# Wasserstein Convergence for Empirical Measures of Subordinated Diffusions on Riemannian Manifolds \*

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#### Abstract

Let M be a connected compact Riemannian manifold possibly with a boundary  $\partial M$ , let  $V \in C^2(M)$  such that  $\mu(\mathrm{d}x) := \mathrm{e}^{V(x)}\mathrm{d}x$  is a probability measure, where  $\mathrm{d}x$  is the volume measure, and let  $L = \Delta + \nabla V$ . As a continuation to [14] where convergence in the quadratic Wasserstein distance  $\mathbb{W}_2$  is studied for the empirical measures of the L-diffusion process (with reflecting boundary if  $\partial M \neq \emptyset$ ), this paper presents the exact convergence rate for the subordinated process. In particular, letting  $(\mu_t^{\alpha})_{t>0}$  ( $\alpha \in (0, 1)$ ) be the empirical measures of the Markov process generated by  $L^{\alpha} := -(-L)^{\alpha}$ , when  $\partial M$  is empty or convex we have

$$\lim_{t \to \infty} \left\{ t \mathbb{E}^x [\mathbb{W}_2(\mu_t^{\alpha}, \mu)^2] \right\} = \sum_{i=1}^{\infty} \frac{2}{\lambda_i^{1+\alpha}} \text{ uniformly in } x \in M,$$

where  $\mathbb{E}^x$  is the expectation for the process starting at point x,  $\{\lambda_i\}_{i\geq 1}$  are non-trivial (Neumann) eigenvalues of -L. In general,

$$\mathbb{E}^{x}[\mathbb{W}_{2}(\mu_{t}^{\alpha},\mu)^{2}] \begin{cases} \asymp t^{-1}, & \text{if } d < 2(1+\alpha), \\ \asymp t^{-\frac{2}{d-2\alpha}}, & \text{if } d > 2(1+\alpha), \\ \preceq t^{-1}\log(1+t), & \text{if } d = 2(1+\alpha), \text{i.e. } \alpha = \frac{1}{2}, d = 3 \end{cases}$$

holds uniformly in  $x \in M$ , where in the last case  $\mathbb{E}^{x}[\mathbb{W}_{1}(\mu_{t}^{\alpha},\mu)^{2}] \succeq t^{-1}\log(1+t)$  holds for  $M = \mathbb{T}^{3}$  and V = 0.

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#### 1 Introduction

Recently, sharp convergence rate in the Wasserstein distance has been derived in [14] for empirical measures of symmetric diffusion processes on compact Riemannian manifolds, see [10, 11, 12, 13] for further study of Dirichlet diffusion processes and SDEs/SPDEs, and see [1, 2, 5] and references within for earlier results on i.i.d. random variables and discrete time Markov chains. In this paper, we aim to extend the main results of [14] to jump processes, for which a natural model is the subordination of diffusion processes.

Let M be a d-dimensional connected compact Riemannian manifold possibly with a smooth boundary  $\partial M$ . Let  $V \in C^2(M)$  such that  $\mu(dx) = e^{V(x)}dx$  is a probability measure on M, where dx is the Riemannian volume measure on M. Then the (reflecting, if  $\partial M \neq \emptyset$ ) diffusion process  $X_t$  generated by  $L := \Delta + \nabla V$  on M is reversible; i.e. the associated diffusion semigroup  $\{P_t\}_{t>0}$  is symmetric in  $L^2(\mu)$ , where

$$P_t f(x) := \mathbb{E}^x f(X_t), \quad t \ge 0, f \in \mathscr{B}_b(M).$$

Here,  $\mathbb{E}^x$  is the expectation taken for the diffusion process  $\{X_t\}_{t\geq 0}$  with  $X_0 = x$ , and we will use  $\mathbb{P}^x$  to denote the associated probability measure. In general, for  $\nu \in \mathscr{P}$  (the set of all probability measures on M), let  $\mathbb{E}^{\nu}$  and  $\mathbb{P}^{\nu}$  be the expectation and probability taken for the diffusion process with initial distribution  $\nu$ . For any  $\nu \in \mathscr{P}$  and  $t \geq 0$ ,  $\nu P_t := \mathbb{P}^{\nu}(X_t \in \cdot)$  is the distribution of  $X_t$  with initial distribution  $\nu$ .

A function  $B \in C^{\infty}((0,\infty); [0,\infty)) \cap C([0,\infty); [0,\infty))$  is called a Bernstein function if

$$(-1)^{n-1}\frac{\mathrm{d}^n}{\mathrm{d}r^n}B(r) \ge 0, \quad n \in \mathbb{N}, r > 0.$$

We will use the following classes of Bernstein functions:

$$\mathbf{B} := \left\{ B : B \text{ is a Bernstein function with } B(0) = 0, B'(0) > 0 \right\}.$$
$$\mathbb{B} := \left\{ B \in \mathbf{B} : \int_{1}^{\infty} r^{\frac{d}{2} - 1} \mathrm{e}^{-tB(r)} \mathrm{d}r < \infty \text{ for } t > 0 \right\}.$$

For each  $B \in \mathbf{B}$ , there exists a unique stable process  $S_t^B$  on  $[0, \infty)$  with Laplace transform

(1.1) 
$$\mathbb{E}e^{-\lambda S_t^B} = e^{-tB(\lambda)}, \quad t, \lambda \ge 0.$$

Moreover, for any  $\alpha \in [0, 1]$ , let

$$\mathbb{B}^{\alpha} := \Big\{ B \in \mathbb{B} : \liminf_{\lambda \to \infty} \lambda^{-\alpha} B(\lambda) > 0 \Big\}, \quad \mathbb{B}_{\alpha} := \Big\{ B \in \mathbb{B} : \limsup_{\lambda \to \infty} \lambda^{-\alpha} B(\lambda) < \infty \Big\}.$$

For any  $B \in \mathbf{B}$ , let  $X_t^B$  be the Markov process on M generated by B(L) := -B(-L), which can be constructed as the time change (subordination) of  $X_t$ :

$$X_t^B = X_{S_t^B}, \quad t \ge 0,$$

where  $(S_t^B)_{t\geq 0}$  is the stable process satisfying (1.1) independent of  $(X_t)_{t\geq 0}$ . We consider the empirical measure

$$\mu_t^B := \frac{1}{t} \int_0^t \delta_{X_s^B} \mathrm{d}s, \quad t > 0.$$

Let  $\rho$  be the Riemiannian distance (i.e. the length of shortest curve linking two points) on M. For any p > 0, the  $L^p$ -Wasserstein distance  $\mathbb{W}_p$  is defined by

$$\mathbb{W}_p(\mu_1,\mu_2) := \inf_{\pi \in \mathscr{C}(\mu_1,\mu_2)} \left( \int_{M \times M} \rho(x,y)^p \pi(\mathrm{d}x,\mathrm{d}y) \right)^{\frac{1}{p \vee 1}}, \ \mu_1,\mu_2 \in \mathscr{P},$$

where  $\mathscr{C}(\mu_1, \mu_2)$  is the set of all probability measures on  $M \times M$  with marginal distributions  $\mu_1$  and  $\mu_2$ . A measure  $\pi \in \mathscr{C}(\mu_1, \mu_2)$  is called a coupling of  $\mu_1$  and  $\mu_2$ .

Since M is connected and compact, L has discrete spectrum and all eigenvalues  $\{\lambda_i\}_{i\geq 0}$ of -L listed in the increasing order counting multiplicities satisfy (see for instance [3])

(1.2) 
$$\kappa^{-1}i^{\frac{2}{d}} \le \lambda_i \le \kappa i^{\frac{2}{d}}, \quad i \ge 0$$

for some constant  $\kappa > 1$ . Our main results are stated as follows, which cover the corresponding assertions derived in [14] for  $B(\lambda) = \lambda$ .

**Theorem 1.1** (Lower bound estimates). Let  $B \in \mathbb{B}$ .

(1) There exists a constant  $c \in (0, 1]$  with c = 1 when  $\partial M$  is empty or convex, such that

$$\liminf_{t \to \infty} \inf_{x \in M} \left\{ t \mathbb{E}^x [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\} \ge c \sum_{i=1}^\infty \frac{2}{\lambda_i B(\lambda_i)}.$$

(2) Let  $B \in \mathbb{B}_{\alpha}$  for some  $\alpha \in [0, 1]$ . If  $d > 2(1 + \alpha)$ , then for any p > 0,

$$\liminf_{t \to \infty} \inf_{x \in M} \left\{ t^{\frac{2}{d-2\alpha}} \left( \mathbb{E}^x [\mathbb{W}_p(\mu_t^B, \mu)] \right)^{\frac{2}{p \wedge 1}} \right\} > 0.$$

(3) Let  $B(\lambda) = \lambda^{\alpha}$  for some  $\alpha \in [0, 1]$ . If  $d = 2(1 + \alpha)$  (i.e.  $\alpha = 1$  and d = 4, or  $\alpha = \frac{1}{2}$ and d = 3),  $M = \mathbb{T}^d$  and V = 0, then

$$\liminf_{t \to \infty} \inf_{x \in M} \left\{ \frac{t}{\log t} \left( \mathbb{E}^x [\mathbb{W}_1(\mu_t^B, \mu)] \right)^2 \right\} > 0.$$

**Theorem 1.2** (Upper bound estimates). Let  $B \in \mathbb{B}^{\alpha}$  for some  $\alpha \in [0, 1]$ .

(1) If  $d < 2(1 + \alpha)$ , then

$$\limsup_{t \to \infty} \sup_{x \in M} \left\{ t \mathbb{E}^x [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\} \le \sum_{i=1}^\infty \frac{2}{\lambda_i B(\lambda_i)} < \infty.$$

(2) If  $d > 2(1 + \alpha)$ , then

$$\limsup_{t \to \infty} \sup_{x \in M} \left\{ t^{\frac{2}{d-2\alpha}} \mathbb{E}^x [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\} < \infty$$

(3) If 
$$d = 2(1 + \alpha)$$
, i.e. either  $\alpha = 1$  and  $d = 4$ , or  $\alpha = \frac{1}{2}$  and  $d = 3$ , then  

$$\limsup_{t \to \infty} \sup_{x \in M} \left\{ \frac{t}{\log t} \mathbb{E}^x [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\} < \infty.$$

The following is a straightforward consequence of Theorems 1.1 and 1.2. Corollary 1.3. Let  $B \in \mathbb{B}^{\alpha} \cap \mathbb{B}_{\alpha}$  for some  $\alpha \in [0, 1]$ .

(1) If  $\partial M$  is empty or convex, then

(1.3) 
$$\lim_{t \to \infty} \left\{ t \mathbb{E}^x [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\} = \sum_{i=1}^\infty \frac{2}{\lambda_i B(\lambda_i)}$$

uniformly in  $x \in M$ , where the limit is finite if and only if  $d < 2(1 + \alpha)$ . In general, there exists a constant  $c \in (0, 1]$  such that

(1.4)  
$$c\sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i)} \leq \liminf_{t \to \infty} \inf_{x \in M} \left\{ t \mathbb{E}^x [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\}$$
$$\leq \limsup_{t \to \infty} \sup_{x \in M} \left\{ t \mathbb{E}^x [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\} \leq \sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i)}.$$

(2) If  $d > 2(1 + \alpha)$ , then for any  $\varepsilon \in (0, \alpha)$  there exist constants  $c > c(\varepsilon) > 0$  such that

$$c(\varepsilon)t^{-\frac{2}{d-2\alpha}} \leq \inf_{x \in M} \left( \mathbb{E}^{x}[\mathbb{W}_{\varepsilon}(\mu_{t}^{B},\mu)] \right)^{\frac{2}{\varepsilon}}$$
  
$$\leq \inf_{x \in M} \mathbb{E}^{x}[\mathbb{W}_{2}(\mu_{t}^{B},\mu)^{2}] \leq \sup_{x \in M} \mathbb{E}^{x}[\mathbb{W}_{2}(\mu_{t}^{B},\mu)^{2}] \leq ct^{-\frac{2}{d-2\alpha}}, \quad t \geq 1.$$

(3) Let  $d = 2(1 + \alpha)$ , i.e. either d = 3 and  $\alpha = \frac{1}{2}$ , or  $\alpha = 1$  and d = 4. Then there exists a constant c > 0 such that

$$\sup_{x \in M} \mathbb{E}^x[\mathbb{W}_2(\mu_t^B, \mu)^2] \le ct^{-1}\log t, \quad t \ge 2.$$

On the other hand, when  $B(\lambda) = \lambda^{\alpha}$ ,  $M = \mathbb{T}^d$  and V = 0, then there exists a constant c' > 0 such that

$$\inf_{x \in M} \mathbb{E}^x[\mathbb{W}_1(\mu_t^B, \mu)^2] \ge c' t^{-1} \log t, \quad t \ge 2.$$

Finally, we have the following result on the weak convergence of  $t \mathbb{W}_2(\mu_t^B, \mu)^2$ .

