

1 Invited review

3 **The Stress–Immunity Axis in Shellfish**

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20 **Abstract**

22 It is a difficult task to describe what constitutes a ‘healthy’ shellfish (e.g., crustacean,
23 bivalve). Visible defects such as discolouration, missing limbs or spines, fouling,
24 lesions, and exoskeletal fractures can be indicative of underlying issues, senescence,
25 or a ‘stressed’ animal. The absence of such symptoms is not evidence of a disease-
26 free or a stress-free state. Now, more than ever, aquatic invertebrates must cope with
27 acute and chronic environmental perturbations, such as, heatwaves and cold shocks,
28 xenobiotic contaminants, intoxication events, and promiscuous pathogens expanding
29 their host and geographic ranges. With that in mind, how does one determine the
30 extent to which shellfish become stressed *in situ* (natural) or in cultured (artificial)
31 settings to enhance disease susceptibility? Many biomarkers – predominantly
32 biochemical and cellular measures of shellfish blood (haemolymph) – are considered
33 to gauge immunosuppression and immunocompetence. Such measures range from
34 immune cell (haemocyte) counts to enzymic activities and metabolite quantitation.
35 Stressed invertebrates often reflect degraded conditions of their ecosystems, referred
36 to as environmental indicators.

38 We audit briefly the broad immune functions of shellfish, how they are modulated by
39 known and emerging stressors, and discuss these concepts with respect to
40 neuroendocrinology and immunotoxicology. We assert that chronic stress, alone or in
41 combination with microbial, chemical and abiotic factors, increases the risk of
42 infectious disease in shellfish, exacerbates idiopathic morbidity, and reduces the
43 likelihood of recovery. Acute stress events can lead to immunomodulation, but these
44 effects are largely transient. Enhancing our understanding of shellfish health and
45 immunity is imperative for tackling losses at each stage of the aquatic food cycle and
46 disease outbreaks in the wild.

49 **Keywords:** disease connectivity; haemolymph biomarkers; immunocompetence;
50 immunosuppression; innate immunity; neuroendocrinology; microplastics

52 **1. Background**

53 Providing enough food and nutrition to sustain the health of a growing global
54 population reaching over 9 billion within the next 30 years is not without its challenges;
55 compounded by the uncertainties that climate change brings such as stochastic
56 weather extremes and disease outbreaks (Cann *et al.*, 2013; Fischer and Knutti, 2015;
57 Shields, 2019). Expanding aquatic food production of finfish and invertebrates is
58 considered a viable approach to alleviate food security concerns as they already
59 represent the most dominant food commodities traded, and evidence of their high
60 nutritional value is incontrovertible (Béné *et al.*, 2015 & 2016). However, disease
61 represents the primary constraint to sustainable intensification and costs the seafood
62 industry billions of dollars in losses annually (Stentiford *et al.*, 2017; FAO 2020).
63 Production of aquatic foods, notably shellfish, display 'boom and bust cycles' in which
64 several years (often decades) of exceptional growth are followed by collapse
65 (reviewed by You and Hedgecock, 2019). Communicable diseases of shellfish (e.g.,
66 viruses, bacteria) are the cause of such collapses, and can lay waste to an entire
67 industry. For example, white spot syndrome virus outbreaks in black tiger shrimp
68 *Penaeus monodon* led to mass mortalities (>95%) in China and Thailand in the 1990s
69 and 2000s, resulting in the emergence of Pacific white shrimp *Penaeus vannamei* as
70 the dominant produce (Flegel, 2012). Too often, there is a lag in pathogen diagnosis
71 – usually two to three years after an outbreak – therefore, the majority of research on
72 host-pathogen antibiosis is reactive rather than proactive.

73

74 Due to a lack of standardised industry practices, substantial financial losses and
75 compromised nutritional quality of shellfish are common occurrences (Figure 1). From
76 conditions within culture ponds to on-site/on-vessel handling and arrival at markets,
77 live shellfish endure emersion, acute temperature fluctuations, food deprivation and
78 physical **damage** (reviewed by Fotedar and Evans, 2011). These stresses can have
79 profound effects on the animal condition and welfare, characterised traditionally by
80 behavioural changes, and more recently, by using immune-markers such as
81 haemocyte counts and quantitating levels of macromolecules (total protein, glucose,
82 L-lactate) in the **haemolymph (Table 1) or other tissues like the muscle, gills and**
83 **digestive glands**. Establishing a reliable set of health status indicators for shellfish in
84 natural and commercial settings would be a major asset for detecting and managing
85 the impacts of stressors and disease control within the aquatic food sector, yet it is an

86 unlikely outcome (no 'one size fits all' scenario). This is made even more difficult due
87 to the manifold impacts of existing and emerging environmental agitators, e.g.,
88 plastics, pharmaceuticals, pesticides.

89

90 The term shellfish subsumes a vast diversity of invertebrate (animal) forms and natural
91 histories, but for the purpose of this review, we will focus mostly on commercially
92 important, edible taxa that are wild-caught or cultured (crustaceans and molluscs).
93 According to the Food and Agriculture Organisation (FAO), crustaceans and molluscs
94 represent 168 out of the 598 known aqua-cultured species globally (FAO 2018 and
95 2020). Moreover, crustaceans and molluscs account for ~95% of cultured aquatic
96 invertebrates, yet a knowledge deficit exists with respect to their health and immunity
97 (FAO, 2019). Enhancing our understanding of shellfish immune defences, i.e., healthy,
98 stressed and diseased states, aligns seamlessly with the World Health Organisations
99 'One Health' approach to food safety standards and the control of zoonoses (Figure
100 1). We present an overview of shellfish immunocompetence, how acute and chronic
101 stressors may lead to immunosuppression, and the limitations of routine experimental
102 measures. In doing so, we describe the complex interactions between hosts,
103 pollutants, and their dynamic aquatic environments.

104

105

106 **2. A brief audit of shellfish innate immunity**

107

108 Many contemporary articles have reviewed the biological defences of shellfish,
109 specific immune pathways/cascades, and effectors across tissue, cellular and
110 molecular levels (e.g., Cerenius et al., 2010b; Wang and Wang, 2013; Coates and
111 Nairn, 2014; Allam and Raftos, 2015; Rowley, 2016; Gerdol, 2017; Hauton, 2017;
112 Cerenius and Söderhäll, 2018; Tassanakajon *et al.*, 2018; Liu *et al.*, 2020) – yet, few
113 have addressed the stress-immunity axis (e.g. Adamo, 2012)

114

115 The shells of molluscs, carapaces of crustaceans, and tests of echinoids are physical
116 barriers reinforced with minerals, proteins, chitins and pigments (e.g., melanin,
117 naphthoquinones), which provide protection as well as limiting the number of routes
118 available for pathogen entry (e.g., mouth, gills). The underlying epithelial barriers of
119 exoskeletons produce antimicrobial and signalling factors to alert neighbouring tissues
120 to damage, and to initiate coagulation and wound repair (Cerenius and Söderhäll,

121 2011). In crustaceans, vitellogenin-related proteins (e.g. coagulogen; Hall *et al.*, 1999)
122 in the haemolymph plasma are crosslinked at wound sites by a group of pleiotropic
123 proteins called transglutaminases to stop fluid loss (Martin *et al.*, 1991; Lin *et al.*, 2008;
124 Liu *et al.*, 2011; Fagutao *et al.*, 2012; Sirikharin *et al.*, 2019). This clotting reaction is
125 very efficient in healing wounds compared to that occurring in vertebrates (Cerenius
126 and Söderhäll, 2011). Invading bacteria and fungi are also entrapped within these gel-
127 like clot structures to prevent septicaemia and mycosis. The clot is further reinforced
128 with the deposition of insoluble melanotic polymers – courtesy of phenoloxidase (PO)
129 enzyme activities and autocatalysis of unstable quinone intermediates, which also
130 provides a localised burst of antimicrobial oxidising and nitrosative by-products
131 (Cerenius *et al.*, 2010a; Whitten and Coates, 2017). Similar haemostatic components
132 have been characterised in molluscs, e.g., transglutaminase in oysters, and POs in
133 mussels and limpets (Coles and Pipe 1994; Gueguen *et al.*, 2003; Quinn *et al.*, 2020).
134

