

1 **Glycogen fuelled metabolism supports rapid Mucosal Associated**  
2 **Invariant T cell responses**

3 Féaron C. Cassidy<sup>1,2</sup>, Nidhi Kedia-Mehta<sup>1</sup>, Ronan Bergin<sup>1</sup>, Andrea Woodcock<sup>1</sup>, Ardena  
4 Berisha<sup>1</sup>, Ben Bradley<sup>1</sup>, Eva Booth<sup>1</sup>, Benjamin J. Jenkins<sup>3</sup>, Odhrán K. Ryan<sup>1</sup>, Nicholas  
5 Jones<sup>3</sup>, Linda V. Sinclair<sup>4</sup>, Donal O'Shea<sup>5</sup> and Andrew E. Hogan<sup>1,2#</sup>

6  
7 **Affiliations:** <sup>1</sup>. Kathleen Lonsdale Institute for Human Health Research, Maynooth  
8 University, Maynooth, Co Kildare. Ireland. <sup>2</sup>. National Children's Research Centre,  
9 Dublin 12, Ireland. <sup>3</sup>. Institute of Life Science, Swansea University Medical School,  
10 Swansea, United Kingdom. <sup>4</sup>. Division of Cell Signaling and Immunology, School of  
11 Life Sciences, University of Dundee, United Kingdom <sup>5</sup>. St Vincent's University  
12 Hospital & University College Dublin, Dublin 4, Ireland.

13  
14 **Address for correspondence:**

15 Dr Andrew Hogan –  
16 Email: Andrew.E.Hogan@mu.ie  
17 Address: Biosciences Building,  
18 Maynooth University, Maynooth,  
19 Co. Kildare, Ireland.  
20 Phone: +35317086118

21  
22 **Running title:** Glycogen fuels killer MAIT cells

23  
24 **Keywords:** Mucosal associated invariant T cells, Metabolism, Glycogen, Cytotoxicity

25  
26 **Funding Source:** This study is supported by the National Children's Research Centre.  
27 NKM is supported by Health Research Board (ILP-POR-2019-110). Financial support  
28 for the Attune NxT, BMG Clariostar multi-mode microplate reader & Seahorse  
29 Analyzer was provided to Maynooth University Department of biology by Science  
30 Foundation Ireland (16/RI/3399).

31  
32 **Financial Disclosure:** The authors declare no financial relationships relevant to this  
33 article to disclose.

34 **Conflict of Interest:** The authors declare no conflict of interest.

35

36

37 **Abstract**

38 Mucosal Associated Invariant T (MAIT) cells are a subset of unconventional T cells  
39 which recognise a limited repertoire of ligands presented by the MHC class-I like  
40 molecule MR1. In addition to their key role in host protection against bacterial and  
41 viral pathogens, MAIT cells are emerging as potent anti-cancer effectors. With their  
42 abundance in human, unrestricted properties, and rapid effector functions MAIT  
43 cells are emerging as attractive candidates for immunotherapy. In the current study,  
44 we demonstrate that MAIT cells are potent cytotoxic cells, rapidly degranulating and  
45 inducing target cell death. Previous work from our group and others has highlighted  
46 glucose metabolism as a critical process for MAIT cell cytokine responses at 18  
47 hours. However, the metabolic processes supporting rapid MAIT cell cytotoxic  
48 responses are currently unknown. Here, we show that glucose metabolism is  
49 dispensable for both MAIT cell cytotoxicity and early (<3 hours) cytokine production,  
50 as is oxidative phosphorylation. We show that MAIT cells have the machinery  
51 required to make (GYS-1) and metabolize (PYGB) glycogen and further demonstrate  
52 that that MAIT cell cytotoxicity and rapid cytokine responses are dependent on  
53 glycogen metabolism. In summary, we show that glycogen-fuelled metabolism  
54 supports rapid MAIT cell effector functions (cytotoxicity and cytokine production)  
55 which may have implications for their use as an immunotherapeutic agent.

56

57 **Significance Statement**

58 Mucosal associated invariant T (MAIT) cells are a population of innate T cells capable  
59 of rapid effector responses. Here, we provide evidence which shows human MAIT  
60 cells can make, store and metabolize glycogen. Furthermore, we show that glycogen  
61 can fuel rapid MAIT cell responses including targeted cytotoxicity. Thus, this study  
62 highlights a novel metabolic pathway in human MAIT cells which may have  
63 implications for their use an immunotherapeutic agent.

