

Supplementary section B

This section summarizes the analysis on the effect of relationship status on emotional wellbeing and life satisfaction, individually for each country in the sample. Please note that the capital letters indicate the groups from which a mean score was NOT significantly different with (based on the results of post-hoc analysis using Bonferroni). We used the following letters for each group: (I) Single (difficulties in attracting mates), (P) Single (by choice), (B) Single (between relationships), (Ir) In a relationship, (Ma) Married, (O) Other.

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China

Table 1 China

The effect of relationship status on “Joviality” and “Self-assurance”

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.287	.021
Happy	3.14 (1.01) P, B, Ir, M, O	3.22 (.93) I, B, Ir, M, O	3.35 (1.02) I, P, Ir, M, O	3.46 (.90) I, P, B, M, O	3.46 (.97) I, P, B, Ir, O	3.08 (.94) I, P, B, Ir, M		.313	.014
Joyful	2.95 (1.05) P, B, Ir, M, O	3.07 (1.03) I, B, Ir, M, O	3.26 (1.00) I, P, Ir, M, O	3.32 (.96) I, P, B, M, O	3.32 (1.00) I, P, B, Ir, O	2.85 (.97) I, P, B, Ir, M		.158	.019
Delighted	3.08 (.96) P, B, Ir, M, O	3.20 (1.06) I, B, Ir, M, O	3.33 (.94) I, P, Ir, M, O	3.32 (.98) I, P, B, M, O	3.32 (.96) I, P, B, Ir, O	3.00 (1.06) I, P, B, Ir, M		.633	.008
Cheerful	2.98 (1.10) P, B, Ir, M, O	3.09 (.97) I, B, Ir, M, O	3.24 (1.06) I, P, Ir, M, O	3.29 (1.03) I, P, B, M, O	3.34 (.96) I, P, B, Ir, O	2.88 (1.21) I, P, B, Ir, M		.413	.012
Excited	2.54 (.93) P, B, Ir, M, O	2.24 (1.05) I, B, Ir, M, O	2.78 (1.03) I, P, Ir, M, O	2.75 (1.07) I, P, B, M, O	2.58 (.97) I, P, B, Ir, O	2.27 (1.19) I, P, B, Ir, M		.214	.017
Enthusiastic	2.62 (.94) P, B, Ir, M, O	2.33 (1.02) I, B, Ir, M, O	2.72 (.91) I, P, Ir, M, O	2.81 (1.00) I, P, B, M, O	2.93 (.98) I, P, B, Ir, O	2.81 (1.10) I, P, B, Ir, M		.129	.020
Lively	2.73 (1.21) P, B, Ir, M, O	2.67 (1.04) I, B, Ir, M, O	2.91 (1.07) I, P, Ir, M, O	2.94 (1.05) I, P, B, M, O	3.04 (1.01) I, P, B, Ir, O	2.69 (1.09) I, P, B, Ir, M		.208	.017
Energetic	2.73 (1.11) P, B, Ir, M, O	2.67 (1.00) I, B, Ir, M, O	2.87 (1.09) I, P, Ir, M, O	2.81 (.98) I, P, B, M, O	3.02 (1.06) I, P, B, Ir, O	2.50 (1.33) I, P, B, Ir, M		.745	.007
Self-assurance								.229	.017
Proud	2.22 (1.04) P, B, Ir, M, O	2.36 (1.03) I, B, Ir, M, O	2.65 (1.14) I, P, Ir, M, O	2.49 (1.09) I, P, B, M, O	2.76 (1.03) I, P, B, Ir, O	2.27 (1.22) I, P, B, Ir, M		.201	.017
Strong	2.51 (1.00) P, B, Ir, M, O	2.51 (1.18) I, B, Ir, M, O	2.91 (1.01) I, P, Ir, M, O	2.74 (1.22) I, P, B, M, O	2.93 (1.06) I, P, B, Ir, O	2.73 (1.43) I, P, B, Ir, M		.470	.011
Confident	2.49 (1.00) P, B, Ir, M, O	2.91 (1.16) I, B, Ir, M, O	3.09 (.99) I, P, Ir, M, O	2.75 (1.06) I, P, B, M, O	3.09 (1.02) I, P, B, Ir, O	2.73 (1.28) I, P, B, Ir, M		.088	.023
Bold	2.14 (.98) P, B, Ir, M, O	2.42 (1.23) I, B, Ir, M, O	2.76 (1.06) I, P, Ir, M, O	2.45 (1.16) I, P, B, M, O	2.92 (1.10) I, P, B, Ir, O	2.50 (1.27) I, P, B, Ir, M		.055	.026
Daring	2.63 (1.10) P, B, Ir, M, O	2.31 (1.08) I, B, Ir, M, O	2.80 (1.05) I, P, Ir, M, O	2.55 (1.12) I, P, B, M, O	2.71 (1.10) I, P, B, Ir, O	2.62 (1.13) I, P, B, Ir, M		.739	.007
Fearless	2.44 (1.09) P, B, Ir, M, O	2.20 (1.12) I, B, Ir, M, O	2.67 (.97) I, P, Ir, M, O	2.56 (1.07) I, P, B, M, O	2.71 (1.19) I, P, B, Ir, O	2.38 (.98) I, P, B, Ir, M		.401	.012

Table 2 China

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.126	.019
Guilty	2.56 (1.18) P, B, Ir, M, O	1.69 (.93) I, B, Ir, M, O	2.46 (1.22) I, P, Ir, M, O	2.32 (1.14) I, P, B, M, O	2.09 (.96) I, P, B, Ir, O	2.00 (1.10) I, P, B, Ir, M	.101	.022
Ashamed	2.51 (1.20) P, B, Ir, M, O	1.69 (1.00) I, B, Ir, M, O	2.26 (1.16) I, P, Ir, M, O	2.15 (1.11) I, P, B, M, O	1.92 (.97) I, P, B, Ir, O	1.88 (1.03) I, P, B, Ir, M	.131	.020
Blameworthy	2.25 (1.05) B, Ir, M, O	1.42 (.81) B, Ir, M, O	2.22 (1.26) I, P, Ir, M, O	1.86 (1.04) I, P, B, M, O	1.63 (.84) I, P, B, Ir, O	1.62 (1.10) I, P, B, Ir, M	.005	.040
Angry at self	2.67 (1.19) P, B, Ir, M, O	1.87 (1.14) I, B, Ir, M, O	2.57 (1.33) I, P, Ir, M, O	2.35 (1.11) I, P, B, M, O	2.00 (.99) I, P, B, Ir, O	2.19 (1.33) I, P, B, Ir, M	.062	.025
Disgusted with self	2.29 (1.18) P, B, Ir, M, O	1.76 (1.19) I, B, Ir, M, O	2.13 (1.26) I, P, Ir, M, O	1.93 (1.14) I, P, B, M, O	1.60 (.86) I, P, B, Ir, O	2.08 (1.32) I, P, B, Ir, M	.183	.018
Dissatisfied with self	2.73 (1.17) P, B, Ir, M, O	1.98 (1.16) I, B, Ir, M, O	2.50 (1.28) I, P, Ir, M, O	2.44 (1.21) I, P, B, M, O	1.99 (1.01) I, P, B, Ir, O	2.42 (1.27) I, P, B, Ir, M	.134	.020
Sadness							<.001	.027
Sad	2.22 (1.01) P, B, Ir, M, O	1.84 (1.11) I, B, Ir, M, O	2.50 (1.21) I, P, Ir, M, O	2.18 (.98) I, P, B, M, O	2.02 (.97) I, P, B, Ir, O	2.27 (1.31) I, P, B, Ir, M	.121	.021
Blue	2.33 (1.05) P, B, Ir, M, O	2.13 (1.25) I, B, Ir, M, O	2.35 (1.27) I, P, Ir, M, O	2.14 (1.02) I, P, B, M, O	1.96 (1.00) I, P, B, Ir, O	2.50 (1.36) I, P, B, Ir, M	.360	.013
Downhearted	2.33 (1.08) P, B, Ir, M, O	2.13 (1.29) I, B, Ir, M, O	2.24 (1.29) I, P, Ir, M, O	2.08 (.99) I, P, B, M, O	1.95 (1.01) I, P, B, Ir, O	2.23 (1.37) I, P, B, Ir, M	.742	.007
Alone	2.63 (1.21) P, B, O	1.98 (1.22) I, B, Ir, M, O	2.52 (1.30) I, P, Ir, O	2.06 (1.04) P, B, M, O	1.78 (.88) P, Ir, O	2.27 (1.37) I, P, B, Ir, M	.001	.052
Lonely	2.43 (1.15) P, B, Ir, O	1.98 (1.22) I, B, Ir, M, O	2.48 (1.28) I, P, Ir, O	1.98 (1.06) I, P, B, M, O	1.67 (.87) P, Ir, O	2.00 (1.33) I, P, B, Ir, M	.005	.040

Table 3 China

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.84 (1.74) P, B, Ir, O	7.22 (1.81) I, B, Ir, M, O	7.17 (1.68) I, P, Ir, M, O	7.22 (1.65) I, P, B, M, O	7.82 (1.64) P, B, Ir, O	6.85 (1.93) I, P, B, Ir, M	.022	.031
Happy	38.32 (21.46) P, B, Ir, M, O	45.44 (24.63) I, B, Ir, M, O	45.00 (22.11) I, P, Ir, M, O	39.47 (19.23) I, P, B, O	51.92 (23.98) I, P, B, O	40.19 (24.06) I, P, B, Ir, M	.023	.031
Unhappy	26.23 (15.07) P, B, Ir, M, O	25.96 (16.34) I, B, Ir, M, O	24.13 (17.87) I, P, Ir, M, O	23.60 (11.38) I, P, B, M, O	22.33 (14.52) I, P, B, Ir, O	26.54 (18.15) I, P, B, Ir, M	.632	.008
Neutral	36.47 (20.90) P, B, Ir, M, O	29.04 (19.11) I, B, Ir, M, O	33.91 (17.92) I, P, Ir, M, O	38.88 (17.43) I, P, B, O	31.30 (20.69) I, P, B, O	33.46 (19.17) I, P, B, Ir, M	.005	.041
Life satisfaction	3.83 (1.15) P, B, Ir, O	4.03 (1.26) I, B, Ir, M, O	4.42 (1.17) I, P, Ir, M, O	4.21 (1.27) I, P, B, M, O	4.71 (1.18) P, B, Ir, O	3.91 (1.49) I, P, B, Ir, M	.010	.036
Meaning in life	3.69 (.69) P, B, Ir, M, O	3.84 (.91) I, B, Ir, M, O	3.93 (.82) I, P, Ir, M, O	3.92 (.81) I, P, B, M, O	4.27 (.61) I, P, B, Ir, O	4.13 (.94) I, P, B, Ir, M	.211	.017
Optimism	3.84 (.51) P, B, Ir, M, O	3.99 (.56) I, B, Ir, M, O	3.95 (.63) I, P, Ir, M, O	3.97 (.56) I, P, B, M, O	4.14 (.52) I, P, B, Ir, O	3.88 (.70) I, P, B, Ir, M	.645	.008

Egypt

Table 1 Egypt
Significant effects of the marital status on positive emotions

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	In a relationship	Married	Other	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Joviality							.535	.018
Happy	3.36 (1.21) P, B, Ir, M, O	3.28 (1.03) I, B, Ir, M, O	3.00 (1.41) I, P, Ir, M, O	3.29 (.95) I, P, B, M, O	4.00 (1.23) I, P, B, Ir, O	2.69 (1.25) I, P, B, Ir, M	.205	.017
Joyful	3.08 (1.16) P, B, Ir, M, O	3.20 (1.11) I, B, Ir, M, O	3.14 (1.38) I, P, Ir, M, O	3.36 (.96) I, P, B, M, O	3.11 (1.22) I, P, B, Ir, O	3.21 (1.27) I, P, B, Ir, M	.464	.011
Delighted	2.82 (1.05) P, B, Ir, M, O	3.06 (1.03) I, B, Ir, M, O	2.79 (1.01) I, P, Ir, M, O	3.29 (.94) I, P, B, M, O	3.04 (1.17) I, P, B, Ir, O	2.85 (1.29) I, P, B, Ir, M	.104	.022
Cheerful	3.32 (1.27) P, B, Ir, M, O	3.47 (1.11) I, B, Ir, M, O	3.41 (1.27) I, P, Ir, M, O	3.55 (.89) I, P, B, M, O	3.13 (1.15) I, P, B, Ir, O	3.35 (1.41) I, P, B, Ir, M	.850	.005
Excited	3.60 (1.22) P, B, Ir, M, O	3.37 (1.19) I, B, Ir, M, O	3.31 (1.23) I, P, Ir, M, O	3.45 (1.13) I, P, B, M, O	3.30 (1.28) I, P, B, Ir, O	3.35 (1.23) I, P, B, Ir, M	.687	.007
Enthusiastic	3.05 (1.25) P, B, Ir, M, O	3.25 (1.27) I, B, Ir, M, O	2.97 (1.15) I, P, Ir, M, O	3.67 (.95) I, P, B, M, O	3.02 (1.27) I, P, B, Ir, O	3.29 (1.41) I, P, B, Ir, M	.184	.018
Lively	2.89 (1.31) P, B, Ir, M, O	3.20 (1.23) I, B, Ir, M, O	2.93 (1.10) I, P, Ir, M, O	3.31 (1.12) I, P, B, M, O	2.89 (1.23) I, P, B, Ir, O	3.33 (1.29) I, P, B, Ir, M	.806	.006
Energetic	3.10 (1.26) P, B, Ir, M, O	3.24 (1.33) I, B, Ir, M, O	2.72 (1.07) I, P, Ir, M, O	3.55 (1.02) I, P, B, M, O	2.89 (1.18) I, P, B, Ir, O	3.29 (1.37) I, P, B, Ir, M	.897	.004
Self-assurance							.381	.015
Proud	3.24 (1.24) P, B, Ir, M, O	3.48 (1.21) I, B, Ir, M, O	3.28 (1.19) I, P, Ir, M, O	3.52 (1.19) I, P, B, M, O	3.04 (1.35) I, P, B, Ir, O	3.25 (1.39) I, P, B, Ir, M	.661	.008
Strong	3.31 (1.18) P, B, Ir, M, O	3.45 (1.17) I, B, Ir, M, O	3.31 (1.14) I, P, Ir, M, O	3.50 (1.22) I, P, B, M, O	2.72 (1.31) I, P, B, Ir, O	3.13 (1.27) I, P, B, Ir, M	.431	.012
Confident	3.40 (1.15) P, B, Ir, M, O	3.76 (1.11) I, B, Ir, M, O	3.28 (1.36) I, P, Ir, M, O	3.52 (1.13) I, P, B, M, O	3.04 (1.35) I, P, B, Ir, O	3.52 (1.29) I, P, B, Ir, M	.279	.015
Bold	2.97 (1.16) P, B, Ir, M, O	3.08 (1.06) I, B, Ir, M, O	3.07 (.92) I, P, Ir, M, O	3.19 (.86) I, P, B, M, O	2.72 (1.24) I, P, B, Ir, O	2.69 (1.13) I, P, B, Ir, M	.075	.024
Daring	3.05 (1.38) P, B, Ir, M, O	3.04 (1.20) I, B, Ir, M, O	3.28 (1.13) I, P, Ir, M, O	3.10 (1.25) I, P, B, M, O	2.67 (1.23) I, P, B, Ir, O	2.73 (1.20) I, P, B, Ir, M	.419	.012
Fearless	2.79 (1.23) P, B, Ir, M, O	2.99 (1.19) I, B, Ir, M, O	2.69 (1.17) I, P, Ir, M, O	3.12 (1.11) I, P, B, M, O	2.37 (1.12) I, P, B, Ir, O	2.71 (1.13) I, P, B, Ir, M	.118	.021

