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# Gradient Estimates on Dirichlet and Neumann Eigenfunctions 

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#### Abstract

By methods of stochastic analysis on Riemannian manifolds, we derive explicit constants $c_{1}(D)$ and $c_{2}(D)$ for a $d$-dimensional compact Riemannian manifold $D$ with boundary such that $$
c_{1}(D) \sqrt{\lambda}\|\phi\|_{\infty} \leqslant\|\nabla \phi\|_{\infty} \leqslant c_{2}(D) \sqrt{\lambda}\|\phi\|_{\infty}
$$ holds for any Dirichlet eigenfunction $\phi$ of $-\Delta$ with eigenvalue $\lambda$. In particular, when $D$ is convex with non-negative Ricci curvature, the estimate holds for $$
c_{1}(D)=\frac{1}{d \mathrm{e}}, \quad c_{2}(D)=\sqrt{\mathrm{e}}\left(\frac{\sqrt{2}}{\sqrt{\pi}}+\frac{\sqrt{\pi}}{4 \sqrt{2}}\right) .
$$

Corresponding two-sided gradient estimates for Neumann eigenfunctions are derived in the second part of the paper.


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## 1 Introduction

Let $D$ be a $d$-dimensional compact Riemannian manifold with boundary $\partial D$. We write $(\phi, \lambda) \in$ $\operatorname{Eig}(\Delta)$ if $\phi$ is a Dirichlet eigenfunction of $-\Delta$ in $D$ with eigenvalue $\lambda>0$. According to [7], there exist two constants $c_{1}(D), c_{2}(D)>0$ such that

$$
\begin{equation*}
c_{1}(D) \sqrt{\lambda}\|\phi\|_{\infty} \leqslant\|\nabla \phi\|_{\infty} \leqslant c_{2}(D) \sqrt{\lambda}\|\phi\|_{\infty}, \quad(\phi, \lambda) \in \operatorname{Eig}(\Delta) \tag{1.1}
\end{equation*}
$$

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An analogous statement for Neumann eigenfunctions has been derived in [5].
Concerning Dirichlet eigenfunctions, an explicit upper constant $c_{2}(D)$ can be derived from the uniform gradient estimate of the Dirichlet semigroup in an earlier paper [10] of the third named author. More precisely, let $K, \theta \geqslant 0$ be two constants such that

$$
\begin{equation*}
\operatorname{Ric}_{D} \geqslant-K, \quad H_{\partial D} \geqslant-\theta, \tag{1.2}
\end{equation*}
$$

where $\operatorname{Ric}_{D}$ is the Ricci curvature on $D$ and $H_{\partial D}$ the mean curvature of $\partial D$. Let

$$
\begin{equation*}
\alpha_{0}=\frac{1}{2} \max \{\theta, \sqrt{(d-1) K}\} . \tag{1.3}
\end{equation*}
$$

Consider the semigroup $P_{t}=e^{t \Delta}$ for the Dirichlet Laplacian $\Delta$. According to [10, Theorem 1.1] where $c=2 \alpha_{0}$, for any nontrivial $f \in \mathscr{B}_{b}(D)$ and $t>0$, the following estimate holds:

$$
\frac{\left\|\nabla P_{t} f\right\|_{\infty}}{\|f\|_{\infty}} \leqslant 9.5 \alpha_{0}+\frac{2 \sqrt{\alpha_{0}}\left(1+4^{2 / 3}\right)^{1 / 4}\left(1+5 \times 2^{-1 / 3}\right)}{(t \pi)^{1 / 4}}+\frac{\sqrt{1+2^{1 / 3}}\left(1+4^{2 / 3}\right)}{2 \sqrt{t \pi}}=: c(t) .
$$

Consequently, for any $(\phi, \lambda) \in \operatorname{Eig}(\Delta)$,

$$
\|\nabla \phi\|_{\infty} \leqslant\|\phi\|_{\infty} \inf _{t>0} c(t) \mathrm{e}^{\lambda t} .
$$

In particular, when $\operatorname{Ric}_{D} \geqslant 0, H_{\partial D} \geqslant 0$,

$$
\begin{equation*}
\|\nabla \phi\|_{\infty} \leqslant \frac{\sqrt{\mathrm{e}\left(1+2^{1 / 3}\right)}\left(1+4^{2 / 3}\right)}{\sqrt{2 \pi}} \sqrt{\lambda}\|\phi\|_{\infty}, \quad(\phi, \lambda) \in \operatorname{Eig}(\Delta) . \tag{1.4}
\end{equation*}
$$

In this paper, by using stochastic analysis of the Brownian motion on $D$, we develop two-sided gradient estimates; the upper bound given below in (1.8) improves the one in (1.4). Our result will also be valid for $\alpha_{0} \in \mathbb{R}$ satisfying

$$
\begin{equation*}
\frac{1}{2} \Delta \rho_{\partial D} \leqslant \alpha_{0} \quad \text { outside the focal set } \tag{1.5}
\end{equation*}
$$

where $\rho_{\partial D}$ is the distance to boundary. The case $\alpha_{0}<0$ appears naturally in many situations, for instance when $D$ is a closed ball with convex distance to the origin. Note that by [10, Lemma 2.3], if under (1.2) we define $\alpha_{0}$ by (1.3) then condition (1.5) holds as a consequence.

For $x \geqslant 0$, in what follows in the limiting case $x=0$ we use the convention

$$
\left(\frac{1}{1+x}\right)^{1 / x}:=\lim _{r \downarrow 0}\left(\frac{1}{1+r}\right)^{1 / r}=\frac{1}{\mathrm{e}} .
$$

Theorem 1.1. Let $K, \theta \geqslant 0$ be two constants such that (1.2) holds and let $\alpha_{0}$ be given by (1.3) or more generally satisfy (1.5). Then, for any nontrivial $(\phi, \lambda) \in \operatorname{Eig}(\Delta)$,

$$
\begin{equation*}
\frac{\lambda}{\sqrt{\operatorname{de}(\lambda+K)}} \leqslant \frac{\lambda}{\sqrt{d(\lambda+K)}}\left(\frac{\lambda}{\lambda+K}\right)^{\lambda /(2 K)} \leqslant \frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \tag{1.6}
\end{equation*}
$$

and

$$
\frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \leqslant \begin{cases}\sqrt{\mathrm{e}(\lambda+K)} & \text { if } \sqrt{\lambda+K} \geqslant 2 A  \tag{1.7}\\ \sqrt{\mathrm{e}}\left(A+\frac{\lambda+K}{4 A}\right) & \text { if } \sqrt{\lambda+K} \leqslant 2 A\end{cases}
$$

where

$$
A:=2 \alpha_{0}^{+}+\frac{\sqrt{2(\lambda+K)}}{\sqrt{\pi}} \exp \left(-\frac{\alpha^{2}}{2(\lambda+K)}\right)
$$

In particular, when $\operatorname{Ric}_{D} \geqslant 0, H_{\partial D} \geqslant 0$,

$$
\begin{equation*}
\frac{\sqrt{\lambda}}{\sqrt{d \mathrm{e}}} \leqslant \frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \leqslant \sqrt{\lambda}\left(\frac{\sqrt{2 \mathrm{e}}}{\sqrt{\pi}}+\frac{\sqrt{\pi \mathrm{e}}}{4 \sqrt{2}}\right), \quad(\phi, \lambda) \in \operatorname{Eig}(\Delta) \tag{1.8}
\end{equation*}
$$

Proof. This result follows from Theorem 2.1 and Theorem 2.2 below in the special case $V=0$. In this case, $\operatorname{Ric}_{D}^{V}=\operatorname{Ric}_{D} \geqslant-K$ is equivalent to (2.1) with $n=d$. Sharper upper bounds are given below in Theorem 2.2.

By (1.8), if $D$ is convex with non-negative Ricci curvature then (1.1) holds with

$$
c_{1}(D)=\frac{1}{\sqrt{d \mathrm{e}}}, \quad c_{2}(D)=\frac{\sqrt{2 \mathrm{e}}}{\sqrt{\pi}}+\frac{\sqrt{\pi \mathrm{e}}}{4 \sqrt{2}}
$$

To give explicit values of $c_{1}(D)$ and $c_{2}(D)$ for positive $K$ or $\theta$, let $\lambda_{1}>0$ be the first Dirichlet eigenvalue of $-\Delta$ on $D$. Then Theorem 1.1 implies that (1.1) holds for
$c_{1}(D)=\frac{\sqrt{\lambda_{1}}}{\sqrt{\operatorname{de}\left(\lambda_{1}+K\right)}}$,
$c_{2}(D)=\frac{\sqrt{\mathrm{e}\left(\lambda_{1}+K\right)}}{\sqrt{\lambda_{1}}} \mathbb{1}_{\{B>2 A\}}+\frac{\sqrt{\mathrm{e}}}{\sqrt{\lambda_{1}}}\left(2 \alpha_{0}^{+}+\sqrt{\frac{2\left(\lambda_{1}+K\right)}{\pi}}+\frac{\lambda_{1}+K}{4\left(2 \alpha_{0}^{+}+\sqrt{2\left(\lambda_{1}+K\right) / \pi}\right)}\right) 1_{\{B \leqslant 2 A\}}$
with

$$
B=\sqrt{\lambda_{1}+K} \quad \text { and } \quad A=2 \alpha_{0}^{+}+\sqrt{\frac{2\left(\lambda_{1}+K\right)}{\pi}}
$$

This is due to the fact that the expression for $c_{1}(D)$ is an increasing function of $\lambda$ and the expression for $c_{2}(D)$ a decreasing function of $\lambda$. Since there exist explicit lower bound estimates on $\lambda_{1}$ (see [9] and references within), this gives explicit lower bounds of $c_{1}(D)$ and explicit upper bounds of $c_{2}(D)$.

The lower bound for $\|\nabla \phi\|_{\infty}$ will be derived by using Itô's formula for $|\nabla \phi|^{2}\left(X_{t}\right)$ where $X_{t}$ is a Brownian motion (with drift) on $D$, see Subsection 2.1 for details. To derive the upper bound estimate, we will construct some martingales to reduce $\|\nabla \phi\|_{\infty}$ to $\|\nabla \phi\|_{\partial D, \infty}:=\sup _{\partial D}|\nabla \phi|$, and to estimate the latter in terms of $\|\phi\|_{\infty}$, see Subsection 2.2 for details.

Next, we consider the Neumann problem. Let $\operatorname{Eig}_{N}(\Delta)$ be the set of non-trivial eigenpairs $(\phi, \lambda)$ for the Neumann eigenproblem, i.e. $\phi$ is non-constant, $\Delta \phi=-\lambda \phi$ with $\left.N \phi\right|_{\partial D}=0$ for the unit inward normal vector field $N$ of $\partial D$. Let $\mathbb{I}_{\partial D}$ be the second fundamental form of $\partial D$,

$$
\mathbb{I}_{\partial D}(X, Y)=-\left\langle\nabla_{X} N, Y\right\rangle, \quad X, Y \in T_{x} \partial M, x \in \partial M
$$

With a concrete choice of the function $f$, the next theorem implies (1.1) for $(\phi, \lambda) \in \operatorname{Eig}_{N}(\Delta)$ together with explicit constants $c_{1}(D), c_{2}(D)$.

