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Abstract: Interaction between density-dependent and environmental drivers of natural populations is an important topic in ecology. Despite numerous short-term studies, there is a paucity of evidence about how environmental structure modifies dynamics in marine systems. We analysed annual flowering and non-flowering shoot density of Zostera marina from 1996-2012 within five discrete meadows around the Isles of Scilly. Data were used to parameterise a population dynamic model, incorporating density-dependent factors and sea surface temperature. Results indicated that flowering is highly structured in time and space, with sea temperature and flowering positively associated at some locations, but not others. However, despite non-random flowering, we found no evidence this contributes to seagrass density. Strong evidence of substantial overwinter survival supports the assumption that long-term dynamics are driven by density-dependent vegetative reproduction. Within the study limits, temperature had little effect on population dynamics, suggesting healthy seagrass meadows may be resilient to moderate climatic warming.

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The roles of flowering, overwinter survival and sea surface temperature in the long-term population dynamics of *Zostera marina* around the Isles of Scilly, UK

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Abstract

Interaction between density-dependent and environmental drivers of natural populations is an important topic in ecology. Despite numerous short-term studies, there is a paucity of evidence about how environmental structure modifies dynamics in marine systems. We analysed annual flowering and non-flowering shoot density of *Zostera marina* from 1996-2012 within five discrete meadows around the Isles of Scilly. Data were used to parameterise a population dynamic model, incorporating density-dependent factors and sea surface temperature. Results indicated that flowering is highly structured in time and space, with sea temperature and flowering positively associated at some locations, but not others. However, despite non-random flowering, we found no evidence this contributes to seagrass density. Strong evidence of substantial overwinter survival supports the assumption that long-term dynamics are driven by density-dependent vegetative reproduction. Within the study limits, temperature had little effect on population dynamics, suggesting healthy seagrass meadows may be resilient to moderate climatic warming.

Keywords: density dependence, eelgrass, flowering, long-term, survival, *Zostera* marina

Highlights:

- We present long-term eelgrass flowering shoot data from the Isles of Scilly, UK.
- Flowering is highly structured in time and space, increasing with sea temperature.
- Overwinter survival of vegetation plays a substantial role in population dynamics.
- We find no evidence of flowering contributing to long-term population dynamics.

Introduction

Identifying the factors that confer resilience or drive change in population size and distribution is a fundamental goal in ecology, with important implications for the management of over-abundant or endangered species. It is generally accepted that density dependence, acting on fecundity and / or survival, plays an important role in most natural populations (Turchin, 1999 and Brook & Bradshaw, 2006). Accordingly, the growth and recruitment dynamics of seagrass habitats are driven by internal regulatory mechanisms that are, in turn, likely to be modified by external forcing events, such as pollution or dredging, and natural environmental factors, including sea temperature and climate (Frederiksen et al., 2004). However, our current understanding of density-dependent processes occurring in seagrass meadows is far from extensive, with analysis of long-term data from natural populations being severely under-represented. It has become evident that in order to have a better understanding of ecosystem processes and patterns, the population dynamics of seagrasses over a range of spatial and temporal scale should be explored (Kendrick et al., 2005 and Lobelle et al., 2013) and we aimed to address this here.

Seagrasses rely on both vegetative (via the clonal lateral spread of rhizomes) and sexual (seeds and flowers) reproduction for the maintenance of existing meadows and colonisation of new areas (den Hartog, 1970 and Orth et al., 1994). Under intense and persistent disturbance, vegetative reproduction may be insufficient to sustain meadows. In this case, the ability to reproduce sexually through flowering and seed development may play a crucial role in the maintenance of meadows. The formation of reproductive shoots and flowers in seagrasses displays patterns that suggest strong environmental controls (Ramage & Schiel, 1999). The onset, duration, and magnitude of flowering can vary widely with temperature, light, depth, sediment characteristics, and perhaps other environmental factors (De Cock, 1981 and Larkum et al., 1984). Laboratory experiments have demonstrated that the effect of temperature on flowering is particularly important, with salinity and day length additional contributing factors (McMillan, 1976).