**Theorem 1.4.** Let  $B \in \mathbb{B}^{\alpha}$  for some  $\alpha \in [0,1]$ , and let  $\partial M$  be empty or convex. If  $d < 2(1+\alpha)$ , then

$$\lim_{t \to \infty} \sup_{x \in M} |\mathbb{P}^x(t \mathbb{W}_2(\mu_t^B, \mu)^2 < a) - F(a)| = 0, \quad a \ge 0,$$

where  $F(a) := \mathbb{P}(\xi < a)$  for

$$\xi := \sum_{i=1}^{\infty} \frac{2\xi_i^2}{\lambda_i B(\lambda_i)}$$

and i.i.d. random variables  $\{\xi_i\}$  with the standard normal distribution N(0,1).

Following the line of [14], we will first study the modified empirical measure  $\mu_{t,r}^B := \mu_t^B P_r$ for r > 0 in Section 2, present some lemmas in Section 3, and finally prove Theorems 1.1, 1.2 and 1.4 in Sections 4, 5 and 6 respectively.

### 2 Modified empirical measures

In this part, we allow M to be non-compact, but assume that the (Neumann) semigroup  $P_t$  generated by L is ultracontractive, i.e.

(2.1) 
$$||P_t||_{1\to\infty} := \sup_{\mu(|f|) \le 1} ||P_t f||_{\infty} < \infty, \quad t > 0.$$

Consequently, -L has discrete spectrum and the heat kernel  $p_t(x, y)$  of  $P_t$  with respect to  $\mu$  satisfies

(2.2) 
$$p_t(x,y) = 1 + \sum_{i=1}^{\infty} e^{-t\lambda_i} \phi_i(x) \phi_i(y) \le ||P_t||_{1 \to \infty} < \infty, \quad t > 0, x, y \in M,$$

where  $\{\lambda_i\}_{i\geq 0}$  are all eigenvalues of -L and  $\{\phi_i\}_{i\geq 0}$  is the eigenbasis, i.e.  $\phi_0 \equiv 1$  and  $\{\phi_i\}_{i\geq 0}$  is an orthonormal basis of  $L^2(\mu)$  with  $L\phi_i = -\lambda_i\phi_i$ .

For any  $p \ge 1$  and  $f \in L^p(\mu)$ , let  $||f||_p := \{\mu(|f|^p)\}^{\frac{1}{p}}$  be the  $L^p(\mu)$ -norm of f. Then there exists a constant c > 0 such that

$$||P_t f||_p \le c e^{-\lambda_1 t} ||f||_p, \quad t \ge 0, p \in [1, \infty], f \in L^p_0(\mu)$$

where  $L_0^p(\mu) := \{ f \in L^p(\mu) : \mu(f) := \int_M f d\mu = 0 \}$ . Consequently, for any  $B \in \mathbb{B}$ ,

(2.3) 
$$\|P_t^B f\|_p = \|\mathbb{E}P_{S_t^B} f\|_p \le c \|f\|_p \mathbb{E}e^{-\lambda_1 S_t^B} = ce^{-B(\lambda_1)t} \|f\|_p, \quad t \ge 0, p \in [1, \infty], f \in L_0^p(\mu).$$

As in [14], we consider the modified empirical measure

$$\mu_{t,r}^B := \mu_t^B P_r, \quad r, t > 0.$$

By (2.2), we have

(2.4) 
$$f_{t,r} := \frac{\mathrm{d}\mu_{t,r}^B}{\mathrm{d}\mu} = 1 + \frac{1}{\sqrt{t}} \sum_{i=1}^{\infty} \mathrm{e}^{-r\lambda_i} \psi_i(t) \phi_i, \quad \psi_i(t) := \frac{1}{\sqrt{t}} \int_0^t \phi_i(X_s^B) \mathrm{d}s, \quad r, t > 0.$$

The main result in this section is the following.

**Theorem 2.1.** Let  $B \in \mathbf{B}$ , M be a d-dimensional connected complete Riemannian manifold possibly with a boundary such that (2.1) holds.

(1) For any r > 0,

$$\lim_{t \to \infty} \sup_{x \in M} \left| t \mathbb{E}^x [\mathbb{W}_2(\mu_{t,r}^B, \mu)^2] - \sum_{i=1}^\infty \frac{2}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}} \right| = 0.$$

(2) For any C > 0, let

$$\mathscr{P}(C) := \{ \nu \in \mathscr{P} : \nu = h_{\nu} \mu, \|h_{\nu}\|_{\infty} \le C \}.$$

Then for any C > 1,

$$\lim_{t \to \infty} \sup_{\nu \in \mathscr{P}(C)} \left| \mathbb{P}^{\nu}(t \mathbb{W}_2(\mu_{t,r}^B, \mu)^2 < a) - F_r(a) \right| = 0, \quad a \in \mathbb{R},$$

where for i.i.d. random variables  $\xi_i$  with distribution N(0,1),  $F_r := \mathbb{P}(\xi_r < \cdot)$  is the distribution function of

$$\xi_r := \sum_{i=1}^{\infty} \frac{2\xi_i^2}{\lambda_i B(\lambda_i) e^{2\lambda_i r}}, \quad r > 0.$$

To prove this result, we first present some lemmas, where the first follows from [14, Lemma 2.3], which goes back to [1, Proposition 2.3].

Lemma 2.2. Let  $B \in \mathbf{B}$ ,  $\mathscr{M}(a, b) := \frac{a-b}{\log a - \log b} \mathbb{1}_{\{a \land b > 0\}}$ . Then

$$\mathbb{W}_2(\mu_{t,r}^B,\mu)^2 \le \int_M \frac{|\nabla L^{-1}(f_{t,r}-1)|^2}{\mathscr{M}(f_{t,r},1)} \,\mathrm{d}\mu, \quad t,r>0.$$

By the ergodicity we have  $\lim_{t\to\infty} \mathscr{M}(f_{t,r}, 1) = 1$  (see Lemma 2.4 below), so that this lemma implies that  $t W_2(\mu^B_{t,r}, \mu)^2$  is asymptotically bounded above by

(2.5) 
$$\Xi_r(t) := t \mu (|\nabla L^{-1}(f_{t,r} - 1)|^2), \quad t, r > 0,$$

where  $\mu(f) := \int_M f d\mu$  for  $f \in L^1(\mu)$ . Thus, we first estimate  $\Xi_r(t)$ .

**Lemma 2.3.** Let  $B \in \mathbf{B}$ . There exists a constant c > 0 such that

(2.6) 
$$\left| \mathbb{E}^{\nu} \Xi_r(t) - \sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}} \right| \le \frac{c \|h_\nu\|_{\infty}}{t} \sum_{i=1}^{\infty} \frac{1}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}}, \quad t \ge 1, r > 0,$$

holds for any probability measure  $\nu = h_{\nu}\mu$ . Consequently,

(2.7) 
$$\sup_{x \in M} \left| \mathbb{E}^x \Xi_r(t) - \sum_{i=1}^\infty \frac{2}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}} \right| \le \frac{c \|P_{\frac{r}{2}}\|_{2\to\infty}^2}{t} \sum_{i=1}^\infty \frac{1}{\lambda_i B(\lambda_i) \mathrm{e}^{r\lambda_i}}, \quad t \ge 1, r > 0.$$

*Proof.* By (2.2), (2.4), (2.5),  $L\phi_i = -\lambda_i\phi_i$  and  $\mu(\phi_i\phi_j) = 1_{\{i=j\}}$  for  $i, j \ge 0$ , we obtain

(2.8) 
$$\Xi_r(t) = \sum_{i=1}^{\infty} \frac{|\psi_i(t)|^2}{\lambda_i \mathrm{e}^{2r\lambda_i}}, \quad t, r > 0.$$

Since  $P_t^B$  is the Markov semigroup of  $X_t^B$ , the Markov property implies

$$\mathbb{E}^{\nu}(\phi_i(X_t^B)|X_s^B) = P_{t-s}^B\phi_i(X_s^B) = e^{-B(\lambda_i)(t-s)}\phi_i(X_s^B), \quad i \ge 0, t \ge s \ge 0.$$

So,  $\psi_i(t) := \frac{1}{\sqrt{t}} \int_0^t \phi_i(X_s^B) ds$  satisfies

$$\mathbb{E}^{\nu} |\psi_{i}(t)|^{2} = \frac{1}{t} \mathbb{E}^{\nu} \left| \int_{0}^{t} \phi_{i}(X_{s}^{B}) \, \mathrm{d}s \right|^{2} = \frac{2}{t} \int_{0}^{t} \, \mathrm{d}s_{1} \int_{s_{1}}^{t} \mathbb{E}^{\nu} [\phi_{i}(X_{s_{1}}^{B})\phi_{i}(X_{s_{2}}^{B})] \, \mathrm{d}s_{2}$$

$$(2.9) \qquad = \frac{2}{t} \int_{0}^{t} \mathbb{E}^{\nu} |\phi_{i}(X_{s_{1}}^{B})|^{2} \, \mathrm{d}s_{1} \int_{s_{1}}^{t} \mathrm{e}^{-B(\lambda_{i})(s_{2}-s_{1})} \, \mathrm{d}s_{2}$$

$$= \frac{2}{B(\lambda_{i})t} \int_{0}^{t} \nu(P_{s}^{B}\phi_{i}^{2})(1-\mathrm{e}^{-B(\lambda_{i})(t-s)}) \, \mathrm{d}s, \quad t > 0.$$

This together with (2.8) imply

(2.10) 
$$\mathbb{E}^{\nu}\Xi_{r}(t) = \frac{2}{t} \sum_{i=1}^{\infty} \frac{1}{\lambda_{i}B(\lambda_{i})e^{2r\lambda_{i}}} \int_{0}^{t} \nu(P_{s}^{B}\phi_{i}^{2})(1 - e^{-B(\lambda_{i})(t-s)}) \,\mathrm{d}s =: I_{1} + I_{2},$$

where

$$(2.11) I_1 := \frac{2}{t} \sum_{i=1}^{\infty} \int_0^t \frac{1 - e^{-(t-s)B(\lambda_i)}}{\lambda_i B(\lambda_i) e^{2r\lambda_i}} \,\mathrm{d}s = \sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i) e^{2r\lambda_i}} - \frac{2}{t} \sum_{i=1}^{\infty} \frac{1 - e^{-B(\lambda_i)t}}{\lambda_i B(\lambda_i)^2 e^{2r\lambda_i}},$$

and due to  $\nu(P_s^B \phi_i^2) = \mu(h_\nu P_s^B \phi_i^2) = \mu(\phi_i^2 P_s^B h_\nu),$ 

$$I_2 := \mathbb{E}^{\nu} \Xi_r(t) - I_1 = \frac{2}{t} \sum_{i=1}^{\infty} \int_0^t \frac{1 - e^{-(t-s)B(\lambda_i)}}{\lambda_i B(\lambda_i) e^{2r\lambda_i}} \mu(\phi_i^2 P_s^B h_\nu - 1) \, \mathrm{d}s.$$

Since  $\mu(\phi_i^2) = 1$ , by (2.3), there exists a constant  $c_0 > 0$  such that

$$|\mu(\phi_i^2 P_s^B h_\nu - 1)| = |\mu((P_s^B h_\nu - 1)\phi_i^2)| \le ||P_s^B (h_\nu - 1)||_\infty \le c_0 e^{-B(\lambda_1)s} ||h_\nu||_\infty, \quad s \ge 0.$$

Therefore, we find a constant  $c_1 > 0$  such that

(2.12) 
$$|I_2| \le \frac{c_1}{t} ||h_\nu||_{\infty} \sum_{i=1}^{\infty} \frac{1}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}} < \infty.$$

Combining (2.10), (2.11) and (2.12), we find a constant  $c_2 > 0$  such that

$$\left| \mathbb{E}^{\nu} \Xi_r(t) - \sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}} \right| \le \frac{c_2 \|h_{\nu}\|_{\infty}}{t} \sum_{i=1}^{\infty} \frac{1}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}}.$$

When  $\nu = \delta_x$ , (2.10) becomes

(2.13) 
$$\mathbb{E}^x \Xi_r(t) \le I_1 + I_2(x),$$

where  $I_1$  is in (2.11) and

$$I_2(x) := \frac{2}{t} \sum_{i=1}^{\infty} \int_0^t \frac{1 - e^{-B(\lambda_i)(t-s)}}{\lambda_i B(\lambda_i) e^{2r\lambda_i}} P_s^B\{\phi_i^2 - 1\}(x) \, \mathrm{d}s.$$

Since  $\mu(\phi_i^2) = 1$ , (2.3) implies  $\|P_s^B \phi_i^2 - 1\|_{\infty} \leq c e^{-B(\lambda_1)s} \|\phi_i\|_{\infty}^2$ . Combining this with  $\|\phi_i\|_{\infty}^2 = e^{r\lambda_i} \|P_{\frac{r}{2}}\phi_i\|_{\infty}^2 \le e^{\lambda_i r} \|P_{\frac{r}{2}}\|_{2\to\infty}^2,$ 

we find a constant  $c_3 > 0$  such that

$$I_{2}(x) \leq \frac{2}{t} \sum_{i=1}^{\infty} \int_{0}^{t} \frac{c}{\lambda_{i} B(\lambda_{i}) \mathrm{e}^{r\lambda_{i}}} \mathrm{e}^{-B(\lambda_{1})s} \|P_{\frac{r}{2}}\|_{2\to\infty}^{2} \mathrm{d}s \leq \frac{c_{3} \|P_{\frac{r}{2}}\|_{2\to\infty}^{2}}{t} \sum_{i=1}^{\infty} \frac{1}{\lambda_{i} B(\lambda_{i}) \mathrm{e}^{r\lambda_{i}}}.$$

This together with (2.11) and (2.13) implies (2.7).