Theorem 1.2. Let $K, \delta \in \mathbb{R}$ be constants such that

$$
\begin{equation*}
\operatorname{Ric}_{D} \geqslant-K, \quad \mathbb{I}_{\partial D} \geqslant-\delta \tag{1.9}
\end{equation*}
$$

For $f \in C_{b}^{2}(\bar{D})$ with $\inf _{D} f=1$ and $\left.N \log f\right|_{\partial D} \geqslant \delta$, let

$$
\begin{aligned}
& c_{\varepsilon}(f)=\sup _{D}\left\{\frac{4 \varepsilon|\nabla \log f|^{2}}{1-\varepsilon}+K-2 \Delta \log f\right\}, \quad \varepsilon \in(0,1), \\
& K(f)=\sup _{D}\left\{2|\nabla \log f|^{2}+K-\Delta \log f\right\} .
\end{aligned}
$$

Then for any non-trivial $(\phi, \lambda) \in \operatorname{Eig}_{N}(\Delta)$, we have $\lambda+c_{\varepsilon}(f)>0$ and

$$
\begin{aligned}
\sup _{\varepsilon \in(0,1)} \frac{\varepsilon \lambda^{2}}{\operatorname{de}\left(\lambda+c_{\varepsilon}(f)\right)\|f\|_{\infty}^{2}} & \leqslant \sup _{\varepsilon \in(0,1)} \frac{\varepsilon \lambda^{2}}{d\left(\lambda+c_{\varepsilon}(f)\right)\|f\|_{\infty}^{2}}\left(\frac{\lambda}{\lambda+c_{\varepsilon}(f)}\right)^{\lambda / c_{\varepsilon}(f)} \\
& \leqslant \frac{\|\nabla \phi\|_{\infty}^{2}}{\|\phi\|_{\infty}^{2}} \leqslant \frac{2\|f\|_{\infty}^{2}(\lambda+K(f))}{\pi}\left(1+\frac{K(f)}{\lambda}\right)^{\lambda / K(f)} \\
& \leqslant 2 \mathrm{e}\|f\|_{\infty}^{2} \frac{\lambda+K(f)}{\pi}
\end{aligned}
$$

Proof. Under the conditions (1.2), Theorem 3.3 below applies with $L=\Delta, K_{V}=K$ and $n=d$. The desired estimates are immediate consequences.

When $\partial D$ is convex, i.e. $\mathbb{I}_{\partial D} \geqslant 0$, we may take $f \equiv 1$ in Theorem 1.2 to derive the following result. According to Theorem 3.2 below, this result also holds for $\partial D=\varnothing$ where $\operatorname{Eig}(\Delta)$ is the set of eigenpairs for the closed eigenproblem.

Corollary 1.3. Let $\partial D$ be convex or empty. If $\operatorname{Ric}_{D}^{V} \geqslant-K$ for some constant $K$, then for any non-trivial $(\phi, \lambda) \in \operatorname{Eig}_{N}(\Delta)$, we have $\lambda+K>0$ and

$$
\frac{\lambda^{2}}{\operatorname{de}\left(\lambda+K^{+}\right)} \leqslant \frac{\lambda^{2}}{d(\lambda+K)}\left(\frac{\lambda}{\lambda+K}\right)^{\lambda / K} \leqslant \frac{\|\nabla \phi\|_{\infty}^{2}}{\|\phi\|_{\infty}^{2}} \leqslant \frac{2(\lambda+K)}{\pi}\left(1+\frac{K}{\lambda}\right)^{\lambda / K} \leqslant \frac{2 \mathrm{e}\left(\lambda+K^{+}\right)}{\pi} .
$$

## 2 Proof of Theorem 1.1

In general, we will consider Dirichlet eigenfunctions for the symmetric operator $L:=\Delta+\nabla V$ on $D$ where $V \in C^{2}(D)$. We denote by $\operatorname{Eig}(L)$ the set of pairs $(\phi, \lambda)$ where $\phi$ is a Dirichlet eigenfunction of $-L$ on $D$ with eigenvalue $\lambda$.

In the following two subsections, we consider the lower bound and upper bound estimates respectively.

### 2.1 Lower bound estimate

In this subsection we will estimate $\|\nabla \phi\|_{\infty}$ from below using the following Bakry-Émery curvaturedimension condition:

$$
\begin{equation*}
\frac{1}{2} L|\nabla f|^{2}-\langle\nabla L f, \nabla f\rangle \geqslant-K|\nabla f|^{2}+\frac{(L f)^{2}}{n}, \quad f \in C^{\infty}(D), \tag{2.1}
\end{equation*}
$$

where $K \in \mathbb{R}, n \geqslant d$ are two constants. When $V=0$, this condition with $n=d$ is equivalent to $\operatorname{Ric}_{D} \geqslant-K$.

Theorem 2.1 (Lower bound estimate). Assume that (2.1) holds. Then

$$
\begin{equation*}
\|\nabla \phi\|_{\infty}^{2} \geqslant\|\phi\|_{\infty}^{2} \sup _{t>0} \frac{\lambda^{2}\left(\mathrm{e}^{K t}-1\right)}{n K \mathrm{e}^{(\lambda+K)^{+} t}}, \quad(\phi, \lambda) \in \operatorname{Eig}(L) \tag{2.2}
\end{equation*}
$$

Consequently, for $K^{+}:=\max \{0, K\}$ there holds

$$
\begin{equation*}
\|\nabla \phi\|_{\infty}^{2} \geqslant \frac{\lambda^{2}\|\phi\|_{\infty}^{2}}{n\left(\lambda+K^{+}\right)}\left(\frac{\lambda}{\lambda+K^{+}}\right)^{\lambda / K^{+}} \geqslant \frac{\lambda^{2}\|\phi\|_{\infty}^{2}}{n \mathrm{e}\left(\lambda+K^{+}\right)}, \quad(\phi, \lambda) \in \operatorname{Eig}(L) . \tag{2.3}
\end{equation*}
$$

Proof. Let $X_{t}$ be the diffusion process generated by $\frac{1}{2} L$ in $D$, and let

$$
\tau_{D}:=\inf \left\{t \geqslant 0: X_{t} \in \partial D\right\}
$$

By Itô's formula, we have

$$
\begin{equation*}
\mathrm{d}|\nabla \phi|^{2}\left(X_{t}\right)=\frac{1}{2} L|\nabla \phi|^{2}\left(X_{t}\right) \mathrm{d} t+\mathrm{d} M_{t}, \quad t \leqslant \tau_{D} \tag{2.4}
\end{equation*}
$$

for some martingale $M_{t}$. By the curvature dimension condition (2.1) and $L \phi=-\lambda \phi$, we obtain

$$
\begin{equation*}
\frac{1}{2} L|\nabla \phi|^{2}=\frac{1}{2} L|\nabla \phi|^{2}-\langle\nabla L \phi, \nabla \phi\rangle-\lambda|\nabla \phi|^{2} \geqslant-(K+\lambda)|\nabla \phi|^{2}+\frac{\lambda^{2}}{n} \phi^{2} . \tag{2.5}
\end{equation*}
$$

Therefore, (2.4) gives

$$
\mathrm{d}|\nabla \phi|^{2}\left(X_{t}\right) \geqslant\left(\frac{\lambda^{2}}{n} \phi^{2}-(K+\lambda)|\nabla \phi|^{2}\right)\left(X_{t}\right) \mathrm{d} t+\mathrm{d} M_{t}, \quad t \leqslant \tau_{D}
$$

Hence, for any $t>0$,

$$
\begin{aligned}
\mathrm{e}^{(K+\lambda)^{+} t}\|\nabla \phi\|_{\infty}^{2} & \geqslant \mathbb{E}\left[|\nabla \phi|^{2}\left(X_{t \wedge \tau_{D}}\right) \mathrm{e}^{(K+\lambda)\left(t \wedge \tau_{D}\right)}\right] \\
& \geqslant \frac{\lambda^{2}}{n} \mathbb{E}\left[\int_{0}^{t \wedge \tau_{D}} \mathrm{e}^{(K+\lambda) s} \phi\left(X_{s}\right)^{2} \mathrm{~d} s\right] \\
& =\frac{\lambda^{2}}{n} \mathbb{E}\left[\int_{0}^{t} 1_{\left\{s<\tau_{D}\right\}} \mathrm{e}^{(K+\lambda) s} \phi\left(X_{s}\right)^{2} \mathrm{~d} s\right] .
\end{aligned}
$$

Since $\left.\phi\right|_{\partial D}=0$ and $L \phi=-\lambda \phi$, by Jensen's inequality we have

$$
\mathbb{E}\left[1_{\left\{s<\tau_{D}\right\}} \phi\left(X_{s}\right)^{2}\right] \geqslant\left(\mathbb{E}\left[\phi\left(X_{s \wedge \tau_{D}}\right)\right]\right)^{2}=\mathrm{e}^{-\lambda s} \phi(x)^{2},
$$

where $x=X_{0} \in D$ is the starting point of $X_{t}$. Then, by taking $x$ such that $\phi(x)^{2}=\|\phi\|_{\infty}^{2}$, we arrive at

$$
\begin{gathered}
\mathrm{e}^{(K+\lambda)^{+} t}\|\nabla \phi\|_{\infty}^{2} \geqslant \frac{\lambda^{2}}{n} \int_{0}^{t} \mathrm{e}^{(K+\lambda) s} \mathrm{e}^{-\lambda s} \phi(x)^{2} \mathrm{~d} s \\
\quad=\frac{\lambda^{2}\|\phi\|_{\infty}^{2}}{n} \int_{0}^{t} \mathrm{e}^{K s} \mathrm{~d} s=\frac{\lambda^{2}\left(\mathrm{e}^{K t}-1\right)}{n K}\|\phi\|_{\infty}^{2} .
\end{gathered}
$$

This completes the proof of (2.2).
Since (2.1) holds for $K^{+}$replacing $K$, we may and do assume that $K \geqslant 0$. By taking the optimal choice $t=\frac{1}{K} \log \left(1+\frac{K}{\lambda}\right)$ (by convention $t=\lambda^{-1}$ if $K=0$ ) in (2.2), we obtain

$$
\|\nabla \phi\|_{\infty}^{2} \geqslant \frac{\lambda^{2}\|\phi\|_{\infty}^{2}}{\lambda+K}\left(\frac{\lambda}{\lambda+K}\right)^{\lambda / K} \geqslant \frac{\lambda^{2}\|\phi\|_{\infty}^{2}}{n \mathrm{e}(\lambda+K)} .
$$

Hence (2.3) holds.

