



Standardizing and increasing the utility of lipidomics: a look to the next decade

Journal:	<i>Expert Review of Proteomics</i>
Manuscript ID	ERU-2020--0047.R1
Manuscript Type:	Perspective (Invited)
Keywords:	Clinical chemistry, identification, in-born errors of metabolism, imaging, lipids, mass spectrometry, medicine, quantification

SCHOLARONE™
Manuscripts

Standardizing and increasing the utility of lipidomics: a look to the next decade

Abstract

Introduction: We present our views on the current application of mass spectrometry (MS) based lipidomics and how lipidomics can develop in the next decade to be most practical use to society. That is not to say that lipidomics has not already been of value. In-fact, in its earlier guise as metabolite profiling most of the pathways of steroid biosynthesis were uncovered and via focused lipidomics many inborn errors of metabolism are routinely clinically identified. However, can lipidomics be extended to improve biochemical understanding of, and to diagnose, the most prevalent diseases of the 21st century?

Areas covered: We will highlight the concept of “level of identification” and the equally crucial topic of “quantification”. Only by using a standardised language for these terms can lipidomics be translated to fields beyond academia. We will remind the lipid scientist of the value of chemical derivatisation, a concept exploited since the dawn of lipid biochemistry.

Expert opinion: Only by agreement of the concepts of identification and quantification and their incorporation in lipidomics reporting can lipidomics maximise its value.

Keywords

Clinical chemistry, identification, in-born errors of metabolism, imaging, lipids, mass spectrometry, medicine, quantification

Article Highlights

- Lipidomics requires clear reporting, using commonly accepted concepts especially those for identification and quantification
- Lipidomics requires the use of common standard compounds and standard reference material
- Lipidomics will enhance our fundamental understanding of basics bioscience
- Lipidomics has the potential to enhance our understanding of diseases prevalent to 21st century
- Lipidomics can become a key technology in clinical chemistry

1. Introduction

At the beginning of the third decade of the twenty first century lipidomics is at a crossroads. Will it continue straight on, largely as the preserve of scientists in academia, or will it branch towards clinical science or perhaps towards the agricultural sector? If lipidomics is to have a meaningful impact in society beyond academia there are a number of aspects that the community will need to agree on and adopt [1-3]. In this perspective we give our views on the key areas that these might be. The authors will focus this article on biomedical lipidomics (Table 1) but lipidomics is likely to have equally important impacts in the agriculture and food, cosmetics and perfumery industries. The article will be biased towards mass spectrometry (MS)-based lipidomics, which is the research interest of the authors.

The term lipidomics was first popularised around the beginning of this century [4], following on from the other molecular “omics” i.e. metabonomics/metabolomics [5] and proteomics [6]. Lipidomics is essentially lipid-focused metabolite profiling, an area of research which has been explored since the early days of gas-chromatography (GC) [7,8], GC-MS [9-11] and fast atom bombardment (FAB)-MS [12]. Lipidomics is generally regarded as the quantitative determination of the entire lipid content of

1
2
3 a cell, tissue, biofluid or an organism. Determining the lipidome of a cell type is a daunting prospect.
4 When one considers all the potential lipids that may be present in a more complex sample,
5 determining its lipidome is going to be orders of magnitude more challenging. Taking plasma as an
6 example, there are likely to be many thousands of discrete lipid species present, ranging in
7 concentrations from pM (e.g. eicosanoids) to mmol/L (free cholesterol) [13-15].
8
9

10 **1.1. Identification**

11 It is important to consider what is meant by identifying and subsequently quantifying a lipid. While
12 the identity of a lipid can be determined by a **combination of accurate mass measurement by MS and**
13 **through NMR, very often providing** the relevant stereochemistry, many lipidomic studies exploit MS
14 with tandem MS (MS/MS) where the degree of structural identification is incomplete. MS when
15 combined with chromatography can give **accurate mass information and suggest chemical formulae**
16 for discrete lipids and if MS/MS or multistage fragmentation (MSⁿ) is included information regarding
17 the building blocks of a lipid may be forthcoming [16,17]. However, in the absence of more specialised
18 adaptations e.g. keV collision-induced dissociation (CID) [18,19], ozoneolysis [20] or derivatisation [21-
19 23], determination of the position of double bonds can be difficult if not impossible, enantiomers
20 cannot be differentiated in the absence of chiral chromatography and even diastereoisomers are
21 difficult to differentiate in the absence of authentic standards [24]. Hence, it is important to define at
22 what degree an identification is made in any lipidomic study [2,3,25]. While databases such as those
23 provided by Lipid Maps are of huge value [26,27], their widespread use also provides a danger in that
24 a measured *m/z* may be reported with a Lipid Maps ID in the absence of additional evidence, implying
25 to the non-expert that the molecule defined by the Lipid Maps ID has been definitively identified when
26 often this is not the case. There are many examples of this in the literature and it is a trap easy to fall
27 into. To minimise miss communication and over reporting, a shorthand notation for lipid structures
28 derived by MS has been proposed and has just been updated [2,3], adoption of this nomenclature by
29 the community will minimise the number of misleading identifications made. It is important to be
30 aware that even when all the chromatographic and MS data are considered it is still unlikely that an
31 absolutely definitive identification will be made. To take an extreme example, while accurate mass
32 measurement, GC retention time and electron - ionisation (EI) fragmentation pattern will identify
33 cholesterol, we need to use a chiral column to confirm we have the natural enantiomer not its
34 synthetic equivalent. Of course, if the sample comes from a biological source it is legitimate to use our
35 "biological intelligence" and identify the lipid as cholesterol. We do, however, need to be careful in
36 less obvious cases in the use of "biological intelligence" and state clearly any assumptions that are
37 made. By LC-MS/MS it would be very easy to confuse the isomers lathosterol and cholesterol and
38 make the assumption that an appropriate peak, e.g. in a plasma sample, consisted exclusively of
39 cholesterol. In all probability, this identification based on "biological intelligence" would be correct,
40 but not if the sample came from a child suffering from lathosterolosis, where the plasma
41 concentration of lathosterol is elevated [28].
42
43
44
45
46
47
48
49

50 **1.2. Quantification**

51 Quantification can be another subject that leads to misunderstandings. In clinical chemistry MS is used
52 to quantify lipids e.g. cholesterol, 25-hydroxyvitamin D₃, in units of moles/unit volume, usually using
53 isotope-labelled standards [29,30]. Isotope-dilution techniques should provide the best accuracy for
54 a quantitative MS method, however, purchasing and using an internal standard for each analyte in a
55 global lipidomics experiment is not practical. However, absolute quantification with one standard per
56 analyte can be performed in targeted lipidomic studies, where one specific class of lipids is analysed
57 [13,31-35]. In global lipidomic studies it is more common to use one or two internal standard per lipid
58 class. This is now made easier by the commercial availability of accurately prepared mixtures of
59
60

1
2
3 isotope labelled lipids suitable for quantification of different lipid classes [36,37]. Rather than
4 presenting quantitative values in moles or gram per unit volume, or per unit wet weight or per unit
5 mass of protein, some authors give % quantities relative to that measured in a control sample (100
6 %). This is not recommended, but it is appreciated that this may be the most practical way to present
7 results following retrospective analysis of experimental data. **Alternatively, this may be appropriate
8 where the goal is simply to determine only relative quantification following perturbation of a system.**
9

10
11 If one accepts that analytical studies are aimed at obtaining the true value of a particular invariable,
12 then the truth will best be reached if multiple different analytical methods are employed to determine
13 the same invariable. That is not to say that the mean or median value of these analyses is closest to
14 the truth or that outlier values are necessarily incorrect. However, if multiple different analytical
15 methods converge to a common value, then the observer is given some confidence that this value is
16 “likely” to be correct. As such there is considerable value in standard reference materials that are
17 prepared in bulk and **aliquoted** into small volumes that can be analysed by many independent
18 laboratories [30,38]. Such a standard reference material is NIST SRM 1950 which is a plasma sample
19 representative of the US population [30]. A lipidomic study has been performed in which many
20 different laboratories analysed the NIST SRM 1950 plasma sample using different MS methods [14]
21 and further studies are planned targeting on specific lipid groups. Similar studies have already been
22 performed with locally prepared plasma samples distributed to collaborating groups for sterol and
23 oxysterol analysis [39,40]. While these “ring” trials will not necessarily lead to “true” quantitative
24 values, they will lead to “consensus” values which are very important when comparing data sets from
25 different laboratories. With respect to ring-trials, one way to minimise the spread of values from
26 different participating groups is for all participants to use the same set of standard compounds.
27
28
29
30

31 **2. Instrumentation**

32
33 At the beginning of the 2000’s when lipidomics was in its infancy, the dominant instruments were
34 tandem quadrupoles [41], quadrupole and linear ion-traps (QIT or LIT) [17,42], the hybrid quadrupole-
35 time-of-flight (Q-TOF) [43] and the hybrid quadrupole – ion-trap (Q-Trap) [13]. Electrospray ionisation
36 (ESI) was, and still is, the most common ionisation mode, although some studies were conducted with
37 matrix-assisted laser desorption/ionisation (MALDI) mostly on TOF instruments [44]. Ultra-high
38 resolution Fourier transform ion cyclotron resonance (FTICR) instruments have also been used in
39 lipidomic studies [45], but in more recent times hybrid Orbitrap type instruments have become
40 popular [46-48]. Table 2 provides typical figures of merit for different MS instruments utilised in
41 lipidomics. While MALDI has its place in lipidomics, especially in **MS imaging (MSI)** [49,50], ESI is the
42 most widely used ionisation method. When combined with liquid chromatography (LC) i.e. high
43 performance-LC (HPLC) or ultra-high performance (UHPLC), ESI is usually used at conventional flow
44 rates (100s $\mu\text{L}/\text{min}$), although there are some studies using low-flow-rates [51-54]. ESI is often used in
45 a low-flow-rate format for direct infusion (DI)- (also called shotgun) lipidomics studies which are
46 performed in the absence of chromatography [46]. **Ion-mobility spectrometry (IMS)** has more recently
47 been incorporated into lipidomic experiments, this can add an extra-dimension of separation
48 and measured collisional cross-section values can provide additional evidence for identifications [55-
49 58].
50
51
52
53

54 **3. Lipidomics Methods**

55
56 To-date, lipidomics has largely been an endeavour driven by research laboratories in Universities and
57 industry [13,32,41,43,46,59]. There are essentially two lipidomic strategies, those based on
58 category/class specific separations and LC-MS or GC-MS and those based on shotgun- or DI-MS in the
59 absence of chromatography [13,32,41,46,60,61]. Both have their strengths and weaknesses (Table 3).
60

1
2
3 It is beyond the scope of this article to discuss these two strategies in detail. However, it is of value
4 considering the task at hand in measuring entire lipidomes.
5

6 If plasma lipidomics is taken as an example, concentrations of different lipids range from the oxylipins
7 at pM levels to cholesterol and its esters at $\mu\text{mole/L}$ – mmole/L levels and within the plasma lipidome
8 there are thousands of individual lipid species [13,14,37,46]. Lipids at the high end of this
9 concentration scale i.e. cholesterol esters (CE), glycerophospholipids (GP) and glycerolipids (GL) can
10 be readily analysed by both strategies [41,46,62,63]. For identification, both shotgun- and LC-MS
11 methods depend on measurement of precursor ion m/z and MS/MS fragmentation spectra which in
12 combination allow definition of structure, at least at the sum composition level. There are well-
13 established fragmentation rules for the different classes of lipids which aid in their structural
14 identification. Below we highlight a few fragmentation mechanisms [64] and illustrate how this
15 knowledge can be used to achieve identification at different levels [2,3].
16
17
18

19 **4. MS/MS Fragmentation and Structure Determination of Complex Lipids**

20
21 Complex lipids include the neutral lipid class of sterol esters (SE) and the lipid category glycerolipids
22 (GL), and the phospholipid categories of glycerophospholipids (GP) and sphingolipids (SP) (Table 1) [1].
23 Cholesterol esters (CE) and triacylglycerols (TAG) are particularly abundant in plasma (1 - 2 mmole/L)
24 where they are carried in lipoprotein particles. CE and TAG are also abundant in sub-cellular organelles
25 called lipid droplets. Diacylglycerols (DAG) are important in intracellular signal transduction while the
26 monoacylglycerol 2-arachidonoylglycerol has cannabinoid-like pharmacology. Phospholipids play a
27 central role in cell and subcellular membranes, allowing cells and subcellular organelles to separate
28 from one another.
29

30
31 Whether LC-MS/MS or DI-MS/MS is used, the determination of structures of complex lipids is
32 dependent on their MS/MS spectra. Structure determination is aided by high mass accuracy, but this
33 is not a pre-requisite, however an understanding of MS/MS fragmentation is a requirement, either at
34 the level of the analyst or the developer of lipid-centric MS/MS databases. Bearing in mind the
35 importance of fragmentation mechanisms we discuss some of those which we consider most useful
36 in the sections below.
37
38

39 *4.1. Fragmentation Mechanism and Analysis of Complex Lipids*

40
41 Table 4 summarises key fragment-ions useful for the determination of structure at the species level
42 (sum composition) and above in shotgun and targeted lipidomic studies of complex lipids [2,3].
43