135 Once noxious agents make their way into the haemocoel (body cavity), they must
136 contend with the coordinated efforts of cellular and humoral immunity. Circulating
137 haemocytes (or coelomocytes) tend to be a heterogeneous population of immune cells
138 that recognise non-self (exoplasmic) moieties of pathogens (Jiravanichpaisal *et al.*,
139 2006; Gerdol *et al.*, 2018). Pathogen-associated molecular patterns (PAMPs) –
140 bacterial peptidoglycans (lipopolysaccharides, lipoteichoic acids), fungal and algal β -
141 glucans, and viral nucleic acids – are intercepted by pathogen recognition proteins
142 (PRPs) dissolved within the lymph and/or spanning the membranes of haemocytes
143 (Cerenius and Söderhäll, 2018). Peptidoglycan-binding proteins (Wei *et al.*, 2012b;
144 Vaseeharan, 2012), C-type lectins (Wang *et al.*, 2011; Wei *et al.*, 2012a), β -glucan
145 binding proteins (Cerenius *et al.*, 1994; Zhao *et al.*, 2009; Itoh *et al.*, 2010), serine-
146 protease homologues (Sriphajit *et al.*, 2007; Zhang *et al.*, 2009), members of the
147 immunoglobulin superfamily (Dscam, FREPs) amongst many other PRPs and their
148 transcriptional variants have been functionally characterised in shellfish (Cooper and
149 Alder, 2006; Ghosh *et al.*, 2011). Signal transduction cascades, arising from the
150 activation of cellular receptors, trigger the translocation of transcription factors into the
151 nucleus to switch-on the expression of immune-associated mRNAs. There are vast
152 numbers of studies dedicated to immune activation (Humphries and Yoshino, 2003
153 [molluscs]; Li and Xiang, 2013 [shrimp]). The Toll, immune deficiency (Imd) and
154 Jak/STAT pathways as well as their ligands are best characterised and appear to be

155 highly conserved among invertebrates – at least for arthropods (Palmer and Jiggins,
156 2015).

157

158 Despite the immune cell heterogeneity observed among shellfish (e.g., crustaceans
159 have three types, whereas sea urchins have at least four), phagocytosis,
160 encapsulation, nodule formation, and cytotoxic degranulation events are conserved
161 responses. Pathogens can be ingested and destroyed intracellularly through
162 respiratory burst (Bell and Smith, 1994), immobilised in large numbers through the
163 formation of haemocyte palisades (usually melanised) and starved of oxygen and
164 nutrients. [Concurrently, immune factors such as lysozyme, antimicrobial peptides and
165 proteases are released to neutralise virulence factors](#) and compromise the surface of
166 microbes making them leaky (reviewed by Jiravanichpaisal *et al.*, 2006). Vast numbers
167 of antimicrobial peptides have been characterised, especially for crustaceans
168 (reviewed by Smith and Dyrinda, 2015; Tassanakajon *et al.*, 2018), and their
169 expression are not limited to haemocytes. Acute phase proteins such as lysozyme are
170 found invariably in crustaceans and molluscs – with a clear role in bacterial wall
171 degradation and lysis (muramidase activity; Sotelo-Mundo *et al.*, 2003; Bachali *et al.*,
172 2002; Xue *et al.*, 2010; Gopalakrishnan *et al.*, 2011).

173

174 The proPhenoloxidase (proPO) activation cascade is emblematic of the innate
175 immune response of many aquatic and terrestrial invertebrates, as it facilitates the
176 early steps of melanisation (reviewed by Cerenius *et al.*, 2008). Melanotic polymers
177 are [employed](#) by the host to immobilise microbial intruders (microbiostatic), and the
178 toxic by-products of [catalytic](#) activities [inflict damage](#) to microbes and parasites – as
179 determined in crustaceans (Cerenius *et al.*, 2010a), chelicerates (Coates and Talbot,
180 2018), and gastropods (Quinn *et al.*, 2020). The proPO cascade is a striking example
181 of the [intersection](#) between humoral and cellular defences. PAMP detection by
182 haemocyte-bound receptors trigger the release of proPO via exocytosis and the
183 extracellular proPO zymogen is cleaved proteolytically at the *N*-terminus to activate
184 the enzyme (Jearaphunt *et al.*, 2014). Activated POs help to produce melanins for
185 microbiostatic and microbicidal purposes, in addition to wound repair. Recently,
186 Sirikharin *et al.* (2020) demonstrated a novel link between the cleaved *N*-terminal
187 peptide of proPO and increased haematopoiesis in crayfish (*Pacifastacus*
188 *leniusculus*). The release of proPO from haemocytes tends to be followed by

189 apoptosis, and so the liberated *N*-terminal fragment may in fact be a cryptide tasked
190 with signalling for new haemocytes to replace those spent in the immediate
191 inflammatory response.

192

193

194 **3. Environmental conditions and markers of stress and immunity**

195

196 Natural populations of shellfish, especially those of commercial value, are under
197 constant threat of overexploitation and environmental degradation. Gross shifts in
198 external conditions from heatwaves and cold shocks (climate change) to pollutants
199 and marine intoxication episodes render populations vulnerable. Both biotic and
200 abiotic stresses set-off a complex chain of costly cellular and molecular events in order
201 to maintain homeostasis (i.e., allostasis), which over time are known to weaken
202 biological defences in vertebrates and invertebrates alike (Ottaviani and Franceschi,
203 1996; Table 2). When we consider 'stress' in vertebrates, we think of the release of
204 neuroendocrine chemicals (e.g., catecholamines and glucocorticoids), which target
205 diverse tissues to redirect resources to address the stressor (Ottaviani and
206 Franceschi, 1996; Malham *et al.*, 2003; Adamo, 2012). Immune-regulation is
207 inextricably linked to neuroendocrine signalling and the management of stress
208 (Webster *et al.*, 2002) – alas, the neuroendocrine-stress-immunity axis is poorly
209 understood in shellfish by comparison to finfish and humans. A notable exception is
210 the co-option of catecholaminergic neurotransmitters as essential substrates for PO-
211 mediated immunity in shellfish.

212

213 The term 'phenoloxidase' (PO) may incorporate four functionally distinct proteins,
214 namely catecholoxidase, tyrosinase, laccase, and haemocyanin (Coates and Costa-
215 Paiva, 2020). All have demonstrated a capacity to oxidise L-DOPA and dopamine into
216 quinones (DOPACHromes), with haemocyanin-derived phenoloxidase (HC-d PO) also
217 able to generate products from (nor)epinephrine (Jaenicke and Decker, 2008; Coates
218 and Talbot, 2018). Catecholamines are generated from amino acids, phenylalanine →
219 L-tyrosine → L-DOPA → dopamine, norepinephrine and epinephrine. Beyond
220 immunity, POs (amongst other enzymes) use these biogenic amines for
221 developmental processes, cuticle hardening post-ecdysis (crustaceans), and shell
222 biomineralization (bivalves; Sun *et al.*, 2015). Exposing shellfish to acute or chronic
223 stress leads to increases in catecholamine concentrations within the haemolymph,

224 e.g., epinephrine levels doubled in *P. vannamei* forced to flee for 1 minute (Aparicio-
225 Simon *et al.* 2010). Emersion (air exposure), temperature (17 to 28°C) and salinity (31
226 to 20 ppt) changes also stimulated increases in haemolymph levels of biogenic amines
227 in the scallop *Chlamys farreri* (Chen *et al.*, 2008). In a recent study, silencing of the
228 gene encoding dopamine beta-hydroxylase (DBH) in *P. vannamei*, or chemical
229 inhibition of its activity using disulfiram, led to decreases in immune markers
230 (haemocyte numbers, phagocytic activity, PO activity), and enhanced susceptibility to
231 *Vibrio alginolyticus* (Cheng *et al.*, 2017).

232

233 Acute stress events can lead to transient spikes in haemolymph catecholamine levels
234 or even immune-stimulation (Table 2). Interestingly, 'stress management' has been
235 trialled as a disease control strategy for finfish aquaculture (Sung *et al.*, 2011), wherein
236 brief temperature shocks lead to the upregulation of heat shock proteins that are linked
237 to induced thermotolerance and cross tolerance (protection against other stressors).
238 Regarding shellfish, there now exists a sizable body of literature describing so called
239 'immune-dysfunction' associated with chronic stress (reviewed by Le Moullac and
240 Haffner, 2000; Mydlarz *et al.*, 2006; Ellis *et al.*, 2011). Perhaps it is more accurate to
241 say that chronic stress affects immune-vigour, [which we will define as the strength](#)
242 [available to fight infection and how effective that force is to enable recovery](#). Variations
243 in temperature, pH, dissolved gasses (hypoxia/hypercapnia), salinity and nutrient
244 over-enrichment (e.g., ammonia-N) impose major physiological burdens (including
245 immune-vigour) on shellfish when they fall outside of their tolerance ranges (Table 3)
246 – such parameters are exacerbated by over-crowding in managed culture/capture
247 settings (e.g., penaeid shrimp).