Zostera marina appears to have developed two life history strategies in response to different environmental regimes. In areas where both annual and perennial forms of the eelgrass occur, the two types are clearly partitioned into different habitats. Annual seagrasses are composed entirely of flowering shoots, and rhizomes rarely persist through winter (Keddy, 1987). Seagrass populations in areas with high environmental stability allocate biomass to the elongation of perennial rhizomes during summer, following a winter die-back (Phillips et al., 1983 and Van Lent & Verschuure, 1994). Thus, it has been assumed that flowers produced by perennial plants probably do not play an important role in the year-to-year survival of the population (Hootsmans et al., 1987). However, importantly, this has remained untested in natural populations over the long term.

Z. marina meadows in the UK are usually perennial and are believed to persist almost completely as a result of vegetative growth rather than by flower development (Cleator, 1993 and Davison & Hughes, 1998). Its vegetative growth could be associated with disturbed habitats, where it is important for providing a fast local expansion (Phillips et al., 1983), and in this respect the survival of the plant. Moreover, environmental factors can influence the reproductive success on an annual basis. As a result, there can be substantial variation from place-to-place, and from one year to the next at any given location. Therefore, reproductive potential is best determined over a number of years so that the influence of seasonal differences can be partitioned out.

In the present study, we aimed to: a) identify temporal and spatial patterns in *Z. marina* flowering density in the Isles of Scilly, UK; b) test the effects of sea temperature on flowering of *Z. marina*; c) conduct an analysis of density dependence in a natural population based on time series data from annual censuses of flowering and non-flowering shoots of *Z. marina* over a 17 year period; and d) develop a population dynamic model in order to understand the combined roles of flowering, survival and sea temperature on long-term persistence.

Methods

Study area

Observational data were collected from five discrete eelgrass meadows around the Isles of Scilly, UK, (figure 1) from 1996 to 2012, using consistent and rigorous survey methodology (Cook, 2002). Site details are given in table 1, with depth given

at chart datum (lowest astronomical tide). The average range at springs tides around the Isles of Scilly is 5.0 m. Gradients across meadows are insubstantial, with typically less than 0.5 m depth variation across individual meadows.

Eelgrass was surveyed annually, during the first week of August, by placing 25 quadrats (0.0625 m^2) at randomized distances (max. 30 m) and bearings from a central datum in each meadow. Within each quadrat, both flowering and non-flowering shoots were counted.

Site	Latitude, longitude	Depth
Broad Ledges, Tresco (blt)	49° 56.4' N, 06° 19.6' W	0.2 m
Higher Town Bay, St. Martin's (htb)	49° 57.2' N, 06° 16.6' W	+0.5 m
Little Arthur, Eastern Isles (la)	49° 56.9' N, 06° 15.9' W	1.0 m
Old Grimsby Harbour, Tresco (ogh)	49° 57.6' N, 06° 19.8' W	0.6 m
West Broad Ledges, St. Martin's (wbl)	49° 57.5' N, 06° 18.4' W	0.6 m

Table 1. Details of five long-term sampling sites from which *Zostera marina* data were collected around the Isles of Scilly, UK.

The main summer sampling sites are not safely accessible at other times of the year. However, two other nearby locations; one in the Sound of Tean (49° 58.1' N, 6° 18.5' W) and a site west of Tean Island (49° 58.1' N, 6° 19.2' W), were surveyed quarterly during 2009 / 2010, again recording number of both flowering and non-flowering shoots in replicated 0.0625 m² quadrats. These data were used to validate our estimates of overwinter survival at the summer sampling locations.

Sea surface temperature

HadISST1 satellite measurements of sea surface temperatures, SST, around the UK for each month over the period of this study (1996-2012) were obtained from the British Atmospheric Data Centre (<u>http://www.badc.nerc.ac.uk</u>). These data are

resolved into geographical cells (1° latitude \times 1° longitude). We used the cell with northwest corner (50° N, 7° W), covering the whole of the Isles of Scilly.

Model Development

We explored the long-term population dynamics of *Zostera marina* using a model based on the stage-structured approach of Gillman & Dodd (2000), in which the number of shoots in a given year, N[t], are assumed to result from a proportion, *s*, of the previous year's shoot surviving, as well as production of new shoots at a rate, *R*, subject to density dependence at a rate, *b*:

$$N[t] = sN[t-1] + RN[t-1] e^{(-bN[t-1])}$$
eqn. 1.