The following Lemma shows that  $\lim_{t\to\infty} \mathcal{M}(f_{t,r}, 1) = 1, r > 0.$ 

**Lemma 2.4.** Let  $||f_{t,r} - 1||_{\infty} = \sup_{y \in M} |f_{t,r}(y) - 1|$ . Then there exists a function  $c : \mathbb{N} \times \mathbb{N}$  $(0,\infty) \to (0,\infty)$  such that

$$\sup_{x \in M} \mathbb{E}^{x}[\|f_{t,r} - 1\|_{\infty}^{2k}] \le c(k,r)t^{-k}, \quad t \ge 1, r > 0, k \in \mathbb{N}.$$

*Proof.* For fixed r > 0 and  $y \in M$ , let  $f = p_r(\cdot, y) - 1$ . For any  $k \in \mathbb{N}$ , we consider

$$I_k(s) := \mathbb{E}^x \left| \int_0^s f(X_t^B) \, dt \right|^{2k} = (2k)! \mathbb{E}^x \int_{\Delta_k(s)} f(X_{s_1}^B) \cdots f(X_{s_{2k}}^B) \, \mathrm{d}s_1 \cdots \mathrm{d}s_{2k},$$

where  $\Delta_k(s) := \{(s_1, \cdots, s_{2k}) \in [0, s] : 0 \le s_1 \le \cdots \le s_{2k} \le s\}.$ By the proof of [14, Lemma 2.5] with  $X_t^B$  replacing  $X_t$ , we obtain

(2.14) 
$$I_k(t) \le \sup_{s \in [0,t]} I_k(s) \le \{2k(2k-1)\}^k \left( \int_{\Delta_1(t)} (\mathbb{E}^x |g(r_1, r_2)|^k)^{\frac{1}{k}} \, \mathrm{d}r_1 \, \mathrm{d}r_2 \right)^k,$$

where  $g(r_1, r_2) = (f P^B_{r_2 - r_1} f)(X^B_{r_1}), r_2 \ge r_1 \ge 0.$ By (2.1) we have

$$||f||_{\infty} = ||p_r(\cdot, y) - 1||_{\infty} \le 2||P_r||_{1 \to \infty} < \infty,$$

which together with (2.3) implies

$$|g(r_1, r_2)|^k \le ||fP^B_{r_2 - r_1} f||_{\infty}^k \le c e^{-B(\lambda_1)(r_2 - r_1)k} ||f||_{\infty}^{2k} \le c_1 ||P_r||_{1 \to \infty}^{2k} e^{-B(\lambda_1)(r_2 - r_1)k}$$

for some constant  $c_1 > 0$ . Thus, there exists a constant  $c_2 > 0$  such that

$$\int_{\Delta_1(t)} (\mathbb{E}^x |g(r_1, r_2)|^k)^{\frac{1}{k}} \, \mathrm{d}r_1 \, \mathrm{d}r_2 \le \int_0^t \, \mathrm{d}r_1 \int_{r_1}^t c_1 \|P_r\|_{1 \to \infty}^2 \mathrm{e}^{-B(\lambda_1)(r_2 - r_1)} \, \mathrm{d}r_2 \le c_2 \|P_r\|_{1 \to \infty}^2 t.$$

Combining this with (2.14), we find a constant  $c_3 > 0$  such that

$$\sup_{x,y\in M} \mathbb{E}^{x}[|f_{t,r}(y) - 1|^{2k}] = t^{-2k}I_{k}(t) \le c_{3}||P_{r}||_{1\to\infty}^{2k}t^{-k}, \quad t \ge 1, r > 0.$$

Noting that  $f_{t,r} - 1 = P_{\frac{r}{2}}(f_{t,\frac{r}{2}} - 1)$ , this implies that for some constant c > 0

$$\sup_{x \in M} \mathbb{E}^{x}[\|f_{t,r} - 1\|_{\infty}^{2k}] = \sup_{x \in M} \mathbb{E}^{x}[\|P_{\frac{r}{2}}(f_{t,\frac{r}{2}} - 1)\|_{\infty}^{2k}]$$
  
$$\leq \|P_{\frac{r}{2}}\|_{2k \to \infty}^{2k} \sup_{x \in M} \mathbb{E}^{x}[\mu(|f_{t,\frac{r}{2}} - 1|^{2k})] \leq c \|P_{\frac{r}{2}}\|_{1 \to \infty}^{4k} t^{-k}.$$

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*Proof of Theorem 2.1.* (1) It suffices to verify the following estimates for any r > 0:

(2.15) 
$$\liminf_{t \to \infty} \inf_{x \in M} \{ t \mathbb{E}^x [\mathbb{W}_2(\mu_{t,r}^B, \mu)^2] \} \ge \sum_{i=1}^\infty \frac{2}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}},$$

(2.16) 
$$\limsup_{t \to \infty} \sup_{x \in M} \{ t \mathbb{E}^x [\mathbb{W}_2(\mu_{t,r}^B, \mu)^2] \} \le \sum_{i=1}^\infty \frac{2}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}}$$

Let  $B_{\sigma} := \{ \|f_{t,r} - 1\|_{\infty} \leq \sigma^{\frac{2}{3}} \}$  for  $\sigma > 0$ . By the proofs of [14, (2.53) and (2.54)] for  $X_t^B$  replacing  $X_t$ , there exists a constant c > 0 such that

(2.17) 
$$t \mathbb{W}_2(\mu_{t,r}^B, \mu)^2 \ge 1_{B_\sigma} \{ \Xi_r(t) - ct\sigma^{\frac{5}{3}} \}, \quad r, t, \sigma > 0.$$

Taking  $\sigma = t^{-\gamma}$  for some  $\gamma \in (\frac{3}{5}, \frac{3}{4})$ , we have  $t\sigma^{\frac{5}{3}} \downarrow 0$  as  $t \uparrow \infty$ , and according to Lemma 2.4,

$$\lim_{t \to \infty} \sup_{x \in M} \mathbb{P}^x(B^c_{\sigma}) \le \lim_{t \to \infty} \sup_{x \in M} t^{\frac{4\gamma}{3}} \mathbb{E}^x[\|f_{t,r} - 1\|_{\infty}^2] = 0,$$

so that by (2.7)

$$\limsup_{t \to \infty} \sup_{x \in M} \mathbb{E}^x [\mathbf{1}_{B^c_{\sigma}} \Xi_r(t)] \le c(r) \limsup_{t \to \infty} \sup_{x \in M} \mathbb{P}^x(B^c_{\sigma}) = 0,$$

where  $c(r) := \sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i) e^{2\lambda_i r}} < \infty$ . Thus, (2.17) yields

$$\liminf_{t \to \infty} \inf_{x \in M} \mathbb{E}^x \left[ t \mathbb{W}_2(\mu_{t,r}^B, \mu)^2 \right] \ge \liminf_{t \to \infty} \inf_{x \in M} \mathbb{E}^x \left[ \Xi_r(t) \right],$$

which together with (2.7) implies (2.15).

Since  $\mu(\phi_i^2) = 1$  and  $\lambda_1 > 0$ , by taking x = y in (2.2) and integrating with respect to  $\mu(dx)$ , we obtain

$$\sum_{i=1}^{\infty} \frac{1}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}} \le \frac{1}{\lambda_1 B(\lambda_1)} \sum_{i=1}^{\infty} \mathrm{e}^{-2r\lambda_i} < \infty.$$

For any  $\eta \in (0, 1)$ , let

$$A_{\eta} = \{ \|f_{t,r} - 1\|_{\infty} \le \eta \}.$$

Noting that  $f_{t,r}(y) \ge 1 - \eta$  implies

$$\mathscr{M}(1, f_{t,r}(y)) \ge \sqrt{f_{t,r}(y)} \ge \sqrt{1-\eta},$$

by Lemma 2.2 and (2.7), we find a constant c(r) > 0 such that

$$t \sup_{x \in M} \mathbb{E}^{x} [1_{A_{\eta}} \mathbb{W}_{2}(\mu_{t,r}^{B}, \mu)^{2}] \leq \sup_{x \in M} \mathbb{E}^{x} \left\{ \frac{\Xi_{r}(t)}{\sqrt{1-\eta}} \right\}$$
$$\leq \frac{1}{\sqrt{1-\eta}} \sum_{i=1}^{\infty} \frac{2}{\lambda_{i} B(\lambda_{i}) \mathrm{e}^{2r\lambda_{i}}} \left(1 + \frac{c(r)}{t}\right), \quad t > 0, \eta \in (0, 1).$$

Thus,

$$(2.18) \qquad t \sup_{x \in M} \mathbb{E}^{x} [\mathbb{W}_{2}(\mu_{t,r}^{B}, \mu)^{2}] \\ \leq \frac{1}{\sqrt{1-\eta}} \sum_{i=1}^{\infty} \frac{2}{\lambda_{i} B(\lambda_{i}) \mathrm{e}^{2r\lambda_{i}}} \left(1 + \frac{c(r)}{t}\right) + t \sup_{x \in M} \mathbb{E}^{x} [\mathbf{1}_{A_{\eta}^{c}} \mathbb{W}_{2}(\mu_{t,r}^{B}, \mu)^{2}] \\ \leq \frac{1 + c(r)t^{-1}}{\sqrt{1-\eta}} \sum_{i=1}^{\infty} \frac{2}{\lambda_{i} B(\lambda_{i}) \mathrm{e}^{2r\lambda_{i}}} + t \sup_{x \in M} \sqrt{\mathbb{P}^{x}(A_{\eta}^{c}) \mathbb{E}^{x} [\mathbb{W}_{2}(\mu_{t,r}^{B}, \mu)^{4}]}.$$

As shown in the proof of [14, Proposition 2.6], we have

(2.19) 
$$\mathbb{E}^{x} \mathbb{W}_{2}(\mu_{t,r}^{B}, \mu)^{4} \leq \|P_{r}\|_{1 \to \infty}(\mu \times \mu)(\rho^{4}) < \infty.$$

Moreover, Lemma 2.4 implies that for some constant c(k, r) > 0

$$\sup_{x \in M} \mathbb{P}^x(A^c_\eta) \le \eta^{-2k} c(k, r) t^{-k}.$$

By taking k = 4 and applying (2.18) and (2.19), we conclude that

$$\limsup_{t \to \infty} \left\{ t \sup_{x \in M} \mathbb{E}^x [\mathbb{W}_2(\mu_{t,r}^B, \mu)^2] \right\} \le \frac{1}{\sqrt{1-\eta}} \sum_{i=1}^\infty \frac{2}{\lambda_i B(\lambda_i) \mathrm{e}^{2r\lambda_i}}.$$

Then (2.16) follows by letting  $\eta \to 0$ .

(2) By Lemma 2.3, it suffices to prove that for any C > 1

(2.20) 
$$\lim_{t \to \infty} \sup_{\nu \in \mathscr{P}(C)} |\mathbb{P}^{\nu}(\Xi_r(t) < a) - \mathbb{P}(\xi_r < a)| = 0, \quad a \ge 0.$$

Recall that

$$\Xi_r(t) = \sum_{i=1}^{\infty} \frac{|\psi_i(t)|^2}{\lambda_i e^{2\lambda_i r}}, \quad t, r > 0.$$

Define for any  $n \ge 1$ ,

$$\Psi_n(t) := (\psi_1(t), \cdots, \psi_n(t)), \quad t > 0.$$

Then, for any  $\vartheta \in \mathbb{R}^n$ , we have

$$\langle \Psi_n(t), \vartheta \rangle = \frac{1}{\sqrt{t}} \int_0^t (\sum_{i=1}^n \vartheta_i \phi_i(X_s^B)) ds.$$

By [15, Theorem 2.4'], when  $t \to \infty$ , the law of  $\langle \Psi_n(t), \vartheta \rangle$  under  $\mathbb{P}^{\nu}$  converges weakly to the Gaussian distribution  $N(0, \sigma_{n,\vartheta})$  uniformly in  $\nu \in \mathscr{P}(C)$  with variance

$$\sigma_{n,\vartheta} := \lim_{t \to \infty} \mathbb{E}^{\mu} \langle \Psi_n(t), \vartheta \rangle^2$$
  
= 
$$\lim_{t \to \infty} \frac{2}{t} \sum_{i=1}^n \vartheta_i^2 \int_0^t \mathrm{d}s_1 \int_{s_1}^t \mathrm{e}^{-B(\lambda_i)(s_2 - s_1)} \mathrm{d}s_2 = \sum_{i=1}^n \frac{2\vartheta_i^2}{B(\lambda_i)}.$$