### 2.2 Upper bound estimate

Let $\operatorname{Ric}_{D}^{V}=\operatorname{Ric}_{D}-\operatorname{Hess}_{V}$. For $K_{0}, \theta \geqslant 0$ such that $\operatorname{Ric}_{D} \geqslant-K_{0}$ and $H_{\partial D} \geqslant-\theta$, let

$$
\begin{equation*}
\alpha=\frac{1}{2}\left(\max \left\{\theta, \sqrt{(d-1) K_{0}}\right\}+\|\nabla V\|_{\infty}\right) \tag{2.6}
\end{equation*}
$$

We note that $\frac{1}{2} L \rho_{\partial D} \leqslant \alpha$ by [10, Lemma 2.3].
Theorem 2.2 (Upper bound estimate). Let $K_{V}, \theta \geqslant 0$ be constants such that

$$
\operatorname{Ric}_{D}^{V} \geqslant-K_{V}, \quad H_{\partial D} \geqslant-\theta
$$

Let $\alpha \in \mathbb{R}$ be such that

$$
\begin{equation*}
\frac{1}{2} L \rho_{\partial D} \leqslant \alpha . \tag{2.7}
\end{equation*}
$$

1. Assume $\alpha \geqslant 0$. Then, for any nontrivial $(\phi, \lambda) \in \operatorname{Eig}(L)$,

$$
\frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \leqslant \begin{cases}\sqrt{\mathrm{e}\left(\lambda+K_{V}\right)} & \text { if } \quad \sqrt{\lambda+K_{V}} \geqslant 2 A  \tag{2.8}\\ \mathrm{e}\left(A+\frac{\lambda+K_{V}}{4 A}\right) & \text { if } \sqrt{\lambda+K_{V}} \leqslant 2 A\end{cases}
$$

where

$$
\begin{equation*}
A:=\alpha+\frac{\sqrt{2\left(\lambda+K_{V}\right)}}{\sqrt{\pi}} \exp \left(-\frac{\alpha^{2}}{2\left(\lambda+K_{V}\right)}\right)+a \wedge \frac{\sqrt{2} \alpha^{2}}{\sqrt{\pi\left(\lambda+K_{V}\right)}} . \tag{2.9}
\end{equation*}
$$

In particular, (2.8) holds with A replaced by

$$
\begin{equation*}
A^{\prime}:=2 \alpha+\frac{\sqrt{2\left(\lambda+K_{V}\right)}}{\sqrt{\pi}} \exp \left(-\frac{\alpha^{2}}{2\left(\lambda+K_{V}\right)}\right) . \tag{2.10}
\end{equation*}
$$

We also have

$$
\begin{equation*}
\frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \leqslant \sqrt{\mathrm{e}}\left(\frac{2 \alpha+\sqrt{2\left(\lambda+K_{V}\right)}}{\sqrt{\pi}}+\frac{\lambda+K_{V}}{4} \frac{\sqrt{\pi}}{2 \alpha+\sqrt{2\left(\lambda+K_{V}\right)}}\right) . \tag{2.11}
\end{equation*}
$$

2. Assume $\alpha \leqslant 0$. Then, for any nontrivial $(\phi, \lambda) \in \operatorname{Eig}(L)$,

$$
\begin{equation*}
\frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \leqslant \sqrt{\lambda+K_{V}}\left(\sqrt{\frac{2}{\pi}}+\frac{1}{4} \sqrt{\frac{\pi}{2}}\right) \sqrt{\mathrm{e}} . \tag{2.12}
\end{equation*}
$$

The strategy to prove Theorem 2.2 will be to first estimate $\|\nabla \phi\|_{\infty}$ in terms of $\|\phi\|_{\infty}$ and $\|\nabla \phi\|_{\partial D, \infty}$ (see estimate (2.20) below) where $\|f\|_{\partial D, \infty}:=\left\|1_{\partial D} f\right\|_{\infty}$ for a function $f$ on $D$. The this end we construct appropriate martingales in terms of $\phi$ and $\nabla \phi$.

We start by recalling the necessary facts about the diffusion process generated by $\frac{1}{2} L$, see for instance $[1,3]$. For any $x \in D$, the diffusion $X_{t}$ solves the SDE

$$
\begin{equation*}
\mathrm{d} X_{t}=\frac{1}{2} \nabla V\left(X_{t}\right) \mathrm{d} t+u_{t} \circ \mathrm{~d} B_{t}, \quad X_{0}=x, t \leqslant \tau_{D}, \tag{2.13}
\end{equation*}
$$

where $B_{t}$ is a $d$-dimensional Brownian motion, $u_{t}$ is the horizontal lift of $X_{t}$ onto the orthonormal frame bundle $\mathrm{O}(D)$ with initial value $u_{0} \in \mathrm{O}_{x}(D)$, and

$$
\tau_{D}:=\inf \left\{t \geqslant 0: X_{t} \in \partial D\right\}
$$

is the hitting time of $X_{t}$ to the boundary $\partial D$. Setting $Z:=\nabla V$, we have

$$
\begin{equation*}
\mathrm{d} u_{t}=\frac{1}{2} Z^{*}\left(u_{t}\right) \mathrm{d} t+\sum_{i=1}^{d} H_{i}\left(u_{t}\right) \circ \mathrm{d} B_{t}^{i} \tag{2.14}
\end{equation*}
$$

where $Z^{*}(u):=h_{u}\left(Z_{\pi(u)}\right)$ and $H_{i}(u):=h_{u}\left(u e_{i}\right)$ are defined by means of the horizontal lift $h_{u}: T_{\pi(u)} D \rightarrow T_{u} \mathrm{O}(D)$ at $u \in \mathrm{O}(D)$. Note that formally $h_{u_{t}}\left(u_{t} \circ \mathrm{~d} B_{t}\right)=\sum_{i} h_{u_{t}}\left(u_{t} e_{i}\right) \circ \mathrm{d} B_{t}^{i}=$ $\sum_{i} H_{i}\left(u_{t}\right) \circ \mathrm{d} B_{t}^{i}$.

For $f \in C^{\infty}(D)$, let $a:=\mathrm{d} f \in \Gamma\left(T^{*} D\right)$. Setting $m_{t}:=u_{t}^{-1} a\left(X_{t}\right)$, we see by Itô's formula that

$$
\begin{equation*}
\mathrm{d} m_{t} \stackrel{\mathrm{~m}}{=} \frac{1}{2} u_{t}^{-1}\left(\square a+\nabla_{Z} a\right)\left(X_{t}\right) \mathrm{d} t \tag{2.15}
\end{equation*}
$$

where $\square a=\operatorname{tr} \nabla^{2} a$ denotes the so-called connection (or rough) Laplacian on 1-forms and $\stackrel{m}{=}$ equality modulo the differential of a local martingale.

Denote by $Q_{t}: T_{x} D \rightarrow T_{X_{t}} D$ the solution, along the paths of $X_{t}$, to the covariant ordinary differential equation

$$
D Q_{t}=-\frac{1}{2}\left(\operatorname{Ric}_{D}^{V}\right)^{\sharp} Q_{t} \mathrm{~d} t, \quad Q_{0}=\operatorname{id}_{T_{x} D}, t \leqslant \tau_{D},
$$

where $D:=u_{t} \mathrm{~d} u_{t}^{-1}$ and where by definition

$$
\left(\operatorname{Ric}_{D}^{V}\right)^{\sharp} v=\operatorname{Ric}_{D}^{V}(\cdot, v)^{\sharp}, \quad v \in T_{x} D .
$$

Thus, condition $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ implies

$$
\begin{equation*}
\left|Q_{t} v\right| \leqslant \mathrm{e}^{\frac{K_{V}}{2} t}|v|, \quad t \leqslant \tau_{D} \tag{2.16}
\end{equation*}
$$

Finally, note that for any smooth function $f$ on $D$, we have by the Weitzenböck formula:

$$
\begin{align*}
\mathrm{d}(\Delta+Z) f & =\mathrm{d}\left(-\mathrm{d}^{*} \mathrm{~d} f+(\mathrm{d} f) Z\right) \\
& =\Delta^{(1)} \mathrm{d} f+\nabla_{Z} \mathrm{~d} f+\langle\nabla \cdot Z, \nabla f\rangle \\
& =\left(\square+\nabla_{Z}\right)(\mathrm{d} f)-\operatorname{Ric}_{D}^{V}(\cdot, \nabla f) \\
& =\left(\square-\operatorname{Ric}_{D}^{V}+\nabla_{Z}\right)(\mathrm{d} f) \tag{2.17}
\end{align*}
$$

where $\Delta^{(1)}$ denotes the Hodge-deRham Laplacian on 1-forms.
Now let $(\phi, \lambda) \in \operatorname{Eig}(L)$, i.e. $L \phi=-\lambda \phi$, where $L=\Delta+Z$. For $v \in T_{x} D$, consider the process

$$
n_{t}(v):=(\mathrm{d} \phi)\left(Q_{t} v\right)
$$

Then

$$
n_{t}(v)=\left\langle\nabla \phi\left(X_{t}\right), Q_{t} v\right\rangle=\left\langle u_{t}^{-1}(\nabla \phi)\left(X_{t}\right), u_{t}^{-1} Q_{t} v\right\rangle .
$$

Using (2.15), we see by Itô's formula and formula (2.17) that

$$
\mathrm{d} n_{t}(v) \stackrel{\mathrm{m}}{=} \frac{1}{2}\left(\square \mathrm{~d} \phi+\nabla_{Z} \mathrm{~d} \phi\right)\left(X_{t}\right) Q_{t} v \mathrm{~d} t+\mathrm{d} \phi\left(X_{t}\right)\left(D Q_{t} v\right) \mathrm{d} t=-\frac{\lambda}{2} n_{t}(v) \mathrm{d} t .
$$

It follows that

$$
\begin{equation*}
\mathrm{e}^{\lambda t / 2} n_{t}(v)=\mathrm{e}^{\lambda t / 2}\left\langle\nabla \phi\left(X_{t}\right), Q_{t} v\right\rangle, \quad t \leqslant \tau_{D} \tag{2.18}
\end{equation*}
$$

is a martingale.

