	4.06 (1.03) B, Ir, O	3.90 (1.17) I, P, B, Ir, M	.001	.029	
Strong	3.49 (1.25) P, B, Ir, M, O	3.66 (1.12) I, B, Ir, M, O	3.64 (1.16) I, P, Ir, M, O	3.75 (1.17) I, P, B, M, O	4.00 (.97) I, P, B, Ir, O	3.86 (1.32) I, P, B, Ir, M	.119	.012	
Confident	3.53 (1.16) P, B, Ir, M, O	3.60 (1.14) I, B, Ir, M, O	3.66 (1.30) I, P, Ir, M, O	3.65 (1.08) I, P, B, M, O	4.03 (.91) I, P, B, Ir, O	3.52 (1.35) I, P, B, Ir, M	.072	.014	
Bold	3.41 (1.20) P, B, Ir, M, O	3.51 (1.20) I, B, Ir, M, O	3.66 (1.20) I, P, Ir, M, O	3.64 (1.18) I, P, B, M, O	3.96 (1.00) I, P, B, Ir, O	3.45 (1.23) I, P, B, Ir, M	.051	.016	

Daring	3.19 (1.13) P, B, Ir, M, O	3.36 (1.19) I, B, Ir, M, O	3.50 (1.26) I, P, Ir, M, O	3.52 (1.14) I, P, B, M, O	3.61 (1.06) I, P, B, Ir, O	3.14 (1.35) I, P, B, Ir, M	.036	.017
Fearless	3.16 (1.24) P, B, Ir, M, O	3.37 (1.22) I, B, Ir, M, O	3.47 (1.23) I, P, Ir, M, O	3.35 (1.15) I, P, B, M, O	3.49 (1.03) I, P, B, Ir, O	3.00 (1.45) I, P, B, Ir, M	.247	.009

Table 2 Turkey

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.026	.013
Guilty	2.05 (1.22) P, B, Ir, M, O	1.93 (1.04) I, B, Ir, M, O	2.13 (1.24) I, P, Ir, M, O	1.91 (1.18) I, P, B, M, O	1.76 (.92) I, P, B, Ir, O	1.63 (1.15) I, P, B, Ir, M	5.99	.005
Ashamed	2.20 (1.27) P, B, Ir, M, O	1.97 (1.11) I, B, Ir, M, O	2.22 (1.03) I, P, Ir, M, O	2.04 (1.24) I, P, B, M, O	1.74 (.97) I, P, B, Ir, O	2.22 (1.37) I, P, B, Ir, M	.323	.008
Blameworthy	1.87 (1.08) P, B, Ir, M, O	1.75 (1.05) I, B, Ir, M, O	1.97 (1.25) I, P, Ir, M, O	1.76 (1.09) I, P, B, M, O	1.61 (.90) I, P, B, Ir, O	1.65(1.15) I, P, B, Ir, M	.743	.004
Angry at self	3.05 (1.37) P, B, Ir, M, O	2.76 (1.25) I, B, Ir, M, O	2.67 (1.37) I, P, Ir, M, O	2.62 (1.33) I, P, B, M, O	2.22 (1.18) I, P, B, Ir, O	2.50 (1.41) I, P, B, Ir, M	.208	.010
Disgusted with self	2.11 (1.35) B, Ir, O	1.63 (1.04) B, Ir, M, O	1.75 (1.20) I, P, Ir, M, O	1.74 (1.21) I, P, B, M, O	1.26 (.65) P, B, Ir, O	1.83 (1.34) I, P, B, Ir, M	.001	.028
Dissatisfied with self	2.76 (1.39) B, Ir, O	2.21 (1.21) B, Ir, M, O	2.22 (1.25) I, P, Ir, M, O	2.23 (1.34) I, P, B, M, O	1.77 (1.04) P, B, Ir, O	2.10 (1.51) I, P, B, Ir, M	.013	.020
Sadness							<.001	.016
Sad	3.00 (1.18) P, B, O	2.64 (1.20) I, B, Ir, M, O	2.69 (1.18) I, P, Ir, M, O	2.48 (1.24) P, B, M, O	2.18 (1.06) P, B, Ir, O	2.73 (1.40) I, P, B, Ir, M	.007	.023
Blue	3.42 (1.26) B, O	2.83 (1.23) B, Ir, M, O	2.97 (1.18) I, P, Ir, M, O	2.84 (1.31) P, B, M, O	2.35 (1.20) P, B, Ir, O	2.77 (1.29) I, P, B, Ir, M	.001	.027
Downhearted	3.30 (1.25) B, O	2.72 (1.30) B, Ir, M, O	2.86 (1.36) I, P, Ir, M, O	2.75 (1.31) P, B, M, O	2.24 (1.11) P, B, Ir, O	2.76 (1.28) I, P, B, Ir, M	.001	.028
Alone	3.01 (1.44) B, O	2.45 (1.23) B, Ir, O	2.88 (1.41) I, P, O	2.30 (1.31) P, B, O	1.91 (1.17) Ir, O	2.34 (1.49) I, P, B, Ir, M	<.001	.064
Lonely	2.96 (1.48) B, O	2.41 (1.31) B, Ir, O	2.73 (1.47) I, P, Ir, O	2.26 (1.34) P, B, M, O	1.85 (1.15) Ir, O	2.22 (1.41) I, P, B, Ir, M	<.001	.053

Table 3 Turkey

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> - value	η_p^2
Happiness	5.49 (2.23) B, O	6.29 (2.22) B, Ir, M, O	6.18 (2.51) I, P, Ir, M, O	6.40 (1.98) P, B, M, O	7.00 (1.74) P, B, Ir	5.49 (2.41) I, P, B, Ir	<.001	.040
Happy	41.63 (21.94) P, B, O	48.91 (21.94) I, B, Ir, M, O	50.02 (20.47) I, P, Ir, M, O	51.95 (21.86) P, B, M, O	59.44 (21.31) P, B, Ir	45.71 (21.06) I, P, B, Ir	<.001	.041
Unhappy	37.95 (19.40) P, B, Ir, M, O	32.70 (22.31) I, B, Ir, M, O	34.80 (21.14) I, P, Ir, M, O	32.60 (20.78) I, P, B, M, O	28.87 (19.67) I, P, B, Ir, O	39.76 (26.36) I, P, B, Ir, M	.028	.018
Neutral	37.51 (24.34) P, Ir, M, O	29.31 (20.17) I, B, Ir, M, O	23.00 (17.23) P, M, O	33.63 (24.61) I, P, M, O	27.38 (21.24) I, P, B, Ir, O	30.21 (21.00) I, P, B, Ir, M	.004	.025
Life satisfaction	3.95 (1.22) P, B, Ir, O	3.95 (1.23) I, B, Ir, O	4.20 (1.29) I, P, Ir, M, O	4.14 (1.19) I, P, B, M, O	4.75 (1.18) B, Ir	3.80 (1.29) I, P, B, Ir	<.001	.038
Meaning in life	3.70 (.97) P, B, O	4.07 (1.14) I, B, Ir, O	4.06 (.92) I, P, Ir, O	4.14 (.99) P, B, O	5.19 (1.07)	4.02 (1.20) I, P, B, Ir	<.001	.066
Optimism	3.60 (.80) P, B, Ir, M, O	3.82 (.74) I, B, Ir, M, O	3.82 (.72) I, P, Ir, M, O	3.69 (.72) I, P, B, M, O	3.99 (.75) I, P, B, Ir, O	3.65 (.72) I, P, B, Ir, M	.056	.015

UK

Table 1 UK
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							<.001	.036	
Happy	2.92 (.97) P, B, O	3.24 (.99) I, B, Ir, M, O	3.23 (.73) I, P, Ir, M, O	3.44 (.92) P, B, M, O	3.67 (.92) P, B, Ir, O	3.33 (1.00) I, P, B, Ir, M	.014	.031	
Joyful	2.71 (1.01) B, O	3.30 (1.11) B, Ir, M, O	3.16 (.88) I, P, Ir, M, O	3.63 (1.03) P, B, M, O	3.60 (.94) P, B, Ir, O	3.17 (1.01) I, P, B, Ir, M	<.001	.100	
Delighted	2.60 (1.08) B, O	3.09 (1.18) B, Ir, M, O	3.13 (.98) I, P, Ir, M, O	3.24 (1.11) P, B, M, O	3.33 (1.07) P, B, Ir, O	2.92 (1.10) I, P, B, Ir, M	<.001	.051	
Cheerful	2.19 (1.10) P, B	2.67 (1.19) I, B, Ir, M, O	2.69 (.90) I, P, Ir, M, O	2.90 (1.18) P, B, M, O	3.03 (1.10) P, B, Ir, O	2.96 (1.20) P, B, Ir, M	<.001	.055	
Excited	2.67 (1.10) P, B, O	3.10 (1.18) I, B, Ir, M, O	3.13 (1.13) I, P, Ir, M, O	3.18 (1.09) P, B, M, O	3.45 (1.00) P, B, Ir, O	3.08 (1.18) I, P, B, Ir, M	.001	.046	
Enthusiastic	2.49 (1.12) P, B, O	2.85 (1.12) I, B, Ir, M, O	3.16 (1.22) I, P, Ir, M, O	3.18 (1.20) P, B, M, O	3.12 (1.05) P, B, Ir, O	2.79 (1.14) I, P, B, Ir, M	<.001	.050	
Lively	2.67 (1.11) P, B, Ir, O	2.76 (1.16) I, B, Ir, M, O	3.09 (1.12) I, P, Ir, M, O	3.05 (1.11) I, P, B, M, O	3.14 (1.04) P, B, Ir, O	2.67 (1.01) I, P, B, Ir, M	.009	.034	
Energetic	2.59 (1.10) P, B, Ir, O	2.71 (1.26) I, B, Ir, M, O	2.84 (1.14) I, P, Ir, M, O	3.01 (1.10) I, P, B, M, O	3.11 (1.15) P, B, Ir, O	2.79 (1.14) I, P, B, Ir, M	.009	.034	
Self-assurance							<.001	.028	
Proud	2.45 (1.15) P, B, O	2.64 (1.20) I, B, Ir, M, O	2.91 (1.25) I, P, Ir, M, O	3.15 (1.21) P, B, M, O	3.24 (1.22) P, B, Ir, O	2.96 (1.20) I, P, B, Ir, M	<.001	.056	
Strong	2.56 (1.15) P, B, O	3.00 (1.23) I, B, Ir, M, O	2.94 (.91) I, P, Ir, M, O	3.03 (1.18) P, B, M, O	3.25 (1.11) P, B, Ir, O	2.88 (1.19) I, P, B, Ir, M	.010	.033	
Confident	2.61 (1.20) P, O	3.10 (1.11) I, B, Ir, M, O	3.85 (.56) P, Ir, M, O	3.41 (.87) P, B, M, O	3.53 (.96) P, B, Ir, O	3.56 (.88) I, P, B, Ir, M	<.001	.054	
Bold	2.24 (.96) P, Ir, M, O	2.28 (1.19) I, Ir, M, O	3.03 (1.26) Ir, M, O	2.42 (1.21) I, P, B, M, O	2.66 (1.22) I, P, B, Ir, O	2.42 (1.21) I, P, B, Ir, M	.005	.037	

Daring		2.17 (1.13) P, B, Ir, M, O	2.45 (1.20) I, B, Ir, M, O	2.56 (1.05) I, P, Ir, M, O	2.40 (1.18) I, P, B, M, O	2.66 (1.17) I, P, B, Ir, O	2.37 (1.21) I, P, B, Ir, M	.131	.019
Fearless		2.04 (1.16) P, Ir, O	2.26 (1.29) I, B, Ir, M, O	2.84 (1.11) P, Ir, M, O	2.37 (1.17) I, P, B, M, O	2.37 (1.14) P, B, Ir, O	1.96 (.91) I, P, B, Ir, M	.004	.038

Table 2 UK

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.060	.019
Guilty	2.17 (1.25) P, B, Ir, M, O	2.07 (1.18) I, B, Ir, M, O	2.47 (1.19) I, P, Ir, M, O	2.08 (1.24) I, P, B, M, O	1.77 (1.08) I, P, B, Ir, O	2.04 (1.20) I, P, B, Ir, M	.396	.011
Ashamed	2.15 (1.18) P, B, M, O	1.85 (1.19) I, B, Ir, M, O	2.03 (1.12) I, P, Ir, M, O	1.70 (1.05) P, B, M, O	1.58 (1.00) I, P, B, Ir, O	1.88 (.99) I, P, B, Ir, M	.041	.026
Blameworthy	2.08 (1.10) P, B, Ir, M, O	1.99 (1.22) I, B, Ir, M, O	2.19 (1.20) I, P, Ir, M, O	1.97 (1.32) I, P, B, M, O	1.86 (1.12) I, P, B, Ir, O	2.08 (1.21) I, P, B, Ir, M	.883	.004
Angry at self	2.55 (1.33) P, B, Ir, M, O	2.18 (1.26) I, B, Ir, M, O	2.72 (1.30) I, P, Ir, M, O	2.30 (1.25) I, P, B, M, O	1.92 (1.18) I, P, B, Ir, O	2.54 (1.38) I, P, B, Ir, M	.207	.016
Disgusted with self	2.08 (1.26) P, B, Ir, M, O	2.02 (1.28) I, B, Ir, M, O	2.00 (1.24) I, P, Ir, M, O	1.84 (1.19) I, P, B, M, O	1.47 (.95) I, P, B, Ir, O	1.88 (1.26) I, P, B, Ir, M	.234	.015
Dissatisfied with self	2.97 (1.28) P, B, M, O	2.53 (1.36) I, B, Ir, M, O	2.91 (1.23) I, P, Ir, M, O	2.35 (1.23) P, B, M, O	2.27 (1.27) I, P, B, Ir, O	2.38 (1.21) I, P, B, Ir, M	.005	.036
Sadness							<.001	.048
Sad	2.97 (1.24) B, O	2.23 (1.24) Ir, M, O	3.16 (1.17) I, O	2.35 (1.19) P, M, O	2.10 (1.21) P, Ir, O	2.58 (1.06) I, P, B, Ir, M	<.001	.063
Blue	2.75 (1.16) P, B, O	2.17 (1.18) I, B, Ir, M, O	2.72 (1.30) I, P, Ir, M, O	2.19 (1.16) P, B, M, O	1.92 (1.18) P, B, Ir, O	2.33 (1.24) I, P, B, Ir, M	.002	.041
Downhearted	2.93 (1.25) B, O	2.19 (1.24) B, Ir, M, O	2.66 (1.10) I, P, Ir, M, O	2.21 (1.09) P, B, M, O	2.13 (1.20) P, B, Ir, O	2.63 (1.28) I, P, B, Ir, M	<.001	.055
Alone	3.25 (1.32) B	2.44 (1.33) B, Ir, O	3.06 (1.24) I, P, O	2.05 (1.17) P, M, O	1.66 (1.11) Ir, O	2.42 (1.25) P, B, Ir, M	<.001	.152
Lonely	3.27 (1.27) B	2.36 (1.29) M, O	3.31 (1.20) I	1.96 (1.13) M, O	1.70 (1.05) P, Ir, O	2.29 (1.27) P, Ir, M	<.001	.183

Table 3 UK

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.87 (2.21) B, O	6.43 (2.27) B, Ir, M, O	4.97 (1.96) I, P, Ir, M, O	6.03 (1.96) P, B, M, O	6.97 (1.83) P, B, Ir, O	5.71 (2.33) I, P, B, Ir, M	<.001	.098
Happy	28.05 (18.62) P, B, O	37.56 (24.77) I, B, Ir, O	39.16 (16.63) I, P, Ir, M, O	40.68 (21.51) P, B, M, O	50.51 (23.59) B, Ir, O	35.00 (18.53) I, P, B, Ir, M	<.001	.075
Unhappy	33.96 (23.33) B, O	21.49 (19.17) B, Ir, M, O	29.16 (15.70) I, P, Ir, M, O	21.91 (17.80) P, B, M, O	20.65 (17.20) P, B, Ir, O	26.79 (21.98) I, P, B, Ir, M	<.001	.058
Neutral	38.31 (19.48) P, B, Ir, M, O	40.56 (23.70) I, B, Ir, O	34.16 (12.83) I, P, Ir, M, O	37.32 (20.78) I, P, B, M, O	29.94 (18.12) I, P, B, Ir, O	36.83 (19.73) I, P, B, Ir, M	.013	.032
Life satisfaction	3.49 (1.30) B, O	4.24 (1.41) B, Ir, O	4.02 (1.06) I, P, Ir, O	4.53 (1.19) P, B, M, O	5.07 (1.24) Ir	4.04 (1.07) I, P, B, Ir	<.001	.130
Meaning in life	3.55 (1.17) P, B, O	4.20 (1.19) I, B, Ir, M, O	3.97 (.90) I, P, Ir, M, O	4.30 (1.24) P, B, M, O	4.95 (1.38) P, B, Ir, O	4.07 (1.10) I, P, B, Ir, M	<.001	.076
Optimism	3.40 (.77) O	3.85 (.86) B, Ir, M, O	3.86 (.83) P, Ir, M, O	3.91 (.83) P, B, M, O	4.15 (.81) P, B, Ir, O	3.77 (.83) I, P, B, Ir, M	<.001	.061

Ukraine

Table 1 Ukraine

Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.148	.025	
Happy	2.85 (.94) P, B, Ir, M, O	2.91 (1.09) I, B, Ir, M, O	2.71 (.94) I, P, Ir, M, O	3.12 (.94) I, P, B, M, O	2.46 (1.13) I, P, B, Ir, O	2.90 (1.14) I, P, B, Ir, M	.432	.012	
Joyful	2.94 (1.01) P, B, Ir, M, O	3.00 (1.09) I, B, Ir, M, O	2.87 (.91) I, P, Ir, M, O	3.13 (.96) I, P, B, M, O	2.54 (1.05) I, P, B, Ir, O	2.90 (1.09) I, P, B, Ir, M	.639	.009	
Delighted	2.43 (1.12) P, B, Ir, M, O	2.47 (1.20) I, B, Ir, M, O	2.17 (1.10) I, P, Ir, M, O	2.53 (1.07) I, P, B, M, O	2.23 (1.36) I, P, B, Ir, O	2.57 (1.33) I, P, B, Ir, M	.611	.009	
Cheerful	2.67 (.99) P, B, Ir, M, O	2.64 (1.05) I, B, Ir, M, O	2.63 (.93) I, P, Ir, M, O	2.80 (1.02) I, P, B, M, O	1.85 (.90) I, P, B, Ir, O	2.67 (1.16) I, P, B, Ir, M	.112	.023	
Excited	3.06 (1.07) P, B, Ir, M, O	2.75 (1.22) I, B, Ir, M, O	2.99 (1.24) I, P, Ir, M, O	2.89 (1.18) I, P, B, M, O	2.69 (1.32) I, P, B, Ir, O	3.00 (1.41) I, P, B, Ir, M	.528	.011	
Enthusiastic	2.60 (1.22) P, B, Ir, M, O	2.57 (1.11) I, B, Ir, M, O	2.71 (.98) I, P, Ir, M, O	2.59 (1.04) I, P, B, M, O	2.38 (1.12) I, P, B, Ir, O	2.81 (1.33) I, P, B, Ir, M	.806	.006	
Lively	2.72 (1.07) P, B, Ir, M, O	2.69 (1.03) I, B, Ir, M, O	2.69 (1.03) I, P, Ir, M, O	2.79 (.96) I, P, B, M, O	2.77 (1.24) I, P, B, Ir, O	2.76 (1.41) I, P, B, Ir, M	.902	.004	
Energetic	2.79 (1.14) P, B, Ir, M, O	2.82 (1.09) I, B, Ir, M, O	2.95 (1.13) I, P, Ir, M, O	2.82 (1.05) I, P, B, M, O	2.38 (1.26) I, P, B, Ir, O	2.71 (1.42) I, P, B, Ir, M	.524	.011	
Self-assurance							.720	.013	
Proud	2.55 (1.03) P, B, Ir, M, O	2.91 (1.09) I, B, Ir, M, O	2.53 (1.14) I, P, Ir, M, O	2.47 (1.19) I, P, B, M, O	2.46 (.88) I, P, B, Ir, O	2.33 (1.11) I, P, B, Ir, M	.279	.016	
Strong	2.52 (1.06) P, B, Ir, M, O	2.77 (1.17) I, B, Ir, M, O	2.61 (1.06) I, P, Ir, M, O	2.68 (1.02) I, P, B, M, O	2.62 (1.19) I, P, B, Ir, O	2.67 (1.35) I, P, B, Ir, M	.927	.004	
Confident	2.81 (.99) P, B, Ir, M, O	3.27 (1.08) I, B, Ir, M, O	2.85 (.94) I, P, Ir, M, O	3.02 (1.01) I, P, B, M, O	2.92 (1.04) I, P, B, Ir, O	2.86 (1.42) I, P, B, Ir, M	.090	.024	
Bold	2.73 (1.01) P, B, Ir, M, O	3.17 (1.07) I, B, Ir, M, O	3.01 (1.07) I, P, Ir, M, O	2.92 (1.05) I, P, B, M, O	3.15 (1.21) I, P, B, Ir, O	2.90 (1.30) I, P, B, Ir, M	.490	.011	

