

1 **Iron is critical for mucosal-associated invariant T cell metabolism and**
2 **effector functions**

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35 **Abstract**

36 Mucosal Associated Invariant T (MAIT) cells are a population of innate T cells which
37 play a critical role in host protection against bacterial and viral pathogens. Upon
38 activation, MAIT cells can rapidly respond via both T cell receptor dependent and
39 independent mechanisms, resulting in robust cytokine production. The metabolic and
40 nutritional requirements for optimal MAIT cell effector responses are still emerging.
41 Iron is an important micronutrient, and is essential for cellular fitness, in particular
42 cellular metabolism. Iron is also critical for many pathogenic microbes, including those
43 which activate MAIT cells. However, iron has not been investigated with respect to
44 MAIT cell metabolic or functional responses. In this study we show that human MAIT
45 cells require exogenous iron, transported via CD71 for optimal metabolic activity in
46 MAIT cells, including their production of ATP. We demonstrate that restricting iron
47 availability by either chelating environmental iron or blocking CD71 on MAIT cells
48 results in impaired cytokine production and proliferation. These data collectively
49 highlight the importance of a CD71-iron axis for human MAIT cell metabolism and
50 functionality, an axis which may have implications in conditions where iron availability
51 is limited.

52

53 **Key Points**

- 54 • Activated MAIT cells increase iron uptake via CD71
55 • MAIT cell metabolism and functionality is dependent on a CD71-iron axis

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60 **Introduction**

61 Mucosal Associated Invariant T (MAIT) cells are a population of non-MHC restricted T
62 cells that are important in the immune defence against bacterial and viral infections(1-
63 5). MAIT cells are rapidly responding T cells that are capable of producing multiple
64 cytokines upon activation such as IFN- γ , TNF and IL-17(1, 6). MAIT cells are activated
65 when their invariant T cell receptor (TCR) recognises bacterial riboflavin derivatives
66 presented on the MHC like molecule MR1(5, 6). In contrast, they can also be activated
67 in a TCR- independent manner, via stimulation with cytokines such as IL-18(7, 8).
68 Recently, several studies have highlighted the importance of metabolism for MAIT cell
69 functional responses(9). Our group and others have demonstrated that MAIT cells are
70 reliant on glycolysis to support their production of IFN γ and Granzyme B(10-12),
71 whereas IL-17 production by MAIT cells has been linked to mitochondrial
72 metabolism(13, 14). However, our knowledge of the nutritional requirements of MAIT
73 cells remains limited.

74

75 Iron is an essential trace element for all multicellular organisms, and is critical for a
76 range of physiological processes including oxygen transport and energy
77 production(15). Iron is also critical for the majority of microorganisms, and successful
78 iron sequestration is required to establish infection(16). Iron availability is regulated
79 by the liver-derived hormone, hepcidin. Increased hepcidin production occurs in
80 response to infection and inflammation, and results in reduced iron availability, a
81 mechanism of host protection(17, 18). However, previous studies have demonstrated
82 that conventional T cell responses are negatively impacted by low iron levels, with
83 reduced proliferation and effector functions(19, 20). Whether MAIT cells require iron
84 for their metabolic processes and effector responses is currently unknown.

85

86 In the current study, we demonstrate that MAIT cells upregulate their expression of
87 the transferrin receptor, CD71, upon activation, correlating with a significant increase
88 in the uptake of transferrin-bound iron. *In silico* analysis of the MAIT cell proteome
89 reveals that MAIT cells increase their overall iron content upon activation. We
90 demonstrate that MAIT cell metabolism is limited, and the metabolic profile altered,
91 under iron-deplete conditions, and this is associated with a robust reduction in ATP

92 levels. Finally, we demonstrate that extracellular iron-restriction impairs MAIT cell
93 functional responses, lending to a reduced proliferative capacity and diminished
94 cytokine production. Collectively our data pinpoint MAIT cells as another player in the
95 iron tug-of-war between pathogenic invaders and host immunity.

96

97 **Materials & methods**

98 **Study Cohorts & Ethical Approval.** A total cohort of healthy 30 adult donors were
99 recruited. Inclusion criteria included ability to give informed consent, 18-65 years of
100 age, BMI<28, no current or recent (<2 weeks) infection. Ethical approval was obtained
101 from both St Vincent's University Medical Ethics Committee and Maynooth University
102 Ethics Committee.

103

104 **Preparation of Peripheral Blood Mononuclear Cells (PBMC) and Flow Cytometric**

105 **Analysis.** PBMC samples were isolated, using SepMate isolation tubes, by density-
106 centrifugation over Lymphoprep (both STEMCELL Technologies), from fresh human-
107 peripheral blood samples. Cell viability was determined using eBioscience Fixable
108 Viability Dye (eFluor506), and MAIT cells were phenotyped using specific extracellular
109 monoclonal antibodies (Miltenyi Biotec and BioLegend), namely CD3, CD161,
110 TCRV α 7.2, and CD71. Where appropriate, cells were fixed and permeabilized
111 according to manufacturer guidelines, using the True-Nuclear Transcription Factor
112 Buffer set (BioLegend). Cell populations were identified using an Attune NXT flow
113 cytometer and analysed using FlowJo version 10.8.2 (TreeStar). Results are expressed
114 either as a percentage of the parent population as indicated and determined using
115 flow minus one (FMO) and unstained controls; or as the mean fluorescence intensity
116 (MFI) of the relevant population.

117

118 **MAIT Cell Transferrin Uptake Assay.** PBMC (2×10^6 /ml) were activated using
119 CD3/CD28 TCR Dynabeads (Gibco) and IL-18 (50ng/ml) or cytokine alone (IL-12/IL-18
120 both 50ng/ml) for 18 hours as indicated. Cells were rested in serum-free HPLM with
121 5% BSA for 2 hours. Cells were then washed in serum-free HPLM with 0.5% BSA and
122 incubated with 5 μ g/ml Transferrin-AlexaFluor647 (Invitrogen) for 10 minutes at 37°C.
123 Holo-transferrin (500 μ g/ml, Sigma-Aldrich) was used to competitively control for
124 transferrin-uptake. Cells were washed in ice-cold HPLM with 0.5% BSA to stop
125 membrane trafficking. Cells were then stained for viability, and MAIT cells or
126 conventional T cells were labelled for extracellular markers, to be analysed by flow
127 cytometry.

128

129 ***In Silico* Proteomic Analysis.** Publicly available proteomic data set of MAIT cells were
130 downloaded from PRIDE accession number PXD041544
131 (<https://www.ebi.ac.uk/pride/archive/projects/PXD041544>). A list of human iron
132 interacting proteins was provided by Andreini et al(21). Using the protocol from Teh
133 and colleagues(22), the list of human iron interacting proteins was compared and
134 aligned against the complete list of proteins detected in the human MAIT cell
135 proteomic dataset. Matches were extracted and listed in Table S1. To estimate the
136 iron atom counts per protein species the copy number value of each iron interacting
137 protein was multiplied by the iron atom counts per protein. If available, iron atom
138 counts per protein were obtained using the Uniprot database cofactor information for
139 each protein. Where iron counts were not available, estimates of iron usage per
140 protein species were assumed to be 1 atom for heme and iron interacting proteins
141 and 2 atoms for FE-S cluster interacting proteins. The total number of iron atoms
142 required per cell was calculated as the sum of iron atoms required by each protein
143 species.

144

145 **MAIT Cell SCENITH Assay.** Fresh PBMC (2×10^6 /mL) were activated using CD3/CD28
146 TCR Dynabeads, and IL-18 (50ng/mL) for 18 hours. Cells were seeded into a 96-well
147 plate, and treated as a control, or with 2-Deoxy-D-Glucose (100mM), Oligomycin
148 (1 μ M), or both. Following incubation at 37°C for 15 minutes, cells were treated with
149 Puromycin (11 μ M) and incubated for a further 25 minutes. Cells were washed with
150 ice-cold PBS to stop puromycin incorporation. Cells were then stained for viability.
151 MAIT cells were stained for extracellular markers and fixed, as outlined above.
152 Staining of puromycin was achieved using anti-puromycin monoclonal antibody
153 (AlexaFluor488, Sigma), in permeabilization buffer (BioLegend).