44 *4.1.1 Cholesterol Esters*

45
46 Cholesterol esters are abundant in plasma, and despite being neutral molecules can be ionised in
47 positive-ion ESI as the ammonium adduct $[\text{M}+\text{NH}_4]^+$ [64]. The NH_4^+ cations may be present in the ESI
48 solution, added to the LC mobile phase, or added post LC column to the infusion solvent. When
49 fragmented by MS/MS the dominant fragment-ion is formally the dehydrated protonated molecule of
50 cholesterol $[\text{Chol}+\text{H}-\text{H}_2\text{O}]^+$ at m/z 369.35 (Figure 1A, see MS/MS spectrum provided by Lipid Maps at
51 [65]). A very useful resource providing MS/MS spectra of numerous lipid standards can be found at
52 the Mass Bank of North America (e.g. [66]). The ion at m/z 369.35 is an ideal target for precursor-ion
53 scanning on a tandem quadrupole instrument or for MS/MS^{ALL} scans, or variants thereof, on hybrid Q-
54 TOF or hybrid Orbitrap instruments to reveal $[\text{M}+\text{NH}_4]^+$ ions of cholesterol esters [62,63,67,68]. It
55 should be noted here, that “biological intelligence” tells us that the fragment-ion at m/z 369.35 is
56 almost certainly derived from the cholesterol ester, but if the plasma was from a patient suffering
57 from lathosterolosis [28], the ion could be derived from a lathosterol or perhaps zymostenol ester.
58
59
60

Thus, according to Liebisch et al's nomenclature the structure in Figure 1A should be annotated at the molecular species level as SE 27:1/18:1, where SE refers to sterol ester, as most likely determined by MS/MS, or as CE 18:1 based on "biological intelligence" assuming the sterol to be cholesterol, and at the full structural level to be CE 18:1(9Z) where the two components are cholesterol and oleic acid [2,3,25]. If the Lipid Maps ID LMST01020003 is to be used, then any assumptions regarding "biological intelligence" should be indicated. **Double bond location or geometry within the fatty acyl group is not determined by routine MS/MS methods, however, the Paternò-Büchi PB reaction has been successfully exploited towards this aim [69]. The PB reaction is a photochemical [2+2] cycloaddition between a carbonyl group and an alkene. The reaction can be performed prior to or during ESI and the PB reaction products fragmented by CID to reveal double bond location [21,22,69].**

4.1.2 Triacylglycerols (TAG)

Like other neutral lipids TAG can be ionised as $[M+NH_4]^+$ ions. MS/MS of the $[M+NH_4]^+$ ion leads to the loss of fatty acids (RCO_2H) and NH_3 leaving a series of $[M+H-RCO_2H]^+$ ions [64]. These ions will reveal the fatty acyl groups attached to the glycerol backbone, although not their positions or location of double bonds. This is illustrated in Figure 1B - D where the $[M+NH_4]^+$ ion at 874.79 will fragment to give $[M+H-R_1CO_2H]^+$, $[M+H-R_2CO_2H]^+$ and $[M+H-R_3CO_2H]^+$ at m/z 603.53, 573.49 and 577.52. This allows molecular species level identification as TG 16:1_18:0_18:2. Loss of R_2CO_2H at the second carbon of glycerol is often, but not always, less facile than at other positions, allowing a tentative identification of this acyl group. Diacylglycerols (DG) fragment through similar mechanisms to TAG. If the alkali metal adducts $[M+Na]^+$ or $[M+Li]^+$ are fragmented the dominant fragment-ions correspond to the loss of the fatty acids with the metal attached to the residual ion. **However, fragmentation of $[M+Na]^+$ ions is less facile than of $[M+NH_4]^+$ ions.**

Analysis of TAGs from either animal or plant origin is complicated by multiple isobaric species. Rather than having just three product ions as in the example above, it is not uncommon to observe nine or ten $[M+H-RCO_2H]^+$ ions [17]. This complicates unambiguous identifications. One solution is reversed phase LC. An alternative is exploiting multiple MRM or multiple neutral loss scans.

4.1.3. Glycerophospholipids (GP)

While glycerophosphocholines (PC) are most commonly analysed in the positive-ion mode, other phospholipids are often analysed as $[M-H]^-$ ions, although they can also be analysed as $[M+H]^+$ or $[M+Cat]^+$ ions, where Cat is a metal cation.

Glycerophospholipid $[M-H]^-$, or in the case of PC, $[M-15]^-$ ions, fragment in MS/MS to give carboxylate ions derived from the fatty acyl groups attached to the glycerol backbone (see below).

4.1.3.1. Glycerophosphocholine (PC)

In the positive-ion mode, PC readily give $[M+H]^+$ ions in ESI which fragment upon MS/MS to give the characteristic and abundant fragment-ion at m/z 184.07 (Figure 2A and for reference spectra [70] and [71]). Note, sphingomyelin also gives this fragment-ion. While a combination of **accurate** mass and the fragment-ion at m/z 184.07 can lead to identification at the species level (sum composition) e.g. PC 34:1 in Figure 2A, more information is required for fatty acyl group identification. This can be provided by minor fragments in the MS/MS spectrum. These are observed following the loss of the *sn*-1 or *sn*-2 fatty acyl group as the neutral ketenes $R_1CH=C=O$ and $R_2CH=C=O$ (Figure 2B - C). This will then allow identification at the molecular species level e.g. PC 16:0_18:1 in Figure 2. It may be possible to achieve identification at the *sn*-position level by ion mobility, while the double bond position could be determined by exploiting the Paternò-Büchi reaction and MS/MS [21,22].

Fragmentation of $[M+Li]^+$ and $[M+Na]^+$ ions is very different from $[M+H]^+$. Both of the alkali metal adducts fragment with the loss of 59.07 Da ($N(CH_3)_3$) and 183.07 Da ($HO_3POC_2H_4N(CH_3)_3$) while the $[M+Li]^+$ also gives a neutral loss of 189.6 Da ($LiO_3POC_2H_4N(CH_3)_3$).

4.1.3.2. Glycerophosphoethanolamines (PE)

PE when ionised in the positive-ion mode gives $[M+H]^+$ ions which upon MS/MS give the characteristic fragment-ion at $[M+H-141.02]^+$ (see Figure 3A, and for reference spectra [72] and [73]). This, when combined with data from MS/MS of the $[M-H]^-$ ion, can define the PE class and the fatty acyl composition. The MS/MS spectra of $[M-H]^-$ ions of PE, like other glycerophospholipids, gives fragment-ions corresponding to $[R_1CO_2]^-$ and $[R_2CO_2]^-$ allowing structure determination at the molecular species level (Figure 4A - B, for reference spectra see [74]).

The alkali metal adducts of PE show major fragment ions corresponding to $[M+Li-147.03]^+$ and $[M+Na-163.00]^+$ which are chemically identical to the $[M+H-141.02]^+$ ion.

4.1.3.3. Glycerophosphoserines (PS)

The $[M-H]^-$ ion of PS fragments in MS/MS to give a characteristic neutral-loss of 87.03 i.e. $[M-H-87.03]^-$, besides the $[R_1CO_2]^-$ and $[R_2CO_2]^-$ ions defining the acyl groups attached to the glycerol back bone (see Figure 3B and 4A - B, [75]). When ionised in the positive-ion mode the $[M+H]^+$ ion fragments to give a major neutral-loss of 185.01 Da, i.e. $[M+H-185.01]^+$ (see Figure 3C, and for reference spectra [76] and [77]). The $[M+Li]^+$ and $[M+Na]^+$ give the equivalent $[M+Li-191.02]^+$ and $[M+Na-206.99]^+$ fragment-ions and also the lithiated or sodiated head group $[H_2O_3POCH_2CH(NH_3)CO_2Li]^+$ (m/z 192.02) or $[H_2O_3POCH_2CH(NH_3)CO_2Na]^+$ (m/z 208.00).

4.1.3.4. Glycerophosphatidic acids (PA)

MS/MS spectra of $[M-H]^-$ ions of PA give abundant carboxylate anions characteristic of the fatty acyls groups (Figure 4A - B, see [78]). A useful resource provided by Lipid Maps is a library of theoretical MS/MS spectra (e.g. [79]) giving predicted fragment ions and their structures. In the positive-ion mode $[M+H]^+$ ions fragment to give a major ion corresponding to the loss of HPO_4 , i.e. $[M+H-95.96]^+$.

4.1.3.5. Glycerophosphatidylinositols (PI)

PI in the negative-ion mode give $[M-H]^-$ ions that fragment in MS/MS to give carboxylate anions characteristic of the fatty acyls and also a PI characteristic ion at m/z 241.01 (Figure 3D, for reference spectra see [80] and [81]). In the positive-ion mode MS/MS of $[M+H]^+$ ions give a major fragment at m/z $[M+H-260.03]^+$ corresponding to the loss of the neutral head group.

4.1.3.6. Phosphatidylglycerol (PG)

MS/MS of $[M-H]^-$ ions of PG give the characteristic $[R_1CO_2]^-$ and $[RCO_2]^-$ fragment-ions.

4.1.4. Shingomyelin (SM)

The MS/MS spectra of SM $[M+H]^+$ ions give a prominent ion at m/z 184.07, just like PC (Figure 4C, for reference spectra see [82]). The MS/MS of the $[M-15]^-$ ion yields a major product ion at m/z 168.04.

As discussed for sterol esters, to obtain information on the location of double bonds the Paternò-Büchi reaction can be exploited [21,22] or alternatively gas-phase ozonolysis [20].

5. Fatty Acids, Oxylipins, Sterols, Oxysterols, Steroids and Bile Acids

1
2
3 While the complex lipids discussed above are evident in global shotgun type experiments, for the less
4 abundant lipids more targeted approaches are most appropriate. These may be on a shotgun-MS, LC-
5 MS or GC-MS format [33,35,83-86].
6

7 *5.1. Free Fatty Acids (FA)*

9 Simple fatty acids have been analysed by GC-MS for decades [87] and were one of the first lipid classes
10 to be analysed by FAB-MS in the 1970's [19,88]. For analysis by GC-MS the carboxylic acid group is
11 usually converted to an ester. Many different types of fatty acyl esters have been generated for GC-
12 MS analysis each with their own merits [23,85,89,90]. Besides the popular derivatisation to methyl
13 esters (fatty acyl methyl esters, FAME), two other derivatisations with particular merit are to picolinyl
14 esters [23] and to pentafluorobenzyl esters [85]. Picolinyl esters fragment in the EI source through a
15 charge-mediated mechanism to give a series of fragment-ions resulting from cleavage of successive
16 carbon-carbon bonds, this allows the determination of the position of double bonds, cyclic groups and
17 with trimethylsilylether derivatisation of alcohol groups, the site of hydroxylations [23]. The advantage
18 of derivatisation to pentafluorobenzyl esters is that with negative chemical ionisation dissociative
19 electron capture occurs to give $[\text{RCO}_2]^-$ ions allowing detection of chromatographically separated fatty
20 acid derivatives at high sensitivity [85].
21
22
23

24 *5.2. Eicosanoids and Oxylipins*

25
26 In plasma, the other end of the concentration range to cholesterol esters and triacylglycerides are the
27 eicosanoids and oxylipins. These are present in plasma as free acids at the pM level [13]. While strictly
28 speaking, according to chain-length eicosanoids are based on a C_{20} chain, historically the term
29 eicosanoids has also embraced related polyunsaturated fatty acids of longer and shorter chain length.
30 More recently the term oxylipins referring to oxygenated fatty acyls has come into use to cover
31 eicosanoids and their shortened and elongated relatives.
32
33

34 Oxylipins, including eicosanoids, can exist as free acids or as components of complex lipids. In an
35 impressive study based on UHPLC-MS/MS Wang et al were able to monitor the levels of about 140
36 free oxylipins from only 20 μL of human plasma [33]. To do this a targeted approach was employed
37 both to sample preparation, exploiting solid phase extraction (SPE), and MS/MS utilising time-defined
38 multiple reaction monitoring (MRM). To achieve quantitative data the "gold standard" isotope
39 labelling approach was followed where isotope-labelled internal standards were added to correct for
40 analyte loss and provide MS/MS response factors. As only 26 deuterated standards were available,
41 strictly speaking this provided absolute quantification for only the corresponding non-deuterated
42 endogenous analytes, but it was possible to use these internal standards to quantify other analytes by
43 generation of standard curves using commercially available non-labelled pure standards.
44
45
46

47 To analyse total oxylipins i.e. the sum of non-esterified and esterified molecules, it is necessary to
48 perform a hydrolysis step. This is problematic as some oxylipins, particularly the prostaglandins are
49 sensitive to basic conditions. Never-the-less, Quehenberger et al developed a method incorporating
50 mild-base hydrolysis suitable for oxylipin analysis in plasma [34]. By the use of isotope-labelled and
51 commercial standards it was possible to quantify 38 oxylipins in plasma over the concentration range
52 of 5 – 40,000 pmol/mL and interestingly on average about 70% of all oxylipins were esterified.
53
54

55 *5.3. Sterols including Oxysterols, Steroids and Bile Acids*

56 Like fatty acids sterols have been analysed by MS for decades [9-11,86-88,91].
57

58 *5.3.1. Cholesterol, its Precursors and Oxysterols*

1
2
3 In recent years there has been a reawakening of interest in cholesterol precursors and metabolites on
4 account of their myriad of biological activities [92-98]. Non-esterified cholesterol is the most abundant
5 single molecular species in plasma, being present at 200 – 500 µg/mL (0.5 – 1.3 mmol/L) and most of
6 its precursors and oxysterols are present at levels of less than 0.1% of that of cholesterol [13].
7 Oxysterols, cholesterol and its precursors are also present in biological samples esterified to fatty acids
8 and to a lesser extent sulfuric acid and oxysterols can also be found bound to glucuronic acid through
9 an acetal condensation [99-103]. These sterols are usually analysed following saponification to give
10 values for the combination of esters and free analytes [35,40] but have also been analysed in their
11 non-esterified free forms [98,103-105]. The sterol esters are often about 10-fold more abundant than
12 the free analytes [13,99].
13
14
15