Daring		2.51 (.96) P, B, Ir, M, O	3.00 (1.09) I, B, Ir, M, O	2.79 (1.11) I, P, Ir, M, O	2.79 (1.05) I, P, B, M, O	2.85 (1.07) I, P, B, Ir, O	2.62 (1.40) I, P, B, Ir, M	.504	.011
Fearless		2.42 (1.13) P, B, Ir, M, O	2.69 (1.09) I, B, Ir, M, O	2.64 (1.10) I, P, Ir, M, O	2.57 (1.12) I, P, B, M, O	2.92 (1.12) I, P, B, Ir, O	2.57 (1.36) I, P, B, Ir, M	.986	.002

Table 2 Ukraine

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.660	.013
Guilty	2.18 (1.07) P, B, Ir, M, O	1.97 (1.10) I, B, Ir, M, O	2.01 (1.05) I, P, Ir, M, O	1.99 (1.00) I, P, B, M, O	1.92 (1.04) I, P, B, Ir, O	2.33 (1.32) I, P, B, Ir, M	.678	.008
Ashamed	1.61 (.83) P, B, Ir, M, O	1.43 (.70) I, B, Ir, M, O	1.57 (.87) I, P, Ir, M, O	1.67 (.91) I, P, B, M, O	1.54 (.97) I, P, B, Ir, O	1.90 (1.22) I, P, B, Ir, M	.317	.015
Blameworthy	1.58 (.89) P, B, Ir, M, O	1.52 (.79) I, B, Ir, M, O	1.59 (.82) I, P, Ir, M, O	1.66 (.87) I, P, B, M, O	2.15 (1.21) I, P, B, Ir, O	1.81 (1.03) I, P, B, Ir, M	.550	.010
Angry at self	2.25 (1.02) P, B, Ir, M, O	2.01 (1.01) I, B, Ir, M, O	2.12 (1.07) I, P, Ir, M, O	2.00 (1.02) I, P, B, M, O	2.62 (1.56) I, P, B, Ir, O	2.38 (1.40) I, P, B, Ir, M	.339	.015
Disgusted with self	1.66 (1.02) P, B, Ir, M, O	1.53 (.85) I, B, Ir, M, O	1.75 (.99) I, P, Ir, M, O	1.62 (1.03) I, P, B, M, O	1.85 (1.46) I, P, B, Ir, O	2.10 (1.38) I, P, B, Ir, M	.288	.016
Dissatisfied with self	2.25 (1.11) P, B, Ir, M, O	2.14 (1.01) I, B, Ir, M, O	2.16 (1.12) I, P, Ir, M, O	2.02 (1.05) I, P, B, M, O	2.31 (1.55) I, P, B, Ir, O	2.43 (1.50) I, P, B, Ir, M	.813	.006
Sadness							.001	.027
Sad	2.81 (1.12) P, B, Ir, M, O	2.64 (1.09) I, B, Ir, M, O	2.68 (1.06) I, P, Ir, M, O	2.49 (1.19) I, P, B, M, O	2.77 (1.09) I, P, B, Ir, O	2.81 (1.40) I, P, B, Ir, M	.328	.015
Blue	2.57 (1.13) P, B, Ir, M, O	2.44 (1.13) I, B, Ir, M, O	2.76 (1.14) I, P, Ir, M, O	2.56 (1.19) I, P, B, M, O	2.69 (1.18) I, P, B, Ir, O	2.95 (1.43) I, P, B, Ir, M	.150	.021
Downhearted	2.07 (1.22) P, B, Ir, M, O	2.10 (1.11) I, B, Ir, M, O	2.59 (1.34) I, P, Ir, M, O	2.21 (1.24) I, P, B, M, O	2.38 (1.33) I, P, B, Ir, O	2.52 (1.50) I, P, B, Ir, M	.082	.025
Alone	2.24 (1.30) P, B, Ir, M, O	2.29 (1.32) I, B, Ir, M, O	2.23 (1.32) I, P, Ir, M, O	1.90 (1.16) I, P, B, M, O	2.31 (1.32) I, P, B, Ir, O	1.95 (1.36) I, P, B, Ir, M	.367	.014
Lonely	2.54 (1.17) P, B, M, O	2.34 (1.14) I, B, M, O	2.48 (1.84) I, P, M, O	1.84 (1.12) M, O	2.31 (1.49) I, P, B, Ir, O	2.24 (1.45) I, P, B, Ir, M	.001	.054

Table 3 Ukraine

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.63 (1.55) P, B, Ir, M, O	4.43 (2.04) I, B, Ir, M, O	4.37 (1.60) I, P, Ir, M, O	4.10 (1.81) I, P, B, M, O	4.69 (2.72) I, P, B, Ir, O	4.62 (2.31) I, P, B, Ir, M	.443	.012
Happy	29.72 (20.52) P, B, Ir, M, O	29.12 (21.94) I, B, Ir, M, O	36.59 (21.40) I, P, M, O	25.14 (17.94) I, P, M, O	30.77 (21.50) I, P, B, Ir, O	23.62 (20.70) I, P, B, Ir, M	.001	.052
Unhappy	45.78 (21.84) P, B, Ir, M, O	52.16 (23.58) I, B, Ir, M, O	49.21 (21.97) I, P, Ir, M, O	53.34 (22.58) I, P, B, M, O	44.69 (19.77) I, P, B, Ir, O	49.00 (28.82) I, P, B, Ir, M	.565	.010
Neutral	45.85 (22.72) P, B, Ir, M, O	46.01 (23.41) I, B, Ir, M, O	47.97 (24.65) I, P, Ir, M, O	41.36 (20.71) I, P, B, M, O	39.54 (21.71) I, P, B, Ir, O	37.38 (22.95) I, P, B, Ir, M	.164	.020
Life satisfaction	3.65 (.81) P, B, Ir, M, O	3.91 (1.18) I, B, Ir, M, O	4.01 (.96) I, P, Ir, M, O	4.10 (.94) I, P, B, M, O	4.05 (1.22) I, P, B, Ir, O	4.18 (1.13) I, P, B, Ir, M	.187	.019
Meaning in life	3.89 (1.10) P, B, Ir, M, O	4.08 (1.09) I, B, Ir, M, O	4.11 (1.00) I, P, Ir, M, O	4.24 (.96) I, P, B, M, O	3.98 (1.15) I, P, B, Ir, O	4.10 (1.22) I, P, B, Ir, M	.152	.021
Optimism	4.06 (.45) P, B, Ir, M, O	4.15 (.55) I, B, Ir, M, O	4.16 (.47) I, P, Ir, M, O	4.20 (.49) I, P, B, M, O	3.98 (.50) I, P, B, Ir, O	4.07 (.73) I, P, B, Ir, M	.465	.012

Supplementary section C

This section summarizes the analysis on the effect of relationship quality on emotional wellbeing and life satisfaction, individually for each country in the sample. Please note that capital letters indicate the groups from which a mean score was NOT significantly different with (based on the results of post-hoc analysis using Bonferroni). We used the following letters for each group: (I) Single (difficulties in attracting mates), (P) Single (by choice), (B) Single (between relationships), (Br) Bad, (Mr) Moderate, (Gr) Good, (O) Other.

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China

Table 1 China

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								.062	.026
Happy	3.14 (1.01) P,B,O,Br,Mr	3.22 (0.93) I,B,O,Br,Mr,Gr	3.35 (1.02) I,P,O,Br,Mr,Gr	2.50 (0.84) I,P,B,O,Mr	3.40 (0.86) I,P,B,O,Br,Gr	3.83 (1.09) P,B,O,Mr	3.08 (0.93) I,P,B,Br,Mr,Gr	.001	.053
Joyful	2.95 (1.05) P,B,O,Br,Mr	3.07 (1.03) I,B,O,Br,Mr,Gr	3.26 (1.00) I,P,O,Br,Mr,Gr	2.50 (0.84) I,P,B,O,Mr	3.25 (0.91) I,P,B,O,Br,Gr	3.70 (1.16) P,B,Mr	2.85 (0.97) I,P,B,Br,Mr	.001	.052
Delighted	3.08 (0.95) P,B,O,Br,Mr,Gr	3.20 (1.06) I,B,O,Br,Mr,Gr	3.33 (0.94) I,P,O,Br,Mr,Gr	2.33 (1.03) I,P,B,O,Mr	3.27 (0.86) I,P,B,O,Br,Gr	3.66 (1.20) I,P,B,O,Mr	3.00 (1.06) I,P,B,Br,Mr,Gr	.008	.041
Cheerful	2.98 (1.10) P,B,O,Br,Mr	3.09 (0.97) I,B,O,Br,Mr,Gr	3.24 (1.06) I,P,O,Br,Mr,Gr	2.33 (1.03) I,P,B,O,Mr	3.25 (0.90) I,P,B,O,Br	3.72 (1.17) P,B,O	2.88 (1.21) I,P,B,Br,Mr,Gr	.002	.050
Excited	2.54 (0.93) P,B,O,Br,Mr,Gr	2.24 (1.05)	2.78 (1.03)	2.00 (0.90)	2.62 (0.94) I,P,B,O,Br,Gr	2.87 (1.26)	2.27 (1.18) I,P,B,	.153	.023

			I,B,O,Br ,Mr,Gr	I,P,O,Br, Mr,Gr	I,P,B,O, Mr,Gr		I,P,B,O, Br,Mr	Br,Mr, Gr		
Enthusiastic	2.62 (0.94) P,B,O,Br,Mr,Gr	2.33 (1.02) I,B,O,Br,Mr,Gr	2.72 (0.91) I,P,O,Br,Mr,Gr	1.83 (0.41) I,P,B,O, Mr,Gr	2.85 (0.95) I,P,B,O,Br,Gr	3.13 (1.10) I,P,B,O, Br,Mr	2.81 (1.10) I,P,B, Br,Mr, Gr	.011	.040	
Lively	2.73 (1.10) P,B,O,Br,Mr,Gr	2.67 (1.04) I,B,O,Br,Mr,Gr	2.91 (1.07) I,P,O,Br,Mr,Gr	2.00 (0.63) I,P,B,O, Mr,Gr	2.94 (0.97) I,P,B,O,Br,Gr	3.32 (1.18) I,P,B,O, Br,Mr	2.69 (1.09) I,P,B, Br,Mr, Gr	.030	.034	
Energetic	2.73 (1.11) P,B,O,Br,Mr,Gr	2.67 (1.00) I,B,O,Br,Mr,Gr	2.87 (1.09) I,P,O,Mr,Gr	1.67 (0.52) I,P,O	2.93 (0.97) I,P,B,O,Br,Gr	3.06 (1.20) I,P,B,O, Mr	2.50 (1.33) I,P,B, Br,Mr, Gr	.031	.033	
Self-assurance								.004	.025	
Proud	2.22 (1.04) P,B,O,Br,Mr,Gr	2.36 (1.03) I,B,O,Br,Mr,Gr	2.65 (1.14) I,P,O,Br,Mr,Gr	2.17 (0.98) I,P,B,O, Mr,Gr	2.61 (0.99) I,P,B,O,Br,Gr	2.83 (1.31) I,P,B,O, Br,Mr	2.27 (1.22) I,P,B, Br,Mr, Gr	.113	.025	
Strong	2.51 (1.00) P,B,O,Br,Mr	2.51 (1.18) I,B,O,Br,Mr,Gr	2.91 (1.01) I,P,O,Br,Mr,Gr	2.17 (0.73) I,P,B,O, Mr,Gr	2.73 (1.07) I,P,B,O,Br	3.40 (1.26) P,B,O,Br	2.73 (1.43) I,P,B, Br,Mr, Gr	.002	.050	
Confident	2.49 (1.00) P,B,O,Br,Mr	2.91 (1.16) I,B,O,Br,Mr,Gr	3.09 (0.95) I,P,O,Br,Mr,Gr	2.33 (0.82) I,P,B,O, Mr,Gr	2.82 (0.99) I,P,B,O,Br	3.49 (1.14) P,B,O,Br,Mr	2.73 (1.28) I,P,B, Br,Mr, Gr	<.001	.072	

Bold	2.14 (0.98) P,B,O,Br,Mr	2.42 (1.23) I,B,O,Br,Mr,Gr	2.76 (1.06) I,P,O,Br,Mr,Gr	2.17 (0.98) I,P,B,O,Mr,Gr	2.62 (1.09) I,P,B,O,Br	3.17 (1.29) P,B,O,Br	2.50 (1.27) I,P,B,Br,Mr,Gr	.001	.057
Daring	2.63 (1.10) P,B,O,Br,Mr,Gr	2.31 (1.08) I,B,O,Br,Mr,Gr	2.80 (1.05) I,P,O,Br,Mr,Gr	2.00 (0.89) I,P,B,O,Mr,Gr	2.59 (1.08) I,P,B,O,Br,Gr	2.89 (1.22) I,P,B,O,Br,Mr	2.62 (1.13) I,P,B,Br,Mr,Gr	.286	.018
Fearless	2.44 (1.09) P,B,O,Br,Mr,Gr	2.20 (1.12) I,B,O,Br,Mr,Gr	2.67 (0.97) I,P,O,Br,Mr,Gr	2.00 (1.09) I,P,B,O,Mr,Gr	2.61 (1.10) I,P,B,O,Br,Gr	2.87 (1.28) I,P,B,O,Br,Mr	2.38 (0.98) I,P,B,Br,Mr,Gr	.192	.021

Table 2 China

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.061	.020
Guilty	2.56 (1.18) P,B,O,Br,Mr,Gr	1.69 (0.93) I,B,O,Br,Mr,Gr	1.46 (1.22) I,P,O,Br,Mr,Gr	2.17 (0.775) I,P,B,O,Mr,Gr	2.21 (1.02) I,P,B,O,Br,Gr	2.13 (1.21) I,P,B,O,Br,Mr	2.00 (1.10) I,P,B,Br,Mr,Gr	.123	.024
Ashamed	2.51 (1.20) P,B,O,Br,Mr,Gr	1.69 (1.00) I,B,O,Br,Mr,Gr	2.26 (1.16) I,P,O,Br,Mr,Gr	2.00 (0.89) I,P,B,O,Mr,Gr	2.01 (1.03) I,P,B,O,Br,Gr	1.98 (1.13) I,P,B,O,Br,Mr	1.88 (1.03) I,P,B,Br,Mr,Gr	1.59	.022

Blameworthy	2.25 (1.05) P,B,O,Br,Mr	1.42 (0.81) I,B,O,Br,Mr, Gr	2.22 (1.26) I,P,O,Br,Mr	1.83 (0.98) I,P,B,O,Mr,G r	1.78 (0.94) I,P,B,O,Br,Gr	1.51 (0.93) P,O,Br,Mr	1.62 (1.10) I,P,B, Br,Mr, Gr	.001	.051
Angry at self	2.67 (1.19) P,B,O,Br,Mr, Gr	1.87 (1.14) I,B,O,Br,Mr, Gr	2.57 (1.33) I,P,O,Br,Mr,Gr	2.67 (1.03) I,P,B,O,Mr,G r	2.19 (1.06) I,P,B,O,Br,Gr	1.96 (1.02) I,P,B,O,Br, Mr	2.19 (1.33) I,P,B, Br,Mr, Gr	.024	.035
Disgusted with self	2.29 (1.18) P,B,O,Br,Mr, Gr	1.76 (1.19) I,B,O,Br,Mr, Gr	2.13 (1.26) I,P,O,Br,Mr,Gr	2.50 (1.05) I,P,B,O,Mr,G r	1.77 (0.98) I,P,B,O,Br,Gr	1.55 (1.08) I,P,B,O,Br, Mr	2.08 (1.32) I,P,B, Br,Mr, Gr	.049	.030
Dissatisfied with self	2.73 (1.17) P,B,O,Br,Mr, Gr	1.98 (1.16) I,B,O,Br,Mr, Gr	2.50 (1.28) I,P,O,Br,Mr,Gr	2.33 (1.03) I,P,B,O,Mr,G r	2.21 (1.112) I,P,B,O,Br,Gr	2.09 (1.14) I,P,B,O,Br, Mr	2.42 (1.27) I,P,B, Br,Mr, Gr	.149	.023
Sadness								<.00 1	.032
Sad	2.22 (1.01) P,B,O,Br,Mr, Gr	1.84 (1.11) I,B,O,Br,Mr, Gr	2.50 (1.21) I,P,O,Br,Mr,Gr	2.33 (0.82) I,P,B,O,Mr,G r	2.14 (0.96) I,P,B,O,Br,Gr	1.85 (1.04) I,P,B,O,Br, Mr	2.27 (1.31) I,P,B, Br,Mr, Gr	.043	.031
Blue	2.33 (1.05) P,B,O,Br,Mr, Gr	2.13 (1.25) I,B,O,Br,Mr, Gr	2.35 (1.27) I,P,O,Br,Mr,Gr	2.33 (1.03) I,P,B,O,Mr,G r	2.10 (1.02) I,P,B,O,Br,Gr	1.72 (0.95) I,P,B,O,Br, Mr	2.50 (1.36) I,P,B, Br,Mr, Gr	.058	.029
Downhearted	2.33 (1.08) P,B,O,Br,Mr, Gr	2.13 (1.29) I,B,O,Br,Mr, Gr	2.24 (1.29) I,P,O,Br,Mr,Gr	2.50 (0.84) I,P,B,O,Mr,G r	2.08 (1.01) I,P,B,O,Br,Gr	1.66 (0.89) I,P,B,O,Br, Mr	2.23 (1.37) I,P,B,	.078	.027

								Br,Mr,Gr		
Alone		2.63 (1.21) P,B,O,Br	1.98 (1.22) I,B,O,Br,Mr,Gr	2.52 (1.30) I,P,O,Br,Mr	2.00 (0.89) I,P,B,O,Mr,Gr	1.99 (0.98) P,B,O,Br	1.53 (0.86) P,O,Br	2.27 (1.37) I,P,B,Br,Mr,Gr	<.001	.073
Lonely		2.43 (1.15) P,B,O,Br,Mr	1.98 (1.22) I,B,O,Br,Mr,Gr	2.48 (1.28) I,P,O,Br,Mr	1.83 (0.75) I,P,B,O,Mr,Gr	1.91 (0.99) I,P,B,O,Br	1.38 (0.80) P,O,Br	2.00 (1.33) I,P,B,Br,Mr,Gr	<.001	.068

Table 3 China

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.84 (1.74) P, B, O, Br, Mr	7.22 (1.81) I, B, O, Br, Mr, Gr	7.17 (1.68) I, P, O, Br, Mr	5.83 (2.14) I, P, B, O, Mr	7.41 (1.60) I, P, B, O, Br	8.34 (1.61) P	6.85 (1.93) I, P, B, Br, Mr	<.001	.068
Happy	38.32 (21.46) P, B, O, Br, Mr, Gr	45.44 (24.63) I, B, O, Br, Mr, Gr	45.00 (22.11) I, P, O, Br, Mr, Gr	40.00 (25.50) I, P, B, O, Mr, Gr	45.74 (22.16) I, P, B, O, Br, Gr	49.73 (25.27) I, P, B, O, Br, Mr	40.19 (24.06) I, P, B, Br, Mr, Gr	.329	.017
Unhappy	26.23 (15.07) P, B, O, Br, Mr, Gr	25.96 (16.34) I, B, O, Br, Mr, Gr	24.13 (17.87) I, P, O, Br, Mr, Gr	46.00 (20.74) I, P, B, O, Mr	23.36 (12.46) I, P, B, O, Br, Gr	18.36 (12.58) I, P, B, O, Mr	26.54 (18.15) I, P, B, Br, Mr, Gr	.009	.041

Neutral	36.47 (20.90) P, B, O, Br, Mr, Gr	29.04 (19.11) I, B, O, Br, Mr, Gr	33.91 (17.92) I, P, O, Br, Mr, Gr	44.00 (13.42) I, P, B, O, Mr, Gr	35.11 (19.50) I, P, B, O, Br, Gr	31.91 (20.56) I, P, B, O, Br, Mr	33.46 (19.17) I, P, B, Br, Mr, Gr	.316	.017
Life satisfaction	3.83 (1.15) P, B, O, Br, Mr	4.03 (1.26) I, B, O, Br, Mr	4.42 (1.17) I, P, O, Mr, Gr	2.70 (.87) I, P, O	5.35 (1.19) I, P, B, O	5.26 (1.07) B	3.91 (1.49) I, P, B, Br, Mr	<.001	.121
Meaning in life	3.69 (.69) P, B, O, Br, Mr, Gr	3.84 (.91) I, B, O, Br, Mr, Gr	3.93 (.82) I, P, O, Br, Mr, Gr	3.79 (.75) I, P, B, O, Mr, Gr	4.12 (.72) I, P, B, O, Br, Gr	4.15 (.77) I, P, B, O, Br, Mr	4.13 (.94) I, P, B, Br, Mr, Gr	.140	.023
Optimism	3.84 (.51) P, B, O, Br, Mr, Gr	3.99 (.56) I, B, O, Br, Mr, Gr	3.95 (.63) I, P, O, Br, Mr, Gr	3.79 (.47) I, P, B, O, Mr, Gr	4.05 (.53) I, P, B, O, Br, Gr	4.18 (.58) I, P, B, O, Br, Mr	3.88 (.70) I, P, B, Br, Mr, Gr	.131	.024