The proportion, *s*, of overwinter survival can be estimated either directly from time series of summer density, using maximum likelihood, or from the empirical partial autocorrelation coefficients of the time series, or by taking measurements during winter. We compared all three methods in this study.

Once survival, *s*, has been estimated, the effects of density dependence were tested through the standard rearrangement of equation 1 (Royama, 1992 and Denis & Taper, 1994), giving a linear statistical model that can be fitted to time series:

$$y = \ln(R) - bN[t-1],$$

where $y = \ln((N[t] - sN[t-1]) / N[t-1])$ eqn. 2.

This model was fitted separately to time series of flowering and non-flowering *Zostera marina* shoots using a mixed-effects statistical modelling framework (Pinheiro & Bates, 2000).

All statistical and population dynamic modelling was performed using R 2.14.1 (http://www.r-project.org).

Results

Flowering occurred regularly throughout the study at most of the sites, with the notable exception of Old Grimsby Harbour, ogh. Time series of flowering and non-flowering shoot densities at each site are shown in figure 2. No overall trend in either flowering or non-flowering shoots was observed through time at any of the sites.

Sea surface temperature

We regressed both flowering and non-flowering shoot densities on sea surface temperature, SST, using mixed-effects modelling to account for temporal autocorrelation in the data. At all sites, except ogh, we found a positive association between mean numbers of flowering shoots in a given year and SST (table 2). However, we did not find an association between non-flowering shoot density and SST at any of our five sites ($p_{blt} = 0.64$, $p_{htb} = 0.26$, $p_{la} = 0.66$, $p_{ogh} = 0.61$, $p_{wbl} = 0.10$).

Table 2. The relationship between sea surface temperature, SST, and average numbers of *Zostera marina* flowering shoots at each of five long-term sampling sites around the Isles of Scilly, UK. Slope parameters, with standard errors, from linear regressions of average shoot density on SST.

site	slope (SE)	<i>t</i> -statistic	<i>p</i> -value
blt	0.027 (0.005)	5.72	< 0.001
htb	0.051 (0.005)	10.9	< 0.001
la	0.038 (0.005)	8.05	< 0.001
ogh	0.002 (0.005)	0.51	0.61
wbl	0.018 (0.007)	2.55	0.01

Spatial distribution

We went on to test the null hypothesis, H0, that shoots (flowering and nonflowering) are randomly distributed spatially at each of the sites. This was compared to a series of alternative statistical models of seagrass biology. The approach was to fit generalized linear models (glm) to time series of flowering shoot quadrats densities at each site and compare alternative likelihood functions using differences between Akaike Information Criteria, Δ AIC, for competing models (Zuur et al., 2009).

H0: Poisson model: spatially random shoots.

- H1: Negative Binomial model: shoots spatially aggregated.
- H2: Gamma-Poisson mixture model: spatially random shoots, with an increased chance of no shoots at some sampling points compared to chance.
- H3: Gamma-Negative Binomial mixture model: shoots spatially aggregated with an increased chance of no shoots at some sampling points compared to chance.

Flowering shoot data were too sparse to test the more complex mixture models (H2 & H3), but at three out of five sites; htb, la and wbl, there was strong evidence that flowering events were spatially aggregated (H0 vs. H1): $\Delta AIC_{htb} = 71.8$, $\Delta AIC_{la} = 6.05$, $\Delta AIC_{wbl} = 40.9$. The degree of aggregation, θ , was estimated from the negative binomial distributions of the appropriate glm: θ_{htb} (SE) = 0.33 (0.08), θ_{la} (SE) = 0.87 (0.46), θ_{wbl} (SE) = 0.23 (0.08). Decreasing θ indicates stronger aggregation, with the distribution approaching Poisson (random) as $\theta \rightarrow \infty$.

The best descriptor (minimising AIC) of non-flowering shoot distribution was the most complex scenario in each case (table 3), suggesting that *Z. marina* is highly spatially structured within these seagrass meadows, likely with several different environmental drivers of distribution acting concomitantly.