64

65 **Introduction**

66 Mucosal Associated Invariant T (MAIT) cells are a population of unconventional T  
67 cells which are important in the immune defence against bacterial and viral  
68 infections<sup>1, 2, 3, 4, 5, 6</sup>. MAIT cells are restricted by the MHC like molecule MR1<sup>5</sup>, and  
69 recognise a limited set of bacterially derived antigens<sup>7</sup>. MAIT cells are primed to  
70 respond and display an inherent “innateness”, with higher levels of effector  
71 molecule mRNA at the steady than conventional T cells<sup>8</sup>. MAIT cells can be activated  
72 either via TCR triggering or innate cytokine stimulation, after which they are capable  
73 of producing a range of cytokines and lytic molecules, including IFN $\gamma$  and granzyme  
74 B<sup>9, 10</sup>. These rapid effector responses allow MAIT cells to initiate and amplify the  
75 immune response, as well as directly targeting infected or transformed cells<sup>11, 12, 13,</sup>  
76 <sup>14</sup>. Robust anti-cancer responses, the ability to activate other anti-cancer cells<sup>14</sup> and  
77 their absence of MHC restriction has highlighted MAIT cells as attractive candidates  
78 for immunotherapy<sup>14, 15, 16</sup>.

79

80 Several studies have identified tumour infiltrating MAIT cells in primary and  
81 metastatic lesions<sup>13, 17, 18, 19</sup>, but often report diminished effector function and loss  
82 of key cytokines including IFN $\gamma$ <sup>13, 17</sup>. Therefore, it is important to fully understand the  
83 molecular pathways regulating MAIT cell effector responses. Our previous work has  
84 demonstrated that MAIT cells undergo metabolic reprogramming in order to provide  
85 the energy and biosynthetic intermediates needed to support their robust effector  
86 functions<sup>20, 21</sup>. We and others have demonstrated that human MAIT cells activated  
87 via their TCR for 18 hours favour exogenous glucose as their carbon source, and  
88 engage in glycolytic metabolism as their primary metabolic program<sup>20, 22</sup>. This is  
89 mediated by the activation of the critical metabolic regulators mTOR and MYC,  
90 which control the expression of nutrient transporters, and key enzymes involved in  
91 metabolism of glucose<sup>20, 23</sup>.

92

93 Currently, the metabolic requirements for rapid MAIT cell effector responses such as  
94 cytotoxicity are unknown and were the focus of the current study. We show that  
95 MAIT cells co-cultured with cancer cells pulsed with cognate antigen rapidly (within 2  
96 hours) degranulate and induce cell death. We demonstrate that these rapid

97 responses are independent of glucose-fuelled glycolytic metabolism, and show for  
98 the first time that MAIT cells contain the machinery required to synthesize and  
99 metabolize glycogen. We demonstrate that MAIT cells have glycogen stores, and  
100 inhibition of glycogenolysis inhibits MAIT cell cytotoxicity and early cytokine  
101 responses, which may have implications for the therapeutic use of MAIT cells.

102

## 103 **RESULTS**

### 104 **MAIT cell respond rapidly with target cell lysis and cytokine production**

105 We first assessed the expression of MR1 expression on two human cancer cell lines,  
106 and identified both the K562 myelogenous leukaemia and the A549 lung carcinoma  
107 cell lines as MR1+, furthermore we demonstrate that the addition of 5-ARU-MG  
108 increased the expression of MR1 on the surface of K562 (Figure 1A). Next, we  
109 demonstrate that MAIT cells respond to both A549 and K562 cells by degranulating  
110 (CD107a expression) and this is significantly boosted with the addition of 5-ARU-MG  
111 (Figure 1B-C). To confirm that MR1 was required for MAIT cell degranulation in  
112 response to K562 cells loaded with 5-ARU-MG, we next blocked MR1 and observed  
113 significantly reduced degranulation (Figure 1D-E). To build on these findings, and to  
114 confirm if MAIT cells can induce target cell death, we moved to a direct cytotoxicity  
115 assay, and demonstrate that MAIT cells can rapidly (within 2 hours) kill K562 cells  
116 pulsed with 5-ARU-MG, and in a dose-dependent manner (Figure 1F). In addition to  
117 cytotoxicity, we also show that MAIT cells can upregulate IFN $\gamma$  expression within 3  
118 hours in response to TCR stimulation (Figure 1G-H).

119

### 120 **MAIT cell cytotoxicity is not dependent on glucose metabolism or oxidative 121 phosphorylation.**

122 Our previously published data demonstrated that MAIT cells favour exogenous  
123 glucose as their carbon source, which is metabolised via glycolysis metabolism<sup>23</sup>. We  
124 and others have reported that glucose metabolism is critical for MAIT cell IFN $\gamma$  and  
125 granzyme production after 18 hours<sup>20, 22</sup>. To investigate if MAIT cell cytotoxicity was  
126 dependent on glucose metabolism, we utilized the glycolytic inhibitor 2deoxy-D-  
127 glucose (2DG) and show no effect on either MAIT cell degranulation or cytotoxicity  
128 at 3 hours (Figure 2A-C). Studies in other T cell subsets have demonstrated that

129 expression of the glucose transporter (GLUT1) can take up to 6 hours<sup>24</sup>. So, we next  
130 investigated expression of GLUT1 on TCR stimulated MAIT cells, and demonstrate  
131 detectable expression takes 6 hours (Figure 2D), further supporting the concept that  
132 rapid MAIT cell cytotoxicity is not supported by exogenous glucose metabolism.  
133 Additionally, we found that rapid upregulation of IFN $\gamma$  was also not inhibited by  
134 addition of 2DG (Figure 2E). Another major metabolic pathway utilized by some T  
135 cell subsets is oxidative phosphorylation (OxPhos). To investigate if OxPhos supports  
136 MAIT cell cytotoxicity we utilized the specific ATP synthase inhibitor oligomycin and  
137 show no effect on either MAIT cell degranulation or lysis of target cells (Figure 2F-G).