Egypt

Table 1 Egypt

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								.395	.022
Happy	3.03 (1.01) P,B,O,Br,Mr,Gr	3.14 (1.00) I,B,O,Br,Mr,Gr	2.79 (1.01) I,P,O,Br,Mr,Gr	2.50 (0.71) I,P,B,O,Mr,Gr	3.22 (0.70) I,P,B,O,Br,Gr	4.08 (0.95) I,P,B,Br,Mr	2.90 (1.11) I,P,B,Br,Mr	.036	.036
Joyful	3.08 (1.16) P,B,O,Br,Mr,Gr	3.20 (1.11) I,B,O,Br,Mr,Gr	3.14 (1.38) I,P,O,Br,Mr,Gr	2.50 (0.71) I,P,B,O,Mr,Gr	3.26 (0.94) I,P,B,O,Br,Gr	3.69 (0.95) I,P,B,O,Br,Mr	3.21 (1.27) I,P,B,Br,Mr,Gr	.257	.021
Delighted	2.82 (1.05) P,B,O,Br,Mr,Gr	3.06 (1.03) I,B,O,Br,Mr,Gr	2.79 (1.01) I,P,O,Br,Mr,Gr	2.00 (1.41) I,P,B,O,Mr,Gr	3.15 (0.82) I,P,B,O,Br,Gr	3.77 (0.93) I,P,B,O,Br,Mr	2.85 (1.30) I,P,B,Br,Mr,Gr	.039	.035
Cheerful	3.32 (1.26) P,B,O,Br,Mr,Gr	3.47 (1.11) I,B,O,Br,Mr,Gr	3.41 (1.27) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,Gr	3.52 (0.80) I,P,B,O,Br,Gr	3.62 (1.12) I,P,B,O,Br,Mr	3.35 (1.41) I,P,B,Br,Mr,Gr	.815	.008
Excited	3.60 (1.22) P,B,O,Br,Mr,Gr	3.37 (1.19) I,B,O,Br,Mr,Gr	3.31 (1.23) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.37 (1.15) I,P,B,O,Br,Gr	3.69 (1.18) I,P,B,O,Br,Mr	3.35 (1.23) I,P,B,Br,Mr	.652	.011

							Br,Mr, Gr		
Enthusiastic	3.05 (1.25) P,B,O,Br,Mr,Gr	3.25 (1.28) I,B,O,Br,Mr,Gr	2.97 (1.15) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.48 (0.93) I,P,B,O,Br,Gr	4.15 (0.90) I,P,B,O,Br,Mr	3.29 (1.41) I,P,B,Br,Mr,Gr	.153	.025
Lively	2.89 (1.31) P,B,O,Br,Mr,Gr	3.20 (1.23) I,B,O,Br,Mr,Gr	2.93 (1.10) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.00 (1.00) I,P,B,O,Br,Gr	4.00 (1.15) I,P,B,O,Br,Mr	3.33 (1.29) I,P,B,Br,Mr,Gr	.418	.016
Energetic	3.10 (1.26) P,B,O,Br,Mr,Gr	3.24 (1.17) I,B,O,Br,Mr,Gr	2.72 (1.10) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.33 (1.04) I,P,B,O,Br,Gr	4.08 (0.86) I,P,B,O,Br,Mr	3.29 (1.37) I,P,B,Br,Mr,Gr	.521	.014
Self-assurance								.209	.019
Proud	3.24 (1.24) P,B,O,Br,Mr,Gr	3.48 (1.21) I,B,O,Br,Mr,Gr	3.28 (1.19) I,P,O,Br,Mr,Gr	2.50 (.071) I,P,B,O,Mr,Gr	3.41 (1.15) I,P,B,O,Br,Gr	3.29 (1.26) I,P,B,O,Br,Mr	3.25 (1.39) I,P,B,Br,Mr,Gr	.276	.020
Strong	3.31 (1.18) P,B,O,Br,Mr,Gr	3.45 (1.17) I,B,O,Br,Mr,Gr	3.31 (1.14) I,P,O,Br,Mr,Gr	2.00 (1.41) I,P,B,O,Mr,Gr	3.33 (1.21) I,P,B,O,Br,Gr	4.08 (0.95) I,P,B,O,Br,Mr	3.13 (1.26) I,P,B,Br,Mr,Gr	.115	.027
Confident	3.40 (1.15) P,B,O,Br,Mr,Gr	3.76 (1.11) I,B,O,Br,Mr,Gr	3.28 (1.36) I,P,O,Br,Mr,Gr	2.50 (0.71) I,P,B,O,Mr,Gr	3.52 (0.97) I,P,B,O,Br,Gr	3.69 (1.44) I,P,B,O,Br,Mr	3.52 (1.29) I,P,B,Br,Mr,Gr	.184	.024

Bold	2.97 (1.16) P,B,O,Br,Mr,Gr	3.07 (1.06) I,B,O,Br,Mr,Gr	3.07 (0.92) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.15 (0.81) I,P,B,O,Br,Gr	3.31 (1.03) I,P,B,O,Br,Mr	2.69 (1.13) I,P,B,Br,Mr,Gr	.063	.032
Daring	3.05 (1.38) P,B,O,Br,Mr,Gr	3.04 (1.20) I,B,O,Br,Mr,Gr	3.28 (1.13) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.00 (1.14) I,P,B,O,Br,Gr	3.31 (1.55) I,P,B,O,Br,Mr	2.73 (1.20) I,P,B,Br,Mr,Gr	.498	.014
Fearless	2.79 (1.23) P,B,O,Br,Mr,Gr	2.99 (1.19) I,B,O,Br,Mr,Gr	2.69 (1.17) I,P,O,Br,Mr,Gr	4.00 (1.41) I,P,B,O,Mr,Gr	3.04 (0.94) I,P,B,O,Br,Gr	3.15 (1.40) I,P,B,O,Br,Mr	2.71 (1.13) I,P,B,Br,Mr,Gr	.135	.026

Table 2 Egypt
The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.570	.015
Guilty	3.55 (1.28) P,B,O,Br,Mr,Gr	3.43 (1.27) I,B,O,Br,Mr,Gr	3.69 (1.23) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,Gr	3.52 (1.12) I,P,B,O,Br,Gr	3.15 (1.57) I,P,B,O,Br,Mr	3.37 (1.51) I,P,B,Br,Mr,Gr	.842	.007
Ashamed	3.60 (1.21) P,B,O,Br,Mr,Gr	3.67 (1.18) I,B,O,Br,Mr,Gr	3.45 (1.24) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,Gr	3.22 (1.12) I,P,B,O,Br,Gr	3.92 (1.04) I,P,B,O,Br,Mr	3.58 (1.27) I,P,B,	.555	.013

								Br,Mr, Gr		
Blameworthy	2.81 (1.30) P,B,O,Br,Mr, Gr	2.66 (1.21) I,B,O,Br,Mr, Gr	2.86 (1.27) I,P,O,Br,Mr,Gr	2.50 (0.71) I,P,B,O,Mr,Gr	2.93 (1.00) I,P,B,O,Br,Gr	2.85 (1.46) I,P,B,O,Br, Mr	2.67 (1.31) I,P,B, Br,Mr, Gr	.982	.003	
Angry at self	3.29 (1.29) P,B,O,Br,Mr, Gr	2.76 (1.28) I,B,O,Br,Mr, Gr	2.90 (1.37) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,Gr	2.96 (0.98) I,P,B,O,Br,Gr	2.31 (1.25) I,P,B,O,Br, Mr	2.85 (1.46) I,P,B, Br,Mr, Gr	.145	.026	
Disgusted with self	2.35 (1.40) P,B,O,Br,Mr, Gr	2.08 (1.21) I,B,O,Br,Mr, Gr	2.28 (1.46) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	2.15 (1.13) I,P,B,O,Br,Gr	1.54 (0.97) I,P,B,O,Br, Mr	2.33 (1.36) I,P,B, Br,Mr, Gr	.293	.020	
Dissatisfied with self	2.94 (1.42) P,B,O,Br,Mr, Gr	2.45 (1.28) I,B,O,Br,Mr, Gr	2.14 (1.43) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	2.44 (1.01) I,P,B,O,Br,Gr	1.85 (1.21) I,P,B,O,Br, Mr	2.58 (1.44) I,P,B, Br,Mr, Gr	.156	.025	
Sadness								.406	.017	
Sad	3.23 (1.21) P,B,O,Br,Mr, Gr	3.09 (1.22) I,B,O,Br,Mr, Gr	3.38 (1.29) I,P,O,Br,Mr,Gr	4.00 (1.41) I,P,B,O,Mr,Gr	3.15 (0.91) I,P,B,O,Br,Gr	2.62 (1.33) I,P,B,O,Br, Mr	2.98 (1.44) I,P,B, Br,Mr, Gr	.848	.007	
Blue	3.00 (1.37) P,B,O,Br,Mr, Gr	2.89 (1.30) I,B,O,Br,Mr, Gr	3.52 (1.27) I,P,O,Br,Mr,Gr	4.00 (1.41) I,P,B,O,Mr,Gr	2.81 (1.18) I,P,B,O,Br,Gr	2.23 (1.48) I,P,B,O,Br, Mr	2.65 (1.42) I,P,B, Br,Mr, Gr	.339	.018	

Downhearted	3.08 (1.43) P,B,O,Br,Mr, Gr	2.75 (1.42) I,B,O,Br,Mr, Gr	3.90 (1.26) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,G r	2.85 (1.03) I,P,B,O,Br,Gr	2.15 (1.41) I,P,B,O,Br, Mr	2.83 (1.48) I,P,B, Br,Mr, Gr	.511	.014
Alone	2.69 (1.40) P,B,O,Br,Mr, Gr	2.98 (1.36) I,B,O,Br,Mr, Gr	2.69 (1.37) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,G r	3.07 (1.21) I,P,B,O,Br,Gr	2.31 (1.44) I,P,B,O,Br, Mr	2.67 (1.48) I,P,B, Br,Mr, Gr	.343	.018
Lonely	2.63 (1.50) P,B,O,Br,Mr, Gr	2.32 (1.38) I,B,O,Br,Mr, Gr	3.03 (1.30) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,G r	2.30 (1.14) I,P,B,O,Br,Gr	1.92 (1.32) I,P,B,O,Br, Mr	2.23 (1.45) I,P,B, Br,Mr, Gr	.207	.023

Table 3 Egypt

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.61 (2.31) P, B, O, Br, Mr, Gr	5.59 (2.25) I, B, O, Br, Mr, Gr	5.03 (2.84) I, P, O, Br, Mr, Gr	3.50 (2.12) I, P, B, O, Mr, Gr	6.19 (1.50) I, P, B, O, Br, Gr	6.92 (2.33) I, P, B, O, Br, Mr	5.02 (2.79) I, P, B, Br, Mr, Gr	.123	.027
Happy	42.98 (20.19) P, B, O, Br, Mr, Gr	44.32 (21.39) I, B, O, Br, Mr, Gr	37.07 (16.50) I, P, O, Br, Mr, Gr	30.00 (.00) I, P, B, O, Mr, Gr	49.26 (15.61) I, P, B, O, Br, Gr	51.15 (22.56) I, P, B, O, Br, Mr	41.78 (21.23) I, P, B, Br, Mr, Gr	.039	.035

Unhappy	40.79 (19.37) P, B, O, Br, Mr, Gr	41.73 (21.98) I, B, O, Br, Mr, Gr	46.21 (18.98) I, P, O, Br, Mr, Gr	40.00 (14.14) I, P, B, O, Mr, Gr	35.37 (16.10) I, P, B, O, Br, Gr	29.62 (24.79) I, P, B, O, Br, Mr	39.03 (23.05) I, P, B, Br, Mr, Gr	.259	.021
Neutral	34.35 (21.99) P, B, O, Br, Mr, Gr	36.38 (21.15) I, B, O, Br, Mr, Gr	39.97 (21.86) I, P, Br, Mr, Gr	25.00 (7.07) I, P, B, O, Mr, Gr	32.59 (15.02) I, P, B, O, Br, Gr	30.77 (14.84) I, P, B, O, Br, Mr	32.36 (21.12) I, P, Br, Mr, Gr	.068	.031
Life satisfaction	3.98 (1.28) P, B, O, Br, Mr, Gr	4.05 (1.13) I, B, O, Br, Mr, Gr	3.62 (1.12) I, P, O, Br, Mr, Gr	2.70 (.71) I, P, B, O, Mr, Gr	4.07 (1.03) I, P, B, O, Br, Gr	4.91 (1.32) I, P, B, O, Br, Mr	3.79 (1.39) I, P, B, Br, Mr, Gr	.110	.028
Meaning in life	3.65 (1.03) P, B, O, Br, Mr, Gr	3.80 (.80) I, B, O, Br, Mr, Gr	3.82 (.88) I, P, O, Br, Mr, Gr	3.81 (.09) I, P, B, O, Mr, Gr	4.09 (.63) I, P, B, O, Br, Gr	4.00 (.93) I, P, B, O, Br, Mr	3.76 (.90) I, P, B, Br, Mr, Gr	.754	.009
Optimism	3.75 (.71) P, B, O, Br, Mr, Gr	3.80 (.59) I, B, O, Br, Mr, Gr	3.76 (.58) I, P, O, Br, Mr, Gr	3.50 (.18) I, P, B, O, Mr, Gr	3.91 (.45) I, P, B, O, Br, Gr	3.93 (.65) I, P, B, O, Br, Mr	3.69 (.73) I, P, B, Br, Mr, Gr	.864	.007

Greece

Table 1 Greece

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								<.001	.034
Happy	2.88 (1.13) Br,O	3.38 (1.08) B,O,Mr	3.62 (1.07) P,O,Mr	2.29 (1.01) I	3.41 (0.94) P,B,O	4.08 (0.92)	3.33 (1.05) I,P,B,Mr	<.001	.136
Joyful	3.03 (1.18) O,Br	3.56 (1.08) B,O,Mr	3.74 (1.08) P,O,Mr,Gr	2.62 (1.08) I,O	3.58 (0.97) P,B,O,Gr	4.05 (0.92) B,Mr	3.42 (1.13) I,P,B,Br,Mr	<.001	.107
Delighted	3.04 (1.14) O,Br	3.49 (0.91) B,O,Mr,Gr	3.70 (1.07) P,O,Mr,Gr	2.52 (1.17) I,O	3.45 (0.98) P,B,O	3.92 (1.00) P,B	3.29 (1.12) I,P,B,Br,Mr	<.001	.087
Cheerful	3.08 (1.18) P,O,Br	3.31 (1.05) I,B,O,Br,Mr	3.57 (1.62) P,O,Br,Mr,Gr	2.76 (1.41) I,P,B,O,Mr	3.43 (1.05) P,B,O,Br,Gr	3.79 (1.00) B,O,Mr	3.40 (1.10) I,P,B,Br,Mr,Gr	<.001	0.48
Excited	2.92 (1.24) P,O,Br	3.19 (1.10) I,B,O,Mr	3.56 (1.15) P,O,Mr,Gr	2.33 (1.02) I	3.27 (1.06) P,B,O	3.77 (1.06) B,O	3.38 (1.15) I,P,B,Mr,Gr	<.001	0.78
Enthusiastic	3.26 (1.25) P,B,O,Mr	3.39 (1.05)	3.74 (1.16)	2.52 (1.25)	3.40 (1.14) I,PB,O,Gr	3.75 (1.08)	3.56 (1.15)	<.001	.047

			I,B,O,Mr,Gr	I,P,O,Mr,Gr			P,B,O,Mr	I,P,B,Mr,Gr		
Lively	2.95 (1.29) P,B,O,Br,Mr,Gr	3.06 (1.17) I,B,O,Br,Mr,Gr	3.29 (1.27) I,P,O,Mr,Gr	2.29 (1.06) I,P,B,Mr,Gr	3.13 (1.18) I,P,Mr,	3.32 (1.24) I,P,B,O,Br,Gr	3.49 (1.09) I,P,BO,Mr	.003	.027	
Energetic	3.32 (1.27) P,B,O,Br,Mr,Gr	3.37 (1.08) I,B,O,Br,Mr,Gr	3.76 (1.20) I,P,O,Mr,Gr	3.10 (1.26) I,P,O,Mr	3.45 (1.13) I,P,B,O,Br,Gr	3.76 (1.07) I,P,B,O,Mr	3.51 (1.10) I,P,B,Br,Mr,Gr	.002	.028	
Self-assurance								<.001	.018	
Proud	3.31 (1.25) P,B,O,Br,Mr	3.59 (1.10) I,B,O,Br,Mr,Gr	3.69 (1.25) I,P,O,Br,Mr,Gr	3.62 (1.12) I,P,B,O,Mr,Gr	3.60 (1.06) I,P,B,O,Br,Gr	3.94 (1.08) P,B,O,Br,Mr	3.65 (1.22) I,P,B,Br,Mr,Gr	.004	.026	
Strong	3.37 (1.26) P,B,O,Br,Mr	3.70 (1.04) I,B,O,Br,Mr,Gr	3.89 (1.09) I,P,O,Br,Mr,Gr	3.00 (1.45) I,P,B,O,Mr,Gr	3.60 (1.07) I,P,B,O,Br,Gr	4.01 (1.01) P,B,O,Br,Mr	3.80 (1.24) I,P,B,Br,Mr,Gr	<.001	.048	
Confident	3.05 (1.22) P,B,O,Br,Mr,Gr	3.39 (1.11) I,B,O,Br,Mr,Gr	3.57 (1.09) I,P,O,Br,Mr,Gr	2.48 (1.12) I,P,B,O,Mr,Gr	3.37 (0.99) I,P,B,O,Br,Gr	3.73 (1.01) I,P,B,O,Br,Mr	3.40 (1.27) I,P,B,Br,Mr,Gr	<.001	.061	
Bold	3.15 (1.20) P,B,O,Br,Mr,Gr	3.25 (1.22) I,B,O,Br,Mr,Gr	3.64 (1.19) I,P,O,Br,Mr,Gr	2.38 (0.92) I,P,B,O,Mr,Gr	3.20 (1.15) I,P,B,O,Br,Gr	3.44 (1.21) I,P,B,O,Br,Mr	3.31 (1.23) I,P,B,Br,Mr,Gr	.001	.029	
Daring	2.56 (1.38)	2.47 (1.21)	3.01 (1.33)	2.00 (1.09)	2.62 (1.29)	2.62 (1.35)	2.96 (1.28)	0.38	.018	

	P,B,O,Br,Mr,Gr	I,B,O,Br,Mr,Gr	I,P,O,Br,Mr,Gr	I,P,B,O,Mr,Gr	I,P,B,O,Br,Gr	I,P,B,O,Br,Mr	I,P,B,Br,Mr,Gr		
Fearless	2.87 (1.21) P,B,O,Br,Mr,Gr	3.09 (1.15) I,B,O,Br,Mr,Gr	3.35 (1.15) I,P,O,Br,Mr,Gr	1.90 (0.70) I,P,B,O,Mr,Gr	2.98 (1.19) I,P,B,O,Br,Gr	3.25 (1.25) I,P,B,O,Br,Mr	3.22 (1.08) I,P,B,Br,Mr,Gr	<.001	.046

Table 2 Greece

The effect of relationship status on "Guilt" and "Sadness"

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								<.001	.017
Guilty	2.27 (1.35) B,O,Br,Mr,Gr	1.5 (1.09) B,O,Br,Mr,Gr	1.99 (1.19) I,P,O,Br,Mr,Gr	2.48 (1.72) I,P,B,O,Mr,Gr	1.92 (1.09) I,P,B,O,Br,Gr	1.84 (1.11) I,P,B,O,Br,Mr	1.93 (1.14) I,P,B,Br,Mr,Gr	.006	.024
Ashamed	2.09 (1.35) P,B,O,Br,Mr,Gr	.180 (1.10) I,B,O,Br,Mr,Gr	1.76 (1.01) I,P,O,Br,Mr,Gr	2.14 (1.35) I,P,B,O,Mr,Gr	1.76 (1.08) I,P,B,O,Br,Gr	1.65 (0.98) I,P,B,O,Br,Mr	1.93 (1.20) I,P,B,Br,Mr,Gr	.026	.020
Blameworthy	2.33 (1.23) P,B,O,Br,Mr,Gr	1.93 (1.14) I,B,O,Br,Mr,Gr	2.13 (1.13) I,P,O,Br,Mr,Gr	2.62 (1.50) I,P,B,O,Mr,Gr	2.19 (1.12) I,P,B,O,Br,Gr	1.98 (1.13) I,P,B,O,Br,Mr	2.38 (1.24) I,P,B,Br,Mr,Gr	.017	.021