248

249 Crustaceans and molluscs are ectotherms; therefore, physiologic processes are
250 influenced heavily by temperature fluctuations of the surrounding waters. Temperature
251 can also impact pathogenicity and disease outcomes – for example, crayfish
252 (*Pacifastacus leniusculus*, *Astacus astacus*) challenged via intramuscular injection
253 with white spot syndrome virus survived (100%) for 45 days when maintained at either
254 4 or 12°C, but all died at 22°C (Jiravanichpaisal *et al.*, 2004). Moribund shrimp could
255 avoid *in exitus* when transferred to 16°C. This lack of viremia at hypothermic conditions
256 is likely caused by an inability of the virus to bind to haematopoietic tissue and replicate
257 within cells due to cell cycle arrest (Korkut *et al.*, 2018). Higher water temperatures

258 cannot hold as much oxygen as colder water. Sub-optimal oxygen levels reduce the
259 ability of shellfish to fight infection. Emersion, hypoxia and haemolymph acidosis
260 restrict haemocyte-associated respiratory burst – in a manner similar to mammalian
261 neutrophils – and delays wound healing (Allen *et al.*, 1997; Coates and Decker, 2017;
262 Table 3). Hypoxia often co-occurs with hypercapnia and haemolymph acidosis as CO₂
263 will bind to water in the haemolymph to form carbonic acid (H₂CO₃). Increased
264 salinities above an iso-osmotic threshold (~24-25 psu) can reduce the pH of crab
265 haemolymph, whereas drastic decreases in salinities can cause alkalosis (Whiteley *et*
266 *al.*, 2001). Such changes in haemolymph gases and pH balance are known to
267 modulate shellfish immune-vigour, mostly to the detriment of the host (Table 3). Water
268 temperature increases (+4°C) and pH decreases (-0.4 units) in line with climate
269 change predictions for 2100 interfere with cellular immunity – such deteriorations in
270 condition have been recapitulated in several high value shellfish: Norway lobster
271 (*Nephrops norvegicus*; Henroth *et al.*, 2012), blue mussels (*Mytilus edulis*; MacKenzie
272 *et al.*, 2014), Pacific oyster (*Crassostrea gigas*; Clark *et al.*, 2013; Wang *et al.*, 2016),
273 and common cockles (*Cerastoderma edule*; Ong *et al.*, 2017).

274
275 Maintaining suitable levels of ammonia (and other nutrients) in shrimp culture ponds
276 is important for two reasons: 1) it provides phytoplankton with a source of nitrogen,
277 thereby increasing the levels of dissolved oxygen in the water and acting as a food for
278 the shrimp, and 2) excessive levels of ammonia-N in culture ponds correlates broadly
279 with reduced survival rates of penaeid shrimp (de Lourdes Cobo *et al.*, 2014; reviewed
280 by Zhao *et al.*, 2020). Ammonia is an immune-modulator (see Table 3) and levels
281 between 14 and 20 mg L⁻¹ can cause oedema, haemocyte infiltration, necrosis and
282 melanisation of shrimp gill tissue (Fregoso-López *et al.*, 2017), with the latter being
283 observed in the antennal gland alongside pyknotic nuclei (Fregoso-López *et al.*, 2018).
284 Moreover, Hostins *et al.* (2019) reported on the manipulation of C/N ratios in ponds
285 using biofloc systems in order to reduce the risk of acute hepatopancreatic necrosis
286 disease (AHPND). Shrimp raised in heterotrophic bioflocs for 21 days showed
287 enhanced resistance to *Vibrio parahaemolyticus*, the causative agent of AHPND.

288
289 When determining the impacts of the aforementioned environmental stressors on
290 shellfish, immune-makers such as PO activity, haemocyte counts and protein levels
291 are possibly useful, however, the reader should be aware that these fluctuate

292 seasonally and are impacted by moult cycles, biomineralization and reproductive
293 status (Hauton *et al.*, 1997; Terwilliger *et al.*, 2006; Cao *et al.*, 2007). Therefore, basic
294 assays should not be used alone as markers of immunocompetence and other
295 approaches including measuring actual disease resistance (i.e., LD₅₀) in challenge
296 trails together with a panel of cellular (e.g. phagocytosis, microbial clearance
297 dynamics) and humoral (e.g. antimicrobial peptides, lysozyme activity) measures are
298 needed for high confidence diagnoses and prognoses. Recent efforts have focussed
299 on assessing the usefulness of the shrimp gut microbiome as an indicator of health
300 and disease, particularly in managed culture settings (reviewed by Holt *et al.*, 2020).
301 While this approach is appealing, it is costly, technically challenging, and has not been
302 developed for high-throughput application.

303

304 There remains a lack of standardisation for PO enzyme assays. This is not surprising
305 considering the diversity of study species (aquatic versus terrestrial; e.g., Huang *et al.*,
306 2010), and the many ways in which one can measure PO activity: 1) direct
307 spectrophotometric readings of active enzyme within extracted haemolymph (usually
308 with the addition of excess substrate), 2) total enzyme available (i.e., PO, proPO, HC-
309 d PO) through the addition of an activator such as SDS or (chymo)trypsin, and 3)
310 staining of cells for calculating the proportion of PO-positive haemocytes. Authors tend
311 to make little effort to distinguish between them. We are compelled to state that PO
312 assays are misused repeatedly, basing superficial interpretations of immune-capacity
313 on residual activity in serum after accidental activation and lack of effort to either
314 separate or stabilise haemocytes and cell lysates prior to measurements (Söderhäll
315 and Smith, 1983). Furthermore, increased PO activity in the haemolymph is not a
316 compensatory mechanism for haemocyte loss – circulating cell numbers are reduced
317 because they have ruptured (undergone apoptosis) to release the enzyme now being
318 detected.

319

320 **4. Environmental disruptors: pesticides, pharmaceuticals and (micro)plastics**

321

322 The detrimental impacts of pollutants (e.g. oil spills), nanomaterials, dredge spoils and
323 heavy metals (e.g., cadmium, lead, copper) on shellfish health and immunity have
324 been characterised and reviewed extensively by ecotoxicologists (Smith *et al.*, 1995;
325 Dyrzynda *et al.*, 1998 and 2000; Galloway and Depledge, 2001; Renault, 2015). There

326 has been much focus on the validation of certain aquatic invertebrates as
327 environmental indicators or sentinels (e.g., bivalves and echinoids), which are said to
328 reflect conditions *in situ* such as pollutant contamination (e.g., heavy metals,
329 pharmaceuticals). [Wootton et al. \(2003\)](#) tell a cautionary tale regarding the
330 [generalisation of single species for inferring immunosuppression](#). The authors
331 exposed three bivalves, mussels (*Mytilus edulis*), cockles (*Cerastoderma edule*) and
332 razor clams (*Ensis siliqua*), to increasing doses (50 - 400 $\mu\text{g L}^{-1}$) of polycyclic aromatic
333 hydrocarbons and measured several immune activities. Despite *M. edulis* being used
334 as a common bioindicator, there was substantial variation in the haemocyte-
335 associated responses (e.g., superoxide generation and lectin staining), with mussels
336 being distinct to the others. In contrast to mussels, all cockles and razor clams died
337 within 14 days exposure to the highest dose of 400 $\mu\text{g L}^{-1}$. As such, the use of a single
338 species to represent broad groups like crustaceans or molluscs is not recommended.

339

340 Below, we recount shellfish immunotoxicology in relation to contemporary issues. We
341 should like to impress upon the reader that assays of oxidative damage alone, such
342 as, superoxide dismutase activity and malondialdehyde levels (listed in Table 1), offer
343 little insight into the direct impact of toxins on immune functioning. Toxins often
344 interfere with haemocyte viability, membrane and cytoskeleton stability leading to
345 cellular swelling or lysis. Such changes can be measured and viewed in haemocytes
346 *ex vivo* to identify putative mechanisms.

347

348 **Pesticides** such as organophosphates and neonicotinoids make their way into aquatic
349 environments from agricultural run-off and aerial (drift) sprays. While concentrations
350 of these pesticides can be lethal in extreme cases, more often they accumulate within
351 shellfish and lead to chronic idiopathy. For example, exposure of American lobsters
352 (*Homarus americanus*) to environmentally relevant concentrations of chlorpyrifos, 0.5
353 - 0.82 $\mu\text{g L}^{-1}$, led to the inhibition of acetylcholinesterase activity (within 24 - 48 hours)
354 and interfered with moulting and growth (Taylor *et al.*, 2019). Malathion and
355 endosulfan alone, and in combination, reduced survival of *P. vannamei* by <4% over
356 96 hours using concentrations at 1, 10 and 50% the LC_{50} for each pesticide (78 and
357 0.2 $\mu\text{g L}^{-1}$, [respectively](#); Bautista-Covarrubias *et al.*, 2020). Nonetheless, malathion
358 use alone was associated with compromised PO activity (-60%), and reduced

359 haemocyanin levels by ~40% when combined with endosulfan (from 5 hours post
360 exposure).