Table 2 Egypt
Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Guilt							.819	.011
Guilty	3.55 (1.28) P, B, Ir, M, O	3.43 (1.27) I, B, Ir, M, O	3.69 (1.23) I, P, Ir, M, O	3.40 (1.25) I, P, B, M, O	3.37 (1.53) I, P, B, Ir, O	3.37 (1.51) I, P, B, Ir, M	.749	.006
Ashamed	3.60 (1.21) P, B, Ir, M, O	3.67 (1.18) I, B, Ir, M, O	3.45 (1.24) I, P, Ir, M, O	3.45 (1.11) I, P, B, M, O	3.43 (1.29) I, P, B, Ir, O	3.58 (1.27) I, P, B, Ir, M	.379	.013
Blameworthy	2.81 (1.30) P, B, Ir, M, O	2.66 (1.21) I, B, Ir, M, O	2.86 (1.27) I, P, Ir, M, O	2.88 (1.13) I, P, B, M, O	2.59 (1.26) I, P, B, Ir, O	2.67 (1.31) I, P, B, Ir, M	.967	.002
Angry at self	3.29 (1.29) P, B, Ir, M, O	2.76 (1.28) I, B, Ir, M, O	2.90 (1.37) I, P, Ir, M, O	2.79 (1.09) I, P, B, M, O	2.93 (1.48) I, P, B, Ir, O	2.85 (1.46) I, P, B, Ir, M	.344	.013
Disgusted with self	2.35 (1.40) P, B, Ir, M, O	2.08 (1.21) I, B, Ir, M, O	2.28 (1.46) I, P, Ir, M, O	2.00 (1.10) I, P, B, M, O	2.41 (1.48) I, P, B, Ir, O	2.33 (1.36) I, P, B, Ir, M	.573	.009
Dissatisfied with self	2.94 (1.42) P, B, Ir, M, O	2.45 (1.28) I, B, Ir, M, O	2.14 (1.43) I, P, Ir, M, O	2.29 (1.09) I, P, B, M, O	2.58 (1.44) I, P, B, Ir, O	2.51 (1.34) I, P, B, Ir, M	.228	.016
Sadness							.184	.015
Sad	3.23 (1.21) P, B, Ir, M, O	3.09 (1.22) I, B, Ir, M, O	3.38 (1.29) I, P, Ir, M, O	3.02 (1.09) I, P, B, M, O	3.09 (1.30) I, P, B, Ir, O	2.98 (1.44) I, P, B, Ir, M	.948	.003
Blue	3.00 (1.37) P, B, Ir, M, O	2.89 (1.30) I, B, Ir, M, O	3.52 (1.27) I, P, Ir, M, O	2.69 (1.32) I, P, B, M, O	3.02 (1.48) I, P, B, Ir, O	2.65 (1.42) I, P, B, Ir, M	.650	.008
Downhearted	3.08 (1.43) P, B, Ir, M, O	2.75 (1.42) I, B, Ir, M, O	3.90 (1.26) I, P, Ir, M, O	2.67 (1.18) I, P, B, M, O	2.89 (1.46) I, P, B, Ir, O	2.83 (1.48) I, P, B, Ir, M	.449	.011
Alone	2.69 (1.40) P, B, Ir, M, O	2.98 (1.36) I, B, Ir, M, O	2.69 (1.37) I, P, Ir, M, O	2.83 (1.29) I, P, B, M, O	2.54 (1.38) I, P, B, Ir, O	2.67 (1.48) I, P, B, Ir, M	.674	.008
Lonely	2.63 (1.50) P, B, Ir, M, O	2.32 (1.38) I, B, Ir, M, O	3.03 (1.30) I, P, Ir, M, O	2.21 (1.18) I, P, B, M, O	1.96 (1.19) I, P, B, Ir, O	2.23 (1.45) I, P, B, Ir, M	.083	.023

Table 3 Egypt

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.61 (2.31) P, B, Ir, M, O	5.59 (2.25) I, B, Ir, M, O	5.03 (2.84) I, P, Ir, M, O	6.29 (1.90) I, P, B, M, O	5.59 (2.58) I, P, B, Ir, O	5.02 (2.79) I, P, B, Ir, M	.294	.015
Happy	42.98 (20.19) P, B, Ir, M, O	44.32 (21.39) I, B, Ir, M, O	37.07 (16.50) I, P, Ir, M, O	48.93 (17.96) I, P, B, M, O	47.20 (23.92) I, P, B, Ir, O	41.78 (21.23) I, P, B, Ir, M	.130	.020
Unhappy	40.79 (19.37) P, B, Ir, M, O	41.73 (21.98) I, B, Ir, M, O	46.21 (18.98) I, P, Ir, M, O	33.81 (19.09) I, P, B, M, O	33.24 (18.60) I, P, B, Ir, O	39.03 (23.05) I, P, B, Ir, M	.245	.016
Neutral	34.35 (21.99) P, B, Ir, M, O	36.38 (21.15) I, Ir, M, O	39.97 (21.86) I, Ir, M	31.67 (14.55) I, P, B, M, O	34.46 (15.61) I, P, B, Ir, O	32.36 (21.12) I, P, Ir, M	.042	.027
Life satisfaction	3.98 (1.28) P, B, Ir, M, O	4.05 (1.13) I, B, Ir, M, O	3.62 (1.12) I, P, Ir, M, O	4.27 (1.21) I, P, B, M, O	3.98 (1.38) I, P, B, Ir, O	3.79 (1.39) I, P, B, Ir, M	.531	.010
Meaning in life	3.65 (1.03) P, B, Ir, M, O	3.80 (.80) I, B, Ir, M, O	3.82 (.88) I, P, Ir, M, O	4.50 (.71) I, P, B, M, O	4.11 (.96) I, P, B, Ir, O	3.76 (.90) I, P, B, Ir, M	.651	.008
Optimism	3.75 (.71) P, B, Ir, M, O	3.80 (.59) I, B, Ir, M, O	3.76 (.58) I, P, Ir, M, O	3.90 (.51) I, P, B, M, O	3.73 (.54) I, P, B, Ir, O	3.69 (.73) I, P, B, Ir, M	.838	.005

Greece

Table 1 Greece
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality							<.001	.028
Happy	2.88 (1.13)O	3.38 (1.08)B, Ir, M, O	3.62 (1.07) P, Ir, M, O	3.70 (1.05)P, B, M, O	3.59 (1.04) P, B, Ir, O	3.33 (1.05)I, P, B, M, Ir	<.001	.074
Joyful	3.04 (1.18)O	3.56 (1.08) B,Ir,M,O	3.74 (1.09) P,Ir,M,O	3.78 (1.07) P,B, M,O	3.70 (0.97) P,B,Ir,O	3.42 (1.13) I,P,B,M,Ir	<.001	.064
Delighted	3.04 (1.14) O	3.49 (0.91) B,Ir, M,O	3.70 (1.07) P,Ir, M,O	3.63 (1.06) P,B, M,O	3.59 (1.06) P,B,Ir,O	3.29 (1.12) I,P,B, M,Ir	<.001	.047
Cheerful	3.8 (1.18)M, O	3.31 (1.05) B,Ir, M,O	3.57 (1.16) P,Ir, M,O	3.61 (1.13) P,B, M,O	3.49 (1.01) I, P,B,Ir,O	3.40 (1.10) I,P,B, M,Ir	<.001	.031
Excited	2.92 (1.24) M,O	3.19 (1.10) B,Ir, M,O	3.56 (1.15) P,Ir, M,O	3.51 (1.19) P,B, M,O	3.37 (1.01) I,P,B,Ir,O	3.38 (1.15) I,P,B, M,Ir	<.001	.038
Enthusiastic	3.26 (1.25) P,B,Ir, M,O	3.39 (1.05) I,B,Ir, M,O	3.74 (1.16) I,B,Ir, M,O	3.52 (1.17) I,P,B, M,O	3.52 (1.14) I,P,B, Ir,O	3.56 (1.15) I,P,B, M,Ir	.083	.013
Lively	2.95 (1.29) P,B,Ir, M,O	3.06 (1.17)I,B,Ir,M,O	3.29 (1.27) I,P,Ir, M,O	3.12 (1.26) I,P,B, M,O	3.25 (1.16) I,P,B, Ir,O	3.49 (1.09) I,P,B, M,Ir	.121	.012
Energetic	3.32 (1.27) P,B,Ir, M,O	3.37 (1.08) I,B,Ir, M,O	3.76 (1.20) I,B,Ir, M,O	3.51 (1.17) I,P,B, M,O	3.68 (1.07) I,P,B, Ir,O	3.51 (1.10) I,P,B, M,Ir	.092	.013
Self-assurance							.035	.012
Proud	3.31 (1.15)P,B, M,O	3.59 (1.09)I,B,Ir, M,O	3.69 (1.24)I,P,Ir, M,O	3.69 (1.15)P,B, M,O	3.86 (0.99)I,P,B,Ir,O	3.65 (1.22)I,P,B,Ir,M	.021	.018
Strong	3.37 (1.26) P,M,O	3.70 (1.04) I,B,Ir, M,O	3.89 (1.09) P,Ir, M,O	3.78 (1.11) I,P,B, M,O	3.74 (1.10) I,P,B, Ir,O	3.80 (1.24) I,P,B, Ir,M	.003	.024
Confident	3.05 (1.22) P,M,O	3.39 (1.11) I,B,Ir, M,O	3.57 (1.09) P,Ir, M,O	3.47 (1.09) I,P,B, M,O	3.50 (1.00) I,P,B, Ir,O	3.40 (1.27) I,P,B, Ir,M	.002	.026

Bold	3.15 (1.20) P,B, M,O	3.25 (1.22) I,B,Ir, M,O	3.64 (1.19) I,P,Ir,O	3.40 (1.21) I,P,B, M,O	3.10 (1.13) I,P,Ir,O	3.31 (1.23) I,P,B,Ir,M	.008	.021
Daring	2.56 (1.38) P,B,Ir, M,O	2.47 (1.21) I,B,Ir, M,O	3.01 (1.33) I,P,Ir, M,O	2.65 (1.33) I,P,B, M,O	2.48 (1.29) I,P,B,Ir,O	2.96 (1.28) I,P,B,Ir,M	.024	.018
Fearless	2.87 (1.21) P,B, M,O	3.09 (1.15) I,B,Ir, M,O	3.35 (1.15) I,P,Ir, M,O	3.16 (1.25) P,B, M,O	2.88 (1.18) I,P,B,Ir,O	3.22 (1.08) I,P,B,Ir,M	.005	.022

Note. There were no significant effects for the positive emotion scale ‘Attentiveness,’ so it is not reported in the table.

Table 2 Greece

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.009	.014
Guilty	2.27 (1.35) P,B,Ir,Mr,O	1.74 (1.09) I,B,Ir,Mr,O	1.99 (1.19) I,P,Ir,Mr,O	1.88 (1.15) I,P,B,Mr,O	1.97 (1.14) I,P,B,Ir,O	1.91 (1.14) I,P,B,Ir,Mr	.011	.020
Ashamed	2.09 (1.35) P,B,Ir,Mr,O	1.80 (1.10) I,B,Ir,Mr,O	1.76 (1.01) I,P,Ir,Mr,O	1.80 (1.09) I,P,B,Mr,O	1.64 (1.00) I,P,B,Ir,O	1.93 (1.20) I,P,B,Ir,Mr	.152	.011
Blameworthy	2.33 (1.23) P,B,Ir,Mr,O	1.93 (1.14) I,B,Ir,Mr,O	2.13 (1.13) I,P,Ir,Mr,O	2.09 (1.11) I,P,Ir,Mr,O	2.14 (1.22) I,P,B,Ir,O	2.38 (1.24) I,P,B,Ir,Mr	.074	.014
Angry at self	3.02 (1.37) Mr,O	2.21 (1.17) B,Ir,Mr,O	2.33 (1.31) P,Ir,Mr,O	2.33 (1.28) P,B,Mr,O	2.43 (1.35) I,P,B,Ir,O	2.54 (1.29) I,P,B,Ir,Mr	<.001	.041
Disgusted with self	1.96 (1.29) B,Mr	1.43 (0.91) B,Ir,Mr,O	1.62 (1.00) P,Ir,Mr,O	1.54 (1.06) P,B,Mr,O	1.55 (1.08) I,P,B,Ir,O	1.93 (1.19) I,P,B,Ir,Mr	.002	.026
Dissatisfied with self	2.89 (1.23) I,P,B,Ir,Mr	2.21 (1.20) B,Ir,Mr,O	2.26 (1.25) P,Ir,Mr,O	2.32 (1.25) P,B,Mr,O	2.43 (1.24) I,P,B,Ir,O	2.38 (1.26) I,P,B,Ir,Mr	<.001	.034
Sadness							<.001	.047
Sad	3.20 (1.28) O	2.39 (1.14) B,Ir,Mr,O	2.67 (1.28) P,Ir,Mr,O	2.64 (1.26) P,B,Mr,O	2.71 (1.21) P,B,Ir,O	2.80 (1.33) I,P,B,Ir,Mr	<.001	.039
Blue	3.41 (1.35) P,B	2.94 (1.29) I,B,Ir,Mr,O	2.90 (1.26) I,P,Ir,Mr,O	2.72 (1.30) P,B,Mr,O	2.68 (1.18) P,B,Ir,O	2.70 (1.36) P,B,Ir,Mr	<.001	.041
Downhearted	3.05 (1.24)	2.43 (1.17)	2.63 (1.31)	2.60 (1.26)	2.62 (1.23)	2.54 (1.22)	.002	.025
Alone	3.66 (1.43)	2.93 (1.38)	3.01 (1.31)	2.19 (1.32)	2.11 (1.29)	3.04 (1.51)	<.001	.158
Lonely	3.58 (1.35)	3.13 (1.31)	3.15 (1.31)	2.35 (1.33)	2.37 (1.27)	3.21 (1.41)	<.001	.119