Angry at self	3.02 (1.37) O,Br,Mr	2.21 (1.17) B,O,Mr,Gr	2.33 (1.31) P,O,Br,Mr,Gr	3.10 (1.64) I,B,O,Mr	2.57 (1.25) I,P,B,O,Br,Gr	2.09 (1.25) P,B,O,Mr	2.54 (1.29) I,P,B, Br,Mr, Gr	<.00 1	.061
Disgusted with self	1.96 (1.29) B,O,Br,Mr	1.43 (0.91) B,O,Mr,Gr	1.62 (1.00) I,P,O,Br,Mr,Gr	2.14 (1.71) I,B,O,Mr	1.62 (1.10) I,P,B,O,Br	1.39 (0.89) P,B,O,Mr	1.93 (1.19) I,P,B, Br,Mr	<.00 1	.044
Dissatisfied with self	2.89 (1.23) O,Br,Mr	2.21 (1.20) B,O,Mr,Gr	2.26 (1.25) P,O,Mr,Gr	3.33 (1.35) I	2.51 (1.22) I,P,B,O,Gr	2.11 (1.19) P,B,O,Mr	2.38 (1.26) I,P,B, Mr,Gr	<.00 1	.061
Sadness								<.00 1	.057
Sad	3.20 (1.28) O,Br	2.39 (1.14) B,O,Mr,Gr	2.67 (1.28) P,O,Mr,Gr	3.86 (1.24) I	2.75 (1.15) P,B,O,Gr	2.43 (1.24) P,B,O,Mr	2.80 (1.33) I,P,B, Mr,Gr	<.00 1	.071
Blue	3.41 (1.35) P,B,Br	2.94 (1.29) B,O,Br,Mr	2.90 (1.26) I,P,O,Br,Mr	3.62 (1.24) I,P,B	2.97 (1.18) P,B,O	2.31 (1.20) O	2.70 (1.36) P,B,M r,Gr	<.00 1	.081
Downhearted	3.05 (1.24) B,O,Br,Mr	2.43 (1.17) B,O,Mr,Gr	2.63 (1.31) I,P,O,Br,Mr,Gr	3.33 (1.46) I,B,O,Mr	2.70 (1.24) I,P,B,O,Br,Gr	2.44 (1.19) P,B,O,Mr	2.54 (1.22) I,P,B, Br,Mr, Gr	<.00 1	.042
Alone	3.66 (1.43) O,Br	2.93 (1.38) B,O,Br	3.01 (1.31) P,O,Br	3.38 (1.32) I,P,B,O,	2.31 (1.28) Gr	1.86 (1.22) Mr	3.04 (1.51) ,I,P,B	<.00 1	.178
Lonely	3.58 (1.35) P,B,O,Br	3.13 (1.31) I,B,O,Br	3.15 (1.31) I,P,O,Br	3.57 (1.36) I,P,B,O,	2.55 (1.28) Br,Gr	2.03 (1.20) Mr	3.21 (1.41) I,P,B, Br	<.00 1	.145

Table 3 Greece

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.53 (2.36) Br	6.52 (2.14) B, O, Mr	6.78 (2.29) P, O, Mr	4.71 (2.78) I	6.70 (2.03) P, B, O, Gr	7.53 (1.78) O, Mr	6.68 (2.16) P, B, Mr, Gr	<.001	.106
Happy	36.92(23.36) O, Br	48.01(26.28) B, O, Br, Mr	55.20 (25.03) P, O, Mr, Gr	33.10 (24.82) I, P, O, Mr	47.76 (23.96) P, B, O, Br, Gr	57.31 (25.70) P, B, O, Mr	46.57 (27.16) I, P, B, Br, Mr, Gr	<.001	.081
Unhappy	36.21 (25.01) B, O, Br	25.12 (20.18) B, O, Br, Mr, Gr	27.11 (21.97) I, P, O, Br, Mr, Gr	39.86 (27.59) I, P, B, O, Mr	27.47 (20.45) P, B, O, Br, Gr	19.51 (17.84) P, B, Mr	32.32 (24.45) I, P, B, Br, Mr	<.001	.067
Neutral	42.07 (23.93) P, B, O, Br, Mr	41.40 (21.77) I, B, O, Br, Mr	34.31 (21.25) I, P, O, Br, Mr, Gr	33.19 (24.54) I, P, B, O, Mr, Gr	38.23 (22.92) I, P, B, O, Br, Gr	31.73 (19.67) B, Br, Mr	43.47 (23.60) I, P, B, Br, Mr	<.001	.035
Life satisfaction	3.90 (1.35) O, Br	4.46 (1.16) B, O, Mr, Gr	4.63 (1.23) P, O, Mr, Gr	3.48 (1.34) I, O	4.55 (1.09) P, B, O, Gr	5.00 (1.20) P, B, Mr	4.34 (1.31) I, P, B, Br, Mr	<.001	.088
Meaning in life	3.82 (1.24) P, O, Br	4.17 (1.10) I, B, O, Br, Mr	4.43 (1.14) P, O, Br, Mr, Gr	4.24 (.96) I, P, B, O, Mr,	4.36 (1.07) P, B, O, Br	4.90 (1.23) B	4.23 (1.14) I, P, B, Br, Mr	<.001	.078
Optimism	3.58 (0.78) P, O, Br, Mr	3.85 (0.75) I, B, O, Br, Mr, Gr	3.95 (0.71) P, O, Br, Mr, Gr	3.66 (.70) I, P, B, O, Mr, Gr	3.79 (.63) I, P, B, O, Br, Gr	3.95 (.72) P, B, O, Br, Mr	3.77 (0.65) I, P, B, Br, Mr, Gr	.002	.028

Japan

Table 1 Japan

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								<.001	.035
Happy	2.13 (1.08) P,B,O,Br	2.37 (1.19) I,B,O,Br,Mr	2.51 (1.17) I,P,O,Br,Mr	1.85 (0.87) I,P,B,O	2.76 (0.86) P,B,O	3.12 (1.23)	2.32 (1.21) I,P,B,Br,Mr	<.001	.118
Joyful	2.32 (0.98) P,B,O,Br,Mr	2.64 (1.22) I,B,O,Br,Mr	2.62 (0.98) I,P,O,Br,Mr,Gr	2.17 (0.91) I,P,B,O	2.75 (0.89) I,P,B,O	3.10 (1.08) B	2.40 (1.19) I,P,B,Br,Mr	<.001	0.75
Delighted	2.28 (0.97) P,B,O,Br,Mr	2.60 (1.21) I,B,O,Br,Mr,Gr	2.54 (0.91) I,P,O,Br,Mr,Gr	2.17 (0.95) I,P,B,O,Mr	2.70 (0.87) I,P,B,O,Br,Gr	3.02 (1.10) P,B,Mr	2.28 (1.10) I,P,B,Br,Mr	<.001	0.67
Cheerful	2.25 (0.98) P,B,O,Br,Mr	2.44 (1.23) I,B,O,Br,Mr	2.51 (1.02) I,P,O,Br,Mr,Gr	2.17 (0.86) I,P,B,O,Mr	2.68 (0.88) I,P,B,O,Br	3.06 (1.07) B,O	2.48 (1.26) I,P,B,Br,Mr,Gr	<.001	.077
Excited	2.01 (0.93) P,B,O,Br,Mr	2.27 (1.22) I,B,O,Br,Mr	2.57 (1.09) I,P,O,Br,Mr,Gr	1.79 (0.68) I,P,B,O	2.42 (0.96) I,P,B,O,Gr	2.73 (1.17) B,O,Mr	2.32 (1.31) I,P,B,Br,Mr,Gr	<.001	0.62

Enthusiastic	1.77 (0.93) P,B,O,Br,Mr,Gr	1.76 (1.07) I,B,O,Br,Mr,Gr	2.35 (1.06) I,P,O,Mr,Gr	1.54 (0.99) I,P,O,Mr,Gr	2.03 (1.02) I,P,B,O,Br,Gr	1.83 (1.07) I,P,B,O,Br,Mr	1.68 (1.07) I,P,B,Br,Mr,Gr	.007	.029
Lively	2.11 (1.09) P,B,O,Br,Mr,Gr	2.15 (1.16) I,B,O,Br,Mr,Gr	2.51 (1.12) I,P,O,Br,Mr,Gr	1.81 (0.84) I,P,B,O	2.44 (0.98) I,P,B,O,Gr	2.42 (1.14) I,P,B,O,Mr	2.16 (1.25) I,P,B,Br,Mr,Gr	.005	.030
Energetic	1.94 (0.92) P,B,O,Br,Mr,Gr	1.83 (1.07) I,B,O,Br,Gr	2.38 (1.14) I,P,O,Br,Mr,Gr	1.62 (0.79) I,P,B,O,Gr	2.27 (0.96) I,B,O,Gr	2.14 (1.11) I,P,B,O,Br,Mr	2.12 (1.30) I,P,B,Br,Mr,Gr	.001	.037
Self-assurance								.021	.015
Proud	1.76 (0.96) P,B,O,Br,Gr	1.94 (1.07) I,B,O,Br,Mr,Gr	2.43 (1.01) I,P,O,Br,Mr,Gr	1.65 (0.81) I,P,B,O	2.26 (0.99) P,B,O,Gr	2.23 (1.10) I,P,B,O,Mr	1.88 (0.93) I,P,B,Br,Mr,Gr	.001	.039
Strong	1.75 (0.91) P,O,Br,Mr,Gr	1.91 (1.07) I,B,O,Br,Mr,Gr	2.46 (0.96) P,O,Mr,Gr	1.58 (0.87) I,P,O	2.14 (0.94) I,P,B,O,Gr	2.13 (1.08) I,P,B,O,Mr	2.04 (1.14) I,P,B,Br,Mr,Gr	.001	.038
Confident	1.86 (0.91) P,B,O,Br,Gr	1.99 (1.12) I,B,O,Br,Mr,Gr	2.41 (1.07) I,P,O,Mr,Gr	1.60 (0.96) I,P,O	2.36 (0.99) P,B,O,Gr	2.25 (1.03) I,P,B,O,Mr	2.04 (1.10) I,P,B,Br,Mr,Gr	<.001	.043
Bold	1.76 (0.92) P,B,O,Br,Mr,Gr	1.69 (0.96)	2.35 (0.89)	1.48 (0.80) I,P,O,Gr	2.07 (0.94) I,P,B,O,Gr	1.91 (1.10)	1.84 (1.07) I,P,B,	.001	.036

			I,B,O,Br ,Mr,Gr	I,P,O,Mr, Gr			I,P,B,O, Br,Mr	Br,Mr, Gr		
Daring	1.62 (0.76) P,O,Br,Gr	1.72 (1.06) I,O,Br, Mr,Gr	2.54 (1.19) O,Mr,Gr	1.62 (0.94) I,P,O,Mr ,Gr	2.11 (0.94) P,B,O,Br,Gr	1.93 (1.10) I,P,B,O, Br,Mr	1.84 (1.03) I,P,B, Br,Mr, Gr	<.001	.045	
Fearless	1.76 (0.95) P,B,O,Br,M r,Gr	1.65 (0.91) I,B,O,Br ,Mr,Gr	2.35 (0.95) I,P,O ,Mr,Gr	1.58 (0.89) I,P,OMr, Gr	1.94 (0.90) I,P,B,O,Br, Gr	1.85 (1.03) I,P,B,O, Br,Mr	1.88 (1.20) I,P,B, Br,Mr, Gr	.030	.023	

Table 2 Japan

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								<.001	.021
Guilty	2.23 (1.16) P,B,O,Br,Mr, Gr	2.21 (1.31) I,B,O,Br,Mr, Gr	2.43 (1.14) I,P,O,Br,Mr,Gr	2.25 (1.14) I,P,B,O,Mr,G r	2.26 (1.07) I,P,B,O,Br	1.77 (0.99) I,P,B,O,Br	1.96 (1.02) I,P,B, Br,Mr, Gr	.001	.036
Ashamed	2.28 (1.14) P,B,O,Br,Mr, Gr	2.03 (1.09) I,B,O,Br,Mr, Gr	2.46 (1.02) I,P,O,Br,Mr	2.00 (1.09) I,P,B,O,Mr,G r	2.28 (1.02) I,P,B,O,Br	1.73 (0.89) I,P,O,Br	1.88 (0.97) I,P,B, Br,Mr, Gr	<.001	.049

Blameworthy	2.23 (1.21) P,B,O,Br,Mr, Gr	2.01 (1.26) I,B,O,Br,Mr, Gr	2.49 (1.02) I,P,O,Br,Mr	2.15 (1.24) I,P,B,O,Mr,G r	2.10 (1.05) I,P,B,O,Br	1.65 (1.01) I,P,O,Br	2.16 (1.34) I,P,B, Br,Mr, Gr	.001	.037
Angry at self	2.54 (1.14) P,B,O,Br,Mr	2.46 (1.26) I,B,O,Br,Mr	2.35 (1.09) I,P,O,Br,Mr,Gr	2.50 (1.34) I,P,B,O,Mr	2.44 (1.14) I,P,B,O,Br	1.86 (1.00) B,O	2.04 (1.14) I,P,B, Br,Mr, Gr	<.00 1	.050
Disgusted with self	2.65 (1.20) P,B,O,Br,Mr	2.55 (1.47) I,B,O,Br,Mr	2.38 (1.09) I,P,O,Br,Mr,Gr	2.63 (1.33) I,P,B,O,Mr	2.47 (1.16) I,P,B,O,Br	1.96 (1.02) B,O	2.24 (1.24) I,P,B, Br,Mr, Gr	<.00 1	.042
Dissatisfied with self	2.86 (1.22) P,B,O,Br,Mr	2.60 (1.36) I,B,O,Br,Mr	2.32 (0.94) I,P,O,Br,Mr,Gr	2.73 (1.32) I,P,B,O,Mr	2.60 (1.11) I,P,B,O,Br	2.03 (1.03) B,O	2.48 (1.33) I,P,B, Br,Mr, Gr	<.00 1	.056
Sadness								<.00 1	.038
Sad	2.69 (1.34) P,B,O,Br,Mr, Gr	2.29 (1.29) I,B,O,Br,Mr, Gr	2.70 (1.05) I,P,O,Br,Mr,Gr	2.75 (1.38) I,P,B,O,Mr,G r	2.44 (1.08) I,P,B,O,Br	2.05 (1.10) I,P,B,O,Br	2.6 (1.25) I,P,B, Br,Mr, Gr	.003	.032
Blue	2.73 (1.33) P,B,O,Br,Mr	2.49 (1.38) I,B,O,Br,Mr	2.32 (0.97) I,P,O,Br,Mr,Gr	2.81 (1.36) I,P,B,O,Mr	2.32 (1.09) I,P,B,O,Br	1.90 (1.01) B,O	2.28 (1.34) I,P,B, Br,Mr, Gr	<.00 1	.050
Downhearted	2.63 (1.33) P,B,O,Br,Mr	2.35 (1.35) I,B,O,Mr,Gr	2.43 (1.09) I,P,O,Br,Mr,Gr	3.04 (1.35) I,B,O	2.41 (1.07) I,P,B,O	1.91 (1.05) P,B,O	2.36 (1.29) I,P,B,	<.00 1	.064

								Br,Mr, Gr		
Alone		2.93 (1.31) P,B,O,Br	2.64 (1.47) I,B,O,Br,Mr	2.81 (1.29) I,P,O,Br,Mr	2.73 (1.14) I,P,B,O,Mr	2.26 (1.03) P,B,O,Br	1.63 (0.90) O	2.32 (1.11) I,P,B, Br,Mr, Gr	<.00 1	.137
Lonely		2.76 (1.28) P,B,O,Br,Mr	2.38 (1.45) I,B,O,Br,Mr	2.65 (1.23) I,P,O,Br,Mr	2.52 (1.19) I,P,B,O,Mr	2.25 (1.04) I,P,B,O,Br	1.70 (0.99) O	2.40 (1.26) I,P,B, Br,Mr, Gr	<.00 1	.075

Table 3 Japan

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.38 (2.26) P, O, Br	5.15 (2.49) I, B, O, Br, Mr	5.89 (2.61) P, O, Mr, Gr	4.10 (2.00) I, P, O	5.97 (1.88) B, O	7.03 (1.40) B	5.20 (2.90) I, P, B, Br, Mr	<.001	.174
Happy	25.77 (20.17) P, B, O, Br, Mr	32.04 (27.30) I, B, O, Br, Mr	38.14 (31.86) I, P, O, Br, Mr, Gr	21.98 (16.72) I, P, B, O	38.48 (26.15) I, P, B, O	54.54 (28.15) B	34.20 (33.06) I, P, B, Br, Mr	<.001	.132
Unhappy	33.70 (23.31) P, B, O, Br, Mr	25.90 (26.34) I, B, O, Mr	30.16 (30.63) I, P, O, Mr	45.94 (27.78) I, O	23.74 (22.95) I, P, B, O	11.44 (13.21)	28.20 (28.35) I, P, B, Br, Mr	<.001	.148
Neutral	40.52 (25.83) P, B, O, Br, Mr, Gr	42.06 (28.94) I, B, O, Br, Mr, Gr	31.70 (31.07) I, P, O, Br, Mr, Gr	32.08 (23.74) I, P, B, O, Mr, Gr	37.78 (27.50) I, P, B, O, Br, Gr	34.02 (27.07) I, P, B,	37.60 (35.86) I, P, B, Br, Mr, Gr	.380	.011

						O, Br, Mr			
Life satisfaction	2.60 (1.13) P, O, Br	3.19 (1.40) I, B, O, Br, Mr	3.61 (.99) P, O, Mr, Gr	2.58 (1.26) I, P, O	3.58 (1.11) P, B, O	4.31 (1.21) B	3.06 (1.42) I, P, B, Br, Mr	<.001	.186
Meaning in life	3.60 (.93) P, B, O, Br, Mr	3.75 (.89) I, B, O, Br, Mr	3.94 (.80) I, P, O, Br, Mr, Gr	3.61 (.68) I, P, B, O, Mr	3.93 (.55) I, P, B, O, Br, Gr	4.12 (.77) B, O, Mr	3.83 (.84) I, P, B, Br, Mr, Gr	<.001	.054
Optimism	3.43 (.91) P, O, Br, Mr	3.63 (1.09) I, O, Br, Mr	4.14 (.73) O, Mr, Gr	3.39 (.97) I, P, O	3.95 (.73) I, P, B, O	4.29 (.88) B, O	3.92 (.99) I, P, B, Br, Mr, Gr	<.001	.099

Oman

Table 1 Oman

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.558	.027
Happy	3.42 (0.95) P,B,O,Br,Mr,Gr	3.51 (1.00) I,B,O,Br,Mr,Gr	3.25 (1.00) I,P,O,Br,Mr,Gr	3.00 (-) I,P,B,O,Mr,Gr	4.14 (0.69) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.74 (0.89) I,P,B,Br,Mr,Gr	.068	.040
Joyful	3.32 (0.96) P,B,O,Br,Mr,Gr	3.54 (0.93) I,B,O,Br,Mr,Gr	3.50 (1.09) I,P,O,Br,Mr,Gr	2.00 (-) I,P,B,O,Mr,Gr	4.00 (0.58) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.60 (0.86) I,P,B,Br,Mr,Gr	.074	.040
Delighted	3.34 (0.96) P,B,O,Br,Mr,Gr	3.60 (0.95) I,B,O,Br,Mr,Gr	3.31 (1.08) I,P,O,Br,Mr,Gr	2.00 (-) I,P,B,O,Mr,Gr	4.14 (0.69) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.68 (1.00) I,P,B,Br,Mr,Gr	.071	.040
Cheerful	3.44 (1.05) P,B,O,Br,Mr,Gr	3.66 (0.95) I,B,O,Br,Mr,Gr	3.56 (1.09) I,P,O,Br,Mr,Gr	4.00 (-) I,P,B,O,Mr,Gr	3.71 (1.11) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.66 (1.04) I,P,B,Br,Mr,Gr	.329	.024
Excited	3.18 (1.12) P,B,O,Br,Mr,Gr	3.36 (1.09) I,B,O,Br,Mr,Gr	2.69 (1.25) I,P,O,Br,Mr,Gr	2.00 (-) I,P,B,O,Mr,Gr	3.57 (0.98) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.47 (1.09) I,P,B,Br,Mr,Gr	.357	.023

Enthusiastic	3.26 (1.08) P,B,O,Br,Mr,Gr	3.45 (1.03) I,B,O,Br,Mr,Gr	3.81 (0.91) I,P,O,Br,Mr,Gr	2.00 (-) I,P,B,O,Mr,Gr	4.00 (1.15) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.52 (1.02) I,P,B,Br,Mr,Gr	.113	.035
Lively	3.12 (1.17) P,B,O,Br,Gr	3.37 (1.07) I,B,O,Br,Mr,Gr	3.63 (1.26) I,P,O,Br,Mr,Gr	2.00 (-) I,P,B,O,Mr,Gr	4.29 (0.76) P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.52 (1.01) I,P,B,Br,Mr,Gr	.012	.056
Energetic	3.18 (1.04) P,B,O,Br,Mr,Gr	3.48 (1.04) I,B,O,Br,Mr,Gr	3.25 (1.06) I,P,O,Br,Mr,Gr	2.00 (-) I,P,B,O,Mr,Gr	4.00 (0.82) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.61 (0.99) I,P,B,Br,Mr,Gr	.035	.047
Self-assurance								.038	.030
Proud	3.46 (1.09) P,B,O,Br,Mr,Gr	3.65 (1.09) I,B,O,Br,Mr,Gr	3.63 (0.96) I,P,O,Br,Mr,Gr	3.00 (-) I,P,B,O,Mr,Gr	4.14 (0.90) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.73 (1.18) I,P,B,Br,Mr,Gr	.371	.022
Strong	3.36 (1.08) P,B,O,Br,Mr,Gr	3.50 (1.15) I,B,O,Br,Mr,Gr	3.69 (1.11) I,P,O,Br,Mr,Gr	5.00 (-) I,P,B,O,Mr,Gr	3.71 (1.11) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.69 (1.11) I,P,B,Br,Mr,Gr	.157	.032
Confident	3.54 (1.20) P,B,O,Br,Mr,Gr	3.77 (0.97) I,B,O,Br,Mr,Gr	3.75 (1.06) I,P,O,Br,Mr,Gr	5.00 (-) I,P,B,O,Mr,Gr	4.14 (0.90) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.67 (1.14) I,P,B,Br,Mr,Gr	.380	.022
Bold	3.34 (1.04) P,B,O,Br,Mr,Gr	3.45 (0.90) I,B,O,Br,Mr,Gr	3.38 (1.09) I,P,O,Br,Mr,Gr	1.00 (-) I,P,B,O,Mr,Gr	3.43 (0.98) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.41 (1.07) I,P,B,Br,Mr,Gr	.122	.035