Thus, for any  $\vartheta \in \mathbb{R}^n$ ,

$$\lim_{t \to \infty} \mathbb{E}^{\nu} \mathrm{e}^{\mathrm{i}\langle \Psi_n(t), \vartheta \rangle} = \int_{\mathbb{R}^n} \mathrm{e}^{\mathrm{i}\langle x, \vartheta \rangle} \prod_{i=1}^n N(0, 2B(\lambda_i)^{-1})(\mathrm{d}x_i) \text{ uniformly in } \nu \in \mathscr{P}(C),$$

so that the distribution of  $\Psi_n(t)$  under  $\mathbb{P}^{\nu}$  converges weakly to  $\prod_{i=1}^n N(0, 2B(\lambda_i)^{-1})$  as  $t \to \infty$ . Therefore, letting

$$\Xi_r^{(n)}(t) := \sum_{i=1}^n \frac{|\psi_i(t)|^2}{\lambda_i B(\lambda_i) e^{2\lambda_i r}}, \quad \xi_r^{(n)} := \sum_{i=1}^n \frac{2\xi_i^2}{\lambda_i B(\lambda_i) e^{2\lambda_i r}},$$

we have

(2.21) 
$$\lim_{t \to \infty} \sup_{\nu \in \mathscr{P}(C)} |\mathbb{P}^{\nu}(\Xi_r^{(n)}(t) < a) - \mathbb{P}(\xi_r^{(n)} < a)| = 0, \quad a \ge 0$$

On the other hand, by (2.8) and (2.9), we find some constant  $C_1 > 0$  such that

$$\sup_{\nu \in \mathscr{P}(C)} \mathbb{E}^{\nu} |\Xi_r(t) - \Xi_r^{(n)}(t)|$$
  
=  $\frac{2}{t} \sup_{\nu \in \mathscr{P}(C)} \sum_{i=n+1}^{\infty} \frac{\mathrm{e}^{-2\lambda_i r}}{\lambda_i B(\lambda_i)} \int_0^t \nu(P_s^B \phi_i^2) (1 - \mathrm{e}^{-B(\lambda_i)(t-s)}) \mathrm{d}s \le C_1 \varepsilon_n,$ 

where  $\varepsilon_n := 2 \sum_{i=n+1}^{\infty} \frac{2}{\lambda_i B(\lambda_i) e^{2\lambda_i r}} \to 0$  as  $n \to \infty$ . This together with (2.21) implies (2.20).

#### 3 Some lemma

From now on, we assume that M is compact. For any  $q \ge p \ge 1$ , let  $\|\cdot\|_{p\to q}$  be the operator norm from  $L^p(\mu)$  to  $L^q(\mu)$ . When p = q, we simply denote  $\|\cdot\|_p = \|\cdot\|_{p\to p}$ . Then there exist constants  $\kappa, \lambda > 0$  such that

(3.1) 
$$||P_t - \mu||_{p \to q} \le \kappa (1 \land t)^{-\frac{d}{2}(p^{-1} - q^{-1})} e^{-\lambda_1 t}, \quad t > 0, q \ge p \ge 1.$$

Next, by the triangle inequality of  $\mathbb{W}_2$ , we obtain

(3.2) 
$$\mathbb{E}[\mathbb{W}_{2}(\mu_{t}^{B},\mu)^{2}] \leq (1+\varepsilon)\mathbb{E}[\mathbb{W}_{2}(\mu_{t,r}^{B},\mu)^{2}] + (1+\varepsilon^{-1})\mathbb{E}[\mathbb{W}_{2}(\mu_{t}^{B},\mu_{t,r}^{B})^{2}], \quad \varepsilon > 0.$$

As shown in [14] for  $B(\lambda) = \lambda$  that, to prove Theorem 1.1, we need to estimate  $\mathbb{E}[\mathbb{W}_2(\mu_t^B, \mu_{t,r}^B)^2]$ and to refine the estimate on  $\mathbb{E}[\mathbb{W}_2(\mu_{t,r}^B, \mu)^2]$  for compact M. These are included in the following lemmas.

**Lemma 3.1.** Let  $B \in \mathbb{B}$  and  $\mu^B_{t,r,\varepsilon} = (1-\varepsilon)\mu^B_{t,r} + \varepsilon\mu, \varepsilon \in [0,1]$ . There exists a constant c > 0 such that

(3.3) 
$$\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t}^{B},\mu_{t,r}^{B})^{2}] \leq c \|h_{\nu}\|_{\infty}r, \quad \nu = h_{\nu}\mu,$$

(3.4) 
$$\mathbb{W}_2(\mu^B_{t,r,\varepsilon},\mu^B_{t,r})^2 \le c\varepsilon, \quad t,r \ge 0, \varepsilon \in [0,1].$$

*Proof.* Since for t > 0,

$$\pi_t(\mathrm{d}x, dy) := \left(\frac{1}{t} \int_0^t p_r(x, y) \delta_{X^B_s}(\mathrm{d}x) \,\mathrm{d}s\right) \mu(\mathrm{d}y) \in \mathscr{C}(\mu^B_t, \mu^B_{t, r}),$$

we have

(3.5)  

$$\mathbb{W}_{2}(\mu_{t,r}^{B}, \mu_{t}^{B})^{2} \leq \int_{M} \rho(x, y)^{2} \pi_{t}(\mathrm{d}x, \mathrm{d}y) \\
= \frac{1}{t} \int_{0}^{t} \mathrm{d}s \int_{M} p_{r}(X_{s}^{B}, y) \rho(X_{s}^{B}, y)^{2} \mu(\mathrm{d}y)$$

Since  $\nu = h_{\nu}\mu$ , by the  $P_t^B$ -invariance of  $\mu$ , we find a constant  $c_1 > 0$  such that

(3.6) 
$$\mathbb{E}^{\nu} \int_{M} p_{r}(X_{s}^{B}, y) \rho(X_{s}^{B}, y)^{2} \mu(\mathrm{d}y) \leq \|h_{\nu}\|_{\infty} \mu \left[ P_{s}^{B} \left( \int_{M} p_{r}(x, y) \rho(\cdot, y)^{2} \mu(\mathrm{d}y) \right) \right]$$
$$= \|h_{\nu}\|_{\infty} \mathbb{E}^{\mu} [\rho(X_{0}, X_{r})^{2}] \leq c_{1} \|h_{\nu}\|_{\infty} r, \quad s \geq 0,$$

where the last step is due to [14, Lemma 3.1]. Substituting this into (3.5), we prove (3.3).

On the other hand, let D be the diameter of M. Since

$$\pi(\mathrm{d}x,\mathrm{d}y) := (1-\varepsilon)\mu_{t,r}^B(\mathrm{d}x)\delta_x(\mathrm{d}y) + \varepsilon\mu(\mathrm{d}x)\mu_{t,r}^B(\mathrm{d}y) \in \mathscr{C}(\mu_{t,r,\varepsilon}^B,\mu_{t,r}^B),$$

we obtain

$$\mathbb{W}_2(\mu^B_{t,r,\varepsilon},\mu^B_{t,r})^2 \le \int_{M \times M} \rho(x,y)^2 \pi(\mathrm{d}x,\mathrm{d}y) \le \varepsilon D^2, \quad t,r > 0, \varepsilon \in [0,1].$$

Then the proof is finished.

**Lemma 3.2.** Let  $B \in \mathbb{B}^{\alpha}$  for some  $\alpha \in [0, 1]$ , and let  $d < 2(1 + \alpha)$ .

(1) For any  $q \in (\frac{d}{2} \vee 1, \frac{d}{d-2\alpha})$ , there exists a constant c > 0, such that

(3.7) 
$$\sup_{y \in M} \mathbb{E}^{\mu}[|f_{t,r}(y) - 1|^2] \le \frac{c}{tr^{\frac{d}{2q}}}, \quad t \ge 1, r \in (0, 1].$$

(2) For any  $q \in (\frac{d}{2} \vee 1, \frac{d}{d-2\alpha})$  and  $\gamma \in (1, \frac{2q}{d})$ ,

(3.8) 
$$\lim_{t \to \infty} \sup_{y \in M} \mathbb{E}^{\mu} [|\mathscr{M}((1 - t^{-\gamma})f_{t,t^{-\gamma}}(y) + t^{-\gamma}, 1)^{-1} - 1|^{p}] = 0, \quad p > 0.$$

*Proof.* (1) For fixed  $y \in M$ , simply denote  $f = p_r(\cdot, y) - 1$ . Then

(3.9) 
$$\mathbb{E}^{\mu} \left[ |f_{t,r} - 1|^2 \right] = \frac{2}{t^2} \mathbb{E}^{\mu} \int_0^t f(X_{r_1}^B) \mathrm{d}r_1 \int_{r_1}^t f(X_{r_2}^B) \mathrm{d}r_2,$$

Since  $P^B_t$  is invariant with respect to  $\mu,$  we obtain

(3.10) 
$$\mathbb{E}^{\mu}[f(X_{r_{1}}^{B})f(X_{r_{2}}^{B})] = \mu\left(P_{r_{1}}^{B}(fP_{r_{2}-r_{1}}^{B}f)\right) = \mu(fP_{r_{2}-r_{1}}^{B}f) \\ \leq \|f\|_{\frac{q}{q-1}}\|P_{r_{2}-r_{1}}^{B}f\|_{q} \leq \|f\|_{\frac{q}{q-1}}\|P_{\frac{r_{2}-r_{1}}{2}}^{B}\|_{1\to q}\|P_{\frac{r_{2}-r_{1}}{2}}^{B}f\|_{1}, \quad r_{2} > r_{1} \geq 0$$

By  $f = p_r(\cdot, y) - 1$  and (3.1), we find some constants  $c_1 > 0$  such that

(3.11) 
$$||f||_{\frac{q}{q-1}} \le 1 + ||p_r(\cdot, y)||_{\frac{q}{q-1}} \le 1 + ||P_{\frac{r}{2}}||_{1 \to \frac{q}{q-1}} \le c_1 r^{-\frac{d}{2q}}, \quad r \in (0, 1], q \ge 1.$$

Moreover, since  $P_t^B$  is the semigroup of  $X_t^B := X_{S_t^B}$ , by (3.1) and noting that  $B \in \mathbb{B}^{\alpha}$  implies

(3.12) 
$$B(r) \ge k_0 (r \wedge r^\alpha) \ge k_1 r^\alpha - k_2, \quad r \ge 0$$

for some constants  $k_0, k_1, k_2 > 0$ , we find a constant  $c_2 > 0$  such that

$$\begin{aligned} \|P_r^B\|_{1\to q} &\leq \mathbb{E} \|P_{S_r^B}\|_{1\to q} \leq c \mathbb{E} \left[ (1 \wedge S_r^B)^{-\frac{d(q-1)}{2q}} \right] \\ &\leq c + c \mathbb{E} \left[ (S_r^B)^{-\frac{d(q-1)}{2q}} \right] = c + \frac{c}{\Gamma(\frac{d(q-1)}{2q})} \int_0^\infty t^{\frac{d(q-1)}{2q}-1} \mathrm{e}^{-rB(t)} \mathrm{d}t \\ &\leq c_2 (r^{-\frac{d(q-1)}{2\alpha q}} + 1), \quad r > 0. \end{aligned}$$

Since  $\frac{d(q-1)}{2\alpha q} < 1$ , by combining this with (2.3), (3.9) and (3.11), we find constants  $c_3, c_4 > 0$  such that

$$\mathbb{E}^{\mu}[|f_{t,r}(y) - 1|^2] \le \frac{c_3}{r^{\frac{d}{2q}}t^2} \int_0^t \mathrm{d}r_1 \int_{r_1}^t ((r_2 - r_1)^{-\frac{d(q-1)}{2\alpha q}} + 1) \mathrm{e}^{-\lambda_1^{\alpha}(r_2 - r_1)} \,\mathrm{d}r_2 \le \frac{c_4}{r^{\frac{d}{2q}}t}, \quad t, r > 0.$$

(2) Let  $\theta > 0$  be small enough such that  $\gamma(\frac{d}{2q} + \frac{\theta p}{2}) < 1$ . According to the proof of the [14, Lemma 3.3], there exists a map  $C: (0, 1) \to (0, \infty)$  such that

$$\begin{split} \sup_{y \in M} \mathbb{E}^{\mu} [|\mathscr{M}((1-r)f_{t,r}(y)+r,1)^{-1}-1|^{p}] &\leq \delta_{\eta} + (1+\theta^{-1}r^{-\frac{\theta}{2}})^{p} \sup_{y \in M} \mathbb{P}^{\mu}(\{|f_{t,r}(y)-1| > \eta\}) \\ &\leq \delta_{\eta} + C(\eta)t^{-1}r^{-\frac{d}{2p}-\frac{\theta p}{2}}, \ t \geq 1, r, \eta \in (0,1), \end{split}$$

holds for  $\delta_{\eta} = \left| \frac{1}{\sqrt{1-\eta}} - \frac{2}{2+\eta} \right|^q$ ,  $\eta \in (0,1)$ . This implies (3.8) by taking  $r = t^{-\gamma}$  and letting first  $t \to \infty$  then  $\eta \to 0$ .