Lemma 2.1. Let $(\phi, \lambda) \in \operatorname{Eig}(L)$. We keep the notation from above. Then, for any function $h \in C^{1}([0, \infty) ; \mathbb{R})$, the process

$$
\begin{equation*}
N_{t}(v):=h_{t} \mathrm{e}^{\lambda t / 2}\left\langle\nabla \phi\left(X_{t}\right), Q_{t} v\right\rangle-\mathrm{e}^{\lambda t / 2} \phi\left(X_{t}\right) \int_{0}^{t}\left\langle\dot{h}_{s} Q_{s} v, u_{s} \mathrm{~d} B_{s}\right\rangle, \quad t \leqslant \tau_{D}, \tag{2.19}
\end{equation*}
$$

is a martingale. In particular, for fixed $t>0$ and $h \in C^{1}([0, t] ;[0,1])$ monotone such that $h_{0}=1$ and $h_{t}=0$, we have

$$
\begin{align*}
\|\nabla \phi\|_{\infty} \leqslant & \|\nabla \phi\|_{\partial D, \infty} \mathbb{P}\left\{t>\tau_{D}\right\} \mathrm{e}^{\left(\lambda+K_{V}\right)^{+} t / 2} \\
& +\|\phi\|_{\infty} \mathrm{e}^{\lambda t / 2} \mathbb{P}\left\{t \leqslant \tau_{D}\right\}^{1 / 2}\left(\int_{0}^{t}\left|\dot{h}_{s}\right|^{2} \mathrm{e}^{K_{V} s} \mathrm{~d} s\right)^{1 / 2} \tag{2.20}
\end{align*}
$$

Proof. Indeed, from (2.18) we deduce that

$$
h_{t} \mathrm{e}^{\lambda t / 2}\left\langle\nabla \phi\left(X_{t}\right), Q_{t} v\right\rangle-\int_{0}^{t} \dot{h}_{s} \mathrm{e}^{\lambda s / 2}\left\langle\nabla \phi\left(X_{s}\right), Q_{s} v\right\rangle \mathrm{d} s, \quad t \leqslant \tau_{D},
$$

is a martingale as well. By the formula

$$
\mathrm{e}^{\lambda t / 2} \phi\left(X_{t}\right)=\phi\left(X_{0}\right)+\int_{0}^{t} \mathrm{e}^{\lambda s / 2}\left\langle\nabla \phi\left(X_{s}\right), u_{s} \mathrm{~d} B_{s}\right\rangle
$$

we see then that $N_{t}(v)$ is a martingale. To check inequality (2.20), we deduce from the martingale property of $\left\{N_{s \wedge \tau_{D}}(v)\right\}_{s \in[0, t]}$ that

$$
\begin{aligned}
\|\nabla \phi\|_{\infty} \leqslant & \|\nabla \phi\|_{\partial D, \infty} \mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}} \mathrm{e}^{\lambda \tau_{D} / 2}\left|h_{\tau_{D}}\right|\left|Q_{\tau_{D}}\right|\right] \\
& +\|\phi\|_{\infty} \mathrm{e}^{\lambda t / 2} \mathbb{E}\left[1_{\left\{t \leqslant \tau_{D}\right\}} \sup _{|v| \leqslant 1}\left(\int_{0}^{t}\left\langle\dot{h}_{s} Q_{s} v, u_{S} \mathrm{~d} B_{s}\right\rangle\right)^{2}\right]^{1 / 2} .
\end{aligned}
$$

The claim follows by using (2.16).
To estimate the boundary norm $\|\nabla \phi\|_{\partial D, \infty}$, we shall compare $\phi(x)$ and

$$
\psi(t, x):=\mathbb{P}\left(\tau_{D}^{x}>t\right), \quad t>0
$$

for small $\rho_{\partial D}(x):=\operatorname{dist}(x, \partial D)$. Let $P_{t}^{D}$ be the Dirichlet semigroup generated by $\frac{1}{2} L$. Then

$$
\psi(t, x)=P_{t}^{D} 1_{D}(x)
$$

so that

$$
\begin{equation*}
\partial_{t} \psi(t, x)=\frac{1}{2} L \psi(t, \cdot)(x), \quad t>0 \tag{2.21}
\end{equation*}
$$

Lemma 2.3. For any $(\phi, \lambda) \in \operatorname{Eig}(L)$,

$$
\begin{equation*}
\|\nabla \phi\|_{\partial D, \infty} \leqslant\|\phi\|_{\infty} \inf _{t>0} \mathrm{e}^{\lambda t / 2}\|\nabla \psi(t, \cdot)\|_{\partial D, \infty} . \tag{2.22}
\end{equation*}
$$

Proof. To prove (2.22), we fix $x \in \partial D$. For small $\varepsilon>0$, let $x^{\varepsilon}=\exp _{x}(\varepsilon N)$, where $N$ is the inward unit normal vector field of $\partial D$. Since $\left.\phi\right|_{\partial D}=0$ and $\left.\psi(t, \cdot)\right|_{\partial D}=0$, we have

$$
\begin{equation*}
|\nabla \phi(x)|=|N \phi(x)|=\lim _{\varepsilon \rightarrow 0} \frac{\left|\phi\left(x^{\varepsilon}\right)\right|}{\varepsilon}, \quad|\nabla \psi(t, \cdot)(x)|=\lim _{\varepsilon \rightarrow 0} \frac{\left|\psi\left(t, x^{\varepsilon}\right)\right|}{\varepsilon} . \tag{2.23}
\end{equation*}
$$

Let $X_{t}^{\varepsilon}$ be the $L$-diffusion starting at $x^{\varepsilon}$ and $\tau_{D}^{\varepsilon}$ its first hitting time of $\partial D$. Note that

$$
N_{t}:=\phi\left(X_{t \wedge \tau_{D}^{\varepsilon}}^{\varepsilon}\right) \mathrm{e}^{\lambda\left(t \wedge \tau_{D}^{\varepsilon}\right) / 2}, \quad t \geqslant 0,
$$

is a martingale. Thus, for each fixed $t>0$, we can estimate as follows:

$$
\begin{aligned}
|\nabla \phi(x)| & =\lim _{\varepsilon \rightarrow 0} \frac{\left|\phi\left(x^{\varepsilon}\right)\right|}{\varepsilon} \\
& =\lim _{\varepsilon \rightarrow 0} \frac{\left|\mathbb{E}\left[\phi\left(X_{t}^{\varepsilon}\right) \mathbb{1}_{\left\{t<\tau_{D}^{\varepsilon}\right\}}\right] \mathrm{e}^{\lambda\left(t \wedge \tau_{D}^{\varepsilon}\right) / 2}\right|}{\varepsilon} \\
& \leqslant\|\phi\|_{\infty} \mathrm{e}^{\lambda t / 2} \lim _{\varepsilon \rightarrow 0} \frac{\mathbb{E}\left[\mathbb{1}_{\left\{t<\tau_{D}^{\varepsilon}\right\}}\right]}{\varepsilon} \\
& \leqslant\|\phi\|_{\infty} \mathrm{e}^{\lambda t / 2} \lim _{\varepsilon \rightarrow 0} \frac{\psi\left(t, x^{\varepsilon}\right)}{\varepsilon} \\
& =\|\phi\|_{\infty} \mathrm{e}^{\lambda t / 2}|\nabla \psi(t, \cdot)|(x) .
\end{aligned}
$$

Taking the infimum over $t$ gives the claim.
We now work out an explicit estimate for $\|\nabla \psi(t, \cdot)\|_{\partial D, \infty}$. Let cut $(D)$ be the cut-locus of $\partial D$, which is a zero-volume closed subset of $D$ such that $\rho_{\partial D}:=\operatorname{dist}(\cdot, \partial D)$ is smooth in $D \backslash \operatorname{cut}(D)$.

Proposition 2.4. Let $\alpha \in \mathbb{R}$ such that

$$
\begin{equation*}
\frac{1}{2} L \rho_{\partial_{D}} \leqslant \alpha \tag{2.24}
\end{equation*}
$$

Then

$$
\begin{align*}
\|\nabla \psi(t, \cdot)\|_{\partial D, \infty} & \leqslant \alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \\
& \leqslant \alpha+\frac{\sqrt{2}}{\sqrt{\pi t}} e^{-\frac{\alpha^{2} t}{2}}+\min \left\{|\alpha|, \frac{\alpha^{2} \sqrt{2 t}}{\sqrt{\pi}}\right\}, \tag{2.25}
\end{align*}
$$

and

$$
\begin{equation*}
\|\nabla \psi(t, \cdot)\|_{\partial D, \infty} \leqslant \frac{\sqrt{2}}{\sqrt{\pi t}}+\alpha+\frac{\sqrt{t}}{\sqrt{2 \pi}} \alpha^{2} \tag{2.26}
\end{equation*}
$$

Notice that by [10, Lemma 2.3] the condition $\frac{1}{2} L \rho_{\partial D} \leqslant \alpha$ holds for $\alpha$ defined by (2.6).
Proof. Let $x \in D$ and let $X_{t}$ solve $\operatorname{SDE}$ (2.13). As shown in [6], $\left(\rho_{\partial D}\left(X_{t}\right)\right)_{t \leqslant \tau_{D}}$ is a semimartingale satisfying

$$
\begin{equation*}
\rho_{\partial D}\left(X_{t}\right)=\rho_{\partial D}(x)+b_{t}+\frac{1}{2} \int_{0}^{t} L \rho_{\partial D}\left(X_{s}\right) \mathrm{d} s-l_{t}, \quad t \leqslant \tau_{D} \tag{2.27}
\end{equation*}
$$

where $b_{t}$ is a real-valued Brownian motion starting at 0 , and $l_{t}$ a non-decreasing process which increases only when $X_{t}^{x} \in \operatorname{cut}(D)$. Setting $\varepsilon=\rho_{\partial D}(x)$, we deduce from (2.27) together with $\frac{1}{2} L \rho_{\partial D} \leqslant \alpha$, that

$$
\begin{equation*}
\rho_{\partial D}\left(X_{t}(x)\right) \leqslant Y_{t}^{\alpha}(\varepsilon):=\varepsilon+b_{t}+\alpha t, \quad t \leqslant \tau_{D} . \tag{2.28}
\end{equation*}
$$

Consequently, letting $T^{\alpha}(\varepsilon)$ be the first hitting time of 0 by $Y_{t}^{\alpha}(\varepsilon)$, we obtain

$$
\begin{equation*}
\psi(t, x) \leqslant \mathbb{P}\left(t<T^{\alpha}(\varepsilon)\right) \tag{2.29}
\end{equation*}
$$

On the other hand, since $\psi(t, \cdot)$ vanishes on the boundary and is positive in $D$, we have for all $y \in \partial D$

$$
\begin{equation*}
|\nabla \psi(t, y)|=\lim _{x \in D, x \rightarrow y} \frac{\psi(t, x)}{\rho_{\partial D}(x)} \tag{2.30}
\end{equation*}
$$

Hence, by (2.29), to prove the first inequality in (2.25) it is enough to establish that

$$
\begin{equation*}
\limsup _{\varepsilon \downarrow 0} \frac{\mathbb{P}\left(t<T^{\alpha}(\varepsilon)\right)}{\varepsilon} \leqslant \alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \tag{2.31}
\end{equation*}
$$