16 One oxysterol receiving increased attention is 25-hydroxycholesterol (25-HC). This can be formed from
17 cholesterol enzymatically by the enzyme cholesterol 25-hydroxylase (CH25H) [106], but also by free
18 radical oxidation *ex vivo*, it is normally found at low levels (ng/mL) in body fluids and tissues (< ng/mg)
19 [107]. However, around 2009 it was discovered that CH25H is upregulated in macrophages in response
20 to lipopolysaccharide (LPS, endotoxin), an integral component of the cell wall of Gram-negative
21 bacteria, with the consequent increase in 25-HC biosynthesis [32,97,108]. These studies were
22 performed by analysis of cells and plasma following class-specific extraction and purification,
23 saponification to hydrolyse oxysterol-fatty acyl esters, then derivatisation to trimethylsilyl ethers and
24 GC-MS utilising isotope-labelled standards for quantification [108], or by LC-MS/MS in the absence of
25 derivatisation exploiting MRM with isotope labelled standards for quantification [97,109]. Cyster and
26 colleagues have suggested that 25-HC suppresses interleukin-1 driven inflammation by repressing the
27 processing of SREBP-2 (sterol regulatory element-binding protein 2) transcription factor [95].
28 Interestingly, a patient with deletion of the *CH25H* gene shows susceptibility to BCG abuses supporting
29 the hypothesis of Cyster and colleagues that 25-HC is anti-inflammatory [110]. CH25H is also up
30 regulated as a consequence of viral infection and its anti-viral activity has also been explained by
31 repression of SREBP-2 processing [111]. Blanc et al used a derivatisation technology to enhance the
32 LC-MS/MS detection of 25-HC, which also aided in the identification of this oxysterol by MS³ [111].
33 Using Girard P derivatisation each oxysterol isomer gives its own unique MS³ fragmentation pattern
34 and or retention time (Figure 5) [98,103,105]. Importantly, *CH25H* is an interferon (IFN) stimulated
35 gene and it has been suggested that SARS-CoV-2 (COVID-19) may be treated by exogenous IFNs [112].
36 The beneficial effects of IFNs may be through upregulation of CH25H, and 25-HC has been shown to
37 suppress SARS-CoV-2 replication by blocking membrane fusion [113,114]. 25-HC is metabolised by
38 cytochrome P450 (CYP) 7B1, and the product 7 α ,25-dihydroxycholesterol (7 α ,25-diHC), which does
39 not suppress SARS-COV-2 replication [114], is normally present at low levels in plasma (ng/mL)
40 [35,59,115]. Its level has not yet been measured in plasma from COVID-19 patients. Interestingly,
41 7 α ,25-diHC is a ligand to the G protein-coupled receptor, GR183, also known as Epstein-Barr virus
42 induced gene 2 (EBI2), and acts as a chemoattractant to immune cells expressing this receptor [96].
43 So while 25-HC can be anti-inflammatory, its metabolite 7 α ,25-diHC can be pro-inflammatory [116].
44
45
46
47
48
49

50 Another important oxysterol is 24S-hydroxycholesterol (24S-HC). In human, 24S-HC is the dominant
51 diastereoisomer, although 24R-HC is also present in plasma at much low levels (Figure 5B). 24S-HC
52 and 24R-HC are often unresolved in GC-MS and LC-MS experiments and “biological intelligence” is
53 invoked to characterise the oxysterol identified as the 24S-epimer. The geometrical similarity of 24S-
54 HC, 24R-HC, 25-HC, (25R)26-hydroxycholesterol ((25R)26-HC, also known as 27-hydroxycholesterol)
55 and of 22R-hydroxycholesterol, all of which are present in plasma at different levels makes their
56 chromatographic separation challenging (see Figure 5 and also [109]). This challenge is accentuated in
57 LC-MS/MS studies by the similarity of their MS/MS spectra which, in the absence of derivatisation, are
58 dominated by the loss of one or two molecules of water (see [117] and [118] for reference spectra).
59
60

1
2
3 An advantage of the Girard P derivatisation method used by Blanc et al [111], as developed by Griffiths
4 and Wang [53,98,103,105,119,120], is that the derivatising group which “charge-tags” the analyte
5 directs fragmentation resulting in MS³ spectra that are different for different oxysterol isomers. This
6 in combination with enhanced solubility in reversed-phase solvents allows the determination of
7 essentially all monohydroxycholesterol isomers (Figure 5).
8
9

10 24S-HC is generated from cholesterol by CYP46A1 expressed in neurons [121]. It acts as a transport
11 molecule, removing excess cholesterol from brain [122]. Despite the comparatively mild phenotype
12 of the *Cyp46a1* knock-out mouse [123,124], CYP46A1 appears to be an essential enzyme in human as
13 no inborn error of metabolism resulting from its deficiency has been reported and neither has an
14 individual been found lacking in 24S-HC. Total (unesterified plus esterified) 24S-HC is a marker of
15 neurodegeneration, patients with advanced multiple sclerosis have decreased plasma levels of 24S-
16 HC, but patients in an early stage have increased levels [125]. This can be explained by acute episodes
17 of demyelination causing transient increase in 24S-HC [126]. Similarly, patients with advanced
18 Alzheimer’s disease (AD) have significantly reduced levels of plasma 24S-HC [127]. In both AD and
19 multiple sclerosis, the reduced 24S-HC with advanced disease stage can be explained by the loss of
20 CYP46A1 expressing neurons. This concept can also explain reduced plasma levels during the
21 progression of Huntington’s disease [128]. With respect to Parkinson’s disease the prevailing data
22 suggests that total 24S-HC increases in cerebrospinal fluid of patients with early Parkinson’s disease
23 explained by release of cholesterol during cell death providing enhanced quantities of substrate for
24 CYP46A1 [129]. Interestingly CYP46A1 gene therapy has been suggested as a treatment for
25 Huntington’s disease [130], Alzheimer’s disease [131] and spinocerebellar ataxia [132].
26
27
28
29

30 5.3.2. Bile Acids Profiling

31 Excellent methods for the GC-MS profiling of bile acids were developed in the 1970’s and 1980’s and
32 since these halcyon days the field has possibly regressed at the Alter of simplicity [133-135]. As GC-
33 MS is not generally suitable for analysis of conjugated bile acids sample preparation is paramount
34 involving, separation of different conjugation types followed by hydrolysis, derivatisation and
35 ultimately GC-MS analysis [133,134]. The separation methods make extensive use of ion-exchange
36 chromatography for group fractionation, this still has value for modern day bile acid profiling using LC-
37 MS/MS [102]. A lipidomic study of bile acids is challenging based on the huge range of polarity and
38 solubilities extending from almost water insoluble lithocholic acid (stone bile acid) to highly water
39 soluble taurocholic acid sulfate, and the huge number of different forms of conjugation i.e. at C₂₄ a
40 free acid, glycine or taurine amidate or a glucuronic acid ester, and at ring hydroxy groups esters with
41 sulfuric acid or acetals with glucose, glucuronic acid or *N*-acetyl glucosamine [86]. Note, it is unlikely
42 that the exact hexose sugar, will be identified by LC-MS methods. Additionally, hydroxylation can be
43 at almost any carbon when the activities of the gut microflora and the enterohepatic system are
44 considered. The picture is further complicated when C₂₇ and *nor* bile acids are considered. Never-the-
45 less there are currently excellent methods for bile acid analysis if it is accepted that they are not fully
46 comprehensive [136-140].
47
48
49
50

51 5.3.3. Steroid Profiling

52 Steroid profiling can be thought of the analysis of C₂₁ – C₁₈ steroids, usually by MS analysis of body
53 fluids [9-11]. Importantly, urinary steroids are not the secreted hormones or their precursors, but end
54 products of hepatic or renal metabolism. As illustration, 3-oxo-4-ene structures of typical steroid
55 hormones or their precursors are reduced to form 3 α -hydroxysteroids with either a 5 α - or 5 β -
56 hydrogen at the A/B ring junction. Commonly a carbonyl at C-20 is converted to a hydroxy group, while
57 hydroxy groups at 17 β and 11 β are converted to carbonyls. Metabolites with a 3 α -hydroxy group are
58
59
60

usually excreted as glucuronides while those with a 3 β -hydroxy-5-ene are excreted as sulfates [11]. Following de-conjugation essentially all neutral sterols can be profiled by GC-MS following methyloxime protection of carbonyl groups and trimethylsilylation of hydroxyls. When steroid conjugates are of interest then LC-MS/MS is the method of choice [141].

6. Pitfalls and Traps During Analysis

In the above sections we have discussed the different MS-based methods employed to dissect the lipidome. Even when employed with care there are pitfalls for both the novice and experienced scientists to fall into. These include isotopic overlap both in shotgun and LC-MS methods, analyte loss, oxidation and unconsidered enzymatic activity, during sample storage and preparation, and impurities in internal standards. Many of these dangers are discussed by the Lipidomics Standards Initiative [25]. Two of the major shortcomings evident when comparing quantitative data from different laboratories are the efficiencies of different extraction methods and the use of different internal standards. While the second issue can be solved by the use of a common set of standards, both isotope-labelled and non-labelled, the first issue is more problematic. For instance, addition of acid or base may enhance the extraction of certain lipids but it may result in the decomposition of others. It is also essentially impossible, without radioactive monitoring, to determine true extraction efficiency from a biological sample.

Even if we fall into a trap, it is of value to make our data accessible to all. Lipidomics data can be made available through the Metabolights database [142], Metabolomics Workbench [143] and the Center for Open Science [144] to name just a few.

7. Top Tips or Personal Bias

Simple microchemical reactions have been used to aid structure determinations since the emergence of lipids as a class of biomolecule. There is still a value for simple chemistry in lipidomics today, whether it is GC-MS [23,90], for charge reversal as in Han and colleagues "acidomics" for analysis of fatty acid by LC-MS [83] or Girard derivatisation to enhance ionisation and fragmentation of lipids with a carbonyl group [52,53,105,119], and also for their MSI [50,145], or for double bond location using ozonolysis [20] or the Paternò-Büchi reaction [21,22,69]. In fact there are a myriad of simple chemical reactions that the lipidomics analyst can explore in an effort to solve different problems [146]. We recommend this as a route to consider when routine lipidomics methods fail.

8. Towards Clinical Chemistry

Lipid analysis is well established in clinical chemistry laboratories for targeted analysis to diagnose in-born errors of metabolism [147]. For many years, acylcarnitines have been analysed by ESI-MS/MS from dried blood spots to diagnose organic acid disorders and 17-hydroxyprogesterone is routinely analysed in newborn screening laboratories to diagnose 21-hydroxylase deficiency resulting in congenital adrenal hyperplasia. Disorders of bile acid metabolism are diagnosed in screening laboratories by ESI-MS [140,148,149], as are in-born errors of cholesterol biosynthesis [150]. 25-Hydroxyvitamin D₃ is now commonly measured by LC-MS/MS to assess vitamins D deficiency [29]. These are mostly single analyte assays, where a high or low level of metabolite can be used to diagnose a disorder.

A metabolite profile or lipidome will provide even more information to the clinician, but the immediate need of the clinician is simply to make the diagnosis in the quickest and simplest possible way. For clinical science to fully embrace lipidomics the field is going to have to demonstrate that it can diagnose one of the multifactorial diseases of the twenty first century, such as non-alcoholic fatty

1
2
3 liver disease progressing to non-alcoholic steatohepatitis, atherosclerosis, one of the
4 neurodegenerative disease or even COVID-19.
5

6 Standard reference materials have been used for some time by external quality assessment schemes
7 for clinical chemistry laboratories [29]. The NIST SRM 1950 plasma has clinical chemistry data
8 associated with it provided by NIST, including values for total cholesterol, estradiol, progesterone,
9 cortisol, dehydroepiandrosterone and testosterone determined by immunoassay, values for 25-
10 hydroxyvitamin D₃, cortisol, testosterone and progesterone determined by LC-MS/MS and values for
11 free fatty acids and total cholesterol determined by GC-MS [30,38]. This material has been extensively
12 analysed in lipidomic studies. In their 2010 study Lipid Maps provided quantitative data for over 500
13 distinct molecular species [13] and more recently a community effort measured the levels of 1,527
14 lipids identified at the sum composition level (species level) in this sample [14]. The results of the
15 second study could be summarised by stating that there was consistently inconsistent results between
16 different sites and platforms [37]. There is now another community effort lead by Singapore
17 Lipidomics Incubator to reanalyse the SRM 1950 in a targeted lipidomic manner to provide absolute
18 quantitative data for defined analytes. While there are dangers in determining consensus values as an
19 “all laboratory trimmed mean” (ALTM), perhaps this strategy is the best one to move lipidomics into
20 clinical laboratories. Even if ALTM values are not truly accurate, by providing a list of reference values
21 in a standard reference material that all laboratories can access will at least allow clinical laboratories
22 to “calibrate” their value to a reference value and allow interlaboratory comparison of data which will
23 be necessary for lipidomics to use its full data sets for disease diagnosis and prognosis.
24
25
26
27
28

