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### **Paper:**

Mackintosh, K., Standage, M., Staiano, A., Lester, L. & McNarry, M. (2016). Investigating the Physiological and Psychosocial Responses of Single- and Dual-Player Exergaming in Young Adults. *Games for Health Journal*  
<http://dx.doi.org/10.1089/g4h.2016.0015>

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Table 2. Descriptive characteristics of psychosocial variables determined immediately following each exergame by sex.

	<b>Male</b> <b>(<i>n</i> = 38)</b>	<b>Female</b> <b>(<i>n</i> = 34)</b>	<b>Effect size</b> <b>(<i>Cohens d</i>)</b>
Vitality	5.1 ± 1.1	5.7 ± 1.0*	0.52
Positive affect	5.7 ± 0.7	5.9 ± 0.9	0.32
Negative affect	2.3 ± 0.8	1.8 ± 1.0**	0.54
Pressure or tension	2.5 ± 1.1	1.7 ± 0.7**	0.87
Competence	5.3 ± 0.9	4.8 ± 1.2	0.47
Choice	5.7 ± 1.0	6.3 ± 0.6**	0.73
Effort and importance	5.0 ± 1.1	5.5 ± 1.1*	0.45
Interest and enjoyment	5.4 ± 1.1	5.5 ± 1.2	0.09

*Note.* Means ± SD. All parameters determined from a 7-point scale. *n* = number of participants \* 2 conditions. Significant influence of sex: \**p*<0.05, \*\**p*<0.001