# Wasserstein Convergence Rate for Empirical Measures on Noncompact Manifolds \*

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#### Abstract

Let  $X_t$  be the (reflecting) diffusion process generated by  $L := \Delta + \nabla V$  on a complete connected Riemannian manifold M possibly with a boundary  $\partial M$ , where  $V \in C^1(M)$ such that  $\mu(dx) := e^{V(x)} dx$  is a probability measure. We estimate the convergence rate for the empirical measure  $\mu_t := \frac{1}{t} \int_0^t \delta_{X_s} ds$  under the Wasserstein distance. As a typical example, when  $M = \mathbb{R}^d$  and  $V(x) = c_1 - c_2 |x|^p$  for some constants  $c_1 \in \mathbb{R}, c_2 > 0$  and p > 1, the explicit upper and lower bounds are present for the convergence rate, which are of sharp order when either  $d < \frac{4(p-1)}{p}$  or  $d \ge 4$  and  $p \to \infty$ .

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# 1 Introduction

Let M be a d-dimensional complete connected Riemannian manifold, possibly with a boundary  $\partial M$ . Let  $V \in C^1(M)$  such that  $Z_V := \int_M e^{V(x)} ds < \infty$ , where  $dx := \operatorname{vol}(dx)$  stands for the Riemannian volume measure. Then  $\mu(dx) := Z_V^{-1} e^{V(x)} dx$  is a probability measure, and the (reflecting if  $\partial M$  exists) diffusion process  $X_t$  generated by  $L := \Delta + \nabla V$  is reversible with stationary distribution  $\mu$ . When M is compact, the convergence rate of the empirical measure

$$\mu_t := \frac{1}{t} \int_0^t \delta_{X_s} \mathrm{d}s, \quad t > 0$$

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under the Wasserstein distance is investigated in [17]. More precisely, let  $\rho$  be the Riemannian distance on M, and let

$$\mathbb{W}_2(\mu_1,\mu_2) := \inf_{\pi \in \mathscr{C}(\mu_1,\mu_2)} \|\rho\|_{L^2(\pi)}$$

be the associated  $L^2$ -Warsserstein distance for probability measures on M, where  $\mathscr{C}(\mu_1, \mu_2)$ is the class of all couplings of  $\mu_1$  and  $\mu_2$ . For two positive functions  $\xi, \eta$  of t, we denote  $\xi(t) \sim \eta(t)$  if  $c^{-1} \leq \frac{\xi(t)}{\eta(t)} \leq c$  holds for some constant c > 1 and large t > 0. According to [17], for large t > 0 we have

$$\mathbb{E}[\mathbb{W}_2(\mu_t, \mu)^2] \sim \begin{cases} t^{-1}, & \text{if } d \le 3, \\ t^{-1} \log t, & \text{if } d = 4, \\ t^{-\frac{2}{d-2}}, & \text{if } d \ge 5, \end{cases}$$

where the lower bound estimate on  $\mathbb{E}[\mathbb{W}_2(\mu_t,\mu)^2]$  for d = 4 is only derived for a typical example that M is the 4-dimensional torus and V = 0. Moreover, when  $\partial M$  is either convex or empty, we have

$$\underbrace{\mathbb{CM}}_{t\to\infty} (1.1) \qquad \qquad \lim_{t\to\infty} t\mathbb{E}[\mathbb{W}_2(\mu_t,\mu)^2] = \sum_{i=1}^{\infty} \frac{2}{\lambda_i^2}$$

where  $\{\lambda_i\}_{i\geq 1}$  are all non-trivial eigenvalues of -L (with Neumann boundary condition if  $\partial M$  exists) listed in the increasing order counting multiplicities. See [15, 16] for further studies on the conditional empirical measure of the *L*-diffusion process with absorbing boundary.

In this note, we investigate the convergence rate of  $\mathbb{E}[\mathbb{W}_2(\mu_t, \mu)^2]$  for non-compact Riemannian manifold M.

### 1.1 Upper bound estimate

We first present a result on the upper bound estimate of  $\mathbb{E}^{\nu}[\mathbb{W}_2(\mu_t,\mu)^2]$ , where  $\mathbb{E}^{\nu}$  is the expectation for the diffusion process with initial distribution  $\nu$ . When  $\nu = \delta_x$  is a Dirac measure, we simply denote  $\mathbb{E}^x = \mathbb{E}^{\delta_x}$ .

Let  $p_t(x, y)$  be the heat kernel of the (Neumann) Markov semigroup  $P_t$  generated by L. We will assume

**B1** (1.2) 
$$\gamma(t) := \int_M p_t(x, x) \mu(\mathrm{d}x) < \infty, \quad t > 0.$$

By [10, Theorem 3.3] (see also [12, Theorem 3.3.19]) and the spectral representation of heat kernel, (1.2) holds if and only if L has discrete spectrum such that all non-trivial eigenvalues  $\{\lambda_i\}_{i\geq 1}$  of -L satisfy

$$\sum_{i=1}^{\infty} e^{-\lambda_i t} < \infty, \quad t > 0.$$

In particular, this is true if  $P_t$  is ultracontractive, i.e.

$$\sup_{x,y\in M} p_t(x,y) = \|P_t\|_{L^1(\mu)\to L^\infty(\mu)} < \infty, \quad t > 0.$$

Since  $\gamma(t)$  is deceasing in t, (1.2) implies

**BB** (1.3) 
$$\beta(\varepsilon) := 1 + \int_{\varepsilon}^{1} \mathrm{d}s \int_{s}^{1} \gamma(t) \mathrm{d}t < \infty, \quad \varepsilon \in (0, 1]$$

Moreover, let

**BDO** (1.4) 
$$\alpha(\varepsilon) := \mathbb{E}^{\mu}[\rho(X_0, X_{\varepsilon})^2] = \int_M \rho(x, y)^2 p_{\varepsilon}(x, y) \mu(\mathrm{d}x) \mu(\mathrm{d}y), \quad \varepsilon > 0.$$

Finally, for any  $k \ge 1$ , let  $\mathscr{P}_k = \{ \nu \in \mathscr{P} : \nu = h_{\nu}\mu, \|h_{\nu}\|_{\infty} \le k \}.$ 

**T4 Theorem 1.1.** Assume (1.2).

(1) For any  $k \ge 1$ ,

$$\text{ AO } (1.5) \qquad \qquad \limsup_{t \to \infty} \left\{ t \sup_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu} [\mathbb{W}_2(\mu_t, \mu)^2] \right\} \le \sum_{i=1}^{\infty} \frac{8}{\lambda_i^2}.$$

If  $P_t$  is ultracontractive, then

$$\text{AO'} \quad (1.6) \qquad \qquad \limsup_{t \to \infty} \left\{ t \mathbb{E}^{\nu} [\mathbb{W}_2(\mu_t, \mu)^2] \right\} \le \sum_{i=1}^{\infty} \frac{8}{\lambda_i^2}$$

holds for  $\nu \in \mathscr{P}$  satisfying

**A01** (1.7) 
$$\lim_{\varepsilon \downarrow 0} \int_0^\varepsilon \mathbb{E}^\nu \left[ \mu \left( \rho(X_s, \cdot)^2 \right) \right] \mathrm{d}s = 0$$

(2) There exists a constant c > 0 such that

**B3** (1.8) 
$$\sup_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu} \mathbb{W}_2(\mu_t, \mu)^2 \le ck \inf_{\varepsilon \in (0,1]} \left\{ \alpha(\varepsilon) + t^{-1} \beta(\varepsilon) \right\}, \quad t, k \ge 1$$

If  $P_t$  is ultracontravive, then there exists a constant c > 0 such that for any  $\nu \in \mathscr{P}$ and  $t \ge 1$ ,

**B3'** (1.9) 
$$\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t},\mu)^{2}] \leq c \bigg\{ \frac{1}{t} \int_{0}^{1} \mathbb{E}^{\nu} \big[ \mu \big( \rho(X_{s},\cdot)^{2} \big) \big] \mathrm{d}s + \inf_{\varepsilon \in (0,1]} \big\{ \alpha(\varepsilon) + t^{-1} \beta(\varepsilon) \big\} \bigg\}.$$

Since the conditions (1.2) and (1.4) are less explicit, for the convenience of applications we present the following consequence of Theorem 1.1.