361

362 Two-week incubation of Sydney rock oysters (*Saccostrea glomerata*) in the presence
363 of imidacloprid – one of the most widely used pesticides globally – at environmentally
364 relevant concentrations (0.01 and 0.5 mg L⁻¹) led to increased catalase and
365 glutathione-s-transferase activity in the digestive gland and gills (Ewere *et al.*, 2019a).
366 Intriguingly, Ewere *et al.* (2019b) recorded negative impacts of imidacloprid on feeding
367 rate and gill acetylcholinesterase activity in *S. glomerata* exceeding environmentally-
368 relevant concentrations (>2 mg L⁻¹) within 24 hours. Lower doses of 0.5 and 1 mg L⁻¹
369 began to affect oysters adversely after 4 days exposure. Concentrations as low as
370 0.01 mg L⁻¹ can stimulate the expression of detoxification (superoxide dismutase) and
371 stress (heat shock) proteins in the haemolymph (Ewere *et al.*, 2020). [Dondero et al.](#)
372 [\(2010\)](#) also described drastic alterations in the digestive gland proteome of mussels
373 [\(*Mytilus galloprovincialis*\) after neonicotinoid treatment.](#) [Imidacloprid use in integrated](#)
374 [aquaculture continues to be popular for finfish and macro-crustaceans](#) (Hong *et al.*,
375 2020). A sublethal dose of imidacloprid (5 µg L⁻¹) increased superoxide dismutase
376 activity and the expression of heat-shock proteins (60, 70 and 90) in [Chinese mitten](#)
377 [crab \(*Eriocheir sinensis*\)](#), but was inhibitory at a much higher concentration (500 µg L⁻¹)
378 ¹). Catalase and GST activities decreased in a dose-dependent manner with
379 imidacloprid (Hong *et al.*, 2020). The authors describe a switch in the gut bacterial
380 microbiome from symbionts to pathobionts after pesticide exposure.

381

382 **Pharmaceuticals**, notably [antidepressants and antibiotics](#), developed for humans and
383 livestock are now common in aquatic environments – due to domestic and industrial
384 effluents of wastewaters. Antibiotics that are “normally” present in water bodies may
385 affect the resistance of shellfish (and other aquatic organisms) to bacteria, fungi and
386 viruses (reviewed by Fong and Ford, 2014). Prolonged exposure (three weeks) of a
387 crustacean (*Pacifastacus leniusculus*) to environmentally relevant concentrations of
388 the antibiotic sulfamethoxazole (100 ng L⁻¹ and 1 µg L⁻¹) used frequently in
389 aquaculture, heightened susceptibility to white spot syndrome virus (Hernandez-Pérez
390 *et al.*, 2020). Sulfamethoxazole exposure led to the down-regulation of an AMP
391 (Crustin 3) in haemocytes, as well as decreased haemocyte numbers depleted of
392 granular cells. The antidepressant drug fluoxetine – which has been detected in

393 aquatic systems – had distinct immunosuppressive effects on both cellular and
394 humoral factors in blood cockles (*Tegillarca granosa*) between 1 and 100 $\mu\text{g L}^{-1}$ (Shi
395 *et al.*, 2019). The authors concluded that diminished haemocyte numbers and viability,
396 phagocytic capacity (linked to altered levels of intracellular Ca^{2+}) and NF κ B signalling
397 leave this shellfish prone to infection. In a follow-on study, Shi *et al.* (2020) co-exposed
398 *T. granosa* to the antidepressant sertraline and microplastics (500 nm - 30 μm
399 diameter) as they are often found contaminating the same environments. Again,
400 haemocyte counts, and phagocytosis levels decreased alongside elevated levels of
401 apoptosis, lipid peroxidation and acetylcholinesterase activity. The combination of
402 pharmaceutical/microplastics worsened the symptoms of immunosuppression when
403 compared to either stressor alone.

404

405 **Microplastics** (<5 mm) have been contaminating, and accumulating in, aquatic
406 environments for decades. Not only can they impose a cumulative physiological
407 burden on shellfish, but they act as fomites in water – providing a platform for
408 microbes, viruses and microeukaryotes (both opportunists and pathogens) to ‘hitch a
409 ride’. Exposure of the common shore crab (*Carcinus maenas*) to polypropylene rope
410 microfibrils (<5 mm in length) over a 4-week period had significant detrimental effects
411 on food consumption and the available energy budget (Watts *et al.*, 2015). In the same
412 species, Watts *et al.* (2016) noted a transient impact on oxygen consumption after
413 ingesting polystyrene latex microspheres for one hour but returned to normal by 16
414 hours. Several recent laboratory studies on single and repeated exposures of shellfish
415 to microplastics depict their pernicious effects on health and immunity. According to
416 Détrée and Gallardo-Escárate (2018), 18-day exposure of mussels (*Mytilus*
417 *galloprovincialis*) to polyethylene microbeads induced differential expression of
418 immune genes in the mantle (e.g., mytilin 4, galectin) and digestive gland (e.g., mytilin
419 1, C-type lectin, defensin) at the apparent expense of energy reserves and growth
420 performance (~70% reduction compared to the control). Subjecting Chinese mitten
421 crabs (*Eriocheir sinensis*) to microplastics (0.04 - 40 mg L^{-1}) over 21-days (Liu *et al.*,
422 2019) interfered with haemocyanin levels, as well as PO and lysozyme activities in the
423 haemolymph in a time- and dose-dependent manner. Haemocyanin and lysozyme
424 mRNAs levels fell by >90%. Conversely, increased mRNAs of the cell-death
425 associated gene caspase and the immune-signalling regulator MyD88 were recovered
426 from haemocytes. [The authors](#) noted a shift in intestinal microbial composition from a

427 *Firmicutes/Bacteroidetes*-dominated community to *Fusobacteria/Proteobacteria* at the
428 highest dose tested. Whether dysbiosis was caused by the microplastics themselves
429 or indirectly from the host response to microplastics was not determined (Liu *et al.*,
430 2019). After 52 days exposure to polyethylene microplastics, blue mussels (*M. edulis*)
431 demonstrated diminished attachment strength by >50% and fewer byssal threads, as
432 well as alterations to immune proteostasis and detoxification (amongst other proteins
433 involved in metabolism; Greene *et al.*, 2019). In a separate study, the number of dead
434 haemocytes increased 3-fold as did the generation of ROS in mussels replete with
435 polystyrene microspheres along the gastrointestinal tract after 7-days post-exposure
436 (Paul-Pont *et al.*, 2016). When microplastics were combined with fluoranthene – a
437 polycyclic aromatic hydrocarbon – gross changes in [histopathology were recorded](#),
438 e.g., tissue abnormalities, lipofuscin accumulation and haemocyte infiltration (Paul-
439 Pont *et al.*, 2016). Exposure of cockles (*T. granosa*) to microplastics alone (500 nm to
440 30 µm), and in combination with persistent organic pollutants (benzo[a]pyrene and
441 17β-oestradiol), displayed immunomodulatory properties (e.g., haemocyte counts,
442 phagocytic capacity), including the inhibition of Toll-like receptor expression (Tang *et*
443 *al.*, 2020).

444
445 It is evident from the aquarium trials discussed above, and those available in the
446 [broader literature](#), that pesticides, pharmaceuticals and microplastics are
447 environmental insults. Shellfish expend energy attempting to detoxify and metabolise
448 them, and in doing so, they are weakened and likely immunocompromised. Studies
449 favour the use of pure chemicals and plastics, whereas in natural settings there exists
450 [complex mixtures of metabolites and degenerated fragments \(embrittlement\)](#) due to
451 [photo-lysis/oxidation \(bond rearrangements\)](#), mechanical erosion, biological and
452 [chemical weathering from microbes and aquatic macrophytes](#) (Katagi, 2006; Fatta-
453 [Kassinis et al., 2011](#)). Furthermore, plastic sizes (micro versus nano) differ in their
454 [immuno- and cytotoxicity](#) – as determined recently in mussels (Cole *et al.*, 2020).
455 [Some plastic resins like polyethylene also absorb pollutants such as polychlorinated](#)
456 [biphenyls and polycyclic aromatic hydrocarbons](#) (Rochman *et al.*, 2013), and
457 [increases the risk of toxicosis when ingested](#). There is clearly a 'One Health'
458 [perspective to the microplastics problem](#) – although pertinent experimental evidence
459 [of immune-pathological effects from shellfish through to humans is absent](#). Tolerance
460 [levels and the adverse effects of pesticide and pharmaceutical burdens remain](#)

461 unknown for many shellfish– commercial or otherwise – and it is unclear to what extent
462 biomagnification occurs over trophic levels (Zenker et al., 2014; Rocha et al., 2018).
463 Further speculation is beyond the scope of this review.

464

465 **5. A One Health case study: toxin transfer between dinoflagellates, shellfish** 466 **and humans**

467

468 Harmful algal blooms and their toxins are increasing in frequency, severity and
469 distribution, being linked to climate change (Pearl and Paul, 2012; Trainer *et al.*, 2020).
470 Elevated water temperatures and decreased pH will impact the accumulation,
471 retention and clearance kinetics of toxins by shellfish. For example, Braga *et al.* (2018)
472 exposed mussels (*Mytilus galloprovincialis*) to saxitoxin producing dinoflagellates
473 (*Gymnodinium catenatum*) – the causative agents of paralytic shellfish poisoning –
474 under different warming and acidification regimes. Although the environmental
475 extremes seemed to lower toxicity levels compared to mussels kept under current
476 climate conditions, the intoxication episode was prolonged.