**Lemma 3.3.** Let  $B \in \mathbb{B}^{\alpha}$  for some  $\alpha \in [0,1]$ . For any  $p \in [1,2]$ , there exists a constant c > 0 such that

(3.13) 
$$\mathbb{E}^{\mu}[|\psi_i(t)|^{2p}] \le c\lambda_i^{\alpha(p-2)+(p-1)(\frac{d}{2}-2\alpha)}, \quad i \ge 1.$$

*Proof.* Since  $P_t^B \phi_i = e^{-B(\lambda_i)t} \phi_i$ , we have

(3.14) 
$$g(r_1, r_2) := (\phi_i P^B_{r_2 - r_1} \phi_i)(X^B_{r_1}) = e^{-(r_2 - r_1)B(\lambda_i)} \phi_i(X^B_{r_1})^2.$$

By (2.14),  $\mu(P_{r_1}^B \phi_i^2) = \mu(\phi_i^2) = 1$  and (3.12), we find a constant  $c_1 > 0$  such that

(3.15) 
$$t\mathbb{E}^{\mu}[|\psi_{i}(t)|^{2}] \leq c_{1} \int_{0}^{t} \mathrm{d}r_{1} \int_{r_{1}}^{t} \mathbb{E}^{\mu}[g(r_{1}, r_{2})] \,\mathrm{d}r_{2}$$
$$= c_{1} \int_{0}^{t} \mathrm{d}r_{1} \int_{r_{1}}^{t} \mathrm{e}^{-(r_{2}-r_{1})B(\lambda_{i})} \mu(P_{r_{1}}^{B}\phi_{i}^{2}) \,\mathrm{d}r_{2} \leq \frac{c_{1}t}{\lambda_{i}^{\alpha}}, \quad t \geq 1, i \in \mathbb{N}$$

On the other hand, by (2.14), (3.12) and (3.14), we find a constant  $c_2 > 0$  such that

(3.16)  
$$t^{2} \mathbb{E}^{\mu}[|\psi_{i}(t)|^{4}] \leq c_{2} \left( \int_{0}^{t} \mathrm{d}r_{1} \int_{r_{1}}^{t} (\mathbb{E}^{\mu}[|g(r_{1}, r_{2})|^{2}])^{\frac{1}{2}} \mathrm{d}r_{2} \right)^{2} \leq c_{2} \left( \int_{0}^{t} \mathrm{d}r_{1} \int_{r_{1}}^{t} \mathrm{e}^{-(r_{2}-r_{1})\lambda_{i}^{\alpha}} \sqrt{\mu(P_{r_{1}}^{B}\phi_{i}^{4})} \, \mathrm{d}r_{2} \right)^{2}.$$

Moreover, (3.1) and  $P_t \phi_i = e^{-\lambda_i t} \phi_i$  yield

$$\|\phi_i\|_{\infty} = \inf_{t>0} \{ e^{\lambda_i t} \|P_t \phi_i\|_{\infty} \} \le \inf_{t>0} \{ e^{\lambda_i t} \|P_t\|_{2\to\infty} \} \le c_3 \lambda_i^{\frac{4}{4}}, \quad i \ge 1$$

for some constant  $c_3 > 0$ , so that

$$\sqrt{\mu(P_r^B \phi_i^4)} = \sqrt{\mu(\phi_i^4)} \le \sqrt{\|\phi_i\|_{\infty}^2 \mu(\phi_i^2)} \le c_3 \lambda_i^{\frac{d}{4}}, \quad i \ge 1.$$

This together with (3.16) implies that for some constant  $c_4 > 0$ 

$$\mathbb{E}^{\mu}[|\psi_i(t)|^4] \le c_4 \lambda_i^{\frac{d}{2}-2\alpha}, \quad i \ge 1.$$

Combining this with (3.15) and using Hölder's inequality, we find a constant  $c_5 > 0$  such that

$$\mathbb{E}^{\mu}[|\psi_{i}(t)|^{2p}] = \mathbb{E}^{\mu}[|\psi_{i}(t)|^{4-2p}|\psi_{i}(t)|^{4(p-1)}]$$
  

$$\leq (\mathbb{E}^{\mu}[|\psi_{i}(t)|^{2}])^{2-p}(\mathbb{E}^{\nu}[|\psi_{i}(t)|^{4}])^{p-1} \leq c_{5}\lambda_{i}^{\alpha(p-2)+(p-1)(\frac{d}{2}-2\alpha)}.$$

**Lemma 3.4.** Let  $B \in \mathbb{B}^{\alpha}$  for some  $\alpha \in [0,1]$ . If  $d < 2(1 + \alpha)$ , then there exists a constant p > 1 such that

$$\limsup_{t \to \infty} \sup_{r>0} \left\{ t^p \mathbb{E}^{\mu} \int_M |\nabla L^{-1}(f_{t,r} - 1)|^{2p} \, d\mu \right\} < \infty.$$

*Proof.* According to the proof of [14, Lemma 3.5], for any p > 1 and  $\varepsilon > p - 1$ , there exists a constant  $c_1(p,\varepsilon) > 0$  such that

$$t^{p} \mathbb{E}^{\mu} \int_{M} |\nabla L^{-1}(f_{t,r}-1)|^{2p} d\mu \le c_{1}(p,\varepsilon) \sum_{i=1}^{\infty} i^{\varepsilon} \lambda_{i}^{\frac{d(p-1)}{2}-1} \mathbb{E}^{\mu}[|\psi_{i}(t)|^{2p}]$$

Combining this with Lemma 3.3 and (1.2), we find a constant  $c_2(p,\varepsilon) > 0$  such that

(3.17) 
$$\mathbb{E}^{\mu} \int_{M} |\nabla L^{-1}(f_{t,r}-1)|^{2p} d\mu \leq c_2(p,\varepsilon) t^{-p} \sum_{i=1}^{\infty} i^{\delta_{p,\varepsilon}}$$

holds for

$$\delta_{p,\varepsilon} := \varepsilon + \frac{2}{d} \left\{ (p-1) \left( d - 2\alpha \right) + \alpha p - (2\alpha + 1) \right\}.$$

So, it remains to show that  $\delta_{p,\varepsilon} < -1$  holds for some constants p > 1 and  $\varepsilon > p - 1$ . This follows from the fact that for  $\varepsilon > 0$  and  $p_{\varepsilon} := 1 + \frac{\varepsilon}{2}$  we have  $\varepsilon > p_{\varepsilon} - 1$  and

$$\lim_{\varepsilon \downarrow 0} \delta_{p_{\varepsilon},\varepsilon} = -\frac{2(1+\alpha)}{d} < -1.$$

Finally, the following lemma reduces arbitrary initial values to initial distributions with bounded density.

**Lemma 3.5.** Let  $B \in \mathbb{B}$  and  $p \in (0, 2]$ . Then for any  $\varepsilon > 0$ ,

$$\begin{split} &\alpha_{\varepsilon} := \|P_{\varepsilon^{2}}^{B}\|_{1\to\infty} < \infty, \\ &\sup_{x\in M} \mathbb{E}^{x} \left[ \mathbb{W}_{p}(\mu_{t}^{B}, \mu)^{1\vee p} \right] \leq (1+\varepsilon) \sup_{\nu\in\mathscr{P}(\alpha_{\varepsilon})} \mathbb{E}^{\nu} \left[ \mathbb{W}_{p}(\mu_{t}^{B}, \mu)^{1\vee p} \right] + \frac{\varepsilon(1+\varepsilon)D^{p}}{t}, \\ &\inf_{\nu\in\mathscr{P}(\alpha_{\varepsilon})} \mathbb{E}^{\nu} \left[ \mathbb{W}_{p}(\mu_{t}^{B}, \mu)^{1\vee p} \right] \leq (1+\varepsilon) \inf_{x\in M} \mathbb{E}^{x} \left[ \mathbb{W}_{p}(\mu_{t}^{B}, \mu)^{1\vee p} \right] + \frac{\varepsilon(1+\varepsilon)D^{p}}{t}, \quad t > \varepsilon^{2}, \end{split}$$

where D is the diameter of M.

*Proof.* There exists a constant c > 0 such that

$$||P_t||_{1\to\infty} \le c(1+t^{-\frac{d}{2}}), \quad t>0.$$

This together with (1.1) and  $\int_1^\infty r^{\frac{d}{2}-1}{\rm e}^{-tB(r)}{\rm d}r<\infty$  implies

$$\begin{aligned} \|P_t^B\|_{1\to\infty} &= \sup_{\mu(|f|) \le 1} \sup_{x \in M} |\mathbb{E}^x f(X_{S_t^B})| \le \mathbb{E} \|P_{S_t^B}\|_{1\to\infty} \le c + c \mathbb{E}(S_t^B)^{-\frac{d}{2}} \\ &= c + \frac{c}{\Gamma(\frac{d}{2})} \int_0^\infty r^{\frac{d}{2}-1} \mathrm{e}^{-tB(r)} \mathrm{d}r < \infty, \quad t > 0. \end{aligned}$$

Next, for any  $x \in M$  and  $\varepsilon > 0$ , let  $\nu_{x,\varepsilon}$  be the distribution of  $X^B_{\varepsilon^2}$ . Then

$$\left\|\frac{\mathrm{d}\nu_{x,\varepsilon}}{\mathrm{d}\mu}\right\|_{\infty} = \sup_{\mu(|f|) \le 1} |P^B_{\varepsilon^2} f(x)| \le \|P^B_{\varepsilon^2}\|_{1 \to \infty} = \alpha_{\varepsilon},$$

so that

(3.18) 
$$\nu_{x,\varepsilon} \in \mathscr{P}(\alpha_{\varepsilon}), \quad x \in M, \varepsilon > 0.$$

Let

$$\tilde{\mu}^B_{\varepsilon,t} := \frac{1}{t} \int_{\varepsilon^2}^{\varepsilon^2 + t} \delta_{X^B_s} \mathrm{d}s, \quad t > 0.$$

By Markov property, we have

(3.19) 
$$\mathbb{E}^{x} \left[ \mathbb{W}_{2}(\tilde{\mu}^{B}_{\varepsilon,t},\mu)^{2} \right] = \mathbb{E}^{\nu_{x,\varepsilon}} \left[ \mathbb{W}_{2}(\mu^{B}_{t},\mu)^{2} \right], \quad x \in M, t, \varepsilon > 0.$$

Moreover, it is easy to see that for any  $t > \varepsilon^2 > 0$ ,

$$\pi := \frac{1}{t} \int_{\varepsilon^2}^t \delta_{(X^B_s, X^B_s)} \mathrm{d}s + \frac{1}{t} \int_0^{\varepsilon^2} \delta_{(X^B_s, X^B_{t+s})} \mathrm{d}s \in \mathscr{C}(\mu^B_t, \tilde{\mu}^B_{\varepsilon, t}),$$

so that

$$|\mathbb{W}_p(\mu_t,\mu) - \mathbb{W}_p(\tilde{\mu}^B_{\varepsilon,t},\mu)|^{1\vee p} \le \left\{\mathbb{W}_p(\mu_t,\tilde{\mu}^B_{\varepsilon,t})\right\}^{1\vee p} \le \int_{M\times M} \rho^p \mathrm{d}\pi \le \frac{\varepsilon^2 D^p}{t}.$$

Combining this with (3.18) and (3.19), we obtain

$$\begin{split} \sup_{x \in M} \mathbb{E}^x \Big[ \mathbb{W}_p(\mu_t, \mu)^{1 \lor p} \Big] &\leq (1 + \varepsilon) \sup_{x \in M} \mathbb{E}^x \Big[ \mathbb{W}_p(\tilde{\mu}^B_{\varepsilon, t}, \mu)^{1 \lor p} \Big] + (1 + \varepsilon^{-1}) \frac{\varepsilon^2 D^p}{t} \\ &\leq (1 + \varepsilon) \sup_{\nu \in \mathscr{P}(\alpha_{\varepsilon})} \mathbb{E}^{\nu} \Big[ \mathbb{W}_p(\mu^B_t, \mu)^{1 \lor p} \Big] + \frac{\varepsilon (1 + \varepsilon) D^p}{t}. \end{split}$$

Similarly, the last estimate also holds.

### 4 Proof of Theorem 1.1

#### 4.1 Proof of Theorem 1.1(1)

Since M is compact and  $V \in C^2(M)$ , there exists a constant K > 0 such that

 $\operatorname{Ric}_V := \operatorname{Ric} - \operatorname{Hess}_V \ge -K,$ 

where Ric is the Ricci curvature.

When  $\partial M$  is either convex or empty, then

(4.1) 
$$\mathbb{W}_p(\mu, \nu P_r)^2 \le e^{2Kr} \mathbb{W}_p(\mu, \nu)^2, \quad r > 0, p \ge 1,$$

see for instance [8, 9]. Since  $\mu_{t,r}^B = \mu_t^B P_r$ , this and (2.15) imply

$$e^{2Kr} \liminf_{t \to \infty} \left\{ t \inf_{x \in M} \mathbb{E}^x [\mathbb{W}_2(\mu, \mu_t^B)^2] \right\}$$
  
 
$$\geq \liminf_{t \to \infty} \left\{ t \inf_{x \in M} \mathbb{E}^x [\mathbb{W}_2(\mu, \mu_{t,r}^B)^2] \right\} \geq \sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i) e^{2r\lambda_i}}, \quad r > 0.$$

By letting  $r \to 0$ , we prove the desired estimate for c = 1.