**C1** Corollary 1.2. Assume that  $\partial M = \emptyset$  or  $\partial M$  is convex outside a compact set. Let  $V = V_1 + V_2$  for some functions  $V_1, V_2 \in C^1(M)$  such that

$$\mathbf{CVV2} \quad (1.10) \qquad \qquad \operatorname{Ric}_{V_1} := \operatorname{Ric} - \operatorname{Hess}_{V_1} \ge -K, \quad \|\nabla V_2\|_{\infty} \le K$$

holds for some constant K > 0, where Ric is the Ricci curvature and Hess denotes the Hessian tensor. For any  $t, \varepsilon > 0$ , let

$$\tilde{\gamma}(t) := \int_M \frac{\mu(\mathrm{d}x)}{\mu(B(x,\sqrt{t}))}, \quad \tilde{\beta}(\varepsilon) := 1 + \int_{\varepsilon}^1 \mathrm{d}s \int_s^1 \tilde{\gamma}(r) \mathrm{d}r$$

(1) There exists a constant c > 0 such that

**B3''** (1.11) 
$$\sup_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu}[\mathbb{W}_2(\mu_t, \mu)^2] \le ck \inf_{\varepsilon \in (0,1]} \left\{ \varepsilon + t^{-1} \tilde{\beta}(\varepsilon) \right\}, \quad t, k \ge 1.$$

(2) If  $||P_t e^{\lambda \rho_o^2}||_{\infty} < \infty$  for  $\lambda, t > 0$ , then for any  $t \ge 1$  and  $\nu \in \mathscr{P}$ ,

**B3'''** (1.12) 
$$\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t},\mu)^{2}] \leq c \Big[t^{-1}\nu(|\nabla V|^{2}) + \inf_{\varepsilon \in (0,1]} \big\{\varepsilon + t^{-1}\tilde{\beta}(\varepsilon)\big\}\Big].$$

### **1.2** Lower bound estimate

Consider the modified  $L^1$ -Warsserstein distance

$$\tilde{W}_1(\mu_1, \mu_2) := \sup_{\pi \in \mathscr{C}(\mu_1, \mu_2)} \int_{M \times M} \{1 \land \rho(x, y)\} \pi(\mathrm{d}x, \mathrm{d}y) \le \mathbb{W}_2(\mu_1, \mu_2).$$

The operator L (with Neumann condition if  $\partial M$  exists) is said to have a spectral gap, if

**PI** (1.13) 
$$\lambda_1 := \inf \left\{ \mu(|\nabla f|^2) : f \in C_b^1(M), \mu(f) = 0, \mu(f^2) = 1 \right\} > 0.$$

We have the following result.

**T3** Theorem 1.3. (1) In general, there exists a constant c > 0 such that

**A1** (1.14) 
$$\mathbb{E}^{\mu}[\tilde{\mathbb{W}}_1(\mu_t, \mu)^2] \ge ct^{-1}, t \ge 1.$$

If (1.13) holds, then

$$\begin{array}{|c|c|c|c|c|c|c|} \hline \textbf{A1'} & (1.15) \\ & \lim_{t \to \infty} \left\{ t \mathbb{E}^{\nu} [\tilde{\mathbb{W}}_1(\mu_t, \mu)^2] \right\} > 0, \quad \nu \in \mathscr{P}. \end{array}$$

(2) Let  $\partial M$  be empty or convex, and let  $d \geq 3$ . If  $\mu(|\nabla V|) < \infty$  and

**LAA** (1.16)  $\operatorname{Ric} \ge -K, \ V \le K$ 

holds for some constant K > 0, then there exists a constant c > 0 such that

**A2** (1.17) 
$$\inf_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu}[\tilde{W}_1(\mu_t, \mu)] \ge c(kt)^{-\frac{1}{d-2}}, \quad k, t \ge 1,$$

and moreover

**A3** (1.18) 
$$\liminf_{t \to \infty} \left\{ t^{\frac{1}{d-2}} \mathbb{E}^{\nu} [\tilde{W}_1(\mu_t, \mu)] \right\} > 0, \quad d \ge 4, \nu \in \mathscr{P}.$$

(3) Assume that  $P_t$  is ultracontractive,  $\partial M$  is either empty or convex, and  $\operatorname{Ric}-\operatorname{Hess}_V \geq K$ for some constant  $K \in \mathbb{R}$ . Then

$$\boxed{\textbf{A4}} \quad (1.19) \qquad \qquad \liminf_{t \to \infty} \inf_{\nu \in \mathscr{P}} \left\{ t^{-1} \mathbb{E}^{\nu} [W_2(\mu_t, \mu)^2] \right\} \ge \sum_{i=1}^{\infty} \frac{2}{\lambda_i^2}$$

**Remark 1.1.** According to Theorem 1.1(1) and Theorem 1.3(3), when  $P_t$  is ultracontractive,  $\partial M$  is either empty or convex, and Ric – Hess<sub>V</sub>  $\geq K$  for some constant  $K \in \mathbb{R}$ , we have

$$\sum_{i=1}^{\infty} \frac{2}{\lambda_i^2} \leq \liminf_{t \to \infty} \left\{ t^{-1} \mathbb{E}^{\nu} [W_2(\mu_t, \mu)^2] \right\} \leq \limsup_{t \to \infty} \left\{ t^{-1} \mathbb{E}^{\nu} [W_2(\mu_t, \mu)^2] \right\} \leq \sum_{i=1}^{\infty} \frac{8}{\lambda_i^2}, \quad \nu \in \mathscr{P}.$$

Beacuse of (1.1) derived in [17] in the compact setting, we may hope that the same limit formula holds for the present non-compact setting. In particular, for the one-dimensional Ornstein-Uhlenck process where  $M = \mathbb{R}, V(x) = -\frac{1}{2}|x|^2$  and  $\lambda_i = i, i \ge 1$ , we would guess

$$\lim_{t \to \infty} \left\{ t \mathbb{E}^{\mu} [\mathbb{W}_2(\mu_t, \mu)^2] \right\} = \sum_{i=1}^{\infty} \frac{2}{i^2}$$

However, there is essential difficulty to prove the exact upper bound estimate as the corresponding calculations in [17] heavily depend on the estimate  $||P_t||_{L^1(\mu)\to L^{\infty}(\mu)} \leq ct^{-\frac{d}{2}}$  for some constant c > 0 and all  $t \in (0, 1]$ , which is available only when M is compact.

### 1.3 Example

To illustrate Corollary 1.2 and Theorem 1.3, we consider a class of specific models, where the convergence rate is sharp when  $d < \frac{4p-1}{p}$  as both upper and lower bounds behave as  $t^{-1}$ , and is asymptotically sharp when  $d \ge 4$  and  $p \to \infty$  for which both upper and lower bounds are of order  $t^{-\frac{2}{d-2}}$ . The assertions will be proved in Section 4.

**Ex2** Example 1.4. Let  $M = \mathbb{R}^d$  and  $V(x) = -\kappa |x|^p + W(x)$  for some constants  $\kappa > 0, p > 1$ , and some function  $W \in C^1(M)$  with  $\|\nabla W\|_{\infty} < \infty$ .

(1) There exists a constant c > 0 such that for any  $t, k \ge 1$ , we have

$$\underbrace{\mathbf{E1}}_{\nu \in \mathscr{P}_k} (1.20) \qquad \sup_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu} [\mathbb{W}_2(\mu_t, \mu)^2] \leq \begin{cases} ckt^{-\frac{2(p-1)}{(d-2)p+2}}, & \text{if } 4(p-1) < dp, \\ ckt^{-1}\log(1+t), & \text{if } 4(p-1) = dp, \\ ckt^{-1}, & \text{if } 4(p-1) > dp. \end{cases}$$

(2) If p > 2, then there exists a constant c > 0 such that for any  $t \ge 1$ ,

$$\underbrace{\mathbf{E2}}_{x \in \mathbb{R}^d} (1.21) \qquad \sup_{x \in \mathbb{R}^d} \frac{\mathbb{E}^x [\mathbb{W}_2(\mu_t, \mu)^2]}{1 + |x|^{2(p-1)}} \le \begin{cases} ct^{-\frac{2(p-1)}{(d-2)p+2}}, & \text{if } 4(p-1) < dp, \\ ct^{-1} \log(1+t), & \text{if } 4(p-1) = dp, \\ ct^{-1}, & \text{if } 4(p-1) > dp. \end{cases}$$

(3) For any probability measure  $\nu$ , there exists a constant c > 0 such that for large t > 0,

$$\mathbb{E}^{\nu}[\mathbb{W}_2(\mu_t,\mu)^2] \ge \mathbb{E}^{\nu}[\tilde{\mathbb{W}}_1(\mu_t,\mu)^2] \ge ct^{-\frac{2}{2\vee(d-2)}}.$$

### 2 Proofs of Theorem 1.1 and Corollary 1.2

By the spectral representation, the heat kernel of  $P_t$  is formulated as

**B4** (2.1) 
$$p_t(x,y) = 1 + \sum_{i=1}^{\infty} e^{-\lambda_i t} \phi_i(x) \phi_i(y), \quad t > 0, x, y \in M,$$

where  $\{\phi_i\}_{i\geq 1}$  are the associated unit eigenfunctions with respect to the non-trivial eigenvalues  $\{\lambda_i\}_{i\geq 1}$  of -L, with the Neumann boundary condition if  $\partial M$  exists.