477

478 The acute pathological symptoms of the five major shellfish poisoning syndromes,
479 namely diarrheic, amnesic, neurotoxic, paralytic and azaspiracid, are well defined
480 (Botana, 2016), but their chronic impacts on human health are poorly understood.
481 Consumption of contaminated shellfish flesh, mostly bivalves, manifests as
482 gastrointestinal disorders (cramps, vomiting, diarrhoea), but *in extremis* can lead to
483 memory loss, paralysis and death. There have been cases of crustaceans testing
484 positive for marine toxins (e.g., Oikawa *et al.*, 2002) – but these are rare in comparison
485 to their molluscan counterparts. Only in the last decade has it become clear that
486 dinoflagellate-derived toxins cause harm to shellfish tissues, not just humans (Figure
487 2). These toxins can be transferred across trophic levels – from fish to birds to marine
488 mammals (James *et al.*, 2010) – with shellfish potentially acting as both reservoirs and
489 vectors. Passage through the different hosts also leads to a myriad of toxin-derived
490 metabolites.

491

492 Inoculation of clam (*Ruditapes decussatus*) and mussel (*M. galloprovincialis*)
493 haemocytes with okadaic acid (up to 500 nM) – the causative agent of diarrheic
494 shellfish poisoning – induced DNA damage, promoted cell death, and reduced levels
495 of phagocytosis (Prado-Alvarez *et al.*, 2013; Prego-Faraldo *et al.*, 2015). Exposure of

496 mussels (*M. galloprovincialis*, *Perna viridis*) to food contaminated with okadaic acid or
497 dinoflagellates capable of producing the toxin (*Prorocentrum lima*) induced the up-
498 regulation of stress associated genes (Manfrin *et al.* 2010) and proteins (Huang *et al.*
499 2015), representing detoxification and REDOX balance, apoptosis, cellular structure
500 and function. Cytoskeletal dysfunction was reported for *P. lima* exposed mussels
501 (Huang *et al.*, 2015), and likely explains the mechanism of reduced functionality of
502 haemocytes observed in the studies mentioned above. Similarly, *in vitro* exposure of
503 mussel (*Mytilus chilensis*) haemocytes to saxitoxin interfered with the expression of
504 key immune genes (C-type lectin, toll-like receptors) and those encoding antioxidant
505 enzymes (e.g., catalase; Astuya *et al.*, 2015). An investigation into oysters
506 (*Crassostrea gigas*) and mussels (*Perna perna*) during, and 30-days after, a bloom
507 event in Brazil (Simoes *et al.*, 2015) suggested that okadaic acid is an immune-
508 modulator, but the measured immune parameters including total haemocyte counts
509 and PO activity were not consistent between the species or sample locations. Mussels
510 accumulated 10-fold more toxin than oysters and suffered an >50% reduction in the
511 hemogram, whereas tissue histology depicted gross haemocyte infiltration of the
512 oyster gastrointestinal tract during the event (in response to tissue damage). It is now
513 apparent that shellfish, notably bivalves, are not passive accumulators of toxins. A of
514 growing body of literature describes many negative impacts of harmful algal blooms
515 (HABs) and toxins on these commercially sensitive species; from okadaic acid induced
516 DNA fragmentation, tissue inflammation and digestive gland distortion (loss of tubular
517 architecture) in *C. gigas* (McCarthy *et al.*, 2014; de Jesus Romero-Geraldo *et al.*,
518 2016), to hemocytopenia, immune dysfunction and stress response mobilisation in
519 scallops (*Argopecten irradians*; Chi *et al.*, 2016 and 2018). It remains unclear whether
520 these intoxication events lead to enhanced susceptibility to bacterial and viral
521 diseases, as HABs and toxins appear to antagonise would-be pathogens (reviewed
522 by Lassudrie *et al.*, 2020).

523

524 **6. Concluding remarks**

525

526 A majority of publications reporting on the detrimental impacts of specific stressors on
527 shellfish innate immunity often omit a key (microbial) challenge experiment, yet claim
528 the animals are immunosuppressed. There is no consensus for a universal marker of
529 immunosuppression – with the exception of depleted circulating haemocyte numbers,
530 but this does not provide any information on the mechanism of interference. The use

531 of other so-called health indicators, such as lysozyme activity, total protein levels,
532 ammonia accumulation, etc., requires reflection as they present inconsistent trends
533 across the literature, and have functions beyond immunity and stress. What is clear is
534 that oxidative damage arising from xenobiotic contamination or immune reactivity
535 (high levels of PO activity) can be inferred reliably from MDA levels and/or enzymatic
536 detoxicants (e.g., superoxide dismutase). Shellfish exposed to individual or multiple
537 stresses respond by targeting resources to maintain homeostasis, which can be
538 reallocated from the immunity budget. In the absence of further resource acquisition,
539 the increased metabolic demand alone will leave them vulnerable to disease. Coping
540 with stress while maintaining immunity is costly, and prolonged up-regulation of
541 immune activities increases the likelihood of collateral damage to the host from
542 cytotoxic by-products.

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544

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560

561 **Competing interests**

562

563 We have no conflicts of interest, financial or otherwise.

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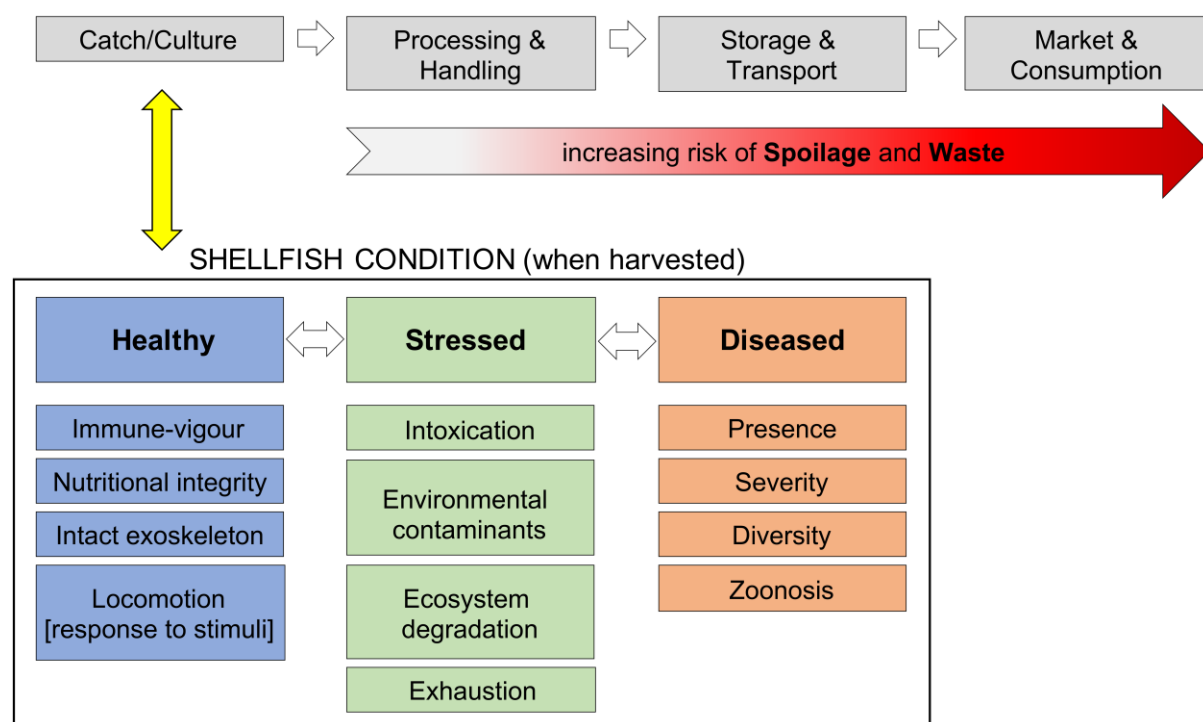
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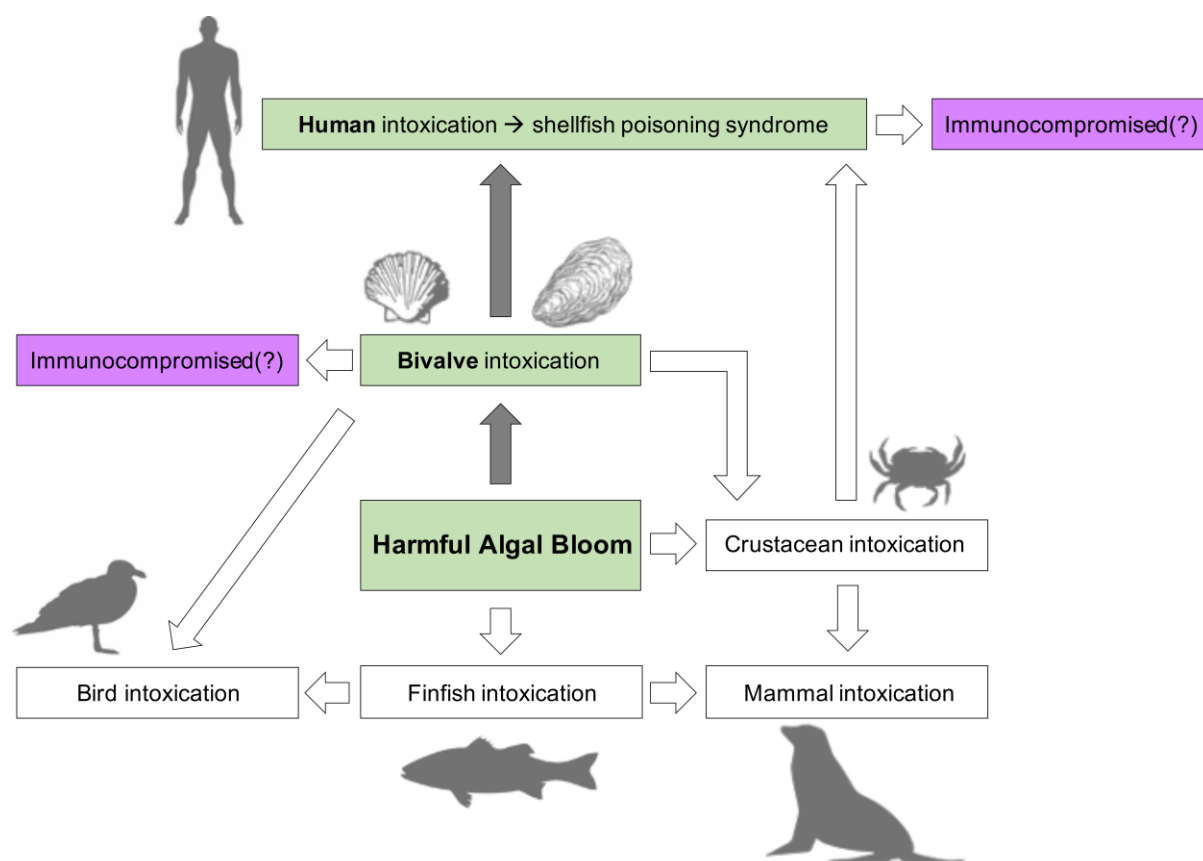
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Figure 1 Integration between the food cycle and condition status of shellfish. At each stage in the food cycle (grey boxes), the condition of shellfish (i.e., food commodity) can be impacted negatively by stresses (e.g., temperature fluctuations, emersion, physical damage) and can worsen pre-existing morbidities from production. As the shellfish are processed from vessel or containment (e.g., ponds) to plate, these stressors and the associated harm they cause can accumulate, thereby increasing the risk of spoilage and waste, e.g., toxin levels above regulatory limits (see Figure 2), necrotic tissue, muscle atrophy, changes in organoleptic profiles (*ante-* and *post-mortem* quality; Gornik *et al.*, 2010), and unsightly discolouration (hyperpigmentation; Coates and Nairn, 2013). Environmental contaminants include plastics, pesticides, and pharmaceuticals.