154

155 **MAIT Cell Seahorse Assay.** Purified MAIT cells (IL-2 expanded) were activated using
156 CD3/CD28 TCR Dynabeads, and IL-18 (50ng/mL) for 18 hours in the absence or
157 presence of DFO (200 μ M, Sigma) and metabolic analysis was carried out using the
158 Seahorse Extracellular Flux Analyzer XFe96 (Agilent). MAIT cells were resuspended in
159 phenol red-free RPMI media containing 10mM glucose, 2mM glutamine and 1mM
160 pyruvate (Agilent) and plated onto a Cell-Tak (Corning) coated microplate for

161 adhesion. Respiratory parameter (mitochondrial and glycolytic) were measured using
162 OCR (pmole/min) and ECAR (mpH/min), respectively, using injections of oligomycin
163 (1 μ M), FCCP (1 μ M), rotenone and antimycin A (both 1 μ M) and monensin (20 μ M) (All
164 Sigma). Metabolic parameters were calculated as per well-established protocols(23,
165 24).

166

167 **MAIT Cell Mitochondrial Analysis.** Fresh PBMC (2×10^6 /mL) were activated using
168 CD3/CD28 TCR Dynabeads, and IL18 (50ng/mL) for 18 hours, in the absence or
169 presence of DFO (200 μ M, Sigma). Cells were seeded into a 96-well plate, and washed
170 in serum-free buffer. Cells were then stained for viability as outlined above, and MAIT
171 cells were stained for extracellular markers. Cells were then washed, and stained with
172 Mitotracker Deep Red FM (50 μ M, ThermoFisher Scientific) and Mitotracker Green
173 (50 μ M, ThermoFisher Scientific) in PBS, and incubated for 1 hour at 37°C. Cells were
174 subsequently analysed by flow-cytometric analysis.

175

176 **MAIT Cell ATP Assay.** Interleukin-2 expanded MAIT cells (1×10^6 /ml) were stimulated
177 using CD3/CD28 TCR Dynabeads, and IL18 (50ng/mL) for 18 hours. ATP levels were
178 measured using a luminescence ATP assay kit (abcam). Reagents in the kit were
179 reconstituted as per manufacturer's instructions. A standard curve was also prepared
180 as per the kit's the instructions. MAIT cells were harvested and washed with PBS.
181 100 μ L of resuspended MAIT cells was added to a black walled, clear bottomed plate.
182 50 μ L of detergent was added to each well and the plate was placed on an orbital
183 shaker for 5 minutes at 600-700 rpm. 50 μ l of substrate solution was added and the
184 plate was returned to the orbital shaker for 5 minutes at 600-700 rpm. The plate was
185 then covered and placed in the dark for 10 minutes before luminescence was
186 measured on a multimode plate reader (CLARIOstar).

187

188 **MAIT Cell Functional Analysis.** IL-2 expanded MAIT cells were activated using
189 CD3/CD28 TCR Dynabeads and IL-18 (50ng/ml) for 18 hours in the absence or presence
190 of DFO (100 μ M), or anti-CD71 monoclonal antibody (20 μ g/mL). An appropriate IgG

191 isotype control was used in blocking experiments. After 18 hours, culture
192 supernatants were assessed for IFN γ , IL-17 or IL-26 levels using ELISA.

193 **MAIT Cell *E. coli* stimulation assay.** Freshly isolated MAIT cells were incubated with
194 20 μ g/mL anti-CD71 monoclonal antibody (Invitrogen) for 1 hour. Meanwhile, THP-1
195 cells (ATCC TIB-202) were pre-pulsed for 1 hour with fixed *E. coli* (DH5 α) at an MOI of
196 100. At the end of an hour, representative THP-1 cells with and without *E. coli* were
197 counted and titrated to match the number of MAIT cells at a 1:1 ratio, and MAIT cells
198 were cocultured with THP-1 overnight. Four hours before staining for flow cytometry,
199 cells were centrifuged and resuspended in media containing brefeldin A (Invitrogen).
200 Intracellular cytokine (IFN γ and Granzyme B) levels were assessed using flow
201 cytometry (Cytex Aurora) .

202
203 **MAIT Cell Proliferation Analysis.** Fresh PBMC (1 x 10⁶ /ml) were stimulated for 24
204 hours with 5 μ g/mL of 5-ARU and 100 μ M of Methylglyoxal, in the absence or presence
205 of DFO (200 μ M) and FeSO₄ • 7H₂O (200 μ M, Sigma). After 24 hours, culture media was
206 replaced with fresh culture media containing IL-2 (6.8 ng/mL). After 48 hours, culture
207 media was replaced with fresh culture media containing IL-2 (34 ng/ mL) . On day 5,
208 absolute cell numbers were determined using flow cytometric analysis of MAIT cell
209 frequencies, and total cell counts.

210
211 **Statistics.** Statistical analysis was completed using Graph Pad Prism 6 Software (USA).
212 Data is expressed as SEM. Distribution was assessed using Shapiro-Wilk test. We
213 determined differences between two groups using Student T-test (paired or unpaired)
214 or Wilcoxon Signed-Rank test where appropriate. Analysis across 3 or more groups
215 was performed using ANOVA with multiple measures. Correlations were determined
216 using linear regression models and expressed using Pearson or Spearman's rank
217 correlation coefficient, as appropriate. P values were expressed with significance set
218 at <0.05.

219

220 **RESULTS**

221

222 **MAIT cells increase their expression of the transferrin transporter CD71 upon**
223 **activation.**

224 First we demonstrate that MAIT cells from PBMC increase transferrin receptor (CD71)
225 surface expression in response to TCR/IL18 stimulation but not cytokine alone. (Fig1
226 A-D & Figure S1). We then compared CD71 expression on activated MAIT cells and
227 activated conventional T cells and noted higher CD71 expression on conventional T
228 cells (Figure 1E). Next, we investigated whether MAIT cells altered their CD71
229 expression under restricted iron conditions. In order to do this, we limited iron
230 availability in our culture system using the iron chelator deferoxamine (DFO) which
231 did not impact MAIT cell viability at 18 hours (Figure S2). Resting MAIT cells do not
232 have high levels of CD71 expression however upon iron depletion both the proportion
233 of MAIT cells which express CD71 and the amount of CD71 expressed was increased ,
234 and this was also evident in TCR/IL18 activated MAIT cells (Figure 1F-H & Figure S2),
235 suggesting a compensatory mechanism to support iron uptake. Next, we investigated
236 the functionality of CD71, using a transferrin uptake assay, and show increased
237 transferrin uptake (both % of MAIT cells and MFI) by activated MAIT cells, and again
238 noted higher uptake by activated conventional T cells (Figure 1I-M). Finally, we
239 demonstrate a linear relationship between CD71 expression and transferrin uptake in
240 activated MAIT cells (Figure 1N).

241

242 ***In silico* analysis of the MAIT cell proteome reveals increased iron content upon**
243 **activation.**

244 To assess the iron requirements of MAIT cells, we performed *in silico* pathway analysis
245 of a previously published proteomics data-set(12). We found that IL-2 expanded MAIT
246 cells express high basal expression of ferritin, the protein responsible for iron storage,
247 which is reduced upon activation (Figure 2A-B). Next, we determined the number of
248 iron-interacting proteins in MAIT cells, and identified 135 proteins in total,
249 representative of 2.3% of the total proteome (Figure 2C & Table S1). Pathway analysis
250 revealed these proteins were intrinsic to many processes, including a major
251 involvement in cellular metabolism (Figure 2D). Using a recently published

252 algorithm(22) which determines cellular iron content, based on number of iron
253 containing proteins multiplied by the number of iron atoms per protein, we
254 determined the predicted iron content from the MAIT cell dataset , and show an
255 approximately 1×10^7 iron atoms in MAIT cells, increasing significantly upon activation
256 (Figure 2E). Finally, we found that the iron content of MAIT cells is associated with
257 Heme and iron-sulphur clusters (Figure 2F-G).