We will use the following inequality due to [7, Theorem 2]

Ledoux (2.2) 
$$\mathbb{W}_2(f\mu,\mu)^2 \le 4\mu(|\nabla(-L)^{-1}(f-1)|^2), f \ge 0, \mu(f) = 1,$$

which is proved using an idea due to [1], see Theorem A.1 below for an extension to the upper bound on  $\mathbb{W}_p(f_1\mu, f_2\mu)$ . To apply (2.2), we consider the modified empirical measures

**B5** (2.3) 
$$\mu_{\varepsilon,t} := f_{\varepsilon,t}\mu, \quad \varepsilon > 0, t > 0,$$

where, according to (2.1),

$$\boxed{\textbf{B6}} \quad (2.4) \qquad f_{\varepsilon,t} := \frac{1}{t} \int_0^t p_\varepsilon(X_s, \cdot) = 1 + \sum_{i=1}^\infty e^{-\lambda_i \varepsilon} \xi_i(t) \phi_i, \quad \xi_i(t) := \frac{1}{t} \int_0^t \phi_i(X_s) ds.$$

Proof of Theorem 1.1. (1) It suffices to prove for  $\sum_{i=1}^{\infty} \lambda_i^{-2} < \infty$ . In this case, by [17, (2.19)] whose proof works under the condition (1.2), we find a constant c > 0 such that

$$\sup_{\nu \in \mathscr{P}_k} \left| t \mathbb{E}^{\nu} [\mu(|(-L)^{-\frac{1}{2}} (f_{\varepsilon,t} - 1)|^2)] - \sum_{i=1}^{\infty} \frac{2}{\lambda_i^2 \mathrm{e}^{2\varepsilon\lambda_i}} \right| \le \frac{ck}{t} \sum_{i=1}^{\infty} \frac{1}{\lambda_i^2 \mathrm{e}^{2\varepsilon\lambda_i}}.$$

This together with (2.2) yields

$$t \sup_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu} [\mathbb{W}_2(\mu_{\varepsilon,t}, \mu)^2] \le \sum_{i=1}^{\infty} \frac{8}{\lambda_i^2} + \frac{ck}{t} \sum_{i=1}^{\infty} \frac{4}{\lambda_i^2}, \quad \varepsilon > 0.$$

Since  $\mu_{\varepsilon,t} \to \mu_t$  as  $\varepsilon \downarrow 0$ , by Fatou's lemma we derive

$$\begin{bmatrix} \mathbf{X}\mathbf{J}\mathbf{0} \end{bmatrix} (2.5) \qquad t \sup_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu} [\mathbb{W}_2(\mu_t, \mu)^2] \le \sum_{i=1}^{\infty} \frac{8}{\lambda_i^2} + \frac{ck}{t} \sum_{i=1}^{\infty} \frac{4}{\lambda_i^2},$$

and hence prove (1.5).

Next, when  $P_t$  is ultracontractive, we have

$$\delta(\varepsilon) := \sup_{t \ge \varepsilon, x, y \in M} p_t(x, y) < \infty, \quad \varepsilon > 0.$$

Then the distribution  $\nu_{\varepsilon}$  of  $X_{\varepsilon}$  starting at  $\nu$  is in the class  $\mathscr{P}_{\delta(\varepsilon)}$ . For any  $\varepsilon \in (0, 1]$ , let

$$\bar{\mu}_{\varepsilon,t} := \frac{1}{t} \int_{\varepsilon}^{t+\varepsilon} \delta_{X_s} \mathrm{d}s.$$

By the Markov property and (2.5), we obtain

$$\begin{bmatrix} \mathbf{XJ1} \\ t \to \infty \end{bmatrix} \left\{ t \mathbb{E}^{\nu} [\mathbb{W}_2(\bar{\mu}_{\varepsilon,t}, \mu)^2] \right\} = \limsup_{t \to \infty} \left\{ t \mathbb{E}^{\nu_{\varepsilon}} [\mathbb{W}_2(\mu_t, \mu)^2] \right\} \le \sum_{i=1}^{\infty} \frac{8}{\lambda_i^2}, \quad \varepsilon > 0.$$

On the other hand, since

$$\pi := \frac{1}{t} \int_0^{\varepsilon} \delta_{(X_s, X_{s+t})} \mathrm{d}s + \frac{1}{t} \int_{\varepsilon}^t \delta_{(X_s, X_s)} \mathrm{d}s \in \mathscr{C}(\mu_t, \bar{\mu}_{\varepsilon, t}),$$

and since the conditional distribution of  $X_{s+t}$  given  $X_s$  is bounded above by  $\delta(1)\mu$  for  $t \ge 1$ , we have

$$t\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t},\bar{\mu}_{\varepsilon,t})^{2}] \leq t\mathbb{E}^{\nu}\int_{M\times M}\rho(x,y)^{2}\pi(\mathrm{d}x,\mathrm{d}y)$$
$$=\int_{0}^{\varepsilon}\mathbb{E}^{\nu}[\rho(X_{s},X_{s+t})^{2}]\mathrm{d}s \leq \delta(1)\int_{0}^{\varepsilon}\mathbb{E}^{\nu}[\mu(\rho(X_{s},\cdot)^{2})]\mathrm{d}s =: r_{\varepsilon}.$$

Combining this with (1.7), (2.6), and applying the triangle inequality of  $W_2$ , we arrive at

$$\begin{split} &\limsup_{t \to \infty} \left\{ t \mathbb{E}^{\nu} [\mathbb{W}_{2}(\bar{\mu}_{t}, \mu)^{2}] \right\} \\ &\leq \lim_{\varepsilon \downarrow 0} \left( (1 + r_{\varepsilon}^{\frac{1}{2}}) \limsup_{t \to \infty} \left\{ t \mathbb{E}^{\nu} [\mathbb{W}_{2}(\bar{\mu}_{\varepsilon, t}, \mu)^{2}] \right\} + (1 + r_{\varepsilon}^{-\frac{1}{2}}) r_{\varepsilon} \right) \\ &\leq \sum_{i=1}^{\infty} \frac{8}{\lambda_{i}^{2}}. \end{split}$$

(2) Since  $\lambda_1 > 0$ , we have

**SP** (2.7) 
$$\int_{M} |P_t f - \mu(f)|^2 d\mu \le e^{-2\lambda_1 t} \int_{M} |f - \mu(f)|^2 d\mu, \quad t \ge 0, f \in L^2(\mu).$$

By (2.1)-(2.3), and noting that  $L\phi_i = -\lambda_i\phi_i$  with  $\{\phi_i\}_{i\geq 1}$  being orthonormal in  $L^2(\mu)$ , we obtain

**B6** (2.8) 
$$\mathbb{W}_2(\mu_{\varepsilon,t},\mu)^2 \le 4\mu(|\nabla(-L)^{-1}(f_{\varepsilon,t}-1)|^2) = 4\sum_{i=1}^{\infty} \lambda_i^{-1} e^{-2\lambda_i \varepsilon} |\xi_i(t)|^2.$$

Below we prove the desired assertions respectively.