When  $\partial M$  is non-convex, the desired inequality follows by using the following estimate due to [4, Theorem 2.7] replacing (4.1): there exist constants  $c, \lambda > 0$  such that

$$c \mathbb{W}_2(\nu P_r, \mu) \le e^{\lambda r} \mathbb{W}_2(\nu, \mu), \quad \nu \in \mathscr{P}, r > 0.$$

-	-	-	-
			1
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#### 4.2 Proof of Theorem 1.1(2)

It suffices to prove for  $p \in (0, \alpha)$ . The proof is modified from that of the proof of [14, Theorem 1.1], the only difference is that we have to use  $\mathbb{W}_p$  for  $p \in (0, \alpha)$  replacing  $\mathbb{W}_1$ , since in this case we have  $\mathbb{E}[(S_t^B)^p] < \infty$ .

For any  $t \ge 1$  and  $N \in \mathbb{N}$ , we consider  $\mu_N^B := \frac{1}{N} \sum_{i=1}^N \delta_{X_{t_i}^B}$ , where  $t_i := \frac{(i-1)t}{N}, 1 \le i \le N$ . By taking the Wasserstein coupling

$$\frac{1}{t}\sum_{i=1}^{N}\int_{t_{i}}^{t_{i+1}}\delta_{X_{s}^{B}}(\mathrm{d}x)\delta_{X_{t_{i}}^{B}}(\mathrm{d}y)\,\mathrm{d}s\in\mathscr{C}(\mu_{t}^{B},\mu_{N}^{B}),$$

we obtain

$$\mathbb{W}_p(\mu_t^B, \mu_N^B) \le \frac{1}{t} \sum_{i=1}^N \int_{t_i}^{t_{i+1}} \rho(X_s^B, X_{t_i}^B)^p \,\mathrm{d}s.$$

By [14, (3.6)] that

$$\sup_{x \in M} \mathbb{E}^x \rho(X_0, X_t)^2 \le ct, \quad t \ge 0$$

holds for some constant c > 0. So, by Jensen's inequality, for any  $p \in (0, \alpha)$ , there exists a constant  $c_1 > 0$  such that

$$\sup_{x \in M} \mathbb{E}^{x}[\rho(X_{0}^{B}, X_{r}^{B})^{p}] = \sup_{x \in M} \mathbb{E}^{x}[\rho(X_{0}, X_{S_{r}^{B}})^{p}] \le c^{p/2} \mathbb{E}\left[(S_{r}^{B})^{\frac{p}{2}}\right] \le c_{1} r^{\frac{p}{2\alpha}}, \quad r \in [0, 1],$$

where the last step follows from (1.1) and  $B \in \mathbb{B}_{\alpha}$  from which we find constants  $c_2, c_3 > 0$ such that for  $\varepsilon := \frac{p}{2}$ ,

$$\mathbb{E}\left[(S_r^B)^{\varepsilon}\right] = \frac{\varepsilon}{\Gamma(1-\varepsilon)} \int_0^\infty (1-\mathrm{e}^{-rB(t)}) t^{-\varepsilon-1} \mathrm{d}t$$
  
$$\leq c_2 \int_0^\infty (1-\mathrm{e}^{-c_2r-c_2rt^{\alpha}}) t^{-\varepsilon-1} \mathrm{d}t \leq c_2 \mathrm{e}^{c_2r} \int_0^\infty (1-\mathrm{e}^{-c_2rt^{\alpha}}) t^{-\varepsilon-1} \mathrm{d}t \leq c_3 r^{\frac{\varepsilon}{\alpha}}, \quad r \in [0,1].$$

Therefore, there exists a constant  $c_4 > 0$  such that

(4.2) 
$$\sup_{x \in M} \mathbb{E}^x \left[ \mathbb{W}_p(\mu_t^B, \mu_N^B) \right] \le c_4 (tN^{-1})^{\frac{p}{2\alpha}}, \quad t \ge 1, N \in \mathbb{N}.$$

On the other hand, since M is compact, there exists a constant  $c_5 > 0$  such that

$$\mu(\{\rho(x,\cdot)^p \le r\}) \le c_5 r^{\frac{d}{p}}, \ r > 0, x \in M.$$

By [6, Proposition 4.2], this implies

$$\mathbb{W}_p(\mu_N^B,\mu) \ge c_6 N^{-\frac{p}{d}}, \quad N \in \mathbb{N}, t \ge 1$$

for some constant  $c_6 > 0$ . This and (4.2) yield

$$\inf_{x \in M} \mathbb{E}^x[\mathbb{W}_p(\mu, \mu_t^B)] \ge \inf_{x \in M} \mathbb{E}^x[\mathbb{W}_p(\mu, \mu_N^B)] - \sup_{x \in M} \mathbb{E}^x[\mathbb{W}_p(\mu_t^B, \mu_N^B)]$$

$$\geq c_6 N^{-\frac{p}{d}} - c_4 (tN^{-1})^{\frac{p}{2\alpha}}, \quad t \geq 1, N \in \mathbb{N}.$$

By taking  $N := \inf\{n \in \mathbb{N} : n \ge \delta t^{\frac{d}{d-2\alpha}}\}$  for small  $\delta > 0$ , find a constant  $c_7 > 0$  such that for large enough t > 1,

$$\inf_{x \in M} \mathbb{E}^x[\mathbb{W}_p(\mu, \mu_t^B)] \ge c_7 t^{\frac{p}{d-2\alpha}}.$$

Hence, the desired estimate holds.

#### 4.3 Proof of Theorem 1.1(3)

We only consider the case that  $\alpha = \frac{1}{2}, d = 3$ , since the proof for  $\alpha = 1$  and d = 4 has been presented in [14]. In this case, the assertion is implied by the following two lemmas which essentially due to [14] for  $\alpha = 1$ .

**Lemma 4.1.** Let  $B(\lambda) = \lambda^{\frac{1}{2}}$  and d = 3. If for any constant C > 1 there exist constants  $\gamma, \varepsilon, t_0 > 0$ , such that

(4.3) 
$$\{\mathbb{E}^{\nu}\mathbb{W}_{1}(\mu^{B}_{t,t^{-\gamma}},\mu)\}^{2} \geq \varepsilon \mathbb{E}^{\nu}\mu(|\nabla(-L)^{-1}(f_{t,t^{-\gamma}}-1)|^{2}), \quad \nu \in \mathscr{P}(C), t > t_{0},$$

then the estimate in Theorem 1.1(3) holds.

*Proof.* By Lemma 3.5 for p = 1, it suffices to prove that for any constant C > 1,

(4.4) 
$$\liminf_{t \to \infty} t(\log t)^{-1} \inf_{\nu \in \mathscr{P}(C)} \{ \mathbb{E}^{\nu} \mathbb{W}_1(\mu_t^B, \mu) \}^2 > 0.$$

By (2.6) and (4.3), there exists a constant  $c_1, t_1 > 0$  such that

$$\inf_{\nu \in \mathscr{P}(C)} \{ \mathbb{E}^{\nu} \mathbb{W}_1(\mu^B_{t,t^{-\gamma}}, \mu) \}^2 \ge \frac{c_1}{t} \sum_{i=1}^{\infty} \frac{1}{\lambda_i^{\frac{3}{2}} \mathrm{e}^{2t^{-\gamma}\lambda_i}}, \quad t > t_1.$$

Since d = 3, (1.2) implies  $\lambda_i \leq c i^{\frac{2}{3}}$  for some constant c > 0, so that we find constants  $c_2, c_3 > 0$  such that

$$\inf_{\nu \in \mathscr{P}(C)} \{ \mathbb{E}^{\nu} \mathbb{W}_1(\mu^B_{t,t^{-\gamma}}, \mu) \}^2 \ge \frac{1}{c_2 t} \int_1^\infty \frac{\mathrm{d}s}{s \mathrm{e}^{c_2 t^{-\gamma} s^{\frac{2}{3}}}} \ge \frac{c_3 \log t}{t}, \quad t > t_1$$

Combining this with (4.1), we find a constant  $c_4 > 0$  such that

$$\inf_{\nu \in \mathscr{P}(C)} \{ \mathbb{E}^{\nu} \mathbb{W}_1(\mu_t^B, \mu) \}^2 \ge \frac{c_4 \mathrm{e}^{-2Kt^{-\gamma}} \log t}{t}, \quad t > t_1.$$

This implies (4.4).

**Lemma 4.2.** Let  $M = \mathbb{T}^3, V = 0$  and  $B(\lambda) = \lambda^{\frac{1}{2}}$ . Then for any  $\gamma \in (0, \frac{2}{5})$  there exist constants  $\varepsilon, t_0 > 0$  such that

(4.5) 
$$\{\mathbb{E}^{\nu}\mathbb{W}_1(\mu^B_{t,t^{-\gamma}},\mu)\}^2 \ge \varepsilon \mathbb{E}^{\nu}\mu(|\nabla(-\Delta)^{-1}(f_{t,t^{-\gamma}}-1)|^2), \quad \nu \in \mathscr{P}, t > t_0.$$

*Proof.* The proof is similar to that of [14, Proposition 5.3] with  $X_t^B$  replacing  $X_t$ .

Let  $f_t = (-\Delta)^{-1}(f_{t,t-\gamma} - 1)$ . It is shown in the proof of [14, Proposition 5.3] that

$$\mathbb{W}_{1}(\mu^{B}_{t,t^{-\gamma}},\mu) \geq \beta^{-1}\mu(|\nabla f_{t}|^{2}) - K_{1}\beta^{-3}\mu(|\nabla f_{t}|^{4}), \quad \beta > 0$$

holds for some constant  $K_1 > 0$ . If there exist a constant  $K_2 > 0$  such that

(4.6) 
$$\mathbb{E}^{\nu}\mu(|\nabla f_t|^4) \le K_2[\mathbb{E}^{\nu}\mu(|\nabla f_t|^2)]^2, \quad t \ge 2,$$

then

$$\mathbb{E}^{\nu} \mathbb{W}_1(\mu_{t,t^{-\gamma}}^B,\mu) \ge \beta^{-1} \mathbb{E}^{\nu} \mu(|\nabla f_t|^2) - \beta^{-3} K_1 K_2 [\mathbb{E}^{\nu} \mu(|\nabla f_t|^2)]^2, \quad \beta > 0.$$

Taking  $\beta = N\mathbb{E}^{\nu}[\mu(|\nabla f_t|^2)^{\frac{1}{2}}]$  for large enough N > 1, we prove (4.5) for some constant c > 0. So, it remains to prove (4.6).

We identify  $\mathbb{T}$  with  $[0, 2\pi)$  by the one-to-one map

$$[0, 2\pi) \ni s \mapsto e^{is},$$

where i is the imaginary unit. In this way, a point in  $\mathbb{T}^3$  is regarded as a point in  $[0, 2\pi)^3$ , so that  $\{e^{i\langle m, \cdot \rangle}\}_{m \in \mathbb{Z}^3}$  consist of an eigenbasis of  $\Delta$  in the complex  $L^2$ -space of  $\mu$ , where  $\mu$  is the normalized volume measure on  $\mathbb{T}^3$ . Since  $X_t^B$  is generated by  $-(-\Delta)^{\frac{1}{2}}$ , we have

(4.7) 
$$\mathbb{E}^{x} \mathrm{e}^{\mathrm{i}\langle m, X_{t}^{B} \rangle} = \mathrm{e}^{-|m|t} \mathrm{e}^{\mathrm{i}\langle m, x \rangle}, \quad t \ge 0, x \in \mathbb{T}^{3}, m \in \mathbb{Z}^{3}.$$

Moreover,

$$f_t := (-\Delta)^{-1} (f_{t,t^{-\gamma}} - 1) = \sum_{m \in \mathbb{Z}^3 \setminus \{0\}} b_m \mathrm{e}^{-\mathrm{i}\langle m, \cdot \rangle},$$

where

(4.8) 
$$b_m := \frac{\mathrm{e}^{-|m|^2 t^{-\gamma}}}{|m|^2 t} \int_0^t \mathrm{e}^{\mathrm{i}\langle m, X_s^B \rangle} \,\mathrm{d}s, \ m \in \mathbb{Z}^3.$$

Then

$$|\nabla f_t(x)|^2 = -\sum_{m_1, m_2 \in \mathbb{Z}^3 \setminus \{0\}} \langle m_1, m_2 \rangle b_{m_1} b_{m_2} \mathrm{e}^{-\mathrm{i} \langle m_1 + m_2, x \rangle},$$
$$|\nabla f_t(x)|^4 = \sum_{m_1, \cdots, m_4 \in \mathbb{Z}^3 \setminus \{0\}} \langle m_1, m_2 \rangle \langle m_3, m_4 \rangle b_{m_1} b_{m_2} b_{m_3} b_{m_4} \mathrm{e}^{-\mathrm{i} \langle m_1 + m_2 + m_3 + m_4, x \rangle}$$