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1363 **Figure 2 Transfer of shellfish poisoning toxins between trophic levels.** Harmful
1364 algal blooms can lead to the release of toxins that accumulate in the tissues of marine
1365 animals, notably bivalves (grey arrow). Human consumption of these contaminated
1366 (intoxicated) bivalves can lead to a series of illnesses referred to as shellfish poisoning
1367 syndromes (grey arrow). The white arrows signify additional (but not all) routes of toxin
1368 transfer. James *et al.* (2010) inspired this figure.

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Table 1 Common biochemical and cellular measures of shellfish condition

	Indicator (stress, immunity, disease)	Example references (not exhaustive)
Ammonia	It is predominantly a by-product of protein catabolism. Excessive excretion by gills in stressed crustaceans can lead to reduced levels of ammonia. Over-accumulation in the haemolymph – due to 'stress' – has been linked to immunosuppression.	Reviewed by Zhao <i>et al.</i> (2020)
Antimicrobial activity (of haemolymph)	Several assays exist to determine the extent of microbe killing efficiency from the acellular fraction of haemolymph. There are many soluble immune factors in the haemolymph, and reduced capacity to clear microbes is associated with immunocompromised animals (usually linked to reduced PO and lysozyme activities).	Le Moullac and Haffner (2000); Fotedar and Evans, (2011); Gopalakrishnan <i>et al.</i> (2011)
Catalase [EC 1.11.1.6]	Detoxification-associated enzyme that catalyses the conversion of hydrogen peroxide (H ₂ O ₂) to water and O ₂ .	Zhang <i>et al.</i> (2011); Ben-Khedher <i>et al.</i> (2013)
Clotting time (haemostasis)	Clotting (haemolymph gelation) is a rapid response in healthy invertebrates to avoid hypovolemia post-wounding. Increased clotting time is considered a sign of stress, and also increases the risk of septicaemia, viremia and mycosis.	Smith <i>et al.</i> (1995); Jussila <i>et al.</i> (2001); Vijayavel, <i>et al.</i> (2005); Fotedar <i>et al.</i> (2006);
Esterase (non-specific) activities	These represent diverse enzymes that can be involved in the detoxification of xenobiotics	Wootton <i>et al.</i> (2003); Matozzo and Marin (2010)
Glucose and glycogen	Elevated levels of glucose (hyperglycaemia) and depleted levels of glycogen suggest a switch to using energy stores to fuel the physiological demands of 'coping' with stress and immune-stimulation, or may be manipulated by pathogenic agents, as seen in <i>Hematodinium</i> -infected crabs.	Hall and van Ham (1998); Stentiford <i>et al.</i> (2001); Rosas <i>et al.</i> (2004); Ivanina <i>et al.</i> (2013)
Glutathione (disulphide) reductase [EC 1.8.1.7] and Glutathione-s-transferase [EC 2.5.1.18]	-GR is an enzyme that reduces glutathione disulphide to glutathione, which is an important chemical antioxidant. -GST is a detoxification-associated enzyme that conjugates the reduced form of glutathione to xenobiotics.	Revathy <i>et al.</i> (2012); Rodrigues <i>et al.</i> (2012); Ben-Khedher <i>et al.</i> (2013); Chi <i>et al.</i> (2018)
L-lactate	Elevated levels in the haemolymph and muscle suggest acidosis caused by fatigue (anaerobiosis), or, compromised oxygen tension caused by microbial infection. Can also be linked to oxygen-transport protein levels (see below).	Baldwin <i>et al.</i> (1992); Rosas <i>et al.</i> (2004); Schock <i>et al.</i> (2010); Albalat <i>et al.</i> (2016)
Lysozyme [EC 3.2.1.17]	Immune-enzyme deployed to degrade bacterial cells (via muramidase activity). Elevated levels can be associated with stress or microbial presence, whereas depleted levels are found often in immunocompromised shellfish.	Oliver and Fisher (1999); Yao <i>et al.</i> (2008); Gopalakrishnan <i>et al.</i> (2011); Cotou <i>et al.</i> (2013); Ivanina <i>et al.</i> (2014)
Malondialdehyde (MDA)	This enol derivative is a key marker of oxidative stress. Accumulation of MDA is indicative of lipid peroxidation (namely fatty acids).	Chaufan <i>et al.</i> (2006); Funes <i>et al.</i> (2006); Ben-Khedher <i>et al.</i> (2013)
Phenoloxidase(s) - LAC [EC 1.10.3.2] - CO [EC 1.10.3.1]	Conversion of simple mono- and di-phenolic substrates into quinones – the precursors of melanin. One of the most common measures of invertebrate immunity. Elevated or excessive levels are associated	Perazzolo <i>et al.</i> (2002); Tanner <i>et al.</i> (2006); Kuchel <i>et al.</i> (2012); Johnson <i>et al.</i> (2016);

- TY [EC 1.14.18.1]	with stress and disease. Low levels can be correlated with depleted proteins and immunocompromised animals.	Luna-Acosta et al. (2017); Albalat et al. (2019)
Superoxide dismutase [EC 1.15.1.1]	Detoxification-associated enzyme that partitions highly reactive superoxide (O ₂ ⁻) radicals into 'harmless' dioxygen (O ₂)	Chaufan et al. (2006); Funes et al. (2006); Ren et al., (2015); Chi et al. (2018)
Total and Differential immune cell counts [phagocytosis, respiratory burst]	Alongside PO measurements, haemocyte counts are used to gauge health. Decreased haemocyte numbers (haemocytopenia) are often associated with stress (and infectious disease, parasitism). In these circumstances, haemocytes usually show high levels of apoptosis and reduced phagocytic capacity.	Le moullac and Haffner (2000); Perazzolo et al. (2002); Wootton et al. (2003); Goimier et al. (2006); Perez and Fontanetti, 2011; Coates et al. (2012)
Total protein levels (and differential levels)	Depleted levels of total protein within the haemolymph (hypoproteinaemia) are associated with compromised shellfish. Elevated protein levels often reflect immunocompetence.	Rosas et al. (2004); Goimier et al. (2006); Lorenzon et al. (2011); Coates et al. (2012)
	The presence and abundances of specific proteins or polypeptides can provide additional information, e.g., oxy-haemocyanin levels (immunity and respiration), antimicrobial peptides (immunity), heat shock proteins (temperature stress), hypoxia-inducible factors (hypercapnia) etc.	