258

259 **Iron is a critical co-factor for MAIT cell metabolism.**

260 We next investigated if limiting iron availability in our culture system using the iron
261 chelator deferoxamine (DFO) impacted MAIT cell metabolism. Using protein
262 translation as functional readout of metabolism, we demonstrate that activated MAIT
263 cells significantly increase protein translation after stimulation (Figure 3A-B), and
264 protein translation is limited when MAIT cells are activated in the presence of DFO
265 (Figure 3C-D & Figure S2). A recently published method, SCENITH(25), demonstrated
266 that the measurement of protein translation, paired with the use of metabolic
267 inhibitors such as 2-deoxyglucose (2DG) and oligomycin, allows for metabolic analysis
268 of cells at a single cell level. Using the SCENITH approach (Figure S2), we demonstrate
269 that iron-restricted MAIT cells increase their dependency on glucose metabolism
270 (Figure 3E), and this was paired with a decreased capacity to undergo oxidative-linked
271 metabolic processes (Figure 3F). With this reduction in oxidative metabolism, we next
272 examined the impact of limiting iron on the mitochondrial phenotype, and observed
273 modest increases in both mitochondrial mass (MitoTracker Green) and membrane
274 potential (MitoTracker Deep Red) (Figure 3G-H). To confirm these observations we
275 next investigated the impact of iron restriction via DFO treatment on MAIT cell
276 metabolism using extracellular flux analysis and noted strong inhibition in the rates of
277 oxidative phosphorylation (Figure 3I-J). We also noted reduced rates of glycolysis
278 (Figure S3). Furthermore, when we tested the mitochondrial capacity of MAIT cells
279 using the FCCP treatment we observed a striking reduction with DFO treatment
280 (Figure 3K). Finally, we examined the impact of low iron availability, using a
281 monoclonal antibody to block CD71, on ATP levels in MAIT cells, and demonstrate that
282 iron restriction limits ATP production. (Figure 3L), a finding supported by our Seahorse
283 analysis (Figure S3).

284 **MAIT cell functional responses require extracellular iron**

285 We next investigated if MAIT cells require extracellular iron for their functional
286 responses. We assessed the impact of DFO treatment on MAIT cell in PBMC ability to
287 produce IFN γ via flow cytometry and observed a reduction with iron restriction (Figure
288 4A). Next we investigated the impact of DFO on the cytokine responses of isolated
289 MAIT cells and show reductions in IFN γ , IL-17 and IL-2 levels (Figure 4B-D). To confirm
290 the impact of low iron availability on MAIT cell IFN γ production, we switched our
291 approach to block CD71 and again demonstrate significant reductions in IFN γ levels
292 (Figure 4E). We next assessed the impact of limiting iron availability on MAIT cell
293 production of the antimicrobial cytokine IL-26, and demonstrate significantly reduced
294 levels with CD71 blockade (Figure 4F). We next assessed the impact of iron restriction
295 via CD71 blockade on freshly isolated MAIT cell responses to THP-1 cells infected with
296 *E. Coli* and demonstrated significant reductions in both IFN γ and granzyme B
297 production (Figure 4G-H). With the noted impact of iron restriction on MAIT cell
298 metabolism, we sought to assess the impact of long-term iron restriction on MAIT cell
299 proliferative capacity and viability. We first show that MAIT cells proliferation is
300 inhibited with the addition of the ATP synthase inhibitor oligomycin (Figure 4I), and
301 then demonstrated that MAIT cells fail to proliferate under low iron conditions, and
302 this was paired with a significant reduction in cell viability, which was significantly
303 improved with the addition of FeSO₄, which bypasses CD71 (Figure 4J-K).

304

305 **Discussion.**

306

307 MAIT cells are a subset of unconventional T cells capable of rapidly responding to
308 stimulation, producing cytokines, lytic molecules and proliferating(26). MAIT cells are
309 key mediators of host protection against many bacterial and viral pathogens(2, 3, 27-
310 29). Immune responses are metabolically intense processes, with significant energy
311 demands required to support *de novo* generation of biosynthetic intermediates(30).
312 The metabolic processes and nutrient requirements that govern MAIT cell effector
313 responses are rapidly emerging but still incomplete(10-13, 31). Iron is an essential
314 microelement and is critical for almost all living organisms, including humans and the
315 majority of microbes(15). Iron plays a critical role in cellular metabolism and energy

316 production, and is vital for conventional T cell immunity(19, 20). The iron
317 requirements of MAIT cells are unknown. In this study, we show that MAIT cell
318 metabolism and functional responses, namely cytokine production and proliferation,
319 are governed by extracellular iron availability. We show that activated MAIT cells
320 increase their expression of CD71, the transferrin receptor, and that iron-restriction
321 significantly diminishes MAIT cell protein translation and ATP production.
322 Consequently, MAIT cells present with a reduced capacity to proliferate, and
323 diminished production of several cytokines central to MAIT cell host protective
324 function.

325

326 The majority of bioavailable iron in the circulation is bound to transferrin which is
327 taken into cells via the transferrin receptor TfR1, also known as CD71(32). We first
328 examined MAIT cells for the expression of CD71 and found low basal expression but
329 significant increases in expression after stimulation with TCR beads/IL-18 but not IL-
330 12/IL-18 suggesting a TCR dependency, this supports our previous study which
331 highlighted CD71 as a MYC target, which is an important transcription factor
332 upregulated by TCR stimulation in MAIT cells(12). Previous studies have reported
333 similar activation induced increases in CD71 expression on activated T cells and NK
334 cells(33, 34). Interestingly, a missense mutation in TFRC, the gene encoding CD71,
335 resulted in immunodeficiency underpinned by defective T cells(35). In line with
336 increased CD71 expression, we observed increased uptake of transferrin by activated
337 MAIT cells, similar to that reported in both conventional CD4+ and CD8+ T cells(36).
338 MAIT cells are primarily CD8+, and recently it was demonstrated that CD8 receptor
339 expression was critical for optimal TCR driven responses in MAIT cells(37). In a recent
340 study by Teh and colleagues, they reported greater iron dynamics in CD8+ T cells
341 compared to CD4+ T cells, which is supported by proteomic data from Howden et al
342 where they demonstrated that CD8+ T cells express more CD71 than CD4+ T cells(33).
343 To investigate the iron dynamics of MAIT cells we performed *in silico* analysis of our
344 publicly available proteomic dataset(12). We found that MAIT cells decrease their
345 levels of ferritin, suggesting mobilization of iron stores(38). Using the approach
346 introduced by Teh et al for determining cellular iron content based on proteomic
347 analysis(22) , we found that MAIT cells contain 135 proteins with iron binding sites

348 and significantly increase their predicted iron content upon activation, similar to that
349 observed in conventional T cell subsets(22).