Table 3 Greece

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.53 (2.36)	6.52 (2.14)B,Ir,Mr,O	6.78 (2.29)P,Ir,Mr,O	6.98 (2.22)P,B,Mr,O	6.99 (1.85)P,B,Ir,O	6.68 (2.16)P,B,Ir,Mr	<.001	.061
Happy	36.92(23.36)O	48.01(26.28)B,Ir,Mr,O	55.20 (25.03)P,Ir,Mr,O	52.06 (25.77)P,B,Mr,O	50.56 (24.23)P,B,Ir,O	46.57 (27.16) I,P,B,Ir,Mr	<.001	.055
Unhappy	36.21 (25.01)O	25.12 (20.18)B,Ir,Mr,O	27.11 (21.97)P,Ir,Mr,O	24.16 (21.18)P,B,Mr	25.06 (19.44)P,B,Ir,O	32.32 (24.45)I,P,B,Mr	<.001	.047
Neutral	42.07 (23.92)P,B,Mr,O	41.40 (21.77) I,B,Ir,Mr,O	34.31 (21.25) I,P,Ir,Mr,O	34.37 (21.51)P,B,Mr,O	35.52 (22.06) I,P,B,Ir,O	43.47 (23.60) I,P,B,Ir,Mr	.001	.027
Life satisfaction	3.90 (1.35)O	4.46 (1.16)B,Ir,Mr,O	4.63 (1.23)P,Ir,Mr,O	4.57 (1.23)P,B,Mr,O	4.88 (1.17)P,B,Ir,O	4.34 (1.31)I,P,B,Ir,Mr	<.001	.054
Meaning in life	3.82 (1.24)P,O	4.17 (1.10)I,B,Ir,Mr,O	4.43 (1.14)P,Ir,Mr,O	4.39 (1.19)P,B,Mr,O	4.91 (1.09)P,B,Ir,O	4.23 (1.14)I,P,B,Ir,Mr	<.001	.049
Optimism	3.58 (0.78)Mr,O	3.85 (0.75)B,Ir,Mr,O	3.95 (0.71)P,Ir,Mr,O	3.84 (0.69)P,B,Mr,O	3.87 (0.66) I,P,B,Ir,O	3.77 (0.65)I,P,B,Ir,Mr	<.001	.031

Japan

Table 1 Japan
Significant effects of the marital status on positive emotions

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	In a relationship	Married	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality							.033	.019
Happy	2.13 (1.08) P, B, Ir, O	2.37 (1.19) I, B, Ir, O	2.51 (1.17) I, P, Ir, M, O	2.74 (.95) I, P, B, M, O	2.82 (1.07) B, Ir, O	2.32 (1.22) I, P, B, Ir, M	<.001	.041
Joyful	2.32 (.98) P, B, Ir, O	2.64 (1.23) I, B, Ir, M, O	2.62 (.98) I, P, Ir, M, O	2.94 (1.06) I, P, B, M, O	2.83 (1.02) P, B, Ir, O	2.40 (1.19) I, P, B, Ir, M	.007	.026
Delighted	2.28 (.97) P, B, Ir, O	2.60 (1.21) I, B, Ir, M, O	2.54 (.93) I, P, Ir, M, O	2.69 (1.02) I, P, B, M, O	2.79 (1.02) P, B, Ir, O	2.28 (1.10) I, P, B, Ir, M	.006	.027
Cheerful	2.25 (.98) P, B, Ir, O	2.44 (1.23) I, B, Ir, M, O	2.51 (1.02) I, P, Ir, M, O	2.77 (.88) I, P, B, M, O	2.79 (1.02) P, B, Ir, O	2.48 (1.26) I, P, B, Ir, M	.003	.030
Excited	2.01 (.93) P, B, Ir, O	2.27 (1.22) I, B, Ir, M, O	2.57 (1.09) I, P, Ir, M, O	2.57 (1.07) I, P, B, M, O	2.48 (1.11) P, B, Ir, O	2.32 (1.31) I, P, B, Ir, M	.027	.021
Enthusiastic	1.77 (.93) P, B, Ir, M, O	1.76 (1.07) I, B, Ir, M, O	2.35 (1.06) I, P, Ir, M, O	1.94 (1.21) I, P, B, M, O	1.88 (1.03) I, P, B, Ir, O	1.68 (1.07) I, P, B, Ir, M	.071	.017
Lively	2.11 (1.09) P, B, Ir, M, O	2.15 (1.16) I, B, Ir, M, O	2.51 (1.12) I, P, Ir, M, O	2.31 (.99) I, P, B, M, O	2.36 (1.07) I, P, B, Ir, O	2.16 (1.25) I, P, B, Ir, M	.313	.010
Energetic	1.94 (.92) P, B, Ir, M, O	1.83 (1.07) I, B, Ir, M, O	2.38 (1.14) I, P, Ir, M, O	2.17 (1.10) I, P, B, M, O	2.13 (1.03) I, P, B, Ir, O	2.12 (1.30) I, P, B, Ir, M	.071	.017
Self-assurance							.242	.011
Proud	1.76 (.96) P, B, Ir, M, O	1.94 (1.07) I, B, Ir, M, O	2.43 (1.02) I, P, Ir, M, O	2.23 (1.26) I, P, B, M, O	2.17 (1.02) I, P, B, Ir, O	2.10 (1.04) I, P, B, Ir, M	.021	.022
Strong	1.75 (.91) P, Ir, M, O	1.91 (1.07) I, B, Ir, M, O	2.46 (.96) P, Ir, M, O	1.94 (.91) I, P, B, M, O	2.08 (1.02) I, P, B, Ir, O	2.04 (1.14) I, P, B, Ir, M	.031	.020
Confident	1.86 (.92) P, B, Ir, M, O	1.99 (1.12) I, B, Ir, M, O	2.41 (1.07) I, P, Ir, M, O	2.11 (.93) I, P, B, M, O	2.23 (1.04) I, P, B, Ir, O	2.04 (1.10) I, P, B, Ir, M	.092	.015
Bold	1.76 (.92) P, B, Ir, M, O	1.69 (.96) I, B, Ir, M, O	2.35 (.89) I, P, Ir, M, O	2.17 (1.12) I, P, B, M, O	1.91 (1.01) I, P, B, Ir, O	1.84 (1.07) I, P, B, Ir, M	.067	.017
Daring	1.62 (.76) P, Ir, M, O	1.72 (1.06) I, Ir, M, O	2.54 (1.19) Ir, M, O	2.00 (1.06) I, P, B, M, O	1.97 (1.02) I, P, B, Ir, O	1.84 (1.03) I, P, B, Ir, M	.002	.031

Fearless	1.76 (.95) P, B, Ir, M, O	1.65 (.91) I, Ir, M, O	2.35 (.95) I, Ir, M, O	1.97 (.99) I, P, B, M, O	1.85 (.97) I, P, B, Ir, O	1.88 (1.20) I, P, B, Ir, M	.074	.016
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Table 2 Japan
Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Guilt							.024	.015
Guilty	2.23 (1.16) P, B, Ir, M, O	2.21 (1.31) I, B, Ir, M, O	2.43 (1.14) I, P, Ir, M, O	2.40 (1.24) I, P, B, M, O	2.00 (1.05) I, P, B, Ir, O	1.96 (1.02) I, P, B, Ir, M	.001	.053
Ashamed	2.28 (1.14) P, B, Ir, M, O	2.03 (1.09) I, B, Ir, M, O	2.46 (1.02) I, P, Ir, M, O	2.43 (1.27) I, P, B, M, O	1.96 (.971) I, P, B, Ir, O	1.88 (.97) I, P, B, Ir, M	<.001	.057
Blameworthy	2.23 (1.21) P, B, Ir, M, O	2.01 (1.26) I, B, Ir, M, O	2.49 (1.02) I, P, Ir, M, O	2.23 (1.17) I, P, B, M, O	1.87 (1.07) I, P, B, Ir, O	2.16 (1.34) I, P, B, Ir, M	.001	.055
Angry at self	2.54 (1.14) P, B, Ir, M, O	2.46 (1.26) I, B, Ir, M, O	2.35 (1.09) I, P, Ir, M, O	2.46 (1.36) I, P, B, M, O	2.16 (1.12) I, P, B, Ir, O	2.04 (1.14) I, P, B, Ir, M	.050	.034
Disgusted with self	2.65 (1.20) P, B, Ir, M, O	2.55 (1.48) I, B, Ir, M, O	2.38 (1.09) I, P, Ir, M, O	2.71 (1.43) I, P, B, M, O	2.21 (1.11) I, P, B, Ir, O	2.24 (1.23) I, P, B, Ir, M	.001	.054
Dissatisfied with self	2.86 (1.22) P, B, Ir, M, O	2.60 (2.32) I, B, Ir, M, O	2.32 (.94) I, P, Ir, M, O	2.46 (1.34) I, P, B, M, O	2.35 (1.12) I, P, B, Ir, O	2.48 (1.33) I, P, B, Ir, M	.011	.041
Sadness							<.001	.023
Sad	2.69 (1.34) P, B, Ir, M, O	2.29 (1.29) I, B, Ir, M, O	2.70 (1.05) I, P, Ir, M, O	2.71 (1.38) I, P, B, M, O	2.26 (1.12) I, P, B, Ir, O	2.16 (1.25) I, P, B, Ir, M	.097	.015
Blue	2.73 (1.33) P, B, Ir, M, O	2.49 (1.38) I, B, Ir, M, O	2.32 (.97) I, P, Ir, M, O	2.60 (1.19) I, P, B, M, O	2.15 (1.12) I, P, B, Ir, O	2.28 (1.34) I, P, B, Ir, M	.073	.016
Downhearted	2.63 (1.33) P, B, Ir, M, O	2.35 (1.35) I, B, Ir, M, O	2.43 (1.09) I, P, Ir, M, O	2.57 (1.42) I, P, B, M, O	2.23 (1.13) I, P, B, Ir, O	2.36 (1.29) I, P, B, Ir, M	.455	.008
Alone	2.93 (1.31) P, B, Ir, O	2.64 (1.47) I, B, Ir, O	2.81 (1.29) I, P, Ir, O	2.29 (1.30) I, P, B, M, O	2.01 (1.03) Ir, O	2.32 (1.11) I, P, B, Ir, M	<.001	.073
Lonely	2.76 (1.28) P, B, Ir, O	2.38 (1.45) I, B, Ir, M, O	2.65 (1.23) I, P, Ir, M, O	2.51 (1.20) I, P, B, M, O	1.99 (1.06) P, B, Ir, O	2.40 (1.26) I, P, B, Ir, M	<.001	.039

Table 3 Japan

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.38 (2.26) P, Ir, O	5.15 (2.49) I, B, Ir, O	5.89 (2.61) P, Ir, M, O	5.74 (2.03) I, P, B, M, O	6.27 (1.91) B, Ir, O	5.20 (2.90) I, P, B, Ir, M	<.001	.068
Happy	25.77 (20.17) P, B, Ir, O	32.04 (27.30) I, B, Ir, O	38.14 (31.86) I, P, Ir, M, O	37.20 (23.39) I, P, B, M, O	44.40 (28.71) B, Ir, O	34.20 (33.06) I, P, B, Ir, M	<.001	.044
Unhappy	33.70 (23.31) P, B, Ir, O	25.90 (26.34) I, B, Ir, M, O	30.16 (30.63) I, P, Ir, M, O	25.54 (22.56) I, P, B, M, O	20.36 (22.61) P, B, Ir, O	28.20 (28.35) I, P, B, Ir, M	.002	.030
Neutral	40.52 (25.83) P, B, Ir, M, O	42.06 (28.94) I, B, Ir, M, O	31.70 (31.07) I, P, Ir, M, O	37.26 (21.78) I, P, B, M, O	35.24 (27.36) I, P, B, Ir, O	37.60 (35.86) I, P, B, Ir, M	.433	.008
Life satisfaction	2.60 (1.13) P, Ir, O	3.19 (1.40) I, B, Ir, O	3.61 (.99) P, Ir, M, O	3.48 (1.45) I, P, B, M, O	3.82 (1.28) B, Ir, O	3.06 (1.42) I, P, B, Ir, M	<.001	.078
Meaning in life	3.60 (.93) P, B, Ir, O	3.75 (.89) I, B, Ir, M, O	3.94 (.80) I, P, Ir, M, O	3.80 (.50) I, P, B, M, O	3.99 (.70) P, B, Ir, O	3.83 (.84) I, P, B, Ir, M	.003	.029
Optimism	3.43 (.91) P, Ir, O	3.63 (1.09) I, Ir, O	4.14 (.73) Ir, M, O	3.94 (.95) I, P, B, M, O	4.05 (.87) B, Ir, O	3.92 (.99) I, P, B, Ir, M	<.001	.040

Oman

Table 1 Oman
 Significant effects of the marital status on positive emotions

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	In a relationship	Married	Other	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Joviality							.367	.024
Happy	3.42 (.95) P, B, Ir, M, O	3.51 (1.00) I, B, Ir, M, O	3.25 (1.00) I, P, Ir, M, O	4.11 (.78) I, P, B, M, O	3.81 (.86) I, P, B, Ir, O	3.74 (.89) I, P, B, Ir, M	.035	.034
Joyful	3.32 (.96) P, B, Ir, M, O	3.54 (.93) I, B, Ir, M, O	3.50 (1.10) I, P, Ir, M, O	3.89 (.93) I, P, B, M, O	3.66 (1.01) I, P, B, Ir, O	3.60 (.86) I, P, B, Ir, M	.296	.018
Delighted	3.34 (.96) P, B, Ir, M, O	3.60 (.95) I, B, Ir, M, O	3.31 (1.08) I, P, Ir, M, O	4.00 (1.00) I, P, B, M, O	3.69 (1.02) I, P, B, Ir, O	3.68 (1.00) I, P, B, Ir, M	.310	.017
Cheerful	3.44 (1.05) P, B, Ir, M, O	3.66 (.95) I, B, Ir, M, O	3.56 (1.09) I, P, Ir, M, O	3.89 (1.05) I, P, B, M, O	3.69 (.93) I, P, B, Ir, O	3.66 (1.04) I, P, B, Ir, M	.315	.017
Excited	3.18 (1.12) P, B, Ir, M, O	3.36 (1.09) I, B, Ir, M, O	2.69 (1.25) I, P, Ir, M, O	3.56 (1.13) I, P, B, M, O	3.46 (.93) I, P, B, Ir, O	3.47 (1.09) I, P, B, Ir, M	.716	.008
Enthusiastic	3.26 (1.08) P, B, Ir, M, O	3.45 (1.03) I, B, Ir, M, O	3.81 (.91) I, P, Ir, M, O	3.89 (1.27) I, P, B, M, O	3.61 (1.00) I, P, B, Ir, O	3.52 (1.02) I, P, B, Ir, M	.211	.021
Lively	3.12 (1.17) P, B, O	3.37 (1.07) I, B, Ir, M, O	3.63 (1.26) I, P, Ir, M, O	4.11 (1.05) P, B, M, O	3.80 (.92) P, B, Ir, O	3.52 (1.01) I, P, B, Ir, M	.008	.045
Energetic	3.18 (1.00) P, B, Ir, M, O	3.48 (1.04) I, B, Ir, M, O	3.25 (1.07) I, P, Ir, M, O	3.89 (1.05) I, P, B, M, O	3.61 (.95) I, P, B, Ir, O	3.61 (.99) I, P, B, Ir, M	.079	.028
Self-assurance							.662	.015
Proud	3.46 (1.09) P, B, Ir, M, O	3.65 (1.09) I, B, Ir, M, O	3.63 (.96) I, P, Ir, M, O	4.11 (.93) I, P, B, M, O	3.73 (.98) I, P, B, Ir, O	3.73 (1.18) I, P, B, Ir, M	.348	.016
Strong	3.36 (1.08) P, B, Ir, M, O	3.78 (.96) I, B, Ir, M, O	3.50 (1.16) I, P, Ir, M, O	4.00 (1.12) I, P, B, M, O	3.81 (1.03) I, P, B, Ir, O	3.69 (1.11) I, P, B, Ir, M	.218	.020
Confident	3.54 (1.20) P, B, Ir, M, O	3.77 (.97) I, B, Ir, M, O	3.75 (1.07) I, P, Ir, M, O	4.33 (.87) I, P, B, M, O	3.78 (1.04) I, P, B, Ir, O	3.67 (1.14) I, P, B, Ir, M	.368	.016
Bold	3.34 (1.04) P, B, Ir, M, O	3.45 (.90) I, B, Ir, M, O	3.38 (1.09) I, P, Ir, M, O	3.33 (1.32) I, P, B, M, O	3.53 (1.04) I, P, B, Ir, O	3.41 (1.07) I, P, B, Ir, M	.845	.006