138

### 139 **MAIT cells contain the machinery to synthesize and metabolize glycogen.**

140 We next investigated other potential metabolic pathways which may support early  
141 MAIT cell cytotoxicity by interrogating our recently published MAIT cell proteomic  
142 dataset<sup>23</sup> and identified that MAIT cells express the enzyme glycogen synthase (GYS-  
143 1) which is required to synthesize glycogen (Figure 3A). We next investigated if MAIT  
144 cells expressed the enzymes required for the breakdown of glycogen and found the  
145 brain isoform of glycogen phosphorylase (PYGB) in our proteomics dataset (Figure  
146 3B). To confirm the expression of these enzymes we utilized flow cytometry and  
147 show robust expression of both, with no change upon activation (Figure 3C-F).  
148 Finally, we verified expression via western blotting (Figure 3G-I). To investigate if  
149 PYGB was active in MAIT cells we utilized a glycogen phosphorylase activity assay  
150 and observed increased PYGB activity in TCR stimulated MAIT cells (Figure 3J).  
151 Finally, we show that MAIT cells contain stored glycogen, and that upon stimulation  
152 glycogen content significantly is reduced (Figure 3K-L).

153

### 154 **Glycogen supports MAIT cell cytotoxicity and early cytokine responses.**

155 To investigate if glycogen supports MAIT cell anti-tumour responses we utilized the  
156 glycogen phosphorylase (PYG) inhibitor CP91149. We first investigated if CP91149  
157 inhibited degranulation against A549 cells with or without the addition of 5-ARU-  
158 MG, and show that CP91149 significantly limited MAIT cell degranulation triggered  
159 by 5-ARU-MG pulsed A549 cells (Figure 4A-B). To confirm this finding, we  
160 investigated MAIT cell degranulation in response to 5-ARU-MG pulsed K562 cells,

161 and again demonstrate the inhibition of PYG-limited degranulation (Figure 4C-D).  
162 Next, we utilized another glycogen phosphorylase inhibitor (GPI)<sup>24</sup>, and again  
163 observed reduced MAIT cell degranulation (Figure 4E). We next investigated if  
164 inhibiting the breakdown of glycogen limited MAIT cell target cell lysis and  
165 demonstrate a significant reduction in killing (Figure 4F). Another protective function  
166 of MAIT cells is their robust production of effector molecules like IFN $\gamma$  and granzyme  
167 B. Previous work in mice, demonstrated that memory T cell cytokine production is  
168 dependent on glycogen metabolism, we confirm these findings in human memory T  
169 cell (Figure S1). To this end we investigated if early IFN $\gamma$  cytokine production (<3  
170 hours) by MAIT cells is dependent on the metabolism of glycogen and show that  
171 rapid IFN $\gamma$  production is dependent on glycogen breakdown (Figure 4G-H). Similarly,  
172 granzyme B secretion was also inhibited with the addition of CP91149 (Figure. 4I).  
173 Since glycogen is metabolized into G6P and then fed into the glycolytic machinery,  
174 we blocked the glycolytic machinery further down that pathway using the GAPDH  
175 inhibitor heptelidic acid and show diminished MAIT cell degranulation (Figure 4J). To  
176 further support the concept that glycogen supports early MAIT cell metabolic  
177 process we performed Seahorse analysis on CP91149 treated MAIT cells after 3  
178 hours of stimulation and show that early glycolysis is dependent on the breakdown  
179 of glycogen (Figure 4K-L).

180

## 181 **Discussion.**

182 MAIT cells are a subset of unconventional T cells which due to their potent effector  
183 functions and abundance have been shown to play an important role in the host  
184 defence against pathogens and malignancies<sup>1, 25</sup> and are now under investigation as  
185 a potential immunotherapeutic agent<sup>15, 26</sup>. MAIT cells have been detected in both  
186 primary cancers and metastatic sites, however they are dysfunctional, losing their  
187 anti-tumour functions<sup>13, 17, 18, 27</sup>. Therefore, it is critical to understand the molecular  
188 and metabolic requirements for MAIT cell effector responses.

189

190 In the current study, we confirm the robust cytotoxic potential of MAIT cells, with  
191 rapid degranulation and dose-dependent killing of both A549 and K562 target cells.  
192 We also demonstrate that MAIT cell cytotoxicity of cancerous cells is dependent on

193 MR1 and boosted in the presence of antigen, confirming work in the setting of  
194 bacterial and virally infected cells<sup>9, 12</sup>. Although cancer specific antigens for MAIT  
195 cells have yet to be identified<sup>28</sup>, the loading of cancer metabolites onto MR1 has  
196 been described<sup>29, 30</sup>. In addition, there is evidence emerging for microbial activation  
197 of tumour-infiltrating MAIT cells<sup>31</sup>.