29 **9. Concepts in Lipidomics, Metabolomics and Proteomics**

30 The study of proteomics has driven impressive developments in MS technology. Motivated by the
31 need for enhanced sensitivity Wilm and Mann developed nano-ESI [151], Emmett and Caprioli
32 developed LC compatible micro-ES [152] and Caprioli and colleagues developed MSI [153], while
33 instrument manufacturers have made huge developments through the introduction of Q-TOF [154],
34 hybrid ion-trap FTICR [155] and hybrid Orbitrap instruments [156]. However, some concepts in
35 proteomics are very different to those understood by lipid chemists e.g. identification. In top-down
36 proteomics hundreds to thousands of proteins are identified in a single MS/MS experiment through
37 searching a protein/gene database with peptide data derived by MS/MS following proteolytic
38 digestion. Each identified protein will have a probability of being correct. The identification does not
39 require that the MS data is sufficient to match the entire amino acid sequence of the protein, just to
40 provide a probability that this identification is the most likely one from the entries in the data base
41 and above a defined false discovery rate. It is very possible that the proteins confidently identified do
42 not exactly match the translate gene sequences within in the data base. They may be isoforms or
43 variants of the deposited sequence, or the protein actually analysed may be post translationally
44 modified. Hence the mindset of the scientist with a proteomics background is very different from one
45 of a lipid chemist who regards identification as the definition of an exact chemical structure.
46
47
48
49

50 The metabolomics expert comes at identification from yet another angle. In many metabolomics
51 experiments the goal is to identify what has changed in a system as a result of perturbation of that
52 system. Here multivariate statistics are used to discover which MS features have changed as a result
53 of the perturbation. The goal is then to identify these features, this is usually done by searching a
54 metabolite database which is often compiled from many other databases. Unless the database to be
55 searched is carefully curated this process is fraught with dangers. It is not uncommon that metabolites
56 in a database are only there as a consequence of their chemical synthesis and patenting or are
57 completely theoretical. In addition, identifications in metabolomics are made to different levels which
58 may not be understood by all. Identification can be simply made by the matching of a measured m/z
59
60

1
2
3 with a certain tolerance to a metabolite entry in a database, or the identification may include the
4 matching of a second parameter, such as specific fragments in an MS/MS spectrum to those of
5 standard compounds.
6

7 As long as the nomenclature used for identifications made by scientists with a proteomics,
8 metabolomics or lipid biochemistry background are understood, each concept of identification is
9 perfectly reasonable. The problem arises where the disciplines cross and the nomenclature of
10 identification is not clearly defined in published works [25,36,157].
11
12

13 Quantification is another term that can mean different things to different scientists. As with the
14 concept of identification the best way to avoid confusion is by clarity of reporting. In proteomics and
15 metabolomics the goal is very often to determine relative quantitative changes. This can be aided by
16 the use of derivatisation and differential isotope-coded tags [158,159] and in proteomics through
17 stable-isotope labelling of whole proteins [160]. To the lipid chemist the goal is absolute quantification
18 of a defined species. In targeted lipidomic studies this is perfectly possible and can be achieved by the
19 incorporation during sample preparation of isotope-labelled standards, ideally exactly matching the
20 compound to be quantified [33,35,99]. For many classes of lipid it is impractical to have isotope-
21 labelled standards for each exact lipid, in which case it is reasonable to use one or two isotope-labelled
22 standards per lipid class. It is preferable to quote lipid concentrations in moles per unit volume, moles
23 per unit wet or dry weight or moles per unit of protein.
24
25
26

27 **10. Future**

28 What of the future of lipidomics? To our minds lipidomics will be of most value when accurate
29 quantification is linked to reliable identifications and to biological location. This goes beyond biofluids
30 into tissues. Exciting data has been obtained by MALDI-MSI [49,50,161], desorption-ESI (DESI)-MSI
31 [162,163] and also through liquid extraction for surface analysis (LESA)-MSI [163,164]. We are also
32 excited by the combination of LESA – chromatography – MSⁿ as recently developed by Yutuc et al to
33 quantitate cholesterol and its metabolites in brain tissue (Figure 5F & G) [145]. Yutuc et al linked LESA
34 with LC-MSⁿ. It will be exciting in the future to see if ion-mobility can match the separation power to
35 LC.
36
37
38

39 **11. Conclusion**

40 In this centenary, lipidomics as a discipline has taken huge strides forward. Much of this is based on
41 basic gas-phase ion chemistry, our improved understanding of it to explain fragmentation and its
42 application to help determine structure. From the conceptually simple but beautiful shotgun
43 lipidomics of Han and Gross to the much more complex class-specific lipidomics of Lipid Maps the
44 methodologies are available to solve many of the next-generation problems in biology.
45
46
47

48 **12. Expert Opinion**

- 49 • *A real world impact in disease diagnosis and monitoring response to therapy*

50 In the short-term class-specific lipidomics is most likely to have an impact in medicine. It is not difficult
51 to envisage large panels of target lipids analysed in a single run being used to “metabolically diagnose”
52 numerous in-born errors of metabolism simultaneously. In academic laboratories this is already
53 routine, the challenge will be translating it to a clinical environment. Similarly, with a knowledge of
54 pre-existing metabolic markers response to therapy can be monitored.
55
56
57

58 It is unlikely that there will be similarly definitive markers for multifactorial diseases, in which case
59 multivariate statistics is likely to be key. The challenge will be for laboratories throughout the world
60

to be able to reproduce the lipidomic measurements for hundreds of lipids necessary for cross-laboratory diagnosis.

- *Overcoming the problems of miss-communication*

As discussed above, a clarity in reporting of identification and quantification is required. This is absolutely necessary when data from published papers is trawled by computer algorithm which will be oblivious to the nuances of tone of language. It is better to have fifty correct identifications than two hundred which may or not be correct.

- *Reference values as a guide but not a definition of fact*

Perhaps the only way for lipidomics to become accepted fully into the clinical chemistry laboratory is in combination with standard reference materials, where ALTM values will be provided for many hundreds of individual species. Each laboratory will then be able to compare its data to that provided along with the reference material. It should be noted that the ALTM value is not necessarily the true value. For example, there is no guarantee that the most popular method of sample extraction is the best one and it is almost impossible to assess the true extraction efficiency of an endogenous molecule.

- *Evolution or revolution?*

Where will lipidomics be in five years. Certainly, the newest MS instruments will be faster, more sensitive and have higher resolution. But will these provide “game breakers” in the discipline? Perhaps the greatest development in our understanding of lipid biology will come in the marriage of lipidomics with MSI allowing the observation of lipidomes at almost the cellular level. There is also the exciting prospect of determining tumour margins by lipidomics in theatre.

Acknowledgement

This work was supported by the UK Biotechnology and Biological Sciences Research Council (BBSRC, grant numbers BB/N015932/1 to WJG, BB/L001942/1 to YW). Members of the European Network for Oxysterol Research (ENOR, <https://www.oxysterols.net/>) are thanked for informative discussions.

Figure and Table Captions

Figure 1. MS/MS fragmentation of the $[M+NH_4]^+$ ions of (A) the cholesterol ester CE 18:1(9Z) and of (B - D) the triacylglycerol TG 16:1(9Z)/18:0/18:2(9Z,12Z). Shorthand notation for identification at the molecular species level and full structural level is shown.

Figure 2. MS/MS fragmentation of the $[M+H]^+$ ion of the glycerophosphocholine PC 16:0/18:1(9Z). Formation of the fragment ion (A) at m/z 184.07 and of (B) $[M+H-R_2CH=C=O]^+$ and (C) $[M+H-R_1CH=C=O]^+$. Shorthand notation for identification at the species level, molecular species level and full structural level is shown.

Figure 3. MS/MS fragmentation of the $[M+H]^+$ ion of (A) glycerophosphoethanolamine PE 16:0/18:1(9Z), of the (B) $[M-H]^-$ ion and (C) of the $[M+H]^+$ ion glycerophosphoserine PS 16:0/18:1(9Z), and (D) of the $[M-H]^-$ ion of glycerophosphoinositol PI 16:0/18:1(9Z). Shorthand notation for identification at the species level, molecular species level and full structural level is shown.

Figure 4. MS/MS fragmentation of (A – B) $[M-H]^-$ ions of glycerophospholipids, (C) $[M+H]^+$ and (D) $[M-H]^-$ of sphingomyelin SM 18;O2/16:0.

1
2
3 Figure 5. Analysis of oxysterols following charge-tagging with Girard P (GP) reagent. (A) Separation of
4 oxysterols in plasma. As a consequence of derivatisation each oxysterol gives *syn* and *anti* conformers
5 which may or may not be resolved. (B) MRM ($[M]^+ \rightarrow [M-Py]^+ \rightarrow 353.3$) targeting 24-HC, Py is pyridine.
6 The top chromatogram shows the 24S-HC and 24R-HC epimers in plasma, the bottom chromatogram
7 shows $[^2H_7]$ -labelled epimers eluting slightly earlier. MS³ ($[M]^+ \rightarrow [M-Py]^+ \rightarrow$) spectra of (C) 24S-HC, (D)
8 25-HC and (E) (25R)26-HC. LESA-LC-MS analysis of a sagittal section of mouse brain, quantification of
9 (F) cholesterol and (G) 24S-HC. Panels (F) and (G) are reproduced from reference [145] distributed
10 under Creative Commons Attribution License 4.0 (CC BY).
11
12

13
14 Table 1. Six of the eight lipid categories as defined by Lipid Maps and some common classes within
15 these categories¹ [1-3].
16

17 Table 2. Typical figures of merit for different MS/MS instruments used in lipidomics.
18

19 Table 3. Simplified comparison of shotgun and category/class specific strategies in lipidomics.
20

21 Table 4. Key fragment-ions useful for the determination of structure at the species level and above
22 in shotgun and targeted lipidomic studies of some complex lipids.
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

References

Papers of special note have been highlighted as either of interest (*) or of considerable interest (**) to readers.

1. Fahy E, Subramaniam S, Brown HA *et al.* A comprehensive classification system for lipids. *J Lipid Res*, 46(5), 839-861 (2005).
2. Liebisch G, Vizcaino JA, Kofeler H *et al.* Shorthand notation for lipid structures derived from mass spectrometry. *J Lipid Res*, 54(6), 1523-1530 (2013).
****This paper describes a first iteration of shorthand nomenclature for lipid structures determined by mass spectrometry.**
3. Liebisch G, Fahy E, Aoki J *et al.* Update on LIPID MAPS Classification, Nomenclature and Shorthand Notation for MS-derived Lipid Structures. *J Lipid Res*, (2020).
4. Han X, Gross RW. Global analyses of cellular lipidomes directly from crude extracts of biological samples by ESI mass spectrometry: a bridge to lipidomics. *J Lipid Res*, 44(6), 1071-1079 (2003).
5. Griffin JL, Walker LA, Garrod S, Holmes E, Shore RF, Nicholson JK. NMR spectroscopy based metabolomic studies on the comparative biochemistry of the kidney and urine of the bank vole (*Clethrionomys glareolus*), wood mouse (*Apodemus sylvaticus*), white toothed shrew (*Crocidura suaveolens*) and the laboratory rat. *Comp Biochem Physiol B Biochem Mol Biol*, 127(3), 357-367 (2000).
6. Wilkins MR, Sanchez JC, Gooley AA *et al.* Progress with proteome projects: why all proteins expressed by a genome should be identified and how to do it. *Biotechnol Genet Eng Rev*, 13, 19-50 (1996).
7. Horning EC, Horning MG. Metabolic profiles: gas-phase methods for analysis of metabolites. *Clin Chem*, 17(8), 802-809 (1971).
8. Sandberg DH, Sjoevall J, Sjoevall K, Turner DA. MEASUREMENT OF HUMAN SERUM BILE ACIDS BY GAS-LIQUID CHROMATOGRAPHY. *J Lipid Res*, 6, 182-192 (1965).
9. Sjövall J, Vihko R. Analysis of solvolyzable steroids in human plasma by combined gas chromatography - mass spectrometry. *Acta Endocrinol (Copenh)*, 57(2), 247-260 (1968).
10. Shackleton CH. Profiling steroid hormones and urinary steroids. *J Chromatogr*, 379, 91-156 (1986).
11. Shackleton CH. Role of a disordered steroid metabolome in the elucidation of sterol and steroid biosynthesis. *Lipids*, 47(1), 1-12 (2012).
12. Lehmann WD, Kessler M. Fatty acid profiling of phospholipids by field desorption and fast atom bombardment mass spectrometry. *Chem Phys Lipids*, 32(2), 123-135 (1983).
13. Quehenberger O, Armando AM, Brown AH *et al.* Lipidomics reveals a remarkable diversity of lipids in human plasma. *J Lipid Res*, 51(11), 3299-3305 (2010).
**** This is a classic paper describing determined of the plasma lipidome by category/class specific analysis.**
14. Bowden JA, Heckert A, Ulmer CZ *et al.* Harmonizing lipidomics: NIST interlaboratory comparison exercise for lipidomics using SRM 1950-Metabolites in Frozen Human Plasma. *J Lipid Res*, 58(12), 2275-2288 (2017).
15. Wishart DS, Feunang YD, Marcu A *et al.* HMDB 4.0: the human metabolome database for 2018. *Nucleic Acids Res*, 46(D1), D608-d617 (2018).
16. Hsu FF, Turk J. Electrospray ionization with low-energy collisionally activated dissociation tandem mass spectrometry of glycerophospholipids: mechanisms of fragmentation and structural characterization. *J Chromatogr B Analyt Technol Biomed Life Sci*, 877(26), 2673-2695 (2009).
17. McAnoy AM, Wu CC, Murphy RC. Direct qualitative analysis of triacylglycerols by electrospray mass spectrometry using a linear ion trap. *J Am Soc Mass Spectrom*, 16(9), 1498-1509 (2005).