It is well known that the (sub-probability) density $f_{\alpha, \varepsilon}$ of $T^{\alpha}(\varepsilon)$ is

$$
\begin{equation*}
f_{\alpha, \varepsilon}(s)=\frac{\varepsilon \exp \left(-(\varepsilon+\alpha s)^{2} /(2 s)\right)}{\sqrt{2 \pi s^{3}}} \tag{2.32}
\end{equation*}
$$

which can be obtained by the reflection principle for $\alpha=0$ and the Girsanov transform for $\alpha \neq 0$. Thus

$$
\begin{align*}
\mathbb{P}\left(t \geqslant T^{\alpha}(\varepsilon)\right) & =\varepsilon \int_{0}^{t} \frac{\exp \left(-(\varepsilon+\alpha s)^{2} /(2 s)\right)}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \\
& =\varepsilon \exp (-\alpha \varepsilon) \int_{0}^{t} \frac{\mathrm{e}^{-\alpha^{2} s / 2}}{\sqrt{2 \pi s^{3}}} \exp \left(-\frac{\varepsilon^{2}}{2 s}\right) \mathrm{d} s  \tag{2.33}\\
& =\exp (-\alpha \varepsilon) \int_{0}^{2 t / \varepsilon^{2}} \frac{\mathrm{e}^{-1 / r}}{\sqrt{\pi r^{3}}} \exp \left(-\frac{\alpha^{2} \varepsilon^{2} r}{4}\right) \mathrm{d} r
\end{align*}
$$

where we have made the change of variable $r=2 s / \varepsilon^{2}$. With the change of variable $v=1 / r$ we easily check that

$$
\begin{equation*}
\int_{0}^{\infty} r^{-3 / 2} \mathrm{e}^{-1 / r} \mathrm{~d} r=\Gamma(1 / 2)=\sqrt{\pi} \tag{2.34}
\end{equation*}
$$

and this allows to write

$$
\begin{equation*}
\mathbb{P}\left(t \geqslant T^{\alpha}(\varepsilon)\right)=\exp (-\alpha \varepsilon)\left(1-\int_{2 t / \varepsilon^{2}}^{\infty} \frac{\mathrm{e}^{-1 / r}}{\sqrt{\pi r^{3}}} \mathrm{~d} r-\int_{0}^{2 t / \varepsilon^{2}} \frac{\mathrm{e}^{-1 / r}}{\sqrt{\pi r^{3}}}\left(1-\mathrm{e}^{-\alpha^{2} \varepsilon^{2} r / 4}\right) \mathrm{d} r\right) \tag{2.35}
\end{equation*}
$$

As $\varepsilon \rightarrow 0$,

$$
\int_{2 t / \varepsilon^{2}}^{\infty} \frac{\mathrm{e}^{-1 / r}}{\sqrt{r^{3}}} \mathrm{~d} r=\int_{2 t / \varepsilon^{2}}^{\infty} \frac{1}{\sqrt{r^{3}}} \mathrm{~d} r+\mathrm{o}(\varepsilon)=\frac{\varepsilon \sqrt{2}}{\sqrt{t}}+\mathrm{o}(\varepsilon)
$$

and with change of variable $s=\frac{1}{2} \varepsilon^{2} r$

$$
\begin{aligned}
\int_{0}^{2 t / \varepsilon^{2}} \frac{\mathrm{e}^{-1 / r}}{\sqrt{\pi r^{3}}}\left(1-\mathrm{e}^{-\frac{\alpha^{2} \varepsilon^{2} r}{4}}\right) \mathrm{d} r & =\varepsilon \int_{0}^{t} \frac{\mathrm{e}^{-\frac{\varepsilon^{2}}{2 s}}}{\sqrt{2 \pi s^{3}}}\left(1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}\right) \mathrm{d} s \\
& =\varepsilon \int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s+\mathrm{o}(\varepsilon)
\end{aligned}
$$

by monotone convergence. Combining these with $\mathrm{e}^{-\alpha \varepsilon}=1-\alpha \varepsilon+\mathrm{o}(\varepsilon)$, we deduce from (2.35) that

$$
\begin{equation*}
\mathbb{P}\left(t \geqslant T^{\alpha}(\varepsilon)\right)=1-\varepsilon\left(\alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} d s\right)+\mathrm{o}(\varepsilon) \tag{2.36}
\end{equation*}
$$

which yields (2.31).
Next, an integration by parts yields

$$
\begin{equation*}
\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} d s=\frac{\alpha^{2}}{\sqrt{2 \pi}} \int_{0}^{t} \frac{1}{\sqrt{u}} \mathrm{e}^{-\frac{\alpha^{2} u}{2}} \mathrm{~d} u-\frac{\sqrt{2}}{\sqrt{\pi t}}\left(1-\mathrm{e}^{-\frac{\alpha^{2} t}{2}}\right) . \tag{2.37}
\end{equation*}
$$

With the change of variable $s=|\alpha| \sqrt{\frac{u}{t}}$ in the first term in the right we obtain

$$
\begin{equation*}
\frac{\alpha^{2}}{\sqrt{2 \pi}} \int_{0}^{t} \frac{1}{\sqrt{u}} \mathrm{e}^{-\frac{\alpha^{2} u}{2}} \mathrm{~d} u=|\alpha| \sqrt{\frac{2 t}{\pi}} \int_{0}^{|\alpha|} \mathrm{e}^{-\frac{s^{2} t}{2}} \mathrm{~d} s \tag{2.38}
\end{equation*}
$$

We arrive at

$$
\begin{equation*}
f(\alpha):=\alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s=\frac{\sqrt{2}}{\sqrt{\pi t}} \mathrm{e}^{-\frac{\alpha^{2} t}{2}}+\alpha+|\alpha| \sqrt{\frac{2 t}{\pi}} \int_{0}^{|\alpha|} \mathrm{e}^{-\frac{s^{2} t}{2}} \mathrm{~d} s \tag{2.39}
\end{equation*}
$$

Bounding $\sqrt{\frac{2 t}{\pi}} \int_{0}^{|\alpha|} \mathrm{e}^{-\frac{s^{2} t}{2}} \mathrm{~d} s$ by $\sqrt{\frac{2 t}{\pi}} \int_{0}^{\infty} \mathrm{e}^{-\frac{s^{2} t}{2}} \mathrm{~d} s=1$, respectively bounding $\mathrm{e}^{-\frac{s^{2} t}{2}}$ by 1 in the integral yield (2.25).

The function

$$
f(\alpha)=\frac{\sqrt{2}}{\sqrt{\pi t}} \mathrm{e}^{-\frac{\alpha^{2} t}{2}}+\alpha+|\alpha| \sqrt{\frac{2 t}{\pi}} \int_{0}^{|\alpha|} \mathrm{e}^{-\frac{s^{2} t}{2}} \mathrm{~d} s
$$

is smooth and an easy computation shows that

$$
\begin{equation*}
f(0)=\frac{\sqrt{2}}{\sqrt{\pi t}}, \quad f^{\prime}(0)=1, \quad f^{\prime \prime}(\alpha)=\frac{\sqrt{2 t}}{\sqrt{\pi}} \mathrm{e}^{-\frac{\alpha^{2} t}{2}} \tag{2.40}
\end{equation*}
$$

Using the fact that $f(\alpha)-\alpha$ is even, we also get

$$
\begin{equation*}
f(\alpha)=\frac{\sqrt{2}}{\sqrt{\pi t}}+\alpha+\int_{0}^{|\alpha|} \frac{\sqrt{2 t}}{\sqrt{\pi}} \mathrm{e}^{-\frac{s^{2} t}{2}} s d s \leqslant \frac{\sqrt{2}}{\sqrt{\pi t}}+\alpha+\frac{\sqrt{t}}{\sqrt{2 \pi}} \alpha^{2} . \tag{2.41}
\end{equation*}
$$

which yields (2.26).
Remark 2.2. One could use estimate (2.20) (optimizing the right-hand side with respect to $t$ ) together with Lemma 2.3 (again optimizing with respect to $t$ ) to estimate $\|\nabla \phi\|_{\infty}$ in terms of $\|\phi\|_{\infty}$. We prefer to combine the two steps.

Lemma 2.5. Assume $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ for some constant $K_{V} \in \mathbb{R}$. Let $\alpha$ be determined by (2.24).
(a) If $\alpha \geqslant 0$, then for any $(\phi, \lambda) \in \operatorname{Eig}(L)$,

$$
\|\nabla \phi\|_{\infty} \leqslant \inf _{t>0} \max _{\varepsilon \in[0,1]} e^{\frac{\left(\lambda+K_{V}\right) t}{2}}\left\{\varepsilon\left(\alpha+\frac{\sqrt{2}}{\sqrt{\pi t}} e^{-\frac{\alpha^{2} t}{2}}+\min \left(|\alpha|, \frac{\alpha^{2} \sqrt{2 t}}{\sqrt{\pi}}\right)\right)+\sqrt{\frac{1-\varepsilon}{t}}\right\}\|\phi\|_{\infty}
$$

as well as

$$
\|\nabla \phi\|_{\infty} \leqslant \inf _{t>0} \max _{\varepsilon \in[0,1]} \mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}\left\{\varepsilon\left(\alpha+\sqrt{\frac{2}{\pi t}}+\frac{\sqrt{t}}{\sqrt{2 \pi}} \alpha^{2}\right)+\sqrt{\frac{1-\varepsilon}{t}}\right\}\|\phi\|_{\infty}
$$

and

$$
\|\nabla \phi\|_{\infty} \leqslant \inf _{t>0} \max _{\varepsilon \in[0,1]} \mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}\left\{\varepsilon\left(2 \alpha+\sqrt{\frac{2}{\pi t}}\right)+\sqrt{\frac{1-\varepsilon}{t}}\right\}\|\phi\|_{\infty} .
$$

(b) If $\alpha \leqslant 0$, then

$$
\|\nabla \phi\|_{\infty} \leqslant \inf _{t>0} \max _{\varepsilon \in[0,1]} \mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}\left\{\varepsilon \sqrt{\frac{2}{\pi t}}+\sqrt{\frac{1-\varepsilon}{t}}\right\}\|\phi\|_{\infty} .
$$

Proof. For fixed $t>0$ in (2.19), we take $h \in C^{1}([0, t] ;[0,1])$ such that $h_{0}=1$ and $h_{t}=0$. Then, by the martingale property of $\left\{N_{s \wedge \tau_{D}}(v)\right\}_{s \in[0, t]}$, we obtain

$$
\begin{align*}
& \left|\nabla_{v} \phi\right|(x)=\left|N_{0}(v)\right|=\left|\mathbb{E} N_{t \wedge \tau_{D}}(v)\right| \\
& =\left|\mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}} \mathrm{e}^{\lambda \tau_{D} / 2} h_{\tau_{D}}\left\langle\nabla \phi\left(X_{\tau_{D}}\right), Q_{\tau_{D}} v\right\rangle-1_{\left\{t \leqslant \tau_{D}\right\}} \mathrm{e}^{\lambda t / 2} \phi\left(X_{t}\right) \int_{0}^{t}\left\langle\dot{h}_{s} Q_{s} v, u_{s} \mathrm{~d} B_{s}\right\rangle\right]\right| . \tag{2.42}
\end{align*}
$$