Since for  $\nu \in \mathscr{P}_k$  we have  $\mathbb{E}^{\nu} \leq k\mathbb{E}^{\mu}$ , it suffices to prove for  $\nu = \mu$ . Since  $\mu$  is  $P_t$ -invariant and  $\mu(\phi_i^2) = 1$ , we have

**B7** (2.9) 
$$\mathbb{E}^{\mu}[\phi_i(X_{s_1})^2] = \mu(\phi_i^2) = 1.$$

Next, the Markov property yields

$$\mathbb{E}^{\mu}(\phi_i(X_{s_2})|X_{s_1}) = P_{s_2-s_1}\phi_i(X_{s_1}) = e^{-\lambda_i(s_2-s_1)}\phi_i(X_{s_1}), \quad s_2 > s_1.$$

Combining this with (2.9) and the definition of  $\xi_i(t)$ , we obtain

$$\mathbb{E}^{\mu} |\xi_i(t)|^2 = \frac{2}{t} \int_0^t \mathrm{d}s_1 \int_{s_1}^t \mathbb{E}[\phi_i(X_{s_1})\phi_i(X_{s_2})] \mathrm{d}s_2$$
$$= \frac{2}{t} \int_0^t \mathrm{d}s_1 \int_{s_1}^t \mathbb{E}[\phi_i(X_{s_1})^2] \mathrm{e}^{-\lambda_i(s_2-s_1)} \mathrm{d}s_2 \le \frac{2}{t\lambda_i}.$$

Substituting into (2.8) gives

$$\mathbb{B8} \quad (2.10) \qquad \mathbb{E}^{\mu}[\mathbb{W}_2(\mu_{\varepsilon,t},\mu)^2] \le \frac{8}{t} \sum_{i=1}^{\infty} \lambda_i^{-2} \mathrm{e}^{-2\lambda_i \varepsilon} = \frac{32}{t} \sum_{i=1}^{\infty} \int_{\varepsilon}^{\infty} \mathrm{d}s \int_{t}^{\infty} \mathrm{e}^{-2\lambda_i t} \mathrm{d}t.$$

Noting that (2.7) and the semigroup property imply

$$p_{2t}(x,x) = \int_{M} |p_t(x,y) - 1|^2 \mu(\mathrm{d}y) = \int_{M} |P_{\frac{t}{2}} p_{\frac{t}{2}}(x,\cdot)(y) - 1|^2 \mu(\mathrm{d}y)$$
  
$$\leq \mathrm{e}^{-\lambda_1 t} \int_{M} |p_{\frac{t}{2}}(x,y) - 1|^2 \mu(\mathrm{d}y) = \mathrm{e}^{-\lambda_1 t} \{ p_t(x,x) - 1 \},$$

we deduce from (2.1) that

$$\sum_{i=1}^{\infty} e^{-2\lambda_i t} = \int_M \left\{ p_{2t}(x,x) - 1 \right\} \mu(\mathrm{d}x) \le e^{-\lambda_1 t} \int_M \{ p_t(x,x) - 1 \} \mu(\mathrm{d}x) \le e^{-\lambda_1 t} \gamma(t).$$

Therefore, by (2.10) and that  $\gamma(t)$  is decreasing in t, we find a constant  $c_1 > 0$  such that

$$\mathbb{E}^{\mu}[\mathbb{W}_{2}(\mu_{\varepsilon,t},\mu)^{2}] \leq \frac{32}{t} \int_{\varepsilon}^{\infty} \mathrm{d}s \int_{s}^{\infty} \mathrm{e}^{-\lambda_{1}t} \gamma(t) \mathrm{d}t$$

$$\mathbb{B9} \quad (2.11) \qquad \leq \frac{32}{t} \int_{\varepsilon}^{1} \left( \int_{s}^{1} \gamma(t) \mathrm{d}t + \gamma(1) \int_{1}^{\infty} \mathrm{e}^{-\lambda_{1}t} \mathrm{d}t \right) \mathrm{d}s + \frac{32\gamma(1)}{t} \int_{1}^{\infty} \mathrm{d}s \int_{s}^{\infty} \mathrm{e}^{-\lambda_{1}t} \mathrm{d}t$$

$$\leq \frac{c_{1}}{t} \beta(\varepsilon), \quad \varepsilon \in (0,1].$$

On the other hand, (2.3) and (2.8) imply that the measure

$$\pi(\mathrm{d}x,\mathrm{d}y) := \frac{1}{t} \int_0^t \left\{ \delta_{X_s}(\mathrm{d}x) p_\varepsilon(X_s,y) \mu(\mathrm{d}y) \right\} \mathrm{d}s$$

is a coupling of  $\mu_t$  and  $\mu_{\varepsilon,t}$ . Combining this with the fact that  $\mu$  is  $P_t$ -invariant, we obtain

$$\mathbb{E}^{\mu}[\mathbb{W}_{2}(\mu_{t},\mu_{\varepsilon,t})^{2}] \leq \frac{1}{t}\mathbb{E}^{\mu}\int_{0}^{t}\rho(X_{s},y)^{2}p_{\varepsilon}(X_{s},y)\mu(\mathrm{d}y) = \alpha(\varepsilon).$$

By (2.11) and the triangle inequality of  $\mathbb{W}_2$ , this yields

$$\mathbb{E}^{\mu}[\mathbb{W}_{2}(\mu_{t},\mu)^{2}] \leq 2 \inf_{\varepsilon \in (0,1]} \left\{ \alpha(\varepsilon) + c_{1}t^{-1}\beta(\varepsilon) \right\}.$$

Therefore, (1.8) holds for some constant c > 0 and  $\nu = \mu$ .

Finally, let  $P_t$  be ultracontractive. Then there exists a constant  $c_1 > 0$  such that

So, the distribution of  $X_1$  has a distribution  $\nu_1 \leq c_1 \mu$ . Let  $\bar{\mu}_t = \frac{1}{t} \int_0^t \delta_{X_{1+s}} ds$ . It is easy to see that

$$\boxed{\text{CPP}} \quad (2.13) \qquad \pi := \frac{1}{t} \int_0^1 \delta_{(X_s, X_{s+t})} \mathrm{d}s + \frac{1}{t} \int_1^t \delta_{(X_s, X_s)} \mathrm{d}s \in \mathscr{C}(\mu_t, \bar{\mu}_t),$$

so that (2.12) yields

**N1** (2.14) 
$$\mathbb{E}^{\nu}[\mathbb{W}_{2}(\mu_{t},\bar{\mu}_{t})^{2}] \leq \frac{1}{t}\mathbb{E}^{\nu}\int_{0}^{1}|X_{s}-X_{s+t}|^{2}\mathrm{d}s \leq \frac{c_{1}}{t}\mathbb{E}^{\nu}\int_{0}^{1}\mu(\rho(X_{s},\cdot)^{2})\mathrm{d}s.$$

On the other hand, by the Markov property and (1.8), we find a constant  $c_2 > 0$  such that

$$\mathbb{E}^{\nu}[\mathbb{W}_{2}(\bar{\mu}_{t},\mu)^{2}] = \mathbb{E}^{\nu_{1}}[\mathbb{W}_{2}(\mu_{t},\mu)^{2}] \leq c_{2} \inf_{\varepsilon \in (0,1]} \left\{ \alpha(\varepsilon) + t^{-1}\beta(\varepsilon) \right\}$$

Combining this with (2.14) and using the triangle inequality of  $\mathbb{W}_2$ , we prove (1.9) for some constant c > 0.

Proof of Corollary 1.2. (1) By [14, Lemma 3.5.6] and comparing  $P_t$  with the semigroup generated by  $\Delta + \nabla V_1$ , see for instance [4, (2.8)], (1.10) implies that the Harnack inequality

**HI** (2.15) 
$$(P_t f(x))^2 \le \{P_t f^2(y)\} e^{C + Ct^{-1} \rho(x,y)^2}, x, y \in M, t \in (0,1]$$

holds for some constant C > 0. Therefore, by [13, Theorem 1.4.1] with  $\Phi(r) = r^2$  and  $\Psi(x, y) = C + Ct^{-1}\rho(x, y)^2$ , we obtain

$$p_{2t}(x,x) = \sup_{\mu(f^2) \le 1} (P_t f(x))^2 \le \frac{1}{\int_M e^{-C - Ct^{-1}\rho(x,y)^2} \mu(\mathrm{d}y)} \le \frac{e^{2C}}{\mu(B(x,\sqrt{t}))}, \quad t \in (0,1], x \in M.$$