Table 3. Comparison (Δ AIC) of null (spatially random) and alternative models of spatial structure in *Zostera marina* non-flowering shoot distributions at each of five long-term monitoring sites around the Isles of Scilly, UK.

site	H0	H1	H2	H3	θ (95% c.i.)
blt	1511	190.2	221.7	0	4.64 (3.55, 6.06)
htb	2938	2940	344.8	0	5.14 (4.06. 6.51)
la	435.0	134.0	105.2	0	11.4 (8.37, 15.6)
ogh	1147	232.1	77.3	0	8.05 (5.56, 11.6)
wbl	1225	195.3	112.3	0	6.15 (4.43, 8.54)

Temporal dynamics

The roles of flowering and overwinter survival in the long-term dynamics of *Z. marina* around the Isles of Scilly were explored through statistical and population

dynamic modelling, as well as being validated using short-term direct sampling at two nearby locations during winter.

1) Statistical model: we calculated empirical lag 1 partial autocorrelation coefficients (the correlation between this year's data and last year's data) at each of the five seagrass meadows. Positive correlation is used as an estimate of the proportion of inter-annual survival (Gillman & Dodd, 2000). All lag 1 coefficients for flowering shoot time series were weakly negative, suggesting that flowering shoots do not generally survive the winter. However, lag 1 coefficients for non-flowering shoots were positive: $PACF[1]_{blt} = 0.33$, $PACF[1]_{htb} = 0.04$, $PACF[1]_{la} = 0.25$, $PACF[1]_{ogh} = 0.12$, $PACF[1]_{wbl} = 0.09$, giving estimates of overwinter survival of non-flowering shoots of between 4 % and 33 %.

2) Population dynamic model: we also estimated the proportion of overwinter survival, *s*, of shoots (flowering and non-flowering) by fitting a mechanistic model of long-term dynamics to time series (eqn 1). Here too, data for flowering shoots was too sparse to provide evidence for overwinter survival of flowering shoots. However, estimates of overwinter survival of non-flowering shoots of between 47 % and 56 %: $s_{\text{blt}} = 0.47$, $s_{\text{htb}} = 0.52$, $s_{\text{la}} = 0.50$, $s_{\text{ogh}} = 0.50$, $s_{\text{wbl}} = 0.56$.

3) Direct observation of winter shoots: 40 quadrats were assessed at each of two locations close to the island of Tean, neighbouring our main sampling locations, during September 2009, December 2009, March 2010 and June 2010. At the site in the Sound of Tean, seven flowering shoots were observed in September 2009, none in December 2009, none in March 2010 and five in June 2010. At the other site, west of Tean Island, three flowering shoots were observed in September 2009, one in December 2009, none in March 2010 and none in June 2010.

Average per quadrat non-flowering shoot density (SE), in the Sound of Tean was estimated as 6.60 (1.83) in September 2009, 6.66 (0.49) in December 2009, 6.83 (0.95) in March 2010 and 12.3 (1.28) in June 2010; with estimates west of Tean Island: 7.17 (1.14) in September 2009, 8.67 (3.29) in December 2009, 4.83 (0.60) in March 2010 and 7.00 (0.68) in June 2010. This gives winter survival estimates (lowest density / highest density) of 54 % in the Sound of Tean and 56 % west of Tean Island.

Density dependence

We tested the hypothesis that average eelgrass shoot density is regulated in a density-dependent manner, against the null hypothesis of a random walk (Denis & Taper, 1994), by regressing inter-annual population growth rate on shoot density in the previous year (eqn. 2). At all five long-term sampling sites, we found strong evidence to support the density dependence hypothesis (figure 3a): *Z. marina* density is more likely to return towards equilibrium density after a perturbation, than to follow a random trajectory.