Note that using (2.16) along with Lemma 2.3 we may estimate

$$
\begin{aligned}
\mid \mathbb{E}[ & \left.1_{\left\{t>\tau_{D}\right\}} \mathrm{e}^{\lambda \tau_{D} / 2} h_{\tau_{D}}\left\langle\nabla \phi\left(X_{\tau_{D}}\right), Q_{\tau_{D}} v\right\rangle\right] \mid \\
& \leqslant \mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}} \mathrm{e}^{\lambda \tau_{D} / 2}\left|h_{\tau_{D}}\right|\|\nabla \phi\|_{\partial D, \infty} \mathrm{e}^{K_{V} \tau_{D} / 2}|v|\right] \\
& \leqslant \mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}} \mathrm{e}^{\lambda \tau_{D} / 2}\left|h_{\tau_{D}}\right|\|\phi\|_{\infty}\left\|\nabla \psi\left(t-\tau_{D}, \cdot\right)\right\|_{\partial D, \infty} \mathrm{e}^{\lambda\left(t-\tau_{D}\right) / 2} \mathrm{e}^{K_{V} \tau_{D} / 2}|v|\right] \\
& =\mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}}\left|h_{\tau_{D}}\right|\|\phi\|_{\infty}\left\|\nabla \psi\left(t-\tau_{D}, \cdot\right)\right\|_{\partial D, \infty} \mathrm{e}^{\lambda t / 2} \mathrm{e}^{K_{V} \tau_{D} / 2}|v|\right] \\
& \leqslant \mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}\|\phi\|_{\infty} \mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}}\left|h_{\tau_{D}}\right|\left\|\nabla \psi\left(t-\tau_{D}, \cdot\right)\right\|_{\partial D, \infty}|v|\right],
\end{aligned}
$$

as well as

$$
\mathbb{E}\left[1_{\left\{t \leqslant \tau_{D}\right\}} \mathrm{e}^{\lambda t / 2} \phi\left(X_{t}\right) \int_{0}^{t}\left\langle\dot{h}_{s} Q_{s} v, u_{s} \mathrm{~d} B_{s}\right\rangle\right] \leqslant \mathrm{e}^{\lambda t / 2}\|\phi\|_{\infty} \mathbb{P}\left\{t \leqslant \tau_{D}\right\}^{1 / 2}\left(\int_{0}^{t}\left|\dot{h}_{s}\right|^{2} \mathrm{e}^{K_{V} s} \mathrm{~d} s\right)^{1 / 2}
$$

Taking

$$
h_{s}=\frac{t-s}{t}, \quad s \in[0, t],
$$

we obtain thus from (2.42)

$$
\begin{aligned}
|\nabla \phi(x)| \leqslant & \frac{\mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}}{t}\|\phi\|_{\infty} \mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}}\left(t-\tau_{D}\right)\left\|\nabla \psi\left(t-\tau_{D}, \cdot\right)\right\|_{\partial D, \infty}\right] \\
& +\mathrm{e}^{\lambda t / 2}\|\phi\|_{\infty} \mathbb{P}\left\{t \leqslant \tau_{D}\right\}^{1 / 2} \frac{1}{t}\left(\frac{\mathrm{e}^{K_{V} t}-1}{K_{V}}\right)^{1 / 2} .
\end{aligned}
$$

Note that

$$
\frac{\mathrm{e}^{K_{V} t}-1}{K_{V}} \leqslant t \mathrm{e}^{K_{V} t}
$$

(i) By (2.25), assuming that $\alpha \geqslant 0$, we have on $\left\{t>\tau_{D}\right\}$ :

$$
\begin{aligned}
\frac{t-\tau_{D}}{t}\left\|\nabla \psi\left(t-\tau_{D}, \cdot\right)\right\|_{\partial D, \infty} & \leqslant \alpha \frac{t-\tau_{D}}{t}+\frac{\sqrt{2}}{\sqrt{\pi}} \frac{\sqrt{t-\tau_{D}}}{t}+\frac{t-\tau_{D}}{t} \int_{0}^{t-\tau_{D}} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \\
& \leqslant \alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \\
& \leqslant \alpha+\frac{\sqrt{2}}{\sqrt{\pi t}} e^{-\frac{\alpha^{2} t}{2}}+\min \left\{\alpha, \frac{\alpha^{2} \sqrt{2 t}}{\sqrt{\pi}}\right\} .
\end{aligned}
$$

Thus, letting $\varepsilon=\mathbb{P}\left(t>\tau_{D}\right)$, we obtain

$$
|\nabla \phi(x)| \leqslant \mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}\|\phi\|_{\infty}\left[\varepsilon\left(\alpha+\frac{\sqrt{2}}{\sqrt{\pi t}} e^{-\frac{\alpha^{2} t}{2}}+\min \left\{\alpha, \frac{\alpha^{2} \sqrt{2 t}}{\sqrt{\pi}}\right\}\right)+\sqrt{\frac{1-\varepsilon}{t}}\right]
$$

(ii) Still under the assumption $\alpha \geqslant 0$, this time using estimate (2.26), we have on $\left\{t>\tau_{D}\right\}$ :

$$
\left\|\nabla \psi\left(t-\tau_{D}, \cdot\right)\right\|_{\partial D, \infty} \leqslant \frac{\sqrt{2}}{\sqrt{\pi\left(t-\tau_{D}\right)}}+\alpha+\frac{\sqrt{t-\tau_{D}}}{\sqrt{2 \pi}} \alpha^{2},
$$

and thus letting $\varepsilon=\mathbb{P}\left(t>\tau_{D}\right)$, we get

$$
\begin{aligned}
|\nabla \phi(x)| \leqslant & \frac{\mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}}{t}\|\phi\|_{\infty} \mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}}\left(\sqrt{\frac{2}{\pi}} \sqrt{t-\tau_{D}}+\alpha\left(t-\tau_{D}\right)+\frac{\left(t-\tau_{D}\right)^{3 / 2}}{\sqrt{2 \pi}} \alpha^{2}\right)\right] \\
& +\mathrm{e}^{\lambda t / 2}\|\phi\|_{\infty} \mathbb{P}\left\{t \leqslant \tau_{D}\right\}^{1 / 2} \frac{1}{t}\left(\frac{\mathrm{e}^{K_{V} t}-1}{K_{V}}\right)^{1 / 2} \\
\leqslant & \mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}\|\phi\|_{\infty}\left[\varepsilon\left(\sqrt{\frac{2}{\pi t}}+\alpha+\frac{\sqrt{t}}{\sqrt{2 \pi}} \alpha^{2}\right)+\sqrt{\frac{1-\varepsilon}{t}}\right] .
\end{aligned}
$$

(iii) In the case $\alpha \leqslant 0$, we get from (2.25) in a similar way:

$$
|\nabla \phi(x)| \leqslant \mathrm{e}^{\left(\lambda+K_{V}\right) t / 2}\|\phi\|_{\infty}\left\{\varepsilon \frac{\sqrt{2}}{\sqrt{\pi t}}+\sqrt{\frac{1-\varepsilon}{t}}\right\} .
$$

This concludes the proof of Lemma 2.5.
Proposition 2.3. We keep the assumptions of Lemma 2.5.
(a) If $\alpha \geqslant 0$, then for any $(\phi, \lambda) \in \operatorname{Eig}(L)$,

$$
\begin{aligned}
\|\nabla \phi\|_{\infty} \leqslant \sqrt{\mathrm{e}} \max _{\varepsilon \in[0,1]} & \left\{\varepsilon\left(\alpha+\frac{\sqrt{2\left(\lambda+K_{V}\right)^{+}}}{\sqrt{\pi}} \exp \left(-\frac{\alpha^{2}}{2\left(\lambda+K_{V}\right)^{+}}\right)+\min \left(|\alpha|, \frac{\sqrt{2} \alpha^{2}}{\sqrt{\pi\left(\lambda+K_{V}\right)^{+}}}\right)\right)\right. \\
+ & \left.\sqrt{1-\varepsilon} \sqrt{\left(\lambda+K_{V}\right)^{+}}\right\}\|\phi\|_{\infty},
\end{aligned}
$$

as well as

$$
\|\nabla \phi\|_{\infty} \leqslant \sqrt{\mathrm{e}} \max _{\varepsilon \in[0,1]}\left\{\varepsilon\left(\alpha+\frac{\sqrt{2\left(\lambda+K_{V}\right)^{+}}}{\sqrt{\pi}}+\frac{\alpha^{2}}{\sqrt{2 \pi\left(\lambda+K_{V}\right)^{+}}}\right)+\sqrt{1-\varepsilon} \sqrt{\left(\lambda+K_{V}\right)^{+}}\right\}\|\phi\|_{\infty}
$$

and

$$
\|\nabla \phi\|_{\infty} \leqslant \sqrt{\mathrm{e}} \max _{\varepsilon \in[0,1]}\left\{\varepsilon\left(2 \alpha+\frac{\sqrt{2\left(\lambda+K_{V}\right)^{+}}}{\sqrt{\pi}}\right)+\sqrt{1-\varepsilon} \sqrt{\left(\lambda+K_{V}\right)^{+}}\right\}\|\phi\|_{\infty}
$$

(b) If $\alpha \leqslant 0$, then

$$
\|\nabla \phi\|_{\infty} \leqslant \sqrt{\mathrm{e}} \max _{\varepsilon \in[0,1]}\left\{\varepsilon \frac{\sqrt{2\left(\lambda+K_{V}\right)^{+}}}{\sqrt{\pi}}+\sqrt{1-\varepsilon} \sqrt{\left(\lambda+K_{V}\right)^{+}}\right\}\|\phi\|_{\infty} .
$$

Proof. Take $t=1 /\left(\lambda+K_{V}\right)^{+}$in Lemma 2.5.

We are now ready to complete the proof of Theorem 2.2.
Proof of Theorem 2.2. The claims of Theorem 2.2 follow from the inequalities in Proposition 2.3 together with the fact that for any $A, B \geqslant 0$,

$$
\max _{\varepsilon \in[0,1]}\{\varepsilon A+\sqrt{1-\varepsilon} B\}=B \mathbb{1}_{\{B>2 A\}}+\left(A+\frac{B^{2}}{4 A}\right) \mathbb{1}_{\{B \leqslant 2 A\}} .
$$

## 3 Proof of Theorem 1.2

As in Section 2, we consider $L=\Delta+\nabla V$ and let $\operatorname{Eig}_{N}(L)$ be the set of corresponding nontrivial eigenpairs for the Neumann problem of $L$. We also allow $\partial D=\varnothing$, then we consider the eigenproblem without boundary. We first consider the convex case, then extend to the general situation. In this section, $P_{t}$ denotes the (Neumann if $\partial D \neq \varnothing$ ) semigroup generated by $L / 2$ on $D$. Let $X_{t}$ be the corresponding (reflecting) diffusion process which solves the SDE

$$
\begin{equation*}
\mathrm{d} X_{t}=u_{t} \circ \mathrm{~d} B_{t}+\frac{1}{2} \nabla V\left(X_{t}\right) \mathrm{d} t+N\left(X_{t}\right) \mathrm{d} \ell_{t}, \tag{3.1}
\end{equation*}
$$

where $B_{t}$ is a $d$-dimensional Euclidean Brownian motion, $u_{t}$ the horizontal lift of $X_{t}$ onto the orthonormal frame bundle, and $\ell_{t}$ the local time of $X_{t}$ on $\partial D$.

We will apply the following Bismut type formula for the Neumann semigroup $P_{t}$, see [15, Theorem 3.2.1], where the multiplicative functional process $Q_{s}$ was introduced in [4].