350

351 Pathway analysis of the 135 proteins with iron binding sites present in MAIT cells
352 highlighted cellular metabolism as a major process central to these proteins. Similarly,
353 Teh and colleagues found that the majority of intracellular iron in T cells was utilized
354 in oxidative phosphorylation(22). Therefore, we next assessed the impact of altered
355 iron availability on MAIT cell metabolism and functional responses. We used two
356 different approaches to limit MAIT cell access to extracellular iron; (1) we utilized the
357 iron chelator deferoxamine (DFO) which removes iron from ferritin(39), (2) we utilized
358 a monoclonal antibody specific for CD71 with blocking activity(40). To assess the
359 impact of low iron availability on MAIT cell metabolism we used two different
360 approaches, Seahorse extracellular flux analysis and a recently published method
361 SCENITH, which monitors rapid changes in protein translation paired with a series of
362 metabolic inhibitors to profile cellular metabolism at a single cell level(25). Using
363 SCENITH, we found that MAIT cells significantly increase protein translation upon
364 activation. This supports our recent publication where we demonstrated significant
365 increases in protein content in activated MAIT cells(12). In the presence of DFO,
366 protein translation was reduced in activated MAIT cells, suggesting that iron supports
367 global MAIT cell metabolism. This was confirmed by our Seahorse data which showed
368 reduced rates of glycolysis and to a greater extent reduced rates of OxPhos. Similarly
369 in activated NK cells, treatment with DFO resulted in reduced cell size, indicative of
370 reduced protein content and metabolism(34). Paired with reduced protein
371 translation, limited iron availability also reduced the oxidative capacity of activated
372 MAIT cells, suggesting altered mitochondria, similar to that reported in conventional
373 T cells by Frost and colleagues(20). In the same study by Frost *et al*, iron deficiency
374 resulted in reduced ATP production and an accumulation of dysregulated
375 mitochondria in CD8+ T cells(20). We observed only modest changes in mitochondrial
376 phenotype, but note the longer timeframe in the study by Frost *et al* compared to our
377 overnight timepoint. We did however find reduced mitochondrial capacity and ATP
378 levels in MAIT cells activated in the presence of limited iron availability.

379

380 Iron is critical for the majority of commensal and pathogenic bacteria, and during
381 infection, in response to inflammation, the host restricts the accessibility of iron as a
382 protective measure. Many pathogenic bacteria synthesize iron chelators called
383 siderophores to scavenge host iron, resulting in an iron tug-o-war(41). One of the
384 major roles for MAIT cells is mediating host protection against bacteria(27, 42-44).
385 Interestingly, several bacteria which elicit MAIT cell responses *in vivo*, such as
386 *Salmonella typhimurium*(45), *Klebsiella pneumoniae*(46) and *Legionella*
387 *longbeachae*(47) utilize siderophores as a virulence factor(48-50). Therefore, we
388 investigated if MAIT cells need iron for their effector functions, the primary of which
389 is cytokine production. Previously, we had found IFN γ the most abundant cytokine
390 produced by MAIT cells, and here we demonstrate that limiting iron availability limits
391 the levels of IFN γ secreted in response to either TCR stimulating beads or THP-1 cells
392 infected with *E. coli*. Similarly, in a model of hepcidin driven hypoferremia, antigen
393 specific CD8 T cells produced less IFN γ than in control mice, highlighting the
394 importance of iron for conventional T cell responses. Interleukin-26 is cytokine with
395 direct antimicrobial activity produced by MAIT cells, and part of MAIT cell responses
396 to infection in the lung(28). We found that IL-26 production by MAIT cells was also
397 reduced under limited iron conditions. Another key effector function required for
398 MAIT cell host defence is the ability to proliferate(51). We found that under iron
399 restriction MAIT cells failed to proliferate, likely linking into the reduced metabolism
400 observed. In CD4 T cells, iron was also required for proliferation, and the authors
401 linked this failure to altered mitochondrial metabolism(19), supporting our data which
402 demonstrated significant reduction in MAIT cell proliferation with ATP synthase
403 inhibition. In summary our study highlights the importance of iron for MAIT cell
404 metabolic and functional responses, and may have implications in conditions where
405 iron availability is limited.

406

407 **Contributors Statement:** EKR, CC, CDB, BJJ and CMcK performed the experiments,
408 carried out analysis and approved the final manuscript as submitted. SOS and DKF
409 performed proteomic analysis, helped with study design, analysis and approved the
410 final manuscript as submitted. OR, HH and DOS recruited study participants and
411 helped with study design, analysis and approved the final manuscript as submitted.
412 DOS, FW, DTL, NJ, LVS & AEH conceptualized and designed the study, analyzed the
413 data, drafted the manuscript, and approved the final manuscript as submitted.

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636 **Figure Legends**

637

638 **Figure 1. MAIT cells increase CD71 and transferrin uptake upon activation.** (A-D) Flow
639 cytometric dot plots, scatter plots, and representative flow cytometric histograms
640 showing CD71 expression in MAIT cells, basal or stimulated for 18 hr with anti-
641 CD3/CD28 TCR beads and IL-18. (E) Scatter plot comparing CD71 expression on MAIT
642 cells and conventional T cells (non-MAIT CD3⁺ cells) after 18 hours stimulation with
643 anti-CD3/CD28 TCR beads and IL-18. (F-H) Flow cytometric dot plots, scatter plots, and
644 representative flow cytometric histograms showing CD71 expression in MAIT cells,
645 basal or stimulated for 18 hr with anti-CD3/CD28 TCR beads and IL-18, in the absence
646 or presence of the iron chelator, deferoxamine (DFO). (I-L) Flow cytometric dot plots,
647 scatter plots, and representative flow-cytometric histograms showing transferrin
648 content in MAIT cells, basal or stimulated for 18 hr with anti-CD3/CD28 TCR beads and
649 IL-18. (M) Scatter plot comparing transferrin uptake by MAIT cells and conventional T
650 cells (non-MAIT CD3⁺ cells) after 18 hours stimulation with anti-CD3/CD28 TCR beads
651 and IL-18. (N) Correlation plot showing the relationship between CD71 expression and
652 Transferrin uptake in activated MAIT cells (18 hr with anti-CD3/CD28 TCR beads and
653 IL-18). * p<0.05, ** p<0.01, *** p<0.001 and **** p<0.0001.

654

655 **Figure 2. MAIT cells store and utilize iron.** (A and B). Scatter plot showing protein copy
656 number of the heavy and light chain subunits of ferritin in IL-2 expanded MAIT cells,
657 basal or stimulated for 18 hr with anti-CD3/CD28 TCR beads and IL-18. (C) Heat map
658 of iron-related protein content in IL-2 expanded MAIT cells, basal or stimulated for 18
659 hr with anti-CD3/CD28 TCR beads and IL-18. (D) Pie graph showing proportional
660 pathway analysis based on iron-related protein content in MAIT cells (analysis
661 performed with Panther). (E-G) Estimated iron, heme and iron-sulphur cluster atoms
662 extrapolated from proteome of IL-2 expanded MAIT cells, basal or stimulated for 18
663 hr with anti-CD3/CD28 TCR beads and IL-18. * p<0.05.

664

665 **Figure 3. Iron restriction alters MAIT cells metabolism.** (A-D) Representative flow
666 cytometric histograms and scatter plots showing puromycin incorporation in MAIT
667 cells, basal or stimulated for 18 hr with anti-CD3/CD28 TCR beads and IL-18, in the
668 absence or presence of the iron chelator, deferoxamine (DFO). (E) Scatter plot

669 showing percentage dependency on glucose metabolism in MAIT cells stimulated for
670 18 hr with anti-CD3/CD28 TCR beads and IL-18, in the presence or absence of DFO. (F)
671 Scatter plot showing percentage dependency on fatty acid oxidation and amino acid
672 oxidation in MAIT cells stimulated for 18 hr with anti-CD3/CD28 TCR beads and IL-18,
673 in the presence or absence of DFO. (G and H) Scatter plots showing the mean-
674 fluorescence intensity (MFI) of Mitotracker Green and Mitotracker Deep Red ,
675 depicting mitochondrial mass and mitochondrial membrane potential, respectively, in
676 MAIT cells stimulated with anti-CD3/CD28 TCR beads and IL-18 for 18hr, in the
677 presence or absence of DFO. (I-J) Representative seahorse trace and scatter plot
678 showing oxygen consumption rates (OCR) in MAIT cells stimulated with anti-
679 CD3/CD28 TCR beads and IL-18 for 24hr, in the presence or absence of DFO. (K) Scatter
680 plot showing the mitochondrial capacity (post FCCP treatment) in MAIT cells
681 stimulated with anti-CD3/CD28 TCR beads and IL-18 for 24hr, in the presence or
682 absence of DFO. (L) Scatter plot showing the impact of an anti-CD71 monoclonal with
683 blocking activity on ATP production in MAIT cells stimulated with anti-CD3/CD28 TCR
684 beads and IL-18 for 18hr. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ and **** $p < 0.0001$.