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
18. Cheng C, Gross ML. Applications and mechanisms of charge-remote fragmentation. *Mass Spectrom Rev*, 19(6), 398-420 (2000).
 19. Tomer KB, Crow FW, Gross ML. Location of double-bond position in unsaturated fatty acids by negative ion MS/MS. *Journal of the American Chemical Society*, 105(16), 5487-5488 (1983).
 20. Mitchell TW, Pham H, Thomas MC, Blanksby SJ. Identification of double bond position in lipids: from GC to OzID. *J Chromatogr B Analyt Technol Biomed Life Sci*, 877(26), 2722-2735 (2009).
 21. Ma X, Xia Y. Pinpointing double bonds in lipids by Paterno-Buchi reactions and mass spectrometry. *Angew Chem Int Ed Engl*, 53(10), 2592-2596 (2014).
 22. Ma X, Xia Y. CHAPTER 7 Unsaturated Lipid Analysis via Coupling the Paternò–Büchi Reaction with ESI-MS/MS. In: *Lipidomics: Current and Emerging Techniques*. (The Royal Society of Chemistry, 2020) 148-174.
 23. Harvey DJ. Picolinyl esters for the structural determination of fatty acids by GC/MS. *Molecular Biotechnology*, 10(3), 251-260 (1998).
 24. Griffiths WJ, Hearn T, Crick PJ *et al*. Charge-tagging liquid chromatography-mass spectrometry methodology targeting oxysterol diastereoisomers. *Chem Phys Lipids*, 207(Pt B), 69-80 (2017).
 25. Lipidomics Standards Initiative C. Lipidomics needs more standardization. *Nat Metab*, 1(8), 745-747 (2019).
 26. Sud M, Fahy E, Cotter D *et al*. LMSD: LIPID MAPS structure database. *Nucleic Acids Res*, 35(Database issue), D527-532 (2007).
 27. **Lipid Maps Lipidomic Gateway [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31]. Available from: <https://www.lipidmaps.org/>**
 28. Anderson R, Rust S, Ashworth J *et al*. Lathosterolosis: A Relatively Mild Case with Cataracts and Learning Difficulties. *JIMD Rep*, 44, 79-84 (2019).
 29. Sempos CT, Durazo-Arvizu RA, Binkley N, Jones J, Merkel JM, Carter GD. Developing vitamin D dietary guidelines and the lack of 25-hydroxyvitamin D assay standardization: The ever-present past. *J Steroid Biochem Mol Biol*, 164, 115-119 (2016).
 30. Phinney KW, Ballihaut G, Bedner M *et al*. Development of a Standard Reference Material for metabolomics research. *Anal Chem*, 85(24), 11732-11738 (2013).
 31. McDonald JG, Smith DD, Stiles AR, Russell DW. A comprehensive method for extraction and quantitative analysis of sterols and secosteroids from human plasma. *J Lipid Res*, 53(7), 1399-1409 (2012).
 32. Dennis EA, Deems RA, Harkewicz R *et al*. A mouse macrophage lipidome. *J Biol Chem*, 285(51), 39976-39985 (2010).
 33. Wang Y, Armando AM, Quehenberger O, Yan C, Dennis EA. Comprehensive ultra-performance liquid chromatographic separation and mass spectrometric analysis of eicosanoid metabolites in human samples. *J Chromatogr A*, 1359, 60-69 (2014).
 34. Quehenberger O, Dahlberg-Wright S, Jiang J, Armando AM, Dennis EA. Quantitative determination of esterified eicosanoids and related oxygenated metabolites after base hydrolysis. *J Lipid Res*, 59(12), 2436-2445 (2018).
 35. Stiles AR, Kozlitina J, Thompson BM, McDonald JG, King KS, Russell DW. Genetic, anatomic, and clinical determinants of human serum sterol and vitamin D levels. *Proc Natl Acad Sci U S A*, 111(38), E4006-4014 (2014).
 36. ***This paper describes a major study with quantitative analysis of a wide range of sterols.**
 36. Holčapek M, Liebisch G, Ekroos K. Lipidomic Analysis. *Anal Chem*, 90(7), 4249-4257 (2018).
 37. Burla B, Arita M, Arita M *et al*. MS-based lipidomics of human blood plasma: a community-initiated position paper to develop accepted guidelines. *J Lipid Res*, 59(10), 2001-2017 (2018).

- 1
2
3 38. Simón-Manso Y, Lowenthal MS, Kilpatrick LE *et al.* Metabolite profiling of a NIST Standard
4 Reference Material for human plasma (SRM 1950): GC-MS, LC-MS, NMR, and clinical
5 laboratory analyses, libraries, and web-based resources. *Anal Chem*, 85(24), 11725-11731
6 (2013).
7
8 39. Lutjohann D, Bjorkhem I, Friedrichs S *et al.* First international descriptive and interventional
9 survey for cholesterol and non-cholesterol sterol determination by gas- and liquid-
10 chromatography-Urgent need for harmonisation of analytical methods. *J Steroid Biochem*
11 *Mol Biol*, 190, 115-125 (2019).
12
13 40. Lutjohann D, Bjorkhem I, Friedrichs S *et al.* International descriptive and interventional
14 survey for oxysterol determination by gas- and liquid-chromatographic methods.
15 *Biochimie*, 153, 26-32 (2018).
16
17 41. Han X, Gross RW. Shotgun lipidomics: electrospray ionization mass spectrometric analysis
18 and quantitation of cellular lipidomes directly from crude extracts of biological samples.
19 *Mass Spectrom Rev*, 24(3), 367-412 (2005).
20 ****Classic review paper describing the concepts behind shotgun lipidomics.**
21
22 42. Hsu FF, Turk J. Studies on phosphatidylserine by tandem quadrupole and multiple stage
23 quadrupole ion-trap mass spectrometry with electrospray ionization: structural
24 characterization and the fragmentation processes. *J Am Soc Mass Spectrom*, 16(9), 1510-
25 1522 (2005).
26
27 43. Ekroos K, Chernushevich IV, Simons K, Shevchenko A. Quantitative profiling of phospholipids
28 by multiple precursor ion scanning on a hybrid quadrupole time-of-flight mass spectrometer.
29 *Anal Chem*, 74(5), 941-949 (2002).
30
31 44. Schiller J, Arnhold J, Glander HJ, Arnold K. Lipid analysis of human spermatozoa and seminal
32 plasma by MALDI-TOF mass spectrometry and NMR spectroscopy - effects of freezing and
33 thawing. *Chem Phys Lipids*, 106(2), 145-156 (2000).
34
35 45. Köfeler HC, Fauland A, Rechberger GN, Trötz Müller M. Mass spectrometry based lipidomics:
36 an overview of technological platforms. *Metabolites*, 2(1), 19-38 (2012).
37
38 46. Graessler J, Schwudke D, Schwarz PE, Herzog R, Shevchenko A, Bornstein SR. Top-down
39 lipidomics reveals ether lipid deficiency in blood plasma of hypertensive patients. *PLoS One*,
40 4(7), e6261 (2009).
41 ****Excellent description of top-down shotgun lipidomics.**
42
43 47. Schuhmann K, Almeida R, Baumert M, Herzog R, Bornstein SR, Shevchenko A. Shotgun
44 lipidomics on a LTQ Orbitrap mass spectrometer by successive switching between
45 acquisition polarity modes. *J Mass Spectrom*, 47(1), 96-104 (2012).
46
47 48. Schuhmann K, Srzentić K, Nagornov KO *et al.* Monitoring Membrane Lipidome Turnover by
48 Metabolic (¹⁵N) Labeling and Shotgun Ultra-High-Resolution Orbitrap Fourier Transform
49 Mass Spectrometry. *Anal Chem*, 89(23), 12857-12865 (2017).
50
51 49. Hankin JA, Farias SE, Barkley RM *et al.* MALDI mass spectrometric imaging of lipids in rat
52 brain injury models. *J Am Soc Mass Spectrom*, 22(6), 1014-1021 (2011).
53
54 50. Cobice DF, Mackay CL, Goodwin RJ *et al.* Mass spectrometry imaging for dissecting steroid
55 intracrinology within target tissues. *Anal Chem*, 85(23), 11576-11584 (2013).
56
57 51. Lída M, Cífková E, Khalikova M, Ovčačiková M, Holčápek M. Lipidomic analysis of biological
58 samples: Comparison of liquid chromatography, supercritical fluid chromatography and
59 direct infusion mass spectrometry methods. *J Chromatogr A*, 1525, 96-108 (2017).
60
52 52. Roberg-Larsen H, Lund K, Vehus T *et al.* Highly automated nano-LC/MS-based approach for
thousand cell-scale quantification of side chain-hydroxylated oxysterols. *J Lipid Res*, 55(7),
1531-1536 (2014).
53
54 53. Karu K, Turton J, Wang Y, Griffiths WJ. Nano-liquid chromatography-tandem mass
spectrometry analysis of oxysterols in brain: monitoring of cholesterol autoxidation. *Chem*
Phys Lipids, 164(6), 411-424 (2011).

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
54. Danne-Rasche N, Coman C, Ahrends R. Nano-LC/NSI MS Refines Lipidomics by Enhancing Lipid Coverage, Measurement Sensitivity, and Linear Dynamic Range. *Anal Chem*, 90(13), 8093-8101 (2018).
 55. Baker PR, Armando AM, Campbell JL, Quehenberger O, Dennis EA. Three-dimensional enhanced lipidomics analysis combining UPLC, differential ion mobility spectrometry, and mass spectrometric separation strategies. *J Lipid Res*, 55(11), 2432-2442 (2014).
 56. Hinz C, Liggi S, Griffin JL. The potential of Ion Mobility Mass Spectrometry for high-throughput and high-resolution lipidomics. *Curr Opin Chem Biol*, 42, 42-50 (2018).
 57. Hinz C, Liggi S, Mocciaro G *et al.* A Comprehensive UHPLC Ion Mobility Quadrupole Time-of-Flight Method for Profiling and Quantification of Eicosanoids, Other Oxylipins, and Fatty Acids. *Analytical Chemistry*, 91(13), 8025-8035 (2019).
 58. Paglia G, Astarita G. Metabolomics and lipidomics using traveling-wave ion mobility mass spectrometry. *Nat Protoc*, 12(4), 797-813 (2017).
 59. Karuna R, Christen I, Sailer AW, Bitsch F, Zhang J. Detection of dihydroxycholesterols in human plasma using HPLC-ESI-MS/MS. *Steroids*, 99(Pt B), 131-138 (2015).
 60. Harkewicz R, Dennis EA. Applications of mass spectrometry to lipids and membranes. *Annu Rev Biochem*, 80, 301-325 (2011).
 61. O'Donnell VB, Dennis EA, Wakelam MJO, Subramaniam S. LIPID MAPS: Serving the next generation of lipid researchers with tools, resources, data, and training. *Sci Signal*, 12(563) (2019).
 62. Horing M, Ejsing CS, Hermansson M, Liebisch G. Quantification of Cholesterol and Cholesteryl Ester by Direct Flow Injection High-Resolution Fourier Transform Mass Spectrometry Utilizing Species-Specific Response Factors. *Anal Chem*, 91(5), 3459-3466 (2019).
 63. Murphy RC, Leiker TJ, Barkley RM. Glycerolipid and cholesterol ester analyses in biological samples by mass spectrometry. *Biochim Biophys Acta*, 1811(11), 776-783 (2011).
 64. Murphy RC. *Tandem Mass Spectrometry of Lipids: Molecular Analysis of Complex Lipids* (Royal Society of Chemistry, 2014).
 65. Cholesteryl Oleate [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31]. Available from: https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=668&LM_ID=LMST01020003&TRACK_ID=98
 66. Spectrum LipidBlast016903 for CE 18:1 [Internet]. MassBank of North America (MoNA); [cited 2020 Oct 31]. Available from: <https://mona.fiehnlab.ucdavis.edu/spectra/display/LipidBlast016903>
 67. Griffiths WJ, Wang Y. CHAPTER 10 New Scans and Resources in Lipidomics. In: *Lipidomics: Current and Emerging Techniques*. (The Royal Society of Chemistry, 2020) 263-282.
 68. Hutchins PM, Moore EE, Murphy RC. Electrospray MS/MS reveals extensive and nonspecific oxidation of cholesterol esters in human peripheral vascular lesions. *J Lipid Res*, 52(11), 2070-2083 (2011).
 69. Ren J, Franklin ET, Xia Y. Uncovering Structural Diversity of Unsaturated Fatty Acyls in Cholesteryl Esters via Photochemical Reaction and Tandem Mass Spectrometry. *J Am Soc Mass Spectrom*, 28(7), 1432-1441 (2017).
 70. PC 16:0/18:1(9Z) [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31]. Available from: https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=760&LM_ID=LMGPO1010005&TRACK_ID=212
 71. Spectrum LipidBlast060655 for PC 34:1 [Internet]. MassBank of North America (MoNA); [cited 2020 Oct 31]. Available from: <https://mona.fiehnlab.ucdavis.edu/spectra/display/LipidBlast060655>