This implies

**OBS** (2.16)

\*D

$$\gamma(t) \le e^{2C} \tilde{\gamma}(t), \ t \in (0, 1].$$

On the other hand, by (1.10) and Itô's formula due to [5], there exists constant  $C_1 > 0$  such that

$$\mathrm{d}\rho(x,X_t)^2 \le \left[C_1\left(1+\rho(x,X_t)^2\right)+|\nabla V(x)|^2\right]\mathrm{d}t+2\sqrt{2}\rho(x,X_t)\mathrm{d}b_t,$$

where  $b_t$  is a one-dimensional Brownian motion. So, there exists a constant  $C_2 > 0$  such that (2.17)  $\mathbb{E}^{\nu}[\rho(x, X_t)^2] \leq (C_1 + \nu(|\nabla V|^2))te^{C_1 t} \leq C_2(1 + \nu(|\nabla V|^2))t, \quad t \in [0, 1], x \in M.$ 

Then there exists a constant c > 0 such that

$$\alpha(\varepsilon) := \sup_{\nu \in \mathscr{P}_k} \int_M \mathbb{E}^{\nu} \rho(x, X_{\varepsilon})^2 \mu(\mathrm{d}x) \le k \int_M \mathbb{E}^{\mu} \rho(x, X_{\varepsilon})^2 \mu(\mathrm{d}x)$$
$$\le C_2 k (1 + \mu(|\nabla V|^2)) \varepsilon \le ck\varepsilon, \quad \varepsilon \in (0, 1], k \ge 1.$$

Combining this with (2.16), we prove the first assertion by Theorem 1.1(2). The second assertion follows from (2.17) and Theorem 1.1(2), since  $P_t$  is ultracontractive provided  $||P_t e^{\lambda \rho_o^2}||_{\infty} < \infty$  for  $\lambda, t > 0$ , see for instance [14, Theorem 3.5.5].

# 3 Proof of Theorem 1.3

(1) We first prove that for any  $0 \neq f \in L^2(\mu)$ ,

**BBO** (3.1) 
$$\lim_{t \to \infty} \frac{1}{t} \mathbb{E}^{\mu} \left[ \left| \int_0^t f(X_s) \mathrm{d}s \right|^2 \right] = 4 \int_0^\infty \mu \left( (P_s f)^2 \right) \mathrm{d}s > 0.$$

As shown in [2, Lemma 2.8] that the Markov property and the symmetry of  $P_t$  in  $L^2(\mu)$  imply

$$\frac{1}{t} \mathbb{E}^{\mu} \left[ \left| \int_{0}^{t} f(X_{s}) ds \right|^{2} \right] = \frac{2}{t} \int_{0}^{t} ds_{1} \int_{s_{1}}^{t} \mathbb{E}^{\mu} [f(X_{s_{1}} P_{s_{2}-s_{1}} f(X_{s_{1}})] ds_{2}$$

$$= \frac{2}{t} \int_{0}^{t} ds_{1} \int_{s_{1}}^{t} \mu \left( (P_{\underline{s_{2}-s_{1}}} f)^{2} \right) ds_{2} = \frac{4}{t} \int_{0}^{t/2} \mu \left( (P_{s}f)^{2} \right) ds \int_{s}^{t-s} dr$$

$$= \frac{4}{t} \int_{0}^{t/2} (t-2s) \mu \left( (P_{s}f)^{2} \right) ds, \quad t > 0,$$

where we have used the variable transform  $(s, r) = (\frac{s_2 - s_1}{2}, \frac{s_1 + s_2}{2})$ . This implies (3.1). On the other hand, we take  $0 \neq f \in L^2(\mu)$  with  $\mu(f) = 0$  and  $\|f\|_{\infty} \vee \|\nabla f\|_{\infty} \leq 1$ . Then

$$t\mathbb{E}^{\mu}[\tilde{W}_1(\mu_t,\mu)^2] \ge \frac{1}{t}\mathbb{E}^{\mu}\left[\left\|\int_0^t f(X_s)\mathrm{d}s\right\|^2\right]$$

Combining this with (3.1), we prove (A.1) for some constant c > 0.

If (1.13) holds, then

 $|\mathbf{EXP}|$  (3.3)

) 
$$||P_t f - \mu(f)||_{L^2(\mu)} \le e^{-\lambda_1 t} ||f - \mu(f)||_{L^2(\mu)}, \quad t \ge 0, f \in L^2(\mu).$$

Let  $\nu = h_{\nu}\mu \in \mathscr{P}$  with  $h_{\nu} \in L^{2}(\mu)$ . Similarly to (3.2), for any  $f \in L^{2}(\mu)$  with  $\mu(f) = 0$ , we have

$$\frac{1}{t} \left\{ \mathbb{E}^{\nu} \left[ \left| \int_{0}^{t} f(X_{s}) ds \right|^{2} \right] - \mathbb{E}^{\mu} \left[ \left| \int_{0}^{t} f(X_{s}) ds \right|^{2} \right] \right\} \\
= \frac{1}{t} \int_{M} \{h_{\nu}(x) - 1\} \mathbb{E}^{x} \left[ \left| \int_{0}^{t} f(X_{s}) ds \right|^{2} \right] \mu(dx) \\
= \frac{2}{t} \int_{0}^{t} ds_{1} \int_{s_{1}}^{t} \mu(\{h_{\nu} - 1\} P_{s_{1}}\{fP_{s_{2}-s_{1}}f\}) ds_{2} \\
= \frac{2}{t} \int_{0}^{t} ds_{1} \int_{s_{1}}^{t} \mu(\{P_{s_{1}}(h_{\nu} - 1)\} \cdot \{fP_{s_{2}-s_{1}}f\}) ds_{2} \\
\ge -\frac{2\|f\|_{\infty}}{t} \int_{0}^{s_{1}} ds_{1} \int_{s_{1}}^{t} \|P_{s_{1}}(h_{\nu} - 1)\|_{L^{2}(\mu)} \|P_{s_{2}-s_{1}}f\|_{L^{2}(\mu)} ds_{2}.$$

Taking  $0 \neq f \in L^2(\mu)$  with  $\mu(f) = 0$  and  $||f||_{\infty} \vee ||\nabla f||_{\infty} \leq 1$ , by combining this with (3.1) and (3.3), we derive

$$\begin{array}{l} \underbrace{\operatorname{EX4}}_{t\to\infty} (3.4) \\ & = 4 \int_0^\infty \mu (|P_s f|^2) \mathrm{d}s > 0, \quad \nu = h_\nu \mu \text{ with } h_\nu \in L^2(\mu). \end{array}$$

Next, let  $\bar{\mu}_t = \frac{1}{t} \int_1^{t+1} \delta_{X_s} ds$ , t > 0. By (2.13) we have

**EXP2** (3.5) 
$$\tilde{\mathbb{W}}_1(\mu_{r,t},\mu_t) \le \int_{M \times M} \mathbb{1}_{\{x \ne y\}} \pi(\mathrm{d}x,\mathrm{d}y) = \frac{1}{t}.$$

Noting that for any  $x \in M$  we have  $\nu_x := p_1(x, \cdot)\mu$  with  $p_1(x, \cdot) \in L^2(\mu)$ , by the Markov property and (3.4), we obtain

$$\liminf_{t\to\infty}\left\{t\mathbb{E}^x[\tilde{\mathbb{W}}_1(\bar{\mu}_t,\mu)^2]\right\} = \liminf_{t\to\infty}\left[t\mathbb{E}^{\nu_x}[\tilde{\mathbb{W}}_1(\mu_t,\mu)^2]\right\} > 0.$$

Combining this with (3.5) and the triangle inequality leads to

$$\liminf_{t \to \infty} \left\{ t \mathbb{E}^x [\tilde{\mathbb{W}}_1(\mu_t, \mu)^2] \right\} > 0, \ x \in M.$$

Therefore, by Fatou's lemma, for any  $\nu \in \mathscr{P}$  we have

$$\begin{split} &\lim_{t \to \infty} \inf \left\{ t \mathbb{E}^{\nu} [\tilde{\mathbb{W}}_1(\mu_t, \mu)^2] \right\} = \liminf_{t \to \infty} \int_M \left\{ t \mathbb{E}^x [\tilde{\mathbb{W}}_1(\mu_t, \mu)^2] \right\} \nu(\mathrm{d}x) \\ &\geq \int_M \left( \liminf_{t \to \infty} \left\{ t \mathbb{E}^x [\tilde{\mathbb{W}}_1(\mu_t, \mu)^2] \right\} \right) \nu(\mathrm{d}x) > 0, \end{split}$$

which implies (1.15).