Daring	3.34 (1.04) P, B, Ir, M, O	3.46 (.98) I, B, Ir, M, O	3.31 (1.08) I, P, Ir, M, O	3.78 (.97) I, P, B, M, O	3.71 (1.05) I, P, B, Ir, O	3.35 (1.12) I, P, B, Ir, M	.211	.021
Fearless	3.20 (1.11) P, B, Ir, M, O	3.21 (1.01) I, B, Ir, M, O	3.69 (1.01) I, P, Ir, M, O	3.33 (1.12) I, P, B, M, O	3.44 (.99) I, P, B, Ir, O	3.28 (.97) I, P, B, Ir, M	.314	.017

Table 2 Oman

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>	<i>p-value</i>	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Guilt							.201	.021
Guilty	3.50 (1.11) P, B, Ir, M, O	3.29 (1.16) I, B, Ir, M, O	3.56 (1.21) I, P, Ir, M, O	3.33 (1.23) I, P, B, M, O	3.20 (1.13) I, P, B, Ir, O	3.39 (1.11) I, P, B, Ir, M	.811	.007
Ashamed	3.04 (1.09) P, B, Ir, M, O	2.98 (1.07) I, B, Ir, M, O	3.25 (1.24) I, P, Ir, M, O	3.11 (.93) I, P, B, M, O	3.15 (1.20) I, P, B, Ir, O	2.92 (1.15) I, P, B, Ir, M	.951	.003
Blameworthy	2.92 (1.10) P, B, Ir, M, O	2.57 (1.22) I, B, Ir, M, O	2.88 (1.20) I, P, Ir, M, O	3.00 (1.50) I, P, B, M, O	2.58 (1.13) I, P, B, Ir, O	2.42 (1.06) I, P, B, Ir, M	.384	.015
Angry at self	3.14 (1.05) B, Ir, M, O	2.53 (1.19) B, Ir, M, O	3.44 (1.32) I, P, Ir, M, O	2.56 (1.13) I, P, B, M, O	2.59 (1.29) I, P, B, Ir, O	2.80 (1.25) I, P, B, Ir, M	.039	.033
Disgusted with self	2.66 (1.71) P, B, Ir, M, O	2.12 (1.18) I, B, Ir, M, O	2.63 (1.20) I, P, Ir, M, O	1.89 (.60) I, P, B, M, O	2.05 (1.20) I, P, B, Ir, O	2.07 (1.15) I, P, B, Ir, M	.145	.024
Dissatisfied with self	2.90 (1.22) P, B, Ir, M	2.42 (1.19) I, B, Ir, M, O	2.94 (1.34) I, P, Ir, M, O	2.22 (1.20) I, P, B, M, O	2.19 (1.24) I, P, B, Ir, O	2.38 (1.19) P, B, Ir, M	.029	.036
Sadness							.011	.025
Sad	2.82 (1.00) P, B, Ir, M, O	2.53 (1.11) I, B, Ir, M, O	3.13 (1.20) I, P, Ir, M, O	2.78 (1.30) I, P, B, M, O	2.36 (1.01) I, P, B, Ir, O	2.36 (1.07) I, P, B, Ir, M	.267	.019
Blue	2.78 (1.25) P, B, Ir, M	2.29 (1.21) I, B, Ir, M, O	2.75 (1.24) I, P, Ir, M, O	2.22 (1.20) I, P, B, M, O	2.14 (1.14) I, P, B, Ir, O	2.00 (1.14) P, B, Ir, M	.038	.034
Downhearted	2.62 (1.34) P, B, Ir, M, O	2.22 (1.18) I, B, Ir, M, O	3.25 (1.34) I, P, Ir, M, O	2.78 (1.48) I, P, B, M, O	2.08 (1.19) I, P, B, Ir, O	2.13 (1.25) I, P, B, Ir, M	.148	.023
Alone	2.78 (1.42) P, B, Ir, O	2.56 (1.40) I, B, Ir, M, O	3.25 (1.39) I, P, Ir, M, O	2.89 (1.61) I, P, B, M, O	1.97 (1.13) P, B, Ir, O	2.51 (1.27) I, P, B, Ir, M	.062	.030
Lonely	1.94 (1.15) P, B, Ir, M, O	1.83 (1.07) I, B, Ir, M, O	2.88 (1.41) I, P, Ir, M, O	2.44 (1.74) I, P, B, M, O	1.85 (1.26) I, P, B, Ir, O	1.87 (1.09) I, P, B, Ir, M	.180	.022

Table 3 Oman

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.66 (2.02) P, B, Ir, M, O	6.81 (1.89) I, B, Ir, M, O	7.25 (1.92) I, P, Ir, M, O	6.67 (2.83) I, P, B, M, O	7.32 (1.92) I, P, B, Ir, O	7.27 (1.84) I, P, B, Ir, M	.384	.015
Happy	47.60 (21.15) P, B, Ir, M	53.15 (21.65) I, B, Ir, M, O	45.31 (23.91) I, P, Ir, M, O	57.44 (23.00) I, P, B, M, O	59.27 (19.30) I, P, B, Ir, O	59.19 (23.59) P, B, Ir, M	.029	.036
Unhappy	31.34 (20.69) P, B, Ir, M, O	25.44 (17.13) I, B, Ir, M, O	32.19 (16.22) I, P, Ir, M, O	28.00 (16.16) I, P, B, M, O	26.34 (17.37) I, P, B, Ir, O	25.16 (18.13) I, P, B, Ir, M	.331	.017
Neutral	38.24 (22.01) P, B, Ir, M, O	30.94 (18.94) I, B, Ir, M, O	30.31 (12.04) I, P, Ir, M, O	35.22 (17.61) I, P, B, M, O	33.69 (18.16) I, P, B, Ir, O	33.75 (20.89) I, P, B, Ir, M	.734	.008
Life satisfaction	4.13 (1.27) P, B, Ir, M, O	4.41 (1.05) I, B, Ir, M, O	4.04 (1.28) I, P, Ir, M, O	4.96 (1.07) I, P, B, M, O	4.78 (1.08) I, P, B, Ir, O	4.51 (1.08) I, P, B, Ir, M	.178	.022
Meaning in life	4.16 (.75) P, B, Ir, M, O	4.15 (.71) I, B, Ir, M, O	3.94 (.47) I, P, Ir, M, O	4.72 (.77) I, P, B, M, O	4.37 (.59) I, P, B, Ir, O	4.24 (.80) I, P, B, Ir, M	.103	.026
Optimism	3.78 (.56) P, B, Ir, M	3.94 (.57) I, B, Ir, M, O	3.71 (.33) I, P, Ir, M, O	3.90 (.25) I, P, B, M, O	4.07 (.47) I, P, B, Ir, O	4.08 (.49) P, B, Ir, M	.028	.036

Peru

Table 1 Peru
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality							.001	.019
Happy	3.35 (.86) P, B, O	3.65 (.94) I, B, Ir, O	3.73 (.87) I, P, Ir, M, O	3.82 (.93) P, B, M	4.05 (.78) P, B, Ir	3.34 (1.05) I, P, B	<.001	.037
Joyful	3.41 (.86) P, B, O	3.71 (.95) I, B, Ir, M, O	3.74 (.88) I, P, Ir, M, O	3.88 (.87) P, B, M	4.09 (.79) P, B, Ir	3.38 (1.05) I, P, B	<.001	.037
Delighted	3.27 (1.10) P, B, Ir, O	3.59 (1.01) I, B, Ir, M, O	3.67 (.90) I, P, Ir, M, O	3.68 (1.05) I, P, B, M, O	3.92 (.86) P, B, Ir	3.28 (1.04) I, P, B, Ir	.001	.028
Cheerful	3.65 (.83) P, B, Ir, M, O	3.82 (.94) I, B, Ir, M, O	3.82 (.85) I, P, Ir, M, O	3.89 (.94) I, P, B, M	4.10 (.77) I, P, B, Ir	3.45 (1.00) I, P, B	.002	.024
Excited	3.24 (1.09) P, B, O	3.60 (1.08) I, B, Ir, M, O	3.58 (.92) I, P, Ir, M, O	3.75 (1.07) P, B, M, O	3.89 (.87) P, B, Ir, M	3.36 (1.07) I, P, B, Ir, M	.004	.023
Enthusiastic	3.16 (1.03) B, O	3.66 (1.03) B, Ir, M, O	3.69 (.89) I, P, Ir, M, O	3.75 (1.10) P, B, M	4.03 (.83) P, B, Ir	3.30 (1.10) I, P, B	<.001	.038
Lively	3.02 (1.01) O	3.60 (1.12) B, Ir	3.77 (.90) P, Ir, M, O	3.81 (1.05) P, B, M	4.11 (.78) B, Ir	3.30 (1.12) I, P, B	<.001	.054
Energetic	3.31 (1.16) P, B, Ir, M, O	3.65 (1.12) I, B, Ir, M, O	3.60 (.88) I, P, Ir, M, O	3.66 (1.05) I, P, B, M, O	3.87 (.85) I, P, B, Ir, O	3.28 (1.28) I, P, B, Ir, M	.010	.020
Self-assurance							.027	.012
Proud	3.14 (1.32) B, O	3.74 (1.16) B, Ir, M, O	3.57 (1.07) I, P, Ir, M, O	3.79 (1.07) P, B, M, O	4.00 (.86) P, B, Ir, O	3.60 (1.08) I, P, B, Ir, M	.002	.025
Strong	3.59 (1.21) P, B, Ir, M, O	3.89 (1.07) I, B, Ir, M, O	3.92 (.93) I, P, Ir, M, O	3.98 (1.02) I, P, B, M, O	4.22 (.74) I, P, B, Ir, O	3.77 (1.03) I, P, B, Ir, M	.106	.012
Confident	3.22 (1.25) O	3.76 (1.11) B, Ir, M, O	3.92 (.84) P, Ir, M, O	3.89 (1.01) P, B, M, O	4.17 (.87) P, B, Ir, O	3.74 (1.01) I, P, B, Ir, M	<.001	.031
Bold	3.47 (1.23) B, O	3.98 (1.05) B, Ir, M, O	3.93 (.93) I, P, Ir, M, O	4.01 (.99) P, B, M, O	4.31 (.76) P, B, Ir, O	3.87 (.97) I, P, B, Ir, M	.002	.024

Daring		3.02 (1.23) B, M, O	3.58 (1.12) B, Ir, M, O	3.29 (1.08) I, P, Ir, M, O	3.50 (1.15) P, B, M, O	3.60 (.92) I, P, B, Ir, O	3.48 (1.12) I, P, B, Ir, M	.003	.023
Fearless		2.98 (1.23) B, O	3.54 (1.11) B, Ir, M, O	3.43 (.88) I, P, Ir, M, O	3.53 (1.08) P, B, M, O	3.60 (.89) P, B, Ir, O	3.36 (1.07) I, P, B, Ir, M	.002	.025

Table 2 Peru
Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.113	.010
Guilty	3.04 (1.26) P, B, M, O	2.53 (1.26) I, B, Ir, M, O	2.52 (1.26) I, P, Ir, M, O	2.43 (1.23) P, B, M, O	2.34 (1.15) I, P, B, Ir, O	2.45 (1.12) I, P, B, Ir, M	.118	.012
Ashamed	3.20 (1.15) B, M, O	2.62 (1.24) I, B, Ir, M, O	2.74 (1.22) I, P, Ir, M, O	2.44 (1.31) P, B, M, O	2.38 (1.31) I, P, B, Ir, O	2.43 (1.04) I, P, B, Ir, M	.010	.020
Blameworthy	2.53 (1.04) P, B, Ir, M, O	2.37 (1.19) I, B, Ir, M, O	2.51 (1.10) I, P, Ir, M, O	2.36 (1.25) I, P, B, M, O	2.17 (1.17) I, P, B, Ir, O	2.45 (1.00) I, P, B, Ir, M	.797	.003
Angry at self	3.16 (1.38) P, B, M, O	2.64 (1.30) I, B, Ir, M, O	2.61 (1.15) I, P, Ir, M, O	2.45 (1.34) P, B, M, O	2.20 (1.23) I, P, B, Ir, O	2.81 (1.33) I, P, B, Ir, M	.022	.017
Disgusted with self	2.94 (1.35) P, B, Ir, M, O	2.50 (1.23) I, B, Ir, M, O	2.60 (1.21) I, P, Ir, M, O	2.36 (1.30) I, P, B, M, O	2.16 (1.30) I, P, B, Ir, O	2.72 (1.33) I, P, B, Ir, M	.026	.017
Dissatisfied with self	2.96 (1.40) P, B, M, O	2.53 (1.27) I, B, Ir, M, O	2.57 (1.28) I, P, Ir, M, O	2.36 (1.32) P, B, M, O	2.27 (1.27) I, P, B, Ir, O	2.68 (1.22) I, P, B, Ir, M	.034	.016
Sadness							<.001	.023
Sad	3.00 (1.31) P, B, M, O	2.46 (1.19) I, B, Ir, M	2.46 (1.19) I, P, M, O	2.73 (1.17) P, M	2.32 (1.25) I, P, B, Ir	3.15 (1.35) B	<.001	.044
Blue	2.88 (1.31) P, B, Ir, M, O	2.52 (1.23) I, B, Ir, M	2.75 (1.23) I, P, Ir, M, O	2.45 (1.19) I, P, B, M	2.23 (1.25) I, P, B, Ir	3.11 (1.27) B	<.001	.029
Downhearted	2.90 (1.43) P, B, O	2.47 (1.22) I, B, Ir, M, O	2.45 (1.17) I, P, Ir, M, O	2.25 (1.25) P, B, M	2.05 (1.15) P, B, Ir	2.94 (1.29) I, P, B	<.001	.034
Alone	3.61 (1.22) B, O	2.54 (1.34) B, Ir, M, O	2.96 (1.29) P, Ir, M	2.26 (1.35) P, M	1.95 (1.22) P, Ir	3.00 (1.27) I, P, B	<.001	.081
Lonely	3.49 (1.14) B, O	2.71 (1.40) B, M, O	2.83 (1.26) I, P, O	2.28 (1.38) M	1.94 (1.16) P, Ir	3.15 (1.27) I, P, B	<.001	.065