Table 2 Evidence for neuroendocrine – stress – immunity axis in shellfish

	Stressor [acute vs chronic]	Indicator	Immunomodulation	Disease outcome	References
Crustaceans					
<i>Carcinus maenas</i>	Salinity (4 – 45 psu)	Cholinesterase activity	Cholinesterase activity increased alongside higher (and substantially reduced) salinities. Activities from enzymatic detoxicants (glutathione-s-transferase, peroxidase and glutathione reductase) were significantly higher at salinity extremes.	Not tested	Rodrigues et al. (2012)
<i>Macrobrachium rosenbergii</i>	Direct injection of norepinephrine	Norepinephrine	Between 2- and 8-hours post inoculation, haemocyte numbers, respiratory burst and phagocytosis, and phenoloxidase activity decreased	Enhanced susceptibility to <i>Lactococcus garvieae</i>	Chang et al. (2011)
<i>Macrobrachium rosenbergii</i>	Temperature (22 - to 28 to 34°C)	Norepinephrine	Hyaline cell numbers and granular cell PO activity increased within 2 hours, with some upregulation of phenoloxidase-associated gene	Not tested	Chang et al. (2015)
<i>Penaeus vannamei</i>	Direct injection of CHH	Crustacean hyperglycaemic hormone (CHH)	Increased total haemocyte counts, phenoloxidase activity and serum protein levels	Enhanced resistance to <i>Vibrio harveyi</i>	Wanlem et al. (2011)
	-Temperature (28 to 22°C)	Elevated levels of norepinephrine	Decreased haemocyte numbers, oxidative burst and phenoloxidase activity; increased levels of apoptosis and caspase-3 activity	Enhanced susceptibility to <i>Vibrio alginolyticus</i>	Cheng et al. (2006); Chang et al. (2009)
	-Direct injection of norepinephrine Salinity (16 to 31 ppt)	CRH, ACT, dopamine, norepinephrine	Hormone levels in shrimp held at lower salinities over 12 hours increased significantly. Conversely, total haemocyte counts, PO activity, crustin and C-type lectin expression, phagocytic capacity and hemagglutination activities decreased significantly	Not tested, however, haemocyte numbers were the only parameter not to recover after 12 hours.	Zhao et al. (2016)
Molluscs					
<i>Chlamys farreri</i>	Bacterial challenge	Dopamine, epinephrine and norepinephrine	Superoxide dismutase, catalase and lysozyme activities increased alongside all catecholamines	Blocking of adrenoreceptors repressed both catalase and lysozyme activities.	Zhou et al. (2011)

<i>Crassostrea gigas</i>	Temperature (held at 28°C)	DBH monoxygenase activities; catecholamine metabolic processes	monitored within 6 to 12 hours post inoculation of <i>Vibrio anguillarum</i> Approximately 40% decrease in phenoloxidase activity compared to the control	No differences in bacterial (<i>Vibrio splendidus</i>) colony forming units in the haemolymph compared to the control.	Liu et al. (2017)
	Mechanical disturbance*	Elevated norepinephrine and dopamine from 5 to 60 minutes	Acute (within 5 - 15 minutes) decline in haemocyte numbers, migratory and phagocytic capacity, and ROS production	Enhanced susceptibility to <i>Vibrio splendidus</i> [exacerbated by noradrenaline and adrenocorticotrophic injections]	Lacoste et al. (2001; 2002)
<i>Haliotis tuberculata</i>	Mechanical* disturbance	Elevated norepinephrine and dopamine from 5 to 60 minutes	Acute (within 5 - 15 minutes) decline in haemocyte numbers, migratory and phagocytic capacity, and ROS production	Not tested	Malham et al. (2003)
<i>Saccostrea glomerata</i>	-Salinity -Temperature, -Physical disturbance	norepinephrine	Within 1 – 2 hours post noradrenaline injection (70 ng); phenoloxidase activity, haemocyte (total and differential) numbers, and phagocytic capacity all declined	Not tested	Aladaileh et al. (2008)

*Shaking animals for 15 minutes to mimic handling practices on shellfish farms. ACT, adrenocorticotrophic hormone; CRH, corticotrophin-releasing hormone; DBH, dopamine beta-hydroxylase (converts dopamine to norepinephrine)

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1413**Table 3 Environmental drivers of immunomodulation in shellfish**

Species	Immune-status (unchanged, suppressed, stimulated)	References (not exhaustive)
Ammonia		
<i>Chlamys farreri</i> [bivalve]	Within one-hour, SOD and superoxide anion levels increased dramatically after ammonia-N (20 mg L ⁻¹) exposure. By 24 hours, MDA levels increased, as did gene expression for HSPs 70/90, IDH, and GST. Cellular energy allocations across several tissues (e.g., muscles) and glycogen were depleted within 12-24 hours. Enhanced susceptibility to <i>Vibrio anguillarum</i> .	Wang <i>et al.</i> (2012)
<i>Corbicula fluminea</i> [bivalve]	Exposure to 10 – 25 mg L ⁻¹ , over 48 hours, led to significant changes in gene expression, including down regulation of TLR4, IL7 and IL1, and upregulation of TLR2, HSP70 and NF-κB.	Zhang <i>et al.</i> (2019)
<i>Haliotis diversicolor</i> [gastropod]	Abalone were injected with <i>Vibrio parahaemolyticus</i> (1.6 x10 ⁵ per animal) and then placed in tanks with increasing concentrations of ammonia, 0.01 – 10mg L ⁻¹ . Increasing ammonia concentrations correlated positively with mortality. Exposing abalone to 3 mg L ⁻¹ ammonia (without bacterial challenge) led to decreases in phagocytic and phenoloxidase activities within 24 hours, reduced haemocyte numbers after 72 hours.	Cheng <i>et al.</i> (2004a)
<i>Panulirus homarus</i> [crustacean]	Increasing ammonia concentration up to 3 mg L ⁻¹ resulted in significant reductions in haemocyte numbers and phenoloxidase activities.	Verghese <i>et al.</i> (2007)
<i>Penaeus monodon</i> [crustacean]	High levels can lead to enzyme inhibition (e.g., chitinase), moulting and growth interference, and immunosuppression (phenoloxidase activity, antimicrobial potency of the haemolymph).	Zhao <i>et al.</i> (2020)
<i>Penaeus schmitti</i> [crustacean]	5 mg L ⁻¹ dissolved ammonia led to a ~66% reduction in haemocyte numbers by 72 post-exposure, and remained low by 168 hours	Rodriguez-Ramos <i>et al.</i> (2008)
<i>Penaeus vannamei</i> [crustacean]	Exposure to 10 mg L ⁻¹ dissolved ammonia over 48 hours led to significant decrease in phenoloxidase and bactericidal activities, decreased oxy-haemocyanin levels, as well as increases in haemolymph glucose and L-lactate levels	Cui <i>et al.</i> (2017)
<i>Portunus trituberculatus</i> [crustacean]	Levels of ammonia in excess of 5 mg L ⁻¹ (over 48 hours) led to fewer circulating haemocytes, reduced phagocytic capacity, decreased haemolymph bacteriolytic activity. Temporarily, reduced crustin (AMP) and lysozyme gene expression, and α-macroglobulin activity (6 - 12 hours post exposure),	Yue <i>et al.</i> (2010)
<i>Ruditapes philippinarum</i> [bivalve]	Exposure to 0.1 – 0.5 mg L ⁻¹ , over 3 to 21 days, disrupted mitochondrial membrane potential of haemocytes, and gill tissue. Additionally, higher levels of cell death (apoptosis) were observed in gill histology.	Cong <i>et al.</i> (2019)
Hypoxia & Hypercapnia		
<i>Callinectes sapidus</i> [crustacean]	Crabs were more susceptible to <i>Vibrio campbellii</i> when held in tanks under hypoxia/hypercapnia (PO ₂ = 4 kPa; CO ₂ = 1.8 kPa) compared to those held under normoxia (PO ₂ = 20.7 kPa; CO ₂ <0.06 kPa) for 24 hours. Fluctuations in haemocyte counts appeared similar across the two conditions. In another study,	Macey <i>et al.</i> (2008); Tanner <i>et al.</i> (2006)