685

686 **Figure 4. MAIT cells require iron for their functional responses.** (A) Representative
687 flow cytometry histogram and scatter plot showing IFN- γ levels (mean fluorescence
688 intensity (MFI)) in MAIT cells stimulated with anti-CD3/CD28 TCR beads and IL-18 for
689 18hr, in the absence or presence of the iron chelator, deferoxamine (DFO) measured
690 by flow cytometry. (B-D) Scatter plots showing IFN- γ , IL-17 and IL-2 secreted protein
691 levels (normalised to assay) in IL-2 expanded MAIT cells stimulated with anti-
692 CD3/CD28 TCR beads and IL-18 for 18hr, in the absence or presence DFO, as measured
693 by ELISA. (E and F) Scatter plots showing the impact of an anti-CD71 monoclonal with
694 blocking activity on IFN- γ and IL-26 secreted protein levels (normalised to assay) in IL-
695 2 expanded MAIT cells stimulated with anti-CD3/CD28 TCR beads and IL-18 for 18hr,
696 as measured by ELISA. (G-H) Line graph showing IFN- γ or granzyme B levels
697 (percentage of parent population) in MAIT cells co-cultured at 1:1 ratio with THP-1
698 cells alone or pre-pulsed with fixed *E. coli* (DH5 α) for 18hr, in the absence or presence
699 of the anti-CD71 monoclonal with blocking activity, as measured by flow cytometry.
700 (I) Scatter plot showing the impact of the ATP-synthase inhibitor, oligomycin, on MAIT

701 cell proliferative capacity (during a 5 day IL-2 mediated MAIT cell expansion culture),
702 whereby the mean fluorescence intensity (MFI) of the intracellular dye CellTrace
703 Violet decreases with each cycle of cell division. (J and K) Scatter plots showing the
704 impact of long-term iron depletion via DFO, and alternative iron repletion via Iron(II)
705 sulfate heptahydrate ($\text{FeSO}_4 \bullet 7\text{H}_2\text{O}$) on MAIT cell proliferation and viability, during a
706 5 day IL-2 mediated MAIT cell expansion culture. * $p < 0.05$, ** $p < 0.01$ and ***
707 $p < 0.001$.
708