- 1
2
3 72. PE 16:0/18:1(9Z) [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31]. Available
4 from:
5 [https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=718&LM_ID=LMGPO](https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=718&LM_ID=LMGPO2010009&TRACK_ID=307)
6 [2010009&TRACK_ID=307](https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=718&LM_ID=LMGPO2010009&TRACK_ID=307)
7
8 73. Spectrum LipidBlast063872 for PE 34:1 [Internet]. MassBank of North America
9 (MoNA);[cited 2020 Oct 31]. Available from
10 <https://mona.fiehnlab.ucdavis.edu/spectra/display/LipidBlast063872>
11
12 74. PE 16:0/18:1(9Z) [M-H]- [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31].
13 Available from:
14 [https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=716&LM_ID=LMGPO](https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=716&LM_ID=LMGPO2010009&TRACK_ID=306)
15 [2010009&TRACK_ID=306](https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=716&LM_ID=LMGPO2010009&TRACK_ID=306)
16
17 75. PS 16:0/18:1(9Z) [M-H]- [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31].
18 Available from:
19 [https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=760&LM_ID=LMGPO](https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=760&LM_ID=LMGPO3010024&TRACK_ID=281)
20 [3010024&TRACK_ID=281](https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=760&LM_ID=LMGPO3010024&TRACK_ID=281)
21
22 76. PS 16:0/18:1(9Z) [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31]. Available
23 from:
24 [https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=762&LM_ID=LMGPO](https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=762&LM_ID=LMGPO3010024&TRACK_ID=282)
25 [3010024&TRACK_ID=282](https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=762&LM_ID=LMGPO3010024&TRACK_ID=282)
26
27 77. Spectrum LipidBlast068980 for PS 34:1 [Internet]. MassBank of North America (MoNA);
28 [cited 2020 Oct 31]. Available from:
29 <https://mona.fiehnlab.ucdavis.edu/spectra/display/LipidBlast068980>
30
31 78. Spectrum LipidBlast459924 for PA 34:1 [Internet]. MassBank of North America (MoNA);
32 [cited 2020 Oct 31]. Available from:
33 <https://mona.fiehnlab.ucdavis.edu/spectra/display/LipidBlast459924>
34
35 79. Commonly occurring product ions for PA(16:0/18:1(9Z)) [Internet]. LIPID MAPS® Lipidomics
36 Gateway; [cited 2020 Oct 31]. Available from:
37 [https://www.lipidmaps.org/tools/structuredrawing/GP_p.php?headgroup=PA&sn1=16:0&sn](https://www.lipidmaps.org/tools/structuredrawing/GP_p.php?headgroup=PA&sn1=16:0&sn2=18:1(9Z))
38 [2=18:1\(9Z\)](https://www.lipidmaps.org/tools/structuredrawing/GP_p.php?headgroup=PA&sn1=16:0&sn2=18:1(9Z))
39
40 80. Spectrum LipidBlast470705 for PI 34:1 [Internet]. MassBank of North America (MoNA);
41 [cited 2020 Oct 31]. Available from:
42 <https://mona.fiehnlab.ucdavis.edu/spectra/display/LipidBlast470705>
43
44 81. Commonly occurring product ions for PI(16:0/18:1(9Z)) [Internet]. LIPID MAPS® Lipidomics
45 Gateway; [cited 2020 Oct 31]. Available from:
46 [https://www.lipidmaps.org/tools/structuredrawing/GP_p.php?headgroup=PI&sn1=16:0&sn](https://www.lipidmaps.org/tools/structuredrawing/GP_p.php?headgroup=PI&sn1=16:0&sn2=18:1(9Z))
47 [2=18:1\(9Z\)](https://www.lipidmaps.org/tools/structuredrawing/GP_p.php?headgroup=PI&sn1=16:0&sn2=18:1(9Z))
48
49 82. Spectrum LipidBlast073488 for SM d34:1 [Internet]. MassBank of North America (MoNA);
50 [cited 2020 Oct 31]. Available from:
51 <https://mona.fiehnlab.ucdavis.edu/spectra/display/LipidBlast073488>
52
53 83. Wang M, Han RH, Han X. Fatty acidomics: global analysis of lipid species containing a
54 carboxyl group with a charge-remote fragmentation-assisted approach. *Anal Chem*, 85(19),
55 9312-9320 (2013).
56
57 84. Jiang X, Ory DS, Han X. Characterization of oxysterols by electrospray ionization tandem
58 mass spectrometry after one-step derivatization with dimethylglycine. *Rapid Commun Mass*
59 *Spectrom*, 21(2), 141-152 (2007).
60
61 85. Quehenberger O, Armando AM, Dennis EA. High sensitivity quantitative lipidomics analysis
of fatty acids in biological samples by gas chromatography-mass spectrometry. *Biochim*
Biophys Acta, 1811(11), 648-656 (2011).
62
63 86. Sjövall J, Griffiths WJ, Setchell KD, Mano N, Goto J. Analysis of Bile Acids. . In: *Steroid*
Analysis. Makin, H, Gower, D (Eds.) (Springer, Dordrecht, 2010) 837-966.
64
65 87. Ryhage R, Stenhagen E. Mass spectrometry in lipid research. *J Lipid Res*, 1, 361-390 (1960).

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
88. Griffiths WJ. Tandem mass spectrometry in the study of fatty acids, bile acids, and steroids. *Mass Spectrom Rev*, 22(2), 81-152 (2003).
89. Harvey DJ, Tiffany JM, Duerden JM, Pandher KS, Mengher LS. Identification by combined gas chromatography-mass spectrometry of constituent long-chain fatty acids and alcohols from the meibomian glands of the rat and a comparison with human meibomian lipids. *J Chromatogr*, 414(2), 253-263 (1987).
90. Blau K, Halket JM. *Handbook of Derivatives for Chromatography* (Wiley, 1993).
91. Eneroth P, Gordon B, Ryhage R, Sjoval J. Identification of mono- and dihydroxy bile acids in human feces by gas-liquid chromatography and mass spectrometry. *J Lipid Res*, 7(4), 511-523 (1966).
92. Brown AJ, Sharpe LJ, Rogers MJ. Oxysterols: From physiological tuners to pharmacological opportunities. *Br J Pharmacol*, n/a(n/a) (2020).
93. Griffiths WJ, Wang Y. Oxysterols as lipid mediators: Their biosynthetic genes, enzymes and metabolites. *Prostaglandins Other Lipid Mediat*, 147, 106381 (2020).
94. de Medina P, Diallo K, Huc-Claustre E *et al.* The 5,6-epoxycholesterol metabolic pathway in breast cancer: Emergence of new pharmacological targets. *Br J Pharmacol*, n/a(n/a) (2020).
95. Reboldi A, Dang EV, McDonald JG, Liang G, Russell DW, Cyster JG. Inflammation. 25-Hydroxycholesterol suppresses interleukin-1-driven inflammation downstream of type I interferon. *Science*, 345(6197), 679-684 (2014).
96. Hannedouche S, Zhang J, Yi T *et al.* Oxysterols direct immune cell migration via EBI2. *Nature*, 475(7357), 524-527 (2011).
97. Bauman DR, Bitmansour AD, McDonald JG, Thompson BM, Liang G, Russell DW. 25-Hydroxycholesterol secreted by macrophages in response to Toll-like receptor activation suppresses immunoglobulin A production. *Proc Natl Acad Sci U S A*, 106(39), 16764-16769 (2009).
98. Abdel-Khalik J, Yutuc E, Crick PJ *et al.* Defective cholesterol metabolism in amyotrophic lateral sclerosis. *J Lipid Res*, 58(1), 267-278 (2017).
99. Dzeletovic S, Breuer O, Lund E, Diczfalusy U. Determination of cholesterol oxidation products in human plasma by isotope dilution-mass spectrometry. *Anal Biochem*, 225(1), 73-80 (1995).
- **The classic paper describing isotope dilution mass spectrometry for oxysterol measurement.**
100. Bjorkhem I, Andersson U, Ellis E *et al.* From brain to bile. Evidence that conjugation and omega-hydroxylation are important for elimination of 24S-hydroxycholesterol (cerebrosterol) in humans. *J Biol Chem*, 276(40), 37004-37010 (2001).
101. Meng LJ, Griffiths WJ, Nazer H, Yang Y, Sjövall J. High levels of (24S)-24-hydroxycholesterol 3-sulfate, 24-glucuronide in the serum and urine of children with severe cholestatic liver disease. *J Lipid Res*, 38(5), 926-934 (1997).
102. Yang Y, Griffiths WJ, Nazer H, Sjoval J. Analysis of bile acids and bile alcohols in urine by capillary column liquid chromatography-mass spectrometry using fast atom bombardment or electrospray ionization and collision-induced dissociation. *Biomed Chromatogr*, 11(4), 240-255 (1997).
103. Griffiths WJ, Crick PJ, Wang Y *et al.* Analytical strategies for characterization of oxysterol lipidomes: liver X receptor ligands in plasma. *Free Radic Biol Med*, 59, 69-84 (2013).
104. Sidhu R, Jiang H, Farhat NY *et al.* A validated LC-MS/MS assay for quantification of 24(S)-hydroxycholesterol in plasma and cerebrospinal fluid. *J Lipid Res*, 56(6), 1222-1233 (2015).
105. Crick PJ, William Bentley T, Abdel-Khalik J *et al.* Quantitative charge-tags for sterol and oxysterol analysis. *Clin Chem*, 61(2), 400-411 (2015).
106. Lund EG, Kerr TA, Sakai J, Li WP, Russell DW. cDNA cloning of mouse and human cholesterol 25-hydroxylases, polytopic membrane proteins that synthesize a potent oxysterol regulator of lipid metabolism. *J Biol Chem*, 273(51), 34316-34327 (1998).

- 1
2
3 107. Diczfalusy U. On the formation and possible biological role of 25-hydroxycholesterol. *Biochimie*, 95(3), 455-460 (2013).
- 4
5 108. Diczfalusy U, Olofsson KE, Carlsson AM *et al*. Marked upregulation of cholesterol 25-
6 hydroxylase expression by lipopolysaccharide. *J Lipid Res*, 50(11), 2258-2264 (2009).
7 ***Discovery of 25-HC as an immunoregulatory sterol.**
- 8
9 109. McDonald JG, Thompson BM, McCrum EC, Russell DW. Extraction and analysis of sterols in
10 biological matrices by high performance liquid chromatography electrospray ionization mass
11 spectrometry. *Methods Enzymol*, 432, 145-170 (2007).
- 12
13 110. Goenka A, Ghosh A, Dixon S *et al*. Susceptibility to BCG abscess associated with deletion of
14 two cholesterol metabolism genes: lysosomal acid lipase and cholesterol 25-hydroxylase. In:
15 *UKPIN Conference*. (Ed. (Eds) (Brighton, UK, 2017)
- 16
17 111. Blanc M, Hsieh WY, Robertson KA *et al*. The transcription factor STAT-1 couples macrophage
18 synthesis of 25-hydroxycholesterol to the interferon antiviral response. *Immunity*, 38(1),
19 106-118 (2013).
- 20
21 112. Felgenhauer U, Schoen A, Gad HH *et al*. Inhibition of SARS-CoV-2 by type I and type III
22 interferons. *J Biol Chem*, 295(41), 13958-13964 (2020).
- 23
24 113. Zu S, Deng Y-Q, Zhou C *et al*. 25-Hydroxycholesterol is a potent SARS-CoV-2 inhibitor. *Cell*
25 *Research*, (2020).
- 26
27 114. Zang R, Case JB, Gomez Castro MF *et al*. Cholesterol 25-hydroxylase suppresses SARS-CoV-2
28 replication by blocking membrane fusion. *bioRxiv*, 2020.2006.2008.141077 (2020).
- 29
30 115. Crick PJ, Griffiths WJ, Zhang J *et al*. Reduced Plasma Levels of 25-Hydroxycholesterol and
31 Increased Cerebrospinal Fluid Levels of Bile Acid Precursors in Multiple Sclerosis Patients.
32 *Mol Neurobiol*, 54(10), 8009-8020 (2017).
- 33
34 116. Griffiths WJ, Wang Y. An update on oxysterol biochemistry: New discoveries in lipidomics.
35 *Biochem Biophys Res Commun*, 504(3), 617-622 (2018).
- 36
37 117. 25-Hydroxycholesterol [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31].
38 Available from:
39 https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=420&LM_ID=LMST01010018&TRACK_ID=137
- 40
41 118. 24S-Hydroxycholesterol [Internet]. LIPID MAPS® Lipidomics Gateway; [cited 2020 Oct 31].
42 Available from:
43 https://www.lipidmaps.org/data/standards/fetch_gif_mult.php?MASS=420&LM_ID=LMST01010019&TRACK_ID=138
- 44
45 119. Karu K, Hornshaw M, Woffendin G *et al*. Liquid chromatography-mass spectrometry utilizing
46 multi-stage fragmentation for the identification of oxysterols. *J Lipid Res*, 48(4), 976-987
47 (2007).
- 48
49 120. Griffiths WJ, Wang Y, Alvelius G, Liu S, Bodin K, Sjoval J. Analysis of oxysterols by
50 electrospray tandem mass spectrometry. *J Am Soc Mass Spectrom*, 17(3), 341-362 (2006).
- 51
52 121. Lund EG, Guileyardo JM, Russell DW. cDNA cloning of cholesterol 24-hydroxylase, a mediator
53 of cholesterol homeostasis in the brain. *Proc Natl Acad Sci U S A*, 96(13), 7238-7243 (1999).
- 54
55 122. Lutjohann D, Breuer O, Ahlborg G *et al*. Cholesterol homeostasis in human brain: evidence
56 for an age-dependent flux of 24S-hydroxycholesterol from the brain into the circulation. *Proc*
57 *Natl Acad Sci U S A*, 93(18), 9799-9804 (1996).
- 58
59 123. Lund EG, Xie C, Kotti T, Turley SD, Dietschy JM, Russell DW. Knockout of the cholesterol 24-
60 hydroxylase gene in mice reveals a brain-specific mechanism of cholesterol turnover. *J Biol*
Chem, 278(25), 22980-22988 (2003).
124. Kotti T, Head DD, McKenna CE, Russell DW. Biphasic requirement for geranylgeraniol in
hippocampal long-term potentiation. *Proc Natl Acad Sci U S A*, 105(32), 11394-11399 (2008).
125. Leoni V, Masterman T, Diczfalusy U, De Luca G, Hillert J, Björkhem I. Changes in human
plasma levels of the brain specific oxysterol 24S-hydroxycholesterol during progression of
multiple sclerosis. *Neurosci Lett*, 331(3), 163-166 (2002).