198

199 Currently, data on the molecular regulation of MAIT cell cytotoxicity remains unclear  
200 and will be necessary as they move towards therapeutic targets. Our group and  
201 others have previously highlighted the importance of glucose metabolism for MAIT  
202 cell effector functions such as cytokine production and proliferation<sup>20, 22, 23</sup>. We have  
203 also reported how altered MAIT cell metabolism underpins defective functions in  
204 obesity, potentially driving pathogenic MAIT cells<sup>20, 32, 33</sup>. Here, we demonstrate that  
205 rapid MAIT cell cytotoxicity (and early cytokine production) is independent of  
206 exogenous glucose metabolism. In our search for an alternative carbon source, we  
207 observed that MAIT cells have the molecular machinery to synthesize and  
208 metabolise glycogen. Glycogen is the main energy storage form of glucose in the  
209 body, stored as a quickly mobilised multibranched polysaccharide<sup>34</sup>. Recent work by  
210 Zhang and colleagues reported that murine memory CD8+ T cells but not naïve CD8+  
211 T cells could also synthesize and metabolize glycogen<sup>24</sup>. We confirmed these findings  
212 in human memory T cells and hypothesized that MAIT cells, due to their  
213 “innateness”<sup>8</sup> might utilize glycogen to support their rapid functional responses.  
214 Using a series of experiments, we show that MAIT cell cytotoxicity and rapid cytokine  
215 responses (<3 hours) are dependent on the breakdown of glycogen, supporting the  
216 concept that stored glycogen fuels rapid responses in innate effector T cells like  
217 MAIT cells and memory T cells. This is further supported by work in another innate  
218 immune subset, dendritic cells, which also utilize glycogen to fuel their rapid  
219 responses<sup>35</sup>. Our data suggests that TCR triggering activates PYGB to break down  
220 glycogen, which then feeds glycolysis. This again is supported by the recent  
221 publication in murine memory CD8+ T cells, where the inhibition of glycolysis at the  
222 first enzyme (hexokinase) had no impact but inhibition further down the glycolytic  
223 pathway limited cellular responses<sup>24</sup>.

224

225 Understanding the carbon sources required fuel MAIT cell effector functions may be  
226 of particular importance in the setting of cancer where limited glucose has been  
227 shown to impair T cell responses<sup>36,37</sup>. The ability of human MAIT cells to use stored  
228 glycogen to fuel their cytotoxicity, paired with their rapid functional responses,  
229 unrestricted properties and relative abundance further highlights their potential as  
230 an exciting candidate for cancer immunotherapy. In conclusion, we describe for the  
231 first time a novel metabolic pathway in human MAIT cells necessary for their rapid  
232 effector responses, further supporting the rationale for their use as an  
233 immunotherapeutic.

234

## 235 **Materials & methods**

236 **Study cohorts & ethical approval** Full ethical approval was obtained from both St  
237 Vincent's University Medical Ethics Committee and Maynooth University Ethics  
238 Committee. We recruited a cohort of healthy adult donors from St Vincent's  
239 Healthcare Group. Inclusion criteria included ability to give informed consent, 18-55  
240 years of age and a BMI<28. Exclusion criteria included current or recent (<2 weeks)  
241 infection, current smoker, use of immunomodulatory or anti-inflammatory  
242 medications. All participants provided full consent.

243

## 244 **Preparation of peripheral blood mononuclear cells (PBMC) and expanded MAIT 245 cells**

246 PBMC samples were isolated by density centrifugation over ficoll from fresh  
247 peripheral blood samples. PBMCs were either stored at -70°C or used for MAIT cell  
248 expansion using 5-ARU-MG and IL-2 as previously described<sup>23</sup>.

249

250 **MAIT cell degranulation assay** PBMCs were thawed and rested before addition of  
251 either metabolic inhibitors or vehicle control (i.e. 1mM 2DG, 100µM CP91149, 50µM  
252 GPI (CP316819), 5µM Heptelidic acid or DMSO / water). A549 cells or K562 cells with  
253 or without pre-treatment with 5-ARU-MG were then cocultured with the PBMCs at a  
254 ratio of 10:1 PBMC:Target plus CD107a antibody (Miltenyi). After 30 minutes,  
255 protein transport inhibitor cocktail (Invitrogen) was added and cultured for further 2  
256 hours. MAIT cells were identified by flow cytometry with staining using specific



257 surface monoclonal antibodies namely; CD3, CD161 and TCRV $\alpha$ 7.2 (all Miltenyi), and  
258 degranulation assessed according to percentage of MAIT cells expressing CD107a.  
259 Cell populations were acquired using a Attune NXT flow cytometer and analysed  
260 using FlowJo software (Treestar). Results are expressed as a percentage of the  
261 parent population as indicated and determined using flow minus-1 (FMO) and  
262 unstained controls.