			I,B,O,Br ,Mr,Gr	I,P,O,Br, Mr,Gr				Br,Mr, Gr		
Daring		3.34 (1.04) P,B,O,Br,M r,Gr	3.46 (0.98) I,B,O,Br ,Mr,Gr	3.31 (1.08) I,P,O,Br, Mr,Gr	4.00 (-) I,P,B,O, Mr,Gr	3.86 (1.07) I,P,B,O,Br, Gr	3.00 (-) I,P,B,O, Br,Mr	3.35 (1.12) I,P,B, Br,Mr, Gr	.574	.017
Fearless		3.20 (1.11) P,B,O,Br,M r,Gr	3.21 (1.01) I,B,O,Br ,Mr,Gr	3.69 (1.01) I,P,O,Br, Mr,Gr	3.00 (-) I,P,B,O, Mr,Gr	3.14 (1.07) I,P,B,O,Br, Gr	5.00 (-) I,P,B,O, Br,Mr	3.28 (0.97) I,P,B, Br,Mr, Gr	.237	.028

Table 2
The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.127	.026
Guilty	3.50 (1.11) P,B,O,Br,Mr, Gr	3.29 (1.16) I,B,O,Br,Mr, Gr	3.56 (1.21) I,P,O,Br,Mr,Gr	4.00 (.) I,P,B,O,Mr,G r	3.14 (1.35) I,P,B,O,Br,Gr	4.00 (.) I,P,B,O,Br, Mr	3.39 (1.11) I,P,B, Br,Mr, Gr	.854	.009
Ashamed	3.04 (1.09) P,B,O,Br,Mr, Gr	2.98 (1.07) I,B,O,Br,Mr, Gr	3.25 (1.24) I,P,O,Br,Mr,Gr	3.00 (.) I,P,B,O,Mr,G r	3.14 (1.07) I,P,B,O,Br,Gr	3.00 (.) I,P,B,O,Br, Mr	2.92 (1.15) I,P,B, Br,Mr, Gr	.969	.005
Blameworthy	2.92 (1.10) P,B,O,Br,Mr, Gr	2.57 (1.22) I,B,O,Br,Mr, Gr	2.88 (1.20) I,P,O,Br,Mr,Gr	1.00 (.) I,P,B,O,Mr,G r	3.14 (1.46) I,P,B,O,Br,Gr	4.00 (.) I,P,B,O,Br, Mr	2.42 (1.06) I,P,B,	.239	.028

							Br,Mr,Gr		
Angry at self	3.14 (1.05) B,O,Br,Mr,Gr	2.53 (1.19) B,O,Br,Mr,Gr	3.44 (1.32) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	2.86 (1.07) I,P,B,O,Br,Gr	1.00 (.) I,P,B,O,Br,Mr	2.80 (1.25) I,P,B,Br,Mr,Gr	.044	.044
Disgusted with self	2.66 (1.17) P,B,O,Br,Mr,Gr	2.12 (1.18) I,B,O,Br,Mr,Gr	2.63 (1.20) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	1.86 (0.69) I,P,B,O,Br,Gr	2.00 (.) I,P,B,O,Br,Mr	2.07 (1.15) I,P,B,Br,Mr,Gr	.232	.028
Dissatisfied with self	2.90 (1.22) P,B,Br,Mr,Gr	2.42 (1.19) I,B,O,Br,Mr,Gr	2.94 (1.34) I,P,O,Br,MR,Gr	2.00 (.) I,P,B,O,Mr,Gr	2.43 (1.27) I,P,B,O,Br,Gr	1.00 (.) I,P,B,O,Br,Mr	2.38 (1.19) P,B,Br,Mr,Gr	.052	.043
Sadness								.017	.033
Sad	2.82 (1.00) P,B,O,Br,Mr,Gr	2.53 (1.11) I,B,O,Br,Mr,Gr	3.13 (1.20) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	3.00 (1.41) I,P,B,O,Br,Gr	2.00 (.) I,P,B,O,Br,Mr	3.36 (1.07) I,P,B,Br,Mr,Gr	.316	.004
Blue	2.78 (1.25) P,B,Br,Mr,Gr	2.29 (1.21) I,B,O,Br,Mr,Gr	2.75 (1.24) I,P,O,Br,Mr,Gr	1.00 (.) I,P,B,O,Mr,Gr	2.43 (1.27) I,P,B,O,Br,Gr	2.00 (.) I,P,B,O,Br,Mr	2.00 (1.14) P,B,Br,Mr,Gr	.364	.003
Downhearted	2.62 (1.34) P,B,O,Br,Mr,Gr	2.22 (1.18) I,B,O,Br,Mr,Gr	3.25 (1.34) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	2.57 (1.40) I,P,B,O,Br,Gr	5.00 (.) I,P,B,O,Br,Mr	2.13 (1.25) I,P,B,Br,Mr,Gr	.701	.001
Alone	2.78 (1.42) P,B,O,Br,Mr,Gr	2.56 (1.40) I,B,O,Br,Mr,Gr	3.25 (1.39) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	2.86 (1.77) I,P,B,O,Br,Gr	4.00 (.) I,P,B,O,Br,Mr	2.51 (1.27) I,P,B,	.051	.013

Life satisfaction	4.13 (1.27) P, B, O, Br, Mr, Gr	4.41 (1.05) I, B, O, Br, Mr, Gr	4.04 (1.28) I, P, O, Br, Mr, Gr	3.60 (.) I, P, B, O, Mr, Gr	5.14 (1.09) I, P, B, O, Br, Gr	5.00 (.) I, P, B, O, Br, Mr	4.51 (1.08) I, P, B, Br, Mr, Gr	.203	.029
Meaning in life	4.16 (.75) P, B, O, Br, Mr, Gr	4.15 (.71) I, B, O, Br, Mr, Gr	3.94 (.47) I, P, O, Br, Mr, Gr	4.00 (.) I, P, B, O, Mr, Gr	4.79 (.83) I, P, B, O, Br, Gr	5.00 (.) I, P, B, O, Br, Mr	4.24 (.80) I, P, B, Br, Mr, Gr	.177	.031
Optimism	3.78 (.56) P, B, Br, Mr, Gr	3.94 (.57) I, B, O, Br, Mr, Gr	3.71 (.33) I, P, O, Br, Mr, Gr	4.38 (.) I, P, B, O, Mr, Gr	3.86 (.20) I, P, B, O, Br, Gr	3.75 (.) I, P, B, O, Br, Mr	4.08 (.49) P, B, Br, Mr, Gr	.063	.041

Peru

Table 1 Peru

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								<.001	.031
Happy	3.17 (0.83) P,B,O,Br,Mr	3.57 (0.95) I,B,O,Mr	3.59 (0.91) I,PO,Mr	2.85 (1.07) I,O	3.76 (0.89) I,P,B,O	4.18 (0.81)	3.25 (1.04) I,P,B,Br,Mr	<.001	.090
Joyful	3.41 (0.86) P,B,O,Br,Mr	3.71 (0.95) I,B,O,Br,Mr	3.74 (0.88) I,P,O,Br,Mr	3.42 (1.07) I,P,B,O,Mr	3.85 (0.81) I,P,B,Br	4.20 (0.80)	3.38 (1.05) I,P,B,Br	<.001	.059
Delighted	3.27 (1.09) P,B,O,Br,Mr	3.59 (1.01) I,B,O,Br,Mr	3.67 (0.90) I,P,O,Mr	2.74 (1.10) I,O	3.66 (0.93) I,P,B,O	4.10 (0.92)	3.28 (1.04) I,P,B,Br,Mr	<.001	.075
Cheerful	3.65 (0.83) P,B,O,Br,Mr	3.82 (0.94) I,B,O,Mr	3.82 (0.85) I,P,O,Br,Mr	3.11 (1.15) I,B,O	3.88 (0.83) I,P,B,O	4.24 (0.82)	3.45 (1.00) I,P,B,Br,Mr	<.001	.059
Excited	3.24 (1.09) P,B,O,Br,Mr	3.60 (1.07) I,B,O,Br,Mr	3.58 (0.92) I,P,O,Br,Mr	2.84 (1.21) I,P,B,O,Mr	3.69 (0.93) I,P,B,O,Br	4.12 (0.97)	3.36 (1.07) I,P,B,Br,Mr	<.001	.055
Enthusiastic	3.16 (1.03) B,O,Br,Mr	3.66 (1.07)	3.69 (0.90)	3.21 (1.27)	3.70 (0.94) I,P,B,O,Br	4.17 (1.01)	3.30 (1.10)	<.001	.062

			B,O,Br, Mr	I,P,O,Br, Mr	I,P,B,O, Mr			I,P,B, Br,Mr		
Lively	3.02 (1.01) O,Br	3.60 (1.12) B,O,Mr	3.77 (0.90) P,O,Mr	2.89 (1.15) I,O	3.83 (0.90) P,B	4.21 (0.91)	3.30 (1.12) I,P,BB r	<.001	.092	
Energetic	3.31 (1.16) P,B,O,Br,Mr	3.65 (1.12) I,B,O,Br, Mr,Gr	3.60 (0.88) I,P,O,Br, Mr,Gr	3.11 (1.05) I,P,B,O, Mr	3.66 (0.97) I,P,B,O,Br, Gr	3.94 (0.96) P,B,Mr	3.28 (1.28) I,P,B, Br,Mr	<.001	.036	
Self- assurance								.006	.013	
Proud	3.14 (1.32) B,O,Br	3.74 (1.16) B,O,Br, Mr,Gr	3.57 (1.07) I,P,O,Br, Mr,Gr	3.68 (1.16) I,P,B,O, Mr,Gr	3.80 (0.99) P,B,O,Br,Gr	3.98 (1.01) P,B,O,Br, Mr	3.60 (1.08) I,P,B, Br,Mr, Gr	.002	.028	
Strong	3.59 (1.21) P,B,O,Br,Mr,Gr	3.89 (1.06) I,B,O,Br, Mr,Gr	3.92 (0.93) I,P,O,Br, Mr,Gr	3.58 (0.90) I,P,B,O, Mr,Gr	3.99 (0.93) I,P,B,O,Br, Gr	4.25 (0.93) P,B,O,Br, Mr	3.77 (1.03) I,P,B, Br,Mr, Gr	.003	.026	
Confident	3.22 (1.25) O,Br	3.76 (1.11) B,O,Br, Mr,Gr	3.92 (0.84) P,O,Br,Mr,Gr	3.63 (1.01) I,P,B,O, Mr,Gr	3.94 (0.98) P,B,O,Br,Gr	4.13 (0.94) P,B,O,Br, Mr	3.74 (1.01) I,P,B, Br,Mr, Gr	<.001	.038	
Bold	3.47 (1.23) B,O,Br	3.98 (1.05) B,O,Br, Mr,Gr	3.93 (0.93) I,P,O,Br, Mr,Gr	3.74 (1.19) I,P,B,O, Mr,Gr	4.04 (0.90) P,B,O,Br,Gr	4.30 (0.90) P,B,O,Br, Mr	3.87 (0.97) I,P,B, Br,Mr, Gr	.001	.031	
Daring	3.02 (1.23) B,O,Br,Mr	3.58 (1.12)	3.29 (1.08)	3.00 (0.88)	3.48 (1.11) I,P,B,O,Br, Gr	3.71 (1.01)	3.30 (1.12) I,P,B,	<.001	.034	

			B,O,Br, Mr,Gr	I,P,O,Br, Mr	I,P,B,O, Mr,Gr		P,O,Br,M r	Br,Mr, Gr		
Fearless	2.98 (1.23) B,O,Br	3.54 (1.11) B,O,Br, Mr,Gr	3.43 (0.88) I,P,O,Br, Mr,Gr	3.00 (1.20) I,P,B,O, Mr,Gr	3.49 (1.03) P,B,O,Br,Gr	3.74 (0.93) P,B,O,Br ,Mr	3.36 (1.07) I,P,B, Br,Mr, Gr	<.001	.037	

Table 2 Peru

The effect of relationship status on "Guilt" and "Sadness"

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.003	.014
Guilty	3.04 (1.26) P,B,O,Br,Mr	2.53 (1.26) I,B,O,Br,Mr, Gr	2.52 (1.08) I,P,O,Br,Mr,Gr	2.79 (1.27) I,P,B,O,Mr,G r	2.49 (1.20) I,P,B,O,Br	2.20 (1.17) P,B,O,Br	2.45 (1.12) I,P,B, Br,Mr, Gr	.004	.025
Ashamed	3.20 (1.15) P,B,O,Br,Mr	2.62 (1.24) I,B,O,Br,Mr, Gr	2.74 (1.22) I,P,O,Br,Mr	2.58 (1.17) I,P,B,O,Mr,G r	2.52 (1.22) I,P,B,O,Br,Gr	2.25 (1.22) P,O,Br,Mr	2.43 (1.04) I,P,B, Br,Mr, Gr	.002	.027
Blameworthy	2.53 (1.04) P,B,O,Br,Mr, Gr	2.37 (1.19) I,B,O,Br,Mr, Gr	2.51 (1.10) I,P,O,Br,Mr,Gr	2.16 (1.07) I,P,B,O,Mr,G r	2.44 (1.28) I,P,B,O,Br,Gr	2.09 (1.14) I,P,B,O,Br, Mr	2.45 (1.00) I,P,B, Br,Mr, Gr	.079	.015
Angry at self	3.16 (1.38) P,B,O,Br,Mr	2.64 (1.30) I,B,O,Br,Mr	2.61 (1.15) I,P,O,Br,Mr	2.47 (1.50) I,P,B,O,Mr,G r	2.58 (1.31) I,P,B,O,Br	2.02 (1.21) Br	2.81 (1.33)	<.00 1	.041

								I,P,B, Br,Mr		
Disgusted with self	2.94 (1.35) P,B,O,Br,Mr	2.50 (1.23) I,B,O,Br,Mr	2.60 (1.21) I,P,O,Br,Mr	2.68 (1.57) I,P,B,O,Mr,G r	2.50 (1.28) I,P,B,O,Br	1.91 (1.15) Br	2.72 (1.33) I,P,B, Br,Mr	<.00 1	.044	
Dissatisfied with self	2.96 (1.40) P,B,O,Br,Mr	2.52 (1.27) I,B,O,Br,Mr	2.57 (1.28) I,P,O,Br,Mr	2.79 (1.40) I,P,B,O,Mr,G r	2.55 (1.31) I,P,B,O,Br	1.90 (1.16) Br	2.68 (1.22) I,P,B, Br,Mr	<.00 1	.042	
Sadness								<.00 1	.033	
Sad	3.00 (1.31) B,O,Br,Mr	2.46 (1.19) B,Br,Mr	2.73 (1.17) I,P,O,Br,Mr	3.00 (1.25) I,P,B,O,Mr	2.48 (1.29) I,P,B,Br	1.86 (1.02)	3.15 (1.35) I,B,Br	<.00 1	.04	
Blue	2.88 (1.32) P,B,O,Br,Mr	2.52 (1.23) I,B,Br,Mr	2.75 (1.23) I,P,O,Br,Mr	3.00 (1.20) I,P,B,O,Mr	2.57 (1.24) I,P,B,O,Br	1.98 (1.06)	3.11 (1.27) I,B,Br, Mr	<.00 1	.060	
Downhearted	2.90 (1.43) P,B,O,Br,Mr	2.47 (1.22) I,B,O,Br,Mr	2.45 (1.17) I,P,O,Br,Mr	2.79 (1.40) I,P,B,O,Mr,G r	2.36 (1.22) I,P,B,O,Br	1.80 (1.08) Br	2.94 (1.29) I,P,B, Br,Mr	<.00 1	.059	
Alone	3.61 (1.22) B,O,Br	2.54 (1.34) O,Br,Mr	2.96 (1.25) I,O,Br	2.84 (1.54) I,P,B,O,Mr	2.40 (1.36) P,O,Br	1.64 (1.01)	3.00 (1.27) I,P,B, Br,Mr	<.00 1	.119	
Lonely	3.49 (1.14) B,O,Br	2.71 (1.40) B,O,Br,Mr	2.83 (1.26) I,P,O,Br,Mr	2.79 (1.52) I,P,B,O,Mr	2.44 (1.41) P,B,Br	1.61 (0.89)	3.15 (1.27) I,P,B, Br	<.00 1	.111	

Table 3 Peru

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.94 (2.42) P, B, O, Br, Mr	6.76 (2.03) I, B, O, Mr	6.64 (2.07) I, P, O, Br, Mr	5.53 (1.95) I, B, O	6.99 (1.77) I, P, B, O	8.03 (1.54)	6.34 (2.25) I, P, B, Br, Mr	<.001	.082
Happy	48.08 (25.22) P, B, O, Br, Mr	57.44 (25.60) I, B, O, Mr	57.00 (25.01) I, P, O, Mr, Gr	34.89 (18.64) I, O	57.64 (23.72) I, P, B, O	70.19 (21.64)	49.85 (27.95) I, P, B, Br, Mr	<.001	.078
Unhappy	33.12 (21.48) P, B, O, Br, Mr, Gr	31.49 (27.79) I, B, O, Br, Mr, Gr	29.24 (23.14) I, P, O, Br, Mr, Gr	23.11 (16.04) I, P, B, O, Mr, Gr	23.31 (20.97) I, P, B, O, Br, Gr	23.58 (28.15) I, P, B, O, Br, Mr	29.81 (24.70) I, P, B, Br, Mr, Gr	.543	.007
Neutral	41.06 (27.21) P, B, O, Br, Mr, Gr	40.31 (26.16) I, B, O, Br, Mr, Gr	37.79 (25.19) I, P, O, Br, Mr, Gr	38.68 (21.16) I, P, B, O, Mr, Gr	34.47 (22.25) I, P, B, O, Br, Gr	36.89 (27.04) I, P, B, O, Br, Mr	41.26 (29.33) I, P, B, Br, Mr, Gr	.491	.007
Life satisfaction	4.26 (1.24) P, B, O, Br, Mr	4.69 (1.19) I, B, O, Br, Mr	4.85 (1.12) I, P, O, Br, Mr	4.20 (1.36) I, P, B, O, Mr,	4.92 (1.10) I, P, B, O, Br	5.49 (1.06)	4.75 (1.33) I, P, B, Br, Mr	<.001	.068
Meaning in life	3.81 (.91) B, O, Br, Mr	4.39 (1.08) B, O, Br, Mr	4.38 (.78) I, P, O, Br, Mr	4.34 (1.32) I, P, B, O, Mr, Gr	4.52 (.91) I, P, B, O, Br	4.98 (1.06) Br	4.34 (1.02) I, P, B, Br, Mr	<.001	.057
Optimism	3.86 (.69) P, B, O, Br, Mr	4.10 (.54) I, B, O, Br, Mr, Gr	4.18 (.53) I, P, O, Br, Mr, Gr	4.01 (.58) I, P, B, O, Mr, Gr	4.13 (.52) I, P, B, O, Br	4.38 (.51) B, Br	4.05 (.59) I, P, B, Br, Mr	<.001	.045

Poland

Table 1 Poland

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								<.001	.058
Happy	2.78 (0.96) P,Br	2.87 (1.02) I,B	3.29 (0.80) P,Mr	2.31 (0.95) I	3.32 (0.79) B	3.89 (0.80)	-	<.001	.221
Joyful	2.91 (1.01) P,Br	2.93 (0.97) I,Br,	3.45 (0.89) Mr,Gr	2.50 (1.05) I,P	3.33 (0.82) B	3.90 (0.80) B	-	<.001	.188
Delighted	2.41 (1.02) P,Br	2.70 (1.03) I,B,Mr	3.08 (0.88) P,Mr,Gr	1.94 (0.93) I	2.91 (0.96) P,B	3.39 (0.99) B	-	<.001	.139
Cheerful	2.91 (1.01) P,Br	2.72 (0.98) I,Br	3.37 (0.94) I,Mr,Gr	2.40 (1.14) I,P	3.31 (0.84) B	3.81 (0.88) B	-	<.001	.173
Excited	2.46 (0.94) P,Br,Mr	2.57 (1.00) I,Br,Mr	3.16 (0.85) Mr,Gr	2.06 (1.00) I,P,	2.84 (0.97) I,P,B,	3.24 (1.00) B	-	<.001	.111
Enthusiastic	2.57 (1.13) P,Br,	2.65 (0.99) I,Mr	3.34 (0.91) Mr,Gr	2.12 (0.98) I	3.01 (0.91) P,B	3.57 (0.90) B	-	<.001	.172
Lively	2.74 (1.06) P,Br	2.87 (1.02) I,B,Mr	3.39 (0.85) P,Mr,Gr	2.33 (0.95) I,P	3.12 (0.92) P,B	3.66 (0.89) B	-	<.001	.146