- 1
2
3 126. Bjorkhem I, Cedazo-Minguez A, Leoni V, Meaney S. Oxysterols and neurodegenerative
4 diseases. *Mol Aspects Med*, 30(3), 171-179 (2009).
- 5 127. Leoni V, Masterman T, Mousavi FS *et al.* Diagnostic use of cerebral and extracerebral
6 oxysterols. *Clin Chem Lab Med*, 42(2), 186-191 (2004).
- 7 128. Leoni V, Mariotti C, Tabrizi SJ *et al.* Plasma 24S-hydroxycholesterol and caudate MRI in pre-
8 manifest and early Huntington's disease. *Brain*, 131(Pt 11), 2851-2859 (2008).
- 9 129. Bjorkhem I, Patra K, Boxer AL, Svenningsson P. 24S-Hydroxycholesterol Correlates With Tau
10 and Is Increased in Cerebrospinal Fluid in Parkinson's Disease and Corticobasal Syndrome.
11 *Front Neurol*, 9, 756 (2018).
- 12 130. Kacher R, Lamaziere A, Heck N *et al.* CYP46A1 gene therapy deciphers the role of brain
13 cholesterol metabolism in Huntington's disease. *Brain*, 142(8), 2432-2450 (2019).
- 14 131. Burlot MA, Braudeau J, Michaelsen-Preusse K *et al.* Cholesterol 24-hydroxylase defect is
15 implicated in memory impairments associated with Alzheimer-like Tau pathology. *Hum Mol*
16 *Genet*, 24(21), 5965-5976 (2015).
- 17 132. Nobrega C, Mendonca L, Marcelo A *et al.* Restoring brain cholesterol turnover improves
18 autophagy and has therapeutic potential in mouse models of spinocerebellar ataxia. *Acta*
19 *Neuropathol*, 138(5), 837-858 (2019).
- 20 133. Sjovall J, Lawson AM, Satchell KD. Mass spectrometry of bile acids. *Methods Enzymol*, 111,
21 63-113 (1985).
- 22 134. Marschall HU, Griffiths WJ, Gotze U *et al.* The major metabolites of ursodeoxycholic acid in
23 human urine are conjugated with N-acetylglucosamine. *Hepatology*, 20(4 Pt 1), 845-853
24 (1994).
- 25 135. Griffiths WJ, Sjovall J. Bile acids: analysis in biological fluids and tissues. *J Lipid Res*, 51(1), 23-
26 41 (2010).
- 27 136. Krautbauer S, Liebisch G. LC-MS/MS Analysis of Bile Acids. *Methods Mol Biol*, 1730, 103-110
28 (2018).
- 29 137. Steiner C, von Eckardstein A, Rentsch KM. Quantification of the 15 major human bile acids
30 and their precursor 7 α -hydroxy-4-cholesten-3-one in serum by liquid chromatography-
31 tandem mass spectrometry. *J Chromatogr B Analyt Technol Biomed Life Sci*, 878(28), 2870-
32 2880 (2010).
- 33 138. Mazzacuva F, Mills P, Mills K *et al.* Identification of novel bile acids as biomarkers for the
34 early diagnosis of Niemann-Pick C disease. *FEBS Lett*, 590(11), 1651-1662 (2016).
- 35 ***Description of a bile acid biomarker for Niemann-Pick C disease.**
- 36 139. Satchell KD, Heubi JE, Shah S *et al.* Genetic defects in bile acid conjugation cause fat-soluble
37 vitamin deficiency. *Gastroenterology*, 144(5), 945-955 e946; quiz e914-945 (2013).
- 38 140. Vaz FM, Ferdinandusse S. Bile acid analysis in human disorders of bile acid biosynthesis. *Mol*
39 *Aspects Med*, 56, 10-24 (2017).
- 40 141. Shackleton C, Pozo OJ, Marcos J. GC/MS in Recent Years Has Defined the Normal and
41 Clinically Disordered Steroidome: Will It Soon Be Surpassed by LC/Tandem MS in This Role? *J*
42 *Endocr Soc*, 2(8), 974-996 (2018).
- 43 142. Haug K, Cochrane K, Nainala VC *et al.* MetaboLights: a resource evolving in response to the
44 needs of its scientific community. *Nucleic Acids Research*, 48(D1), D440-D444 (2019).
- 45 143. **Metabolomics Workbench [Internet]. UCSD Metabolomics Workbench; [cited 2020 Oct 31].**
46 **Available from: <https://www.metabolomicsworkbench.org/>**
- 47 144. **Center for Open Science [Internet]. Center for Open Science; [cited 2020 Oct 31]. Available**
48 **from: <https://www.cos.io/>**
- 49 145. Yutuc E, Angelini R, Baumert M *et al.* Localization of sterols and oxysterols in mouse brain
50 reveals distinct spatial cholesterol metabolism. *Proc Natl Acad Sci U S A*, 117(11), 5749-5760
51 (2020).
- 52
53
54
55
56
57
58
59
60

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
146. Ryan E, Reid GE. Chemical Derivatization and Ultrahigh Resolution and Accurate Mass Spectrometry Strategies for "Shotgun" Lipidome Analysis. *Acc Chem Res*, 49(9), 1596-1604 (2016).
147. Chace DH. Mass spectrometry in the clinical laboratory. *Chem Rev*, 101(2), 445-477 (2001).
148. Heubi JE, Setchell KD, Bove KE. Inborn errors of bile acid metabolism. *Semin Liver Dis*, 27(3), 282-294 (2007).
149. Bleyle L, Huidekoper HH, Vaz FM, Singh R, Steiner RD, DeBarber AE. Update on newborn dried bloodspot testing for cerebrotendinous xanthomatosis: An available high-throughput liquid-chromatography tandem mass spectrometry method. *Mol Genet Metab Rep*, 7, 11-15 (2016).
150. Porter FD, Herman GE. Malformation syndromes caused by disorders of cholesterol synthesis. *J Lipid Res*, 52(1), 6-34 (2011).
151. Wilm MS, Mann M. Electrospray and Taylor-Cone theory, Dole's beam of macromolecules at last? *International Journal of Mass Spectrometry and Ion Processes*, 136(2), 167-180 (1994).
152. Emmett MR, Caprioli RM. Micro-electrospray mass spectrometry: ultra-high-sensitivity analysis of peptides and proteins. *Journal of the American Society for Mass Spectrometry*, 5(7), 605-613 (1994).
153. Stoekli M, Chaurand P, Hallahan DE, Caprioli RM. Imaging mass spectrometry: A new technology for the analysis of protein expression in mammalian tissues. *Nature Medicine*, 7(4), 493-496 (2001).
154. Morris HR, Paxton T, Dell A *et al.* High sensitivity collisionally-activated decomposition tandem mass spectrometry on a novel quadrupole/orthogonal-acceleration time-of-flight mass spectrometer. *Rapid Commun Mass Spectrom*, 10(8), 889-896 (1996).
155. Syka JE, Marto JA, Bai DL *et al.* Novel linear quadrupole ion trap/FT mass spectrometer: performance characterization and use in the comparative analysis of histone H3 post-translational modifications. *J Proteome Res*, 3(3), 621-626 (2004).
156. Makarov A, Denisov E, Kholomeev A *et al.* Performance evaluation of a hybrid linear ion trap/orbitrap mass spectrometer. *Anal Chem*, 78(7), 2113-2120 (2006).
157. Liebisch G, Ekroos K, Hermansson M, Ejsing CS. Reporting of lipidomics data should be standardized. *Biochim Biophys Acta Mol Cell Biol Lipids*, 1862(8), 747-751 (2017).
158. Ross PL, Huang YN, Marchese JN *et al.* Multiplexed Protein Quantitation in *Saccharomyces cerevisiae* Using Amine-reactive Isobaric Tagging Reagents. *Molecular & Cellular Proteomics*, 3(12), 1154-1169 (2004).
159. Thompson A, Schäfer J, Kuhn K *et al.* Tandem mass tags: a novel quantification strategy for comparative analysis of complex protein mixtures by MS/MS. *Anal Chem*, 75(8), 1895-1904 (2003).
160. Oda Y, Huang K, Cross FR, Cowburn D, Chait BT. Accurate quantitation of protein expression and site-specific phosphorylation. *Proc Natl Acad Sci U S A*, 96(12), 6591-6596 (1999).
161. Zemski Berry KA, Gordon WC, Murphy RC, Bazan NG. Spatial organization of lipids in the human retina and optic nerve by MALDI imaging mass spectrometry. *J Lipid Res*, 55(3), 504-515 (2014).
162. Škrášková K, Claude E, Jones EA, Towers M, Ellis SR, Heeren RM. Enhanced capabilities for imaging gangliosides in murine brain with matrix-assisted laser desorption/ionization and desorption electrospray ionization mass spectrometry coupled to ion mobility separation. *Methods*, 104, 69-78 (2016).
163. Wu C, Ifa DR, Manicke NE, Cooks RG. Rapid, direct analysis of cholesterol by charge labeling in reactive desorption electrospray ionization. *Anal Chem*, 81(18), 7618-7624 (2009).
164. Hall Z, Wilson CH, Burkhart DL, Ashmore T, Evan GI, Griffin JL. Myc linked to dysregulation of cholesterol transport and storage in non-small cell lung cancer. *J Lipid Res*, (2020).

Table 1. Six of the eight lipid categories as defined by Lipid Maps and some common classes within these categories¹ [1-3].

Fatty Acyl (FA) ²	Glycerolipids (GL)	Glycerophospholipids (GP)	Sphingolipids (SP)	Sterol Lipids (ST)	Prenol Lipids (PL)
Fatty acids (FA01) ² [FA] ³	Monoradylglycerols (GL01)[MG]	Glycerophosphocholines (GP01)[PC]	Spingoid bases (SP01)[SPB]	Sterols (ST01)[ST]	Isoprenoids (PR01)
Eicosanoids (FA03)	Diradylglycerols (GL02)[DG]	Glycerophosphoethanolamines (GP02)[PE]	Ceramides (SP02)[Cer]	Steroids (ST02)	Polyprenols (PR03)
Fatty alcohols (FA05)[FOH]	Triradylglycerols (GL03)[TG]	Glycerophosphoserines (GP03)[PS]	Phosphosphingolipids (SP03)[SM]	<i>Seco</i> -sterols (ST03)	
Fatty aldehydes (FA06)[FAL]		Glycerophosphoglycerols (GP04)[PG]		Bile acids (ST04)[BA]	
		Glycerophosphoglycerophosphates (GP05)[PGP]		Sterol esters (ST0102)[SE]	
		Glycerophosphoinositols (GP06)[PI]			
		Glycerophosphates (GP10)[PA]			

¹The other two categories of lipids are saccarolipids (SL) and polyketides (PK).

²Lipid Maps category, class abbreviations and codes are shown in parentheses.

³Common abbreviations are in brackets.

Table 2. Typical figures of merit for different MS/MS instruments used in lipidomics.

Instrument	Mass Resolution (FWHM)	Scan Speed	Mass Accuracy (ppm)	Sensitivity	Quantification	MS/MS Fragmentation	Identification	Cost	Size
Hybrid FTICR	>1,000,000	#	<2	#	###	Multiple modes	####	####	Floor standing
Hybrid Orbitrap	100,000 - 1,000,000	##	<5	##	###	Multiple modes	####	###	Floor standing / Bench top
Q-TOF	10,000 – 80,000	####	<5	##	###	Low energy CID	###	###	Floor standing/ Bench top
Tandem Quadrupole	1,000	###	100	####	####	Low energy CID	#	#	Bench top
LIT	2,000	###	100	###	##	Resonance excitation	###	#	Bench top

Key – High ####, Low #

Table 3. Simplified comparison of shotgun and category/class specific strategies in lipidomics.

	Shotgun	Category/Class Specific
Sample Preparation	Often Bligh and Dyer, Folch or MTBE ¹	Extraction tailored to lipid category/class of interest
On-line chromatography	No	Reversed-, normal- or HILIC-phase, HPLC or UHPLC with ESI-MS, GC-MS
MS and MS/MS	Usually tandem quadrupole or hybrid-Orbitrap	Any tandem instrument
Analysis speed	Minutes	Many minutes
Identification	Species (sum composition) or molecular species level	Molecular species level and above
Major Advantages	Fast, multiple categories simultaneously analysed	High dynamic range, retention time provides additional evidence for identification
Major Disadvantage	Isomers not separated at MS level, discriminates against minor metabolites	Time consuming, data generated more complex

¹The Lipidomics Standards Initiative provides a useful website with links to sample preparation methods [25]. Lipid Maps provides a similarly useful resource [26,27].

Table 4. Key fragment-ions useful for the determination of structure at the species level and above in shotgun and targeted lipidomic studies of some complex lipids.