263 **MAIT cell cytotoxicity assay.** IL-2 expanded MAIT cells<sup>23</sup> were co-cultured with  
264 Calcein AM labelled K562 cells at a ratio of 3:1, MAIT cells to targets (and other  
265 ratios for dose curve) in the absence or presence of metabolic inhibitors or vehicle  
266 control (i.e. 1mM 2DG, 100 $\mu$ M CP91149, 50 $\mu$ M GPI (CP316819), 5 $\mu$ M Heptelidic acid  
267 or DMSO / water). After 2 hours of co-culture, supernatant was analysed using a  
268 Spectramax plate reader to measure supernatant fluorescence at 485nm excitation  
269 and 525nm emission and percentage killing calculated as a proportion of max killing  
270 by Triton X.

271 **MAIT cell cytokine analysis.** IFN $\gamma$  mRNA measured in IL-2 expanded MAIT cells (with  
272 or without stimulation with CD3/CD28 beads (Gibco)) and their culture supernatant  
273 by rtPCR. Secreted IFN $\gamma$  and granzyme B protein was measured in IL-2 expanded  
274 MAIT cells (with or without stimulation with CD3/CD28 beads (Gibco)) and their  
275 culture supernatant by ELISA. To investigate the metabolic requirements of early  
276 cytokine responses, activated MAIT cells were treated with metabolic inhibitors or  
277 vehicle control (i.e. 1mM 2DG, 100 $\mu$ M CP91149 or DMSO / water). mRNA was  
278 extracted from MAIT cells using Trizol according to the manufacturer's protocol.  
279 Synthesis of cDNA was performed using qScript cDNA Synthesis kit (QuantaBio). Real  
280 time RT-qPCR was performed using PerfeCTa SYBR Green FastMix Reaction Mix  
281 (Green Fastmix, ROX<sup>TM</sup>) (QuantaBio) and KiCqStart primer sets (Sigma). ELISA were  
282 performed as per the manufacturer's instructions (R&D Systems).

283 **MAIT cell glycogen machinery analysis.**

284 The identification of glycogen synthase (GYS-1) and phosphorylase (PYGB) in MAIT  
285 cells was based on *in silico* analysis of a published MAIT cell proteomic dataset<sup>23</sup> .  
286 Expression was confirmed using both flow cytometry on ex-vivo MAIT cells and via

287 western blotting on IL-2 expanded MAIT cells, both stimulated with CD3/CD28 TCR  
288 dynabeads for 6 hours. For flow cytometry, PBMC were stimulated as described then  
289 surface stained for MAIT cells before fix/perm using True-Nuclear Transcription  
290 Factor Buffer Set (Biolegend) then intracellularly stained with antibodies specific for  
291 p-GYS-1 (Cell Signalling) or PYGB (Cell Signalling). For western blotting, cells were  
292 lysed in NP-40 lysis buffer (50mM Tris-HCl, pH 7.4, containing 150 mM NaCl, 1%  
293 (w/v) IgePal, and complete protease inhibitor mixture (Roche)). Samples were  
294 resolved using SDS-PAGE and transferred to nitrocellulose membranes before  
295 analysis with anti-GYS-1 (Cell Signalling), PYGB (Cell Signalling) and anti- $\beta$ -Actin  
296 (Sigma) antibodies. Protein bands were visualised using enhanced  
297 chemiluminescence.

298

#### 299 **MAIT cell glycogen content and PYGB activity analysis**

300 Glycogen content in MAIT cells (either basally or stimulated for 3 hours with anti-TCR  
301 beads (Gibco)) was measured using Biovision glycogen kit according to the  
302 manufacturer's instructions, and by fluorescent microscopy using a previously  
303 published method<sup>38</sup>. Glycogen phosphorylase activity in MAIT cells (either basally or  
304 stimulated for 3 hours with anti-TCR beads (Gibco)) was measured using Sigma-  
305 Alrich Glycogen Phosphorylase Colorimetric Assay Kit according to the  
306 manufacturer's instructions.

307

308 **MAIT cell seahorse analysis** Expanded MAIT cells were treated with metabolic  
309 inhibitors or vehicle control (i.e. 1mM 2DG, 100 $\mu$ M CP91149, or DMSO / water) and  
310 then stimulated with CD3/CD28 Dynabeads. After 3 hours of stimulation Seahorse  
311 metabolic flux analysis was performed according to the Seahorse instruction manual.

312

313 **Statistics** Statistical analysis was completed using Graph Pad Prism 9 Software (USA).  
314 Data is expressed as mean $\pm$ SEM. We determined differences between two groups  
315 using student t-test and Mann Whitney U test where appropriate. Analysis across 3  
316 or more groups was performed using ANOVA. Statistical significance was defined as  
317  $p < 0.05$ .

318 **Contributors Statement:** FCC, NKM, EB, AB, BJ, AW and RB performed the  
319 experiments and carried out analysis and approved the final manuscript as  
320 submitted. OR and DOS recruited peripheral blood donors. AEH, LVS, NJ, DOS & FCC  
321 conceptualized and designed the study, analyzed the data, drafted the manuscript,  
322 and approved the final manuscript as submitted.