Energetic	2.79 (1.06) P,Br	3.00 (0.99) I,B,Mr	3.42 (0.83) P,Mr,Gr	2.50 (1.09) I	3.22 (0.95) P,B	3.65 (0.94) B	-	<.001	.126
Self- assurance								<.001	.045
Proud	2.61 (1.04) P,Br	2.87 (1.02) I,B,Mr	3.37 (0.75) P,Mr,Gr	2.17 (0.97) I	3.16 (0.98) P,B	3.69 (1.03) B	-	<.001	.160
Strong	2.85 (1.01) P,Br,Mr	3.00 (1.03) I,B,Br, Mr	3.42 (0.83) P,Mr,Gr	2.65 (1.00) I,P	3.18 (0.96) I,P,B	3.78 (0.89) B	-	<.001	.130
Confident	2.87 (1.05) P,B,Br,Mr	3.07 (1.12) I,B,Br, Mr	3.29 (0.93) I,P,Mr,Gr	2.62 (0.96) I,P	3.22 (0.96) I,P,B	3.70 (0.93) B	-	<.001	.099
Bold	2.00 (0.97) I,Br,Mr,Gr	2.20 (1.07) I,B,Br, Mr,Gr	2.71 (1.04) P,Mr,Gr	1.71 (0.85) I,P	2.34 (1.03) I,P,B,Gr	2.34 (1.06) I,P,B,Mr	-	<.001	.045
Daring	2.50 (0.98) P,Br,Mr	2.78 (1.03) I,B,BrM r	3.26 (0.83) P,Mr,Gr	2.31 (0.99) I,P	2.93 (0.94) I,P,B	3.35 (1.05) B	-	<.001	.098
Fearless	2.33 (1.05) P,Br,Mr	2.70 (1.11) I,B,Br, Mr,Gr	2.97 (0.97) P,Mr,Gr	2.08 (0.92) I,P,	2.78 (0.99) I,P,B	3.11 (1.04) P,B	-	<.001	.073

Table 2 Poland
The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η^2
Guilt								<.001	.024
Guilty	1.76 (0.95) P,B,Br,Mr,Gr	2.02 (1.11) I,B,Br,Mr	2.16 (0.92) I,P,Mr	1.48 (0.68) I,P,Mr,Gr	1.89 (0.98) I,P,B,Br	1.8 (0.80) I,Br	-	<.001	.041
Ashamed	1.91 (0.99) P,B,Br,Mr,Gr	1.96 (0.99) I,B,Br,Mr,Gr	2.21 (0.88) I,P,Br,Mr	1.79 (0.87) I,P,B,Mr,Gr	2.01 (0.98) I,P,B,Br,Gr	1.73 (0.92) I,P,Br,Mr	-	.021	.024
Blameworthy	1.54 (0.89) P,B,Br,Mr,Gr	1.76 (0.97) I,B,Br,Mr	1.84 (0.95) I,P,Br,Mr	1.33 (0.78) I,P,B,Mr,Gr	1.60 (0.95) I,P,B,Br,Gr	1.32 (0.79) I,Br,Mr	-	.001	.037
Angry at self	2.20 (1.05) P,B,Br,Mr,Gr	2.22 (1.11) I,B,Br,Mr,Gr	2.32 (1.04) I,P,Br,Mr,Gr	2.08 (1.11) I,P,B,Mr,Gr	2.07 (1.00) I,P,B,Br,Gr	1.78 (1.03) I,P,B,Br,Mr	-	.014	.026
Disgusted with self	1.96 (1.01) P,B,Br,Mr,Gr	2.04 (1.17) I,B,Br,Mr	2.03 (1.03) I,P,Br,Mr,Gr	1.83 (1.00) I,P,B,Mr,Gr	1.79 (0.99) I,P,B,Br,Gr	1.52 (0.95) I,B,Br,Mr	-	.002	.033
Dissatisfied with self	2.28 (1.15) P,B,Br,Mr	2.22 (1.07) I,B,Br,Mr	2.11 (1.06) I,P,Br,Mr	2.00 (1.01) I,P,B,Mr	1.98 (1.01) I,P,B,Br	1.52 (0.83)	-	<.001	.060
Sadness								<.001	.066
Sad	2.39 (1.11) P,B,Br,Mr	2.48 (1.07) I,B,Br,Mr	2.26 (1.18) I,P,Br,Mr	2.69 (1.17) I,P,B	2.10 (1.00) I,P,B	1.70 (0.85)	-	<.001	.074
Blue	2.28 (1.19) P,B,Br,Mr	2.33 (1.08) I,B,Br,Mr	2.21 (1.09) I,P,Br,Mr	2.50 (1.17) I,P,B,Mr	2.06 (1.04) I,P,B,Br,Gr	1.59 (0.86)	-	<.001	.061

Downhearted	2.20 (1.19) P,B,Br,Mr	2.30 (1.07) I,B,Br,Mr	2.11 (1.13) I,P,Br,Mr	2.54 (1.27) I,P,B	1.90 (1.06) I,P,B	1.53 (0.91)	-	<.00 1	.067
Alone	3.07 (1.27) P,B,Br	2.76 (1.18) I,B,Br	2.63 (1.17) I,P,Br	2.54 (1.01) I,P,B	1.91 (1.02)	1.38 (0.84)	-	<.00 1	.201
Lonely	3.09 (1.31) P,B,Br	2.48 (1.11) I,B,Br	2.66 (1.19) I,P,Br	2.71 (1.17) I,P,B	1.81 (1.00)	1.25 (0.62)	-	<.00 1	.246

Table 3 Poland

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.41 (2.00) P, B, Br	6.30 (2.17) I, B, Mr	6.13 (2.23) I, P, Mr	4.52 (2.08) I	6.58 (1.88) P, B	7.59 (1.64)	-	<.001	.158
Happy	34.37 (24.05) P, B, Br	43.59 (29.73) I, B, Mr	45.97 (25.31) I, P, Mr	27.54 (19.77) I	49.96 (25.18) P, B	67.15 (21.08)	-	<.001	.181
Unhappy	34.67 (24.94) Br	17.57 (14.46) B, Mr, Gr	22.84 (18.36) I, P, O, Br	36.06 (22.96) I, B	20.20 (17.05) P, B	12.81 (15.11) P	-	<.001	.123
Neutral	30.96 (25.82) P, B, Br, Mr	38.85 (26.47) I, B, Br, Mr	31.18 (22.03) I, P, Br, Mr, Gr	36.40 (22.48) I, P, B, Mr	29.65 (22.51) I, P, B, Br	19.25 (16.30) B	-	<.001	.070
							-		
Life satisfaction	3.50 (1.24) P, B	3.91 (1.44) I, B, Mr	4.49 (1.23) P, Mr, Gr	3.05 (1.09) I	4.31 (1.21) P, B	5.00 (1.13) B	-	<.001	.177
Meaning in life	3.82 (.98) P, B, Br, Mr	4.28 (1.11) I, B, Br, Mr	4.24 (.91) I, P, Br, Mr,	3.90 (1.08) I, P, B, Mr	4.29 (.87) I, P, B, Br	5.02 (.95)	-	<.001	.138
Optimism	3.61 (.64) P, Br	3.86 (.61) I, B, Br, Mr	4.10 (.41) P, Mr, Gr	3.68 (.55) I, P	3.91 (.53) P, B	4.23 (.50) B	-	<.001	.122

Spain

Table 1 Spain
The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.131	.025
Happy	3.40 (0.95) P,B,O,Br	3.82 (0.75) I,B,O,Br,Mr,Gr	3.37 (1.01) I,P,O,Br,Mr,Gr	3.50 (0.58) I,P,B,O,Mr,Gr	3.74 (0.72) P,B,O,Br,Gr	4.05 (0.69) P,B,O,Br,Mr	3.50 (0.80) I,P,B,Br,Mr,Gr	.002	.053
Joyful	2.46 (1.04) P,B,O,Br,Mr,Gr	2.78 (0.86) I,B,O,Br,Mr,Gr	2.42 (0.96) I,P,O,Br,Mr,Gr	1.75 (0.96) I,P,B,O,Mr,Gr	2.68 (1.05) I,P,B,O,Br,Gr	2.90 (1.03) I,P,B,O,Br,Mr	2.45 (1.18) I,P,B,Br,Mr,Gr	.479	.014
Delighted	3.03 (1.01) P,B,O,Br,Mr,Gr	3.42 (0.96) I,B,O,Br,Mr,Gr	2.79 (1.32) I,P,O,Br,Mr,Gr	3.25 (0.50) I,P,B,O,Mr,Gr	3.35 (0.97) I,P,B,O,Br,Gr	3.73 (0.98) I,P,B,O,Br,Mr	2.91 (0.92) I,P,B,Br,Mr,Gr	.052	.032
Cheerful	3.43 (0.98) P,B,O,Br	3.93 (0.83) I,B,O,Br,Mr,Gr	3.42 (0.90) I,P,O,Br,Mr,Gr	3.75 (0.50) I,P,B,O,Mr,Gr	3.79 (0.83) P,B,O,Br,Gr	4.17 (0.68) P,B,O,Br,Mr	3.50 (0.86) I,P,B,Br,Mr,Gr	.002	.052

Excited	2.60 (1.12) P,B,O,Br,Gr	2.98 (1.07) I,B,O,Br,Mr,Gr	2.74 (0.93) I,P,O,Br,Mr,Gr	1.75 (0.96) I,P,B,O,Mr,Gr	2.94 (0.99) P,B,O,Br,Gr	3.06 (0.99) I,P,B,O,Br,Mr	2.95 (1.29) I,P,B,Br,Mr,Gr	.017	.039
Enthusiastic	3.06 (1.16) P,B,O,Br,Mr,Gr	3.20 (0.76) I,B,O,Br,Mr,Gr	3.11 (1.20) I,P,O,Br,Mr,Gr	3.50 (1.00) I,P,B,O,Mr,Gr	3.42 (1.00) I,P,B,O,Br,Gr	3.58 (0.97) I,P,B,O,Br,Mr	3.09 (1.15) I,P,B,Br,Mr,Gr	.083	.029
Lively	3.46 (1.04) P,B,O,Br,Mr	3.75 (0.84) I,B,O,Br,Mr,Gr	3.68 (0.88) I,P,O,Br,Mr,Gr	4.00 (0.82) I,P,B,O,Mr,Gr	3.94 (0.90) I,P,B,O,BrGr	4.19 (0.97) P,B,O,Br,Mr	3.64 (1.09) I,P,B,Br,Mr,Gr	.010	.043
Energetic	3.00 (1.00) P,B,O,Br,Mr,Gr	3.33 (0.97) I,B,O,Br,Mr,Gr	3.26 (1.19) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.40 (0.99) I,P,B,O,Br,Gr	3.61 (0.98) I,P,B,O,Br,Mr	3.14 (0.99) I,P,B,Br,Mr,Gr	.262	.020
Self-assurance								.011	.025
Proud	3.23 (1.26) P,B,O,Br	3.56 (1.23) I,B,O,Br,Mr,Gr	3.68 (1.11) I,P,O,Br,Mr,Gr	3.75 (0.50) I,P,B,O,Mr,Gr	3.76 (0.98) P,B,O,Br,Gr	3.80 (0.96) P,B,O,Br,Mr	3.18 (1.05) I,P,B,Mr,Gr	.004	.049
Strong	3.46 (1.01) P,B,O,Br,Mr,Gr	3.39 (1.05) I,B,O,Br,Mr,Gr	3.95 (1.08) I,P,O,Br,Mr,Gr	4.25 (0.96) I,P,B,O,Mr,Gr	3.70 (0.97) I,P,B,O,Br,Gr	3.77 (0.98) I,P,B,OB,Mr	3.68 (0.94) I,P,B,Br,Mr,Gr	.234	.021
Confident	2.97 (1.25) P,B,O,Br,Mr,Gr	3.61 (0.83) I,B,O,Br,Mr,Gr	3.32 (1.16) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.61 (0.94) I,P,B,O,Br,Gr	3.68 (1.01) I,P,B,O,Br,Mr	3.00 (1.02) I,P,B,	.033	.035

							Br,Mr, Gr		
Bold	2.74 (0.95) B,O,Br	3.49 (1.07) B,O,Br, Mr,Gr	3.37 (0.83) I,P,O,Br, Mr,Gr	3.00 (0.82) I,P,B,O, Mr,Gr	3.41 (0.91) P,B,O,Br,Gr	3.57 (0.95) P,B,O,Br ,Mr	3.41 (1.14) I,P,B, Br,Mr, Gr	.014	.041
Daring	2.89 (1.18) P,B,O,Br,M r,Gr	3.27 (1.10) I,B,O,Br ,Mr,Gr	3.26 (1.15) I,P,O,Br, Mr,Gr	2.25 (0.50) I,P,B,O, Mr,Gr	3.31 (1.01) I,P,B,O,Br, Gr	3.38 (1.10) I,P,B,O, Br,Mr	3.23 (1.27) I,P,B, Br,Mr, Gr	.068	.030
Fearless	2.63 (1.11) P,B,O,Br,M r,Gr	3.15 (1.11) I,B,O,Br ,Mr,Gr	2.47 (0.96) I,P,O,Br, Mr,Gr	2.00 (0.00) I,P,B,O, Mr,Gr	2.99 (1.03) I,P,B,O,Br, Gr	3.00 (1.02) I,P,B,O, Br,Mr	2.91 (0.97) I,P,B, Br,Mr, Gr	.098	.027

Table 2 Spain

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η^2
Guilt								.435	.016
Guilty	2.26 (1.31) P,B,O,Br,Mr, Gr	2.41 (1.18) I,B,O,Br,Mr, Gr	2.90 (1.25) I,P,O,Br,Mr,Gr	2.75 (0.96) I,P,B,O,Mr,G r	2.22 (1.11) I,P,B,O,Br,Gr	2.06 (1.15) I,P,B,O,Br, Mr	2.29 (1.23) I,P,B, Br,Mr, Gr	.830	.007
Ashamed	2.23 (1.14) P,B,O,Br,Mr, Gr	2.15 (0.99) I,B,O,Br,Mr, Gr	2.25 (1.12) I,P,O,Br,Mr,Gr	2.50 (0.58) I,P,B,O,Mr,G r	1.91 (0.99) I,P,B,O,Br,Gr	1.96 (1.08) I,P,B,O,Br, Mr	2.14 (1.15) I,P,B,	.898	.006

								Br,Mr, Gr		
Blameworthy	3.86 (1.00) P,B,O,Br,Mr, Gr	4.10 (0.94) I,B,O,Br,Mr, Gr	4.15 (0.81) I,P,O,Br,Mr,Gr	4.75 (0.50) I,P,B,O,Mr,Gr	4.14 (0.88) I,P,B,O,Br,Gr	4.27 (0.82) I,P,B,O,Br, Mr	3.81 (0.81) I,P,B, Br,Mr, Gr	.310	.018	
Angry at self	2.26 (1.17) P,B,O,Br,Mr, Gr	2.20 (1.23) I,B,O,Br,Mr, Gr	2.90 (1.29) I,P,O,Br,Mr,Gr	2.75 (0.96) I,P,B,O,Mr,Gr	2.24 (1.12) I,P,B,O,Br,Gr	2.10 (1.18) I,P,B,O,Br, Mr	2.38 (0.97) I,P,B, Br,Mr, Gr	.783	.008	
Disgusted with self	2.37 (1.29) P,B,O,Br,Mr, Gr	2.10 (1.11) I,B,O,Br,Mr, Gr	2.75 (1.45) I,P,O,Br,Mr,Gr	3.25 (0.96) I,P,B,O,Mr,Gr	2.14 (1.13) I,P,B,O,Br,Gr	1.96 (1.13) I,P,B,O,Br, Mr	2.24 (1.09) I,P,B, Br,Mr, Gr	.487	.014	
Dissatisfied with self	2.71 (1.34) P,B,O,Br,Mr, Gr	2.20 (1.10) I,B,O,Br,Mr, Gr	2.75 (1.52) I,P,O,Br,Mr,Gr	2.50 (1.00) I,P,B,O,Mr,Gr	2.14 (1.15) I,P,B,O,Br,Gr	1.98 (1.16) I,P,B,O,Br, Mr	2.43 (1.25) I,P,B, Br,Mr, Gr	.299	.019	
Sadness								.017	.025	
Sad	2.63 (1.22) P,B,O,Br,Mr, Gr	2.34 (0.97) I,B,O,Br,Mr, Gr	3.10 (1.41) I,P,O,Br,Mr,Gr	2.75 (1.26) I,P,B,O,Mr,Gr	2.18 (1.08) I,P,B,O,Br,Gr	1.92 (1.11) I,P,B,O,Br, Mr	2.45 (1.18) I,P,B, Br,Mr, Gr	.101	.027	
Blue	2.00 (1.28) P,B,O,Br,Mr, Gr	1.80 (0.95) I,B,O,Br,Mr, Gr	2.70 (1.34) I,P,O,Br,Mr,Gr	2.00 (1.16) I,P,B,O,Mr,Gr	1.84 (1.11) I,P,B,O,Br,Gr	1.54 (0.92) I,P,B,O,Br, Mr	1.91 (1.07) I,P,B, Br,Mr, Gr	.398	.016	

Downhearted	2.11 (1.26) P,B,O,Br,Mr, Gr	1.83 (1.16) I,B,O,Br,Mr, Gr	2.75 (1.55) I,P,O,Br,Mr,Gr	2.25 (1.50) I,P,B,O,Mr,Gr	1.84 (1.08) I,P,B,O,Br,Gr	1.68 (0.98) I,P,B,O,Br, Mr	1.95 (1.21) I,P,B, Br,Mr, Gr	.381	.016
Alone	2.77 (1.46) P,B,O,Br	2.02 (1.13) I,B,O,Br,Mr, Gr	2.55 (1.40) I,P,O,Br,Mr,Gr	3.25 (1.50) I,P,B,O,Mr,Gr	1.87 (1.16) P,B,O,Br,Gr	1.55 (1.01) P,B,O,Br,Mr	2.36 (1.43) I,P,B, Br,Mr, Gr	<.00 1	.064
Lonely	2.63 (1.26) P,B,O,Br,Mr	2.37 (1.16) I,B,O,Br,Mr, Gr	2.65 (1.23) I,P,O,Br,Mr,Gr	2.50 (1.29) I,P,B,O,Mr,Gr	2.06 (1.14) I,P,B,O,Br,Gr	1.79 (1.1) P,B,O,Br,Mr	2.86 (1.17) I,P,B, Br,Mr, Gr	.005	.047

Table 3 Spain

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.29 (1.98) P, B, O, Br, Mr	7.39 (1.36) I, B, O, Br, Mr, Gr	6.55 (1.57) I, P, O, Br, Mr, Gr	6.25 (1.26) I, P, B, O, Mr, Gr	7.18 (1.45) I, P, B, O, Br, Gr	7.69 (1.30) P, B, O, Br, Mr	6.59 (1.89) I, P, B, Br, Mr, Gr	.003	.049
Happy	45.00 (22.06) P, B, O, Br, Mr	53.66 (19.54) I, B, O, Br, Mr, Gr	47.10 (23.05) I, P, O, Br, Mr, Gr	46.25 (16.01) I, P, B, O, Mr, Gr	54.08 (21.74) I, P, B, O, Br, Gr	63.27 (19.87) P, B, O, Br, Mr	53.32 (27.57) I, P, B, Br, Mr, Gr	.022	.038

Unhappy	23.00 (15.86) P, B, O, Br, Mr, Gr	17.58 (10.37) I, B, O, Br, Mr, Gr	25.15 (16.02) I, P, O, Br, Mr, Gr	20.00 (12.25) I, P, B, O, Mr, Gr	20.26 (16.83) I, P, B, O, Br, Gr	15.88 (16.66) I, P, B, O, Br, Mr	27.36 (27.24) I, P, B, Br, Mr, Gr	.514	.014
Neutral	34.23 (19.30) P, B, O, Br, Mr, Gr	32.08 (15.76) I, B, O, Br, Mr, Gr	34.25 (18.80) I, P, O, Br, Mr, Gr	33.75 (7.50) I, P, B, O, Mr, Gr	32.16 (20.48) I, P, B, O, Br, Gr	24.52 (17.05) I, P, B, O, Br, Mr	31.67 (16.30) I, P, B, Br, Mr, Gr	.086	.029
Life satisfaction	4.43 (1.12) P, B, O, Br, Mr	4.95 (.94) I, B, O, Br, Mr, Gr	4.65 (1.15) I, P, O, Br, Mr, Gr	4.30 (.48) I, P, B, O, Mr, Gr	4.98 (.96) I, P, B, O, Br, Gr	5.37 (.90) P, B, O, Br, Mr	4.48 (1.19) I, P, B, Br, Mr, Gr	.002	.053
Meaning in life	3.93 (1.02) P, B, O, Br, Mr, Gr	4.47 (.87) I, B, O, Br, Mr, Gr	4.20 (1.12) I, P, O, Br, Mr, Gr	4.91 (1.01) I, P, B, O, Mr, Gr	4.54 (.97) I, P, B, O, Br, Gr	4.66 (1.02) I, P, B, O, Br, Mr	4.54 (1.25) I, P, B, Br, Mr, Gr	.175	.023
Optimism	3.94 (.63) P, B, O, Br, Mr, Gr	4.36 (.54) I, B, O, Br, Mr, Gr	4.08 (.72) I, P, O, Br, Mr, Gr	4.28 (.47) I, P, B, O, Mr, Gr	4.17 (.64) I, P, B, O, Br, Gr	4.19 (.73) I, P, B, O, Br, Mr	3.98 (.65) I, P, B, Br, Mr, Gr	.128	.025