Theorem $3.1([15])$. Let $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ and $\mathbb{I}_{\partial D} \geqslant-\delta$ for some $K_{V} \in C(\bar{D})$ and $\delta \in C(\partial D)$. Then there exists a $\mathbb{R}^{d} \otimes \mathbb{R}^{d}$-valued adapted continuous process $Q_{s}$ with

$$
\begin{equation*}
\left\|Q_{t}\right\| \leqslant \exp \left(\frac{1}{2} \int_{0}^{t} K_{V}\left(X_{s}\right) \mathrm{d} s+\int_{0}^{t} \delta\left(X_{s}\right) \mathrm{d} \ell_{s}\right), \quad s \geqslant 0 \tag{3.2}
\end{equation*}
$$

such that for any $t>0$ and $h \in C^{1}([0, t])$ with $h(0)=0, h(t)=1$, there holds

$$
\begin{equation*}
\nabla P_{t} f=\mathbb{E}\left[f\left(X_{t}\right) \int_{0}^{t} h^{\prime}(s) Q_{s} \mathrm{~d} B_{s}\right], \quad f \in \mathscr{B}_{b}(D) \tag{3.3}
\end{equation*}
$$

### 3.1 The case with convex or empty boundary

In this part we assume that $\partial D$ is either convex or empty. When $\partial D$ is empty, $D$ is a Riemannian manifold without boundary and $\operatorname{Eig}_{N}(L)$ denotes the set of eigenpairs for the eigenproblem without boundary. In this case, if $\operatorname{Ric}^{V} \geqslant K_{V}$ for some constant $K_{V} \in \mathbb{R}$, then $\lambda+K_{V} \geqslant 0$ for $(\phi, \lambda) \in$ $\operatorname{Eig}_{N}(L)$, see for instance [8].

Theorem 3.2. Assume that $\partial D$ is either convex or empty.
(1) If the curvature-dimension condition (2.1) holds, then for any $(\phi, \lambda) \in \operatorname{Eig}_{N}(L)$,

$$
\|\nabla \phi\|_{\infty}^{2} \geqslant \frac{\lambda^{2}\|\phi\|_{\infty}^{2}}{n(\lambda+K)}\left(\frac{\lambda}{\lambda+K}\right)^{\lambda / K} \geqslant \frac{\lambda^{2}\|\phi\|_{\infty}^{2}}{n \mathrm{e}\left(\lambda+K^{+}\right)} .
$$

(2) If $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ for some constant $K_{V} \in \mathbb{R}$, then for any $(\phi, \lambda) \in \operatorname{Eig}_{N}(L)$,

$$
\frac{\|\nabla \phi\|_{\infty}^{2}}{\|\phi\|_{\infty}^{2}} \leqslant \frac{2\left(\lambda+K_{V}\right)}{\pi}\left(1+\frac{K_{V}}{\lambda}\right)^{\lambda / K_{V}} \leqslant \frac{2 \mathrm{e}\left(\lambda+K_{V}^{+}\right)}{\pi}
$$

Proof. (a) We start establishing the lower bound estimate. By Itô's formula, for any $(\phi, \lambda) \in$ $\operatorname{Eig}_{N}(L)$ we have

$$
\begin{equation*}
\mathrm{d}|\nabla \phi|^{2}\left(X_{t}\right)=\frac{1}{2} L|\nabla \phi|^{2}\left(X_{t}\right) \mathrm{d} t+2 \mathbb{I}_{\partial D}(\nabla \phi, \nabla \phi)\left(X_{t}\right) \mathrm{d} \ell_{t}+\mathrm{d} M_{t}, \quad t \geqslant 0, \tag{3.4}
\end{equation*}
$$

where $\ell_{t}$ is the local time of $X_{t}$ at $\partial D$, which is an increasing process. Since $\mathbb{I}_{\partial D} \geqslant 0$, and since (2.1) and $L \phi=-\lambda \phi$ imply

$$
\frac{1}{2} L|\nabla \phi|^{2} \geqslant-(K+\lambda)|\nabla \phi|^{2}+\frac{\lambda^{2}}{n} \phi^{2},
$$

we obtain

$$
\mathrm{d}|\nabla \phi|^{2}\left(X_{t}\right) \geqslant\left(\frac{\lambda^{2}}{n} \phi^{2}-(\lambda+K)|\nabla \phi|^{2}\right)\left(X_{t}\right) \mathrm{d} t+\mathrm{d} M_{t}, \quad t \geqslant 0 .
$$

Noting that for $X_{0}=x \in D$ we have

$$
\mathbb{E}\left[\phi\left(X_{s}\right)^{2}\right] \geqslant\left(\mathbb{E}\left[\phi\left(X_{s}\right)\right]\right)^{2}=\mathrm{e}^{-\lambda s} \phi(x)^{2},
$$

we arrive at

$$
\begin{aligned}
\mathrm{e}^{(\lambda+K) t}\|\nabla \phi\|_{\infty}^{2} & \geqslant \mathrm{e}^{(\lambda+K) t} \mathbb{E}\left[|\nabla \phi|^{2}\left(X_{t}\right)\right] \geqslant \frac{\lambda^{2}}{n} \int_{0}^{t} \mathrm{e}^{(\lambda+K) s} \mathbb{E}\left[\phi^{2}\left(X_{s}\right)\right] \mathrm{d} s \\
& \geqslant \frac{\lambda^{2}}{n} \int_{0}^{t} \mathrm{e}^{K s} \phi(x)^{2} \mathrm{~d} s=\frac{\lambda^{2}\left(\mathrm{e}^{K t}-1\right)}{n K} \phi(x)^{2} .
\end{aligned}
$$

Multiplying by $\mathrm{e}^{-(\lambda+K) t}$, choosing $t=\frac{1}{K} \log \left(1+\frac{K}{\lambda}\right)$ (noting that $\lambda+K \geqslant 0$, in case $\lambda+K=0$ taking $t \rightarrow \infty$ ), and taking the supremum over $x \in D$, we finish the proof of (1).
(b) Let $\partial D$ be convex and $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ for some constant $K_{V}$. Then Theorem 3.1 holds for $\delta=0$, so that

$$
\sigma_{t}:=\left(\mathbb{E} \int_{0}^{t}\left|h^{\prime}(s)\right|^{2}\left\|Q_{s}\right\|^{2} \mathrm{~d} s\right)^{1 / 2} \leqslant\left(\int_{0}^{t}\left|h^{\prime}(s)\right|^{2} \mathrm{e}^{K_{V} s} \mathrm{~d} s\right)^{1 / 2}
$$

Taking

$$
h(s)=\frac{\int_{0}^{s} \mathrm{e}^{-K_{V} r} \mathrm{~d} r}{\int_{0}^{t} \mathrm{e}^{-K_{V} r} \mathrm{~d} r}
$$

we obtain

$$
\sigma_{t} \leqslant\left(\frac{K_{V}}{1-\mathrm{e}^{-K_{V} t}}\right)^{1 / 2}
$$

Therefore,

$$
\begin{align*}
\left\|\nabla P_{t} f\right\|_{\infty} & \leqslant\|f\|_{\infty} \mathbb{E}\left|\int_{0}^{t} h^{\prime}(s) Q_{s} \mathrm{~d} B_{s}\right| \\
& \leqslant\|f\|_{\infty} \frac{2}{\sqrt{2 \pi} \sigma_{t}} \int_{0}^{\infty} s \exp \left(-\frac{s^{2}}{2 \sigma_{t}^{2}}\right) \mathrm{d} s  \tag{3.5}\\
& =\|f\|_{\infty} \frac{\sigma_{t} \sqrt{2}}{\sqrt{\pi}}, \quad t>0, f \in \mathscr{B}_{b}(D) .
\end{align*}
$$

Applying this to $(\phi, \lambda) \in \operatorname{Eig}_{N}(L)$, we obtain

$$
\mathrm{e}^{-\lambda t / 2}|\nabla \phi| \leqslant\|\phi\|_{\infty} \frac{\sigma_{t} \sqrt{2}}{\sqrt{\pi}} \leqslant\|\phi\|_{\infty}\left(\frac{2 K_{V}}{\pi\left(1-\mathrm{e}^{-2 K_{V} t}\right)}\right)^{1 / 2}, \quad t>0 .
$$

Consequently, $\lambda+K_{V} \geqslant 0$. Taking $t=\frac{1}{K_{V}} \log \left(1+\frac{K_{V}}{\lambda}\right)$ as above, we arrive at

$$
\frac{\|\nabla \phi\|_{\infty}^{2}}{\|\phi\|_{\infty}^{2}} \leqslant \frac{2\left(\lambda+K_{V}\right)}{\pi}\left(1+\frac{K_{V}}{\lambda}\right)^{\lambda / K_{V}} .
$$

### 3.2 The non-convex case

When $\partial D$ is non-convex, a conformal change of metric may be performed to make $\partial M$ convex under the new metric; this strategy has been used in $[2,12,13,14]$ for the study of functional inequalities on non-convex manifolds. According to [15, Theorem 1.2.5], for a strictly positive function $f \in C^{\infty}(\bar{D})$ with $\mathbb{I}_{\partial D}+\left.N \log f\right|_{\partial D} \geqslant 0$, the boundary $\partial D$ is convex under the metric $f^{-2}\langle\cdot, \cdot\rangle$. For simplicity, we will assume that $f \geqslant 1$. Hence, we take as class of reference functions

$$
\mathscr{D}:=\left\{f \in C^{2}(\bar{D}): \inf f=1, \mathbb{I}_{\partial D}+N \log f \geqslant 0\right\} .
$$

Assume (2.1) and $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ for some constants $n \geqslant d$ and $K, K_{V} \in \mathbb{R}$. For any $f \in \mathscr{D}$ and $\varepsilon \in(0,1)$, define

$$
c_{\varepsilon}(f):=\sup _{D}\left\{\frac{4 \varepsilon|\nabla \log f|^{2}}{1-\varepsilon}+\varepsilon K+(1-\varepsilon) K_{V}-2 L \log f\right\} .
$$

We let $\lambda_{1}^{N}$ be the smallest non-trivial Neumann eigenvalue of $-L$. The following result implies $\lambda_{1} \geqslant-c_{\varepsilon}(f)$.