Table 3 Peru

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> - value	η_p^2
Happiness	5.94 (2.42) B, O	6.76 (2.03) I, B, Ir, M, O	6.64 (2.07) I, P, Ir, M, O	7.09 (1.95) P, B, M, O	7.66 (1.47) P, B, Ir	6.34 (2.25) I, P, B, Ir	<.001	.034
Happy	48.08 (25.22) P, B, M, O	57.44 (25.60) I, B, Ir, M, O	57.00 (25.01) I, P, Ir, M, O	59.25 (24.60) P, B, M, O	64.09 (23.47) I, P, B, Ir, O	49.85 (27.95) I, P, B, Ir, M	.009	.020
Unhappy	33.12 (21.48) P, B, Ir, M, O	31.49 (27.79) I, B, Ir, M, O	29.24 (23.14) I, P, Ir, M, O	25.90 (25.19) I, P, B, M, O	18.70 (19.40) I, P, B, Ir, O	29.81 (24.70) I, P, B, Ir, M	.343	.007
Neutral	41.06 (27.21) P, B, Ir, M, O	40.31 (26.16) I, B, Ir, M, O	37.79 (25.19) I, P, Ir, M, O	37.43 (24.44) I, P, B, M, O	32.15 (22.93) I, P, B, Ir, O	41.26 (29.33) I, P, B, Ir, M	.278	.008
Life satisfaction	4.26 (1.24) P, B, O	4.69 (1.19) I, B, Ir, O	4.85 (1.12) I, P, Ir, M, O	4.88 (1.21) P, B, M, O	5.47 (.92) B, Ir, O	4.75 (1.33) I, P, B, Ir, M	<.001	.030
Meaning in life	3.81 (.91) B, O	4.39 (1.08) B, Ir, M, O	4.38 (.78) I, P, Ir, M, O	4.52 (1.04) P, B, M, O	4.96 (.90) P, B, Ir, O	4.34 (1.02) I, P, B, Ir, M	<.001	.030
Optimism	3.86 (.69) B, O	4.10 (.54) B, Ir, M, O	4.18 (.53) I, P, Ir, M, O	4.15 (.56) P, B, M, O	4.33 (.45) P, B, Ir, O	4.05 (.59) I, P, B, Ir, M	.020	.018

Table 1 Poland
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality							.001	.028
Happy	2.78 (.96) P	2.87 (1.02) I, B	3.29 (.80) P, Ir, M	3.38 (.97) B, M	3.36 (.91) B, Ir	-	<.001	.050
Joyful	2.91 (1.00) P	2.93 (.98) I, B	3.45 (.89) P, Ir, M	3.48 (.95) B, M	3.37 (.93) B, Ir	-	<.001	.044
Delighted	2.41 (1.02) P	2.70 (1.03) I, B, Ir, M	3.08 (.88) P, Ir, M	2.98 (1.06) P, B, M	2.92 (1.04) P, B, Ir	-	.003	.029
Cheerful	2.91 (1.01) P, B	2.72 (.98) I	3.37 (.94) I, Ir, M	3.44 (1.01) B, M	3.32 (.97) B, Ir	-	<.001	.048
Excited	2.46 (.94) P, Ir, M	2.57 (1.00) I, B, Ir, M	3.16 (.86) P, Ir, M	2.94 (1.03) I, P, B, M	2.84 (1.04) I, P, B, Ir	-	.005	.027
Enthusiastic	2.57 (1.13) P	2.65 (.99) I, M	3.34 (.91) Ir, M	3.18 (1.06) B, M	3.03 (.98) P, B, Ir	-	<.001	.043
Lively	2.74 (1.06) P	2.87 (1.02) I, B, Ir, M	3.39 (.86) P, Ir, M	3.23 (1.05) P, B, M	3.17 (.96) P, B, Ir	-	.001	.032
Energetic	2.76 (1.06) P	3.00 (.99) I, B, Ir, M	3.42 (.83) P, Ir, M	3.35 (1.09) P, B, M	3.23 (.98) P, B, Ir	-	.001	.033
Self-assurance							.004	.021
Proud	2.61 (1.04) P	2.87 (1.02) I, B, Ir, M	3.37 (.75) P, Ir, M	3.10 (1.12) P, B, M	3.23 (1.07) P, B, Ir	-	<.001	.041
Strong	2.85 (1.01) P	3.00 (1.03) I, B, Ir, M	3.42 (.83) P, Ir, M	3.36 (1.07) P, B, M	3.26 (.98) P, B, Ir	-	.004	.028
Confident	2.87 (1.05) P, B, Ir	3.07 (1.12) I, B, Ir, M	3.29 (.93) I, P, Ir, M	3.25 (1.11) I, P, B, M	3.31 (.95) P, B, Ir	-	.022	.021
Bold	2.00 (.97) P, Ir, M	2.20 (1.07) I, B, Ir, M	2.71 (1.04) P, Ir, M	2.33 (1.00) I, P, B, M	2.25 (1.06) I, P, B, Ir	-	.023	.20
Daring	2.50 (.98) P	2.78 (1.03) I, B, Ir, M	3.26 (.83) P, Ir, M	3.04 (1.08) P, B, M	2.95 (1.00) P, B, Ir	-	.003	.029
Fearless	2.33 (1.06) P, Ir	2.70 (1.11) I, B, Ir, M	2.97 (.97) P, Ir, M	2.81 (1.13) I, P, B, M	2.80 (.99) P, B, Ir	-	.035	.019

Table 2 Poland

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.074	.016
Guilty	1.76 (.95) P, B, Ir, M	2.02 (1.11) I, B, Ir, M	2.16 (.92) I, P, Ir, M	1.84 (1.02) I, P, B, M	1.72 (.87) I, P, B, Ir	-	.018	.022
Ashamed	1.91 (.99) P, B, Ir, M	1.96 (.99) I, B, Ir, M	2.21 (.88) I, P, Ir, M	2.02 (1.04) I, P, B, M	1.86 (.92) I, P, B, Ir	-	.164	.012
Blameworthy	1.54 (.89) P, B, Ir, M	1.76 (.97) I, B, Ir, M	1.84 (.95) I, P, Ir, M	1.54 (.99) I, P, B, M	1.47 (.85) I, P, B, Ir	-	.014	.023
Angry at self	2.20 (1.05) P, B, Ir, M	2.22 (1.11) I, B, Ir, M	2.32 (1.04) I, P, Ir, M	2.02 (1.07) I, P, B, M	1.98 (1.02) I, P, B, Ir	-	.150	.012
Disgusted with self	1.96 (1.01) P, B, Ir, M	2.04 (1.17) I, B, Ir, M	2.03 (1.03) I, P, Ir, M	1.74 (1.09) I, P, B, M	1.70 (.94) I, P, B, Ir	-	.047	.017
Dissatisfied with self	2.28 (1.15) P, B, Ir, M	2.22 (1.07) I, B, Ir	2.11 (1.06) I, P, Ir, M	1.97 (1.10) I, P, B, M	1.81 (.92) I, B, Ir	-	.003	.028
Sadness							<.001	.052
Sad	2.39 (1.11) P, B, Ir, M	2.48 (1.07) I, B, Ir, M	2.26 (1.18) I, P, Ir, M	2.11 (1.07) I, P, B, M	2.03 (1.00) I, P, B, Ir	-	.025	.020
Blue	2.28 (1.19) P, B, Ir, M	2.33 (1.08) I, B, Ir, M	2.21 (1.09) I, P, Ir, M	2.05 (1.08) I, P, B, M	1.94 (1.03) I, P, B, Ir	-	.058	.017
Downhearted	2.20 (1.19) P, B, Ir, M	2.30 (1.07) I, B, Ir	2.11 (1.13) I, P, Ir, M	1.95 (1.13) I, P, B, M	1.83 (1.06) I, B, M	-	.017	.022
Alone	3.07 (1.27) P, B	2.76 (1.18) I, B	2.63 (1.17) I, P	1.97 (1.09) M	1.78 (1.00) Ir	-	<.001	.136
Lonely	3.09 (1.31) P, B	2.48 (1.11) I, B	2.66 (1.19) I, P	1.88 (1.12) M	1.70 (.97) Ir	-	<.001	.150

Table 3 Poland

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.41 (2.00) P, B	6.30 (2.17) I, B, Ir, M	6.13 (2.23) I, P, Ir, M	6.47 (2.12) P, B, M	6.70 (2.00) P, B, Ir	-	.001	.034
Happy	34.37 (24.05) P, B	43.59 (29.73) I, B, Ir, M	45.97 (25.31) I, P, Ir, M	51.53 (25.35) P, B, M	52.54 (26.56) P, B, Ir	-	<.001	.044
Unhappy	34.67 (24.94)	17.57 (14.46) B, Ir, M	22.84 (18.36) P, Ir, M	21.64 (19.44) P, B, M	19.15 (18.05) P, B, Ir	-	<.001	.048
Neutral	30.96 (25.82) P, B, Ir, M	38.85 (26.47) I, B	31.18 (22.03) I, P, Ir, M	26.06 (19.90) I, B, M	28.00 (22.28) I, B, M	-	.020	.021
Life satisfaction	3.50 (1.24) P	3.91 (1.44) I, B, Ir, M	4.49 (1.23) P, Ir, M	4.28 (1.46) P, B, M	4.40 (1.23) P, B, Ir	-	<.001	.046
Meaning in life	3.82 (.98) P, B	4.28 (1.11) I, B, Ir, M	4.24 (.91) I, P, Ir, M	4.35 (1.02) P, B, M	4.49 (.98) P, B, Ir	-	.001	.033
Optimism	3.61 (.64) P	3.86 (.61) I, B, Ir, M	4.10 (.41) P, Ir, M	3.98 (.63) P, B, M	3.97 (.51) P, B, Ir	-	<.001	.041

Russia

Table 1 Russia
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.270	.023	
Happy	2.46 (1.07) P, B, Ir, O	2.74 (1.21) I, B, Ir, M, O	2.83 (1.78) I, P, Ir, M, O	2.65 (.94) I, P, B, O	3.07 (1.01) P, B, O	2.67 (1.05) I, P, B, Ir, M	.005	.042	
Joyful	2.62 (1.16) P, B, Ir, M, O	2.65 (1.05) I, B, Ir, M, O	2.93 (1.17) I, P, Ir, M, O	2.76 (.88) I, P, B, M, O	3.02 (.98) I, P, B, Ir, O	2.67 (1.05) I, P, B, Ir, M	.084	.025	
Delighted	2.05 (1.03) P, B, Ir, M, O	2.32 (1.17) I, B, Ir, M, O	2.50 (1.33) I, P, Ir, M, O	2.11 (1.06) I, P, B, M, O	2.51 (1.12) I, P, B, Ir, O	2.00 (1.20) I, P, B, Ir, M	.033	.031	
Cheerful	2.76 (.93) P, B, Ir, M, O	2.68 (1.11) I, B, Ir, M, O	2.63 (1.13) I, P, Ir, M, O	2.63 (1.06) I, P, B, M, O	2.88 (1.05) I, P, B, Ir, O	2.40 (1.12) I, P, B, Ir, M	.595	.009	
Excited	2.59 (1.19) P, B, Ir, M, O	2.45 (.96) I, B, Ir, M, O	2.97 (1.10) I, P, Ir, M, O	2.65 (1.10) I, P, B, M, O	2.57 (1.18) I, P, B, Ir, O	1.80 (.78) I, P, B, Ir, M	.366	.014	
Enthusiastic	2.27 (.99) P, B, Ir, M, O	2.32 (1.19) I, B, Ir, M, O	2.73 (1.08) I, P, Ir, M, O	2.53 (.95) I, P, B, M, O	2.75 (1.06) I, P, B, Ir, O	2.27 (1.03) I, P, B, Ir, M	.066	.026	
Lively	2.38 (.98) P, B, Ir, O	2.65 (1.17) I, B, Ir, M, O	2.87 (1.14) I, P, Ir, M, O	2.77 (.98) I, P, B, M, O	2.90 (.96) P, B, Ir, O	2.47 (1.19) I, P, B, Ir, M	.040	.030	
Energetic	2.49 (1.02) P, B, Ir, M, O	2.77 (1.09) I, B, Ir, M, O	2.87 (1.17) I, P, Ir, M, O	2.73 (1.07) I, P, B, M, O	2.82 (1.00) I, P, B, Ir, O	2.53 (1.19) I, P, B, Ir, M	.651	.009	
Self-assurance							.592	.014	
Proud	2.24 (1.26) P, B, Ir, M, O	2.32 (1.05) I, B, Ir, M, O	2.73 (1.17) I, P, Ir, M, O	2.58 (1.15) I, P, B, M, O	2.62 (1.16) I, P, B, Ir, O	2.20 (1.08) I, P, B, Ir, M	.431	.013	
Strong	2.54 (.99) P, B, Ir, M, O	2.68 (1.14) I, B, Ir, M, O	2.73 (1.20) I, P, Ir, M, O	2.50 (1.02) I, P, B, M, O	2.80 (1.02) I, P, B, Ir, O	2.67 (1.23) I, P, B, Ir, M	.275	.016	
Confident	2.70 (1.08) P, B, Ir, M, O	3.00 (1.00) I, B, Ir, M, O	3.00 (1.15) I, P, Ir, M, O	2.90 (1.00) I, P, B, M, O	3.04 (1.00) I, P, B, Ir, O	3.07 (1.16) I, P, B, Ir, M	.312	.015	
Bold	2.51 (.99) P, B, Ir, M, O	2.61 (.96) I, B, Ir, M, O	2.90 (1.06) I, P, Ir, M, O	2.97 (1.04) I, P, B, M, O	2.91 (1.02) I, P, B, Ir, O	2.67 (1.18) I, P, B, Ir, M	.175	.020	
Daring	2.24 (1.04) P, B, Ir, M, O	2.39 (.92) I, B, Ir, M, O	2.80 (1.19) I, P, Ir, M, O	2.76 (1.02) I, P, B, M, O	2.72 (1.06) I, P, B, Ir, O	2.33 (1.05) I, P, B, Ir, M	.044	.029	

Fearless		2.16 (1.19) P, B, Ir, M, O	2.26 (.93) I, B, Ir, M, O	2.67 (1.16) I, P, Ir, M, O	2.61 (1.14) I, P, B, M, O	2.46 (1.06) I, P, B, Ir, O	2.27 (1.22) I, P, B, Ir, M	.244	.017
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Table 2 Russia