(2) Let  $d \ge 3$ , and let  $\partial M$  be empty or convex. By Ric  $\ge -K$  in (1.16), the Laplacian comparison theorem implies

$$\Delta \rho(x, \cdot)(y) \le C \{ \rho(x, y) + \rho(x, y)^{-1} \}, \ (x, y) \in \hat{M}$$

for some constant C > 0, where  $\hat{M} := \{(x, y) : x, y \in M, x \neq y, x \notin \operatorname{cut}(y)\}$ , and  $\operatorname{cut}(y)$  is the cut-locus of y. So,

$$L\rho(x,\cdot)(y) \le |\nabla V(y)| + C\{\rho(x,y) + \rho(x,y)^{-1}\}, \ (x,y) \in \hat{M}.$$

Combining this with the Itô's formula due to [5], we obtain

$$d\rho(X_0, X_t) \le \sqrt{2} db_t + \{ |\nabla V(X_t)| + C\rho(x, y) + C\rho(x, y)^{-1} \} dt + dl_t,$$

where  $b_t$  is a one-dimensional Brownian motion, and  $l_t$  is the local time of  $X_t$  at the initial value  $X_0$ , which is an increasing process supported on  $\{t \ge 0 : X_t = X_0\}$ . Thus, we find a constant  $C_1 > 0$  such that

$$d\left\{\frac{\rho(X_0, X_t)^2}{1 + \rho(X_0, X_t)^2}\right\} \le C_1(1 + |\nabla V(X_t)|)dt + dM_t$$

for some martingale  $M_t$ . Since  $\mu$  is  $P_t$ -invariant, this implies

$$\mathbb{E}^{\mu} \{ \rho(X_0, X_t) \land 1 \}^2 \le C_2 \{ 1 + \mu(|\nabla V|) \} t, \quad t \ge 0, x \in M$$

for some constant  $C_2 > 0$ . Therefore, for any  $N \in \mathbb{N}$  and  $t_i := (i-1)t/N$ , the probability measure

$$\tilde{\mu}_N := \frac{1}{N} \sum_{i=1}^N \delta_{X_{y_i}} = \frac{1}{t} \sum_{i=1}^N \int_{t_i}^{t_{i+1}} \delta_{X_{t_i}} \mathrm{d}s$$

satisfies

DD2

$$\mathbb{E}^{\mu} \tilde{W}_{1}(\tilde{\mu}_{N}, \mu_{t})^{2} \leq \frac{1}{t} \sum_{i=1}^{N} \int_{t_{i}}^{t_{i+1}} \mathbb{E}^{\mu} (\rho(X_{t_{i}}, X_{s}) \wedge 1)^{2} \mathrm{d}s$$
$$\leq \frac{C_{3}}{t} \sum_{i=1}^{N} \int_{t_{i}}^{t_{i+1}} (s - t_{i}) \mathrm{d}s \leq \frac{C_{3}t}{N}$$

for some constant  $C_3 > 0$ . So,

(3.6) 
$$\sup_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu} [\tilde{W}_1(\tilde{\mu}_N, \mu_t)^2] \le k \mathbb{E}^{\mu} [\tilde{W}_1(\tilde{\mu}_N, \mu_t)^2] \le \frac{C_3 k t}{N}, \quad N, k \ge 1.$$

On the other hand, by Ric  $\geq -K$  and  $V \leq K$  in (1.16) and using the volume comparison theorem, we find a constant  $C_4 > 1$  such that

$$\mu(B(x,r)) \le C_4 r^d, \ x \in M, r \in [0,1],$$

where  $B(x,r) := \{y \in M : \rho(x,y) \land 1 \leq r\}$ . Since  $\mu$  is a probability measure, this inequality holds for all r > 0. Therefore, by [6, Proposition 4.2], there exists a constant  $C_5 > 0$  such that

$$\tilde{W}_1(\tilde{\mu}_N,\mu) \ge C_5 N^{-\frac{1}{d}}, \quad N \ge 1.$$

Combining this with (3.6) and using the triangle inequality for  $\tilde{W}_1$ , we obtain

$$\sup_{\nu \in \mathscr{P}_k} \mathbb{E}^{\nu} [\tilde{W}_1(\mu_t, \mu)] \ge C_5 N^{-\frac{1}{d}} - \sqrt{C_3 k t} N^{-\frac{1}{2}}, \quad N, k \ge 1.$$

maximizing in  $N \ge 1$ , we find a constant c > 0 such that (1.17) holds.

Now, let  $d \ge 4$ . To prove (1.18) for general probability measure  $\nu$ , we consider the shift empirical measure

$$\bar{\mu}_t := \frac{1}{t} \int_1^{t+1} \delta_{X_s} \mathrm{d}s, \quad t \ge 1,$$

and the probability measures

$$\nu_x := \delta_x P_1 = p_1(x, \cdot)\mu, \quad \nu_{x,1} := \frac{1_{B(x,1)}}{\nu_x(B(x,1))}\nu_x, \quad x \in M.$$

By the Markov property, we obtain

$$\mathbb{E}^{x}[\tilde{W}_{1}(\bar{\mu}_{t},\mu]) = \mathbb{E}^{\nu_{x}}[\tilde{W}_{1}(\mu_{t},\mu)] = \int_{M} \mathbb{E}^{y}[\tilde{W}_{1}(\mu_{t},\mu)]p_{1}(x,y)\mu(\mathrm{d}y)$$

$$\geq \int_{B(x,1)} \mathbb{E}^{y} [\tilde{W}_{1}(\mu_{t},\mu)] p_{1}(x,y)\mu(\mathrm{d}y) = \nu_{x}(B(x,1))\mathbb{E}^{\nu_{x,1}}[\tilde{W}_{1}(\bar{\mu}_{t},\mu)].$$

Noting that  $h(x) := \sup_{y \in B(x,1)} p_1(x,y) < \infty$ , this and (1.17) yield

$$\mathbb{E}^{x}[\tilde{W}_{1}(\bar{\mu}_{t},\mu)] \ge g(x)t^{-\frac{1}{d-2}}, \quad g(x) := c\nu_{x}(B(x,1))h(x)^{-\frac{1}{d-2}}, x \in M, t \ge 1.$$

Consequently, for any probability measure  $\nu$ ,

$$\mathbb{E}^{\nu}[\tilde{W}_{1}(\bar{\mu}_{t},\mu)] = \int_{M} \mathbb{E}^{x}[\tilde{W}_{1}(\bar{\mu}_{t},\mu)]\nu(\mathrm{d}x) \ge \nu(g)t^{-\frac{1}{d-2}}, \quad t \ge 1.$$

Combining this with (3.5) and noting that  $d \ge 4$  implies  $t^{-\frac{1}{d-2}} \ge t^{-\frac{1}{2}}$  for  $t \ge 1$ , we find a constant  $c_{\nu} > 0$  such that when t is large enough,

$$\mathbb{E}^{\nu}[\tilde{W}_1(\mu_t,\mu)] \ge \mathbb{E}^{\nu}\left[\tilde{W}_1(\bar{\mu}_t,\mu) - \tilde{\mathbb{W}}_1(\bar{\mu}_t,\mu_t)\right] \ge c(\nu)t^{-\frac{1}{d-2}}.$$

(3) According to [17, Theorem 2.1], for any  $\varepsilon \in (0, 1]$  we have

**\*Q1** (3.7) 
$$\liminf_{t \to \infty} \left\{ t \inf_{x \in M} \mathbb{E}^x [\mathbb{W}_2(\mu_{\varepsilon,t}, \mu)^2] \right\} \ge \sum_{i=1}^{\infty} \frac{2}{\lambda_i^2 e^{2\varepsilon\lambda_i}}$$

On the other hand, by [14, Theorem 3.3.2], the conditions that  $\operatorname{Ric} - \operatorname{Hess}_V \geq K$  and  $\partial M$  is empty or convex imply

$$\mathbb{W}_2(\mu_{\varepsilon,t},\mu)^2 \le e^{-2\varepsilon K} \mathbb{W}_2(\mu_t,\mu)^2, \ \varepsilon \ge 0.$$

Combining this with (3.7), we derive

$$\liminf_{t \to \infty} \left\{ t \inf_{x \in M} \mathbb{E}^x [\mathbb{W}_2(\mu_t, \mu)^2] \right\} \ge e^{2\varepsilon K} \sum_{i=1}^{\infty} \frac{2}{\lambda_i^2 e^{2\varepsilon \lambda_i}}, \quad \varepsilon \in (0, 1].$$

By letting  $\varepsilon \downarrow 0$  we finish the proof.