Noting that,  $\mu(e^{-i\langle m,\cdot\rangle}) = 0$  when  $m \neq 0$ , we get

(4.9) 
$$\mathbb{E}^{\nu}\mu(|\nabla f_t|^2) = \sum_{m \in \mathbb{Z}^3 \setminus \{0\}} |m|^2 \mathbb{E}^{\nu}[b_m b_{-m}],$$

(4.10) 
$$\mathbb{E}^{\nu}\mu(|\nabla f_t|^4) = \sum_{(m_1, m_2, m_3, m_4) \in \mathbb{S}} \langle m_1, m_2 \rangle \langle m_3, m_4 \rangle \mathbb{E}^{\nu}[b_{m_1}b_{m_2}b_{m_3}b_{m_4}],$$

where  $S := \{(m_1, m_2, m_3, m_4) \in \mathbb{Z}^3 \setminus \{0\} : m_1 + m_2 + m_3 + m_4 = 0\}.$ By (4.8), we have

$$\mathbb{E}^{\nu}[b_{m}b_{-m}] = \frac{\mathrm{e}^{-2|m|^{2}t^{-\gamma}}}{|m|^{4}t^{2}} \int_{[0,t]^{2}} \mathbb{E}^{\nu} \mathrm{e}^{\mathrm{i}\langle m, X_{s_{2}}^{B} - X_{s_{1}}^{B} \rangle} \,\mathrm{d}s_{1} \mathrm{d}s_{2}.$$

The Markov property and (4.7) yield

(4.11) 
$$\mathbb{E}^{\nu}(\mathrm{e}^{\mathrm{i}\langle m, X_{s_2}^B - X_{s_1}^B \rangle} | \mathscr{F}_{s_1 \wedge s_2}) = \mathrm{e}^{-|m||s_1 - s_2|}, \quad s_1, s_2 \ge 0.$$

Then we find a constant  $\kappa>0$  such that

$$\mathbb{E}^{\nu}[b_m b_{-m}] = \frac{\mathrm{e}^{-2|m|^2 t^{-\gamma}}}{|m|^4 t^2} \int_{[0,t]^2} \mathrm{e}^{-|m||s_1 - s_2|} \,\mathrm{d}s_1 \mathrm{d}s_2 \ge \frac{\kappa \mathrm{e}^{-2|m|^2 t^{-\gamma}}}{|m|^5 t}, \quad t \ge 2.$$

Using this and (4.9), we get that

(4.12)  
$$\mathbb{E}^{\nu}\mu(|\nabla f_t|^2) \ge \sum_{m \in \mathbb{Z}^3 \setminus \{0\}} \frac{\kappa e^{-2|m|^2 t^{-\gamma}}}{|m|^3 t} \ge \frac{\kappa_1}{t} \int_1^\infty \frac{e^{-2s^2 t^{-\gamma}}}{s} \, \mathrm{d}s$$
$$\ge \frac{\kappa_1}{t e^2} \int_1^{t^{\frac{\gamma}{2}}} s^{-1} \, \mathrm{d}s = \frac{\kappa_1 \gamma}{2e^2} (t^{-1} \log t), \quad t \ge 2.$$

Let **S** be the set of all the permutations of  $\{1, 2, 3, 4\}$ ,  $D(t) = \{(s_1, s_2, s_3, s_4) \in [0, t]^4 : 0 \le s_1 \le s_2 \le s_3 \le s_4 \le t\}$ . We have

$$\begin{split} & \mathbb{E}^{\nu} [b_{m_{1}} b_{m_{2}} b_{m_{3}} b_{m_{4}}] \\ &= \frac{\mathrm{e}^{-\sum_{p=1}^{4} |m_{p}|^{2} t^{-\gamma}}}{t^{4} \prod_{p=1}^{4} |m_{p}|^{2}} \int_{[0,t]^{4}} \mathbb{E}^{\nu} [\mathrm{e}^{\mathrm{i}\langle m_{1}, X_{s_{1}}^{B} \rangle} \mathrm{e}^{\mathrm{i}\langle m_{2}, X_{s_{2}}^{B} \rangle} \mathrm{e}^{\mathrm{i}\langle m_{3}, X_{s_{3}}^{B} \rangle} \mathrm{e}^{\mathrm{i}\langle m_{4}, X_{s_{4}}^{B} \rangle}] \,\mathrm{d}s_{1} \mathrm{d}s_{2} \mathrm{d}s_{3} \mathrm{d}s_{4} \\ &= \frac{\mathrm{e}^{-\sum_{p=1}^{4} |m_{p}|^{2} t^{-\gamma}}}{t^{4} \prod_{p=1}^{4} |m_{p}|^{2}} \sum_{(i,j,k,l) \in \mathbf{S}} \int_{D(t)} \mathbb{E}^{\nu} [\mathrm{e}^{\mathrm{i}\langle m_{i}, X_{s_{1}}^{B} \rangle} \mathrm{e}^{\mathrm{i}\langle m_{j}, X_{s_{2}}^{B} \rangle} \mathrm{e}^{\mathrm{i}\langle m_{k}, X_{s_{3}}^{B} \rangle} \mathrm{e}^{\mathrm{i}\langle m_{l}, X_{s_{4}}^{B} \rangle}] \,\mathrm{d}s_{1} \mathrm{d}s_{2} \mathrm{d}s_{3} \mathrm{d}s_{4} \end{split}$$

Since  $m_1 + m_2 + m_3 + m_4 = 0$ , by (4.7) and the Markov property we obtain

$$\mathbb{E}^{\nu} \left[ \mathrm{e}^{\mathrm{i}\langle m_i, X_{s_1}^B \rangle} \mathrm{e}^{\mathrm{i}\langle m_j, X_{s_2}^B \rangle} \mathrm{e}^{\mathrm{i}\langle m_k, X_{s_3}^B \rangle} \mathrm{e}^{\mathrm{i}\langle m_l, X_{s_4}^B \rangle} \right] = \mathrm{e}^{-|m_l|(s_4 - s_3) - |m_l + m_k|(s_3 - s_2) - |m_i|(s_2 - s_1)|}.$$

Thus,

(4.13) 
$$\frac{t^4 \prod_{p=1}^4 |m_p|^2}{e^{-\sum_{p=1}^4 |m_p|^2 t^{-\gamma}}} \mathbb{E}^{\nu} [b_{m_1} b_{m_2} b_{m_3} b_{m_4}] \\ = \sum_{(i,j,k,l) \in \mathbf{S}} \int_{D(t)} e^{-|m_l|(s_4 - s_3) - |m_l + m_k|(s_3 - s_2) - |m_i|(s_2 - s_1)} \, \mathrm{d}s_1 \mathrm{d}s_2 \mathrm{d}s_3 \mathrm{d}s_4.$$

If  $m_l + m_k = 0$ , then

$$\int_{D(t)} e^{-|m_l|(s_4-s_3)-|m_l+m_k|(s_3-s_2)-|m_i|(s_2-s_1)} ds_1 ds_2 ds_3 ds_4$$
  
= 
$$\int_0^t \int_{s_1}^t \int_{s_2}^t \int_{s_3}^t e^{-|m_l|(s_4-s_3)} e^{-|m_i|(s_2-s_1)} ds_4 ds_3 ds_2 ds_1 \le \frac{t^2}{|m_i||m_l|}.$$

If  $m_l + m_k \neq 0$ , then

$$\begin{split} &\int_{D(t)} e^{-|m_l|(s_4-s_3)-|m_l+m_k|(s_3-s_2)-|m_i|(s_2-s_1)} \, ds_1 ds_2 ds_3 ds_4 \\ &= \int_0^t \int_{s_1}^t \int_{s_2}^t \int_{s_3}^t e^{-|m_l|(s_4-s_3)} e^{-|m_l+m_k|(s_3-s_2)} e^{-|m_i|(s_2-s_1)} \, ds_4 ds_3 ds_2 ds_1 \\ &\leq \frac{t}{|m_i||m_l+m_k||m_l|}. \end{split}$$

Combining these with (4.13) leads to

$$\mathbb{E}^{\nu}[b_{m_1}b_{m_2}b_{m_3}b_{m_4}] \leq \frac{\mathrm{e}^{-\sum_{p=1}^4 |m_p|^2 t^{-\gamma}}}{\prod_{p=1}^4 |m_p|^2} \sum_{(i,j,k,l) \in \mathbf{S}} \left\{ \frac{t^{-2}\mathbf{1}_{\{m_l+m_k=0\}}}{|m_i||m_l|} + \frac{t^{-3}\mathbf{1}_{\{m_l+m_k\neq 0\}}}{|m_i||m_l+m_k||m_l|} \right\}.$$

Therefore, by (4.10), we find a constant c > 0 such that

(4.14) 
$$\mathbb{E}^{\nu}\mu(|\nabla f_t|^4) \le c(I_1 + I_2), \quad t \ge 2,$$

holds for

$$I_{1} := \frac{1}{t^{2}} \sum_{\substack{a,b \in \mathbb{Z}^{3} \setminus \{0\} \\ a,b \in \mathbb{Z}^{3} \setminus \{0\}}} \frac{1}{|a|^{3}|b|^{3}} e^{-2(|a|^{2}+|b|^{2})t^{-\gamma}},$$
$$I_{2} := \frac{1}{t^{3}} \sum_{\substack{m_{1},m_{2},m_{3},m_{4} \in \mathbb{Z}^{3} \setminus \{0\} \\ m_{3}+m_{4} \neq 0}} \frac{e^{-\sum_{p=1}^{4} |m_{p}|^{2}t^{-\gamma}}}{|m_{1}|^{2}|m_{2}||m_{3}||m_{3}+m_{4}||m_{4}|^{2}}.$$

It is easy to see that there exists constants  $c_1, c_2 > 0$ , such that

(4.15) 
$$I_1 \le \frac{c_1}{t^2} \left( \int_1^\infty \frac{\mathrm{e}^{-2s^2t^{-\gamma}}}{s} \,\mathrm{d}s \right)^2 \le c_2(t^{-1}\log t)^2, \quad t \ge 2,$$

and similarly

$$\sum_{m \in \mathbb{Z}^3 \setminus \{0\}} \frac{\mathrm{e}^{-|m|^2 t^{-\gamma}}}{|m|^2} \le c_2 t^{\frac{\gamma}{2}}, \quad \sum_{m \in \mathbb{Z}^3 \setminus \{0\}} \frac{\mathrm{e}^{-|m|^2 t^{-\gamma}}}{|m|} \le c_2 t^{\gamma}, \quad t \ge 2,$$

Then by reformulating  $I_2$  as

$$I_{2} = \frac{1}{t^{3}} \left( \sum_{m_{1} \in \mathbb{Z}^{3} \setminus \{0\}} \frac{\mathrm{e}^{-|m_{1}|^{2}t^{-\gamma}}}{|m_{1}|^{2}} \right) \left( \sum_{m_{2} \in \mathbb{Z}^{3} \setminus \{0\}} \frac{\mathrm{e}^{-|m_{2}|^{2}t^{-\gamma}}}{|m_{2}|} \right) \sum_{\substack{m_{3}, m_{4} \in \mathbb{Z}^{3} \setminus \{0\} \\ m_{3} + m_{4} \neq 0}} \frac{\mathrm{e}^{-(|m_{3}|^{2} + |m_{4}|^{2})t^{-\gamma}}}{|m_{3}||m_{3} + m_{4}||m_{4}|^{2}},$$

we find a constant  $c_3 > 0$  such that

(4.16) 
$$I_2 \le c_3^2 t^{\frac{3\gamma}{2}-3} \sum_{m_4 \in \mathbb{Z}^3 \setminus \{0\}} \frac{\mathrm{e}^{-|m_4|^2 t^{-\gamma}}}{|m_4|^2} \sum_{m_3 \in \mathbb{Z}^3 \setminus \{0, -m_4\}} \frac{\mathrm{e}^{-|m_3|^2 t^{-\gamma}}}{|m_3||m_3 + m_4|}.$$

Write

(4.17) 
$$\sum_{m_3 \in \mathbb{Z}^3 \setminus \{0, -m_4\}} \frac{\mathrm{e}^{-|m_3|^2 t^{-\gamma}}}{|m_3||m_3 + m_4|} =: J_1 + J_2 + J_3$$

for

$$J_{1} := \sum_{\substack{m_{3} \in \mathbb{Z}^{3} \setminus \{0, -m_{4}\} \\ |m_{3}| \leq \frac{|m_{4}|}{2}}} \frac{e^{-|m_{3}|^{2}t^{-\gamma}}}{|m_{3}||m_{3} + m_{4}|},$$

$$J_{2} := \sum_{\substack{m_{3} \in \mathbb{Z}^{3} \setminus \{0, -m_{4}\} \\ \frac{|m_{4}|}{2} < |m_{3}| \leq 2|m_{4}|}} \frac{e^{-|m_{3}|^{2}t^{-\gamma}}}{|m_{3}||m_{3} + m_{4}|},$$

$$J_{3} := \sum_{\substack{m_{3} \in \mathbb{Z}^{3} \setminus \{0, -m_{4}\} \\ |m_{3}| > 2|m_{4}|}} \frac{e^{-|m_{3}|^{2}t^{-\gamma}}}{|m_{3}||m_{3} + m_{4}|}.$$