Link between flowering and non-flowering shoots

We regressed current average non-flowering shoot density at each site against the corresponding flowering shoot density from the previous year, using a mixedeffects model to account for temporal autocorrelation at each site. In four of the five long-term sampling time series, we found no evidence of an association between shoot density and previous flowering ($p_{blt} = 0.41$, $p_{htb} = 0.21$, $p_{la} = 0.95$, $p_{ogh} = 0.28$). Intriguingly, we found a negative relationship between current shoot density and flowering in the previous year at West Broad Ledges, wbl: slope (SE) = -0.717 (0.231), t = 3.11, p = 0.0027). Overall, this analysis provides no evidence that the effects of flowering, although highly structured in time and space, contribute to eelgrass density or long-term ecological dynamics in this relatively undisturbed setting (figure 3b).

Discussion

Species with a mixed mode of reproduction may exhibit wide variation among locations in the contribution of sexual and asexual reproduction within populations (Eckert & Barrett, 1992). In the present study, *Zostera marina* populations within one geographical region, but growing in different locations, displayed marked variability in flower density. This variability in flowering across the meadows of the Isles of Scilly suggests that sexual reproduction may play a more important role for meadow persistence in some populations than in others. Decreased flowering density was observed particularly at the sites of Old Grimsby Harbour (ogh) and Broad Ledges, Tresco (blt), where high-disturbance conditions occur (e.g. boat traffic and mooring).

Here, vegetative reproduction could be important for providing a fast local expansion, and thus maintaining the survival of the plant.

Nevertheless, sexual reproduction is the only way to maintain genetic diversity in seagrass meadows (Ackerman, 2006) and recolonise bare sediments or impacted areas (Marbà & Walker, 1999 and Rasheed, 2004). The reproductive biology of *Zostera* has been well described, indicating that the reproductive processes are highly variable along its geographic distribution (Phillips et al., 1983 and Olesen, 1999). There are considerable variations in spatial and temporal patterns of the species' flowering, which have been related to latitudinal and local gradients (Ackerman, 2006), but also with genotypic variation of the populations (Hemminga & Duarte, 2000). Temperature appears to be critical for all phases of the reproductive event, but other environmental factors such as irradiance and nutrients may also play a role in the timing and characteristics of the process (Walker et al., 2001).

In our study, there was a direct effect of sea temperature on eelgrass flower density around the Isles of Scilly, at all but one location – Old Grimsby Harbour – which, worryingly, is the most highly impacted by water users. Several studies indicate that phenology of *Zostera spp*. is strongly related also to latitude, with the flowering sequence delayed as latitude increases (Philips et al., 1983 and Walker et al., 2001). As eelgrass meadows of the Isles of Scilly are situated at intermediate latitude within the geographic range of *Z. marina* and as the summer temperatures in our dataset (16-18 °C) were far from the optimum temperature (20-25 °C) for *Zostera* flowering, we might expect this trend to continue with expected increases in sea temperature in the coming decades. Therefore, it is important to determine the extent to which flowering contributes to reproduction under natural conditions.

Recruitment from sexual reproduction in seagrasses is believed to be extremely low (Hemminga & Duarte, 2000). Their reproductive cycle involves several steps from the flowering to the formation of a new plant, with many of the processes to represent bottlenecks (seed germination and survival) that do not enhance sexual reproduction success (Orth et al., 2006). Apart from sea temperature and light availability, fluctuating salinities has been suggested to affect sexual reproduction, while Van Lent et al. (1995) indicated that the amount of inorganic nitrogen may be of importance for the development and abundance of flowering, as well as site safety

(tidal protection, sediment resuspension etc.). In fact, we found no evidence that flowering in a given year contributes to observed shoot density in the following year. Whilst this largely confirms the predictions of short-term experiments about the minimal contribution of sexual reproduction to eelgrass dynamics, it also raises some interesting questions about why flowering still occurs and is evidently non-random.

In terrestrial ecology, Harada (1999) developed a spatial model to evaluate the evolutionarily stable strategy (ESS) (Maynard Smith, 1982), of a vegetatively and sexually reproducing plant. Plants with an ESS strategy invest more resources into vegetative reproduction than the optimum allocation pattern that would maximise the population size at equilibrium. In fact, the optimal strategy for many clonal plants, such as seagrasses, is to allocate resources to both vegetative and sexual propagation. Sexual reproduction (through seed dispersal) is adaptive as a means of escaping the competitive effect of clonal spread in order to colonise new environments. Generally, when shoot density increases, then competition increases and resource availability decreases. Loehle (1987) expected that sexual propagation should be favored at low density where potential success of sexual reproduction is higher. Likewise, one explanation of decreased flowering and seed production at higher density may be that nutrients get limiting under such conditions.