323

## 324 REFERENCES

325

326 1. Godfrey, D.I., Koay, H.F., McCluskey, J. & Gherardin, N.A. The biology and  
327 functional importance of MAIT cells. *Nat Immunol* **20**, 1110-1128 (2019).

328

329 2. Le Bourhis, L. *et al.* Antimicrobial activity of mucosal-associated invariant T  
330 cells. *Nat Immunol* **11**, 701-708 (2010).

331

332 3. van Wilgenburg, B. *et al.* MAIT cells are activated during human viral  
333 infections. *Nature communications* **7**, 11653 (2016).

334

335 4. Treiner, E. *et al.* Selection of evolutionarily conserved mucosal-associated  
336 invariant T cells by MR1. *Nature* **422**, 164-169 (2003).

337

338 5. Kjer-Nielsen, L. *et al.* MR1 presents microbial vitamin B metabolites to  
339 MAIT cells. *Nature* **491**, 717-723 (2012).

340

341 6. Cooper, A.J.R., Clegg, J., Cassidy, F.C., Hogan, A.E. & McLoughlin, R.M.  
342 Human MAIT Cells Respond to Staphylococcus aureus with Enhanced Anti-  
343 Bacterial Activity. *Microorganisms* **10** (2022).

344

345 7. Corbett, A.J. *et al.* T-cell activation by transitory neo-antigens derived from  
346 distinct microbial pathways. *Nature* **509**, 361-365 (2014).

347

348 8. Gutierrez-Arcelus, M. *et al.* Lymphocyte innateness defined by transcriptional  
349 states reflects a balance between proliferation and effector functions. *Nature*  
350 *communications* **10**, 687 (2019).

351

352 9. Kurioka, A. *et al.* MAIT cells are licensed through granzyme exchange to kill  
353 bacterially sensitized targets. *Mucosal Immunol* **8**, 429-440 (2015).

354

355 10. van Wilgenburg, B. *et al.* MAIT cells are activated during human viral  
356 infections. *Nature communications* **7**, 11653 (2016).

357

358 11. Provine, N.M. *et al.* MAIT cell activation augments adenovirus vector vaccine  
359 immunogenicity. *Science* **371**, 521-526 (2021).

360

361 12. Flament, H. *et al.* Outcome of SARS-CoV-2 infection is linked to MAIT cell  
362 activation and cytotoxicity. *Nat Immunol* **22**, 322-335 (2021).

363

- 364 13. Melo, A.M. *et al.* Mucosal-Associated Invariant T Cells Display Diminished  
365 Effector Capacity in Oesophageal Adenocarcinoma. *Front Immunol* **10**, 1580  
366 (2019).  
367
- 368 14. Petley, E.V. *et al.* MAIT cells regulate NK cell-mediated tumor immunity.  
369 *Nature communications* **12**, 4746 (2021).  
370
- 371 15. Godfrey, D.I., Le Nours, J., Andrews, D.M., Uldrich, A.P. & Rossjohn, J.  
372 Unconventional T Cell Targets for Cancer Immunotherapy. *Immunity* **48**, 453-  
373 473 (2018).  
374
- 375 16. Sundström, P. *et al.* Tumor-infiltrating mucosal-associated invariant T  
376 (MAIT) cells retain expression of cytotoxic effector molecules. *Oncotarget*  
377 **10**, 2810-2823 (2019).  
378
- 379 17. Sundström, P. *et al.* Human Mucosa-Associated Invariant T Cells Accumulate  
380 in Colon Adenocarcinomas but Produce Reduced Amounts of IFN- $\gamma$ . *J*  
381 *Immunol* **195**, 3472-3481 (2015).  
382
- 383 18. Duan, M. *et al.* Activated and Exhausted MAIT Cells Foster Disease  
384 Progression and Indicate Poor Outcome in Hepatocellular Carcinoma. *Clin*  
385 *Cancer Res* **25**, 3304-3316 (2019).  
386
- 387 19. Yao, T., Shooshtari, P. & Haeryfar, S.M.M. Leveraging Public Single-Cell  
388 and Bulk Transcriptomic Datasets to Delineate MAIT Cell Roles and  
389 Phenotypic Characteristics in Human Malignancies. *Front Immunol* **11**, 1691  
390 (2020).  
391
- 392 20. O'Brien, A. *et al.* Obesity Reduces mTORC1 Activity in Mucosal-Associated  
393 Invariant T Cells, Driving Defective Metabolic and Functional Responses. *J*  
394 *Immunol* **202**, 3404-3411 (2019).  
395
- 396 21. Kedia-Mehta, N. *et al.* The proliferation of human mucosal-associated  
397 invariant T cells requires a MYC-SLC7A5-glycolysis metabolic axis. *Sci*  
398 *Signal* **16**, eabo2709 (2023).  
399
- 400 22. Zinser, M.E. *et al.* Human MAIT cells show metabolic quiescence with rapid  
401 glucose-dependent upregulation of granzyme B upon stimulation. *Immunol*  
402 *Cell Biol* (2018).  
403
- 404 23. Kedia-Mehta, N. *et al.* Human Mucosal Associated Invariant T cell  
405 proliferation is dependent on a MYC-SLC7A5-Glycolysis metabolic axis.  
406 *bioRxiv* (2022).  
407
- 408 24. Zhang, H. *et al.* TCR activation directly stimulates PYGB-dependent  
409 glycogenolysis to fuel the early recall response in CD8(+) memory T cells.  
410 *Mol Cell* **82**, 3077-3088 e3076 (2022).  
411
- 412 25. O'Neill, C., Cassidy, F.C., O'Shea, D. & Hogan, A.E. Mucosal Associated  
413 Invariant T Cells in Cancer-Friend or Foe? *Cancers (Basel)* **13** (2021).