On the region  $\{m_3 \in \mathbb{Z}^3 \setminus \{0, -m_4\} : |m_3| \leq \frac{|m_4|}{2}\}$  we find a constant  $c_4 > 0$  such that

(4.18) 
$$J_1 \le \frac{2}{|m_4|} \sum_{m_3 \in \mathbb{Z}^3 \setminus \{0\}} \frac{e^{-|m_3|^2 t^{-\gamma}}}{|m_3|} \le \frac{c_4 t^{\gamma}}{|m_4|}, \quad t \ge 2.$$

Next, on the region  $\{m_3 \in \mathbb{Z}^3 \setminus \{0, -m_4\} : |m_3| > 2|m_4|\}$ , we have  $|m_3 + m_4| \sim |m_3|$  and  $|m_3|^2 \geq \frac{|m_3|^2}{2} + 2|m_4|^2$ , so we find a constant  $c_5 > 0$  such that

$$J_3 \le 4 \sum_{\substack{m_3 \in \mathbb{Z}^3 \setminus \{0\} \\ |m_3| > 2|m_4|}} \frac{\mathrm{e}^{-|m_3|^2 t^{-\gamma}}}{|m_3|^2} \le 4\mathrm{e}^{-2|m_4|^2 t^{-\gamma}} \sum_{m_3 \in \mathbb{Z}^3 \setminus \{0\}} \frac{\mathrm{e}^{-\frac{|m_3|^2 t^{-\gamma}}{2}}}{|m_3|^2} \le c_5 t^{\frac{\gamma}{2}} \mathrm{e}^{-2|m_4|^2 t^{-\gamma}}$$

This together with  $e^{-s} \le s^{-\frac{1}{2}}$  gives

(4.19) 
$$J_3 \le \frac{c_5 t^{\gamma}}{|m_4|}, \quad t \ge 2.$$

Finally, on the region  $\{m_3 \in \mathbb{Z}^3 \setminus \{0, -m_4\} : \frac{|m_4|}{2} < |m_3| \le 2|m_4|\}$ , we have  $|m_3| \sim |m_4|$  and  $1 \le |m_3 + m_4| \le 3|m_4|$ , so that there for a constant  $c_6 > 0$ 

$$J_2 \le \frac{2\mathrm{e}^{-\frac{|m_4|^2 t^{-\gamma}}{4}}}{|m_4|} \sum_{1 \le |m_3 + m_4| \le 3|m_4|} \frac{1}{|m_3 + m_4|} \le c_6 |m_4| \mathrm{e}^{-\frac{|m_4|^2 t^{-\gamma}}{4}}$$

By  $e^{-s} \leq s^{-1}$ , we get the upper estimate of  $J_2$ ,

$$J_2 \le \frac{c_7 t^{\gamma}}{|m_4|}, \quad t \ge 2.$$

Combining this with (4.16), (4.17), (4.18) and (4.19), we find a constant  $c_8 > 0$  such that

$$I_2 \le c_8 t^{\frac{5}{2}\gamma - 3} \log t, \quad t \ge 2.$$

Substituting this and (4.15) into (4.14), and combining with (4.12), we prove (4.6). The proof is finished.

### 5 Proof of Theorem 1.2

(1) By Lemma 3.5 for p = 2, it suffices to prove

(5.1) 
$$\limsup_{t \to \infty} \sup_{\nu \in \mathscr{P}(C)} \left\{ t \mathbb{E}^{\nu} [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\} \le \sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i)}, \quad C > 1.$$

By the triangle inequality of  $\mathbb{W}_2$  and Lemma 3.1, for any  $\varepsilon > 0$  there exists a constant  $c(\varepsilon) > 0$  such that

$$\begin{split} & \mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t}^{B},\mu)^{2}] \\ & \leq (1+\varepsilon)\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t,r_{t},r_{t}}^{B},\mu)^{2}] + 2(1+\varepsilon^{-1})\left\{\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t,r_{t}}^{B},\mu_{t,r_{t},r_{t}}^{B})^{2}] + \mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t}^{B},\mu_{t,r_{t}}^{B})^{2}]\right\} \\ & \leq (1+\varepsilon)\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t,r_{t},r_{t}}^{B},\mu)^{2}] + c(\varepsilon)r_{t}, \end{split}$$

where  $r_t = t^{-\beta}, \beta \in (1, \frac{2q}{d}), q \in (\frac{d}{2} \vee 1, \frac{d}{d-2\alpha}), t \geq 1$ . Since  $\frac{d\mu_{t,r_t,r_t}}{d\mu} = (1 - r_t)f_{t,r_t} + r_t$ , by combining this with Lemma 2.2 and Hölder's inequality, we obtain

$$\begin{split} & \mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t,r_{t},r_{t}}^{B},\mu)^{2}] \leq \mathbb{E}^{\nu} \int_{M} \frac{|\nabla L^{-1}(f_{t,r_{t}}-1)|^{2}}{\mathscr{M}((1-r_{t})f_{t,r_{t}}+r_{t},1)} \, d\mu \\ & \leq \mathbb{E}^{\nu} \int_{M} \left\{ |\nabla L^{-1}(f_{t,r_{t}}-1)|^{2} + |\nabla L^{-1}(f_{t,r_{t}}-1)|^{2} |\mathscr{M}((1-r_{t})f_{t,r_{t}}+r_{t},1)^{-1}-1| \right\} \, d\mu \\ & \leq \mathbb{E}^{\nu} \int_{M} |\nabla L^{-1}(f_{t,r_{t}}-1)|^{2} \, d\mu + \left( \mathbb{E}^{\nu} \int_{M} |\nabla L^{-1}(f_{t,r_{t}}-1)|^{2p} \, d\mu \right)^{\frac{1}{p}} \\ & \times \left( \mathbb{E}^{\nu} \int_{M} |\mathscr{M}((1-r_{t})f_{t,r_{t}}+r_{t},1)^{-1}-1|^{\frac{p}{p-1}} \right)^{\frac{p-1}{p}}. \end{split}$$

Since  $B \in \mathbb{B}^{\alpha}$ , by Lemma 2.3, Lemma 3.4 and (3.8), this implies

$$\limsup_{t \to \infty} \sup_{\nu \in \mathscr{P}(C)} \left\{ t \mathbb{E}^{\nu} [\mathbb{W}_2(\mu^B_{t, r_t, r_t}, \mu)^2] \right\} \le \sum_{i=1}^{\infty} \frac{2}{\lambda_i B(\lambda_i)}.$$

Combining this with Lemma 3.1 for  $\varepsilon = r = r_t := t^{-\beta}$  where  $\beta > 1$ , we prove (5.1).

(2) By Lemma 3.5 for p = 2, it suffices to prove

(5.2) 
$$\limsup_{t \to \infty} \sup_{\nu \in \mathscr{P}(C)} \left\{ t^{\frac{2}{d-2\alpha}} \mathbb{E}^{\nu} [\mathbb{W}_2(\mu_t^B, \mu)^2] \right\} < \infty, \quad C > 1.$$

Let  $r: (1, \infty) \to (0, 1)$  to be determined. By [7], we have

$$t \mathbb{W}_2(\mu^B_{t,r},\mu)^2 \le 4\Xi_r(t), \quad t,r>0.$$

Combining this with Lemma 3.1 and Lemma 2.3, we find a constant  $c_0 > 0$  such that

(5.3)  

$$\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t}^{B},\mu)^{2}] \leq 2\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t}^{B},\mu_{t,r_{t}}^{B})^{2}] + 2\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t,r_{t}}^{B},\mu)^{2}] \\
\leq c_{0}r_{t} + c_{0}\frac{\|h_{\nu}\|_{\infty}}{t}\sum_{i=1}^{\infty}\frac{1}{\lambda_{i}^{1+\alpha}\mathrm{e}^{2r_{t}\lambda_{i}}}, \quad t > 1.$$

By (1.2), there exists constants  $c_2, c_3 > 0$  such that

$$\sum_{i=1}^{\infty} \frac{1}{\lambda_i^{1+\alpha} e^{2r_t \lambda_i}} \le c_2 \int_1^{\infty} s^{-\frac{2(1+\alpha)}{d}} e^{-c_3 r_t s^2} \, \mathrm{d}s,$$

so that (5.3) implies

(5.4) 
$$\sup_{\nu \in \mathscr{P}(C)} \mathbb{E}^{\nu} [\mathbb{W}_{2}(\mu_{t}^{B}, \mu)^{2}] \leq cr_{t} + \frac{c}{t} \int_{1}^{\infty} s^{-\frac{2(1+\alpha)}{d}} e^{-c_{3}r_{t}s^{\frac{2}{d}}} ds, \quad t > 1, r_{t} > 0$$

for some constant c > 0 depending on C.

Since  $d > 2(1 + \alpha)$ , we find a constant  $c_4 > 0$  such that

$$\int_{1}^{\infty} s^{-\frac{2(1+\alpha)}{d}} e^{-c_3 r_t s^{\frac{2}{d}}} ds = \int_{r_t^{\frac{d}{2}}}^{\infty} (r_t^{-\frac{d}{2}} u)^{-\frac{2(1+\alpha)}{d}} e^{-c_3 u^{\frac{2}{d}}} r_t^{-\frac{d}{2}} du \le c_4 r_t^{-\frac{d-2(1+\alpha)}{2}}, \quad t > 1.$$

Combining this with (5.4) and taking

$$r_t=t^{-\frac{2}{d-2\alpha}}, \quad t>1,$$

we prove (5.2).

(3) Since  $d = 2(1 + \alpha)$ , for any c > 0 there exists a constant  $c_1 > 0$  such that there exist a constants  $c_1 > 0$  such that

$$\int_{1}^{\infty} s^{-\frac{2(1+\alpha)}{d}} e^{-cr_t s^{\frac{2}{d}}} \, \mathrm{d}s \le c_1 \ln(1+r_t^{-1}), \quad t > 1,$$

so that (5.4) implies

$$\mathbb{E}^{\mu}[\mathbb{W}_{2}(\mu_{t}^{B},\mu)^{2}] \leq c'r_{t} + c't^{-1}\log(1+r_{t}^{-1}), \quad t > 1$$

for some constant c' > 0. Taking  $r_t = t^{-1} \log(1 + t^{-1})$  for  $t \ge 2$ , we find a constant  $c_2 > 0$  such that

$$\mathbb{E}^{\mu}[\mathbb{W}_{2}(\mu_{t}^{B},\mu)^{2}] \leq c_{2}t^{-1}\log(1+t), \quad t \geq 2.$$

Since  $\mathbb{E}^{\nu} \leq ||h_{\nu}||_{\infty} \mathbb{E}^{\mu}$  for  $\nu = h_{\nu}\mu$ , combining this with Lemma 3.5 for p = 2 and  $\varepsilon = 1$ , we obtain

$$\limsup_{t \to \infty} \frac{t}{\log t} \sup_{x \in M} \mathbb{E}^x [\mathbb{W}_2(\mu_t^B, \mu)^2] < \infty.$$

### 6 Proof of Theorem 1.4

*Proof.* By (3.18), (3.19) and noting that the Markov property implies

$$\mathbb{P}^x(t\mathbb{W}_2(\tilde{\mu}^B_{\varepsilon,t},\mu)^2 < a) = \mathbb{P}^{\nu_{x,\varepsilon}}(t\mathbb{W}_2(\mu^B_t,\mu)^2 < a), \quad a \ge 0,$$

it suffices to prove that for any C > 1,

(6.1) 
$$\liminf_{t \to \infty} \inf_{\nu \in \mathscr{P}(C)} \mathbb{P}^{\nu}(t \mathbb{W}_2(\mu_t^B, \mu)^2 < a) \ge F(a), \quad a \ge 0,$$

(6.2) 
$$\limsup_{t \to \infty} \sup_{\nu \in \mathscr{P}(C)} \mathbb{P}^{\nu}(t \mathbb{W}_2(\mu_t^B, \mu)^2 < a) \le F(a), \quad a \ge 0.$$

It is easy to see that (6.2) follows from Theorem 2.1(2) and (4.1).

To prove (6.1), let  $\gamma > 1$  be in Lemma 3.2(2), and denote

$$\begin{split} \tilde{\Xi}(t) &:= t \int_{M} \frac{|\nabla L^{-1}(f_{t,t^{-\gamma}} - 1)|^2}{\mathscr{M}((1 - t^{-\gamma})f_{t,t^{-\gamma}} + t^{-\gamma}, 1)} \mathrm{d}\mu, \\ \Xi(t) &:= \Xi_{t^{-\gamma}}(t) = t \mu \left( |\nabla L^{-1}(f_{t,t^{-\gamma}} - 1)|^2 \right), \quad t > 1. \end{split}$$

Then Lemma 3.2(2) and Lemma 3.4 yield

$$\limsup_{t \to \infty} \sup_{\nu \in \mathscr{P}(C)} \mathbb{P}^{\nu}(|\tilde{\Xi}(t) - \Xi(t)| > \varepsilon) = 0, \quad \varepsilon > 0.$$

Combining this with Lemma 2.2, (2.6) and noting that  $\sum_{i=1}^{\infty} \frac{1}{\lambda_i B(\lambda_i)} < \infty$ , we prove (6.1).

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