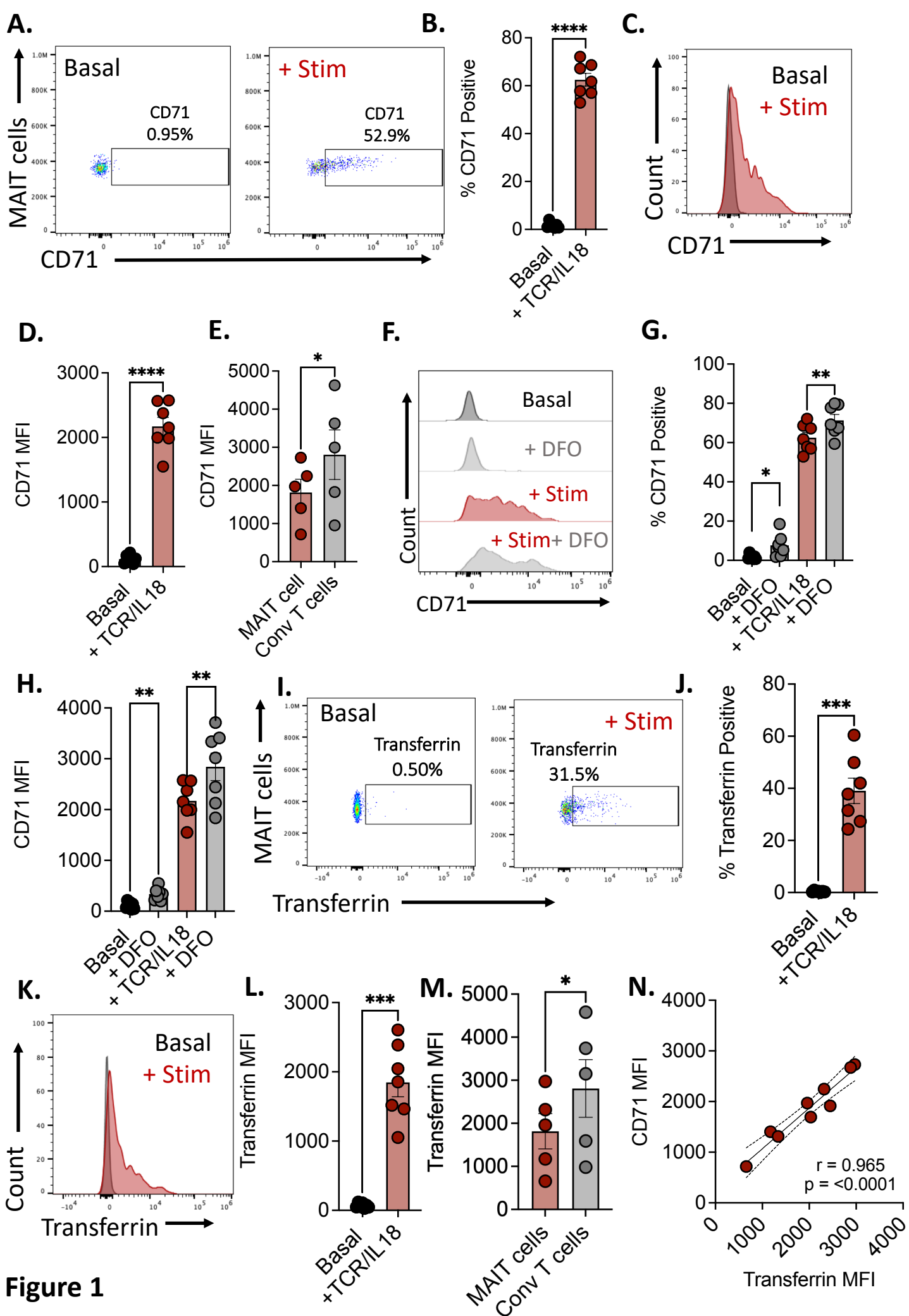


Figure 1

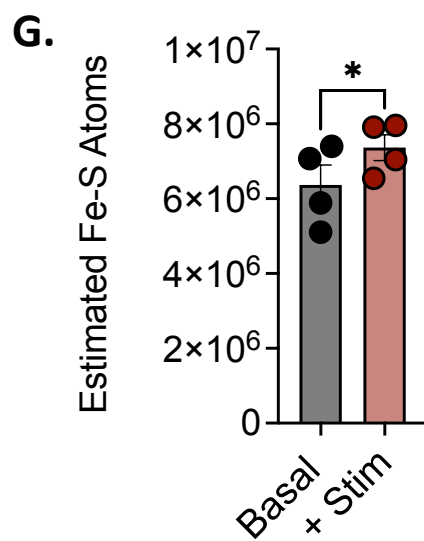
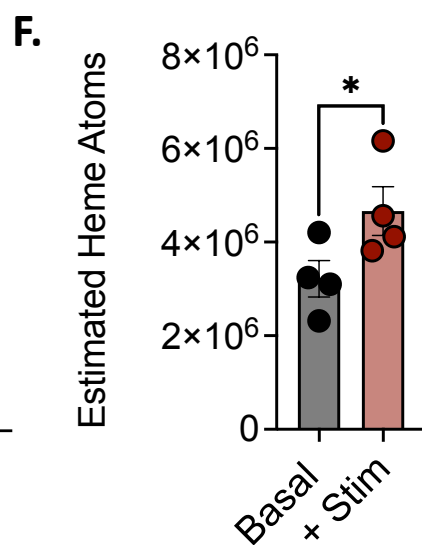
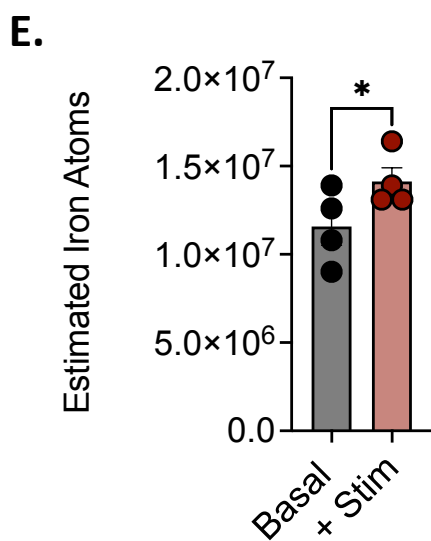
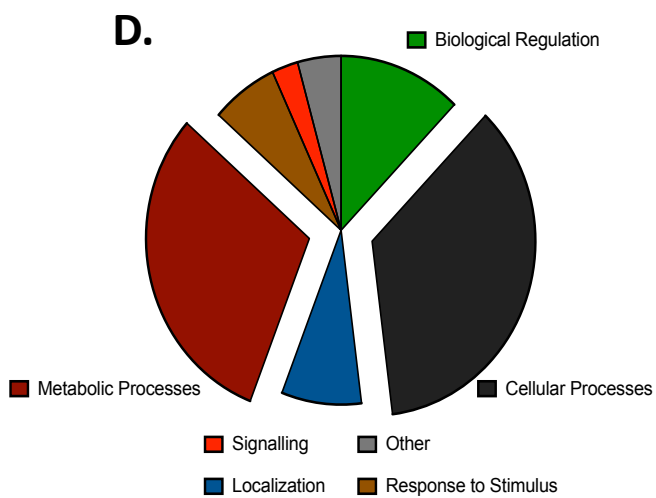
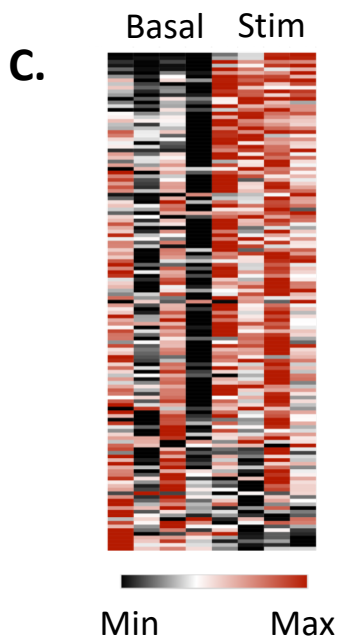
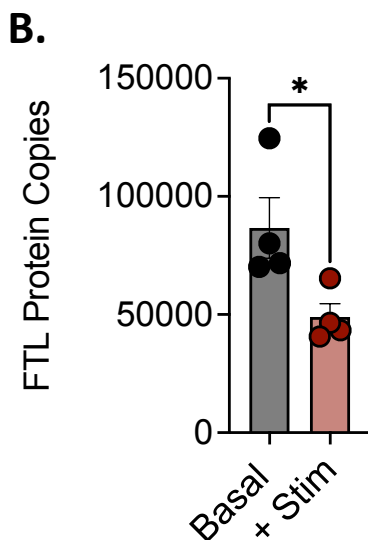
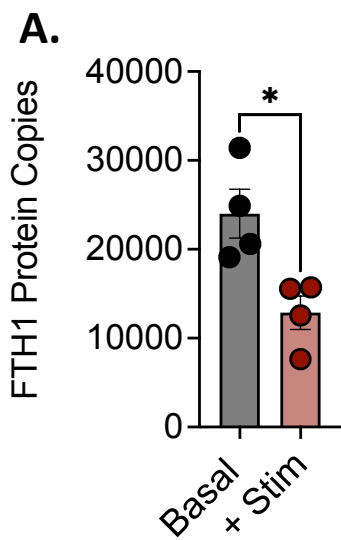