- 414  
415 26. Parrot, T. *et al.* Expansion of donor-unrestricted MAIT cells with enhanced  
416 cytolytic function suitable for TCR-redirection. *JCI insight* (2021).  
417
- 418 27. Ling, L. *et al.* Circulating and tumor-infiltrating mucosal associated invariant  
419 T (MAIT) cells in colorectal cancer patients. *Sci Rep* **6**, 20358 (2016).  
420
- 421 28. Kjer-Nielsen, L. *et al.* An overview on the identification of MAIT cell  
422 antigens. *Immunol Cell Biol* **96**, 573-587 (2018).  
423
- 424 29. Crowther, M.D. *et al.* Genome-wide CRISPR-Cas9 screening reveals  
425 ubiquitous T cell cancer targeting via the monomorphic MHC class I-related  
426 protein MR1. *Nat Immunol* **21**, 178-185 (2020).  
427
- 428 30. Lepore, M. *et al.* Functionally diverse human T cells recognize non-microbial  
429 antigens presented by MR1. *Elife* **6** (2017).  
430
- 431 31. Li, S. *et al.* Human Tumor-Infiltrating MAIT Cells Display Hallmarks of  
432 Bacterial Antigen Recognition in Colorectal Cancer. *Cell Rep Med* **1**, 100039  
433 (2020).  
434
- 435 32. Brien, A.O. *et al.* Targeting mitochondrial dysfunction in MAIT cells limits  
436 IL-17 production in obesity. *Cell Mol Immunol* (2020).  
437
- 438 33. Bergin, R. *et al.* Mucosal-associated invariant T cells are associated with  
439 insulin resistance in childhood obesity, and disrupt insulin signalling via IL-  
440 17. *Diabetologia* (2022).  
441
- 442 34. Adeva-Andany, M.M., Gonzalez-Lucan, M., Donapetry-Garcia, C.,  
443 Fernandez-Fernandez, C. & Ameneiros-Rodriguez, E. Glycogen metabolism  
444 in humans. *BBA Clin* **5**, 85-100 (2016).  
445
- 446 35. Thwe, P.M. *et al.* Cell-Intrinsic Glycogen Metabolism Supports Early  
447 Glycolytic Reprogramming Required for Dendritic Cell Immune Responses.  
448 *Cell Metab* **26**, 558-567 e555 (2017).  
449
- 450 36. Chang, C.H. *et al.* Metabolic Competition in the Tumor Microenvironment Is  
451 a Driver of Cancer Progression. *Cell* **162**, 1229-1241 (2015).  
452
- 453 37. Ho, P.C. *et al.* Phosphoenolpyruvate Is a Metabolic Checkpoint of Anti-tumor  
454 T Cell Responses. *Cell* **162**, 1217-1228 (2015).  
455
- 456 38. Ovecka, M. *et al.* A sensitive method for confocal fluorescence microscopic  
457 visualization of starch granules in iodine stained samples. *Plant Signal Behav*  
458 **7**, 1146-1150 (2012).  
459  
460  
461

462 **Figure Legends**

463

464 **Figure 1 MAIT cell respond rapidly with target cell lysis and cytokine production.**

465 **(A.)** Flow cytometry histogram displaying MR1 expression on the surface of either  
466 K562 cells or A549 cells in the absence or presence of exogenous 5-ARU-MG. **(B)**  
467 Scatter plot showing CD107a expression on MAIT cells cultured with A549 cells or  
468 A549 cells pulsed with 5-ARU-MG. **(C)** Scatter plot showing CD107a expression on  
469 MAIT cells cultured with K562 or K562 pulsed with 5-ARU-MG. **(D-E)** Flow cytometry  
470 dot plots and scatter plot showing CD107a expression on MAIT cells cultured with  
471 K562 pulsed with 5-ARU-MG in the absence or presence of MR1 blocking antibody.  
472 **(F)** Scatterplot showing dose-dependent (effector to target ratio) cytotoxicity of IL-2  
473 expanded MAIT cells in their targeting of K562 cells pulsed with 5-ARU-MG. **(G-H)**  
474 Scatter plots of IFN $\gamma$  mRNA and secreted protein levels from IL-2 expanded MAIT  
475 cells stimulated with TCR beads (antiCD3/CD28) for either 1.5 hours or 3 hours. ns =  
476 not significant, \* =  $p > 0.05$ , \*\* =  $p < 0.01$ , \*\*\* =  $p < 0.001$ , \*\*\*\* =  $p < 0.0001$  as  
477 measured by paired t test, Friedman test or mixed-effects analysis where  
478 appropriate.