# 4 Proof of Example 1.4

(1) Taking  $V_1 \in C^{\infty}(\mathbb{R}^d)$  such that  $V_1(x) = -\kappa |x|^p$  for  $|x| \ge 1$ , and writing  $V_2 = V + W - V_1$ , we see that (1.10) holds for some constant  $K \in \mathbb{R}$ . By Corollary 1.2, it suffices to estimate  $\tilde{\gamma}(t)$ . For any  $x \in \mathbb{R}^d$  with  $|x| \ge 1$ , and any  $t \in (0, 1]$ , let  $x_t = \frac{x}{|x|} (|x| - \frac{1}{2}\sqrt{t})$ . We find a constant  $c_1 > 0$  and some point  $z \in B(x, \sqrt{t})$  such that

**BM1** (4.1) 
$$\mu(B(x,\sqrt{t})) \ge \int_{B(x_t,\frac{1}{4}\sqrt{t})} e^{-\kappa|y|^p + W(y)} dy \ge c_1 t^{\frac{d}{2}} e^{-\kappa(|x| - \frac{1}{4}t^{\frac{1}{2}})^p + W(z)}.$$

Since  $|x| \ge 1$ ,  $t \in (0, 1]$  and p > 1, we find a constant  $c_2 > 0$  such that

$$|x|^{p} - \left(|x| - t^{\frac{1}{2}}/4\right)^{p} = p \int_{|x| - \frac{1}{4}t^{\frac{1}{2}}}^{|x|} r^{p-1} dr$$
$$\geq \frac{pt^{\frac{1}{2}}}{4} \left(\frac{|x|}{2}\right)^{p-1} \geq c_{2}|x|^{p-1}t^{\frac{1}{2}}.$$

Moreover,

$$|W(z) - W(x)| \le \|\nabla W\|_{\infty} |x - z| \le \|\nabla W\|_{\infty}, \quad t \in (0, 1], z \in B(x, t^{\frac{1}{2}}).$$

Combining this with (4.1) and (4.2), we find a  $c_3 > 0$  such that

$$\mu(B(x,\sqrt{t})) \ge c_3 t^{\frac{d}{2}} \mathrm{e}^{-\kappa|x|^p + c_2|x|^{p-1}t^{\frac{1}{2}} + W(x)}, \ t \in [0,1], x \in \mathbb{R}^d.$$

Noting that  $-\kappa |x|^p + 2|W(x)|$  is bounded from above, we find constants  $c_4, c_5 > 0$  such that

$$\int_{|x|\ge 1} \frac{\mu(\mathrm{d}x)}{\mu(B(x,\sqrt{t}))} \le c_4 t^{-\frac{d}{2}} \int_1^\infty r^{d-1} \mathrm{e}^{-c_2 r^{p-1} t^{\frac{1}{2}}} \mathrm{d}r \le c_5 t^{-\frac{d}{2} - \frac{d}{2(p-1)}} = c_5 t^{-\frac{pd}{2(p-1)}}, \quad t \in (0,1].$$

On the other hand, there exists a constant  $c_6 > 0$  such that  $\mu(B(x,r)) \ge c_6 r^d$  for |x| < 1and  $r \in (0,1]$ . In conclusion, there exists a constant  $c_7 > 0$  such that

$$\tilde{\gamma}(t) := \int_{\mathbb{R}^d} \frac{\mu(\mathrm{d}x)}{\mu(B(x,\sqrt{t}))} \le c_5 t^{-\frac{pd}{2(p-1)}} + c_6^{-1} t^{-\frac{d}{2}} \le c_7 t^{-\frac{pd}{2(p-1)}}, \quad t \in (0,1]$$

Thus, there exists a constant  $c_8 > 0$  such that for any  $\varepsilon \in (0, 1]$ ,

$$\tilde{\beta}(\varepsilon) \le 1 + c_6 \int_{\varepsilon}^{1} \mathrm{d}s \int_{s}^{1} t^{-\frac{dp}{2(p-1)}} \mathrm{d}t \le \begin{cases} c_8 \varepsilon^{2-\frac{dp}{2(p-1)}}, & \text{if } 2 < \frac{dp}{2(p-1)}, \\ c_8 \log(1+\varepsilon^{-1}), & \text{if } 2 = \frac{dp}{2(p-1)}, \\ c_8, & \text{if } 2 > \frac{dp}{2(p-1)}, \end{cases}$$

By taking  $\varepsilon = t^{-\frac{2(p-1)}{(d-2)p+2}}$  if 4(p-1) < dp,  $\varepsilon = t^{-1}$  if 4(p-1) = dp, and  $\varepsilon \downarrow 0$  if 4(p-1) > dp, we derive

$$\underbrace{ACO} (4.3) \qquad \qquad \inf_{\varepsilon \in (0,1]} \left\{ \varepsilon + t^{-1} \tilde{\beta}(\varepsilon) \right\} \le \begin{cases} c t^{-\frac{2(p-1)}{(d-2)p+2}}, & \text{if } 4(p-1) < dp, \\ c t^{-1} \log(1+t), & \text{if } 4(p-1) = dp, \\ c t^{-1}, & \text{if } 4(p-1) > dp \end{cases}$$

for some constant c > 0. Therefore, (1.20) follows from Corollary 1.2(1).

(2) Next, by [8, Corollary 3.3], when p > 2 the Markov semigroup  $P_t^0$  generated by  $\Delta - \kappa \nabla |\cdot|^p$  is ultracontractive with

**AC** (4.4) 
$$\|P_t^0\|_{L^1(\mu_0) \to L^\infty(\mu_0)} \le e^{c_1(1+t^{-p/(p-2)})}, t > 0$$

for some constant  $c_1 > 0$ , where  $\mu_0(dx) := Z^{-1}e^{-\kappa|x|^2}dx$  is probability measure with normalized constant Z > 0. According to the correspondence between the ultracontractivity and the log-Sobolev inequality, see [3], (4.4) holds if and only if there exists a constant  $c_2 > 0$ such that

$$\mu_0(f^2 \log f^2) \le r\mu_0(|\nabla f|^2) + c_2(1 + r^{-\frac{p}{p-2}}), \quad r > 0, \mu_0(f^2) = 1.$$

Replacing f by  $fe^{\frac{W}{2}}$  and using  $\|\nabla W\|_{\infty} < \infty$  which implies  $\mu(e^{cW}) < \infty$  for any c > 0 due to p > 1, we find constants  $c_3$  such that

$$\begin{aligned} \mu(f^2 \log f^2) &\leq \mu(f^2 W) + 2r\mu(|\nabla f|^2) + 2\|\nabla W\|_{\infty}^2 + c_2(1 + r^{-\frac{p}{p-2}}) \\ &\leq 2r\mu(|\nabla f|^2) + \frac{1}{2}\mu(f^2 \log f^2) + \frac{1}{2}\log\mu(e^{2W}) + 2\|\nabla W\|_{\infty}^2 + c_2(1 + r^{-\frac{p}{p-2}}) \\ &\leq 2r\mu(|\nabla f|^2) + \frac{1}{2}\mu(f^2 \log f^2) + c_3(1 + r^{-\frac{p}{p-2}}), \quad r > 0, \mu(f^2) = 1. \end{aligned}$$

Hence, for some constant  $c_4 > 0$  we have

$$\mu(f^2 \log f^2) \le r\mu(|\nabla f|^2) + c_4(1 + r^{-\frac{p}{p-2}}), \quad r > 0, \mu(f^2) = 1.$$

By the above mentioned correspondence of the log-Sobolev inequality and semigroup estimate, this implies

$$|P_t||_{L^1(\mu)\to L^\infty(\mu)} \le e^{c_5(1+t^{-p/(p-2)})}, \quad t>0$$

for some constant  $c_5 > 0$ . In particular, this and  $\mu(e^{\lambda|\cdot|^2}) < \infty$  imply  $||P_t e^{\lambda|\cdot|^2}||_{\infty} < \infty$  for  $t, \lambda > 0$ , so that by Corollary 1.2(2), (1.21) follows from (4.3) and the fact that  $|\nabla V(x)|^2 \le c'(1+|x|^{2(p-1)})$  holds for some constant c' > 0.

(3) By [9, Corollary 1.4], the Poincaré inequality (1.13) holds for some constant  $\lambda_1 > 0$ . Moreover, it is trivial that the condition (1.16) holds for some constant  $K \ge 0$ . So, the desired lower bound estimate is implied by Theorem 1.3.

