



Cronfa - Swansea University Open Access Repository

This is an author produced version of a paper published in : *Games for Health Journal*

Cronfa URL for this paper: http://cronfa.swan.ac.uk/Record/cronfa30233

Paper:

Mackintosh, K., Standage, M., Staiano, A., Lester, L. & McNarry, M. (2016). Investigating the Physiological and Psychosocial Responses of Single- and Dual-Player Exergaming in Young Adults. *Games for Health Journal* http://dx.doi.org/10.1089/g4h.2016.0015

This article is brought to you by Swansea University. Any person downloading material is agreeing to abide by the terms of the repository licence. Authors are personally responsible for adhering to publisher restrictions or conditions. When uploading content they are required to comply with their publisher agreement and the SHERPA RoMEO database to judge whether or not it is copyright safe to add this version of the paper to this repository. http://www.swansea.ac.uk/iss/researchsupport/cronfa-support/

	β	95% LCI	95% UCI	p value
Condition – first game-	0.06	-0.02	0.14	0.136
play session				
Order – single-player first	-0.30	-0.53	-0.06	0.016*
Vitality	-0.01	-0.03	0.01	0.446
Positive Affect	0.02	-0.02	0.05	0.334
Negative Affect	0.00	-0.01	0.02	0.807
Pressure or Tension	-0.07	-0.16	0.01	0.082
Perceived Competence	-0.07	-0.14	0.00	0.042*
Perceived Choice	0.01	-0.08	0.10	0.826
Effort and Importance	0.11	0.03	0.19	0.007**
Interest and Enjoyment	0.04	-0.06	0.15	0.382
Male x Single-Player	0.74	0.40	1.09	< 0.001**
Male x Dual-Player	0.70	0.36	1.05	< 0.001**
Female x Single-Player	0.16	0.05	0.26	0.006**

Table 4. Linear mixed model of psychosocial predictors of exercise intensity.

Note. *p<0.05, **p<0.001. Dependent variable – log of energy expenditure. Reference category: Condition – second game-play; Order – dual-player first; Sex x Condition – female, dual-player. LCI = Lower confidence interval. UCI=Upper confidence interval.