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Guilt							.378	.016
Guilty	1.92 (1.14) P, B, Ir, M, O	2.06 (1.32) I, B, Ir, M, O	2.03 (1.00) I, P, Ir, M, O	1.97 (1.02) I, P, B, M, O	1.92 (1.06) I, P, B, Ir, O	1.60 (.91) I, P, B, Ir, M	.826	.006
Ashamed	1.81 (1.22) P, B, Ir, M, O	1.65 (1.05) I, B, Ir, M, O	1.53 (1.01) I, P, Ir, M, O	1.50 (.83) I, P, B, M, O	1.50 (.90) I, P, B, Ir, O	1.20 (.56) I, P, B, Ir, M	.073	.026
Blameworthy	1.84 (1.07) P, B, M, O	1.74 (1.18) I, B, Ir, M, O	1.70 (1.09) I, P, Ir, M, O	1.39 (.64) P, B, M, O	1.56 (.88) I, P, B, Ir, O	1.13 (.52) I, P, B, Ir, M	.032	.031
Angry at self	2.46 (1.30) P, B, Ir, M, O	2.16 (1.29) I, B, Ir, M, O	2.13 (1.11) I, P, Ir, M, O	2.18 (1.17) I, P, B, M, O	1.98 (1.03) I, P, B, Ir, O	1.73 (1.16) I, P, B, Ir, M	.123	.022
Disgusted with self	1.78 (1.18) P, B, Ir, O	1.81 (1.38) I, B, Ir, M, O	1.60 (1.16) I, P, Ir, M, O	1.55 (.90) I, P, B, M, O	1.42 (.83) P, B, Ir, O	1.40 (1.06) I, P, B, Ir, M	.037	.030
Dissatisfied with self	2.32 (1.25) P, B, Ir, M, O	2.32 (1.42) I, B, Ir, M, O	2.17 (1.15) I, P, Ir, M, O	2.06 (1.11) I, P, B, M, O	1.90 (1.04) I, P, B, Ir, O	1.80 (1.08) I, P, B, Ir, M	.109	.023
Sadness							.036	.020
Sad	2.76 (1.16) P, B, Ir, M, O	2.52 (1.34) I, B, Ir, M, O	2.33 (1.24) I, P, Ir, M, O	2.42 (1.05) I, P, B, M, O	2.19 (1.08) I, P, B, Ir, O	2.27 (1.28) I, P, B, Ir, M	.163	.020
Blue	2.76 (1.21) P, B, Ir, M, O	2.52 (1.41) I, B, Ir, M, O	2.43 (1.22) I, P, Ir, M, O	2.44 (1.07) I, P, B, M, O	2.19 (1.13) I, P, B, Ir, O	2.13 (1.19) I, P, B, Ir, M	.151	.021
Downhearted	2.54 (1.39) P, B, Ir, M, O	2.13 (1.41) I, B, Ir, M, O	2.07 (1.29) I, P, Ir, M, O	2.10 (1.18) I, P, B, M, O	1.90 (1.18) I, P, B, Ir, O	1.67 (1.29) I, P, B, Ir, M	.295	.016
Alone	2.35 (1.36) P, B, Ir, O	1.87 (1.20) I, B, Ir, M, O	2.10 (1.13) I, P, Ir, M, O	1.95 (1.15) I, P, B, M, O	1.69 (1.09) P, B, Ir, O	1.73 (1.17) I, P, B, Ir, M	.059	.027
Lonely	2.84 (1.39) B, Ir, O	1.90 (1.27) B, Ir, M, O	2.47 (1.25) I, P, Ir, O	2.11 (1.18) I, P, B, M, O	1.67 (1.04) P, Ir, O	1.80 (1.15) I, P, B, Ir, M	<.001	.079

Table 3 Russia

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.32 (2.13) P, B, Ir, O	6.13 (2.51) I, B, Ir, M, O	6.07 (2.72) I, P, Ir, M, O	6.37 (2.03) I, P, B, M, O	6.97 (1.78) P, B, Ir, O	6.13 (2.42) I, P, B, Ir, M	<.001	.053
Happy	32.81 (23.72) P, B, Ir, O	36.13 (28.48) I, B, Ir, M, O	40.83 (30.17) I, P, Ir, M, O	42.71 (24.77) I, P, B, M, O	49.58 (26.61) P, B, Ir, O	33.40 (26.01) I, P, B, Ir, M	.002	.049
Unhappy	34.78 (22.82) P, B, Ir, M, O	29.57 (28.68) I, B, Ir, M, O	36.40 (28.51) I, P, Ir, M, O	31.58 (22.42) I, P, B, M, O	23.40 (21.02) I, P, B, Ir, O	23.07 (27.83) I, P, B, Ir, M	.021	.034
Neutral	37.41 (21.25) P, B, Ir, M, O	35.52 (23.21) I, B, Ir, M, O	38.70 (25.28) I, P, Ir, M, O	31.35 (18.77) I, P, B, M, O	34.01 (22.29) I, P, B, Ir, O	42.67 (30.05) I, P, B, Ir, M	.500	.011
Life satisfaction	3.08 (1.18) P, B, Ir, M, O	3.36 (1.34) I, B, Ir, M, O	3.26 (1.21) I, P, Ir, M, O	3.37 (1.21) I, P, B, M, O	3.71 (1.23) I, P, B, Ir, O	3.27 (1.29) I, P, B, Ir, M	.122	.022
Meaning in life	3.71 (.71) P, B, Ir, O	4.18 (1.16) I, B, Ir, M, O	4.19 (.90) I, P, Ir, M, O	4.09 (.75) I, P, B, M, O	4.34 (.82) P, B, Ir, O	4.46 (.66) I, P, B, Ir, M	.011	.038
Optimism	3.85 (.76) P, B, Ir, M, O	3.92 (.73) I, B, Ir, M, O	4.10 (.72) I, P, Ir, M, O	4.03 (.57) I, P, B, M, O	4.10 (.64) I, P, B, Ir, O	4.23 (.59) I, P, B, Ir, M	.211	.018

Spain

Table 1 Spain
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.139	.026	
Happy	3.40 (.95) P, B, O	3.83 (.75) I, B, Ir, M, O	3.37 (1.01) I, P, Ir, M, O	3.81 (.75) P, B, M, O	3.94 (.66) P, B, Ir, O	3.50 (.80) I, P, B, Ir, M	.001	.052	
Joyful	2.46 (1.04) P, B, Ir, M, O	2.78 (.86) I, B, Ir, M, O	2.42 (.96) I, P, Ir, M, O	2.71 (1.13) I, P, B, M, O	2.82 (.91) I, P, B, Ir, O	2.45 (1.18) I, P, B, Ir, M	.369	.014	
Delighted	3.03 (1.01) P, B, Ir, M, O	3.42 (.96) I, B, Ir, M, O	2.79 (1.32) I, P, Ir, M, O	3.45 (1.03) I, P, B, M, O	3.59 (.90) I, P, B, Ir, O	2.91 (.92) I, P, B, Ir, M	.053	.028	
Cheerful	3.43 (.98) P, B, O	3.93 (.83) I, B, Ir, M, O	3.42 (.90) I, P, Ir, M, O	3.96 (.81) P, B, M, O	3.93 (.76) P, B, Ir, O	3.50 (.86) I, P, B, Ir, M	.001	.050	
Excited	2.60 (1.12) P, B, Ir, O	2.98 (1.07) I, B, Ir, M, O	2.74 (.93) I, P, Ir, M, O	3.03 (1.03) I, P, B, M, O	2.89 (.94) P, B, Ir, O	2.95 (1.29) I, P, B, Ir, M	.032	.031	
Enthusiastic	3.06 (1.16) P, B, Ir, M, O	3.20 (.76) I, B, Ir, M, O	3.11 (1.20) I, P, Ir, M, O	3.43 (1.04) I, P, B, M, O	3.56 (.90) I, P, B, Ir, O	3.09 (1.15) I, P, B, Ir, M	.045	.029	
Lively	3.46 (1.04) P, B, O	3.75 (.84) I, B, Ir, M, O	3.68 (.89) I, P, Ir, M, O	3.98 (1.00) P, B, M, O	4.14 (.82) P, B, Ir, O	3.64 (1.09) I, P, B, Ir, M	.012	.037	
Energetic	3.00 (1.00) P, B, Ir, M, O	3.33 (.97) I, B, Ir, M, O	3.26 (1.20) I, P, Ir, M, O	3.41 (1.01) I, P, B, M, O	3.59 (.94) I, P, B, Ir, O	3.14 (.99) I, P, B, Ir, M	.309	.015	
Self-assurance							.003	.028	
Proud	3.23 (1.26) P, B, O	3.56 (1.23) I, B, Ir, M, O	3.68 (1.11) I, P, Ir, M, O	3.72 (.98) P, B, M, O	3.87 (.93) P, B, Ir, O	3.18 (1.05) I, P, B, Ir, M	.001	.054	
Strong	3.46 (1.01) P, B, Ir, M, O	3.39 (1.05) I, B, Ir, M, O	3.95 (1.08) I, P, Ir, M, O	3.63 (1.03) I, P, B, M, O	3.90 (.86) I, P, B, Ir, O	3.68 (.95) I, P, B, Ir, M	.078	.025	
Confident	2.97 (1.25) P, B, O	3.61 (.83) I, B, Ir, M, O	3.32 (1.16) I, P, Ir, M, O	3.51 (.67) P, B, M, O	3.81 (.94) P, B, Ir, O	3.00 (1.02) I, P, B, Ir, M	.018	.034	
Bold	2.74 (.95) B, O	3.49 (1.08) B, Ir, M, O	3.37 (.83) I, P, Ir, M, O	3.52 (.95) P, B, M, O	3.41 (.88) P, B, Ir, O	3.41 (1.14) I, P, B, Ir, M	.008	.029	
Daring	2.89 (1.18) P, B, Ir, M, O	3.27 (1.10) I, B, Ir, M, O	3.26 (1.15) I, P, Ir, M, O	3.39 (1.10) I, P, B, M, O	3.24 (.97) I, P, B, Ir, O	3.23 (1.27) I, P, B, Ir, M	.112	.023	

Fearless		2.63 (1.11) P, B, Ir, M, O	3.15 (1.11) I, B, Ir, M, O	2.47 (.96) I, P, Ir, M, O	2.99 (1.04) I, P, B, M, O	2.97 (1.00) I, P, B, Ir, O	2.91 (.97) I, P, B, Ir, M	.153	.020
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Table 2 Spain
Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Guilt							.287	.017
Guilty	2.26 (1.31) P, B, Ir, M, O	2.41 (1.18) I, B, Ir, M, O	2.90 (1.25) I, P, Ir, M, O	2.26 (1.19) I, P, B, M, O	2.04 (1.03) I, P, B, Ir, O	2.29 (1.23) I, P, B, Ir, M	.422	.013
Ashamed	2.23 (1.14) P, B, Ir, M, O	2.15 (.99) I, B, Ir, M, O	2.25 (1.12) I, P, Ir, M, O	2.08 (1.06) I, P, B, M, O	1.72 (.92) I, P, B, Ir, O	2.14 (1.15) I, P, B, Ir, M	.405	.013
Blameworthy	3.86 (1.00) P, B, Ir, M, O	4.10 (.94) I, B, Ir, M, O	4.15 (.81) I, P, Ir, M, O	4.11 (.92) I, P, B, M, O	4.34 (.72) I, P, B, Ir, O	3.81 (.81) I, P, B, Ir, M	.430	.013
Angry at self	2.26 (1.17) P, B, Ir, M, O	2.20 (1.23) I, B, Ir, M, O	2.90 (1.29) I, P, Ir, M, O	2.35 (1.20) I, P, B, M, O	1.94 (1.00) I, P, B, Ir, O	2.38 (.97) I, P, B, Ir, M	.080	.025
Disgusted with self	2.37 (1.29) P, B, Ir, M, O	2.10 (1.11) I, B, Ir, M, O	2.75 (1.45) I, P, Ir, M, O	2.22 (1.18) I, P, B, M, O	1.86 (1.03) I, P, B, Ir, O	2.24 (1.09) I, P, B, Ir, M	.134	.022
Dissatisfied with self	2.71 (1.34) P, B, Ir, O	2.20 (1.10) I, B, Ir, M, O	2.75 (1.52) I, P, Ir, M, O	2.30 (1.23) I, P, B, O	1.74 (.94) P, B, O	2.43 (1.25) I, P, B, Ir, M	.008	.039
Sadness							<.001	.031
Sad	2.63 (1.22) P, B, Ir, O	2.34 (.97) I, B, Ir, M, O	3.10 (1.41) I, P, Ir, M, O	2.26 (1.16) I, P, B, O	1.80 (.93) P, B, O	2.45 (1.18) I, P, B, Ir, M	.003	.045
Blue	2.00 (1.28) P, B, Ir, M, O	1.80 (.95) I, B, Ir, M, O	2.70 (1.34) I, P, Ir, M, O	1.78 (1.06) I, P, B, M, O	1.62 (1.01) I, P, B, Ir, O	1.91 (1.07) I, P, B, Ir, M	.280	.016
Downhearted	2.11 (1.26) P, B, Ir, M, O	1.83 (1.16) I, B, Ir, M, O	2.75 (1.55) I, P, Ir, M, O	1.89 (1.07) I, P, B, M, O	1.61 (.99) I, P, B, Ir, O	1.95 (1.21) I, P, B, Ir, M	.154	.020
Alone	2.77 (1.46) P, B, O	2.02 (1.13) I, B, Ir, M, O	2.55 (1.40) I, P, Ir, M, O	1.82 (1.13) P, B, M, O	1.65 (1.11) P, B, Ir, O	2.36 (1.43) I, P, B, Ir, M	<.001	.056
Lonely	2.63 (1.26) P, B, Ir, O	2.37 (1.16) I, B, Ir, O	2.65 (1.23) I, P, Ir, M, O	2.12 (1.20) I, P, B, O	1.73 (1.06) P, B	2.86 (1.17) I, P, B, Ir	<.001	.075

Table 3 Spain

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> - value	η_p^2
Happiness	6.29 (1.98) P, B, O	7.39 (1.36) I, B, Ir, M, O	6.55 (1.57) I, P, Ir, M, O	7.25 (1.46) P, B, M, O	7.57 (1.32) P, B, Ir, O	6.59 (1.89) I, P, B, Ir, M	.001	.049
Happy	45.00 (22.06) P, B, Ir, M, O	53.66 (19.54) I, B, Ir, M, O	47.10 (23.05) I, P, Ir, M, O	55.77 (20.68) I, P, B, M, O	60.88 (22.09) I, P, B, Ir, O	53.32 (27.57) I, P, B, Ir, M	.090	.024
Unhappy	23.00 (15.86) P, B, Ir, M, O	17.58 (10.37) I, B, Ir, M, O	25.15 (16.02) I, P, Ir, M, O	21.02 (18.14) I, P, B, M, O	14.69 (14.04) I, P, B, Ir, O	27.36 (27.24) I, P, B, Ir, M	.078	.025
Neutral	34.23 (19.30) P, B, Ir, M, O	32.08 (15.76) I, B, Ir, M, O	34.25 (18.80) I, P, Ir, M, O	29.26 (18.83) I, P, B, M, O	29.04 (20.40) I, P, B, Ir, O	31.67 (16.30) I, P, B, Ir, M	.623	.009
Life satisfaction	4.43 (1.12) P, B, O	4.95 (.94) I, B, Ir, M, O	4.65 (1.15) I, P, Ir, M, O	5.00 (.98) P, B, M, O	5.32 (.89) P, B, Ir, O	4.48 (1.19) I, P, B, Ir, M	.001	.052
Meaning in life	3.93 (1.02) P, B, Ir, O	4.47 (.87) I, B, Ir, M, O	4.20 (1.12) I, P, Ir, M, O	4.34 (.97) I, P, B, M, O	4.97 (.89) P, B, Ir, O	4.54 (1.25) I, P, B, Ir, M	.013	.037
Optimism	3.94 (.63) P, B, Ir, M, O	4.36 (.54) I, B, Ir, M, O	4.08 (.72) I, P, Ir, M, O	4.06 (.64) I, P, B, M, O	4.36 (.68) I, P, B, Ir, O	3.98 (.65) I, P, B, Ir, M	.105	.023