Figure 2

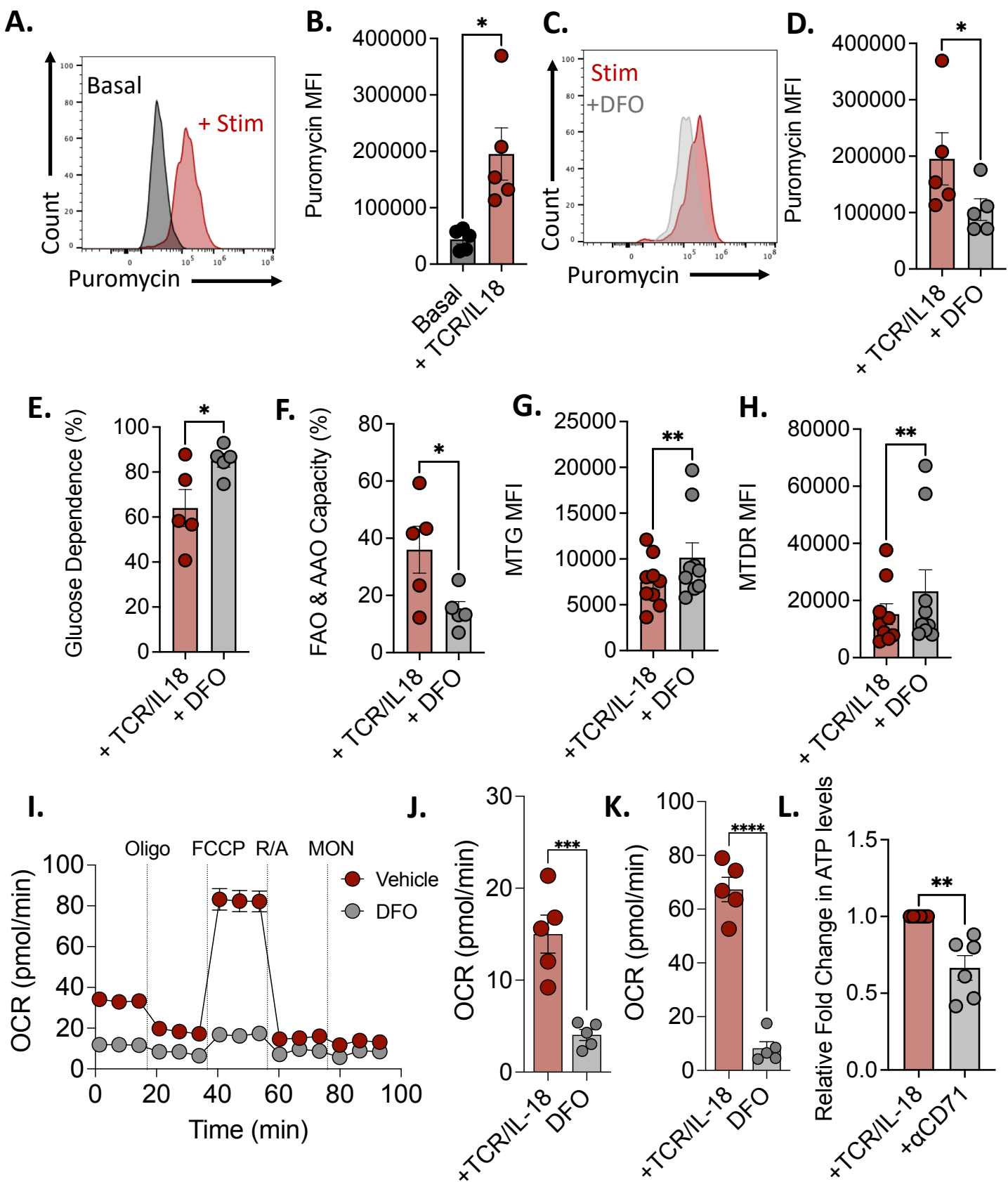


Figure 3

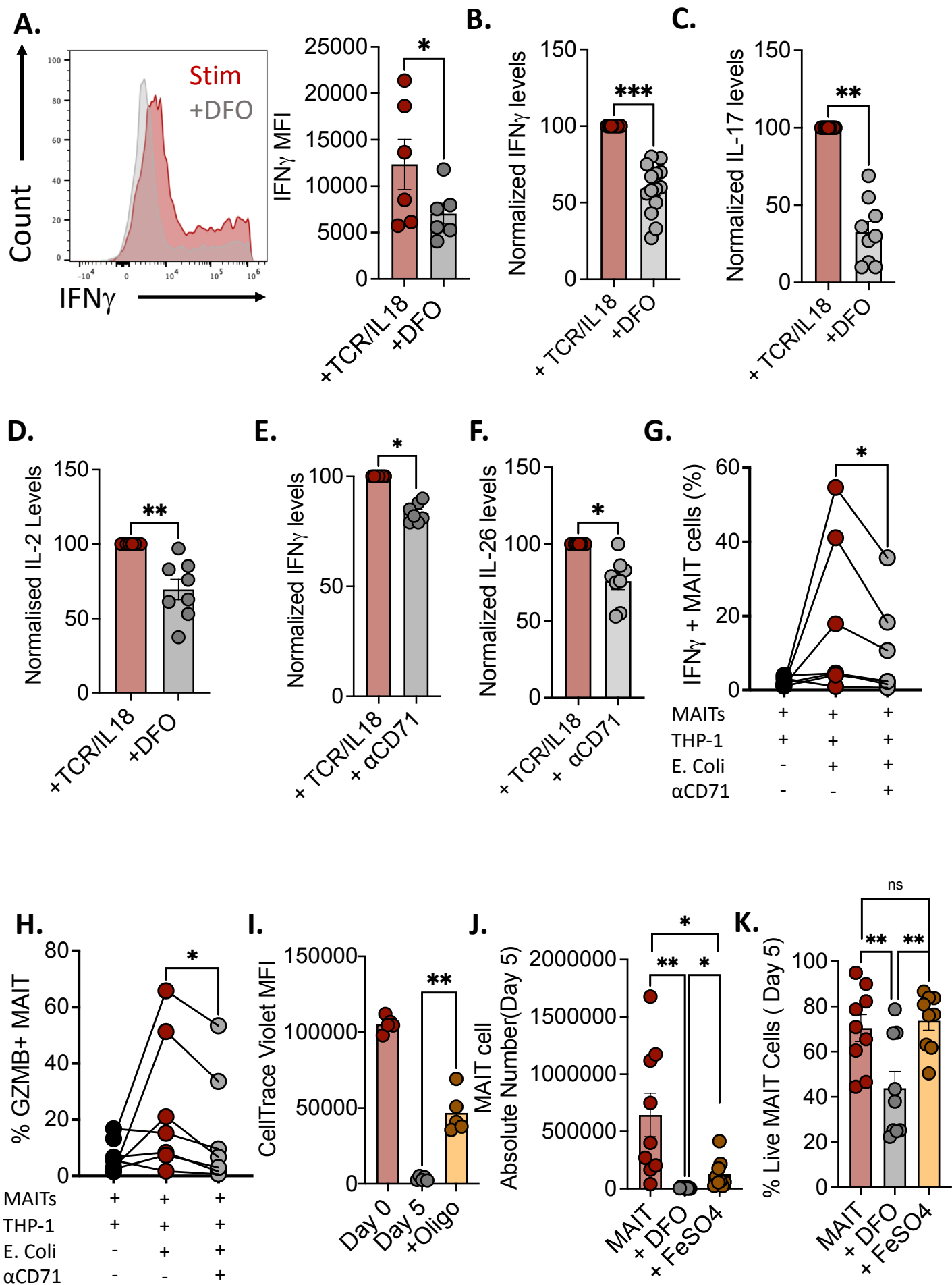


Figure 4

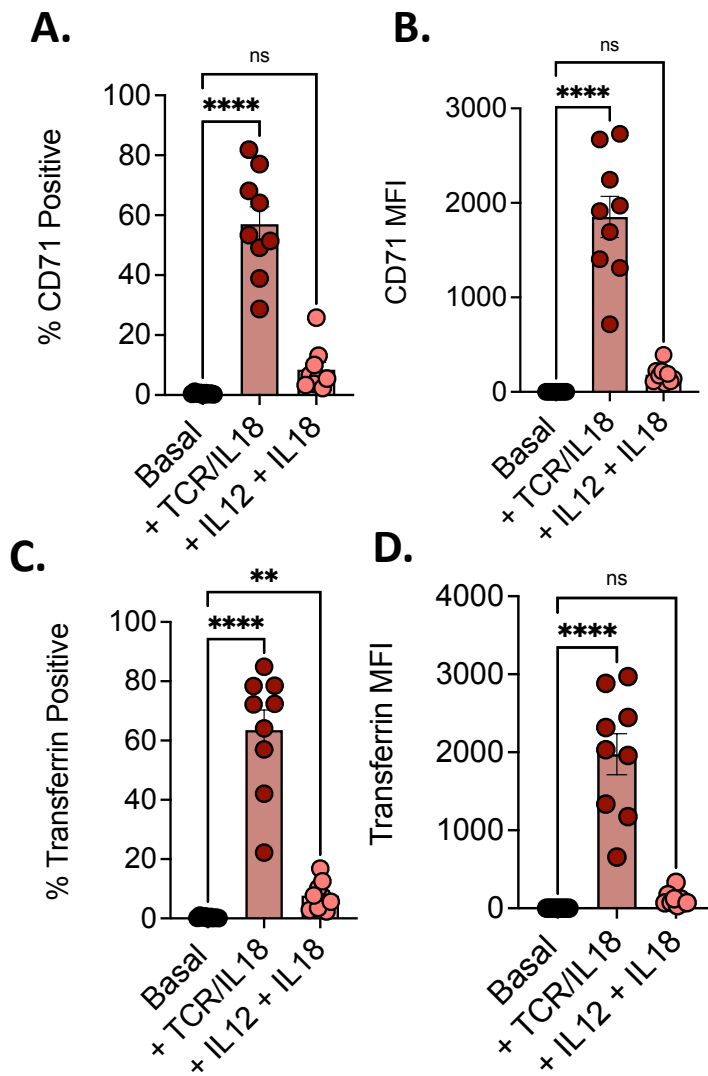
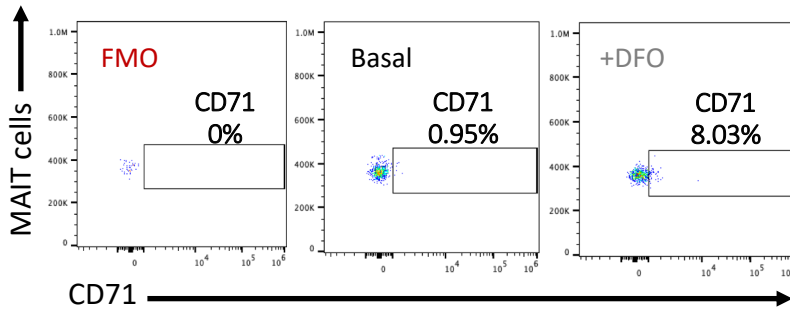
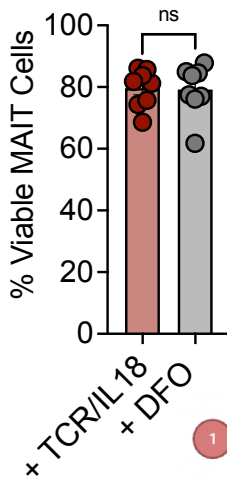
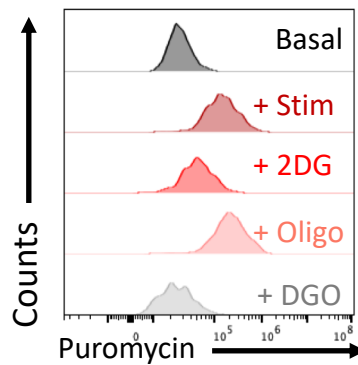


Figure S1: (A-D) Scatter plots showing CD71 expression (both % and MFI) on MAIT cells basally or after 18 hours stimulation with either TCR beads and IL-18 (50ng/ml) or IL-12/IL-18 (both 50ng/ml).