Lipid Class	Precursor-ion	Head Group Containing Fragment	Acyl Chain	Comment
Cholesterol ester	$[M+NH_4]^+$	$[Chol+H-H_2O]^+$ m/z 369.35		Molecular species level e.g. [65,66]
Triacylglycerol	$[M+NH_4]^+$	$[M+H-RCO_2H]^+$		Molecular species level
Diacylglycerol	$[M+NH_4]^+$	$[M+H-RCO_2H]^+$		Molecular species level
Glycerophosphocholine	$[M+H]^+$	$[H_2O_3POC_2H_4N(CH_3)_3]^+$ m/z 184.07 $[M+H-RCH=C=O]^+$		Species level - Molecular species level e.g. [70,71]
Glycerophosphocholine	$[M-15]^-$		$[R_1CO_2]^-$ $[R_2CO_2]^-$	Molecular species level ¹
Glycerophospho-ethanolamine	$[M+H]^+$	$[M+H-141.02]^+$		Species level e.g. [72,73]
Glycerophospho-ethanolamine	$[M-H]^-$		$[R_1CO_2]^-$ $[R_2CO_2]^-$	Molecular species level ¹ e.g. [74]
Glycerophosphoserine	$[M+H]^+$	$[M+H-185.01]^+$		Species level e.g. [76,77]
Glycerophosphoserine	$[M-H]^-$	$[M-H-87.03]^-$	$[R_1CO_2]^-$ $[R_2CO_2]^-$	Molecular species level e.g. [75]
Glycerophosphatidic acid	$[M+H]^+$	$[M+H-95.96]^+$		
Glycerophosphatidic acid	$[M-H]^-$		$[R_1CO_2]^-$ $[R_2CO_2]^-$	Molecular species level e.g. [78,79]
Glycerophosphatidylinositol	$[M+H]^+$	$[M+H-260.03]^+$		Species level
Glycerophosphatidylinositol	$[M-H]^-$	m/z 241.01	$[R_1CO_2]^-$ $[R_2CO_2]^-$	Molecular species level e.g. [80,81]
Sphingomyelin	$[M+H]^+$	$[H_2O_3POC_2H_4N(CH_3)_3]^+$ m/z 184.07		e.g. [82]
Sphingomyelin	$[M-H]^-$	$[HO_3POC_2H_4N(CH_3)_2]^-$ m/z 168.04		

¹When combined with positive-ion data gives identification at the molecular species level.

$[Chol+H-H_2O]^+$ corresponds to the dehydrated protonated molecule of cholesterol.

See the resources section on the Lipidomics Standards Initiative website for additional useful information [25].

Figure 1

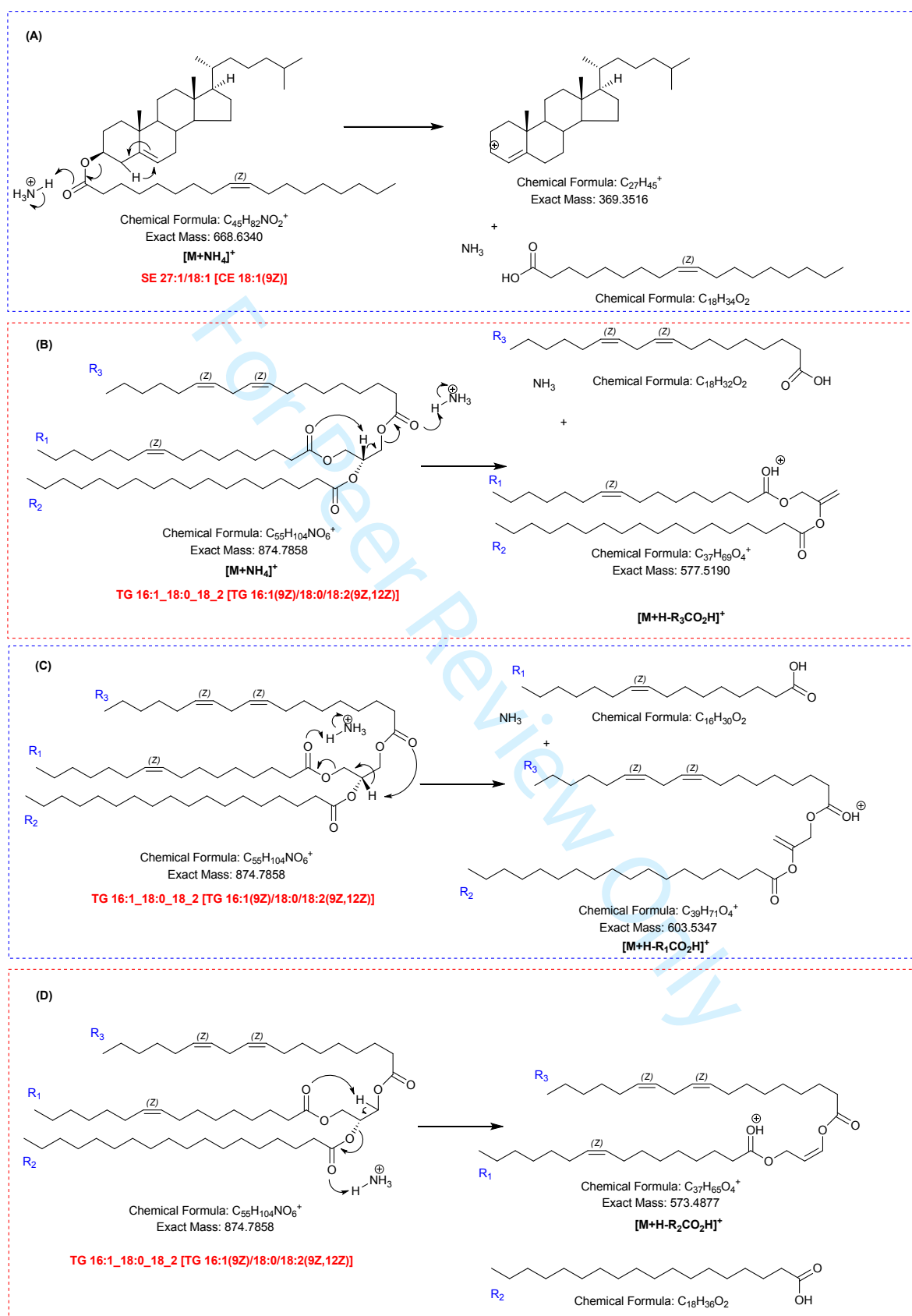


Figure 2

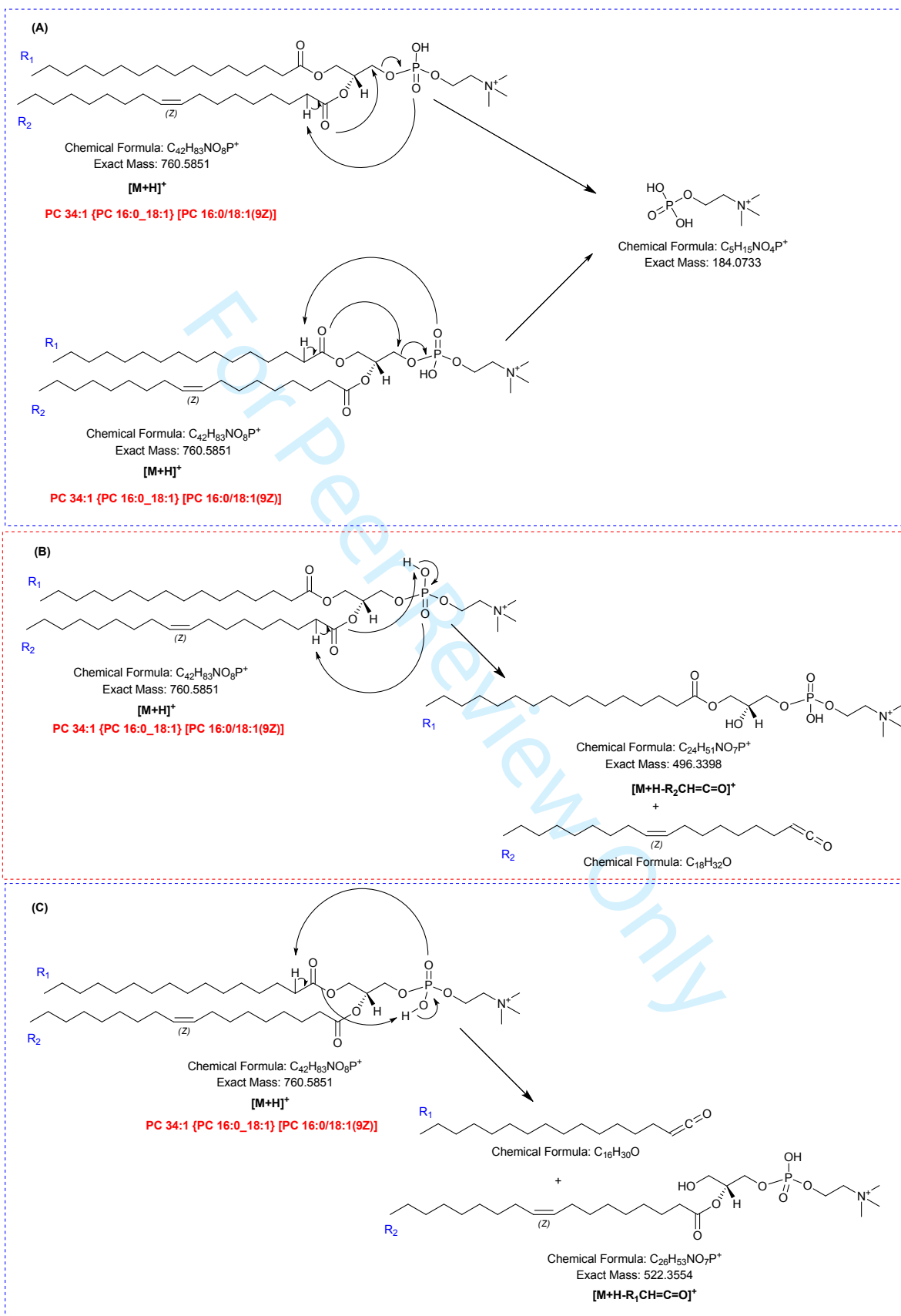


Figure 3

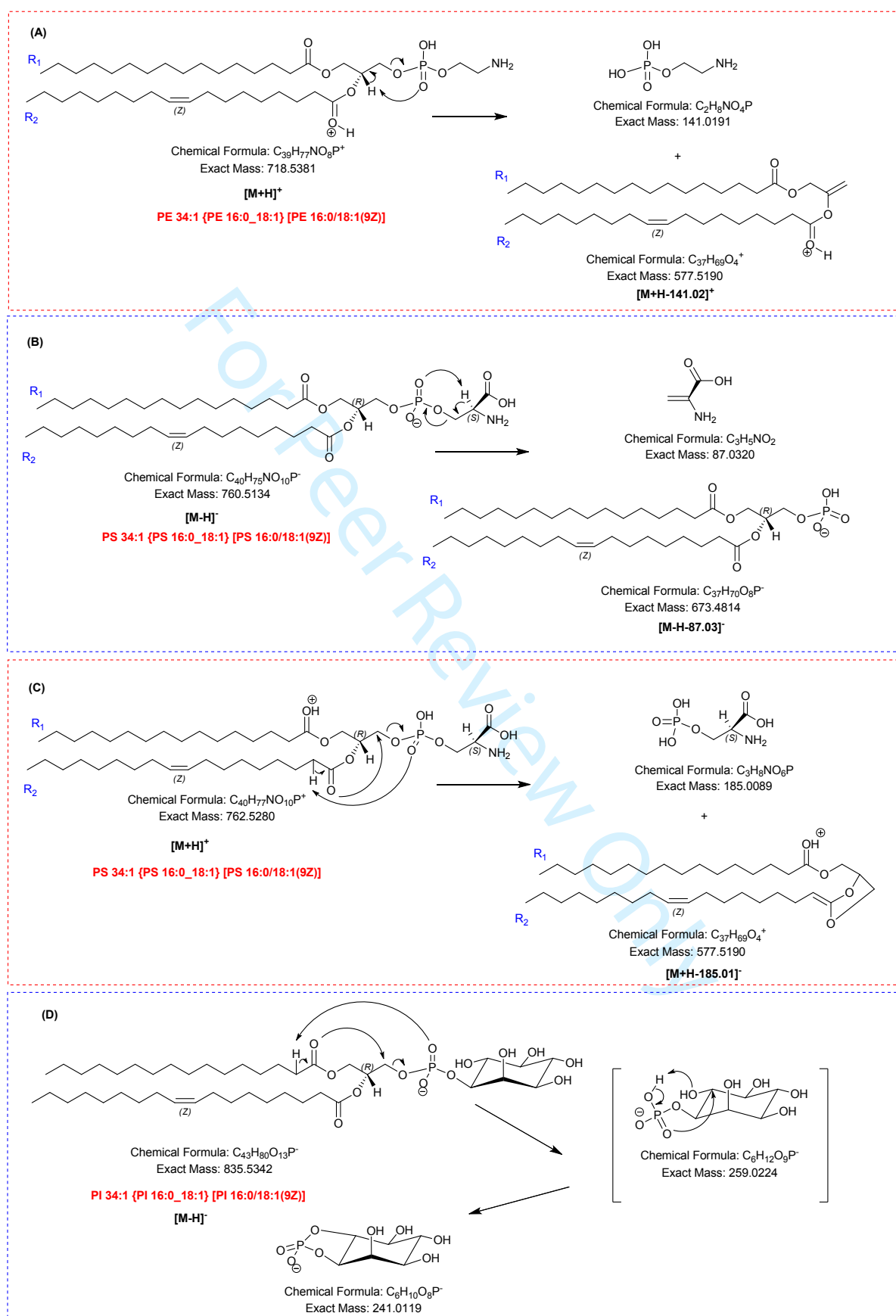


Figure 4