Turkey

Table 1 Turkey
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							.003	.019	
Happy	3.01 (.90) P, B, O	3.25 (.99) I, B, Ir, O	3.25 (1.0) I, P, Ir, M, O	3.50 (.93) P, B, M, O	3.67 (.90) P, B, Ir, O	3.12 (.97) I, P, B, Ir	<.001	.055	
Joyful	2.85 (.91) P, B, O	3.17 (1.06) I, Br, Ir, M, O	3.17 (1.12) I, P, Ir, M, O	3.31 (.95) P, B, M, O	3.45 (.92) P, B, Ir	3.02 (1.16) I, P, B, Ir	<.001	.041	
Delighted	3.01 (1.05) P, B, Ir, O	3.18 (1.07) I, B, Ir, M, O	3.10 (1.06) I, P, Ir, M, O	3.34 (1.08) I, P, B, M, O	3.62 (.95) P, B, Ir, O	3.14 (1.05) I, P, B, Ir, M	.003	.025	
Cheerful	3.01 (.98) P, B, O	3.24 (1.09) I, B, Ir, M, O	3.29 (1.14) I, P, Ir, M, O	3.53 (.94) P, B, M, O	3.53 (.99) P, B, Ir, O	3.17 (1.32) I, P, B, Ir, M	<.001	.035	
Excited	2.92 (1.21) P, B, O	3.13 (1.19) I, B, Ir, M, O	3.17 (1.09) I, P, Ir, M, O	3.31 (1.19) P, B, M, O	3.26 (1.13) P, B, Ir, O	3.12 (1.29) I, P, B, Ir, M	.005	.024	
Enthusiastic	2.54 (1.07) P, B, O	2.90 (1.11) I, B, Ir, M, O	2.94 (1.16) I, P, Ir, M, O	3.10 (1.22) P, B, M, O	3.13 (1.17) P, B, Ir	2.69 (1.22) I, P, B, Ir	<.001	.036	
Lively	2.82 (1.09) P, B, Ir, O	3.12 (1.15) I, B, Ir, M, O	3.13 (1.13) I, P, Ir, M, O	3.18 (1.18) I, P, B, M, O	3.44 (1.08) P, B, Ir, O	3.10 (1.28) I, P, B, Ir, M	.003	.026	
Energetic	2.69 (1.19) P, B, Ir, M, O	3.28 (1.20) I, B, Ir, M, O	3.16 (1.19) I, P, Ir, M, O	3.20 (1.20) I, P, B, M, O	3.42 (1.07) I, P, B, Ir, O	3.33 (1.14) I, P, B, Ir, M	.184	.011	
Self-assurance							.016	.014	
Proud	3.28 (1.20) P, B, O	3.50 (1.18) I, B, Ir, O	3.55 (1.30) I, P, Ir, M, O	3.61 (1.21) P, B, M, O	4.06 (1.03) B, Ir, O	3.90 (1.17) I, P, B, Ir, M	.001	.029	
Strong	3.49 (1.25) P, B, Ir, M, O	3.66 (1.12) I, B, Ir, M, O	3.64 (1.16) I, P, Ir, M, O	3.75 (1.17) I, P, B, M, O	4.00 (.97) I, P, B, Ir, O	3.86 (1.32) I, P, B, Ir, M	.119	.012	
Confident	3.53 (1.16) P, B, Ir, M, O	3.60 (1.14) I, B, Ir, M, O	3.66 (1.30) I, P, Ir, M, O	3.65 (1.08) I, P, B, M, O	4.03 (.91) I, P, B, Ir, O	3.52 (1.35) I, P, B, Ir, M	.072	.014	
Bold	3.41 (1.20) P, B, Ir, M, O	3.51 (1.20) I, B, Ir, M, O	3.66 (1.20) I, P, Ir, M, O	3.64 (1.18) I, P, B, M, O	3.96 (1.00) I, P, B, Ir, O	3.45 (1.23) I, P, B, Ir, M	.051	.016	

Daring	3.19 (1.13) P, B, Ir, M, O	3.36 (1.19) I, B, Ir, M, O	3.50 (1.26) I, P, Ir, M, O	3.52 (1.14) I, P, B, M, O	3.61 (1.06) I, P, B, Ir, O	3.14 (1.35) I, P, B, Ir, M	.036	.017
Fearless	3.16 (1.24) P, B, Ir, M, O	3.37 (1.22) I, B, Ir, M, O	3.47 (1.23) I, P, Ir, M, O	3.35 (1.15) I, P, B, M, O	3.49 (1.03) I, P, B, Ir, O	3.00 (1.45) I, P, B, Ir, M	.247	.009

Table 2 Turkey

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt							.026	.013
Guilty	2.05 (1.22) P, B, Ir, M, O	1.93 (1.04) I, B, Ir, M, O	2.13 (1.24) I, P, Ir, M, O	1.91 (1.18) I, P, B, M, O	1.76 (.92) I, P, B, Ir, O	1.63 (1.15) I, P, B, Ir, M	5.99	.005
Ashamed	2.20 (1.27) P, B, Ir, M, O	1.97 (1.11) I, B, Ir, M, O	2.22 (1.03) I, P, Ir, M, O	2.04 (1.24) I, P, B, M, O	1.74 (.97) I, P, B, Ir, O	2.22 (1.37) I, P, B, Ir, M	.323	.008
Blameworthy	1.87 (1.08) P, B, Ir, M, O	1.75 (1.05) I, B, Ir, M, O	1.97 (1.25) I, P, Ir, M, O	1.76 (1.09) I, P, B, M, O	1.61 (.90) I, P, B, Ir, O	1.65(1.15) I, P, B, Ir, M	.743	.004
Angry at self	3.05 (1.37) P, B, Ir, M, O	2.76 (1.25) I, B, Ir, M, O	2.67 (1.37) I, P, Ir, M, O	2.62 (1.33) I, P, B, M, O	2.22 (1.18) I, P, B, Ir, O	2.50 (1.41) I, P, B, Ir, M	.208	.010
Disgusted with self	2.11 (1.35) B, Ir, O	1.63 (1.04) B, Ir, M, O	1.75 (1.20) I, P, Ir, M, O	1.74 (1.21) I, P, B, M, O	1.26 (.65) P, B, Ir, O	1.83 (1.34) I, P, B, Ir, M	.001	.028
Dissatisfied with self	2.76 (1.39) B, Ir, O	2.21 (1.21) B, Ir, M, O	2.22 (1.25) I, P, Ir, M, O	2.23 (1.34) I, P, B, M, O	1.77 (1.04) P, B, Ir, O	2.10 (1.51) I, P, B, Ir, M	.013	.020
Sadness							<.001	.016
Sad	3.00 (1.18) P, B, O	2.64 (1.20) I, B, Ir, M, O	2.69 (1.18) I, P, Ir, M, O	2.48 (1.24) P, B, M, O	2.18 (1.06) P, B, Ir, O	2.73 (1.40) I, P, B, Ir, M	.007	.023
Blue	3.42 (1.26) B, O	2.83 (1.23) B, Ir, M, O	2.97 (1.18) I, P, Ir, M, O	2.84 (1.31) P, B, M, O	2.35 (1.20) P, B, Ir, O	2.77 (1.29) I, P, B, Ir, M	.001	.027
Downhearted	3.30 (1.25) B, O	2.72 (1.30) B, Ir, M, O	2.86 (1.36) I, P, Ir, M, O	2.75 (1.31) P, B, M, O	2.24 (1.11) P, B, Ir, O	2.76 (1.28) I, P, B, Ir, M	.001	.028
Alone	3.01 (1.44) B, O	2.45 (1.23) B, Ir, O	2.88 (1.41) I, P, O	2.30 (1.31) P, B, O	1.91 (1.17) Ir, O	2.34 (1.49) I, P, B, Ir, M	<.001	.064
Lonely	2.96 (1.48) B, O	2.41 (1.31) B, Ir, O	2.73 (1.47) I, P, Ir, O	2.26 (1.34) P, B, M, O	1.85 (1.15) Ir, O	2.22 (1.41) I, P, B, Ir, M	<.001	.053

Table 3 Turkey

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> - value	η_p^2
Happiness	5.49 (2.23) B, O	6.29 (2.22) B, Ir, M, O	6.18 (2.51) I, P, Ir, M, O	6.40 (1.98) P, B, M, O	7.00 (1.74) P, B, Ir	5.49 (2.41) I, P, B, Ir	<.001	.040
Happy	41.63 (21.94) P, B, O	48.91 (21.94) I, B, Ir, M, O	50.02 (20.47) I, P, Ir, M, O	51.95 (21.86) P, B, M, O	59.44 (21.31) P, B, Ir	45.71 (21.06) I, P, B, Ir	<.001	.041
Unhappy	37.95 (19.40) P, B, Ir, M, O	32.70 (22.31) I, B, Ir, M, O	34.80 (21.14) I, P, Ir, M, O	32.60 (20.78) I, P, B, M, O	28.87 (19.67) I, P, B, Ir, O	39.76 (26.36) I, P, B, Ir, M	.028	.018
Neutral	37.51 (24.34) P, Ir, M, O	29.31 (20.17) I, B, Ir, M, O	23.00 (17.23) P, M, O	33.63 (24.61) I, P, M, O	27.38 (21.24) I, P, B, Ir, O	30.21 (21.00) I, P, B, Ir, M	.004	.025
Life satisfaction	3.95 (1.22) P, B, Ir, O	3.95 (1.23) I, B, Ir, O	4.20 (1.29) I, P, Ir, M, O	4.14 (1.19) I, P, B, M, O	4.75 (1.18) B, Ir	3.80 (1.29) I, P, B, Ir	<.001	.038
Meaning in life	3.70 (.97) P, B, O	4.07 (1.14) I, B, Ir, O	4.06 (.92) I, P, Ir, O	4.14 (.99) P, B, O	5.19 (1.07)	4.02 (1.20) I, P, B, Ir	<.001	.066
Optimism	3.60 (.80) P, B, Ir, M, O	3.82 (.74) I, B, Ir, M, O	3.82 (.72) I, P, Ir, M, O	3.69 (.72) I, P, B, M, O	3.99 (.75) I, P, B, Ir, O	3.65 (.72) I, P, B, Ir, M	.056	.015

UK

Table 1 UK
Significant effects of the marital status on positive emotions

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>			
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2	
Joviality							<.001	.036	
Happy	2.92 (.97) P, B, O	3.24 (.99) I, B, Ir, M, O	3.23 (.73) I, P, Ir, M, O	3.44 (.92) P, B, M, O	3.67 (.92) P, B, Ir, O	3.33 (1.00) I, P, B, Ir, M	.014	.031	
Joyful	2.71 (1.01) B, O	3.30 (1.11) B, Ir, M, O	3.16 (.88) I, P, Ir, M, O	3.63 (1.03) P, B, M, O	3.60 (.94) P, B, Ir, O	3.17 (1.01) I, P, B, Ir, M	<.001	.100	
Delighted	2.60 (1.08) B, O	3.09 (1.18) B, Ir, M, O	3.13 (.98) I, P, Ir, M, O	3.24 (1.11) P, B, M, O	3.33 (1.07) P, B, Ir, O	2.92 (1.10) I, P, B, Ir, M	<.001	.051	
Cheerful	2.19 (1.10) P, B	2.67 (1.19) I, B, Ir, M, O	2.69 (.90) I, P, Ir, M, O	2.90 (1.18) P, B, M, O	3.03 (1.10) P, B, Ir, O	2.96 (1.20) P, B, Ir, M	<.001	.055	
Excited	2.67 (1.10) P, B, O	3.10 (1.18) I, B, Ir, M, O	3.13 (1.13) I, P, Ir, M, O	3.18 (1.09) P, B, M, O	3.45 (1.00) P, B, Ir, O	3.08 (1.18) I, P, B, Ir, M	.001	.046	
Enthusiastic	2.49 (1.12) P, B, O	2.85 (1.12) I, B, Ir, M, O	3.16 (1.22) I, P, Ir, M, O	3.18 (1.20) P, B, M, O	3.12 (1.05) P, B, Ir, O	2.79 (1.14) I, P, B, Ir, M	<.001	.050	
Lively	2.67 (1.11) P, B, Ir, O	2.76 (1.16) I, B, Ir, M, O	3.09 (1.12) I, P, Ir, M, O	3.05 (1.11) I, P, B, M, O	3.14 (1.04) P, B, Ir, O	2.67 (1.01) I, P, B, Ir, M	.009	.034	
Energetic	2.59 (1.10) P, B, Ir, O	2.71 (1.26) I, B, Ir, M, O	2.84 (1.14) I, P, Ir, M, O	3.01 (1.10) I, P, B, M, O	3.11 (1.15) P, B, Ir, O	2.79 (1.14) I, P, B, Ir, M	.009	.034	
Self-assurance							<.001	.028	
Proud	2.45 (1.15) P, B, O	2.64 (1.20) I, B, Ir, M, O	2.91 (1.25) I, P, Ir, M, O	3.15 (1.21) P, B, M, O	3.24 (1.22) P, B, Ir, O	2.96 (1.20) I, P, B, Ir, M	<.001	.056	
Strong	2.56 (1.15) P, B, O	3.00 (1.23) I, B, Ir, M, O	2.94 (.91) I, P, Ir, M, O	3.03 (1.18) P, B, M, O	3.25 (1.11) P, B, Ir, O	2.88 (1.19) I, P, B, Ir, M	.010	.033	
Confident	2.61 (1.20) P, O	3.10 (1.11) I, B, Ir, M, O	3.85 (.56) P, Ir, M, O	3.41 (.87) P, B, M, O	3.53 (.96) P, B, Ir, O	3.56 (.88) I, P, B, Ir, M	<.001	.054	
Bold	2.24 (.96) P, Ir, M, O	2.28 (1.19) I, Ir, M, O	3.03 (1.26) Ir, M, O	2.42 (1.21) I, P, B, M, O	2.66 (1.22) I, P, B, Ir, O	2.42 (1.21) I, P, B, Ir, M	.005	.037	
Daring	2.17 (1.13) P, B, Ir, M, O	2.45 (1.20) I, B, Ir, M, O	2.56 (1.05) I, P, Ir, M, O	2.40 (1.18) I, P, B, M, O	2.66 (1.17) I, P, B, Ir, O	2.37 (1.21) I, P, B, Ir, M	.131	.019	

Fearless		2.04 (1.16) P, Ir, O	2.26 (1.29) I, B, Ir, M, O	2.84 (1.11) P, Ir, M, O	2.37 (1.17) I, P, B, M, O	2.37 (1.14) P, B, Ir, O	1.96 (.91) I, P, B, Ir, M	.004	.038
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Table 2 UK