A.**B.****C.**

Puromycin MFI:
Stim = 135402
Stim + 2DG = 49964
Stim + Oligo = 188817
Stim + DGO = 24061

1 $\text{Glucose Dependence (\%)} = \frac{(\text{stim} - \text{stim} + 2\text{DG})}{(\text{stim} - \text{stim} + \text{DGO})} * 100$

2 $\text{FAO \& AAO Capacity (\%)} = 100 - \frac{(\text{stim} - \text{stim} + 2\text{DG})}{(\text{stim} - \text{stim} + \text{DGO})} * 100$

Figure S2: (A) Representative flow cytometry dot plots detailing CD71 expression on MAIT cells basally or after 18 hours of DFO treatment (200 μ M), including flow minus one (FMO) control for CD71. (B) Scatter plot showing the viability of TCR/IL-18 activated MAIT cells in the absence or presence of DFO (200 μ M) for 18 hours. (C) Representative example of SCENITH data including calculations for presented metabolic dependencies. (ns = not significant)

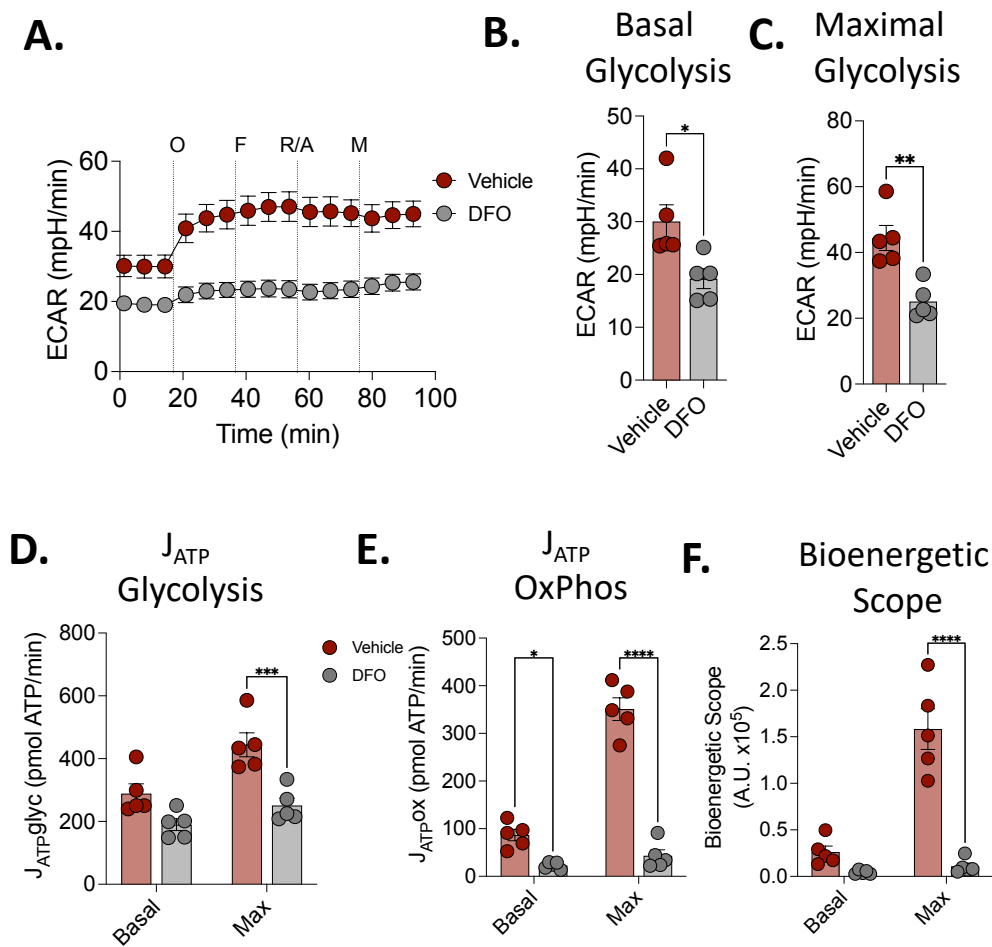


Figure S3: (A) Representative Seahorse trace showing extracellular acidification rate (ECAR) following pre-optimized injections of oligomycin, FCCP, antimycin A/rotenone (all 1 μ M) and monensin (20 μ M) in MAIT cells activated for 18 hours in the absence or presence of DFO (200 μ M). (B-C) Scatter plots showing basal or maximal glycolytic rates in MAIT cells activated for 18 hours in the absence or presence of DFO (200 μ M). (D-E) Scatter plots showing basal or maximal ATP (J_{ATP}) production linked to glycolysis or oxidative phosphorylation in MAIT cells activated for 18 hours in the absence or presence of DFO (200 μ M). (F) Scatter plot showing basal or maximal bioenergetic scope of MAIT cells activated for 18 hours in the absence or presence of DFO (200 μ M).

Table S1: List of iron-interacting proteins

Identifier			
BOLA2	ISCA2	SDHC	FTL
ACO2	PRIM2	CYP51A1	METAP2
UQCRFS1	ISCU	CYB5A	PPP3CA
CISD2	ABAT	PTGES2	METAP1
NDUFS1	NFS1	CYP20A1	RRM2
ABCE1	GLRX5	CYBA	MRE11
SDHB	NFU1	HPX	ADO
NDUFV2	ACO1	NENF	OSGEP
CISD1	DPH2	TBXAS1	P4HA1
NDUFV1	DPYD	RORC	KDM2A
GLRX3	POLA1	SDHD	ALKBH5
NUBP2	NTHL1	JAK3	NIF3L1
NDUFS8	DPH1	HEBP1	FTO
NDUFS2	POLE	MT-CO1	JMJD6
CIAPIN1	ABCB7	PTGIS	RIOX1
NUBP1	FECH	COX15	HPDL
ERCC2	HBA1	HMOX1	MSMO1
NDUFS7	HBB	CYB5R4	RRM2B
POLD1	CYCS	MT-CYB	FTH1
FDX1	ALB	FADS2	RIOX2
ETFDH	CYB5B	INPPL1	PPP3CB
CISD3	COPA	DGCR8	LTF
ELP3	CYC1	HERC2	DOHH
PPAT	PGRMC2	ABCB6	PPP3CC
CDKAL1	HMOX2	AFM	EGLN1
KDM2B	COX5A	CYP4F22	RPE
ASPHD2	CAT	GSTP1	KDM3B
KDM5A	PGRMC1	PPP1CA	PHF8
KDM5B	HCCS	ETHE1	PIR
KDM4A	HEBP2	FXN	OGFOD1
KDM4B	KDM3A	TMPPE	SCD
PHF2	P4HA2	KDM6B	PLOD3
ACP5	SCD5	HIF1AN	ADI1
P3H1	KDM5C	GALT	