Turkey

Table 1 Turkey

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								<.001	.025
Happy	3.01 (0.90) P,B,O,Br	3.25 (0.98) I,B,O,Br,Mr	3.25 (1.00) I,P,O,Br,Mr	2.78 (1.03) I,P,B,O,Mr	3.45 (0.90) P,B,O,Br	3.80 (0.88)	3.12 (0.97) I,P,B,Br,Mr	<.001	.082
Joyful	2.85 (0.91) P,B,O,Br,Mr	3.17 (1.06) I,B,O,Br,Mr	3.17 (1.11) I,P,O,Br,Mr	2.63 (0.52) I,P,B,O,Mr,Gr	3.17 (0.90) I,P,B,O,Br	3.69 (0.90) Br	3.02 (1.16) I,P,B,Br,Mr	<.001	.078
Delighted	3.01(1.05) P,B,O,Br,Mr	3.18 (1.07) I,B,O,Br,Mr	3.10 (1.06) I,P,O,Br,Mr	2.88 (1.25) I,P,B,O,Mr,Gr	3.32 (0.98) I,P,B,O,Br	3.72 (1.01) Br	3.14 (1.05) I,P,B,Br,Mr	<.001	.047
Cheerful	3.01 (0.98) P,B,O,Br,Mr	3.24 (1.09) I,B,O,Br,Mr	3.29 (1.14) I,P,O,Br,Mr	3.13 (1.13) I,P,B,O,Mr,Gr	3.33 (0.92) I,P,B,O,Br	3.80 (0.95) Br	3.17 (1.32) I,P,B,Br,Mr	<.001	.063
Excited	2.92 (1.21) P,B,O,Br,Mr	3.13 (1.19) I,B,O,Br,Mr	3.17 (1.09) I,P,O,Br,Mr,Gr	2.63 (1.06) I,P,B,O,Mr,Gr	3.03 (1.16) I,P,B,O,Br	3.63 (1.06) B,Br	3.12 (1.29) I,P,B,Br,Mr	<.001	.055
Enthusiastic	2.54 (1.07) P,B,O,Br,Mr	2.90 (1.11)	2.94 (1.62)	2.62 (1.19)	2.90 (1.14) I,P,B,O,Br	3.41 (1.20) B,Br	2.69 (1.22)	<.001	.061

			I,B,O,Br ,Mr	I,P,O,Br, Mr,Gr	I,P,B,O, Mr,Gr			I,P,B, Br,Mr		
Lively	2.82 (1.09) P,B,O,Br,Mr	3.12 (1.15) I,B,O,Br ,Mr,Gr	3.13 (1.13) I,P,O,Br, Mr,Gr	2.50 (1.31) I,P,B,O, Mr,Gr	3.17 (1.10) I,P,B,O,Br	3.54 (1.26) P,B,O,Br	3.10 (1.28) I,P,B, Br,Mr, Gr	<.001	.043	
Energetic	2.96 (1.19) P,B,O,Br,Mr	3.28 (1.20) I,B,O,Br ,Mr,Gr	3.16 (1.19) I,P,O,Br, Mr,Gr	2.50 (1.31) I,P,B,O, Mr,Gr	3.19 (1.11) I,P,B,O,Br, Gr	3.51 (1.13) P,B,O,Br ,Mr	3.33 (1.14) I,P,B, Br,Mr, Gr	.005	.026	
Self- assurance								.006	.014	
Proud	3.28 (1.20) P,B,O,Br,Mr	3.50 (1.18) I,B,O,Br ,Mr,Gr	3.55 (1.30) I,P,O,Br, Mr,Gr	3.50 (1.51) I,P,B,O, Mr,Gr	3.77 (1.07) I,P,B,O,Br, Gr	3.97 (1.19) P,B,O,Br ,Mr	3.90 (1.16) I,P,B, Br,Mr, Gr	.005	.026	
Strong	3.49 (1.25) P,B,O,Br,Mr	3.66 (1.12) I,B,O,Br ,Mr,Gr	3.64 (1.60) I,P,O,Br, Mr,Gr	3.38 (1.19) I,P,B,O, Mr,Gr	3.79 (1.05) I,P,B,O,Br, Gr	4.04 (1.07) P,B,O,Br ,Mr	3.86 (1.32) I,P,B, Br,Mr, Gr	.017	.022	
Confident	3.53 (1.16) P,B,O,Br,Mr,Gr	3.60 (1.14) I,B,O,Br ,Mr,Gr	3.66 (1.30) I,P,O,Br, Mr,Gr	3.50 (1.07) I,P,B,O, Mr,Gr	3.74 (0.95) I,P,B,O,Br, Gr	4.02 (1.04) I,P,B,O, Br,Mr	3.52 (1.35) I,P,B, Br,Mr, Gr	.016	.022	
Bold	3.41 (1.20) P,B,O,Br,Mr,Gr	3.51 (1.20) I,B,O,Br ,Mr,Gr	3.66 (1.20) I,P,O,Br, Mr,Gr	3.38 (1.30) I,P,B,O, Mr,Gr	3.75 (1.06) I,P,B,O,Br, Gr	3.92 (1.12) I,P,B,O, Br,Mr	3.45 (1.23) I,P,B, Br,Mr, Gr	.037	.019	

Daring	3.19 (1.13) P,B,O,Br,Mr,Gr	3.36 (1.19) I,B,O,Br,Mr,Gr	3.50 (1.26) I,P,O,Br,Mr,Gr	3.00 (1.07) I,P,B,O,Mr,Gr	3.59 (1.06) I,P,B,O,Br,Gr	3.58 (1.13) I,P,B,O,Br,Mr	3.14 (1.35) I,P,B,Br,Mr,Gr	.029	.020
Fearless	3.16 (1.24) P,B,O,Br,Mr,Gr	3.37 (1.22) I,B,O,Br,Mr,Gr	3.47 (1.23) I,P,O,Br,Mr,Gr	3.50 (1.31) I,P,B,O,Mr,Gr	3.41 (1.05) I,P,B,O,Br,Gr	3.46 (1.13) I,P,B,O,Br,Mr	3.00 (1.45) I,P,B,Br,Mr,Gr	.329	.010

Table 2 Turkey
The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.001	.017
Guilty	2.05 (1.22) P,B,O,Br,Mr,Gr	1.93 (1.04) I,B,O,Br,Mr,Gr	2.13 (1.24) I,P,O,Br,Mr,Gr	2.25 (1.28) I,P,B,O,Mr,Gr	1.95 (1.06) I,P,B,O,Br,Gr	1.68 (1.03) I,P,B,O,Br,Mr	1.63 (1.15) I,P,B,Br,Mr,Gr	.060	.017
Ashamed	2.20 (1.27) P,B,O,Br,Mr,Gr	1.97 (1.11) I,B,O,Br,Mr,Gr	2.22 (1.03) I,P,O,Br,Mr,Gr	2.25 (0.89) I,P,B,Br,Mr,Gr	1.96 (1.09) I,P,B,O,Br,Gr	1.75 (1.13) I,P,B,O,Br,Mr	2.22 (1.37) I,P,B,Br,Mr,Gr	.051	.018
Blameworthy	1.87 (1.08) P,B,O,Br,Mr,Gr	1.75 (1.05) I,B,O,Br,Mr,Gr	1.97 (1.25) I,P,O,Br,Mr,Gr	2.00 (1.31) I,P,B,Br,Mr,Gr	1.78 (1.02) I,P,B,O,Br,Gr	1.53 (0.94) I,P,B,O,Br,Mr	1.65 (1.15) I,P,B,	.105	.015

								Br,Mr, Gr		
Angry at self	3.05 (1.37) P,B,O,Br,Mr	2.76 (1.25) I,B,O,Br,Mr, Gr	2.67 (1.37) I,P,O,Br,Mr,Gr	3.75 (0.89) I,P,B,O,Mr	2.54 (1.26) I,P,B,O,Br	2.18 (1.23) P,B,O	2.50 (1.41) I,P,B, Br,Mr, Gr	<.00 1	.036	
Disgusted with self	2.11 (1.35) B,O,Br,Mr	1.63 (1.04) B,O,Mr,Gr	1.75 (1.20) I,P,O,Br,Mr,Gr	2.25 (1.58) I,B,O,Mr	1.58 (1.03) I,P,B,O,Br,Gr	1.33 (0.87) P,B,Mr	1.83 (1.34) I,P,B, Br,Mr	<.00 1	.046	
Dissatisfied with self	2.76 (1.39) B,O,Br,Mr	2.21 (1.21) B,O,Br,Mr,Gr	2.22 (1.25) I,P,O,Br,Mr,Gr	3.25 (1.04) I,P,B,O,Mr	2.15 (1.25) I,P,B,O,Br	1.72 (1.11) P,B,O	2.10 (1.52) I,P,B, Br,Mr, Gr	<.00 1	.050	
Sadness								<.00 1	.025	
Sad	3.00(1.18) P,B,O,Br,Mr	2.64 (1.20) I,B,O,Br,Mr	2.69 (1.18) I,P,O,Br,Mr	3.13 (1.36) I,P,B,O,Mr,Gr	2.54 (1.117) I,P,B,O,Br	2.01 (1.05) Br	2.73 (1.40) I,P,B, Br,Mr	<.00 1	.057	
Blue	3.42 (1.26) B,O,Br,Mr	2.83 (1.23) B,O,Br,Mr,Gr	2.97 (1.18) I,P,O,Br,Mr,Gr	3.25 (1.28) I,P,B,O,Mr,Gr	2.74 (1.18) I,P,B,O,Br	2.35 (1.35) P,B,O,Br	2.85 (1.37) I,P,B, Br,Mr, Gr	<.00 1	.043	
Downhearted	3.30 (1.25) B,O,Br,Mr	2.72 (1.30) B,O,Br,Mr,Gr	2.86 (1.35) I,P,O,Br,Mr,Gr	3.25 (1.28) I,P,B,O,Mr,Gr	2.69 (1.21) I,P,B,O,Br	2.20 (1.21) P,B,O,Br	2.76 (1.28) I,P,B, Br,Mr, Gr	<.00 1	.049	
Alone	3.01 (1.44) B,O,Br	2.45 (1.23) B,O,Br,Mr	2.88 (1.41) I,P,O,Br,Mr	3.38 (1.18) I,P,B,O,Mr	2.38 (1.29) P,B,O,Br	1.67 (1.05) O	2.34 (1.49)	<.00 1	.101	

								I,P,B, Br,Mr, Gr		
Lonely		2.96 (1.48) B,O,Br	2.41 (1.31) B,O,Br,Mr	2.73 (1.47) I,P,O,Br,Mr	3.38 (1.69) I,P,B,O,Mr,Gr	2.30 (1.28) P,B,O,Br	1.66 (1.09) O,Br	2.22 (1.41) I,P,B, Br,Mr, Gr	<.00 1	.080

Table 3 Turkey

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.49 (2.23) B, Br, Mr, Gr	6.29 (2.22) B, O, Br, Mr	6.18 (2.51) I, P, O, Br, Mr	4.75 (2.49) I, P, B, O, Mr	6.34 (1.81) I, P, B, O, Br	7.29 (1.74)	5.49 (2.41) I, P, B, Br, Mr	<.001	.079
Happy	41.63 (21.94) P, B, O, Br, Mr	48.91 (21.94) I, B, O, Br, Mr	50.02 (20.47) I, P, O, Br, Mr, Gr	38.63 (23.07) I, P, B, O, Mr, Gr	51.74 (20.78) I, P, B, O, Br	62.05 (21.51) B, Br	45.71 (21.06) I, P, B, Br, Mr	<.001	.073
Unhappy	37.95 (19.40) P, B, O, Br, Mr	32.70 (22.31) I, B, O, Mr, Gr	34.80 (21.14) I, P, O, Mr, Gr	52.00 (19.66) I, O, Mr	35.03 (20.58) I, P, B, O, Br	24.14 (17.81) P, B	39.76 (26.36) I, P, B, Br, Mr	<.001	.070
Neutral	37.51 (24.34) P, O, Br, Mr, Gr	29.31 (20.17) I, B, O, Br, Mr, Gr	23.00 (17.23) P, O, Br, Gr	49.00 (28.69) I, P, B, O, Mr, Gr	32.53 (24.01) I, P, O, Br, Gr	26.90 (21.15) I, P, B,	30.21 (21.00) I, P, B, Br, Mr, Gr	.002	.030

						O, Br, Mr			
Life satisfaction	3.95 (1.22) P, B, O, Br, Mr	3.95 (1.23) I, B, O, Br, Mr	4.20 (1.29) I, P, O, Br, Mr, Gr	3.58 (1.03) I, P, B, O, Mr, Gr	4.24 (1.17) I, P, B, O, Br	4.80 (1.21) B, Br	3.80 (1.29) I, P, B, Br, Mr	<.001	.062
Meaning in life	3.70 (.97) P, B, O, Br, Mr	4.07 (1.14) I, B, O, Br, Mr	4.06 (.92) I, P, O, Br, Mr	3.81 (.68) I, P, B, O, Mr, Gr	4.51 (1.15) I, P, B, O, Br	4.97 (1.12) Br	4.02 (1.20) I, P, B, Br, Mr	<.001	.085
Optimism	3.60 (.80) P, B, O, Br, Mr, Gr	3.82 (.74) I, B, O, Br, Mr, Gr	3.82 (.72) I, P, O, Br, Mr, Gr	3.45 (.74) I, P, B, O, Mr, Gr	3.76 (.70) I, P, B, O, Br	3.99 (.77) I, P, B, O, Br	3.65 (.72) I, P, B, Br, Mr, Gr	.003	.028

UK

Table 1 UK

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								<.001	.046
Happy	2.91 (1.00) P,B,O,Br,Mr	3.24 (1.89) I,B,O,Br,Mr,Gr	3.13 (0.94) I,P,O,Br,Mr,Gr	2.27 (1.10) I,P,B,O,Mr	3.26 (0.91) I,P,B,O,Br,Gr	3.65 (0.92) P,B,O,Mr	3.04 (1.12) I,P,B,Br,Mr,Gr	<.001	.073
Joyful	2.71 (1.01) B,O,Br	3.30 (1.11) B,O,Mr	3.16 (.088) I,P,O,Br,Mr	2.00 (1.00) I,B,O,	3.40 (0.91) P,B,O	3.99 (0.85)	3.17 (1.01) I,P,B,Br,Mr	<.001	.185
Delighted	2.60 (1.08) B,O,Br,Mr	3.09 (1.18) B,O,Br,Mr	3.13 (0.98) I,P,O,Br,Mr,Gr	2.09 (1.14) I,P,B,O,Mr	3.02 (0.98) I,P,B,O,Br	3.64 (1.04) B,O	2.92 (1.10) I,P,B,Br,Mr,Gr	<.001	.112
Cheerful	2.19 (1.10) P,B,Br,Mr	2.67 (1.19) I,B,O,Br,Mr	2.69 (0.90) I,P,O,Br,Mr,Gr	1.91 (1.04) I,P,B,O,Mr	2.71 (1.09) I,P,B,O,Br	3.29 (1.10) B,O,	2.96 (1.20) P,B,Br,Mr,Gr	<.001	.103
Excited	2.67 (1.09) P,B,O,Br,Mr	3.10 (1.18) I,B,O,Br,Mr,Gr	3.13 (1.13) I,P,O,Br,Mr,Gr	2.36 (0.92) I,P,B,O,Mr	3.09 (1.09) I,P,B,O,Br	3.57 (0.95) P,B,O	3.08 (1.18) I,P,B,Br,Mr,Gr	<.001	.080

Enthusiastic	2.49 (1.12) P,B,O,Br,Mr	2.85 (1.23) I,B,O,Br,Mr	3.16 (1.22) I,P,O,Br,Mr,Gr	2.09 (1.14) I,P,B,O,Mr	2.89 (1.08) I,P,B,O,Br	3.53 (1.07) B,O	2.79 (1.14) I,P,B,Br,Mr,Gr	<.001	.099
Lively	2.67 (1.18) P,B,O,Br,Mr	2.76 (1.16) I,B,O,Br,Mr	3.09 (1.12) I,P,O,Br,Mr,Gr	2.64 (1.29) I,P,B,O,Mr,Gr	2.87 (1.06) I,P,B,O,Br	3.34 (1.03) B,O,Br	2.67 (1.01) I,P,B,Br,Mr,Gr	.001	.051
Energetic	2.59 (1.10) P,B,O,Br,Mr	2.71 (1.26) I,B,O,Br,Mr	2.84 (1.14) I,P,O,Br,Mr,Gr	2.45 (1.13) I,P,B,O,Mr,Gr	2.80 (1.13) I,P,B,O,Br	3.34 (1.03) B,O,Br	2.79 (1.14) I,P,B,Br,Mr,Gr	<.001	.060
Self-assurance								<.001	.029
Proud	2.45 (1.15) P,B,O,Br	2.64 (1.20) I,B,O,Br,Mr	2.91 (1.25) I,P,O,Br,Mr,Gr	2.09 (0.94) I,P,B,O,Mr,Gr	3.16 (1.17) P,B,O,Br,Gr	3.31 (1.24) B,O,Br,Mr	2.96 (1.20) I,P,B,Br,Mr,Gr	<.001	.068
Strong	2.56 (1.15) P,B,O,Br,Mr	3.00 (1.23) I,B,O,Br,Mr,Gr	2.94 (0.91) I,P,O,Br,Mr,Gr	2.27 (1.19) I,P,B,O,Mr,Gr	3.04 (1.13) I,P,B,O,Br,Gr	3.26 (1.15) P,B,O,Br,Mr	2.88 (1.19) I,P,B,Br,Mr,Gr	.004	.042
Confident	2.63 (1.09) P,O,Br	2.73 (1.20) I,B,O,Br,Mr	3.25 (0.98) P,O,Br,Mr,Gr	1.91 (1.04) I,P,B,O,Mr,Gr	3.26 (1.00) P,B,O,Br,Gr	3.31 (1.02) B,O,Br,Mr	3.17 (0.96) I,P,B,Br,Mr,Gr	<.001	.076
Bold	2.24 (0.96) P,O,Br,Mr,Gr	2.28 (1.19)	3.03 (1.26)	1.64 (1.03)	2.45 (1.18) I,P,B,O,Br,Gr	2.65 (1.16)	2.42 (1.21) I,P,B,	.005	.040

			I,O,Br, Mr,Gr	O,Br,Mr, Gr	I,P,B,O, Mr,Gr		I,P,B,O, Br,Mr	Br,Mr, Gr		
Daring	2.17 (1.13) P,B,O,Br,Mr, Gr	2.45 (1.20) I,B,O,Br, Mr,Gr	2.56 (1.04) I,P,O,Br, Mr,Gr	2.00 (1.18) I,P,B,O, Mr,Gr	2.56 (1.14) I,P,B,O,Br, Gr	2.48 (1.21) I,P,B,O, Br,Mr	2.37 (1.21) I,P,B, Br,Mr, Gr	.283	.017	
Fearless	2.04 (1.16) P,O,Br,Mr, Gr	2.26 (1.29) I,B,O,Br, Mr,Gr	2.84 (1.11) P,O,Br,Mr, Gr	1.91 (0.83) I,P,B,O, Mr,Gr	2.37 (1.19) I,P,B,O,Br, Gr	2.42 (1.15) I,P,B,O, Br,Mr	1.96 (0.91) I,P,B, Br,Mr, Gr	.014	.035	

Table 2 UK

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								<.001	.028
Guilty	2.17 (1.25) P,B,O,Br,Mr, Gr	2.07 (1.18) I,B,O,Br,Mr, Gr	2.47 (1.19) I,P,O,Br,Mr,Gr	2.36 (1.57) I,P,B,O,Mr,Gr	2.09 (1.24) I,P,B,O,Br,Gr	1.80 (1.08) I,P,B,O,Br, Mr	2.04 (1.20) I,P,B, Br,Mr, Gr	.225	.018
Ashamed	2.15 (1.82) P,B,O,Br,Mr, Gr	1.85 (1.19) I,B,O,Br,Mr	2.03 (1.12) I,P,O,Br,Mr,Gr	2.64 (1.63) I,P,B,O,Mr	1.85 (1.14) I,P,B,O,Br	1.37 (0.70) B,O	1.88 (0.99) I,P,B, Br,Mr, Gr	<.001	.066