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# **A** Upper bound estimate on $W_p(f_1\mu, f_2\mu)$

For  $p \geq 1$ , let  $\mathbb{W}_p$  be the  $L^p$ -Wasserstein distance induced by  $\rho$ , i.e.

$$\mathbb{W}_p(\mu_1, \mu_2) = \inf_{\pi \in \mathscr{C}(\mu_1, \mu_2)} \|\rho\|_{L^p(\pi)}.$$

According to [7, Theorem 2], for any probability density f of  $\mu$ , we have

**APP1** (A.1) 
$$\mathbb{W}_p(f\mu,\mu)^p \le p^p \mu (|\nabla(-L)^{-1}(f-1)|^p).$$

The idea of the proof goes back to [1], in which the following estimate is presented for probability density functions  $f_1, f_2$ :

**APP2** (A.2) 
$$\mathbb{W}_2(f_1\mu_1, f_2\mu_2)^2 \le \int_M \frac{|\nabla(-L)^{-1}(f_2 - f_1)|^2}{\mathscr{M}(f_1, f_2)} d\mu_1$$

where  $\mathscr{M}(a,b) := \mathbb{1}_{\{a \land b > 0\}} \frac{\log a - \log b}{a - b}$  for  $a \neq b$ , and  $\mathscr{M}(a,a) = \mathbb{1}_{\{a > 0\}} a^{-1}$ . In general, for  $p \ge 1$ , denote  $\mathscr{M}_p = \mathscr{M}$  if p = 2, and when  $p \neq 2$  let

$$\mathscr{M}_p(a,b) = \mathbb{1}_{\{a \land b > 0\}} \frac{a^{2-p} - b^{2-p}}{(2-p)(a-b)} \text{ for } a \neq b, \quad \mathscr{M}_p(a,a) = \mathbb{1}_{\{a > 0\}} a^{1-p}.$$

In this Appendix, we extend estimates (A.1) and (A.2) as follows, which might be useful for further studies.

**A1** Theorem A.1. For any probability density functions  $f_1$  and  $f_2$  with respect to  $\mu$  such that  $f_1 \lor f_2 > 0$ ,

$$\mathbb{W}_{p}(f_{1}\mu, f_{2}\mu)^{p} \leq \min\left\{p^{p}2^{p-1}\int_{M}\frac{|\nabla(-L)^{-1}(f_{2}-f_{1})|^{p}}{(f_{1}+f_{2})^{p-1}}\mathrm{d}\mu, \ p^{p}\int_{M}\frac{|\nabla(-L)^{-1}(f_{2}-f_{1})|^{p}}{f_{1}^{p-1}}\mathrm{d}\mu, \right\}$$
$$\int_{M}\frac{|\nabla(-L)^{-1}(f_{2}-f_{1})|^{2}}{\mathscr{M}_{p}(f_{1},f_{2})}\mathrm{d}\mu\right\}.$$

*Proof.* It suffices to prove for p > 1. Let  $\operatorname{Lip}_b(M)$  be the set of bounded Lipschitz continuous functions on M. Consider the Hamilton-Jacobi semigroup  $(Q_t)_{t>0}$  on  $\operatorname{Lip}_b(M)$ :

$$Q_t\phi := \inf_{x \in M} \left\{ \phi(x) + \frac{1}{pt^{p-1}} \rho(x, \cdot)^p \right\}, \quad t > 0, \phi \in \operatorname{Lip}_b(M).$$

Then for any  $\phi \in \operatorname{Lip}_b(M)$ ,  $Q_0 \phi := \lim_{t \downarrow 0} Q_t \phi = \phi$ ,  $\|\nabla Q_t \phi\|_{\infty}$  is locally bounded in  $t \ge 0$ , and  $Q_t \phi$  solves the Hamilton-Jacobi equation

**HKO** (A.3) 
$$\frac{\mathrm{d}}{\mathrm{d}t}Q_t\phi = -\frac{p-1}{p}|\nabla Q_t\phi|^{\frac{p}{p-1}}, \quad t > 0.$$

Let  $q = \frac{p}{p-1}$ . For any  $f \in C_b^1(M)$ , and any increasing function  $\theta \in C^1((0,1))$  such that  $\theta_0 := \lim_{s \to 0} \theta_s = 0, \theta_1 := \lim_{s \to 1} \theta_s = 1$ , by (A.3) and the integration by parts formula, we obtain

$$\mu_1(Q_1f) - \mu_2(f) = \int_0^1 \left\{ \frac{\mathrm{d}}{\mathrm{d}s} \mu \left( [f_1 + \theta_s(f_2 - f_1)]Q_s f \right) \right\} \mathrm{d}s$$
$$= \int_0^1 \mathrm{d}s \int_M \left\{ \theta'_s(f_2 - f_1)Q_s f - \frac{f_1 + \theta_s(f_2 - f_1)}{q} |\nabla Q_s f|^q \right\} \mathrm{d}\mu$$

$$= \int_{0}^{1} \mathrm{d}s \int_{M} \left\{ \theta_{s}' \langle \nabla(-L)^{-1}(f_{2} - f_{1}), \nabla Q_{s}f \rangle - \frac{f_{1} + \theta_{s}(f_{2} - f_{1})}{q} |\nabla Q_{s}f|^{q} \right\} \mathrm{d}\mu$$
  
$$\leq \frac{1}{p} \int_{M} |\nabla(-L)^{-1}(f_{2} - f_{1})|^{p} \mathrm{d}\mu \int_{0}^{1} \frac{|\theta_{s}'|^{p}}{[f_{1} + \theta_{s}(f_{2} - f_{1})]^{p-1}} \mathrm{d}s,$$

where the last step is due to Young's inequality  $ab \leq a^p/p + b^q/q$  for  $a, b \geq 0$ . By Kantorovich duality formula

$$\frac{1}{p} \mathbb{W}_p(\mu_1, \mu_2)^p = \sup_{f \in C_b^1(M)} \left\{ \mu_1(Q_1 f) - \mu_2(f) \right\},\$$

and noting that

$$f_1 + \theta_s (f_2 - f_1) = f_1 + f_2 - \theta_s f_1 - (1 - \theta_s) f_2$$
  
=  $(f_1 + f_2) \left( 1 - \frac{\theta_s f_1}{f_1 + f_2} - \frac{(1 - \theta_s) f_2}{f_1 + f_2} \right)$   
 $\geq (f_1 + f_2) \min\{1 - \theta_s, \theta_s\},$ 

we derive

$$\boxed{\texttt{ECC}} \quad (A.4) \qquad \qquad \mathbb{W}_p(\mu_1, \mu_2)^p \le \int_0^1 \frac{|\theta_s'|^p}{\min\{\theta_s, 1 - \theta_s\}^{p-1}} \mathrm{d}s \int_M \frac{|\nabla (-L)^{-1} (f_1 - f_2)|^p}{(f_1 + f_2)^{p-1}} \mathrm{d}\mu.$$

By taking

$$\theta_s = \mathbf{1}_{[0,\frac{1}{2}]}(s)2^{p-1}s^p + \mathbf{1}_{(\frac{1}{2},1]}(s)\left\{1 - 2^{p-1}(1-s)^p\right\},$$

which satisfies

$$\theta'_s = p2^{p-1}\min\{s, 1-s\}^{p-1}, \quad \min\{\theta_s, 1-\theta_s\} = 2^{p-1}\min\{s, 1-s\}^p,$$

we deduce from (A.4) that

$$\mathbb{W}_p(f_1\mu, f_2\mu)^p \le p^p 2^{p-1} \int_M \frac{|(-L)^{-\frac{1}{2}}(f_2 - f_1)|^p}{(f_1 + f_2)^{p-1}} \mathrm{d}\mu.$$

Next, (A.4) with  $\theta_s = 1 - (1 - s)^p$  implies

$$\mathbb{W}_p(f_1\mu, f_2\mu)^p \le p^p \int_M \frac{|(-L)^{-\frac{1}{2}}(f_2 - f_1)|^p}{f_1^{p-1}} \mathrm{d}\mu.$$

Finally, with  $\theta_s = s$  we deduce from (A.4) that

$$\mathbb{W}_p(f_1\mu, f_2\mu)^p \le \int_M \frac{|(-L)^{-\frac{1}{2}}(f_2 - f_1)|^2}{\mathscr{M}_p(f_1, f_2)} \mathrm{d}\mu$$

Then the proof is finished.

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