<i>Carcinus aestuarii</i> [crustacean]	decreasing water oxygen levels from 15 to 1% O ₂ suppressed phenoloxidase activity by 33 to 70%, respectively. Oxygen levels were reduced from 8.3 to over a 4 mg O ₂ L ⁻¹ 1-hour period. Haemolymph glucose levels went from ~40 mg/dL under normoxia to ~140 mg/dL under hypoxic conditions. Haemocyte numbers went from ~7 x10 ⁶ mL haemolymph (normoxia) to <5 x10 ⁶ mL (hypoxia).	Qyli <i>et al.</i> (2020)
<i>Chlamys farreri</i> [bivalve]	Bivalves were held in tanks containing varying oxygen levels, 2.5 to 8.5 mg L ⁻¹ , for 21 days. Haemocyte numbers declined dramatically at the lowest dissolved oxygen concentration (survival and growth rate were also poor). Below 4.5 O ₂ mg L ⁻¹ , superoxide dismutase levels increased significantly.	Chen <i>et al.</i> (2007)
<i>Panulirus homarus</i> [crustacean]	Dissolved oxygen 1 and 5 mg L ⁻¹ . Hypoxia led to significant reductions in haemocyte numbers and phenoloxidase activities.	Verghese <i>et al.</i> (2007)
<i>Penaeus stylirostris</i> [crustacean]	Exposure to hypoxia (1 mg O ₂ L ⁻¹) for 24 hours significantly reduced haemocyte numbers (notably granular cells) and respiratory burst. PO activity increased under hypoxia, which is unusual considering oxygen is essential for phenolic conversion into quinones. Hypoxic conditions increased mortality from 32 to 48% in shrimp challenged intramuscularly with <i>Vibrio alginolyticus</i> .	Le Moullac <i>et al.</i> (1998)
Salinity		
<i>Apostichopus japonicus</i> [echinoderm]	Salinity range, 20 – 35 ppt, for 72 hours. Phagocytosis levels peaked at 0.5 to 1-hour post exposure to all salinities, with little difference thereafter. Detoxification (SOD, CAT) elements tended to be higher at 25 and 35 ppt.	Wang <i>et al.</i> (2008)
<i>Haliotis diversicolor</i> [gastropod]	Abalone were injected with <i>Vibrio parahaemolyticus</i> and then transferred to tanks containing different salinities (20 to 35 ppt). Within 48 hours, all animals held at 20 ppt were died. Haemocyte numbers increased alongside salinities (in the absence of bacteria), whereas phenoloxidase activity, phagocytic activity and respiratory burst decreased at 20 to 35 ppt.	Cheng <i>et al.</i> (2004b)
<i>Macrobrachium rosenbergii</i> [crustacean]	Haemocyte numbers decreased from by ~50% when salinity was reduced from 15 ppt to 0 ppt. Interestingly, phenoloxidase activity did not change much across the entire salinity range.	Cheng and Chen (2000)
<i>Macrocallista nimbosa</i> [bivalve]	Clams were acclimated to 30 ppt, then transferred to tanks with salinities ranging from 18 to 38 ppt for one week. Low salinity levels, 18 and 21 ppt, reflected reduced haemocyte numbers in the haemolymph – haemocytes also had enlarged lysosomes and decreased phagocytic capacity. Overall, animals there were more clam deaths at lower salinities as well as oxidative stress.	Jauzein <i>et al.</i> (2013)
<i>Panulirus homarus</i> [crustacean]	Salinity range, 20 – 45 ppt. Total haemocyte counts, and respiratory burst were significantly reduced at salinity extremes (20 and 40 ppt). Phenoloxidase activity increased alongside salinity.	Verghese <i>et al.</i> (2007)
Temperature, & pH		
<i>Apostichopus japonicus</i> [echinoderm]	Temperature exposure range, 0°C to 32°C, for 72 hours. Could not tolerate 32°C for more than 12 hours – mortality. Phagocytosis levels remained consistent at 0°C but varied greatly in excess of 16°C. Detoxification elements (SOD, CAT) increased significantly within 3 - 12 hours exposure to 32°C.	Wang <i>et al.</i> (2008)
<i>Carcinus aestuarii</i> [crustacean]	Crabs were housed at 4, 17 and 32°C for one week. Temperature extremes (4 and 30°C) led to significant reductions in haemocyte numbers but increases in PO activity in cell-free plasma. Interestingly, haemocyte proliferation was significantly increased compared to crabs held at 17°C.	Matozzo <i>et al.</i> (2011)

	Crabs were housed at 4, 17 and 32°C for one week. Haemolymph glucose levels went from ~40 mg/dL (at 17°C) to ~100 mg at the other two temperatures. Haemocyte numbers reduced from ~6.5 x10 ⁶ mL haemolymph (at 17°C) to ~4 x10 ⁶ mL at the two other temperatures.	Qyli <i>et al.</i> (2020)
<i>Homarus americanus</i> [crustacean]	Female lobsters were maintained in aquaria that mimicked current environmental conditions (16°C, pH8), future warming (20°C, pH8), future acidification (16°C, pH7.6), and combined stressors (20°C, pH7.6) for 42 days. Animals from the warming conditions (alone or combined with reduced pH) displayed fewer haemocytes within the haemolymph and succumbed to infection by <i>Aerococcus viridans</i> var <i>homari</i> (causative agent of gaffkaemia) five days earlier than those maintained under current environmental conditions. These animals also lost twice as many claws when infected – enhancing their risk of predation.	Harrington <i>et al.</i> (2020)
<i>Homarus gammarus</i> [crustacean]	Lobsters were held at 4, 8 and 12°C for 6 months under starved and fed conditions. PO activity generally increased with temperature but was significantly higher in starved lobsters at 12°C. Under these conditions, the largest decrease in haemocyte numbers was also observed. Haemolymph protein levels were not a good indicator of differences in immune-capacity.	Albalat <i>et al.</i> (2019)
<i>Limulus polyphemus</i> [chelicerate]	Temperature range, 8°C to 23°C, in captivity over 56 days led to apparent immunosuppression: decreased cell (amoebocyte) counts, protein (haemocyanin) levels, and phenoloxidase-like activity (derived from haemocyanin).	Coates <i>et al.</i> (2012)
<i>Macrobrachium rosenbergii</i> [crustacean]	Haemocyte numbers dropped from > 6 x10 ⁶ mL ⁻¹ in shrimp held at pH 7.5/7.7 to <4.5 x10 ⁶ mL ⁻¹ in those held at either pH 4.6/5 or 9/9.5. Phenoloxidase activities dropped by 20 to 40% when held in either more acidic or alkaline conditions.	Cheng and Chen (2000)
<i>Mactra veneriformis</i> [bivalve]	Increasing temperature from 10°C to 30°C, increased circulating haemocyte numbers, but phagocytic capacity was compromised as well as reduced lysozyme activity.	Yu <i>et al.</i> (2009)
<i>Mytilus edulis</i> [bivalve]	Six months exposure to combined temperature increase (ambient +4°C) and pH decrease (ambient -0.4 units) in line with future climate change predictions revealed temperature to be the more potent immune-modulator. Haemocyte numbers dropped by ~1 x10 ⁶ mL ⁻¹ between ambient and +4°C, and -0.4 pH units. Acidification alone impacted negatively phagocytosis rates. Melanin accumulation, lipofuscin deposition and haemocyte tissue infiltration all increased under the experimental conditions.	MacKenzie <i>et al.</i> (2014)
<i>Panulirus homarus</i> [crustacean]	Modifying water pH from 8 to 5 or 9.5 led to significant reductions in haemocyte numbers and phenoloxidase activities within the haemolymph.	Verghese <i>et al.</i> (2007)
<i>Penaeus vannamei</i> [crustacean]	Transfer of shrimp from 27/28°C to 32/34°C enhanced susceptibility to <i>Vibrio alginolyticus</i> . Haemocyte counts, phagocytosis, respiratory burst and phenoloxidase activity all decreased significantly at 32°C. Higher temperatures are also known to increase virulence of vibrio, and alongside an immune-compromised host, accounts for the high rates of mortality observed.	Cheng <i>et al.</i> (2005)

Acute (30 minutes) temperature shock, 28°C to 38°C, led to the enhanced mRNA levels of heat shock protein (*hsp70*) and immune (*proPO* and *haemocyanin*) genes but did not increase resistance to bacterial challenge (*Vibrio harveyi*) Loc *et al.* (2013)

1414 CAT, catalase; GST, glutathione-s-transferase; HSP, heat shock proteins; IDH, isocitrate dehydrogenase; MDA, malondialdehyde; SOD, superoxide dismutase; Toll-like
1415 receptor;
1416