Blameworthy	2.08 (1.10) P,B,O,Br,Mr, Gr	1.99 (1.22) I,B,O,Br,Mr, Gr	2.19 (1.20) I,P,O,Br,Mr,Gr	3.00 (1.61) I,P,B,O,Mr	2.07 (1.32) I,P,B,O,Br,Gr	1.68 (1.05) I,P,B,O,Mr	2.08 (1.21) I,P,B, Br,Mr, Gr	.012	.036
Angry at self	2.55 (1.33) P,B,O,Br,Mr	2.18 (1.26) I,B,O,Br,Mr, Gr	2.72 (1.30) I,P,O,Br,Mr,Gr	3.00 (1.55) I,P,B,O,Mr,G r	2.32 (1.26) I,P,B,O,Br,Gr	1.92 (1.12) P,B,O,Br,M r	2.54 (1.38) I,P,B, Br,Mr, Gr	.005	.040
Disgusted with self	2.08 (1.26) P,B,O,Br,Mr, Gr	2.02 (1.28) I,B,O,Br,Mr	2.00 (1.24) I,P,O,Br,Mr,Gr	2.64 (1.50) I,P,B,O,Mr,G r	1.81 (1.17) I,P,B,O,Br,Gr	1.51 (0.97) I,B,O,Br,M r	1.88 (1.26) I,P,B, Br,Mr, Gr	.010	.037
Dissatisfied with self	2.97 (1.28) P,B,O,Br,Mr	2.53 (1.36) I,B,O,Mr,Gr	2.91 (1.23) I,P,O,Br,Mr	3.91 (1.30) I,B	2.50 (1.22) I,P,B,O	1.98 (1.12) P,O	2.38 (1.21) I,P,B, Mr,Gr	<.00 1	.089
Sadness								<.00 1	.058
Sad	2.97 (1.24) B,O,Br	2.23 (1.24) O,Mr,Gr	3.16 (1.17) I,O,Br	3.82 (1.40) I,B,O	2.32 (1.15) P,O,Gr	2.04 (1.13) P,O,Mr	2.58 (1.06) I,P,B, Br,Mr, Gr	<.00 1	.105
Blue	2.75 (1.16) P,B,O,Br,Mr	2.17 (1.18) I,B,O,Br,Mr, Gr	2.72 (1.30) I,P,O,Br,Mr,Gr	2.82 (1.54) I,P,B,O,Mr,G r	2.20 (1.15) I,P,B,O,Br,Gr	1.91 (1.12) P,B,O,Br,M r	2.33 (1.24) I,P,B, Br,Mr, Gr	<.00 1	.054
Downhearted	2.93 (1.25) B,O,Br	2.19 (1.24) B,O,Br,Mr,G r	2.66 (1.10) I,P,O,Br,Mr,Gr	3.27 (1.42) I,P,B,O,Mr,G r	2.22 (1.13) P,B,O,Br,Gr	2.03 (1.04) P,B,O,Br,M r	2.63 (1.28) I,P,B,	<.00 1	.070

								Br,Mr,Gr		
Alone		3.25 (1.32) B,O,Br	2.44 (1.33) B,O,Br,Mr	3.06 (1.24) I,P,O,Br	3.27 (1.62) I,P,B,O,Mr	1.97 (1.10) P,O,Br,Gr	1.70 (1.08) O,Mr	2.42 (1.25) I,P,B,Br,Mr,Gr	<.001	.176
Lonely		3.27 (1.27) B,Br	2.36 (1.29) O,Br,Mr	3.31 (1.20) I,Br	3.09 (1.45) I,P,B,O,Mr	1.99 (1.10) P,O,Br,Gr	1.62 (0.98) O,Mr	2.29 (1.27) P,Br,Mr,Gr	<.001	.211

Table 3 UK

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.87 (2.21) B, O, Br	6.43 (2.27) B, O, Br, Mr	6.03 (1.96) I, P, O, Br, Mr	5.09 (2.44) I, P, B, O, Mr	6.87 (1.68) P, B, O, Gr	7.77 (1.59) Mr	5.33 (2.39) I, P, B, Br, Mr	<.001	.148
Happy	28.05 (18.62) P, B, O, Br, Mr	37.56 (24.77) I, B, O, Br, Mr	39.16 (16.63) I, P, O, Br, Mr, Gr	25.00 (15.65) I, P, B, O, Mr	38.88 (21.34) I, P, B, O, Br	51.60 (22.23) B	35.00 (18.53) I, P, B, Br, Mr	<.001	.123
Unhappy	33.96 (23.33) B, O, Br	21.49 (19.17) B, O, Mr, Gr	29.16 (15.70) I, P, O, Mr	51.82 (20.89) I	24.12 (17.54) P, B, O	15.86 (13.26) P, O	26.79 (21.98) I, P, B, Mr, Gr	<.001	.131
Neutral	38.31 (19.48) P, B, O, Br, Mr, Gr	40.56 (23.70) I, B, O, Br, Mr, Gr	34.16 (12.83) I, P, O, Br, Mr, Gr	22.27 (14.03) I, P, B, O, Mr, Gr	37.77 (18.66) I, P, B, O, Br, Gr	32.57 (21.38) I, P, B, O, Br, Mr	36.83 (19.73) I, P, B, Br, Mr, Gr	.017	.034

Life satisfaction	3.49 (1.30) B, O, Br, Mr	4.24 (1.41) B, O, Br, Mr	4.02 (1.06) I, P, O, Br, Mr	2.95 (1.18) I, P, B, O	4.48 (1.16) P, B, O	5.16 (1.08)	4.04 (1.07) I, P, B, Br, Mr	<.001	.188
Meaning in life	3.55 (1.17) P, B, O, Br	4.20 (1.19) I, B, O, Br, Gr	3.97 (.90) I, P, O, Mr	2.74 (.83) I, O	4.39 (1.28) P, B, O	4.87 (1.26)	4.07 (1.10) I, P, B, Br, Mr	<.001	.146
Optimism	3.40 (.77) B, O, Br	3.85 (.86) B, O, Br, Mr, Gr	3.86 (.83) I, P, O, Br, Mr, Gr	3.25 (.88) I, P, B, O, Mr	3.93 (.83) P, B, O, Br, Gr	4.14 (.79) P, B, O	3.77 (.83) I, P, B, Br, Mr, Gr	<.001	.090

Ukraine

Table 1 Ukraine
The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.357	.022
Happy	2.85 (0.94) P,B,O,Br,Mr,Gr	2.91 (1.09) I,B,O,Br,Mr,Gr	2.71 (0.94) I,P,O,Br,Mr	1.60 (0.55) I,P,B,O,Mr,Gr	2.85 (0.90) I,P,B,O,Br,Gr	3.34 (0.94) I,P,O,Br,Mr	2.90 (1.14) I,P,B,Br,Mr,Gr	.022	.038
Joyful	2.94 (1.01) P,B,O,Br,Mr,Gr	3.00 (1.09) I,B,O,Br,Mr,Gr	2.87 (0.90) I,P,O,Br,Mr,Gr	1.60 (0.89) I,P,B,O,Mr,Gr	2.93 (0.90) I,P,B,O,Br,Gr	3.31 (0.95) I,P,B,O,Br,Mr	2.90 (1.09) I,P,B,Br,Mr,Gr	.022	0.38
Delighted	2.43 (1.12) P,B,O,Br,Mr,Gr	2.47 (1.20) I,B,O,Br,Mr,Gr	2.17 (1.09) I,P,O,Br,Mr,Gr	1.40 (0.55) I,P,B,O,Mr,Gr	2.37 (1.07) I,P,B,O,Br,Gr	2.70 (1.08) I,P,B,O,Br,Mr	2.57 (1.33) I,P,B,Br,Mr,Gr	.143	.024
Cheerful	2.67 (0.99) P,B,O,Br,Mr,Gr	2.64 (1.05) I,B,O,Br,Mr,Gr	2.63 (0.93) I,P,O,Br,Mr,Gr	1.60 (0.89) I,P,B,O,Mr,Gr	2.72 (0.99) I,P,B,O,Br,Gr	2.80 (1.05) I,P,B,O,Br,Mr	2.67 (1.15) I,P,B,Br,Mr,Gr	.276	.019

Excited	3.06 (1.07) P,B,O,Br,Mr,Gr	2.75 (1.22) I,B,O,Br,Mr,Gr	2.99 (1.24) I,P,O,Br,Mr,Gr	3.00 (1.58) I,P,B,O,Mr,Gr	2.71 (1.16) I,P,B,O,Br,Gr	3.04 (1.17) I,P,B,O,Br,Mr	3.00 (1.41) I,P,B,Br,Mr,Gr	.544	.013
Enthusiastic	2.60 (1.22) P,B,O,Br,Mr,Gr	2.57 (1.10) I,B,O,Br,Mr,Gr	2.71 (0.98) I,P,O,Br,Mr,Gr	1.60 (0.89) I,P,B,O,Mr,Gr	2.53 (1.03) I,P,B,O,Br,Gr	2.66 (1.03) I,P,B,O,Br,Mr	2.81 (1.34) I,P,B,Br,Mr,Gr	.380	.016
Lively	2.72 (1.07) P,B,O,Br,Mr,Gr	2.69 (1.03) I,B,O,Br,Mr,Gr	2.69 (1.03) I,P,O,Br,Mr,Gr	2.40 (1.67) I,P,B,O,Mr,Gr	2.79 (0.99) I,P,B,O,Br,Gr	2.83 (0.92) I,P,B,O,Br,Mr	2.76 (1.41) I,P,B,Br,Mr,Gr	.773	.008
Energetic	2.79 (1.13) P,BO,Br,Mr,Gr	2.82 (1.08) I,B,O,Br,Mr,Gr	2.95 (1.14) I,P,O,Br,Mr,Gr	2.20 (1.64) I,P,B,O,Mr,Gr	2.76 (1.10) I,P,B,O,Br,Gr	2.83 (1.00) I,P,B,O,Br,Mr	2.71 (1.42) I,P,B,Br,Mr,Gr	.636	.011
Self-assurance								.456	.015
Proud	2.55 (1.03) P,B,O,Br,Mr,Gr	2.91 (1.19) I,B,O,Br,Mr,Gr	2.53 (1.14) I,P,O,Br,Mr,Gr	2.60 (1.14) I,P,B,O,Mr,Gr	2.45 (1.18) I,P,B,O,Br,Gr	2.51 (1.19) I,P,B,O,Br,Mr	2.33 (1.11) I,P,B,Br,Mr,Gr	.304	.018
Strong	2.52 (1.06) P,BO,Br,Mr,Gr	2.77 (1.17) I,B,O,Br,Mr,Gr	2.61 (1.06) I,P,O,Br,Mr,Gr	2.60 (1.67) I,P,B,O,Mr,Gr	2.75 (1.00) I,P,B,O,Br,Gr	2.61 (1.01) I,P,B,O,Br,Mr	2.67 (1.35) I,P,B,Br,Mr,Gr	.900	.006
Confident	2.81 (0.99) P,B,O,Br,Mr,Gr	3.27 (1.08)	2.85 (0.94)	2.00 (1.00)	2.95 (0.97) I,P,B,O,Br,Gr	3.14 (1.00)	2.86 (1.42) I,P,B,	.023	.037

			I,B,O,Br ,Mr,Gr	I,P,O,Br, Mr,Gr	I,P,B,O, Mr,Gr		I,P,B,O, Br,Mr	Br,Mr, Gr		
Bold	2.73 (1.01) P,B,O,Br,M r,Gr	3.17 (1.07) I,B,O,Br ,Mr,Gr	3.01 (1.07) I,P,O,Br, Mr,Gr	2.20 (1.79) I,P,B,O, Mr,Gr	2.83 (0.95) I,P,B,O,BrG r	3.07 (1.10) I,P,B,O, Br,Mr	2.90 (1.30) I,P,B, Br,Mr, Gr	.147	.024	
Daring	2.51 (0.97) P,B,O,Br,M r,Gr	3.00 (1.09) I,B,O,Br ,Mr,Gr	2.79 (1.11) I,P,O,Br, Mr,Gr	1.60 (0.89) I,P,B,O, Mr,Gr	2.72 (0.95) I,P,B,O,Br, Gr	2.94 (1.09) I,P,B,O, Br,Mr	2.62 (1.40) I,P,B, Br,Mr, Gr	.060	.031	
Fearless	2.42 (1.13) P,B,O,Br,M r,Gr	2.69 (1.09) I,B,O,Br ,Mr,Gr	2.64 (1.10) I,P,O,Br, Mr,Gr	2.00 (1.73) I,P,B,O, Mr,Gr	2.67 (1.02) I,P,B,O,Br, Gr	2.55 (1.18) I,P,B,O, Br,Mr	2.57 (1.36) I,P,B, Br,Mr, Gr	.692	.010	

Table 2 Ukraine

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Guilt								.984	.009

Guilty	2.18 (1.07) P,B,O,Br,Mr, Gr	1.97 (1.10) I,B,O,Br,Mr, Gr	2.01 (1.05) I,P,O,Br,Mr,Gr	2.20 (1.79) I,P,B,O,Mr,G r	2.03 (0.90) I,P,B,O,Br,Gr	1.93 (1.03) I,P,B,O,Br, Mr	2.33 (1.32) I,P,B, Br,Mr, Gr	.705	.010
Ashamed	1.61 (0.83) P,B,O,Br,Mr, Gr	1.43 (0.70) I,B,O,Br,Mr, Gr	1.57 (0.87) I,P,O,Br,Mr,Gr	1.60 (1.34) I,P,B,O,Mr,G r	1.73 (0.94) I,P,B,O,Br,Gr	1.59 (0.87) I,P,B,O,Br, Mr	1.90 (1.22) I,P,B, Br,Mr, Gr	.516	.013
Blameworthy	1.58 (0.89) P,B,O,Br,Mr, Gr	1.52 (0.79) I,B,O,Br,Mr, Gr	1.59 (0.82) I,P,O,Br,Mr,Gr	2.00 (1.41) I,P,B,O,Mr,G r	1.79 (0.95) I,P,B,O,Br,Gr	1.60 (0.84) I,P,B,O,Br, Mr	1.81 (1.03) I,P,B, Br,Mr, Gr	.744	.009
Angry at self	2.25 (1.02) P,B,O,Br,Mr, Gr	2.01 (1.01) I,B,O,Br,Mr, Gr	1.12 (1.07) I,P,O,Br,Mr,Gr	2.00 (1.73) I,P,B,O,Mr,G r	2.16 (1.12) I,P,B,O,Br,Gr	1.95 (0.99) I,P,B,O,Br, Mr	2.38 (1.40) I,P,B, Br,Mr, Gr	.781	.008
Disgusted with self	1.66 (1.02) P,B,O,Br,Mr, Gr	1.53 (0.85) I,B,O,Br,Mr, Gr	1.75 (0.99) I,P,O,Br,Mr,Gr	2.00 (1.73) I,P,B,O,Mr,G r	1.75 (1.14) I,P,B,O,Br,Gr	1.54 (0.94) I,P,B,O,Br, Mr	2.10 (1.38) I,P,B, Br,Mr, Gr	.409	.016
Dissatisfied with self	2.25 (1.11) P,B,O,Br,Mr, Gr	2.14 (1.01) I,B,O,Br,Mr, Gr	2.16 (1.12) I,P,O,Br,Mr,Gr	2.20 (1.64) I,P,B,O,Mr,G r	2.21 (1.13) I,P,B,O,Br,Gr	1.89 (1.02) I,P,B,O,Br, Mr	2.43 (1.50) I,P,B, Br,Mr <Gr	.618	.011
Sadness								.003	.028
Sad	2.81 (1.12) P,B,O,Br,Mr, Gr	2.64 (1.09) I,B,O,Br,Mr, Gr	2.68 (1.06) I,P,O,Br,Mr,Gr	3.40 (1.67) I,P,B,O,Mr,G r	2.51 (1.13) I,P,B,O,Br,Gr	2.48 (1.19) I,P,B,O,Br, Mr	2.81 (1.40) I,P,B,	.375	.017

								Br,Mr,Gr		
Blue	2.57 (1.13) P,B,O,Br,Mr,Gr	2.44 (1.13) I,B,O,Br,Mr,Gr	2.76 (1.14) I,P,O,Br,Mr,Gr	3.60 (1.95) I,P,B,O,Mr,Gr	2.39 (1.11) I,P,B,O,Br,Gr	2.69 (1.15) I,P,B,O,Br,Mr	2.95 (1.43) I,P,B,Br,Mr,Gr	.167	.023	
Downhearted	2.07 (1.22) P,B,O,Br,Mr,Gr	2.10 (1.11) I,B,OB,r,Mr,Gr	2.59 (1.34) I,P,O,Br,Mr,Gr	2.80 (2.05) I,P,B,O,Mr,Gr	2.13 (1.19) I,P,B,O,Br,Gr	2.28 (1.23) I,P,B,O,Br,Mr	2.52 (1.50) I,P,B,Br,Mr,Gr	.134	.025	
Alone	2.24 (1.30) P,B,O,Br,Mr,Gr	2.29 (1.32) I,B,O,Br,Mr,Gr	2.23 (1.32) I,P,O,Br,Mr,Gr	2.00 (1.23) I,P,B,O,Mr,Gr	2.11 (1.19) I,P,B,O,Br,Gr	1.76 (1.13) I,P,B,O,Br,Mr	1.95 (1.36) I,P,B,Br,Mr,Gr	.264	.020	
Lonely	2.54 (1.17) P,B,O,Br,Mr	2.34 (1.14) I,B,O,Br,Mr	2.48 (1.34) I,P,O,Br,Mr	2.60 (1.82) I,P,B,O,Mr,Gr	2.07 (1.14) I,P,B,O,Br,Gr	1.66 (1.08) O,Br,Mr	2.24 (1.45) I,P,B,Br,Mr,Gr	.002	.053	

Table 3 Ukraine

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2

Happiness	4.63 (1.55) P, B, O, Br, Mr, Gr	4.43 (2.04) I, B, O, Br, Mr, Gr	4.37 (1.60) I, P, O, Br, Mr, Gr	5.40 (2.97) I, P, B, O, Mr, Gr	4.37 (1.95) I, P, B, O, Br, Gr	3.87 (1.72) I, P, B, O, Br, Mr	4.62 (2.31) I, P, B, Br, Mr, Gr	.317	.018
Happy	29.72 (20.52) P, B, O, Br, Mr, Gr	29.12 (21.94) I, B, O, Br, Mr, Gr	36.59 (21.40) I, P, O, Br	46.00 (14.25) I, P, B, O, Mr, Gr	27.75 (18.00) I, P, O, Br, Gr	22.62 (17.89) I, P, O, Br, Mr	23.62 (20.70) I, P, B, Br, Mr, Gr	.001	.056
Unhappy	45.78 (21.84) P, B, O, Br, Mr, Gr	52.16 (23.58) I, B, O, Br, Mr, Gr	49.21 (21.97) I, P, O, Br, Mr, Gr	28.20 (14.18) I, P, B, O, Mr, Gr	49.49 (22.00) I, P, B, O, Br, Gr	56.88 (21.95) I, P, B, O, Br, Mr	49.00 (28.82) I, P, B, Br, Mr, Gr	.144	.024
Neutral	45.85 (22.72) P, B, O, Br, Mr, Gr	46.01 (23.41) I, B, O, Br, Mr, Gr	47.97 (24.65) I, P, O, Br, Mr, Gr	33.20 (9.99) I, P, B, O, Mr, Gr	38.47 (19.44) I, P, B, O, Br, Gr	44.90 (22.51) I, P, B, O, Br, Mr	37.38 (22.95) I, P, B, Br, Mr, Gr	.277	.019
Life satisfaction	3.65 (.81) P, B, O, Br, Mr, Gr	3.91 (1.18) I, B, O, Br, Mr, Gr	4.01 (.96) I, P, O, Br, Mr, Gr	3.48 (.87) I, P, B, O, Mr, Gr	3.99 (.98) I, P, B, O, Br, Gr	4.21 (.95) I, P, B, O, Br, Mr	4.18 (1.13) I, P, B, Br, Mr, Gr	.229	.021
Meaning in life	3.89 (1.10) P, B, O, Br, Mr, Gr	4.08 (1.09) I, B, O, Br, Mr, Gr	4.11 (1.00) I, P, O, Br, Mr, Gr	4.03 (.53) I, P, B, O, Mr, Gr	4.11 (.92) I, P, B, O, Br, Gr	4.32 (1.06) I, P, B, O, Br, Mr	4.10 (1.22) I, P, B, Br, Mr, Gr	.418	.016
Optimism	4.06 (.45) P, B, O, Br, Mr, Gr	4.15 (.55) I, B, O, Br, Mr, Gr	4.16 (.47) I, P, O, Br, Mr, Gr	3.75 (.72) I, P, B, O, Mr, Gr	4.14 (.47) I, P, B, O, Br, Gr	4.25 (.49) I, P, B, O, Br, Mr	4.07 (.73) I, P, B, Br, Mr, Gr	.239	.020