The ESS scenario would lead to the prediction of greatest flowering, and / or greatest contribution of flowering to subsequent shoot density at the site with lowest observed shoot densities. Worryingly, we do not find this to be the case. In fact, in our study we find lowest levels of flowering at the site with lowest shoot density (ogh). Old Grimsby Harbour is outstanding, in our study, as the site with the greatest direct human disturbance and the hypothesis that this impact is responsible for reduced flowering should be investigated in future research. We also suggest that the relative contributions of seeds, clonal spread and modification of these processes by environmental (natural and anthropogenic) events should be considered in potential seagrass restoration projects.

The lack of evidence for a role of flowering in reproduction strongly suggests that overwinter survival is the primary mode of long-term growth at this location. It is known that sub-surface rhizomes may persist for more than one year (Olesen & Sand-Jenson, 1994). However, the extent to which overwinter survival of shoots provides resources and continuity for subsequent growth is unknown and, again, likely to be environment dependent. In inter-tidal populations of Z. marina it has been shown that grazing by waterfowl can reduce over-winter survival of shoots from c. 40 % to nearundetectable amounts (figure 3 of Tubbs & Tubbs, 1983). In the sub-tidal eelgrass populations of the current study, there are no obvious grazers. We employed three methods of estimating overwinter shoot survival: 1) empirical autocorrelation between summer seagrass densities; 2) mechanistic model fitting to summer densities; and 3) direct winter observations at a neighbouring location. The second and third approaches were in close agreement, with winter shoot densities estimated at around half that of summer density. The empirical time series approach underestimated shoot survival, compared to (2) and (3). This may be because this method lacks statistical power for these relatively short individual meadow time series, or because interannual correlation is only a proxy measure of survival. Either way, the important lesson here is not to rely on a single approach when seeking to complex estimate population dynamics from time series data, as well as the need to validate findings with direct measurements where possible.

In conclusion, our long-term study of *Zostera marina* flowering density confirms and also complements existing short-term, manipulative *in situ* or *ex situ* experiments on specific processes occurring at different life stages of the plant and factors controlling its reproduction mode. Our findings indicate that various ecological processes can contribute to the inter-annual changes of a natural ecosystem. The present study illustrates the multi-scale approach needed for developing metrics, but also the knowledge gaps in processes occurring at population level. As seagrass beds are under increasing threat from coastal development, pollution and other forms of human disturbance, this study may offer valuable knowledge which could be used for effective restoration and management plans, as well as conservation policies.

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Figure legends

Figure 1. Panel **a** the position of the Isles of Scilly relative to mainland United Kingdom; panel **b** the positions (marked +) of the five seagrass meadows sampled in this study: Broad Ledges Tresco (blt), Higher Town Bay (htb), Little Arthur (la), Old Grimsby Harbour (ogh), and West Broad Ledges (wbl). The main islands: St. Mary's, St. Martin's and Tresco, as well as Tean Island, where winter monitoring took place, are also shown.

Figure 2. Panel **a** flowering shoot density per 0.0625 m^2 quadrat; panel **b** nonflowering shoot density per 0.0625 m^2 quadrat. Grey dots show individual quadrat data; black lines show meadow averages for Broad Ledges Tresco (blt), Higher Town Bay (htb), Little Arthur (la), Old Grimsby Harbour (ogh), and West Broad Ledges (wbl).

Figure 3. Panel **a** density dependence in population growth rates, $y = \ln((N[t] - sN[t-1]) / N[t-1])$, at Broad Ledges Tresco (blt), Higher Town Bay (htb), Little Arthur (la), Old Grimsby Harbour (ogh), and West Broad Ledges (wbl). Circles show meadow averages for each year. Solid black lines show the predicted relationship between population growth rate and shoot density in the previous year (t-1). Dashed lines show 95 % confidence intervals in model prediction. Panel **b** the relationship between shoot density in a given year and flowering in the previous year.



Figure 1



Figure 2



Figure 3