479

480 **Figure 2 MAIT cell cytotoxicity is not dependent on glucose metabolism or**

481 **oxidative phosphorylation. (A-B)** Flow cytometry dot plot and scatter plot showing

482 CD107a expression on *ex-vivo* MAIT cells in response to stimulation with K562 cells

483 (pulsed with 5ARU-MG) with or without the addition of glycolytic inhibitor 2DG. **(C)**

484 Scatterplot showing the impact of 2DG treatment on cytotoxic capacity of IL-2

485 expanded MAIT cells, displayed as fold change per sample. **(D)** Western Blot of

486 GLUT1 protein expression by IL-2 expanded MAIT cells (3 individual donors) at rest

487 (basal) and after 3hours or 6 hours of TCR bead stimulation. **(E)** Scatter plot showing

488 the impact of 2DG treatment on early IFN $\gamma$  secretion by IL-2 expanded MAIT cells

489 stimulated with TCR beads. **(F)** Scatter plot showing CD107a expression on *ex-vivo*

490 MAIT cells cultured with K562 (pulsed with 5ARU-MG) in the absence or presence of

491 the oxidative phosphorylation inhibitor oligomycin. **(G)** Scatterplot the impact of

492 oligomycin treatment on the cytotoxic capacity of IL-2 expanded MAIT cells,

493 displayed as fold change per sample. ns = not significant, as measured by paired t

494 test, Wilcoxon test or Mann-Whitney test as appropriate.

495

496 **Figure 3 MAIT cells contain the machinery to synthesize and metabolize glycogen.**

497 **(A-B)** Scatter plot showing the expression of GYS1 or PYGB in IL-2 expanded MAIT

498 cells, either basal or stimulated for 18 hours with anti-CD3/CD28 TCR beads and IL-

499 18 for 18 hours (data extrapolated from published proteomic dataset). **(C-F)**

500 Representative flow cytometric histograms and scatter plots showing the expression

501 of GYS1 or PYGB in *ex-vivo* MAIT cells, either basal or stimulated with anti-CD3/CD28

502 TCR beads for 18 hours **(G-I)** Western blot and densitometry scatter plots showing

503 the expression of phosphorylated GYS1 or PYGB in IL-2 expanded MAIT cells either

504 basal or stimulated with anti-CD3/CD28 TCR beads for 6 hours. **(J)** Scatter plot  
505 showing glycogen phosphorylase activity in TCR-stimulated MAIT cells. **(K)** Scatter  
506 plot showing glycogen levels in IL-2 expanded MAIT cells at rest (basal) or stimulated  
507 with TCR beads for 3 hours. **(I)** Florescent microscopy image demonstrating the  
508 presence of glycogen in MAIT cells. ns = not significant,  $p > 0.05$ , \* =  $p < 0.05$  as  
509 measured by paired t test.

510

511 **Figure 4 Glycogen supports MAIT cells cytotoxicity and early cytokine responses.**

512 **(A -B)** Scatter plots showing CD107a expression on MAIT cells cultured with A549  
513 cells alone or A549 cell pulsed with 5ARU-MG, in the absence or presence of the  
514 glycogen phosphorylase inhibitor CP91149. **(C-D)** Flow cytometry dot plot and  
515 scatter plot showing CD107a expression on MAIT cells cultured with K562 cells  
516 (pulsed with 5ARU-MG) in the absence or presence of the glycogen phosphorylase  
517 inhibitor CP91149. **(E)** Scatter plot showing CD107a expression on MAIT cells  
518 cultured with K562 cells (pulsed with 5ARU-MG) in the absence or presence of the  
519 glycogen phosphorylase inhibitor GPI. **(F)** Scatterplot showing the impact of CP91149  
520 on cytotoxic capacity of MAIT cells against K562 cells, displayed as fold change per  
521 sample. **(G-H)** Scatter plot showing IFN $\gamma$  mRNA levels or secreted protein from IL-2  
522 expanded MAIT cells stimulated with TCR beads (for 3 hours) in the absence or  
523 presence of CP91149. **(I)** Scatter plot showing granzyme B secreted protein from IL-2  
524 expanded MAIT cells stimulated with TCR beads (for 3 hours) in the absence or  
525 presence of CP91149. **(J)** Scatter plot showing CD107a expression on MAIT cells in  
526 response to stimulation with K562 (pulsed with 5ARU-MG) in the absence or  
527 presence of the GAPDH inhibitor heptelidic acid. **(K-L)** Scatter plot and Seahorse  
528 trace displaying ECAR rates in TCR bead-stimulated (3 hours) IL-2 expanded MAIT  
529 cells treated with CP91149. \* =  $p < 0.05$ , \*\* =  $p < 0.01$ , \*\*\* =  $p < 0.001$  as measured  
530 by Wilcoxon test, paired t test or Mann-Whitney test where appropriate.

531

532