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Guilt							.060	.019
Guilty	2.17 (1.25) P, B, Ir, M, O	2.07 (1.18) I, B, Ir, M, O	2.47 (1.19) I, P, Ir, M, O	2.08 (1.24) I, P, B, M, O	1.77 (1.08) I, P, B, Ir, O	2.04 (1.20) I, P, B, Ir, M	.396	.011
Ashamed	2.15 (1.18) P, B, M, O	1.85 (1.19) I, B, Ir, M, O	2.03 (1.12) I, P, Ir, M, O	1.70 (1.05) P, B, M, O	1.58 (1.00) I, P, B, Ir, O	1.88 (.99) I, P, B, Ir, M	.041	.026
Blameworthy	2.08 (1.10) P, B, Ir, M, O	1.99 (1.22) I, B, Ir, M, O	2.19 (1.20) I, P, Ir, M, O	1.97 (1.32) I, P, B, M, O	1.86 (1.12) I, P, B, Ir, O	2.08 (1.21) I, P, B, Ir, M	.883	.004
Angry at self	2.55 (1.33) P, B, Ir, M, O	2.18 (1.26) I, B, Ir, M, O	2.72 (1.30) I, P, Ir, M, O	2.30 (1.25) I, P, B, M, O	1.92 (1.18) I, P, B, Ir, O	2.54 (1.38) I, P, B, Ir, M	.207	.016
Disgusted with self	2.08 (1.26) P, B, Ir, M, O	2.02 (1.28) I, B, Ir, M, O	2.00 (1.24) I, P, Ir, M, O	1.84 (1.19) I, P, B, M, O	1.47 (.95) I, P, B, Ir, O	1.88 (1.26) I, P, B, Ir, M	.234	.015
Dissatisfied with self	2.97 (1.28) P, B, M, O	2.53 (1.36) I, B, Ir, M, O	2.91 (1.23) I, P, Ir, M, O	2.35 (1.23) P, B, M, O	2.27 (1.27) I, P, B, Ir, O	2.38 (1.21) I, P, B, Ir, M	.005	.036
Sadness							<.001	.048
Sad	2.97 (1.24) B, O	2.23 (1.24) Ir, M, O	3.16 (1.17) I, O	2.35 (1.19) P, M, O	2.10 (1.21) P, Ir, O	2.58 (1.06) I, P, B, Ir, M	<.001	.063
Blue	2.75 (1.16) P, B, O	2.17 (1.18) I, B, Ir, M, O	2.72 (1.30) I, P, Ir, M, O	2.19 (1.16) P, B, M, O	1.92 (1.18) P, B, Ir, O	2.33 (1.24) I, P, B, Ir, M	.002	.041
Downhearted	2.93 (1.25) B, O	2.19 (1.24) B, Ir, M, O	2.66 (1.10) I, P, Ir, M, O	2.21 (1.09) P, B, M, O	2.13 (1.20) P, B, Ir, O	2.63 (1.28) I, P, B, Ir, M	<.001	.055
Alone	3.25 (1.32) B	2.44 (1.33) B, Ir, O	3.06 (1.24) I, P, O	2.05 (1.17) P, M, O	1.66 (1.11) Ir, O	2.42 (1.25) P, B, Ir, M	<.001	.152
Lonely	3.27 (1.27) B	2.36 (1.29) M, O	3.31 (1.20) I	1.96 (1.13) M, O	1.70 (1.05) P, Ir, O	2.29 (1.27) P, Ir, M	<.001	.183

Table 3 UK

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.87 (2.21) B, O	6.43 (2.27) B, Ir, M, O	4.97 (1.96) I, P, Ir, M, O	6.03 (1.96) P, B, M, O	6.97 (1.83) P, B, Ir, O	5.71 (2.33) I, P, B, Ir, M	<.001	.098
Happy	28.05 (18.62) P, B, O	37.56 (24.77) I, B, Ir, O	39.16 (16.63) I, P, Ir, M, O	40.68 (21.51) P, B, M, O	50.51 (23.59) B, Ir, O	35.00 (18.53) I, P, B, Ir, M	<.001	.075
Unhappy	33.96 (23.33) B, O	21.49 (19.17) B, Ir, M, O	29.16 (15.70) I, P, Ir, M, O	21.91 (17.80) P, B, M, O	20.65 (17.20) P, B, Ir, O	26.79 (21.98) I, P, B, Ir, M	<.001	.058
Neutral	38.31 (19.48) P, B, Ir, M, O	40.56 (23.70) I, B, Ir, O	34.16 (12.83) I, P, Ir, M, O	37.32 (20.78) I, P, B, M, O	29.94 (18.12) I, P, B, Ir, O	36.83 (19.73) I, P, B, Ir, M	.013	.032
Life satisfaction	3.49 (1.30) B, O	4.24 (1.41) B, Ir, O	4.02 (1.06) I, P, Ir, O	4.53 (1.19) P, B, M, O	5.07 (1.24) Ir	4.04 (1.07) I, P, B, Ir	<.001	.130
Meaning in life	3.55 (1.17) P, B, O	4.20 (1.19) I, B, Ir, M, O	3.97 (.90) I, P, Ir, M, O	4.30 (1.24) P, B, M, O	4.95 (1.38) P, B, Ir, O	4.07 (1.10) I, P, B, Ir, M	<.001	.076
Optimism	3.40 (.77) O	3.85 (.86) B, Ir, M, O	3.86 (.83) P, Ir, M, O	3.91 (.83) P, B, M, O	4.15 (.81) P, B, Ir, O	3.77 (.83) I, P, B, Ir, M	<.001	.061

Ukraine

Table 1 Ukraine

Significant effects of the marital status on positive emotions

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	In a relationship	Married	Other	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Joviality							.148	.025
Happy	2.85 (.94) P, B, Ir, M, O	2.91 (1.09) I, B, Ir, M, O	2.71 (.94) I, P, Ir, M, O	3.12 (.94) I, P, B, M, O	2.46 (1.13) I, P, B, Ir, O	2.90 (1.14) I, P, B, Ir, M	.432	.012
Joyful	2.94 (1.01) P, B, Ir, M, O	3.00 (1.09) I, B, Ir, M, O	2.87 (.91) I, P, Ir, M, O	3.13 (.96) I, P, B, M, O	2.54 (1.05) I, P, B, Ir, O	2.90 (1.09) I, P, B, Ir, M	.639	.009
Delighted	2.43 (1.12) P, B, Ir, M, O	2.47 (1.20) I, B, Ir, M, O	2.17 (1.10) I, P, Ir, M, O	2.53 (1.07) I, P, B, M, O	2.23 (1.36) I, P, B, Ir, O	2.57 (1.33) I, P, B, Ir, M	.611	.009
Cheerful	2.67 (.99) P, B, Ir, M, O	2.64 (1.05) I, B, Ir, M, O	2.63 (.93) I, P, Ir, M, O	2.80 (1.02) I, P, B, M, O	1.85 (.90) I, P, B, Ir, O	2.67 (1.16) I, P, B, Ir, M	.112	.023
Excited	3.06 (1.07) P, B, Ir, M, O	2.75 (1.22) I, B, Ir, M, O	2.99 (1.24) I, P, Ir, M, O	2.89 (1.18) I, P, B, M, O	2.69 (1.32) I, P, B, Ir, O	3.00 (1.41) I, P, B, Ir, M	.528	.011
Enthusiastic	2.60 (1.22) P, B, Ir, M, O	2.57 (1.11) I, B, Ir, M, O	2.71 (.98) I, P, Ir, M, O	2.59 (1.04) I, P, B, M, O	2.38 (1.12) I, P, B, Ir, O	2.81 (1.33) I, P, B, Ir, M	.806	.006
Lively	2.72 (1.07) P, B, Ir, M, O	2.69 (1.03) I, B, Ir, M, O	2.69 (1.03) I, P, Ir, M, O	2.79 (.96) I, P, B, M, O	2.77 (1.24) I, P, B, Ir, O	2.76 (1.41) I, P, B, Ir, M	.902	.004
Energetic	2.79 (1.14) P, B, Ir, M, O	2.82 (1.09) I, B, Ir, M, O	2.95 (1.13) I, P, Ir, M, O	2.82 (1.05) I, P, B, M, O	2.38 (1.26) I, P, B, Ir, O	2.71 (1.42) I, P, B, Ir, M	.524	.011
Self-assurance							.720	.013
Proud	2.55 (1.03) P, B, Ir, M, O	2.91 (1.09) I, B, Ir, M, O	2.53 (1.14) I, P, Ir, M, O	2.47 (1.19) I, P, B, M, O	2.46 (.88) I, P, B, Ir, O	2.33 (1.11) I, P, B, Ir, M	.279	.016
Strong	2.52 (1.06) P, B, Ir, M, O	2.77 (1.17) I, B, Ir, M, O	2.61 (1.06) I, P, Ir, M, O	2.68 (1.02) I, P, B, M, O	2.62 (1.19) I, P, B, Ir, O	2.67 (1.35) I, P, B, Ir, M	.927	.004
Confident	2.81 (.99) P, B, Ir, M, O	3.27 (1.08) I, B, Ir, M, O	2.85 (.94) I, P, Ir, M, O	3.02 (1.01) I, P, B, M, O	2.92 (1.04) I, P, B, Ir, O	2.86 (1.42) I, P, B, Ir, M	.090	.024
Bold	2.73 (1.01) P, B, Ir, M, O	3.17 (1.07) I, B, Ir, M, O	3.01 (1.07) I, P, Ir, M, O	2.92 (1.05) I, P, B, M, O	3.15 (1.21) I, P, B, Ir, O	2.90 (1.30) I, P, B, Ir, M	.490	.011
Daring	2.51 (.96) P, B, Ir, M, O	3.00 (1.09) I, B, Ir, M, O	2.79 (1.11) I, P, Ir, M, O	2.79 (1.05) I, P, B, M, O	2.85 (1.07) I, P, B, Ir, O	2.62 (1.40) I, P, B, Ir, M	.504	.011

Fearless		2.42 (1.13) P, B, Ir, M, O	2.69 (1.09) I, B, Ir, M, O	2.64 (1.10) I, P, Ir, M, O	2.57 (1.12) I, P, B, M, O	2.92 (1.12) I, P, B, Ir, O	2.57 (1.36) I, P, B, Ir, M	.986	.002
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Table 2 Ukraine

Significant effects of the marital status on negative emotions

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>	<i>p</i> -value	η_p^2
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)		
Guilt							.660	.013
Guilty	2.18 (1.07) P, B, Ir, M, O	1.97 (1.10) I, B, Ir, M, O	2.01 (1.05) I, P, Ir, M, O	1.99 (1.00) I, P, B, M, O	1.92 (1.04) I, P, B, Ir, O	2.33 (1.32) I, P, B, Ir, M	.678	.008
Ashamed	1.61 (.83) P, B, Ir, M, O	1.43 (.70) I, B, Ir, M, O	1.57 (.87) I, P, Ir, M, O	1.67 (.91) I, P, B, M, O	1.54 (.97) I, P, B, Ir, O	1.90 (1.22) I, P, B, Ir, M	.317	.015
Blameworthy	1.58 (.89) P, B, Ir, M, O	1.52 (.79) I, B, Ir, M, O	1.59 (.82) I, P, Ir, M, O	1.66 (.87) I, P, B, M, O	2.15 (1.21) I, P, B, Ir, O	1.81 (1.03) I, P, B, Ir, M	.550	.010
Angry at self	2.25 (1.02) P, B, Ir, M, O	2.01 (1.01) I, B, Ir, M, O	2.12 (1.07) I, P, Ir, M, O	2.00 (1.02) I, P, B, M, O	2.62 (1.56) I, P, B, Ir, O	2.38 (1.40) I, P, B, Ir, M	.339	.015
Disgusted with self	1.66 (1.02) P, B, Ir, M, O	1.53 (.85) I, B, Ir, M, O	1.75 (.99) I, P, Ir, M, O	1.62 (1.03) I, P, B, M, O	1.85 (1.46) I, P, B, Ir, O	2.10 (1.38) I, P, B, Ir, M	.288	.016
Dissatisfied with self	2.25 (1.11) P, B, Ir, M, O	2.14 (1.01) I, B, Ir, M, O	2.16 (1.12) I, P, Ir, M, O	2.02 (1.05) I, P, B, M, O	2.31 (1.55) I, P, B, Ir, O	2.43 (1.50) I, P, B, Ir, M	.813	.006
Sadness							.001	.027
Sad	2.81 (1.12) P, B, Ir, M, O	2.64 (1.09) I, B, Ir, M, O	2.68 (1.06) I, P, Ir, M, O	2.49 (1.19) I, P, B, M, O	2.77 (1.09) I, P, B, Ir, O	2.81 (1.40) I, P, B, Ir, M	.328	.015
Blue	2.57 (1.13) P, B, Ir, M, O	2.44 (1.13) I, B, Ir, M, O	2.76 (1.14) I, P, Ir, M, O	2.56 (1.19) I, P, B, M, O	2.69 (1.18) I, P, B, Ir, O	2.95 (1.43) I, P, B, Ir, M	.150	.021
Downhearted	2.07 (1.22) P, B, Ir, M, O	2.10 (1.11) I, B, Ir, M, O	2.59 (1.34) I, P, Ir, M, O	2.21 (1.24) I, P, B, M, O	2.38 (1.33) I, P, B, Ir, O	2.52 (1.50) I, P, B, Ir, M	.082	.025
Alone	2.24 (1.30) P, B, Ir, M, O	2.29 (1.32) I, B, Ir, M, O	2.23 (1.32) I, P, Ir, M, O	1.90 (1.16) I, P, B, M, O	2.31 (1.32) I, P, B, Ir, O	1.95 (1.36) I, P, B, Ir, M	.367	.014
Lonely	2.54 (1.17) P, B, M, O	2.34 (1.14) I, B, M, O	2.48 (1.84) I, P, M, O	1.84 (1.12) M, O	2.31 (1.49) I, P, B, Ir, O	2.24 (1.45) I, P, B, Ir, M	.001	.054

Table 3 Ukraine

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>In a relationship</i>	<i>Married</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.63 (1.55) P, B, Ir, M, O	4.43 (2.04) I, B, Ir, M, O	4.37 (1.60) I, P, Ir, M, O	4.10 (1.81) I, P, B, M, O	4.69 (2.72) I, P, B, Ir, O	4.62 (2.31) I, P, B, Ir, M	.443	.012
Happy	29.72 (20.52) P, B, Ir, M, O	29.12 (21.94) I, B, Ir, M, O	36.59 (21.40) I, P, M, O	25.14 (17.94) I, P, M, O	30.77 (21.50) I, P, B, Ir, O	23.62 (20.70) I, P, B, Ir, M	.001	.052
Unhappy	45.78 (21.84) P, B, Ir, M, O	52.16 (23.58) I, B, Ir, M, O	49.21 (21.97) I, P, Ir, M, O	53.34 (22.58) I, P, B, M, O	44.69 (19.77) I, P, B, Ir, O	49.00 (28.82) I, P, B, Ir, M	.565	.010
Neutral	45.85 (22.72) P, B, Ir, M, O	46.01 (23.41) I, B, Ir, M, O	47.97 (24.65) I, P, Ir, M, O	41.36 (20.71) I, P, B, M, O	39.54 (21.71) I, P, B, Ir, O	37.38 (22.95) I, P, B, Ir, M	.164	.020
Life satisfaction	3.65 (.81) P, B, Ir, M, O	3.91 (1.18) I, B, Ir, M, O	4.01 (.96) I, P, Ir, M, O	4.10 (.94) I, P, B, M, O	4.05 (1.22) I, P, B, Ir, O	4.18 (1.13) I, P, B, Ir, M	.187	.019
Meaning in life	3.89 (1.10) P, B, Ir, M, O	4.08 (1.09) I, B, Ir, M, O	4.11 (1.00) I, P, Ir, M, O	4.24 (.96) I, P, B, M, O	3.98 (1.15) I, P, B, Ir, O	4.10 (1.22) I, P, B, Ir, M	.152	.021
Optimism	4.06 (.45) P, B, Ir, M, O	4.15 (.55) I, B, Ir, M, O	4.16 (.47) I, P, Ir, M, O	4.20 (.49) I, P, B, M, O	3.98 (.50) I, P, B, Ir, O	4.07 (.73) I, P, B, Ir, M	.465	.012