Theorem 3.3. Let $f \in \mathscr{D}$.
(1) If (2.1) and $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ hold for some constants $n \geqslant d$ and $K, K_{V} \in \mathbb{R}$. Then for any non-trivial $(\phi, \lambda) \in \operatorname{Eig}_{N}(L)$, we have $\lambda+c_{\varepsilon}(f) \geqslant 0$ and

$$
\frac{\|f\|_{\infty}^{2}\|\nabla \phi\|_{\infty}^{2}}{\|\phi\|_{\infty}^{2}} \geqslant \sup _{\varepsilon \in(0,1)} \frac{\varepsilon \lambda^{2}}{n\left(\lambda+c_{\varepsilon}(f)\right)}\left(\frac{\lambda}{\lambda+c_{\varepsilon}(f)}\right)^{\lambda / c_{\varepsilon}(f)} \geqslant \sup _{\varepsilon \in(0,1)} \frac{\varepsilon \lambda^{2}}{n \mathrm{e}\left(\lambda+c_{\varepsilon}(f)^{+}\right)} .
$$

(2) Let $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ for some $K_{V} \in C(\bar{D})$, and

$$
K(f)=\sup _{D}\left\{2|\nabla \log f|^{2}+K_{V}-L \log f\right\} .
$$

Then for any non-trivial $(\phi, \lambda) \in \operatorname{Eig}_{N}(L)$, we have $\lambda+K(f) \geqslant 0$ and

$$
\frac{\|\nabla \phi\|_{\infty}^{2}}{\|\phi\|_{\infty}^{2}\|f\|_{\infty}^{2}} \leqslant \frac{2(\lambda+K(f))}{\pi}\left(1+\frac{K(f)}{\lambda}\right)^{\lambda / K(f)} \leqslant \frac{2 \mathrm{e}\left(\lambda+K(f)^{+}\right)}{\pi} .
$$

Proof. Let $f \in \mathscr{D}$ and $(\phi, \lambda) \in \operatorname{Eig}_{N}(L)$.
(1) On $\partial D$ we have

$$
\begin{align*}
N\left(f^{2}|\nabla \phi|^{2}\right) & =\left(N f^{2}\right)|\nabla \phi|^{2}+f^{2} N|\nabla \phi|^{2} \\
& =f^{2}\left(\left(N \log f^{2}\right)|\nabla \phi|^{2}+2 \mathbb{I}_{\partial D}(\nabla \phi, \nabla \phi)\right) \\
& =2 f^{2}\left((N \log f)|\nabla \phi|^{2}+\mathbb{I}_{\partial D}(\nabla \phi, \nabla \phi)\right) \geqslant 0 . \tag{3.6}
\end{align*}
$$

Next, by the Bochner-Weitzenböck formula, using that $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ and $L \phi=-\lambda \phi$, we observe

$$
\begin{aligned}
\frac{1}{2} L|\nabla \phi|^{2} & =\frac{1}{2} L|\nabla \phi|^{2}-\langle\nabla L \phi, \nabla \phi\rangle-\lambda|\nabla \phi|^{2} \\
& \geqslant\left\|\operatorname{Hess}_{\phi}\right\|_{\mathrm{HS}}^{2}-\left(K_{V}+\lambda\right)|\nabla \phi|^{2} .
\end{aligned}
$$

Combining this with (2.5), for any $\varepsilon \in(0,1)$, we obtain

$$
\begin{aligned}
&\left.\frac{f^{2}}{2} L|\nabla \phi|^{2}+\left.\left\langle\nabla f^{2}, \nabla\right| \nabla \phi\right|^{2}\right\rangle \\
& \geqslant-f^{2}\left(\varepsilon K+(1-\varepsilon) K_{V}+\lambda\right)|\nabla \phi|^{2}+\frac{\varepsilon \lambda^{2}}{n} f^{2} \phi^{2} \\
&+(1-\varepsilon) f^{2}\left\|\operatorname{Hess}_{\phi}\right\|_{\mathrm{HS}}^{2}-2\left\|\operatorname{Hess}_{\phi}\right\|_{\mathrm{HS}} \times\left|\nabla f^{2}\right| \times|\nabla \phi| \\
& \geqslant-\left\{\frac{\left|\nabla \log f^{2}\right|^{2}}{1-\varepsilon}+\varepsilon K+(1-\varepsilon) K_{V}+\lambda\right\} f^{2}|\nabla \phi|^{2}+\frac{\varepsilon \lambda^{2}}{n} f^{2} \phi^{2} .
\end{aligned}
$$

Combining this with (3.6) and applying Itô's formula, we obtain

$$
\begin{aligned}
& \mathrm{d}\left(f^{2}|\nabla \phi|^{2}\right)\left(X_{t}\right) \stackrel{\mathrm{m}}{=} \frac{1}{2} L\left(f^{2}|\nabla \phi|^{2}\right)\left(X_{t}\right) \mathrm{d} t+N\left(f^{2}|\nabla \phi|^{2}\right)\left(X_{t}\right) \mathrm{d} \ell_{t} \\
& \left.\quad \geqslant-\frac{1}{2}\left(f^{2} L|\nabla \phi|^{2}+\left.2\left\langle\nabla f^{2}, \nabla\right| \nabla \phi\right|^{2}\right\rangle+|\nabla \phi|^{2} L f^{2}\right)\left(X_{t}\right) \mathrm{d} t \\
& \quad \geqslant\left\{\frac{\varepsilon \lambda^{2}}{n} f^{2} \phi^{2}-\left(\frac{\left|\nabla \log f^{2}\right|^{2}}{1-\varepsilon}+\varepsilon K+(1-\varepsilon) K_{V}+\lambda-f^{-2} L f^{2}\right) f^{2}|\nabla \phi|^{2}\right\}\left(X_{t}\right) \mathrm{d} t \\
& \quad \geqslant\left(\frac{\varepsilon \lambda^{2}}{n} \phi^{2}-\left(\lambda+c_{\varepsilon}(f)\right) f^{2}|\nabla \phi|^{2}\right)\left(X_{t}\right) \mathrm{d} t .
\end{aligned}
$$

Hence, for $X_{0}=x \in D$,

$$
\begin{aligned}
\|f\|_{\infty}^{2}\|\nabla \phi\|_{\infty}^{2} \mathrm{e}^{\left(\lambda+c_{\varepsilon}(f)\right) t} & \geqslant \mathbb{E}\left[\mathrm{e}^{c_{\varepsilon}(f) t}\left(f^{2}|\nabla \phi|^{2}\right)\left(X_{t}\right)\right] \\
& \geqslant \frac{\varepsilon \lambda^{2}}{n} \int_{0}^{t} \mathrm{e}^{\left(\lambda+c_{\varepsilon}(f)\right) s} \mathbb{E}\left[\phi\left(X_{s}\right)^{2}\right] \mathrm{d} s \\
& \geqslant \frac{\varepsilon \lambda^{2}}{n} \int_{0}^{t} \mathrm{e}^{c_{\varepsilon}(f) s} \phi(x)^{2} \mathrm{~d} s \\
& =\frac{\varepsilon \lambda^{2}\left(\mathrm{e}^{c_{\varepsilon}(f) t}-1\right)}{n c_{\varepsilon}(f)} \phi(x)^{2} .
\end{aligned}
$$

This implies $\lambda+c_{\varepsilon}(f) \geqslant 0$ and

$$
\begin{aligned}
& \frac{\|f\|_{\infty}^{2}\|\nabla \phi\|_{\infty}^{2}}{\|\phi\|_{\infty}^{2}} \geqslant \sup _{t>0} \frac{\varepsilon \lambda^{2}\left(\mathrm{e}^{-\lambda t}-\mathrm{e}^{-\left(\lambda+c_{\varepsilon}(f)\right) t}\right)}{n c_{\varepsilon}(f)} \\
& =\frac{\varepsilon \lambda^{2}}{n\left(\lambda+c_{\varepsilon}(f)\right)}\left(\frac{\lambda}{\lambda+c_{\varepsilon}(f)}\right)^{\lambda / c_{\varepsilon}(f)} \geqslant \frac{\varepsilon \lambda^{2}}{n \mathrm{e}\left(\lambda+c_{\varepsilon}(f)^{+}\right)} .
\end{aligned}
$$

(2) The claim could be derived from [2, inequality (2.12)]. For the sake of completeness we include a sketch of the proof. For any $p>1$, let

$$
K_{p}(f)=\sup _{D}\left\{K_{V}+p|\nabla \log f|^{2}-L \log f\right\}
$$

Note that $p|\nabla \log f|^{2}-L \log f=p^{-1} f^{p} L f^{-p}$. Since $f \in \mathscr{D}$ implies $\mathbb{I}_{\partial D} \geqslant-N \log f$, we have

$$
\begin{aligned}
\left\|Q_{t}\right\|^{2} & \leqslant \exp \left(\int_{0}^{t} K_{V}\left(X_{s}\right) \mathrm{d} s+2 \int_{0}^{t} N \log f\left(X_{s}\right) \mathrm{d} \ell_{s}\right) \\
& \leqslant \exp \left(K_{p}(f) t\right) \exp \left(-\frac{1}{p} \int_{0}^{t}\left(f^{p} L f^{-p}\right)\left(X_{s}\right) \mathrm{d} s+2 \int_{0}^{t} N \log f\left(X_{s}\right) \mathrm{d} \ell_{s}\right)
\end{aligned}
$$

As

$$
\begin{aligned}
\mathrm{d} f^{-p}\left(X_{t}\right) & \stackrel{\mathrm{m}}{=} \frac{1}{2} L f^{-p}\left(X_{t}\right) \mathrm{d} t+N f^{-p}\left(X_{t}\right) \mathrm{d} \ell_{t} \\
& =-f^{-p}\left(X_{t}\right)\left(-\frac{1}{2} f^{p} L f^{-p}\left(X_{t}\right) \mathrm{d} t+p N \log f\left(X_{t}\right) \mathrm{d} \ell_{t}\right)
\end{aligned}
$$

we obtain that

$$
M_{t}:=f^{-p}\left(X_{t}\right) \exp \left(-\frac{1}{2} \int_{0}^{t} f^{p}\left(X_{s}\right) L f^{-p}\left(X_{s}\right) \mathrm{d} s+p \int_{0}^{t} N \log f\left(X_{s}\right) \mathrm{d} \ell_{s}\right)
$$

is a (local) martingale. Proceeding as in the proof of [15, Corollary 3.2.8] or [2, Theorem 2.4], we get

$$
\begin{array}{rl}
\|f\|_{\infty}^{-p} & \mathbb{E}\left[\exp \left(-\frac{1}{2} \int_{0}^{t} f^{p}\left(X_{s}\right) L f^{-p}\left(X_{s}\right) \mathrm{d} s+p \int_{0}^{t} N \log f\left(X_{s}\right) \mathrm{d} \ell_{s}\right)\right] \\
& \leqslant \mathbb{E}\left[f^{-p}\left(X_{t}\right) \exp \left(-\frac{1}{2} \int_{0}^{t} f^{p}\left(X_{s}\right) L f^{-p}\left(X_{s}\right) \mathrm{d} s+p \int_{0}^{t} N \log f\left(X_{s}\right) \mathrm{d} \ell_{s}\right)\right] \\
& =f^{-p}(x) \leqslant 1
\end{array}
$$

since $f \geqslant 1$ by assumption. This shows that

$$
\left\|Q_{t}\right\|^{2} \leqslant \mathrm{e}^{p K_{p}(f) t}\|f\|_{\infty}^{p}, \quad t \geqslant 0 .
$$

Combining this for $p=2$ with Theorem 3.1 and denoting $K(f)=K_{2}(f)$, we obtain

$$
\sigma_{t}^{2}:=\mathbb{E} \int_{0}^{t}\left|h^{\prime}(s)\right|^{2}\left\|Q_{s}\right\|^{2} \mathrm{~d} s \leqslant\|f\|_{\infty}^{2} \int_{0}^{t}\left|h^{\prime}(s)\right|^{2} \mathrm{e}^{K(f) s} \mathrm{~d} s
$$

Therefore, repeating step (b) in the proof of Theorem 3.2 with $K(f)$ replacing $K_{V}$, we finish the proof of (2).

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